



WATERTOWN
DEPARTMENT
OF PUBLIC HEALTH

515 South 1st St., Watertown, WI 53094
920-262-8090 Fax: 920-262-8096



Proudly serving the community for over 130 years

Mission Statement

“Providing opportunities for safe and healthy living”

Family Resource Guide

Revised July 2022
M:\Nurses\PNCC\2022 Family Resource Guide Update

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MY FAMILY'S IMPORTANT PHONE NUMBERS

Poison Control 1-800-222-1222
Maternal & Child Health Hotline 1-800-722-2295

Baby's doctor or nurse _____

Mother's doctor or nurse _____

Clinic or health department _____

Clinic after hours/weekends _____

Lactation consultant _____

WIC (Women, Infants, and Children) clinic _____

Parent support hotline or group _____

Home visitor _____

Family or parent resource center _____

Relatives _____

Neighbors _____

Friends _____

Taxi, bus, friend with a car _____

NOTES: _____

EDUCATION & EMPLOYMENT RESOURCES

DIVERSIFIED PERSONNEL SERVICES (DIVISION OF OPPORTUNITIES)

111 N 1st St, Watertown, WI 53094
920-261-8444 www.dpsworks.com
Connects motivated people with top employers in Dodge County, Jefferson County, the Lake Country and surrounding areas. A partnership with DPS expands your resources and options. Specializing in temporary, temp-to-hire and career placements.

FORWARD SERVICES CORPORATION (FSC)

834 Park Ave, Suite E, Beaver Dam, WI 53916
608-721-5422 (Dodge County)
222 Wisconsin Dr, Jefferson, WI 53549
920-321-1266 (Jefferson County)
<http://www.fsc-corp.org/>
Wisconsin Works (W-2): Federal Employment program for families that helps clients gain the skills needed to find and maintain employment. Assists with childcare, transportation, education and training, job skills, resumes, and more. Must meet income and asset guidelines, must have minor children.

JEFFERSON COUNTY LITERACY COUNCIL

218 S Wisconsin Dr, Suite 9, Jefferson, WI 53549
920-675-0500 www.jclc.us
Services: Literacy awareness, ESL Classes, GED preparation (Spanish & English)

MADISON COLLEGE (MATC)

1300 W Main St, Watertown, WI 53098
920-206-8000- General Information
800-322-6282 Ext. 8000 – Toll free in Wisconsin
Visit website for more information
<http://madisoncollege.edu/watertown-campus>

EDUCATION & EMPLOYMENT RESOURCES-CONTINUED

WATERTOWN PUBLIC LIBRARY

100 S Water St, Watertown, WI 53094

920-262-4090

Please see page 13 for more information.

WISCONSIN DEPARTMENT OF WORKFORCE DEVELOPMENT/ UNEMPLOYMENT

608-266-3131

<https://dwd.wisconsin.gov/>

WISCONSIN WORKS (W-2)

Eligible W-2 participants meet with a Financial and Employment Planner (FEP) who helps the individual develop an employability plan.

855-733-1311 (Dodge County Southern Consortium)

888-794-5780 (Jefferson County Southern Consortium)

<https://dcf.wisconsin.gov/w2/parents/w2>

EMOTIONAL WELLNESS

DIRECTIONS COUNSELING CENTER (WATERTOWN REGIONAL MEDICAL CENTER)

123 Hospital Dr Suite 110, Watertown, WI 53098

920-262-4800

Services: Experienced and caring therapists and psychiatrists provide personalized and confidential mental health counseling services to individuals of all ages, families, couples, and groups.

FAMILY RESOURCES ASSOCIATES, INC. WATERTOWN

Mental Health Clinic

1315 W Main St, Watertown, WI 53094

920-261-4100

<https://www.familyresourcesinc.com/>

Services: Professional counseling in a variety of mental health topics in every stage of life from infants to senior citizens.

MENTAL HEALTH AMERICA WISCONSIN

600 W Virginia St, Suite 502, Milwaukee, WI 53204

414-276-3122 OR 800-273-8255 (Crisis Line) <http://www.mhawisconsin.org/>

Mental Health America of Wisconsin (MHA) is dedicated to improving the mental health of all individuals through advocacy, education and service.



