



Sampson County

COMMUNITY

HEALTH ASSESSMENT 2017

SPONSORED BY:

Sampson County Health Department

Sampson Regional Medical Center

Sampson County Partners for Healthy Carolinians

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Appendices are available on the following websites:

www.sampsonnc.com

www.scpfhc.org

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EXECUTIVE SUMMARY

The Community Health Assessment, referred to as the CHA, is the foundation for improving and promoting the health of county residents. It is a fundamental tool of public health practice that aims to describe the health of the community by presenting information on health status, community health needs, resources, and other studies of current local health problems. The CHA seeks to: identify target populations that may be at increased risk of poor health outcomes and to gain a better understanding of their needs; assess the larger community environment; and understand how multiple factors relate to the health of individuals. It identifies areas where better information is needed, especially information on: health disparities among different subpopulations; quality of health care; and access to care.

Through collaborative efforts among county leaders, public health agencies, businesses, hospitals, medical providers, academic institutions, and others interested in community health, residents can become aware of community strengths, health concerns, emerging health issues, and resources that are needed in the county to address the issues.

The CHA is the basis for all local public health planning, giving local health units the opportunity to identify and interact with key community leaders, organizations and interested residents regarding health priorities and concerns. The information forms the basis for improving the health status of the community through strategic planning.

Because it is good evidence-based public health practice, the CHA is required of public health departments in the consolidated agreement between the N.C. Division of Public Health and local public health departments. Furthermore, it is required for local public health department accreditation through the N.C. Local Health Department Accreditation Board. Every three or four years, local health departments across North Carolina are charged with the responsibility of conducting a Community Health Assessment (CHA) in their respective counties. The Community Health Assessment (CHA) is a continual process and the timeframe depends on whether a local health department has aligned with their local hospital's IRS requirements.

Non-profit hospitals must complete a Community Health Needs Assessment (CHNA). IRS Section 501(r) (3) requires a hospital organization to conduct a community health needs assessment every three years and adopt an implementation strategy to meet the community health needs identified through the assessment. The CHNA must take into account input from persons who represent the broad interests of the community served by the hospital facility, including those with special knowledge of or expertise in public health and must be made widely available to the public. Sampson County Health Department and Sampson Regional Medical Center have elected to work in collaboration on a CHA that addresses the requirements for each organization and more importantly, the overall health concerns impacting Sampson County. The Community Health Assessment – CHA – uses both primary and

secondary data to identify health trends, needed resources, and opportunities related to improving the health of Sampson County residents.

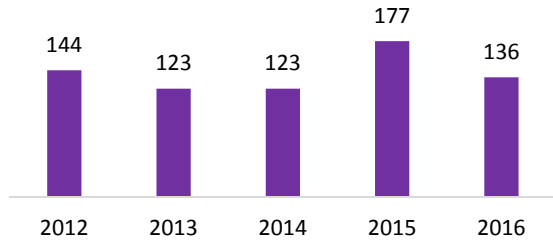
Primary data was collected through a 50-question survey tool provided by the N.C. Division of Public Health that contained questions that addressed health related topics such as: medical concerns, diet/nutrition, exercise, tobacco use, access to care, lifestyle habits, etc. The purpose of the survey was to collect data that was representative of Sampson County's residents; therefore, surveys were disseminated to a diverse population.

The survey tool was used to collect data, demographics, and other information from all participants, as well as public comments. The survey was available in hard copy and electronically via Survey Monkey. A total of 960 surveys were returned. The final survey data provided insight regarding the factors that survey participants considered to be the highest priorities related to the health and well-being of Sampson County residents. These priorities are ranked from highest to lowest:

1. Substance Abuse (44.8%)
2. Low Income/Poverty (41.3%)
3. Physical Activity/Nutrition (35.0%)
4. STDs/Sexual Activity/Pregnancy Prevention (29.2%)
5. Tobacco/Second Hand Smoke (25.3%)

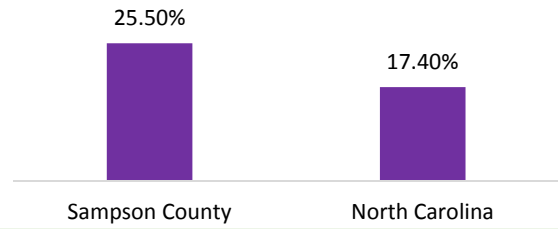
Secondary data is factual information collected by government and other credible sources. Data is compiled to provide statistical analysis of facts and figures as they relate to the health of Sampson County. For the purposes of the CHA, data was collected from a variety of sources, such as the North Carolina State Center for Health Statistics, the North Carolina Hospital Association, and the US Census Bureau. A summary of data collected about Sampson County residents includes: substance abuse, low income/poverty, physical activity/nutrition, sexual activity/STDs, and secondhand smoke/tobacco.

**Table 1. Substance Abuse
(Medication or Drug Overdose)**



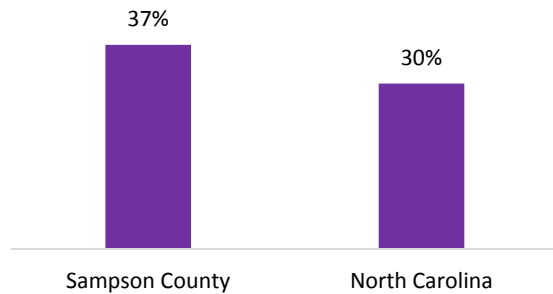
Source: NC DETECT

**Table 2. Individuals below
Poverty Level**



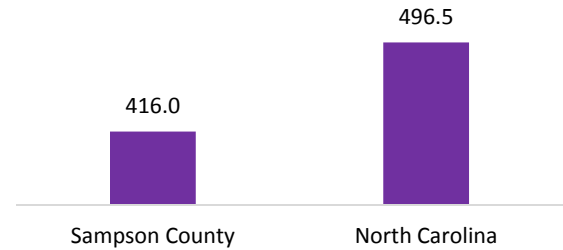
Source: US Census Bureau, 2011-2015 American Community Survey 5-Year Estimates

Table 3. Physical Inactivity (2017)



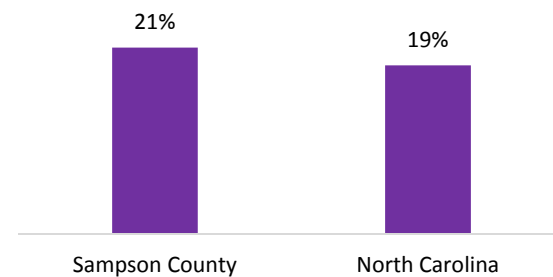
Source: County Health Rankings

Table 4. STD Rate (Chlamydia 2016)



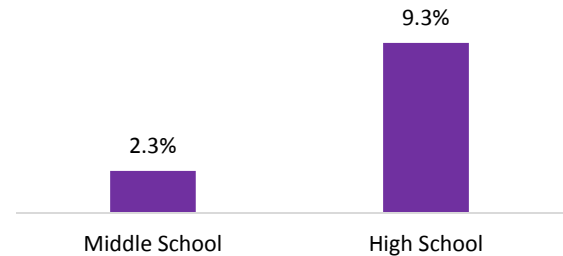
Source: County Health Rankings

Table 5. Adult Smoking (2017)



Source: County Health Rankings

**Table 6. NC Smoking
Prevalence (2015)**



Source: NC Youth Tobacco Survey

The Sampson County Partners for Healthy Carolinians Task Force served as the Community Health Assessment (CHA) Team. The CHA Team reviewed and discussed both the primary and secondary data. Discussion included social determinants of health and the effects of low income/poverty on health; after thorough discussion, the CHA Team concluded that low income/poverty needed local, state and federal interventions and therefore, made the decision to not rank Low Income/Poverty as a top health priority. The Team recommended that this be discussed at the BOH meeting when the Team's recommendations were presented to the Board of Health (BOH). The CHA Team Task Force used a scoring system to rank the top 3 health priorities, based on the magnitude and seriousness of the problem, as well as the feasibility of successful interventions by public health.

The top three health priorities are listed according to the highest scores as ranked by the CHA Team:

1. Substance Abuse: 77 Points
2. STDs/Sexual Activity/Pregnancy Prevention: 70 Points
3. Chronic Disease: 44 Points

The CHA Team recommended to the Sampson County Board of Health that the top three health concerns be addressed in the 2018 - 2020 Community Action Plans (CAP) by public health.

After review of the survey results, statistical data, and the recommendations of the CHA Team, the Sampson County Board of Health approved the top three health priorities. The CHA Team will complete Community Health Action Plans in which the health department must approve. Once approved, the CHA Team gives responsibility for leadership and/or implementation of the plans to organizations identified in the action plans. The BOH recommended providing Low Income/Poverty information to include why the Team chose not to address the Low Income/Poverty priority to the Board of County Commissioners (BOCC). The Health Director discussed the information with the BOCC at the County Health Department Planning Session.

Background and Introduction

COMMUNITY HEALTH ASSESSMENT PROCESS

The Community Health Assessment – CHA – process is a three or four-year cycle in which local health departments across North Carolina are charged with the responsibility of conducting a Community Health Assessment (CHA) in their respective counties. At the end of each cycle, the process begins again with the evaluation the interventions of the previous community health action plans and the identification of current health concerns, resources and development of new health action plans.

Community Health Assessments are the foundation for improving and promoting the health of

the community. The role of the assessment is to identify factors that affect the health of a population and determine the availability of resources within the community to adequately address those issues. Through collaborative efforts forged among community leaders, public health agencies, businesses, hospitals, private practitioners, academic centers, and community agencies, the community can begin to answer questions relating to health status and available resources. The CHA tool is an excellent resource for health professionals, businesses, organizations, and the community for the purpose of evaluating health resources, identification of health problems, developing strategies to address health concerns or problems, grant writing, and various reports.

COMMUNITY HEALTH ASSESSMENT TEAM

The Sampson County Partners for Healthy Carolinians served as the CHA Team, which was responsible for overseeing the process and developing strategies for accomplishing the CHA. After initial strategy meetings, the CHA team developed a work group who represented various health, human service, education and other agencies throughout the county. After collecting primary data, the CHA work group collected and analyzed secondary data. Once all data collection was complete, the CHA Team reviewed the information to determine Sampson County's top three health priorities.

County Description

HISTORY OF SAMPSON COUNTY

Sampson County was established in April 1784 by the North Carolina General Assembly. Sampson County was formed from an area of land taken from neighboring Duplin County with additional land annexed later from Wayne and New Hanover counties. Many of our early settlers were Scotch-Irish immigrants from North Ireland, who came to the colony of North Carolina with encouragement from Henry McCulloch, a wealthy London merchant.

Scotch-Irish immigrants John Sampson and stepson Richard Clinton came to North Carolina in search of rich farmland and flowing rivers. Settling in Duplin County, both men served in the Duplin County militia and at respective times as the Register of Deeds. In 1776, Richard Clinton became the representative for Duplin County in the NC House of Commons. In 1784, Clinton sought to create a new county in the state, and in honor of his stepfather, named the county "Sampson."

Sampson County has been home to other historical figures including: William Rufus King, Ambassador to England and France and served as the 13th Vice President of the United States; Micajah Autry, who fought at the Alamo with Davy Crockett; and Theophilus Homes, Lieutenant

General in the Confederate Army and the highest ranking North Carolinian officer during the Civil War.

Source: www.sampsonnc.com

GEOGRAPHY

Sampson County is one of the largest counties in North Carolina and has eight incorporated towns: Autryville, Clinton, Garland, Harrells, Newton Grove, Roseboro, Salemburg, and Turkey.

Clinton is the oldest and largest municipality in Sampson County. Incorporated in 1852, Clinton is named for American Revolution General Richard Clinton and is the county seat. Clinton is located in the center of the county and is the home of Sampson County Health Department and the only hospital in the county, Sampson Regional Medical Center. In 2007, Clinton was recognized as an All-American city.

Sampson County stretches sixty miles long and thirty-five miles wide. At 963 total square miles, with two miles being water, Sampson County is the size of the State of Rhode Island but without a public transient system. Tucked into the southeast corner of the state known as the coastal plains, our picturesque county boasts gently rolling hills, rich farmland, and friendly, bustling communities.



Figure 1. Sampson County, North Carolina



Figure 2. Sampson County, NC

INTERSTATES, HIGHWAYS, AND MAIN ROADS

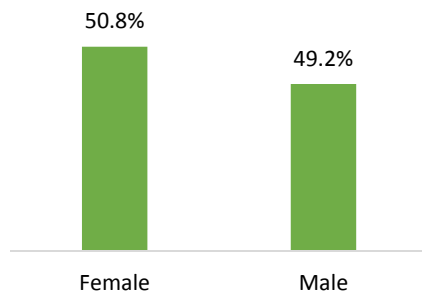
Sampson County is in close proximity to two major U.S. interstate highways, I-40 and I-95. Sampson County also has three major US Highways—US HWY 701, US HWY 421 and US HWY 13. Sampson County is an ideal location for access to commercial markets.

Source: www.sampsonedc.org

DEMOGRAPHICS

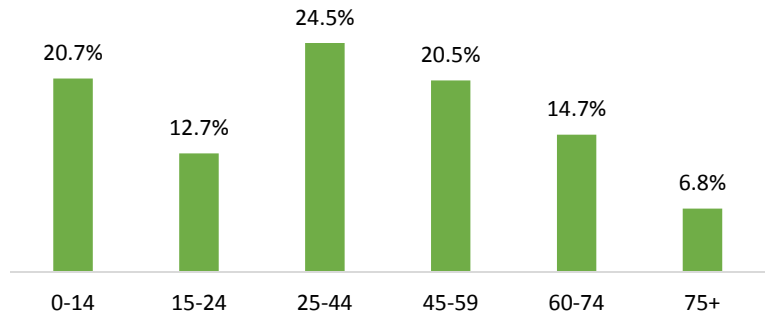
Sampson County has a population of approximately 64,000 people. Sampson County is one North Carolina’s largest counties by land mass. Its impressive size and location in the fertile coastal plain combine to make it one of the most productive agricultural counties in the Southeast.

Table 7. Population by Gender



Source: US Census Bureau, 2011-2015 American Community Survey 5-Year Estimates

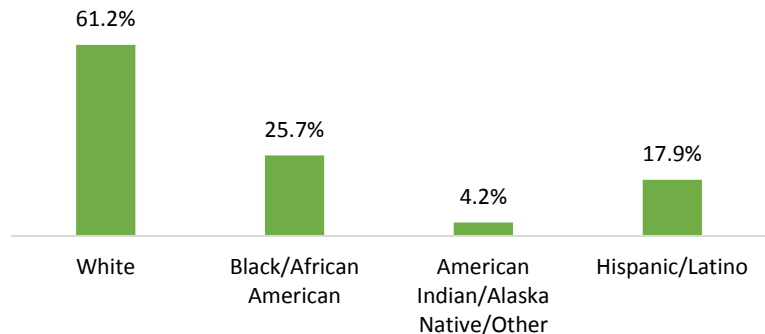
Table 8. Population by Age



Source: US Census Bureau, 2011-2015 American Community Survey 5-Year Estimates

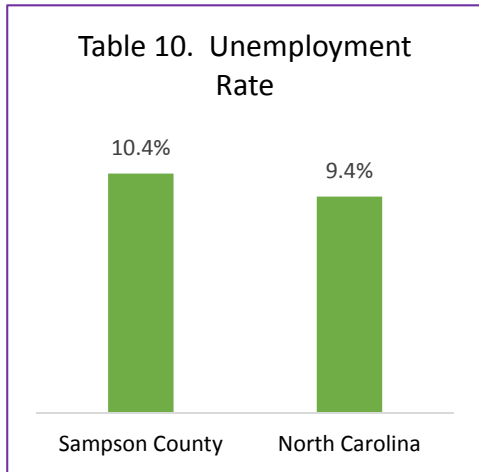
There are slightly more females than males in Sampson County based on Population by Gender. The percentages of Population by Age indicate that there are more young people (Ages 0-44) and fewer older people (Ages 60+). Sampson County’s Population by Race is comprised of 61.2% white, 25.7% black/African American, 17.9% Hispanic/Latino, and 4.2% American Indian/Alaska Native/Other residents.

Table 9. Population by Race

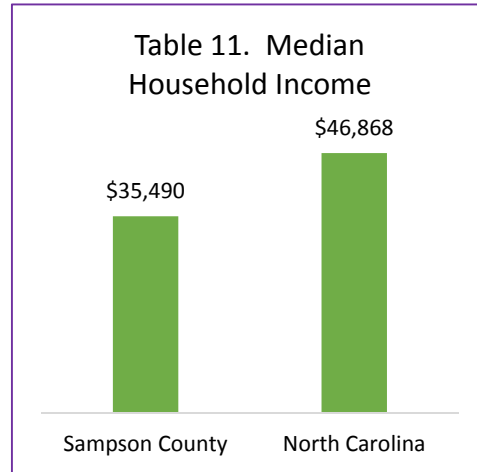


Source: US Census Bureau, 2011-2015 American Community Survey 5-Year Estimates

The NC Department of Commerce ranks counties based on economic well-being and assigns each county a Tier designation. These designations are mandated by state law and determine state funding opportunities that assist economic development. Economic indicators are: average unemployment rate; median household income; percentage growth in population; adjusted property tax base per capita. Counties are ranked as Tier 1 (most distressed), Tier 2, or Tier 3 (least distressed). Sampson County has been continually ranked as a Tier 2 county.



Source: US Census Bureau, 2011-2015 American Community Survey 5-Year Estimates



Source: US Census Bureau, 2011-2015 American Community Survey 5-Year Estimates

The unemployment rate in Sampson County is 10.4% and is slightly higher than the state’s rate. In Sampson County, the lowest rates of unemployment were observed in Asians (0.0%) and Whites (6.0%) while the highest rates were observed in Native Hawaiian and Pacific Islanders experienced the highest rates at 63.6% and African Americans (18.4%).

The median household income in Sampson County is \$35,490, which means half of the households in the county make more than this amount and half of the households make less than this amount in one year. This income is below North Carolina’s median of \$46,868. The median income in the county may not be high, but it is off-set by the lower cost of living.

Table 12. Sampson County Adjusted Property Tax Base Per Capita FY 2016-2017

Value	Rank
\$67,056	13

Source: NC Department of Commerce Labor & Economic Analysis Division

Table 13. Sampson County Population Growth July 2012-July 2015

% Change	Rank
-0.16%	36

Source: NC Department of Commerce Labor & Economic Analysis Division

The County’s tax base is high with Sampson ranking 13 out of 100 counties for the highest tax base; at the same time, Sampson County’s population has decreased from 2012-2015 (-0.16%). With fewer residents available to pay taxes, the County may have to increase an already high tax rate to meet the current services or decrease the number and/or types of services provided.

Health Data Collection Process

The Community Health Assessment (CHA) requires community input (primary data collection) and secondary data to identify health-related trends and other factors that affect the health and well-being of Sampson County residents. This information is shared with multiple partners throughout the county to assist with planning interventions that address citizen concerns.

The CHA process began with the formation of a CHA Team responsible for overseeing the process and developing strategies for accomplishing the CHA. After initial strategy meetings, the CHA team developed a work group of individuals who represented various health, human service, education and other agencies throughout the county.

The work group began first by collecting primary data. The CHA Team chose to do a convenience sampling using Community Health Opinion Surveys. While convenience sampling is less costly and less time-consuming, it is important to note limitations: (1) results aren't simplified to the target population; (2) there's no way to assess how reliable or precise the data are; and (3) the sample is more susceptible to selection bias since participant responses may be different from the county's population as a whole. Surveys were made available in English and Spanish in both paper and electronic form.

Table 15. Paper Distribution

Community Groups	Breast & Cervical Cancer Advisory Board Kiwanis Sampson County Partners for Healthy Carolinians
Churches	Lisbon St. Missionary Baptist Smith's Chapel First Baptist Church
Health Fairs	Latino Community Meeting
Physician Offices	Dr. Rodney Sessoms, MD Dr. Ted Thomas, DDS
Senior Sites	Butler Court Garland Harrells Mingo Roseboro Turkey Westbrook
Work Sites	Clinton Fire Department Commwell Health Partnership for Children Progress Media Sampson Community College Sampson County Health Department Sampson Regional Medical Center The Center for Health + Wellness

Table 16. Electronic Distribution

Social Media	Sampson County Health Department Facebook Sampson County Health Department Twitter Sampson Regional Medical Center Facebook
Websites	Sampson County Government Sampson County Partners for Healthy Carolinians Sampson Regional Medical Center
Work Sites	City of Clinton Clinton City Schools Progress Media Sampson Community College Sampson County Government Sampson Regional Medical Center The Center for Health + Wellness Sampson County Schools

A total of 960 surveys were returned: 636 paper surveys and 324 electronic surveys. Survey data was analyzed using Survey Monkey.

After collecting primary data, the CHA work group collected and analyzed secondary data. Once all data collection was complete, the CHA Team reviewed the information to determine Sampson County’s top health priorities.

Once approved by the BOH, Sampson County Health Department reviewed the process and survey information and approved the priorities, which will be submitted to the N.C. Division Public Health. The CHA is then printed for presentation to the Sampson County Board of Commissioners. Once approved by the BOCC, the CHA is made widely available to the public in both electronic and hard copy form. Printed copies of the document are disseminated to members of the Board of Health and multiple other partners throughout Sampson County, including the Sampson County Manager’s Office, Sampson Regional Medical Center, Sampson County Partners for Healthy Carolinians, Sampson County Emergency Management, county law enforcement agencies, Sampson County Department of Social Services, and the Department of Aging. It is made available at the Sampson County Health Department and local libraries. The document is available electronically on the websites of: Sampson County Government, Sampson County Partners for Healthy Carolinians, and Sampson Regional Medical Center.