To obtain further information, call the
MATERNAL & CHILD HEALTH HOTLINE

1-800-722-2295

Or

**WATERTOWN DEPARTMENT OF
PUBLIC HEALTH**

920-262-8090



LIFE COURSE MODEL

A child's health is influenced by many things. The Life Course Model explains how a child's future health is affected by the quality of life experiences, such as nutrition, education, and access to health care.

A healthier childhood means a happier, healthier life.

All parents work to provide their children with a healthy environment to grow up in, but parenting can be difficult. This brochure identifies resources for improving the health of families and children.

NATIONAL ALLIANCE OF MENTAL ILLNESS (NAMI)

Dodge County—115 N Center St, Beaver Dam, WI 920-887-1766
800-950-6264 OR text NAMI to 741741 www.nami.org
Mental Health organization dedicated to helping those affected by a mental illness.

NARCOTICS ANONYMOUS (NA) WATERTOWN WI

24 HR Helpline 608-258-1747 <https://wisconsinna.org>
Narcotics Anonymous or NA is a 12 step program. This program is designed to help people who struggle with substance misuse.

PAVE (PEOPLE AGAINST A VIOLENT ENVIRONMENT, INC) - DODGE COUNTY

P.O. Box 561 Beaver Dam, WI 53916
920-887-3785 OR 800-775-3785 (24 hour crisis line)
or texting line 920-344-0123
Jefferson Co. Cell: 920-344-1351 www.pavedc.org
Services: Shelter, Emergency transportation, LGBTQ services, Case management, Legal Advocacy, Sexual Assault Victim Advocacy, Prevention Education, Crisis Services, and Community Collaboration.

NEW BEGINNINGS APFV, Inc. - JEFFERSON COUNTY

143 W Main St, Whitewater, WI 53190
20 N Church St, Elkhorn, WI—Walworth County
262-723-4653 OR (62-723-4653 www.newbeginningswalworth.com
Services: Individual support, Legal Advocacy, Support Groups (in English and Spanish), Sexual Assault Victim Advocacy (including sexual assault nurse exam accompaniment), Children's programming, Parenting support, Linkage to other community resources, Community Education, Prevention Programming, Counseling, and Art Therapy. Jefferson County residents only.

QUIT LINE: SMOKING CESSATION

800-784-8669 www.smokefree.gov

EMOTIONAL WELLNESS—CONTINUED

RECOVERY SUPPORT CENTER, INC.

110 S 2nd St, Suite E, Watertown, WI 53094

920-988-6944

www.recoverysupportcenter.org

Recovery Support Center, Inc. is a nonprofit organization whose mission is to foster recovery and transformation for individuals who struggle with addiction or have a criminal record, and hope for their loved ones.

SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES

800-662-HELP (4357) - National Helpline www.samhsa.gov/find-treatment

988 SUICIDE & CRISIS LIFELINE

<https://988lifeline.org/current-events/the-lifeline-and-988/>

When people call, text, or chat 988, they will be connected to trained counselors that are part of the existing Lifeline network.

FOOD PANTRIES & NUTRITIONAL ASSISTANCE

BREADBASKET

415 S. 8th St, Watertown, WI 53094

Mondays noon-7pm, Fridays noon-4pm

The Bread Basket serves fresh food to people who need it through mobile food pantries.

FOODSHARE WISCONSIN

Services: Food share helps people with limited money buy the food they need for good health. Apply for benefits at: www.access.wisconsin.gov See Jefferson County Economic Assistance on pg. 10 or Dodge County Economic Support Department on pg. 10.

IMMANUEL LUTHERAN CHURCH “BREAD AND ROSES” COMMUNITY DINNER & FOOD PANTRY

209 N 9th St, Watertown, WI

920-261-1663

<https://www.watertownimmanuel.org/food-pantry>

Services: Free community meal served. All individuals are welcome.

Must reside in Watertown School District. Call for times.

RUBY’S PANTRY

(Held at St. Peter’s Lutheran Church)

W4661 County Rd MM, Lebanon, WI 53047

920-925-3547

HEALTHY CHILD CARE AMERICA

<https://www.inclusivechildcare.org/resource-library/website/healthy-child-care-america>

HEALTHY CHILDREN

www.healthychildren.org

NATIONAL SAFETY COUNCIL

www.nsc.org

PRECONCEPTION PLANNING

Centers for Disease Control & Prevention (CDC)

www.cdc.gov/preconception/planning.html

SAFE KIDS WORLDWIDE

<https://www.safekids.org>

UNITED MIGRANT OPPORTUNITY SERVICES

W9555 Nova Pass, Beaver Dam, WI 53916

920-887-9501

www.umos.org

Services: Resources, assistance with health, housing, education, immigration, and employment for migrant workers.

WI HOUSING SEARCH

www.wihousingsearch.org

An online resource for finding housing that fits your needs and budget. Available and waitlist apartments are listed as well as information on each apartment. The website also offers links to other housing resources.

WELL BADGER RESOURCE CENTER

<https://www.wellbadger.org>

Connection to community, social, health, and government programs.

2-1-1 WISCONSIN

<https://211wisconsin.communityos.org/>

Connection to thousands of nonprofit and government services in your area.

Dial 2-1-1

Text Zip Code to 898211

TRANSPORTATION –CONTINUED

WATERTOWN TRANSIT

309 Williams St, Watertown, WI 53094
920-261-7433

https://www.ci.watertown.wi.us/residents/watertown_transit/index.php

Offers residents reasonably priced option for transportation within the city limits of Watertown. A handicap accessible van is also available—please call ahead.

WISCONSIN DEPARTMENT OF TRANSPORTATION

<https://wisconsin.gov/Pages/travel/pub-transit/bus-service.aspx>

Visit website for information about long distance intercity bus services in Wisconsin.

ADDITIONAL RESOURCES

ADOPTION CHOICE, INC

800-255-6305
www.adoptionchoiceinc.org

ADOPTION IN WISCONSIN

www.dcf.wisconsin.gov/adoption

ADOPTON RESOURCES OF WISCONSIN

www.adoptionresourcesofwi.org

AUTISM SOCIETY OF WI

1477 Kenwood Dr, Menasha, WI 54952
888-428-8476 OR 920-558-4602

www.asw4autism.org

Services: Improving the lives of all affected by autism in Wisconsin by providing information and referral, family support, advocacy, professional development, resource development, and by raising awareness and acceptance.

CONEXIONES LATINAS

611 Sherman Ave E, Fort Atkinson, WI 53538
920-885-2488—Jefferson County
920-568-5023—Dodge County

www.conexioneslatinas.org

Services: Information and education of services available in Jefferson, Dodge, Walworth, and Rock Counties to the Hispanic community.

WATERTOWN FAMILY AID ASSOCIATION

514 S First St, Watertown 53094

(Located downstairs of the Senior Community Center)

920-285-3062

www.watertownfamilyaid.org

Services: Provide individuals and families residing in the Watertown school district with food vouchers, clothing, and other essentials.

WATERTOWN FOOD PANTRY

209 N 9th St, Watertown, WI 53094

920-390-4252

www.watertownfoodpantry.org

Services: Provide food at no cost to individuals and families residing in Watertown School District who find themselves economically distressed. Clients may utilize the food pantry once a month. Call for hours of operation.

WATERTOWN MORAVIAN CHURCH “LOAVES N FISHES”

COMMUNITY DINNER

510 Cole St, Watertown, WI 53094

920-261-7494

Services: Free community meal served. All people welcome.

WIC NUTRITIONAL PROGRAMS (DODGE & JEFFERSON)

WIC provides nutrition education, breastfeeding education and support, supplemental nutritious foods, and referrals to other healthy and nutrition services.

- **DODGE COUNTY**

Henry Dodge Office Building

199 County Road S, Juneau WI 53039

920-386-3680

<https://www.co.dodge.wi.gov/departments/departments-e-m/human-services-health-department/women-infants-and-children-wic-program>

- **JEFFERSON COUNTY**

1541 Annex Road, Jefferson, WI 53549

920-674-7189

https://www.jeffersoncountywi.gov/departments/health/department_services/wic_women_infants_and_children.php

HEALTH SERVICES

BEAVER DAM DENTAL CLINIC

302 N Spring St, Beaver Dam, WI 53916

920-887-1200

<https://www.beaverdamdental.com>

ROCK RIVER COMMUNITY DENTAL CLINIC

520 Handeyside Ln, Fort Atkinson, WI 53538

920-563-4372

www.communitydentalclinic.com

Services: Provides dental care to those with limited financial means or without insurance coverage at a reduced fee.