Health Data Results

OVERVIEW

General health status measures the health of a whole population. These measures tell how healthy the general population is. Throughout the years, Healthy People, Sampson County Health Department, Sampson Regional Medical Center, Sampson County Partners for Healthy Carolinians, and other community partners have assessed the general health status of Sampson County residents by monitoring life expectancy, physically and mentally unhealthy days, self-assessed health status, limitation of physical activity, and leading causes of death.

Sampson County residents' responses to the Community Health Assessment survey questions related to their general health were:

Question 16: *Would you say in general your health is...* Approximately 45.6% answered "good", 24.6% answered "very good", and 14.6% answered "fair."

Question 18: *In the past 30 days, have there been any days when feeling sad or worried kept you from going about your normal day or activities?* Approximately 74.7% answered "no" and 17.8% answered "yes."

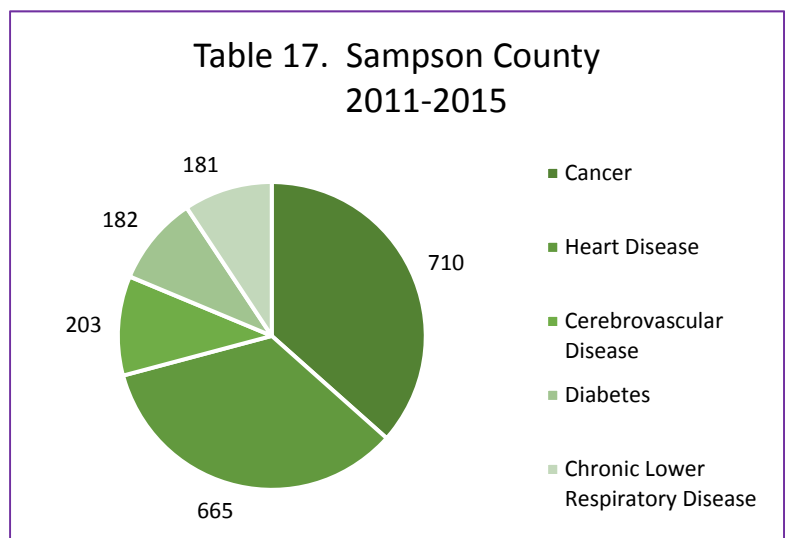
Question 19: *In the past 30 days, have you had any physical pain or health problems that made it hard for you to do your usual activities such as driving, working around the house, or going to work?* Approximately 74.2% answered "no" and 23.6% answered "yes."

MORTALITY

Leading Causes of Death

Certain known risk factors contribute to a number of different diseases and can result in death. Most causes of death are the result of preventable risk factors, such as smoking, poor diet, physical inactivity, and sexual behavior.

Cancer, heart disease, and stroke have been in the top three leading causes of death in Sampson County for the last decade.



Source: NC State Center for Health Statistics

The top leading cause of death among infants, children, and teens is conditions originating in the prenatal period. Motor vehicle injuries are the leading cause of death in young adults. Among middle-age and senior adults, the leading cause of death is cancer. Of the 710 cancer deaths, 216 are attributed to respiratory (trachea, bronchus, and lung) cancer, 64 to intestinal tract (colon, rectal, anal) cancer and 44 to breast cancer. According to County Health Rankings & Roadmaps, 21% of the adult population in Sampson County were current smokers in 2017. The Centers for Disease Control and Prevention (CDC) acknowledges that smoking is the leading preventable cause of death in the United States. The leading cause of death trends toward heart disease among elderly adults. Comparing the 2011 and 2014 CHA's, these leading causes of death have remained the same.

Race and Sex-Specific, Age-Adjusted Death Rates (North Carolina Total, 2011-2015)

Among African American, Hispanic, White, and Other Races (non-Hispanic) males and females, cancer ranked as the highest cause of death – as it did in the 2014 CHA. Among American Indian males and females, heart disease ranked as the highest cause of death. The second leading cause of death for African American, Hispanic, White, and Other Races (non-Hispanic) males and females was heart disease, whereas, the second leading cause of death for American Indian males and females was cancer. Cerebrovascular disease (stroke) was the third leading cause of death among African American, Hispanic, and Other Races (non-Hispanic) for males and females. Among White males and females, chronic lower respiratory diseases were the third leading causes of death. Chronic lower respiratory diseases were the third leading causes of death among American Indian males while Alzheimer's disease was the third leading cause of death among American Indian females.

Infant Mortality

The CDC defines infant mortality as the death of an infant before his or her first birthday and the infant mortality rate as the number of infant deaths per every 1,000 live births. Leading causes of infant death include: birth defects; pre-term and low birth weight; sudden infant death syndrome (SIDS); pregnancy complications; and injuries. Sampson County's total infant death rate has remained above the state's average for over a decade. Compared to the 2011 and 2014 CHA's, Sampson County's and North Carolina's infant death rates have both decreased. Currently, Sampson County's infant death rate decreased from 11.9 (2008-2012) to 7.6 (2011-2015) and the state's rate decreased from 7.5 to 7.2. From 2011-2015, in Sampson County, there were 16 African American, 11 White Non-Hispanic and 5 Hispanic infant deaths. Local efforts to improve birth outcomes include, but are not limited to: family planning methods such as long-acting reversible contraceptives (LARCs); access to early prenatal care; 17P injections; tobacco cessation referrals; breastfeeding counseling and support; SIDS education; and programs such as Pregnancy Care Management and Newborn Postpartum Home Assessments. Resources needed to improve birth outcomes include, but are not limited to: more affordable health insurance options and increasing access to preventive and routine services of care.

MORBIDITY/DISEASES

Chronic Diseases

According to the Centers for Disease Control and Prevention (CDC), chronic diseases such as heart disease, stroke, cancer, diabetes, obesity, and arthritis are among the most common, costly, and preventable of all health problems in the U.S. As of 2012, about half of all adults (117 million people) had one or more chronic health conditions. Heart disease and cancer together accounted for nearly 46% of all deaths. These diseases also cause major limitations in daily living for people.

According to the 2017 Community Health Assessment Survey, Sampson County residents responded to the following survey question about certain health conditions:

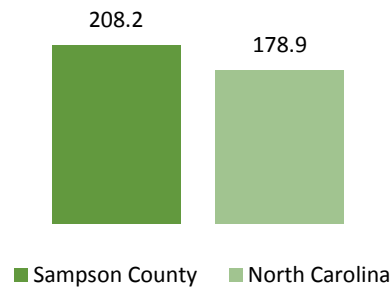
Question 17: *“Have you ever been told by a doctor, nurse, or other health professional that you have any of the following health conditions?”* The percentage of participants that answered “Yes” are as follows: 5.3% - heart disease; 7.3% - cancer; 12.3% - diabetes; 38.9% - high blood pressure; 31.7% - high cholesterol; 32.1% - overweight/obesity. There was an increase in the percentage of participants that answered “Yes” to all of the aforementioned health conditions when compared to the 2014 Community Health Assessment Survey.

Heart Disease

Heart disease is the number one cause of death in the United States. The most common type of heart disease is coronary artery disease (CAD), which can lead to a heart attack. Heart disease is the leading cause of death for both men and women. Every year about 525,000 Americans have a first heart attack; another 210,000 heart attacks happen in people who have already had one. The risk for CAD can be greatly reduced through lifestyle changes and, in some cases, medication (Center for Disease Control & Prevention, 2015).

- The 2014 CHA showed a decrease in Sampson County’s heart disease death rates when compared to the 2011 and 2007 CHA’s.
- Since the 2014 CHA, there has been an increase in the number of heart disease deaths.
- African American males continue to have the highest heart disease death rates in Sampson County.

Table 18. Heart Disease Death Rates (2011-2015)



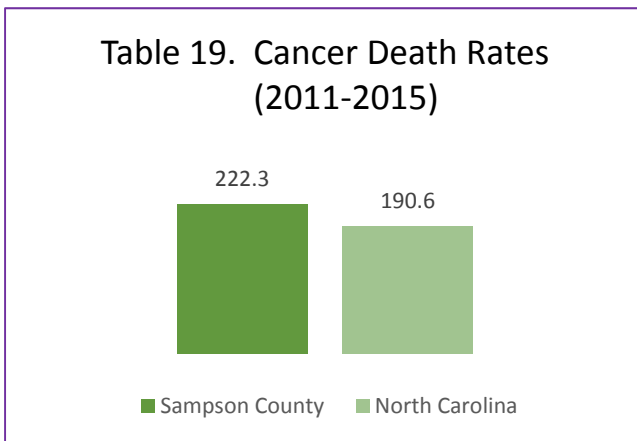
Source: NC State Center for Health Statistics

- 3% of survey respondents were African American males. Of those, 1.8% reported they have been told they have high blood pressure and 0.86% have been told they have high cholesterol.
- This illustrates the need to address high blood pressure and high cholesterol among African American males in Sampson County.

Cancer

Cancer was the leading cause of death in Sampson County and North Carolina from 2011-2015. *Cancer* is a term used for diseases in which abnormal cells divide without control and can invade other tissues. Cancer cells can spread to other parts of the body through the blood and lymph systems. Cancer is not just one disease, but many diseases. There are more than 100 kinds of cancer (Center for Disease Control and Prevention, 2016).

The number of new cancer cases can be reduced, and many cancer deaths can be prevented. According to the Center for Disease Control and Prevention (2016), research shows that screening for cervical and colorectal cancers as recommended helps prevent these diseases by finding precancerous lesions so they can be treated before they become cancerous. Screening for cervical, colorectal, and breast cancers also helps find these diseases at an early, often highly treatable stage.



Source: NC State Center for Health Statistics

- There were 710 deaths in Sampson County from 2011-2015 due to cancer.
- Sampson County's female breast cancer mortality rate slightly declined since the 2014 and 2011 CHA's while the state's rate slightly increased. Currently the rate for the county and the state is 21.3.
- When compared to the 2014 CHA, cancer death rates for African American and White males decreased while the death rate for African American and White females increased.
- African American and White female cancer death rates include: colon, rectum, anus; pancreas; trachea, bronchus, lung; and breast cancer.
- White females had a higher number of cancer deaths than African American females.

Cerebrovascular Disease

Cerebrovascular disease (stroke) is the third leading cause of death in Sampson County, whereas it is the fourth leading cause of death in North Carolina. Stroke is also an important cause of disability (Center for Disease Control & Prevention, 2013).

Some stroke risk factors, like heredity, age, gender, and ethnicity can't be controlled. Some medical conditions – including high blood pressure, high cholesterol, heart disease, diabetes, and overweight or obesity, or previous stroke – can also raise your stroke risk. Avoiding smoking and drinking too much alcohol, eating a balanced diet, and getting exercise are all choices that can reduce risk (Centers for Disease Control & Prevention, 2013).

- From 2011-2015, Sampson County's death rate was 53.9 and the state's rate was 45.1 compared to the 2014 CHA in which the county's death rate was 52.5 and the state's rate was 46.4.

Diabetes

Diabetes is a disease in which blood glucose levels are above normal. Diabetes can cause serious health problems including heart disease, blindness, kidney failure, and lower-extremity amputations. Risk factors for type 2 diabetes include older age, obesity, family history of diabetes, prior history of gestational diabetes, impaired glucose tolerance, physical inactivity, and race/ethnicity. African Americans, Hispanic/Latino Americans, American Indians, and some Asian Americans and Pacific Islanders are at particularly high risk for type 2 diabetes (Centers for Disease Control & Prevention, 2015).

- Diabetes was the fourth leading cause of death in Sampson County from 2011-2015 accounting for 182 deaths compared to the 2014 CHA in which diabetes was the sixth leading cause of death from 2008-2012 accounting for 128 deaths.
- Compared to the 2014 CHA, Sampson County's diabetes death rate significantly increased from 36.1 to 57.0 while North Carolina's diabetes death rate slightly increased from 21.8 to 25.4.

Communicable Diseases

Public health came into existence for the purpose of controlling the spread of disease, and disease control has remained one of the prime directives. Vaccination has led to the worldwide eradication of smallpox, and polio may soon disappear completely. Vaccine-preventable diseases such as measles, mumps, rubella, and pertussis are increasingly rare; although, these serious diseases still afflict unprotected Sampson County residents every year. According to North Carolina General Statute 130A, reportable communicable diseases are

reported to the local health department by medical providers, laboratories and other agencies that are required to report. The health department then begins surveillance/ investigation and enters collected case information into North Carolina Electronic Disease Surveillance System (NC EDSS) for reporting to the Division of Public Health. Local hospitals also enter Emergency Department visit data into a separate system called N.C. Disease Event Tracking and Epidemiologic Collection Tool (NC DETECT).

Table 20. Sampson County Communicable Diseases

Classification	Number of Records 01/01/2009-12/31/2012	Number of Records 01/01/2012-12/31/2015
Streptococcal Infection Group A, Invasive	2	3
Shigellosis	5	8
Lyme Disease	2	1
Salmonellosis	76	74
Campylobacter Infection	35	24
E Coli	5	4
Listeriosis	2	0
Typhoid acute	1	0

Source: NC Electronic Disease Surveillance System

Table 21. Sampson County Communicable Diseases (Vaccine Preventable)

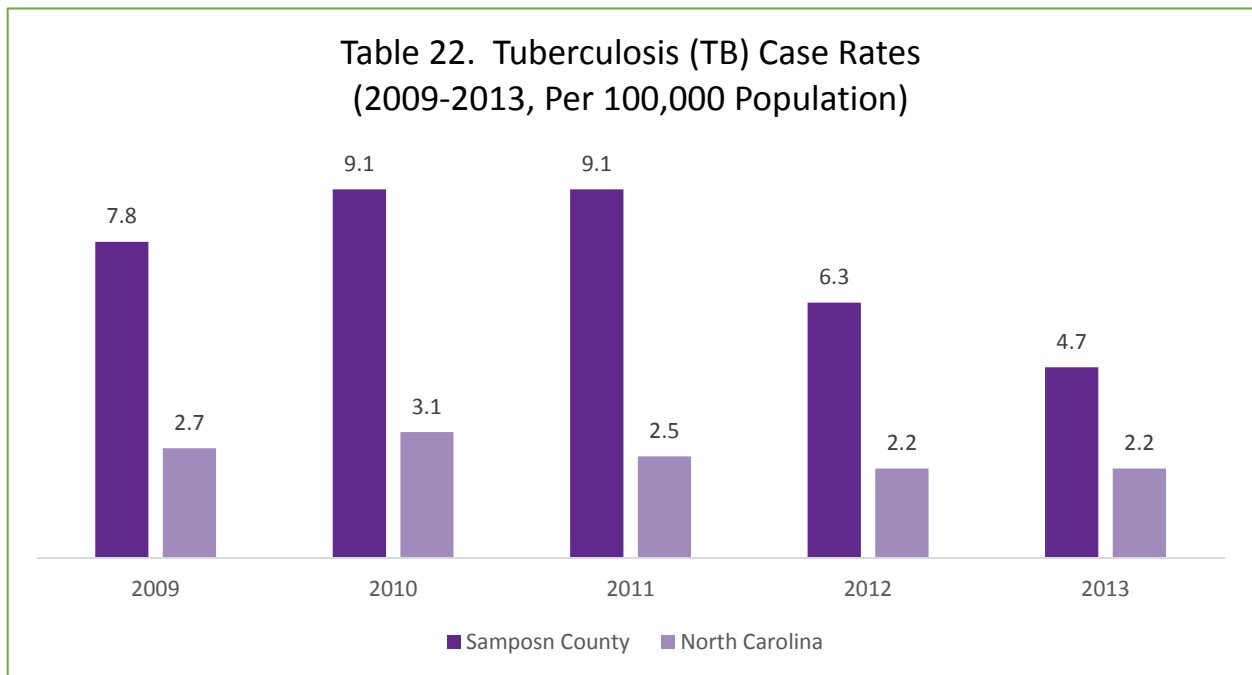
Classification <i>Vaccine Preventable</i>	Number of Records 01/01/2009-12/31/2012	Number of Records 01/01/2012-12/31/2015
Hepatitis A	1	0
Hepatitis B: Acute	2	2
Hepatitis B: Chronic	12	9
Hepatitis B: Perinatal	0	0
Haemophilus influenza	2	5
Influenza, NOVEL virus infection	11	0
Total	156	131

Source: NC Electronic Disease Surveillance System

The overall number of records of communicable diseases decreased between 2009-2012 and 2012-2015. There was a slight increase in the number of records of Streptococcal Infection Group A, Shigellosis, and Haemophilus influenza while the number of Acute Hepatitis B cases remained the same. During this time, all of Sampson County's salmonellosis cases were isolated, foodborne cases.

Tuberculosis (TB)

The North Carolina Department of Health and Human Services defines Tuberculosis (TB) as a disease caused by bacteria that can damage the lungs or other parts of the body. If TB is not treated properly, it can be fatal. TB is spread through the air when a person with active TB of the lungs or throat coughs, sneezes, speaks or sings. Nearby people may breathe in the bacteria and become infected. Risk factors for developing TB Disease include being foreign-born; excessive alcohol use; non-injecting and/or injecting drug use; being homeless; being a resident of a long-term care facility or correctional facility; being co-infected with HIV; and being a health care worker.



Source: 2012 Tuberculosis Statistics for North Carolina, Tuberculosis Control Program, N.C. Division of Public Health July 2013

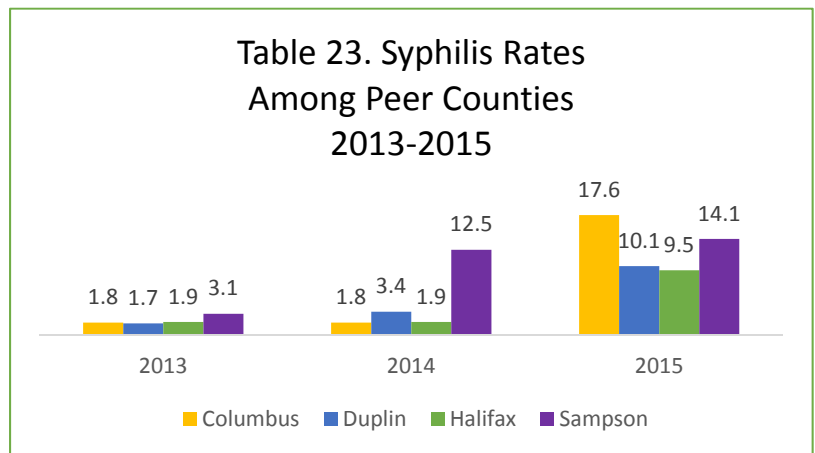
Sampson County's TB case rates were higher than the state's rates from 2009-2013. Sampson County is largely agricultural. According to NC EDSS, from July 1, 2013 through June 30, 2017, there were a total of 10 TB cases in the county that included: 60% Foreign Born, 50% Hispanic, and 40% Migratory Workers.

Sexually Transmitted Diseases

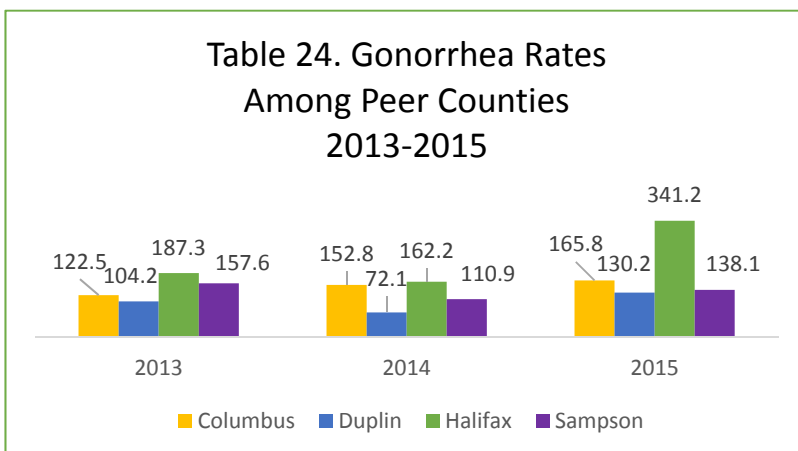
Sexually transmitted diseases (also known as STDs or STIs for "sexually transmitted infections") are infectious diseases that spread from person to person through sexual contact. STDs can affect males and females of all ages and backgrounds who are having unprotected sex. STDs probably have been around for thousands of years, but the most dangerous of these conditions, the Acquired Immunodeficiency Syndrome (AIDS), has only been recognized since 1984. Many STDs are curable. STDs can be present in, and spread by, people who do not have any symptoms of the condition and have not yet been diagnosed with an STD. Therefore, public awareness and education about these infections and the methods of preventing them is important. Medical providers, hospitals & LHD provide STD/HIV prevention and control. Medical Providers and labs that do business in NC provide LHDs with reports of STDs.

Syphilis

Sampson County's syphilis rates have been increasing since the 2014 CHA. There was a significant increase between 2013 and 2014. Compared to peer counties, Sampson had the highest rate in 2014 and the second highest rate in 2015. Syphilis rates in 2014-2015, an agency that had not been previously reporting cases to the SCHD sent multiple reports from previous years; in addition, there was an outbreak in a neighboring county that overflowed into Sampson that DIS reported.



Source: 2015 North Carolina HIV/STD Surveillance Report, Communicable Disease Branch



Source: 2015 North Carolina HIV/STD Surveillance Report, Communicable Disease Branch

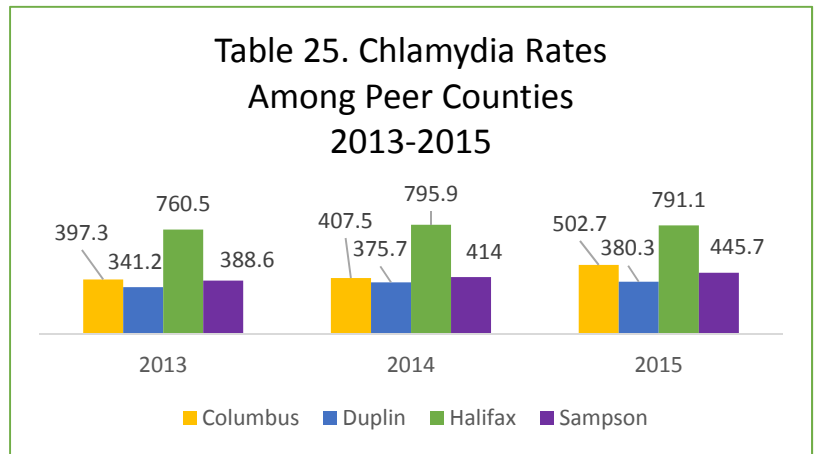
Gonorrhea

Sampson County's gonorrhea rates have decreased since the 2014 CHA, however, there was an increase between 2014 and 2015. Compared to 4 other peer counties, Sampson ranked 3rd in the number of cases in 2014 and 2015.

Chlamydia

According to the 2014 CHA, Sampson County's chlamydia rates fluctuated, however, the rates have increased from 2013-2015. Compared to peer counties, Sampson ranked 3rd in 2013 and 2015, and 2nd in 2014.

Complications for Gonorrhea and Chlamydia can include: reproductive disorders, PID, sterility, ectopic pregnancy, epididymitis, etc.



Source: 2015 North Carolina HIV/STD Surveillance Report, Communicable Disease Branch

Human Immunodeficiency Virus (HIV)

According to the 2015 HIV/STD Surveillance Report, Sampson County ranked 55th in the state for HIV cases. When compared to the 2014 CHA, Sampson County ranked 26th. Sampson County had 3 diagnosed HIV cases in 2015 compared to 6 diagnosed cases in 2011. Sampson County's rate dramatically decreased from 20.5 in 2010 to 9.5 in 2011. Since 2011, Sampson County's rate fluctuated slightly up and down. In 2015, the county rate was a very low 4.7, which was also lower than peer county and state rates.

Acquired Immune Deficiency Syndrome (AIDS)

According to the 2015 HIV/STD Surveillance Report, Sampson County ranked 54th in the state for HIV cases. When compared to the 2014 CHA, Sampson County ranked 36th. Sampson County had 1 diagnosed AIDS case in 2015 compared to 6 diagnosed cases in 2011. Since 2011, Sampson County's rate decreased in 2012 and 2013, then increased in 2014. In 2015, the county rate was 1.6, which was also lower than peer county and state rates.

Obesity

Obesity and Overweight Ranges among Adults

Overweight and obesity are both labels for ranges of weight that are greater than what is generally considered healthy for a given height. The terms also identify ranges of weight that have been shown to increase the likelihood of certain diseases and other health problems such as heart disease, cancer, diabetes, high blood pressure, high cholesterol, and stroke.

For adults, overweight and obesity ranges are determined by using weight and height to calculate a number called the "body mass index" (BMI). An adult who has a BMI between 25

and 29.9 is considered overweight. An adult who has a BMI of 30 or higher is considered obese.

- 37% of Sampson County adults are obese compared to 30% of North Carolinians. This percentage has continued to exceed the state's percentage since the 2014 CHA.
- Sampson County ranks third among peer counties for adult obesity as it did in the 2014 CHA, whereas, according to the 2011 CHA, Sampson County exceeded all peer counties.

Obesity and Overweight Ranges among Children

Childhood overweight and obesity is determined using an age and sex-specific percentile for BMI rather than the BMI categories used for adults because children's body composition varies as they age and varies between boys and girls.

For children and adolescents (ages 2-19) overweight is defined as a BMI at or above the 85th percentile and lower than the 95th percentile for children of the same age and sex. Obesity is defined as BMI at or above the 95th percentile for children of the same age and sex.

Obese children are more likely to develop diabetes, breathing problems such as sleep apnea or asthma, high blood pressure and cholesterol which cause heart disease, fatty liver disease, gallstones, heartburn, and poor self-esteem, which can expand into adulthood (Centers for Disease Control & Prevention, 2016).

- In 2015, 16.6% of Sampson County's children ages 2-18 years of age were overweight compared to 14.6% of North Carolina's children. These percentages have decreased since the 2014 CHA when it was reported that, in 2009, 19.7% Sampson County children and 16.2% North Carolina children were overweight.
- In 2015, 18.7% of Sampson County's children were obese. This percentage has also decreased from 19.1% since the 2014 CHA.
- Compared to peer counties, Sampson County had the highest percentage of overweight children and the third highest percentage of obese children.

Oral Health

Public health's dental "patient" is the community, so the Oral Health Section must survey individuals in a community to determine the overall oral health of that community. The data from both *epidemiological surveys* and from *school oral health assessments* are used to provide baseline data for planning programs to prevent oral disease and to provide oral health education to our citizens.

Each year elementary children and targeted adult populations participate in dental

screenings, also called assessments. Public health dental hygienists screen for tooth decay and other disease conditions in individuals. Staff hygienists partner with nurses (in schools, assisted living facilities, nursing homes or local health departments) to refer those needing care to dental providers.

There was a significant decrease in the number of kindergartners screened when compared to the 2014 CHA. According to the 2014 CHA, 767 kindergartners had oral health screenings.

Table 26. Sampson County Kindergarten Oral Health Status

# Screened	Filled Missing Teeth (FMT)	Decayed Teeth (DT)	Decayed Missing Filled Teeth (DMFT)	% Decayed Missing FT	% Decayed Teeth (DT)
135	3.19	0.56	3.74	50%	16%

Source: NC Division of Public Health, Oral Health Section

Maternal Health

Pregnancy and childbirth have an enormous impact on the physical, mental, emotional, and socioeconomic health of women and their families. It is essential that women improve their health before, during, and after pregnancy and reduce both short and long-term complications. It is Sampson County’s goal to help ensure that all women have a safe and healthy pregnancy.

- Since the 2014 CHA, Hispanics have continued to have the highest teen pregnancy rate and White Non-Hispanics continue to have the lowest rate. The 2011-2015 teen pregnancy rates for females ages 15-19 show that Hispanics had a rate of 90.4 while White Non-Hispanics had a rate of 38.8.
- Sampson County has continued to have the highest teenage pregnancy rates when compared to peer counties and North Carolina. Sampson County’s 2011-2015 teen pregnancy rate for females ages 15-19 was 56.7 while North Carolina’s rate was 36.2.
- Sampson County’s African American population has continued to have the highest percentage of low birth rates which was 13.8%. When compared to the 2014 CHA, this percentage was slightly lower than North Carolina’s percentage of 13.9%.
- Sampson County’s Hispanic population continues to have the most live birth rates with a rate of 26.1. This rate is higher than peer county and North Carolina rates.
- The percentage of Sampson County women that delivered by cesarean section is 35.3 which is higher than the percentage of peer counties and North Carolina.

- Approximately 12.6% of women in Sampson County reported smoking during pregnancy compared to 10.2% of women in North Carolina. Sampson County's percentage also exceeds its peer county percentages. According to the 2014 CHA, 13.5% of Sampson County women reported smoking during pregnancy compared to 10.6% of North Carolina women.
- Sampson County's fetal death rate of 8.2 continues to exceed North Carolina's rate of 6.8. Sampson County and one peer county have the same rate which exceeds the other two peer county rates.
- Sampson County has a total infant death rate of 7.6 which is higher than North Carolina's rate of 7.2. When compared to peer counties, Sampson County has the lowest infant death rate.

Child Health

Children are our future and ensuring their healthy growth and development is a concern for the individual and the community. Newborns and children are vulnerable to malnutrition and infectious diseases, many of which can be effectively prevented or treated.

During early childhood, children experience fast growth which is influenced by their environment. Many challenges faced by adults, such as mental health issues, obesity, heart disease, crime, and poor literacy can be traced back to early childhood.

- In 2011, 9.6% of Sampson County's children (0-18) were uninsured compared to 9.4% of North Carolina children. Sampson County had the third highest percentage of uninsured children when compared to peer counties.
- In 2011-2012, 73.4% of Sampson County students were enrolled in free and reduced lunch compared to 56% of North Carolina students. Sampson County had the lowest percentage of students enrolled in free and reduced lunch when compared to peer counties.
- In 2013, 32.8% of Sampson County children were in poverty compared to 25.1% of North Carolina children. Sampson County had the lowest percentage of children in poverty when compared to peer counties.

MENTAL HEALTH

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood. Many factors contribute to mental health problems, including: biological factors, such as genetics or brain chemistry; life experiences, such as trauma or abuse; family history of mental health problems. Help is available for people with mental health problems.

CHA Survey Question 10: *“In your opinion, which one issue most affects the quality of life in Sampson County?”* 44.8% of respondents answered “Substance Abuse.”

CHA Survey Question 12: *“In your opinion, which one health behavior do people in your own community need more information about?”* 15.8% of respondents answered “Substance abuse prevention” and 3.2% answered “stress management.”

CHA Survey Question 15: *“Which of the following health topics do you think your child/children need(s) more information about?”* 37.4% of respondents answered “Drug Abuse,” 13.1% answered “Suicide Prevention,” and 13 % answered “Mental Health.”

According to Log Into North Carolina (LINC), in 2014, approximately 5,101 Sampson County residents served in one of the following: State Mental Health Development Centers, NC Alcohol and Drug Treatment Centers, and/or Area Mental Health Programs. When a resident or member of their family has a behavioral health concern, the first step is to contact the Local Management Entity (LME). Eastpointe is the LME that serves residents in a region comprised of 12 counties including Sampson County. Eastpointe manages, coordinates, and monitors mental health, intellectual/developmental disabilities, and substance use/addiction services within the region.

HEALTH CARE

Sampson Regional Medical Center

Sampson Regional Medical Center (SRMC) is a progressive healthcare facility that serves the medical needs of Sampson County and surrounding areas. Opened in 1950, SRMC’s 146-bed facility is accredited by The Joint Commission and provides a full range of medical services—from outpatient surgery, radiology and nuclear medicine to cardiopulmonary and pediatrics.

The hospital also operates outpatient services and medical practices, including Sampson Home Health, Outpatient Diagnostics Center, Outpatient Rehabilitation Center, The Center for

Health + Wellness, Sampson Medical Group, Sampson Women’s Center, Carolina Pain Center, Clinton Urgent Care, Wound Care & Hyperbaric Center, and Rest Assured Sleep Lab.

The hospital’s medical staff is composed of physicians representing a variety of specialty areas including family practice, pediatrics, anesthesiology, hospital medicine, internal medicine, obstetrics and gynecology, orthopedics, general surgery, urology, oncology, and ophthalmology. SRMC is committed to providing the most up-to-date medical care available, close to home for Sampson County residents. And to keep quality care close to home, the hospital is constantly evaluating new opportunities to improve access to care.

SRMC is committed to improving the health of the community and offers free outpatient education classes, support groups, senior citizen programs, and wellness classes throughout the year. Sampson Regional Medical Center provides comprehensive hospital and community-based services that preserve and restore health, provide comfort, and maintain dignity for all who seek care.

Insurance Coverage Rates

Many county residents are uninsured or underinsured. The lack of health insurance is considered a key driver of health status. According to the US Census Bureau, 23.6% of Sampson County residents are uninsured. This is compared to the state average of 16.2% and the national average of 13.2%.

According to the community survey, the lack of insurance or inadequate insurance appears to be one of the greatest barriers to access healthcare in Sampson County.

CHA Survey Question 31: *“What is your primary health insurance plan?”*

- Blue Cross & Blue Shield, state employee health plan, or other private health insurance plans accounted for 65.6% of responses.
- Medicare, Medicaid and other military or government programs accounted for 18.8% of the responses.
- The remaining 15.6% refused to answer, did not know or did not have any health plan of any kind.

CHA Survey Question 34: *“In your opinion, what do you think is the main reason that keeps people in your community from getting necessary health care?”*

- 31% of respondents named “no health insurance” as the main reason people do not get the health care they need.
- 18.7% of people stated, “Insurance didn’t cover what was needed.”
- 17.5% stated “share cost was too high.”
- And a total of 26% stated that “doctor, pharmacy, dentist or hospital would not take their insurance/Medicaid.”

According to SRMC's Accounting Department, SRMC payer mix is largely made up of Medicare and Medicaid insured patients.

- Medicare and Medicaid combine for more than 65% of the hospital's payer mix.
- Blue Cross & Blue Shield and commercial insurers account for just about 25% of the payer mix.
- Self-pay and other payers combine for about 9-10%.

Barriers to Access to Healthcare

Along with the lack of health insurance coverage, another barrier to access to health care has been the availability of primary care physicians and specialists who are accepting new patients and are available to schedule more immediate appointments.

CHA Survey Question 32: *"In the past 12 months, did you have a problem getting the health care you needed personally or for a family member from any type of health care provider, dentist, pharmacy, or other facility?"*

- 83% of respondents answered "Yes" compared to only 13% of respondents from the 2014 CHA Survey.

Cost of Healthcare

The major barriers to access to care at Sampson Regional Medical Center are consistent with the same barriers reported through the community survey conducted as part of the Community Health Assessment.

CHA Survey Question 34: *"In your opinion, what do you think is the main reason that keeps people in your community from getting the necessary health care?"* Cost of health care is the prevailing theme of why respondents do not get the health care that they need.

- 31% of respondents named "no health insurance" as the main reason they do not get the health care they need.
- 18.7% of people stated, "Insurance didn't cover what was needed."
- 17.5% stated "share cost was too high."
- And a total of 26% stated that "doctor, pharmacy, dentist or hospital would not take their insurance/Medicaid."

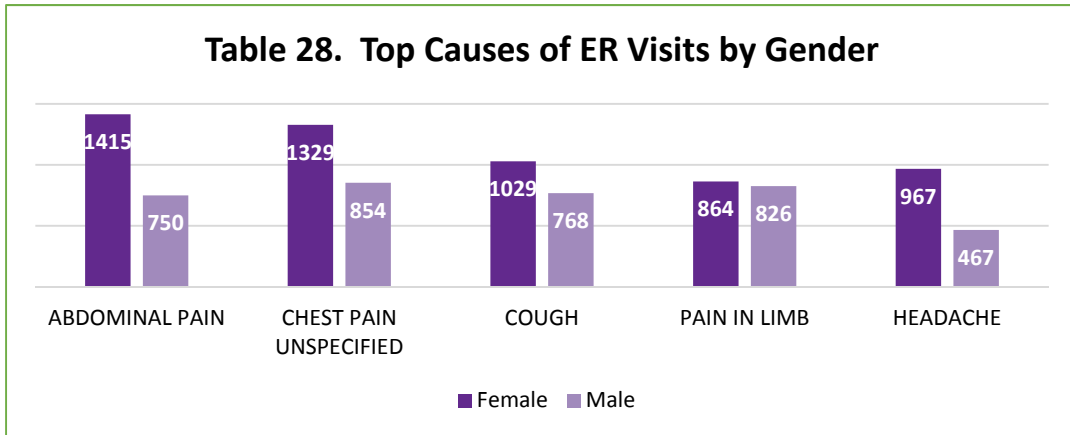
Many county residents are uninsured or underinsured. According to the community survey conducted as part of the Community Health Assessment process, the lack of insurance or inadequate insurance appears to be one of the greatest barriers to access to healthcare in Sampson County.

Causes of Emergency Room Visits

Chief causes of emergency room visits include abdominal pain, chest pain, headache, limb pain, and cough. The Chart below identifies the top 20 common causes of emergency room visits between 2014-2016 at Sampson Regional Medical Center.

1	Abdominal pain
2	Chest Pain Unspecified
3	Cough
4	Pain in Limb
5	Headache
6	Urinary tract infection, site not specified
7	Fever unspecified
8	Encounter for administrative examinations, unspecified
9	Urinary tract infection, site not specified
10	Backache, unspecified
11	Acute upper respiratory infection, unspecified
12	Acute upper respiratory infections of unspecified site
13	Other malaise and fatigue
14	Shortness of Breath
15	Rash and other nonspecific skin eruption
16	Acute bronchitis
17	Vomiting alone
18	Headache
19	Acute pharyngitis
20	Nausea with vomiting

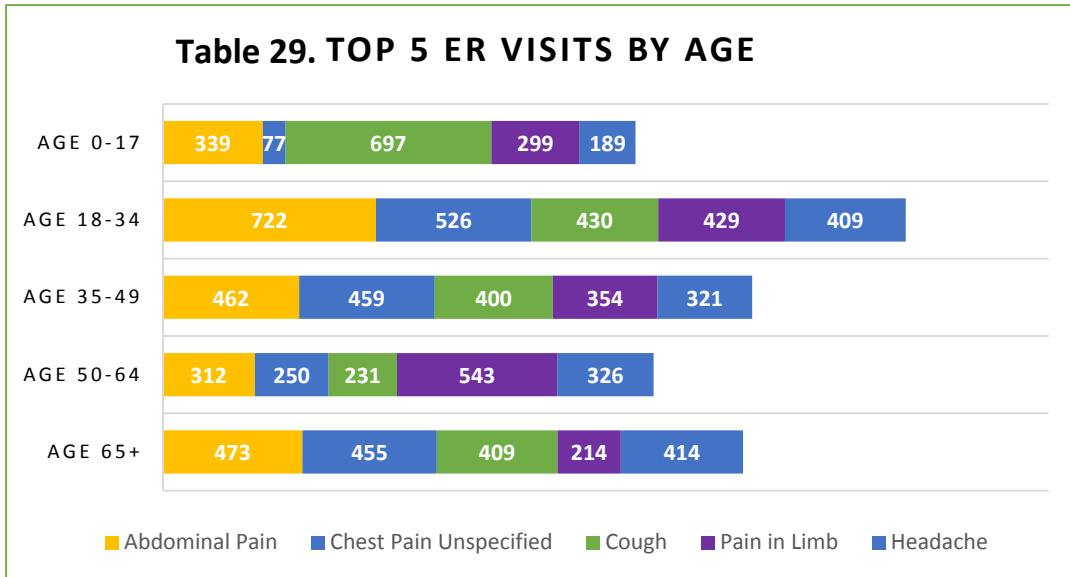
The top common causes of Emergency Room (ER) visits varies according to age and gender.



Source: Sampson Regional Medical Center, Emergency Department

Emergency Room Visits by Age

Children and teens ages 0-17 most commonly visit the ER for cough. Abdominal pain ranks as top reason for ages 18-34 and for ages 35-49 and those over 65.



Source: Sampson Regional Medical Center, Emergency Department

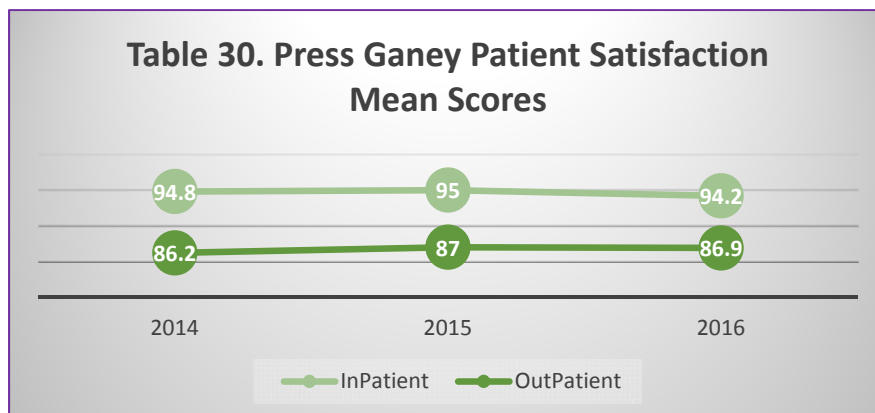
Satisfaction with Healthcare

Measurements of patient satisfaction are key to improving the delivery of healthcare. Sampson Regional Medical Center measures patient satisfaction using a third party, Press Ganey. The Press Ganey patient survey is used throughout the nation by hospitals to measure how patients feel about a hospital's performance.

Sampson Regional Medical Center routinely sends surveys to a random sample of both inpatients and outpatients. The hospital monitors survey feedback to identify opportunities for improvement and to address patient concerns.