HEALTH SERVICES -CONTINUED

ROCK RIVER COMMUNITY CLINIC

415 S 8th St, Watertown 920-206-7797
1541 Annex Road, Jefferson 262-472-6839

WATERTOWN DEPARTMENT OF PUBLIC HEALTH (WDPH)

515 S 1st St, Watertown, WI 53094 920-262-8090
https://www.ci.watertown.wi.us/departments/health_department/index.php
Services: Healthy Beginnings+/Prenatal Care Coordination, TalkReadPlay Home Visiting (Parenting program), Well-Child & Health Check Clinic, WIC, Immunization Clinic, Blood lead screening, Car Seat Safety Checks

WISCONSIN AIDS/HIV PROGRAM

Toll Free: 800-359-9272 <https://viventhealth.org/>
The AIDS Resource Center of Wisconsin is at the forefront of HIV prevention, care and treatment and is dedicated to providing quality medical, dental, mental health and social services for all people with HIV.

24 HOUR NATIONAL AIDS HOTLINE

800-232-4636 TTY: 1-888-232-6348 www.cdc.gov/hiv/library/hotlines.html
CDC's national health information hotline, providing answers to your questions regarding HIV, how to protect yourself, and where to get tested.

HOUSING & RENTAL ASSISTANCE

CENTRAL WISCONSIN COMMUNITY ACTION COUNCIL

134 S Spring St, Beaver Dam, WI 53916
920-885-9559 <https://cwcac.org/>
Services (Dodge County residents): Rental assistance.

COMMUNITY ACTION COALITION FOR SOUTH CENTRAL WI, INC.

920-386-3760 (Dodge County CAC)
608-237-1255 (Jefferson County CAC) www.cacscw.org/
Services (Jefferson County residents) help obtaining/maintaining housing, subsidized rentals, emergency shelter, eviction prevention, landlord/tenant, mediation, rapid re-housing, and transitional housing programs.

TELECOMMUNICATION

COMMUNITY ACTION COALITION (CAC)

4101 E Towne Blvd, Madison, WI 53704 - Dane County
608-237-1255
874 Collins Rd, Jefferson, WI 53549 - Jefferson County
608-237-1225 www.cacscw.org
Phone assistance through the Telecommunications Assistance Program (TAP). For both landlines and cell phones to assist individuals with new services and/or maintain basic telephone services. Must be income eligible. Services include budget counseling, financial assistance, mediation and referrals to other resources.

LIFELINE AND LINK-UP

www.lifelinesupport.org
Lifeline gives consumers a discount on monthly charges for local telephone services. Link-Up pays for part of the connection/activation fee.

SAFELINK

800-723-3546 www.safelinkwireless.com
Receive a free phone and free wireless minutes. Must meet income guidelines.

TRANSPORTATION

BADGER BUS

608-255-1511 or 414-266-4409 www.badgerbus.com
Bus pick up and drop off location at Johnson Creek Premium Outlets travelling to Milwaukee or Madison.

NON-EMERGENCY MEDICAL TRANSPORTATION (NEMT)

866-907-1493 <https://wi.ridewithvevo.com/>
Service: Non-emergency medical transportation arrangements and medical mileage reimbursement to medical assistance participants only.

PREGNANCY RESOURCES-CONTINUED

- **WAUKESHA**

426 W Main St, Waukesha, WI 53186
262-544-0708

- **MADISON EAST**

3706 Orion Rd, Madison, WI 53704
608-241-3767

PREGNANCY SUPPORT CENTER OF DODGE COUNTY

108 Parallel St Suite 2, Beaver Dam, Wisconsin 53916
920-219-9305 (24 hour hotline) www.pscdci.com
Service: Free pregnancy tests, counseling and referrals, educational material, and ongoing emotional and spiritual support

PROHEALTH CARE—OCONOMOWOC MEMORIAL HOSPITAL

791 Summit Ave, Oconomowoc, WI 53066
262-569-9400 www.prohealthcare.org
Services: birthing and parenting classes offered. Call for more information.

TEXT4BABY

Text BABY (or BEBE for Spanish) to 511411 www.text4baby.org
Service: A FREE service to receive three free text messages a week timed to your due date and baby's birth date that makes it easy to get important health and safety information.