The survey asks patients to evaluate the hospital using a five-point scale (1 being very poor to 5 being very good) for various areas that impact patient care. The following are examples of questions asked:

- Speed of admission, courtesy of person admitting, pre-admission process
- Pleasantness of room décor, room cleanliness, courtesy of person cleaning room, room temperature, noise level in and around room, TV call button etc. worked
- Special/restricted diet explained, temperature and quality of food, courtesy of person serving
- Friendliness/courtesy of the nurses, promptness of response to call, nurses' attitude toward requests, attention to special/personal needs, nurses kept you informed, skill of the nurses
- Wait time for tests or treatments, concern for comfort during testing and treatment, explanations of what will happen during testing and treatment
- Time physician spent with you, physician concern for questions/worries, physician kept you informed, friendliness/courtesy of physician, skill of physician
- Staff concern for your privacy, staff sensitivity to inconvenience, how well your pain was controlled, staff addressed emotional needs, response toward concerns/complaints
- Overall cheerfulness of hospital, staff worked together to care for you, likelihood of recommending hospital, overall rating of care given, professional appearance of employees



Source: Sampson Regional Medical Center, Press Ganey Report, Service Excellence Department

DETERMINANTS OF HEALTH

Many issues combine together to affect the health of individuals and communities. Whether people are healthy or not is determined by their circumstances and environment. To a large degree, factors such as where we live, the state of our environment, genetics, income, education level, and our relationships with friends and family all have a huge influence on health; whereas, the more commonly considered factors such as access and use of health care services often have less of an impact.

The backgrounds of people's lives determine their health; therefore, blaming individuals for having poor health or crediting them for good health is inappropriate. Individuals are unlikely to control many of the determinants of health. Determinants, or things that make people healthy or not include social environment, financial/economic factors, individual behaviors, and the physical environment.

Social Environment

Education

Education is the process of learning and acquiring information. Generally, education is important for learning basic life skills, as well as learning advanced skills that can prepare children and adults for a successful future. People with a quality education tend to be healthier throughout their lives.

Sampson County has two school districts: Clinton City and Sampson County schools. Clinton City has a total five schools within its district: 1 high school, 1 middle school, and 3 elementary schools. Sampson County has a total of 16 schools within its district: 4 high schools, 4 middle schools, and 9 elementary schools. Sampson County also has three private schools: Harrells Christian Academy, Mintz Christian Academy, and Spirit of Life Christian Academy.

Higher Education

Sampson County has three institutions to explore an opportunity for higher learning, Sampson Early College High School, Sampson Community College, and the NC Justice Academy. Seeking further education can be beneficial. Reportedly, college graduates make higher pay than high school graduates, and more employers are seeking college graduates. Increased schooling produces better verbal skills that can lead to managerial positions, and attending college leads to more career and job opportunities. Graduating from an institute of higher learning is paramount in making a difference in the person's health.

Sampson Early College

Sampson Early College High School (SECHS) is a school of choice for high school students in

Sampson County, serving Sampson County and Clinton City School Systems. SECHS provides a personalized learning environment bridging the gap between high school and college, emphasizing adult-student relationships through rigorous and relevant instruction. SECHS graduates will earn their high school diploma and an associate degree or 2 years of college credit in a rigorous college environment while attending high school.

SECHS is located on Sampson Community College Campus. The program receives funding through Learn & Earn and is supported by the New Schools Project, the Department of Public Instruction, the NC General Assembly, and the State Board of Education.

Sampson Community College

Sampson Community College is the only post-secondary institution in our county serving thousands of adult citizens annually. The major reasons students give for attending and graduating from Sampson Community College are to increase their earning and employment potential, save money, and convenience of the location.

Sampson Community College continues to grow and serve the myriad needs of our county. Our citizens recognize that high quality technical education is expensive, but it yields high dividends in our county's economic development. Because Sampson Community College belongs to the people of Sampson County, it is truly their college at home!

NC Justice Academy

The North Carolina Justice Academy is a division of the North Carolina Department of Justice. Created in 1973, the Academy offers training programs to criminal justice personnel, provides technical assistance to criminal justice agencies upon request, and develops and distributes educational and training materials.

The Academy's Training Division has a team of experienced, dedicated instructors organized into five centers: Legal, Law Enforcement Leadership, Commission/In-Service, Tactical/Traffic, and Investigations. Working with the Training Division is a Support Division that operates a 20,000-volume library, a video production unit, a full-service print shop, a graphic arts department, an institutional research team, and housekeeping and maintenance services.

The Academy has two campuses. The original campus in Salemburg has a long educational history. Established in 1875 as Salem Academy, the campus later became Pineland School for Girls, Pineland Junior College, Edwards Military Institute, and finally Southwood College. There are eighteen classrooms, a 200,000-square-foot driving track, three outdoor firing ranges, a gymnasium, a cafeteria, three residence halls, the aforementioned library, and other practical exercise areas.

In September 1998, the Academy's second campus opened in Edneyville, on the site of the former Edneyville High School. It was named the Larry T. Justus Western Justice Academy in 2004 in honor of Representative Larry T. Justus. The campus has nine classrooms, a gymnasium, a cafeteria, a residence hall, and a state-of-the-art indoor firing range.

In 2017, the Western Regional Crime Laboratory in Asheville moved into a new \$15 million facility at the Edneyville campus. The crime lab performs blood-alcohol and toxicology tests, firearm analysis, DNA tests, and other services for western North Carolina law enforcement agencies.

Growth at the Justice Academy has been phenomenal. For fiscal year, 2013-2014, the Justice Academy trained 7,872 students on-campus, 5,735 students off-campus, and 7,234 students were trained by other agencies on-campus for a grand total of 20,841. According to the 2014 CHA, a total of 19,819 students were trained during fiscal year 2012-2013.

Tarheel Challenge

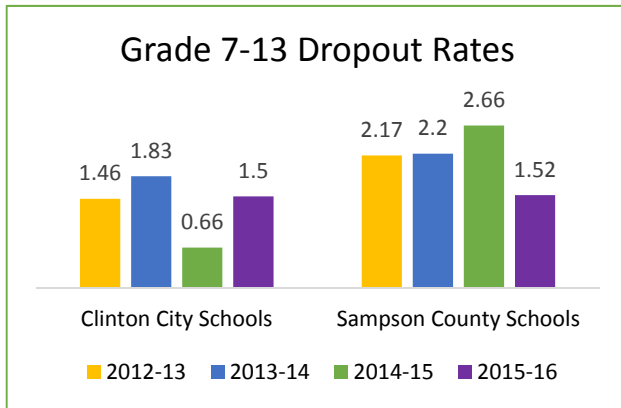
North Carolina's Tarheel Challenge Academy is a quasi-military program that offers educational opportunities and guidance for high school dropouts or expellees. The program concentrates on providing these young adults with the education, discipline and life skills necessary to be productive members of society.

The North Carolina National Guard sponsors the Tarheel Challenge Academy, located in Salemburg in Sampson County. However, there are no military obligations for attending the academy. Cadets are free to choose military service as one of their options, but are not required to do so.

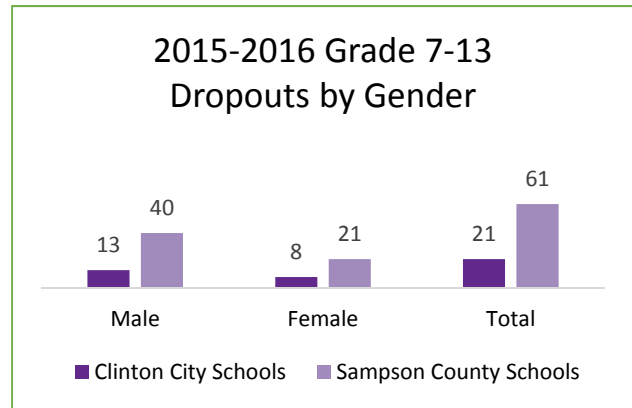
The Academy has a 17 1/2-month program divided into two distinct phases: a 5 1/2 month in-residence at the Academy, and a 12-month post-residential phase immediately following graduation from the in-residence phase.

Tarheel Challenge works! Four thousand five hundred nineteen (4,519) young men and women have graduated from the program. Of these, 2,943 obtained their High School Equivalency while in the residential phase. These young men and women seized their "second chance" and made it work. Because of the training they receive, approximately 90% of graduates remain gainfully placed (i.e., in school, working or in the military) 12 months after graduation.

High School Dropout Rates



Source: NC Department of Public Instruction



Source: NC Department of Public Instruction

Domestic Violence

Domestic violence can be defined as a pattern of any intimidating, coercive, forceful, threatening, abusive or violent word or act inflicted by one member of a family or household unit on another member. Although most incidences occur among intimate partners, domestic violence can occur between/among any members of one of these units. Domestic violence is used to gain and/or maintain power and control over others. The abuse can be emotional, mental, economic, sexual or physical intimidations, threats or actions that influence another person. These behaviors are used to frighten, intimidate, terrorize, manipulate, hurt, humiliate, blame, injure or wound someone.

Domestic violence can happen to anyone of any race, age, sexual orientation, religion or gender. It can happen to couples who are married, living together or who are dating. It also happens among family or household members. Domestic violence affects people of all socioeconomic backgrounds and education levels.

- 153 Domestic Violence Protective Orders were served in 2016 which was an increase when compared to the 2014 CHA.
- There were 800 Total Domestic Violence County Calls in 2016 which was a decrease when compared to the 2014 CHA.

Crime

The level of crime and fear of crime is one of the most commonly cited influences of people's quality of life. There are many links between crime and health. Some of the most obvious are the effects of personal violence and assault, which can have both mental and physical consequences for health in the short and long term.

Crime is associated with social disorganization, low social capital, relative deprivation, and health inequalities. Social and environmental factors that predict geographic variation in crime rates may also be relevant to explaining community variations in health and well-being.

- Since 2011, the property crime rate steadily decreased from 3219.3 to 2189.0 in 2015 while the violent crime rate increased from 187.2 in 2011 to 206.6 in 2015.
- According to the 2014 CHA, Sampson County's rape crime rate decreased from 2010 to 2012; however, since 2012 the rate increased from 9.6 to 25.2 in 2015.
- The murder crime rate increased from 9.6 in 2012 to 11.0 in 2015.
- Since the 2014 CHA, the county's larceny rate decreased and the arson rate increased. The larceny rate was 1,421.2 in 2012 and was 1,176.5 in 2015. The arson rate was 8.0 in 2012 and was 12.6 in 2015.

Financial/Economic Factors

Employment

Multiple studies indicate that having a job is better for health than having no job. Job security increases health, well-being and job satisfaction. Higher rates of unemployment can cause more illnesses and premature death.

According to the 2011-2015 Selected Economic Characteristics, Sampson County has a civilian labor force of 60% with approximately 53.8% of Sampson County residents being employed, 6.3% unemployed, and 0.1% in Armed Forces. According to the NC Department of Commerce – Division of Employment Security, Sampson County's largest public sector employers in 2016 were: Sampson County Schools, County of Sampson, Sampson Regional Medical Center, Clinton City Schools and NC Department of Public Safety.

Unemployment

Unemployment has a significant adverse effect on both physical and mental health. Unemployed people and their families suffer an increased risk of premature death. They have more serious chronic illnesses, greater occurrence of disability, and suffer more psychological illness, stress and anxiety. Unemployed people are less likely to have strong support networks. Long term unemployment increases the risk of self-harm, suicide and attempted suicide and has a negative effect on the health of children.

Children with no parent in paid employment are more likely to have chronic illnesses. Childhood poverty and parental unemployment have an enduring effect on health over the life course. Indigenous people are at higher risk of unemployment than the general population and young people have particularly high levels of unemployment.

Since the 2014 CHA, Sampson County's unemployment percentage has continually decreased. The county's unemployment percentage was 6.2% in 2014 compared to North Carolina's percentage of 6.1%. As of 2014, there were 1,821 unemployed residents in Sampson County.

Poverty

Millions of people around the world live in a cycle of poverty and poor health that is hard to break. Poverty increases the chance of poor nutrition which can lead to infection, chronic diseases, and crowded housing which increases disease transmission. Poverty also causes an inability to keeping your family safe because the family's work productivity is reduced. The cycle of poverty often leads to children who live in poverty becoming adults that live in poverty.

According to the US Census Bureau, 25.5% of Sampson County residents lived below the poverty level from 2011-2015 compared to 17.4% of North Carolina residents. When compared to the 2014 CHA, 21.3% of Sampson County residents lived below the poverty level from 2008-2012 compared to 16.8% of North Carolina residents. In 2015, approximately 16,050 people in Sampson County were living in poverty compared to approximately 13,646 in 2009.

In 2013, 32.8% of Sampson County children lived in poverty compared to 25.1% of North Carolina's children. According to the 2014 CHA, in 2011, 31.3% of Sampson County children lived below poverty compared to 25.4% of North Carolina's children. In 2013, approximately 5,151 children were living in poverty in Sampson County compared to 4,734 children in 2009. When compared to peer counties, Sampson had the lowest percentage of children living in poverty in 2012 and 2013. In 2015, 35.6% of children were living below the poverty level.

Financial Assistance

The mission of Sampson County Department of Social Services (DSS) is to enhance the quality of life for residents by promoting self-sufficiency, preventing maltreatment and providing supportive services.

There are a variety of economic services to include assistance to eligible citizens for Child Day Care, Medicaid Transportation, At-Risk Case Management, Employment and Training, Food Assistance, Medicaid, Work First, Special Assistance for Adult Care Homes, and NC Health Choice. The purpose of each of these services is to promote self-sufficiency among families of Sampson County and support these families during the process.

Work First Family Assistance

This is short-term cash assistance and services such as job search to help recipients become employed and self-sufficient. Also, assistance is provided for eligible children whose caretaker is not eligible for benefits themselves. During July and August 2017, there were an average of

100 total cases. An average of 83 eligible children received services and an average of 17 adults gained employment.

Child Day Care

DSS provides assistance to working parents and some students with partial cost of daycare. During the 2015-2016 fiscal year, Sampson County's DSS provided child care assistance to approximately 843 children and 75 providers with a total cost of daycare payments of \$2,412,453.

Food and Nutrition Services

DSS provides the Food and Nutrition Services (FNS), which is designed to promote the general welfare and safeguard the health and well-being of the nation's population by raising the levels of nutrition among low-income households. During July and August 2017, there were an average of 5,653 cases with a total value of benefits issued being \$2,500,102.

Through the Sampson County Health Department, Women, Infants, and Children (WIC) serves pregnant and post-partum women, infants, and children up to age five by providing vouchers for nutritious foods. WIC also provides breastfeeding support and nutrition education. In 2016-2017, WIC's total caseload was 22,179 compared to the 2014 CHA in which the caseload was 22,045 in 2013-2014.

Individual Behavior

Overweight/Obesity

Obesity has become a real public health challenge. Obesity prevention requires approaches that ensure an adequate and nutritious food supply, an environment that has easy access to healthier food, participation in physical activity, and a family, educational, and work environment that positively reinforces healthy living.

Positive advances have been made to reduce obesity. For example, bans have been placed on advertisements for foods high in fats, sugars, and salt during television programs aimed at children. However, a significant challenge remains to partner and engage multiple organizations outside of health in areas such as trade, employment, etc. if the county is to redress the obesity epidemic. To avoid the health consequences of obesity, residents must eat healthier and exercise.

Family Planning

Family planning is one of the 10 great public health achievements of the 20th century. The

availability of family planning services allows individuals to achieve desired birth spacing and family size, and contributes to improved health outcomes for infants, children, women, and families.

Unintended pregnancies include pregnancies that are reported by women as being mistimed or unwanted. Unintended pregnancies are associated with many negative health and economic consequences. Births resulting from unintended pregnancies can have negative consequences including birth defects and low birth weight. Children from unintended pregnancies are more likely to experience poor mental and physical health during childhood, and have lower educational attainment and more behavioral issues in their teen years.

In 2015, publicly funded family planning services helped prevent 1.9 million unintended pregnancies, including 440,000 teen pregnancies (Office of Disease Prevention and Health Promotion, 2017).

Physical Environment

The Environmental Health Division has the responsibility of ensuring that Sampson County residents have a clean and healthy environment in which to live, work and play. This is accomplished through public education, inspections and the active enforcement of county and state regulations. This division is divided into seven sections: Child Daycare; Food and Lodging; Lead Abatement; Onsite Wastewater; Swimming Pools; Tattoo Parlors; and Water Supply.

Indoor and Outdoor Air Quality

Indoor air pollution sources stem from secondhand smoke, biological pollutants such as molds, pollen, viruses, dust mites, cockroaches, and animal dander. Secondhand smoke contains known poisons including chemicals that cause cancer, carbon monoxide and formaldehyde. Combustion pollutants include fuel burning stoves, water heaters that use gas, or other fuel used to burn in the home. The most dangerous indoor pollutant is carbon monoxide which can cause death.

Outdoor air pollution contains particle pollution which is produced through two separate processes – mechanical and chemical. Dust storms, construction and demolition, and agriculture are among activities that produce mechanical particle pollution. Emissions from factories, power plants, motor vehicles and equipment generate chemical particle pollution.

Air quality in Sampson County is 72 on a scale to 100 (higher is better). This is based on new measures of hazardous air pollutants from the EPA, called the National Air Toxics Assessment. This analysis models respiratory illness and cancer risk down to the zip code level, providing better detail and insight than the previous analysis based solely on results from air monitoring stations. Sampson County's air quality at the time of the 2014 CHA was 94.

Water quality in Sampson County is 78 on a scale to 100 (higher is better). Note that this is a measure of Watershed quality, not the water that comes from your faucet. The EPA has stated that a healthy watershed is closely related to drinking water quality. The EPA has a complex method of measuring watershed quality using 15 indicators such as pH, chemicals, metals, and bacteria. Sampson County's water quality at the time of the 2014 CHA was also 78.

Superfund index is 98 on a scale to 100 (higher is better). This is based upon the number and impact of EPA Superfund pollution sites, including spending on the cleanup efforts. Sampson County's superfund index at the time of the 2014 CHA was 91.

Lead

Lead is a highly toxic metal that can be found in all parts of our environment. Lead and lead compounds have been used in a variety of products for homes. Products include, but are not limited to, lead-based paint; ceramics; pipes and plumbing materials; batteries; cosmetics; and toys. Elevated exposure to lead can cause serious health effects, particularly in young children. The Sampson County Health Department Child Health Clinic and Environmental Health Specialist provide lead screening and follow-up for abnormal results.

- In 2014, 76% of Sampson County children (ages 1-2) were screened for elevated blood levels compared to 72.4% in 2010. Of the 76% that were screened, 1.5% were found to have a blood level greater than or equal to 5.
- In 2014, eight Sampson County children (ages 6 months to 6 years) had a blood level between 5 and 9.
- When compared to peer counties, in 2014, Sampson County had the 3rd highest percentage of children (ages 1-2) with an elevated blood level.
- In 2014, 1.3% of North Carolina children (ages 1-2) had elevated blood levels compared to 1.5% of Sampson County children.

Water Quality

The City of Clinton and Sampson County each have a Department of Public Works in which both provide water system capacity and availability to Sampson County.

Clinton City's water is drawn from wells supplied by the Upper Cape Fear and Black River Aquifers. Seventy-five percent of the City's water is drawn from six (6) wells and is then treated. This water treatment facility is supplemented with four (4) additional wells that are treated on site and fed directly into the system.

Sampson County purchases its water from the municipalities of Clinton, Garland, Roseboro and Turkey for resale to its water district customers. The municipalities of Clinton, Garland, Roseboro and Turkey obtain their water supply from groundwater, and an emergency

connection with the City of Dunn is maintained. The County is now producing its own groundwater supply from two recently installed wells with plans for future expansion. All water is treated by conventional methods before distribution. The districts routinely monitor for contaminants in their drinking water according to federal and state laws.

Both departments routinely monitor for over 150 contaminants in drinking water. Detection of any particular contaminant alone is not an indication that the water poses a health risk. The water is below the limit at which any health risk is expected unless a contaminant is greater than the State or Federal specified limit. For the 2016 calendar year, both the City of Clinton and Sampson County water quality met or surpassed all primary State and Federal standards.

While public water departments use water treatment and monitoring to protect consumers from contaminants, generally, private wells do not receive the same services and private well owners are responsible for the safety of their water. Due to Sampson County's large geographical size, many homes have private wells. Less than 50% of the county's land mass has access to a public water system. Often, pipes and other parts of a water delivery system can lead to high levels of lead in tap water. The Sampson County Environmental Health Department tests new private water wells for contaminants. Test samples must be free of certain contaminants before a permit can be issued. From 2011-2015, Sampson County Environmental Health issued approximately 272 new private well permits.

Recreation

Sampson County has two recreation and parks divisions, Clinton City and Sampson County Parks and Recreation Departments. Recreational districts are based on high school attendants' boundaries used by the local school systems. The county is divided into 5 geographical areas (Northern, Eastern, Central, Western, and Southern). Each district is staffed with a superintendent that is responsible for the day-to-day operations of the park district which includes both youth and adult community programming for all ages.

Facilities –The Center for Health + Wellness

Sampson Regional Medical Center's Wellness Center is a 42,000 square foot facility featuring state-of-the-art fitness equipment and fitness specialists. The Center for Health + Wellness is membership-based; however, the Center makes a number of services available to non-members as well. Monday-Friday, noon until 1:00 pm, the Center opens its indoor walking track to non-members for the "Walk-n-Talk" program. The Center also partners with agencies, such as the Department of Aging, to offer free classes each month. In the past, classes have included Tai Chi, Water Aerobics, and Yoga. A number of non-profit organizations utilize the Center's classroom (free of charge) for meetings and wellness programs. The Center offers treadmills, elliptical trainers, upright and recumbent bikes, rowing machines, strength training equipment, group fitness classes, childcare, and locker/towel service.

Transportation

Without transportation many people become vulnerable and they cannot easily access basic needs such as healthy food choices, medical care, gainful employment, and educational opportunities. Transportation is a large cost for most people and a serious problem for people without it. Often, residents in Sampson County who are seeking health department or hospital services, or employment are unable to because Sampson County does not have public transportation. Since multiple buses and public transit routes do not exist within the county, families may be forced to purchase vehicles, if affordable, which causes a financial drain.

Clinton is the county seat where most physicians, businesses, groceries, and exercise facilities are located as well as the Sampson County Health Department and the only hospital, Sampson Regional Medical Center. Many families often spend more money on driving than health care, education, or food.

Sampson Area Transportation (SAT) is a ~~consolidated transportation~~ system that provides transportation services Monday through Friday for trips to local agencies, medical appointments, individual shopping trips and the community college in Sampson County. SAT also provides out-of-county medical visits for Veteran's only. It is the goal of Sampson Area Transportation to provide safe, secure, reliable, and efficient transportation to all residents and citizens of Sampson County. The vehicle fleet of SAT consists of 13 vehicles. SAT has a mini-van, regular vans, wheelchair accessible vans, 1 bus (which is wheelchair accessible). The office hours are 5 a.m. and to 5 p.m. Monday through Friday. Transportation services are from 6 a.m. - 4 p.m. Transportation trips arranged by or for private individuals typically occur between 9 a.m. – 1 p.m.

Prevention and Health Promotion

Good quality preventive care holds the promise of greatly reducing the nation's health care costs and overall burden of disease. Sampson County Health Department, Sampson Regional Medical Center, Sampson County Partners for Healthy Carolinians, along with other partners have contributed to prevention and health promotion by developing initiatives and seeking resources to address the 2014 CHA's health priorities (chronic disease/obesity) and concerns (teen pregnancy, substance abuse, and tobacco).

Academic Abundance

Academic Abundance's Adolescent Pregnancy Prevention Program (APPP) implements "Reducing the Risk" with ninth grade students at Hobbton High School. The curriculum focuses on encouraging teens to avoid unprotected sex by either engaging in abstinence, or using contraception consistently and correctly. During the fall and spring of the year,

students take a field trip to Sampson County Health Department where they learn about birth control, STDs, and health department services. **Results:** During the 2016-2017 school year, Sampson County's APPP served 113 students.

Annual Breast Cancer Awareness Rally

This event raises awareness about breast and cervical cancer and is sponsored by the Breast and Cervical Cancer Control Program (BCCCP) Advisory Board, Sampson County Health Department and United Way. This yearly event takes place in October beginning in downtown Clinton at the courthouse steps and is followed by a walk to Sampson Center Gymnasium, 808 Barden Street, where a health fair is held. During the fair, participants are able to interact with various agencies, vendors, businesses, and cancer survivors to learn more about breast and cervical cancer and the importance of breast and cervical screenings. Speakers and professional presenters are available to provide health information and answer questions. Lunch is provided along with several door prizes from local merchants. **Results:** Over 100 people participated in the event in 2015.

Diabetes Self-Management Education (DSME)

DSME is an educational, fun-filled, referral based program that is accredited by the American Diabetes Association. To be eligible for the program, a patient must have a diagnosis of diabetes and have a signed referral from their physician. After the referral is received, the patient receives an appointment through the Sampson County Health Department. During the hour long assessment, general information, medical history and diabetic history will be obtained. The patient will then be scheduled to attend a two-part interactive class. The class consists of education on the disease process, diet, exercise, blood sugar control, medications, complications, and more. Once the class is completed, the patient is set up for a 3 month re-assessment and will be followed through face to face and phone interviews to assure continued success. **Results:** In 2016, approximately 21 diabetics completed Sampson County Health Department's DSME program. In 2017, Sampson County Health Department and Sampson Regional Medical Center merged their DSME programs.

Eat Smart Move More Maintain Don't Gain Holiday Challenge

A free six-week program that motivates and inspires Sampson County residents to prevent holiday hangover! Residents receive six, weekly email newsletters with tips, ideas and recipes. A blog is also offered to help residents connect to others who join the Challenge. **Results:** There were 32 participants in 2016.

Fitness Renaissance

This is an awards program designed to increase physical activity and to reward achievement of fitness goals among kindergarten through 3rd grade students. The program is modeled after Reading Renaissance. Each nine weeks, students concentrate on one selected physical activity (e.g. shuttle run, sit reach, pull up, flex arm hang, quarter mile run). Each student is assigned an individual goal for that activity by the P.E. teacher. If the student achieves his/her goal for the focused activity during that nine weeks, he/she is recognized at the next awards assembly and receives an award. **Results:** Approximately 4,000 students participated in the program during the 2016-2017 school year. On average, 2.4% of students surpassed their goal for 2 of the 4 activities, 56.9% surpassed their goal for 3 of the 4 activities, and 36.7% surpassed their goal for all 4 physical activities.

Sampson County Substance Abuse Coalition

The Sampson County Substance Abuse Coalition, formerly known as the Methamphetamine Task Force, reformed in 2015 with a new mission – to tackle drug addiction and overdose in Sampson County as a whole. The Coalition believes that drug addiction can be prevented if halted at early stages. The Coalition also believes that local communities and groups are responsible for preventing drug addiction within their community. The SCSAC aims to help prevent drug addiction and overdose by spreading awareness within our community.

Results: In April 2017, the coalition co-sponsored a Take Back Event in which 71.5 grams of benzodiazepines, 44.9 gram of opioids, 44.6 grams of stimulants and 14 pounds of other medications were collected. Also in April 2017, the coalition hosted the first Community Drug Summit in which 65 people were in attendance. Those in attendance received information about services available for substance abuse treatment, educational opportunities at Sampson Community College in Human Services, as well as a message of hope in recovery from volunteers who shared their story.

Local Tobacco Prevention

Using federal funds from the Centers for Disease Control and Prevention's Office on Smoking and Health, the NC Tobacco Prevention and Control Branch funds 10 Regional Tobacco Prevention and Control Collaboratives that work within all 100 North Carolina counties to address the following goals: identifying and addressing tobacco-related health disparities among populations; eliminating exposure to secondhand smoke; providing resources for tobacco users who want to quit; preventing youth from initiating tobacco use. Sampson County is in Region 8 of the Tobacco Prevention and Control Collaboratives.

Results: Two private mental health providers in Sampson County adopted tobacco-free or smoke-free policies in 2017. During the past year, approximately 185 participants in Sampson County used the CO² indicator. The CO² indicator is a tool used to educate on

tobacco use and prevent the initiation of tobacco use. During the past year, 147 calls were made to QuitlineNC from Sampson County residents. QuitlineNC provides free cessation services.

Sampson Regional Medical Center's Sugar Buddies Support Group

Sugar Buddies is a diabetes support group that is free to the public and does not require a physician referral. The support group meets monthly at 5:30 p.m. at The Center for Health + Wellness. The focus of the group is to help diabetics take care of themselves and better manage their diabetes. Each monthly meeting provides a different topic instructed by various specialists. Some topics include diet, foot care, understanding medications, exercise, and other issues that are so important in the care of someone with diabetes. **Results:** The Sugar Buddies Support Group had a total of 123 participants in 2016.

NEEDED BUT LACKING RESOURCES IN SAMPSON COUNTY

Results according to the 2017 Community Health Assessment Survey

1. Higher paying employment (19.6%)
2. Positive teen activities (11.7%)
3. Availability of employment (10.3%)
4. Better/more recreational facilities (8.3%)
5. More affordable health services (6.3%)

Sampson County's current resources assist in protecting and improving the health of the community through education, promotion of healthy lifestyles, and research for disease and injury prevention. Having a lack of resources can contribute to the determinants of health. No income or low income directly affects education levels, which influence where people live, social status, behaviors, lifestyle, and overall health status.

Public health professionals are responsible for analyzing the effect of genetics, personal choice and the environment on health in order to develop programs that protect the health of families and communities. These health professionals strive to prevent or improve by implementing educational programs, developing policies, administering services, and acting as a resource, in contrast to clinical professionals, such as doctors and nurses, who focus primarily on treating individuals after they become sick or injured. By making services available to Sampson County residents, public health professionals can assist in limiting health disparities, and work towards health care equity, quality, and accessibility.

Community Concerns/Priorities

PROCEDURES/STEPS TO SELECT HEALTH PRIORITIES

Based on the 2017 Community Health Assessment survey and the leading causes of death statistics, the Sampson County CHA Team ranked the health priorities based on the magnitude and seriousness of the problem and the feasibility of a successful intervention.

The following are Sampson County's Health Concerns and are listed in priority from highest to lowest based on survey results:

- | | |
|--------------------------------------|---|
| 1. Substance Abuse (44.8%) | 6. Chronic Disease (24.2%) |
| 2. Low Income/Poverty (41.3%) | 7. Mental Health/Support/Counseling (19.9%) |
| 3. Physical Activity/Nutrition (35%) | 8. Teen Health/Activities (11.7%) |
| 4. STDs/Pregnancy Prevention (29.2%) | 9. Alcohol Abuse (11.3%) |
| 5. Tobacco/Second Hand Smoke (25.3%) | 10. Weight Management (7.1%) |

The following are Sampson County CHA Team's Health Concerns and are listed in priority from highest to lowest based on voting results:

1. Substance Abuse (77 points)
2. STDs/Pregnancy Prevention (70 points)
3. Low Income/Poverty (62 points)
4. Chronic Disease (44 points)
5. Physical Activity/Nutrition (37 points)

After discussion, Sampson County CHA Team recognized the seriousness and feasibility for successful intervention of chronic disease. The CHA Team used this information to determine Sampson County's top three health priorities. These recommendations were presented to the Sampson County Board of Health for approval.

The top three health priorities were selected to be addressed in the 2017 Community Action Plans, which will identify at risk groups, have multi-level interventions, and be aligned with the 2020 objectives. Sampson County's priorities are:

1. Substance Abuse
2. STDs/Pregnancy Prevention
3. Chronic Disease

Future Plans

DISSEMINATION OF THE COMMUNITY HEALTH ASSESSMENT

The CHA document has valuable information about the county. It is important for county residents to be aware of this information, how to access and use it, and how to become a part of the community response to the information collected.

The Sampson County Health Department, Sampson Regional Medical Center, and the Sampson County Partners for Healthy Carolinians will distribute the document to other community partners, government agencies, stakeholders, and the general public. The goal is to use the document to enable various agencies and stakeholders to use the information to assist with meeting the needs of the public and improving and promoting the health and well-being of the citizens of Sampson County. Dissemination of the Community Health Assessment document will include, but not limited to:

- Sampson County Partners for Healthy Carolinians members
- Sampson County Health Department
- Sampson Regional Medical Center
- Sampson County Board of Health
- Sampson County Board of Commissioners
- Sampson County Government Offices
- Sampson County Public Libraries
- Websites: Sampson County, Sampson Regional Medical Center, Sampson County Partners for Healthy Carolinians
- Facebook: Sampson County Health Department, Sampson Regional Medical Center, Sampson County Partners for Healthy Carolinians
- Press Releases to The Sampson Independent, The Sampson Weekly, and El Mercado newspaper, and Radio WRRZ 880AM to highlight the major findings of the assessment.

KEEPING THE COMMUNITY INFORMED

To ensure that Sampson County residents know how to get involved and stay informed about new information and trends, the Sampson County Health Department, Sampson Regional Medical Center, and the Sampson County Partners for Healthy Carolinians will provide the following:

- The State of the County’s Health (SOTCH) report that educates and informs county residents, community leaders, agencies, organizations, and others about the past year’s progress on the top health priority.
- Sampson County Partners for Healthy Carolinians meetings at The Center for Health + Wellness, 417 East Johnson, St., Clinton, NC, at 1:30 p.m. on the 3rd. Tuesday of every month.
- Volunteer opportunities to assist the Sampson County Partners for Healthy Carolinians with planning community action plans, community health fairs, serving on a sub- committee for the Sampson County Partners for Healthy Carolinians to address the chosen health priority and by participating in Healthy Carolinians sponsored events
- Community presentations or participation per request at your next community event
- Articles in the Sampson Independent pertaining to Sampson County’s health priorities.

CONCLUSION

Health problems or “disease burdens” for Sampson County and its residents continue to be a concern. Morbidity, the percentage of people who get sick from a certain disease, greatly contributes to the leading causes of death. Most risk factors such as high blood pressure, tobacco use, high blood glucose, physical inactivity, and overweight/obesity, are preventable. These risk factors are primarily responsible for increasing the risk of chronic diseases such as heart disease, diabetes, cerebrovascular disease (stroke), and cancers. Chronic diseases affect all races, genders, and income groups.

To address risk factors and receive proper treatment, residents need access to care. Access to care in Sampson County is often difficult because of location, transportation, language barriers, and community services. Sampson County Health Department, Sampson Regional Medical Center, and Partners for Healthy Carolinians will formulate a plan to address issues identified in this document. The plan will be a collaboration involving community partners over the next four years with the goal of having a healthier community.

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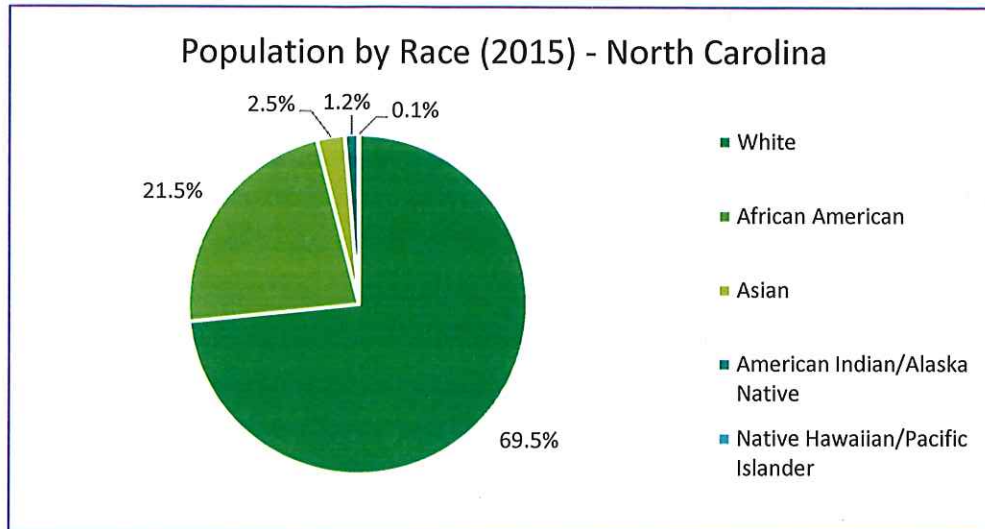
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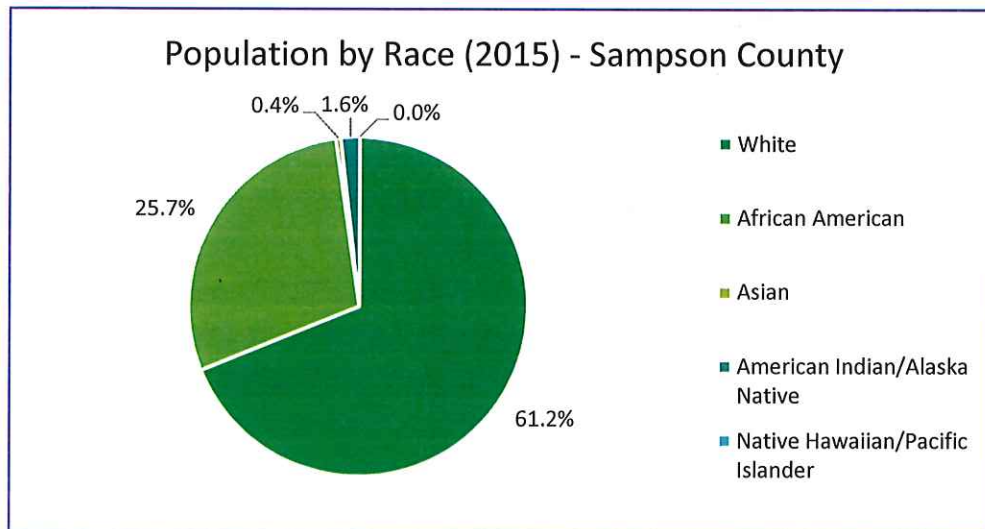
United States Census Bureau. (n.d.). *Sampson County, North Carolina*. Retrieved February 28, 2017 from https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml.

APPENDIX A – DATABOOK

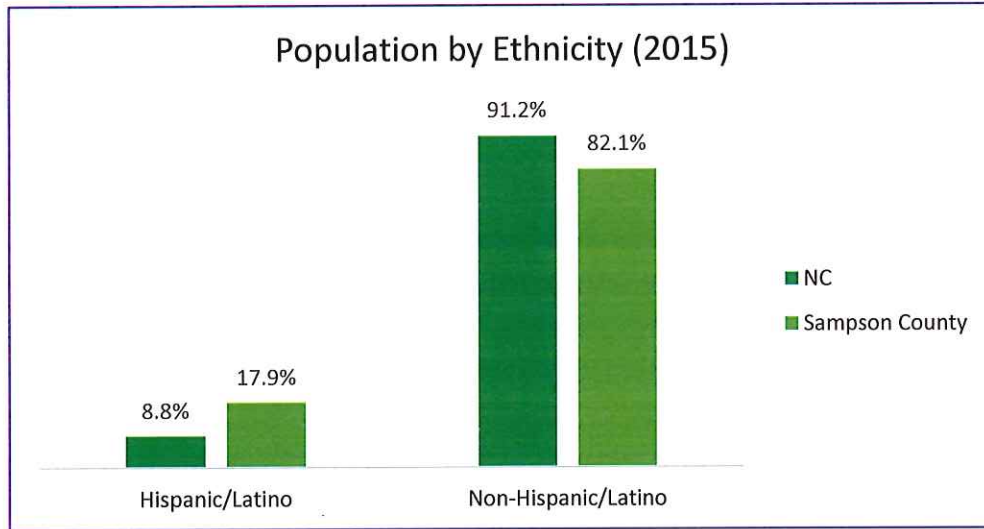
DEMOGRAPHICS



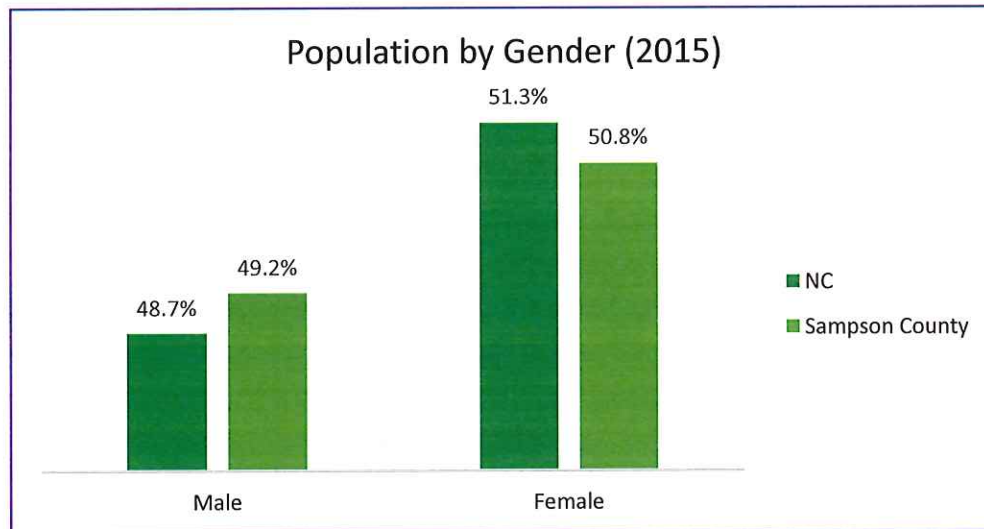
Source: US Census Bureau, 2011-2015 American Community Survey 5-Year Estimates



Source: US Census Bureau, 2011-2015 American Community Survey 5-Year Estimates

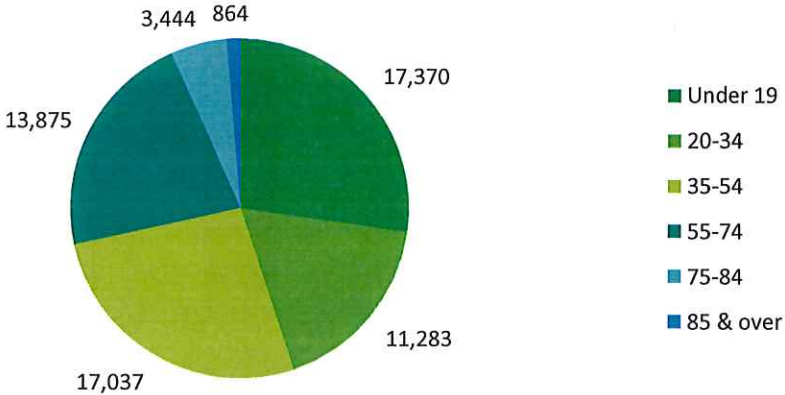


Source: US Census Bureau, 2011-2015 American Community Survey 5-Year Estimates



Source: US Census Bureau, 2011-2015 American Community Survey 5-Year Estimates

Population by Age - Sampson County (2015)