WATERTOWN DEPARTMENT OF PUBLIC HEALTH (WDPH)

515 S 1st St, Watertown, WI 53094
920-262-8090
https://www.ci.watertown.wi.us/departments/health_department/maternal_child_health.php
Services: Prenatal Care Coordination/additional services listed page 8. PNCC is a Medicaid and Badger Care Plus benefit that helps pregnant women get the support and services they need to have a healthy baby. Services include: Help getting health care, personal support, information on good eating habits and health practices, and information/help finding needed services in your community.

WATERTOWN REGIONAL MEDICAL CENTER

125 Hospital Dr, Watertown, WI 53098
920-261-4210 www.watertownregional.com
Classes: CPR, Pregnancy Education/Labor and Birth, Pregnancy and Postnatal Yoga. Call for additional class information.

CROSSROADS

920-262-8090
Services: Rental Assistance for Watertown Unified School District residents. Call WDPH for an application.

ENERGY SERVICES (DODGE)

107 Henry St Suite 1, Beaver Dam, WI 53916
920-887-7990
Services: Assistance with heat and utility bills once a year. Clients must meet income guidelines. Appointments required.

HOME ENERGY PLUS

1-866-432-8947 <https://energyandhousing.wi.gov/Pages/Home.aspx>
Services: Heating, electric, crisis and furnace assistance

SALVATION ARMY

514 S 1st St, Watertown, WI 53094
920-262-8099 (Watertown Senior and Community Center)
10 AM every Wednesday, no appointment needed.
Services: Rent and utility assistance to Watertown Unified School District residents only.

ST. VINCENT DEPAUL

1181 N 4th St, Watertown, WI 53098
920-261-2691
Services: Assistance with rent payments and utility bills.

WATERTOWN LOW INCOME HOUSING

WATERTOWN COMMUNITY DEVELOPMENT AUTHORITY

920-261-7795 201 N Water St Watertown, WI 53094

WATERTOWN MEADOWS

877-204-6464 805 Clark St, Watertown, WI 53094

WATERTOWN EAST

920-206-8541 1153 Boughton St Watertown, WI 53094

AFFORDABLE HOUSING DIVISION WISCONSIN MANAGEMENT CO.

800-346-8581 Lakeside Terrace, Watertown, WI 53094

INSURANCE/ECONOMIC ASSISTANCE

AFFORDABLE CARE ACT/OBAMACARE

Please see websites for information on healthcare insurance options.
<http://marketplace.cms.gov/> (provides info on the market place and how to apply to various health insurance options)
<https://healthcare.gov/> (coverage options)

BADGERCARE MEMBER SERVICES

800-362-3002 <https://dhs.wisconsin.gov/badgercareplus>

DODGE COUNTY ECONOMIC SUPPORT DEPARTMENT

Henry Dodge Office Building, 199 County Rd DF, Juneau, WI 53039
920-386-3760

888-794-5556 (Dodge County Southern Consortium)

<https://www.co.dodge.wi.gov/departments/departments-e-m/human-services-health-department/economic-support>

Services: The Capital Consortium processes new applications and manages on-going Food Share, Badger Care Plus, Medicaid, and Family planning services.

JEFFERSON COUNTY ECONOMIC ASSISTANCE

1541 Annex Rd, Jefferson, WI 53549

920-674-7500 (Jefferson County Human Services)

1-888-794-5780 (Jefferson County Southern Consortium)

https://www.jeffersoncountywi.gov/departments/human_services/economic_support/about_economic_support_program.php

Services: Can apply for Medicaid, Badger Care Plus, Food Share, and Child Care assistance.

PARTNERSHIPS FOR PRESCRIPTION ASSISTANCE

888-4PPA-NOW (1-888-477-2669) <https://medicineassistancetool.org/>

Service: for low income uninsured patients to get free or reduced prescription medicines

WISCONSIN HEALTH, NUTRITION & CHILDCARE PROGRAMS

www.access.wi.gov

WISCONSIN MEDICAID

<https://www.dhs.wisconsin.gov/medicaid>

PREGNANCY RESOURCES

ALPHA LIFE RESOURCE CENTER

313 E Main St, Watertown, WI 53094

920-261-9207 OR 800-924-6073 (24 hour hotline) www.alphalifecenter.org

Services (All free and confidential): Pregnancy testing, counseling, abortion & adoption program, parenting resources, book & video library, referrals for education, professional and/or medical help, housing, financial assistance, infant clothing, equipment & supplies program.

AURORA MEDICAL CENTER

36500 Aurora Dr, Summit, WI 53066

262-434-1000

www.aurorahealthcare.org

Classes: Online Labor & Birth, Big Kids & New Baby, Breastfeeding Basics, Infant/Child CPR, Preparing for Labor & Newborn Care, Infant Massage

CENTER FOR WOMEN'S HEALTH/WRMC

128 Hospital Dr, Watertown, WI 53098

920-262-4825

www.watertownregional.com/obstetric-care-birthing

Services: Annual wellness care, obstetrical care, breastfeeding, support, high risk pregnancy, breast and bladder health, birth control, lifelong prevention strategies. Child birthing classes available, call for more information.

FIRST BREATH—WATERTOWN DEPARTMENT OF PUBLIC HEALTH

515 S 1st St, Watertown WI 53094

920-262-8090

www.wwhf.org/programs/first-breath/

Services: Free program to help people make positive changes to their tobacco, alcohol and substance use during pregnancy & beyond

FORT ATKINSON MEMORIAL HOSPITAL

611 E Sherman Ave, Fort Atkinson, WI 53538

920-568-5000

www.forthhealthcare.com

Classes: Childbirth Preparation, Happiest Baby on the Block, Brother/Sister: Sibling-To-Be, Having Healthy Babies

MARCH OF DIMES

888-MODIMES (888-663-4637)

www.marchofdimes.org

Information and education to help moms have full term pregnancies and healthy babies.

PLANNED PARENTHOOD

Services: Birth control, women's health, STD's, HIV & AIDS, abortion

www.plannedparenthood.org

PERSONAL ESSENTIALS –CONTINUED

COMMUNITY LAUNDRY - IMMANUEL LUTHERAN CHURCH

312 S 3rd St, Watertown, WI 53094

www.watertownimmanuel.org/community-laundry

Services: Free laundry services for homeless and low income families who do not have easy access to laundry facilities. Open Tuesdays 9am-12pm at Easy Wash Laundromat 312 S 3rd St.

LAKE COUNTRY CARING FACILITY

603 Progress Dr, Hartland, WI 53029

262-367-6670

<https://www.lakecountrycaring.com/>

Hours: Tuesday, Thursday, and Saturday 9am-12pm.

Notes: Waukesha, Washington, Dodge and Jefferson Counties (must have photo ID and proof of address)

Supplies: Clothing, diapers, bedding and furniture

MARY'S ROOM

St. Paul's Episcopal Church

413 S 2nd St, Watertown, WI 53094

www.marysroom.org

920-261-1150

Services: Provides supplies and needed items to infants and children up to 24 months. Available to Watertown residents only.

PERSONAL ESSENTIALS PANTRY-IMMANUEL LUTHERAN CHURCH

209 N 9th St, Watertown, WI 53094

920-261-1663

www.watertownimmanuel.org/pep

Must be a resident of the Watertown Unified School District

Open every Thursday 1-3pm & 4-6pm.

ST. VINCENT DEPAUL

1181 N 4th St, Watertown, WI 53098

920-261-2691

Services: Assistance with medical bills, car repairs, overnight lodging/food, gas cards for employment, clothing, furniture, and other supplies.

WATERTOWN FAMILY AID/ see page 7 for more information

LEGAL SERVICES

CHILD PROTECTIVE SERVICES

Dodge County 920-386-3750

Jefferson County 920-674-3105

CHILD SUPPORT

Dodge County 920-386-3750

Jefferson County 920-674-7255

JEFFERSON COUNTY FAMILY COURT COMMISSIONER 920-674-7192

LEGAL ACTION WISCONSIN (LAW) INC.

744 Williamson St, Suite 200, Madison, WI 53703

855-947-2529

www.legalaction.org

Free civil legal services to low-income individuals and seniors for housing, public benefits, family law, jobs, and education. LAW can refer undocumented immigrants and prisoners to other lawyers for assistance.