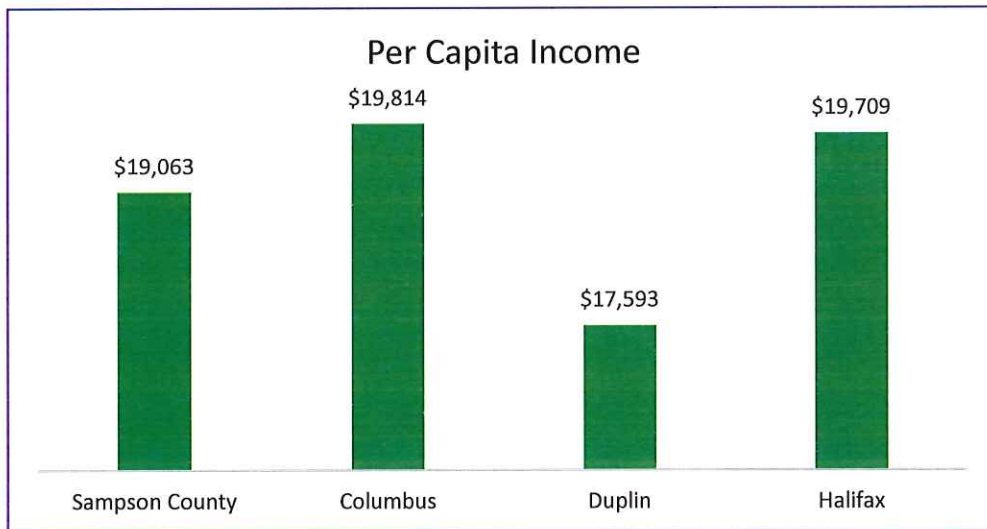


Source: US Census Bureau, 2011-2015 American Community Survey 5-Year Estimates

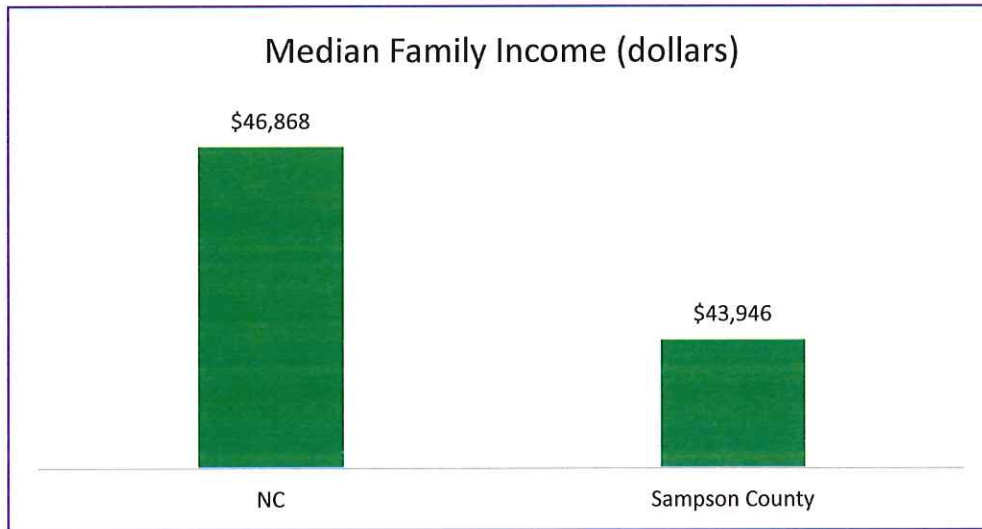
Per Capita Income



Source: US Census Bureau, 2011-2015 American Community Survey 5-Year Estimates

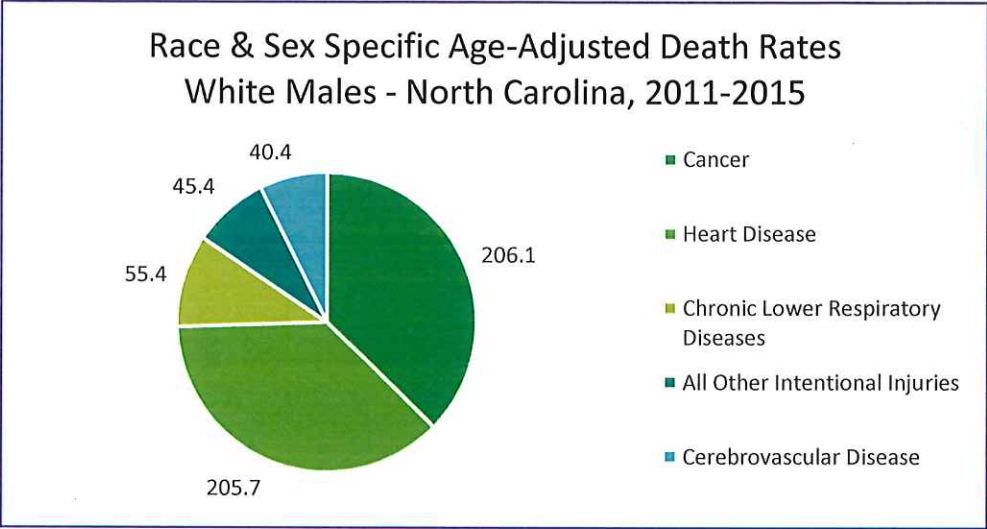


Source: US Census Bureau, 2011-2015 American Community Survey 5-Year Estimates

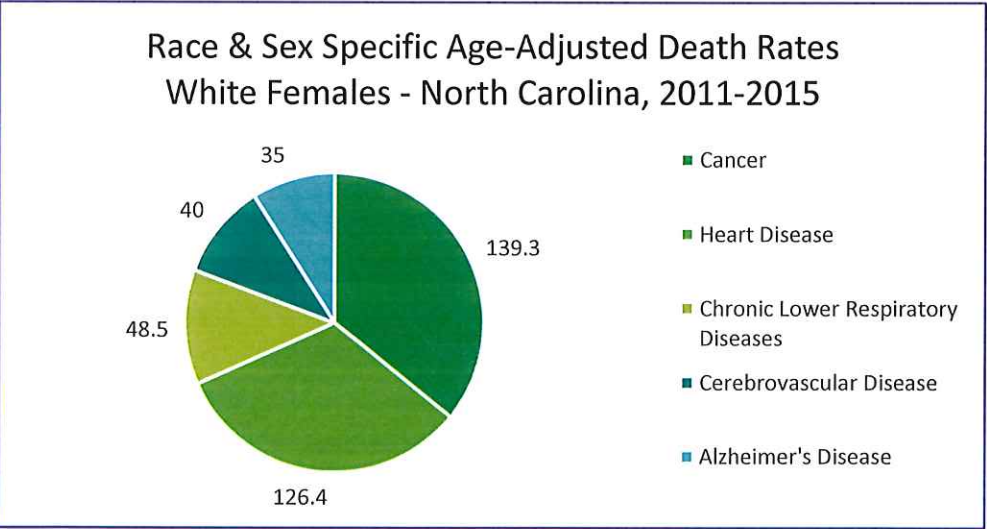


Source: US Census Bureau, 2011-2015 American Community Survey 5-Year Estimates

LEADING CAUSES OF DEATH – NORTH CAROLINA

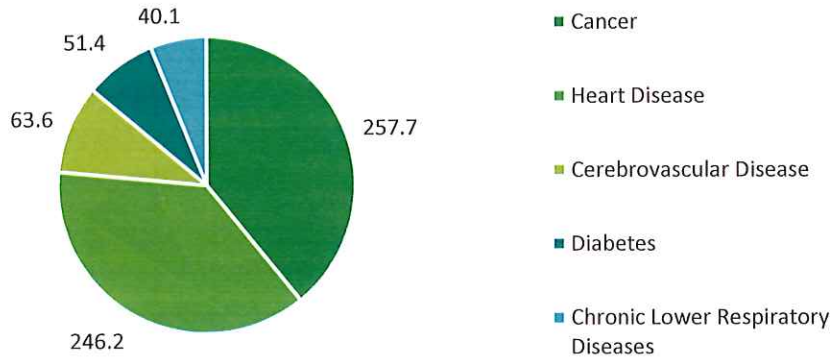


Source: NC State Center for Health Statistics, 2017 County Health Data Book



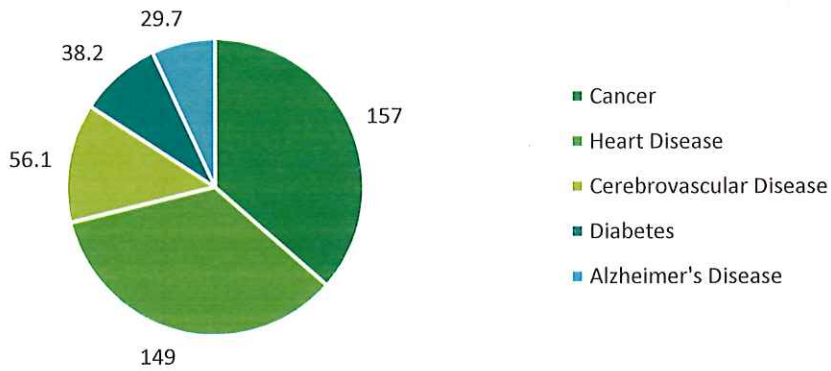
Source: NC State Center for Health Statistics, 2017 County Health Data Book

**Race & Sex Specific Age-Adjusted Death Rates
African American Males -
North Carolina, 2011-2015**

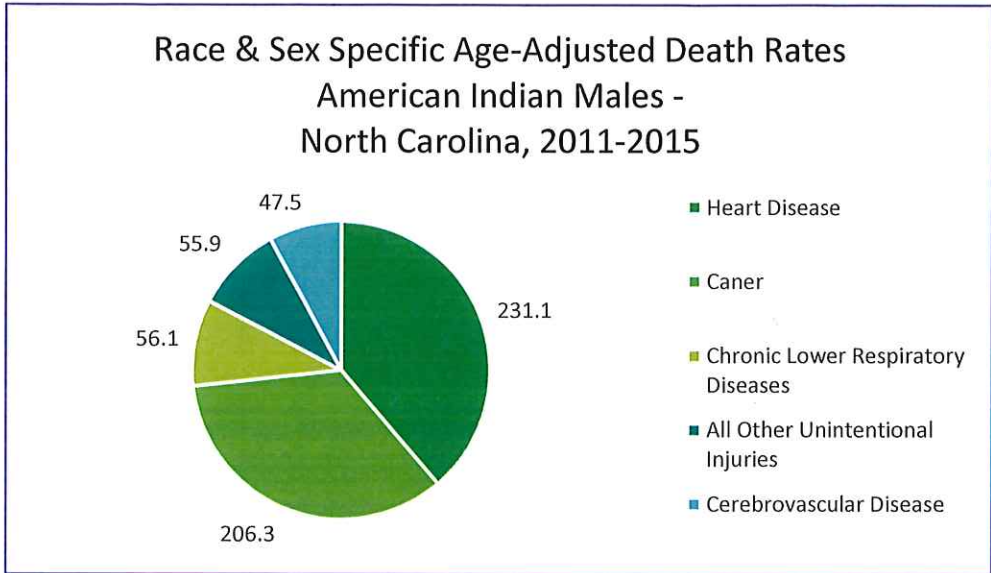


Source: NC State Center for Health Statistics, 2017 County Health Data Book

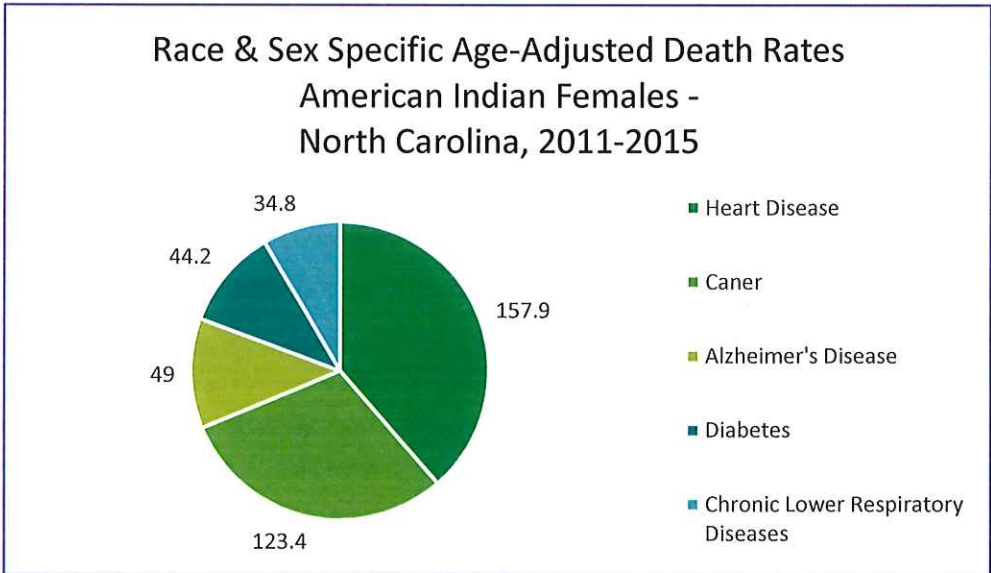
**Race & Sex Specific Age-Adjusted Death Rates
African American Females -
North Carolina, 2011-2015**



Source: NC State Center for Health Statistics, 2017 County Health Data Book

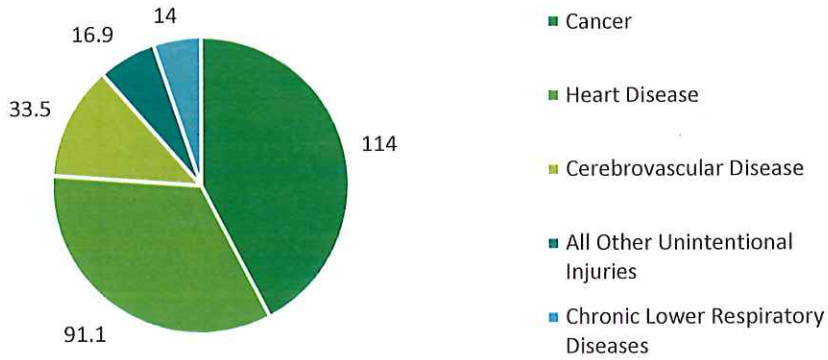


Source: NC State Center for Health Statistics, 2017 County Health Data Book



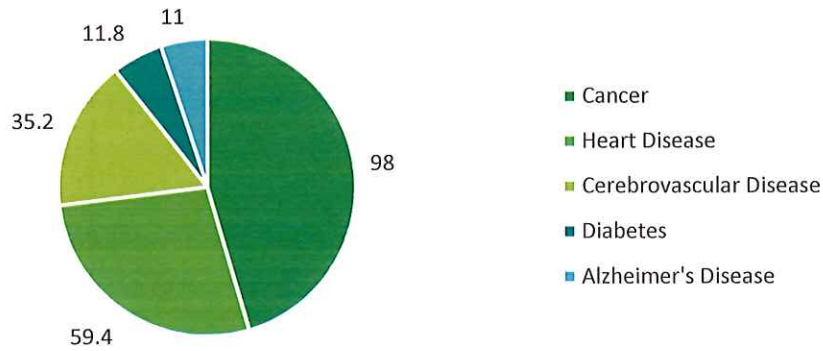
Source: NC State Center for Health Statistics, 2017 County Health Data Book

Race & Sex Specific Age-Adjusted Death Rates
 Other Races, non-Hispanic Males -
 North Carolina, 2011-2015



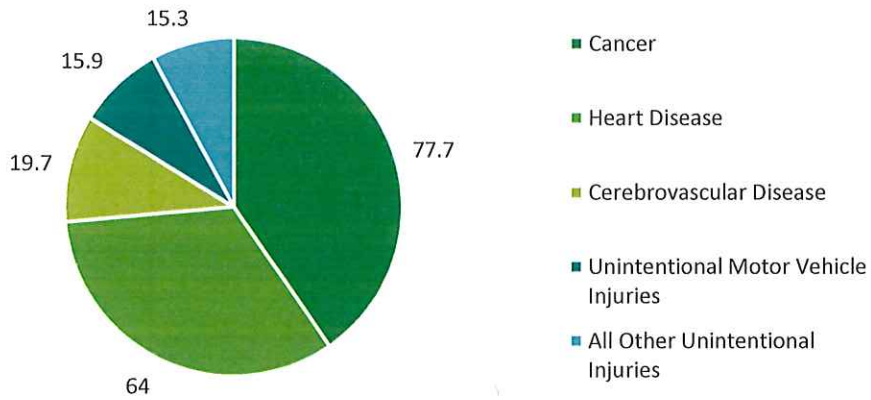
Source: NC State Center for Health Statistics, 2017 County Health Data Book

Race & Sex Specific Age-Adjusted Death Rates
 Other Races, non-Hispanic Females -
 North Carolina, 2011-2015



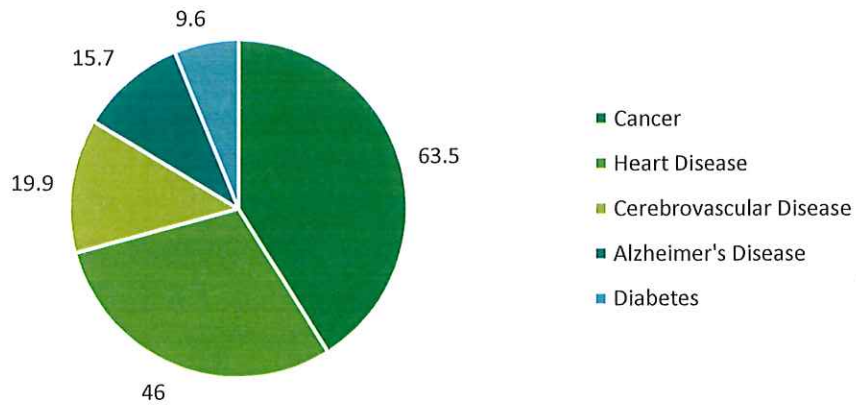
Source: NC State Center for Health Statistics, 2017 County Health Data Book

Race & Sex Specific Age-Adjusted Death Rates Hispanic Males - North Carolina, 2011-2015



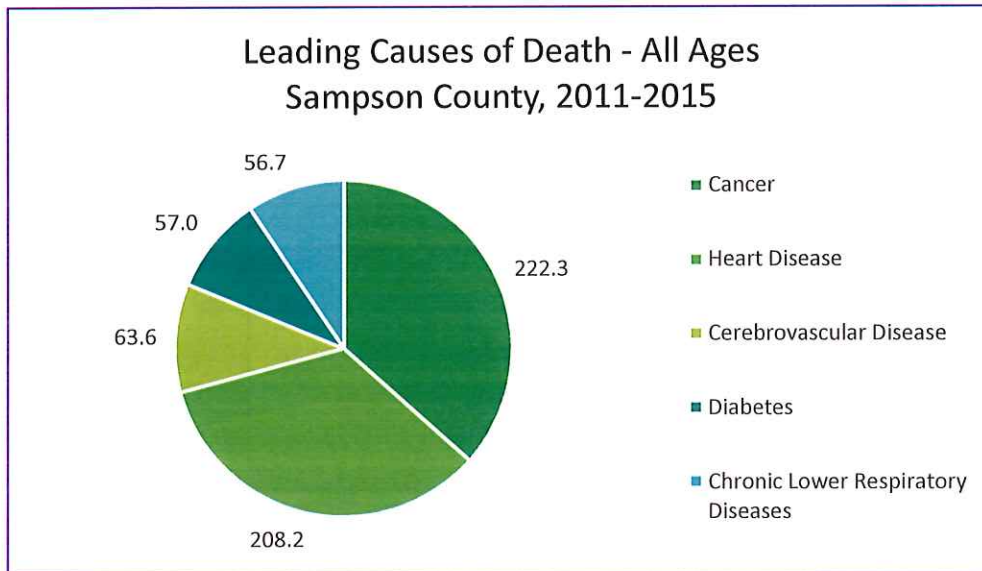
Source: NC State Center for Health Statistics, 2017 County Health Data Book

Race & Sex Specific Age-Adjusted Death Rates Hispanic Females - North Carolina, 2011-2015

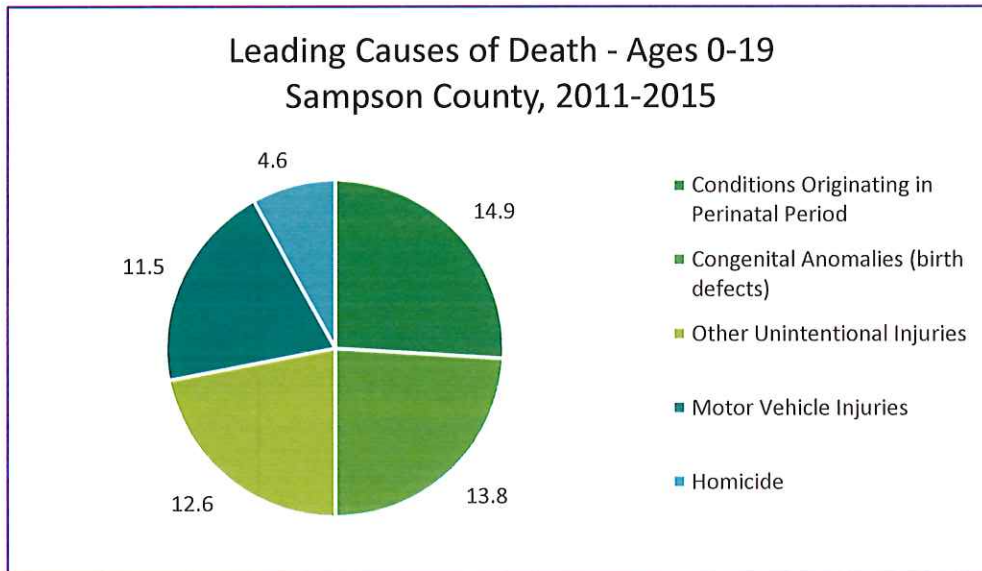


Source: NC State Center for Health Statistics, 2017 County Health Data Book

LEADING CAUSES OF DEATH – SAMPSON COUNTY

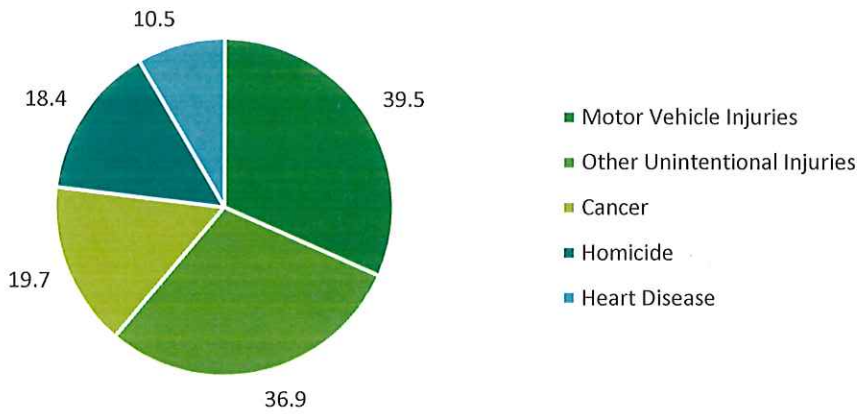


Source: NC State Center for Health Statistics, 2017 County Health Data Book



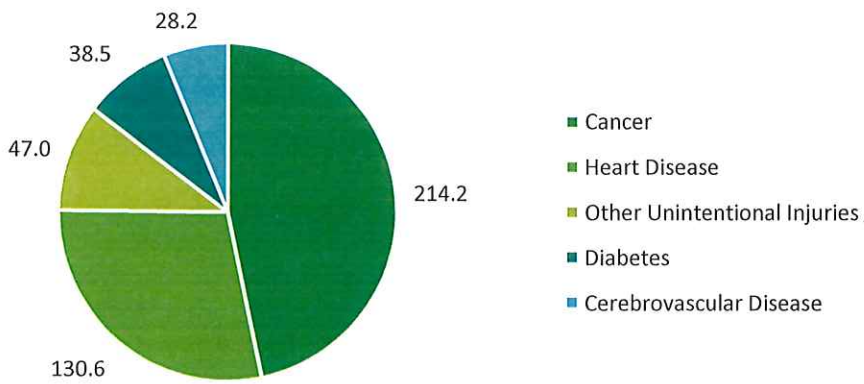
Source: NC State Center for Health Statistics, 2017 County Health Data Book

Leading Causes of Death - Ages 20-39
Sampson County, 2011-2015



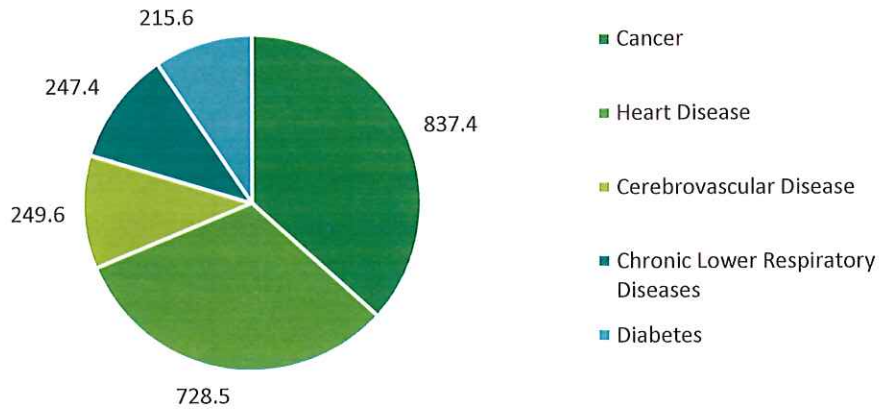
Source: NC State Center for Health Statistics, 2017 County Health Data Book

Leading Causes of Death - Ages 40-64
Sampson County, 2011-2015



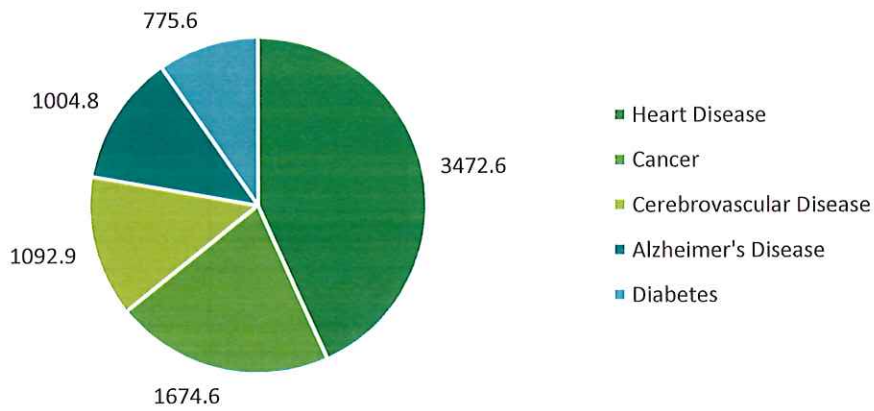
Source: NC State Center for Health Statistics, 2017 County Health Data Book

Leading Causes of Death - Ages 65-84 Sampson County, 2011-2015



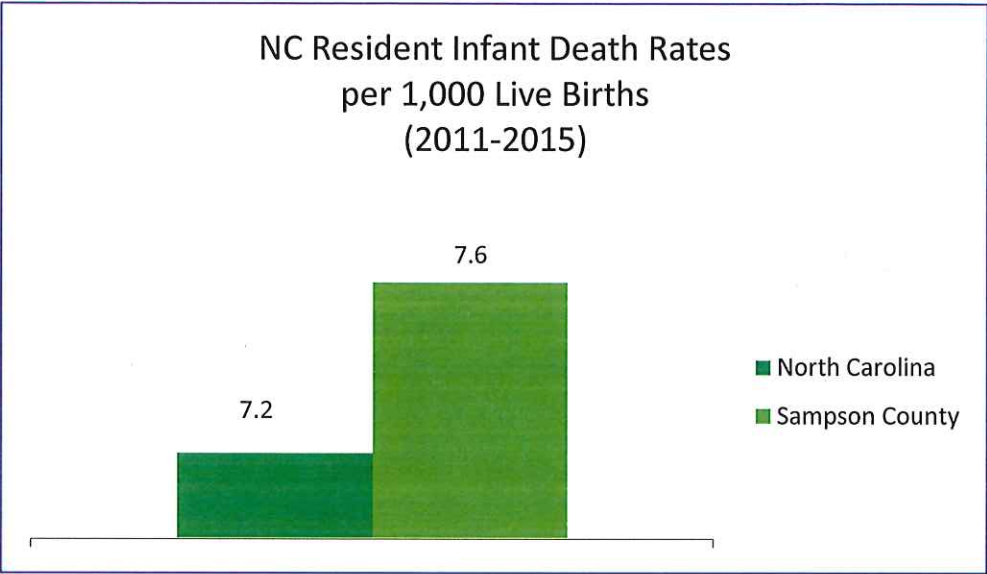
Source: NC State Center for Health Statistics, 2017 County Health Data Book

Leading Causes of Death - Ages 85+ Years Sampson County, 2011-2015

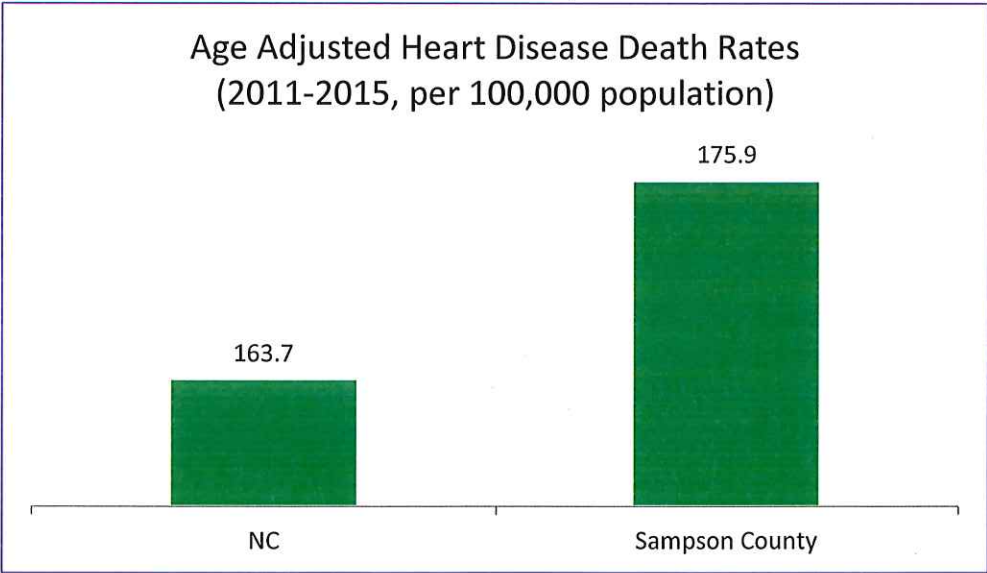


Source: NC State Center for Health Statistics, 2017 County Health Data Book

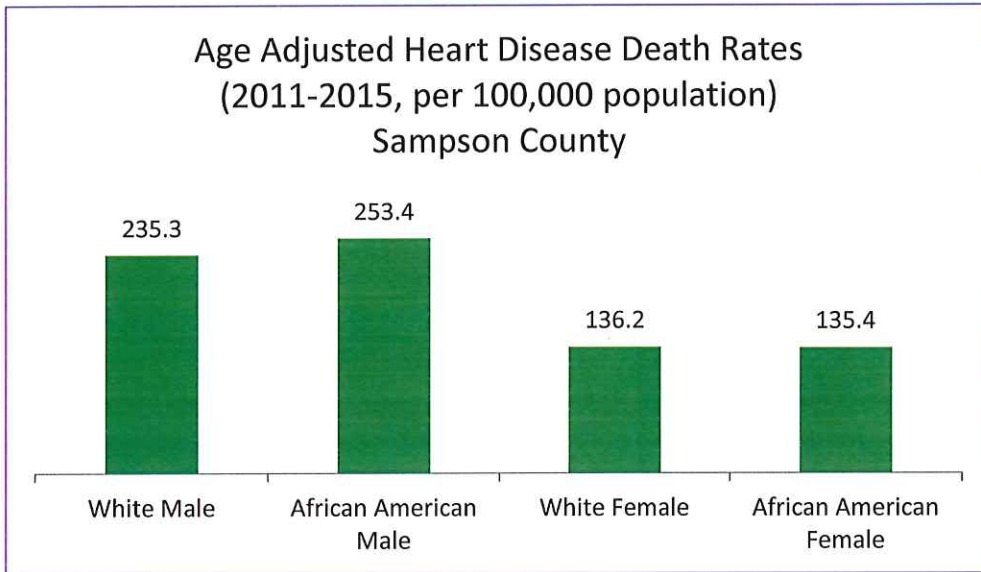
MORBIDITY/MORTALITY



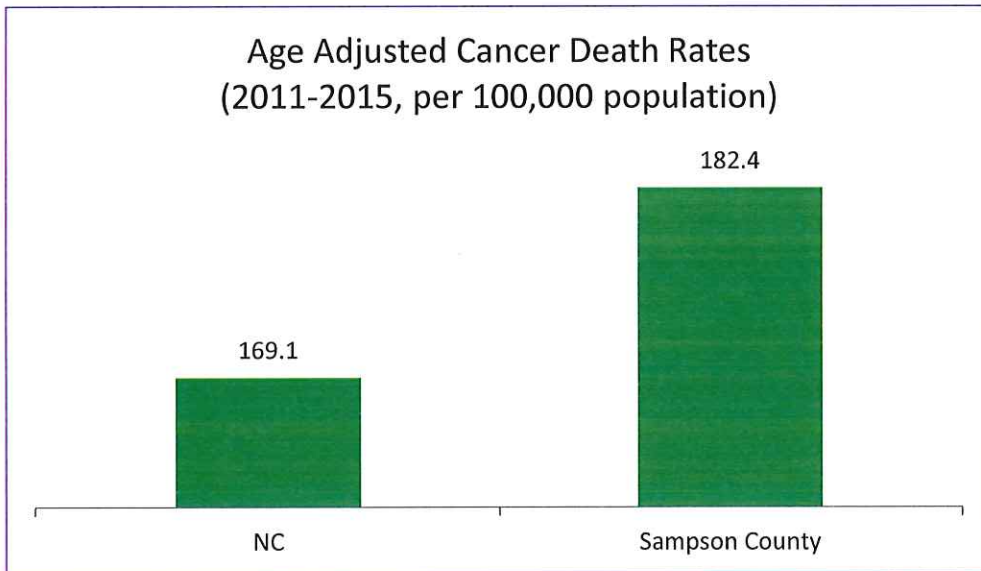
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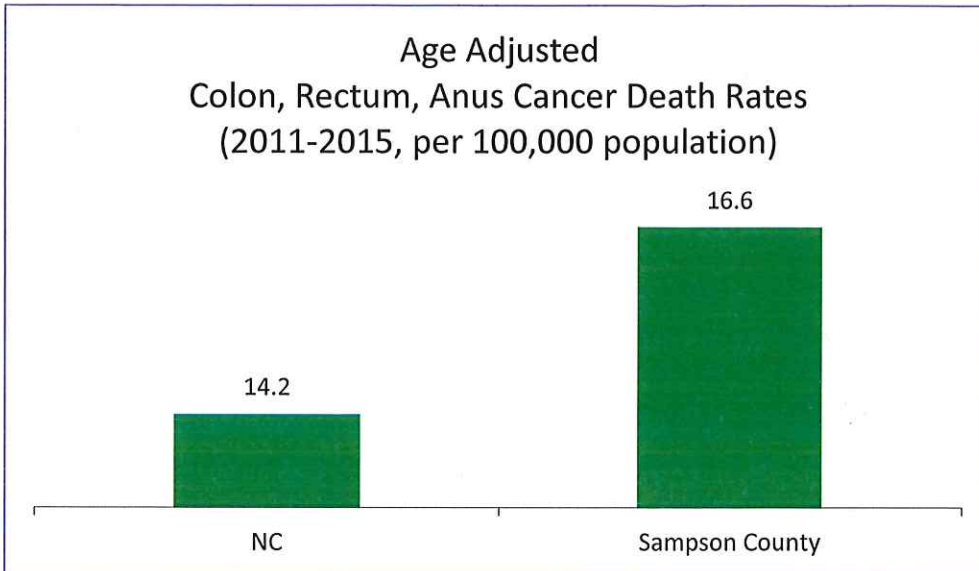
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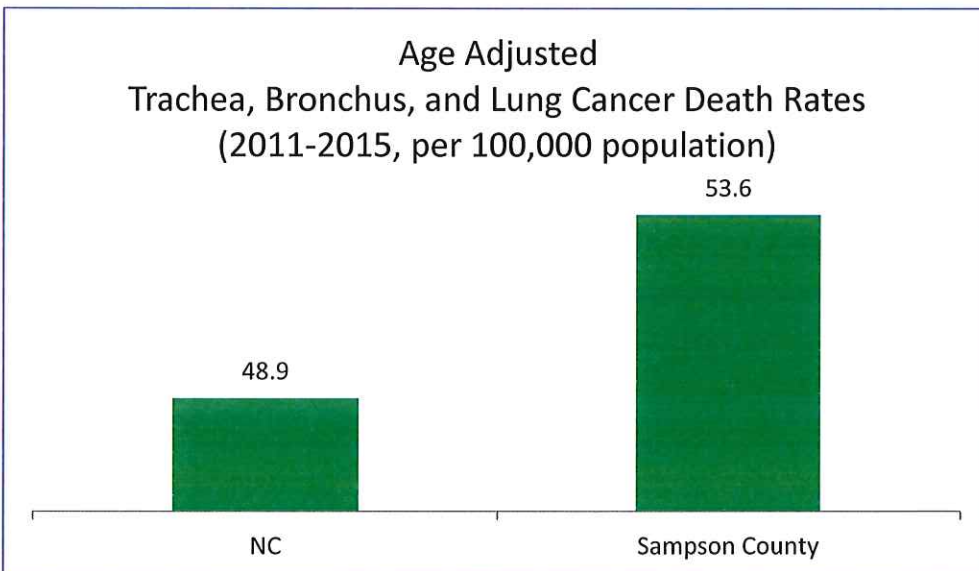
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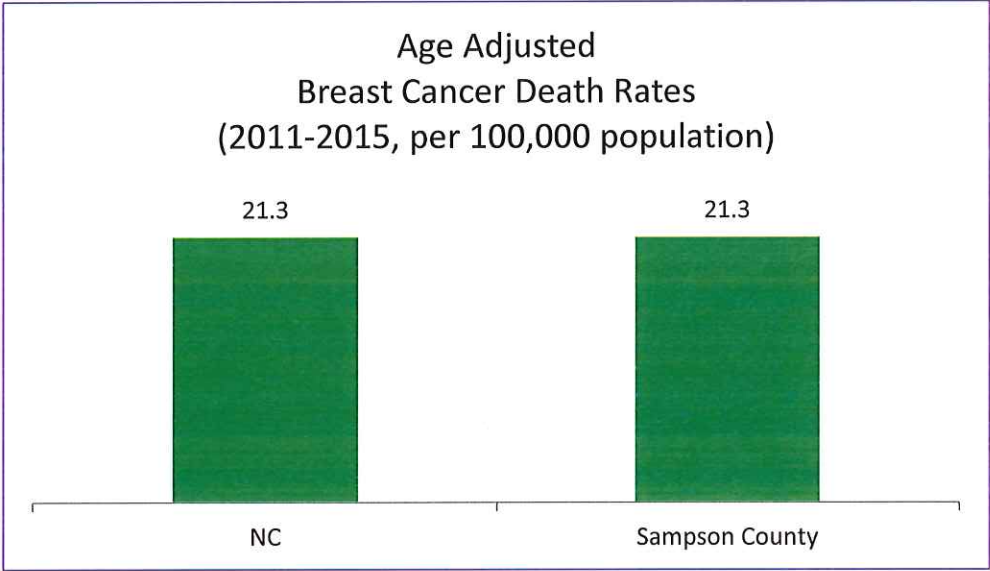
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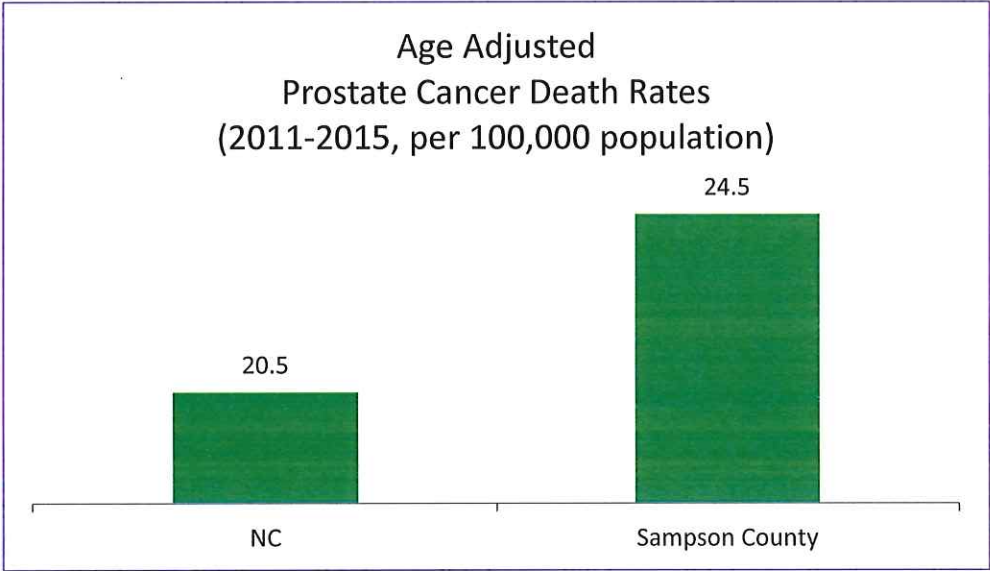
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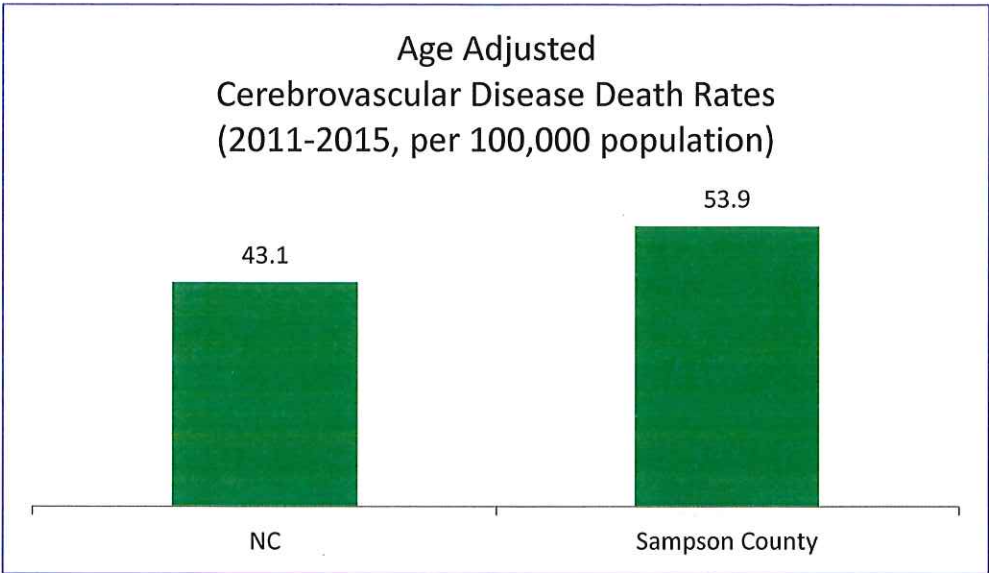
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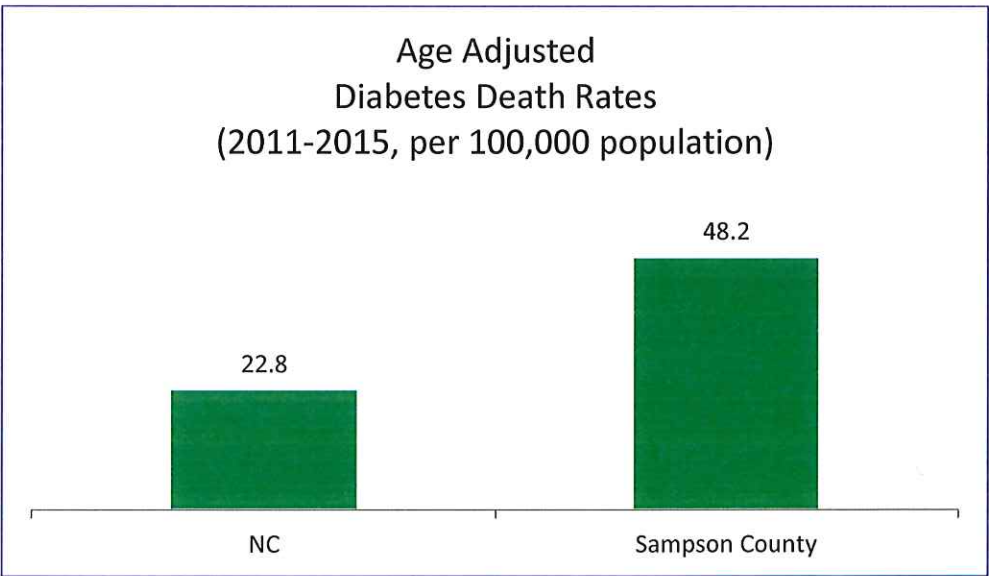
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Source: NC State Center for Health Statistics, 2017 County Health Data Book