PARENTING & CHILDHOOD RESOURCES

AMERICAN FAMILY CHILDREN'S HOSPITAL SAFETY CENTER

1675 Highland Ave, Madison, WI 53792

608-890-8043

<https://www.uwhealth.org/child-safety-advocacy>

BIRTH TO THREE

Federally funded program to support education in children with developmental delays under the age of 3, includes screening, evaluation, and intervention services.

- **DODGE COUNTY**

1223 Madison St, Beaver Dam, WI 53916 920-887-4282

www.dhs.wisconsin.gov/birthto3/contacts.htm

- **JEFFERSON COUNTY**

1541 Annex Rd, Jefferson WI 53549 920-674-7386

https://www.jeffersoncountywi.gov/departments/human_services/department_services/birth_to_three/index.php

BREASTFEEDING FACEBOOK SUPPORT GROUP

Breastfeeding Support for Southern, WI

Services: Provide encouragement, share advice, and answer questions.

BREASTFEEDING SUPPORT GROUP

Hosted by Watertown Regional Medical Center.

Check website for schedule.

<https://www.watertownregional.com/>

PARENTING & CHILDHOOD RESOURCES-CONTINUED

CAR SEAT SAFETY CHECKS—WDPH

515 S 1st St, Watertown, WI 53094

920-262-8090

https://www.ci.watertown.wi.us/departments/health_department/carseat_safety.php

Free car seat safety checks and education. Please call to schedule an appointment.

COMMUNITY COORDINATED CHILDCARE, INC. – 4C

5 Odana Ct, Madison WI 53719

800-750-5437

608-271-9181

www.4-c.org

Services: Resource/Referral for certified child care services.

EVERY CHILD THRIVES - WATERTOWN

www.watertownhealthfoundation.com/everychildthrives/

Providing resources to ensure all children thrive in health, learning and life.

HEAD START

Head Start is a preschool program focusing on School Readiness for 3-5 year old children. Head Start is a Federal and State funded program provided at no cost to eligible families.

- **DODGE COUNTY (RENEWAL UNLIMITED)** 920-887-7503
920 S University Ave, Beaver Dam, WI 53916
- **JEFFERSON COUNTY** 920-674-5577
414 S 8th St, Watertown, WI 53094

MATERNAL AND CHILD HEALTH HOTLINE

608-266-3504 OR 800-722-2295 (24 hour Hotline)

Services: The Wisconsin MCH Hotline provides information and links to services and resources for women before, during, and after pregnancy and for children, including children with special health care needs.

TALK, READ, PLAY

<http://www.new.talkreadplaywi.com/about-the-center/>

Campaign designed to teach parents and caregivers about the science of early brain development and help them create more brain building opportunities with their babies and young children.

WATERTOWN FAMILY CONNECTIONS

100 S Water St, Watertown, WI 53094

920-261-2450

www.watertownfamilyconnections.com

Classes: Infant Massage, Parenting Education, focused workshops. Services: Drop-in playgroups, Open Gym. Call for current programs & schedule.

WATERTOWN UNIFIED SCHOOL DISTRICT

111 Dodge St, Watertown, WI 53094

920-262-1460

www.watertown.k12.wi.us

Services: Educational support services for identified children ages 3 and up.

WATERTOWN PARKS AND RECREATION

514 S 1st St, Watertown, WI 53094

920-262-8080

https://www.ci.watertown.wi.us/departments/park_recreation_forestry/index.php

Organized sports for adults and youth, fitness, and more! Aquatic Center (in Riverside Park) and Indoor Pool (located in the Riverside Middle School). Call for current program registration.

WATERTOWN PUBLIC LIBRARY

100 S Water St, Watertown, WI 53094

920-262-4090

<http://www.watertownpubliclibrary.org/>

Services: early literacy classes and programs to promote language development and enjoyment of books and reading for children.

YMCA

415 S 8th St, Watertown, WI 53094

920-262-8555

<https://www.glcymca.org/locations/watertown-area-ymca>

(See website for services provided)

PERSONAL ESSENTIALS

COMMUNITY ACTION COALITION (CAC)

4101 E Towne Blvd Madison, WI 53704– Dane County

608-237-1255

874 Collins Rd, Jefferson, WI 53549– Jefferson County

608-237-1225

www.cacscw.org

Services: Coats for Kids - distribution of winter coats to children and adults experiencing poverty. Call for more information.