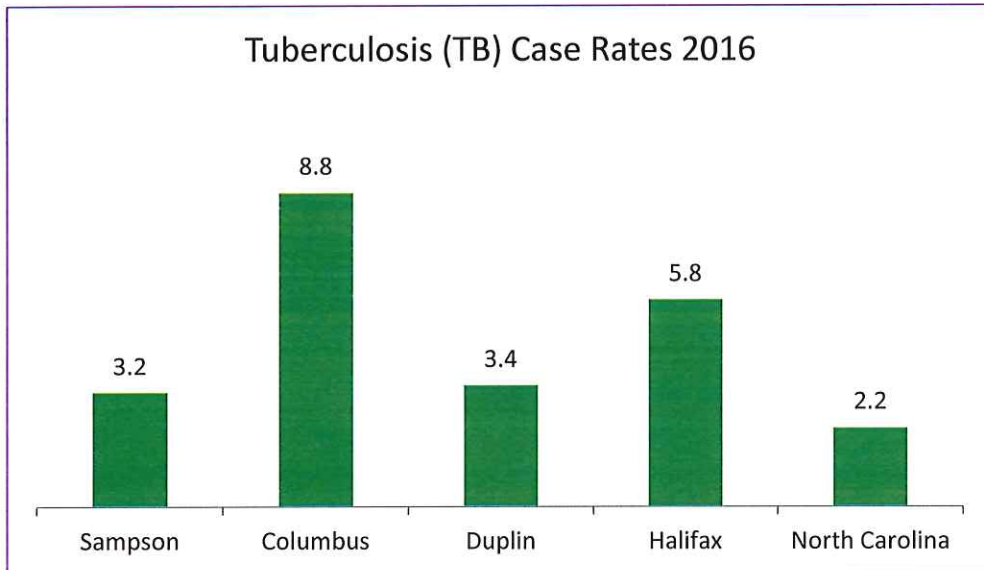


Source: NC State Center for Health Statistics, 2017 County Health Data Book



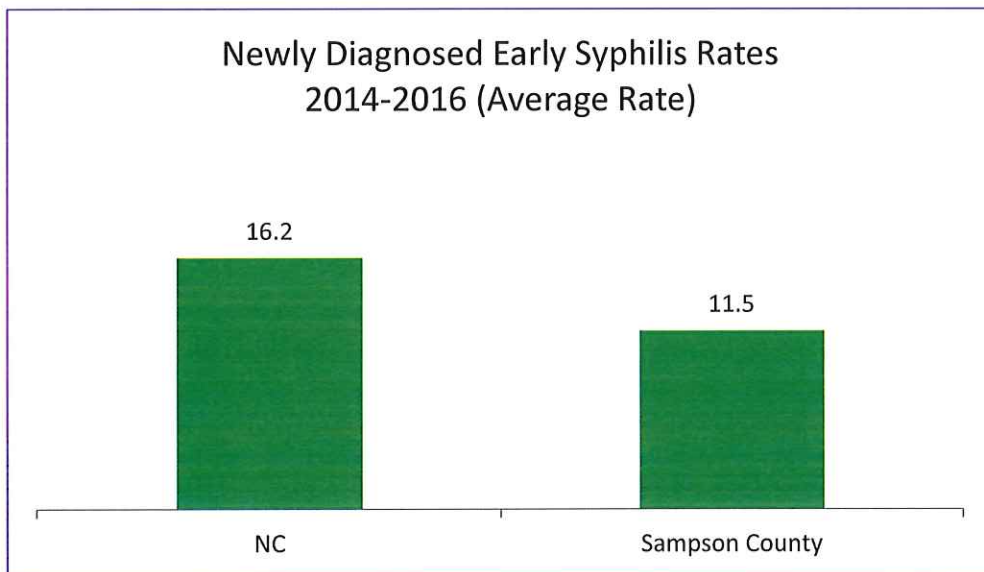
Source: NC State Center for Health Statistics, 2017 County Health Data Book

TUBERCULOSIS

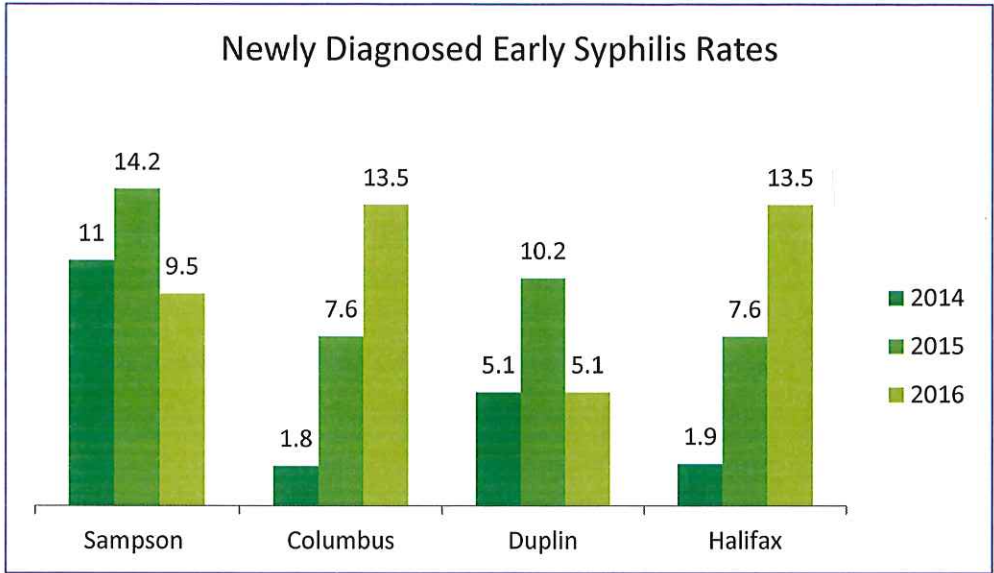


Source: NC Tuberculosis Control Program, NC EDSS

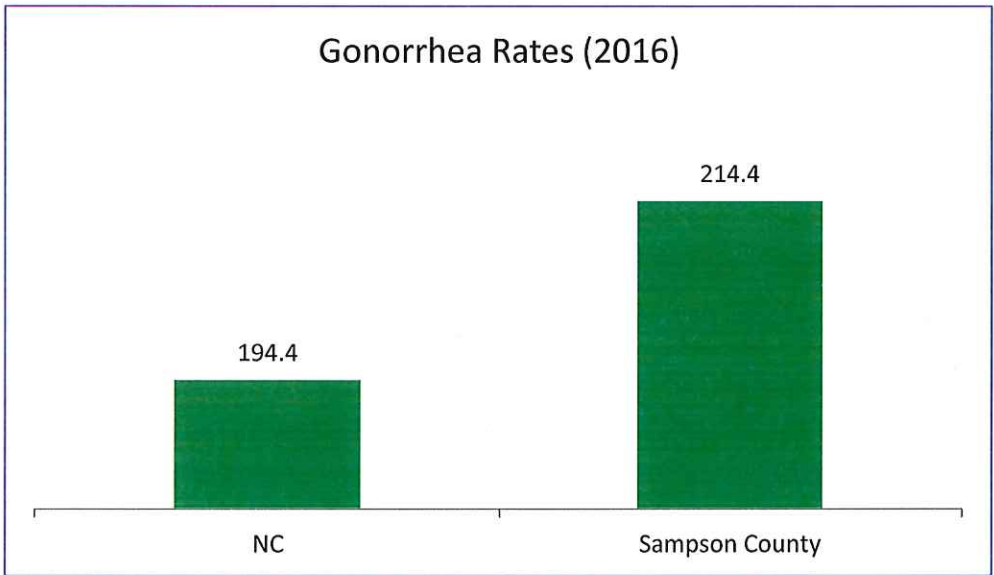
SEXUALLY TRANSMITTED DISEASES



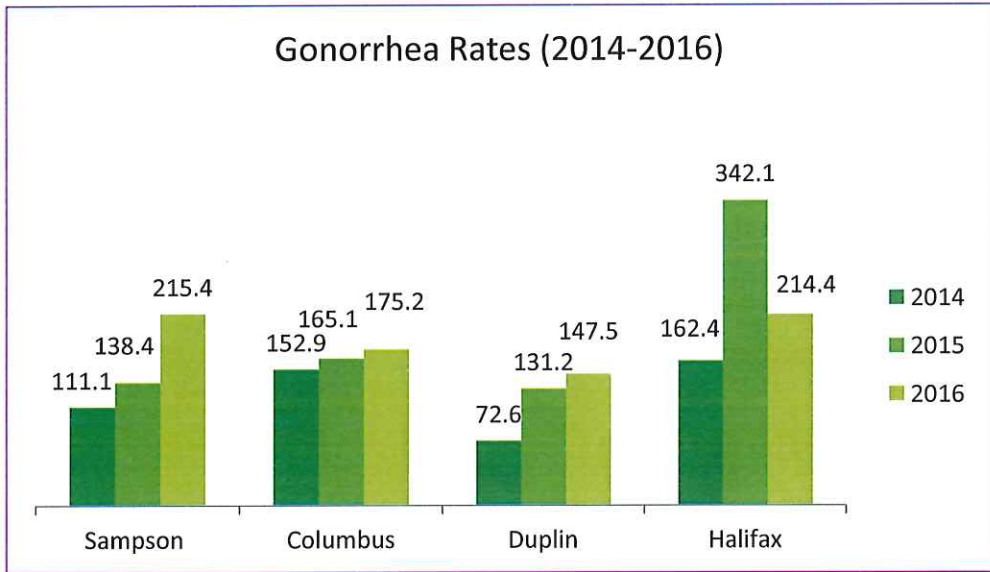
Source: 2016 HIV/STD Surveillance Report, Communicable Disease Branch



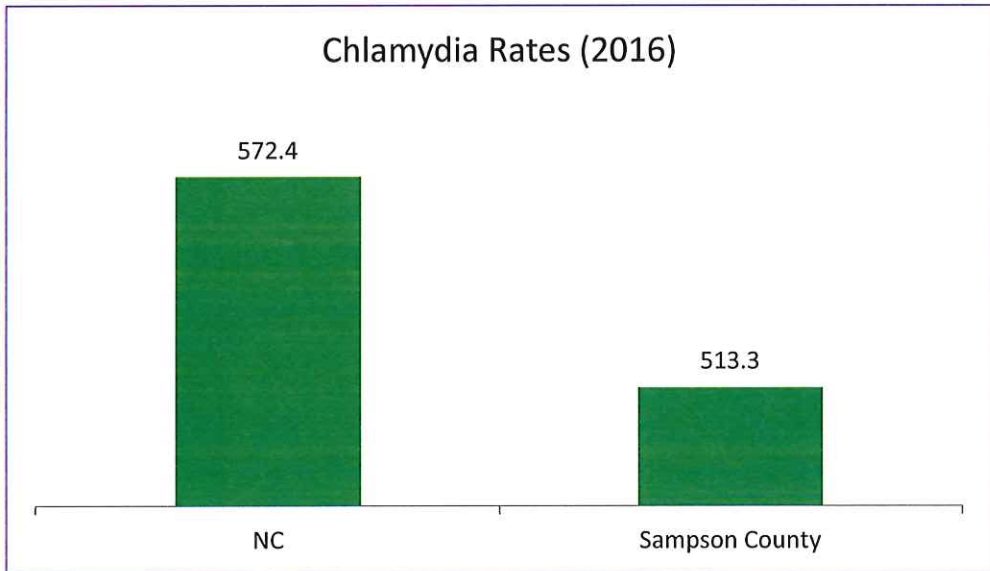
Source: 2016 HIV/STD Surveillance Report, Communicable Disease Branch



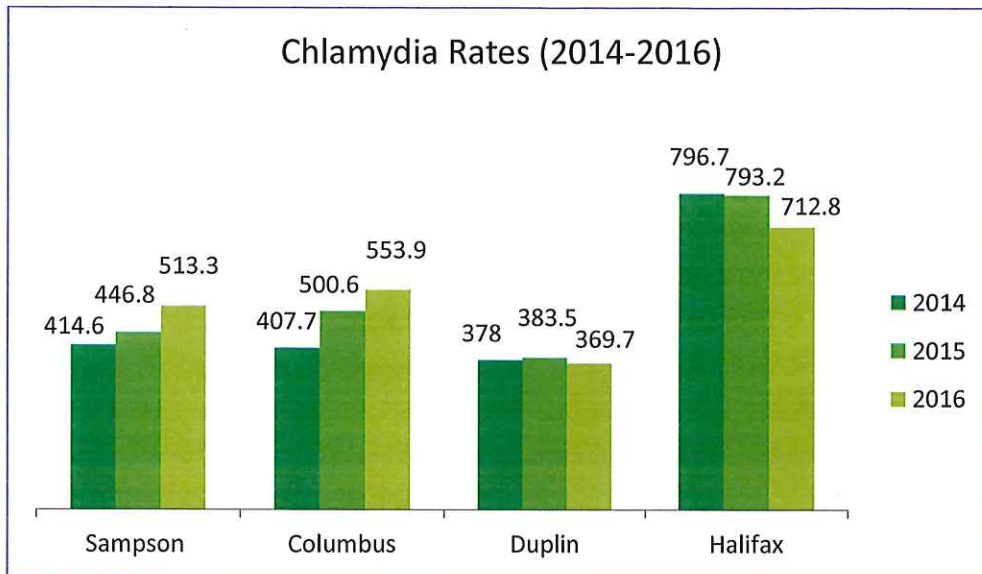
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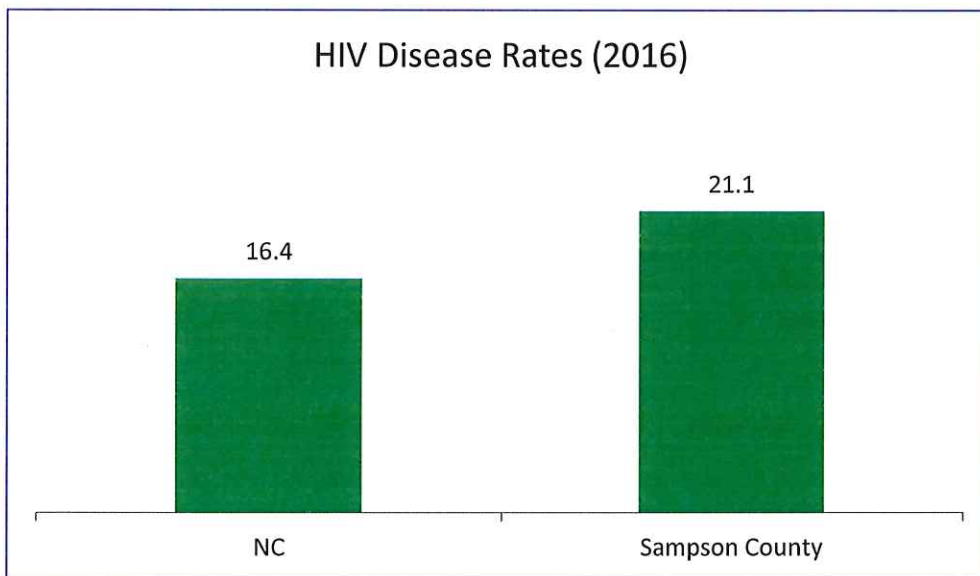
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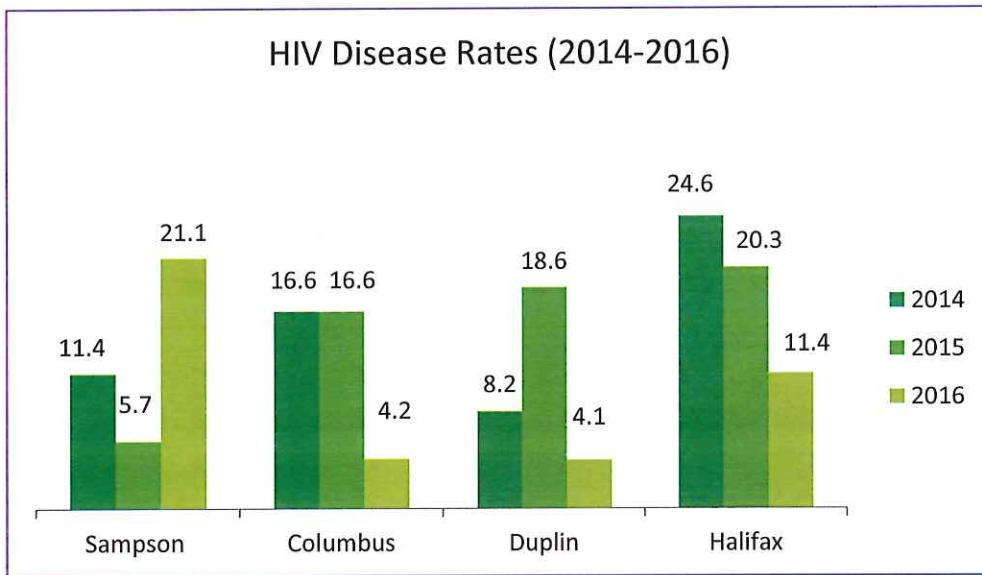
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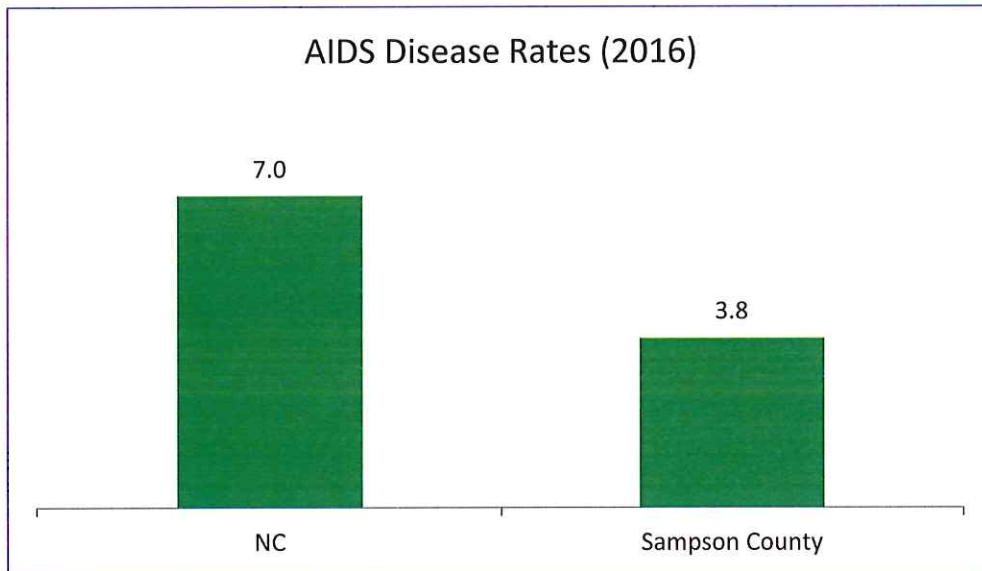
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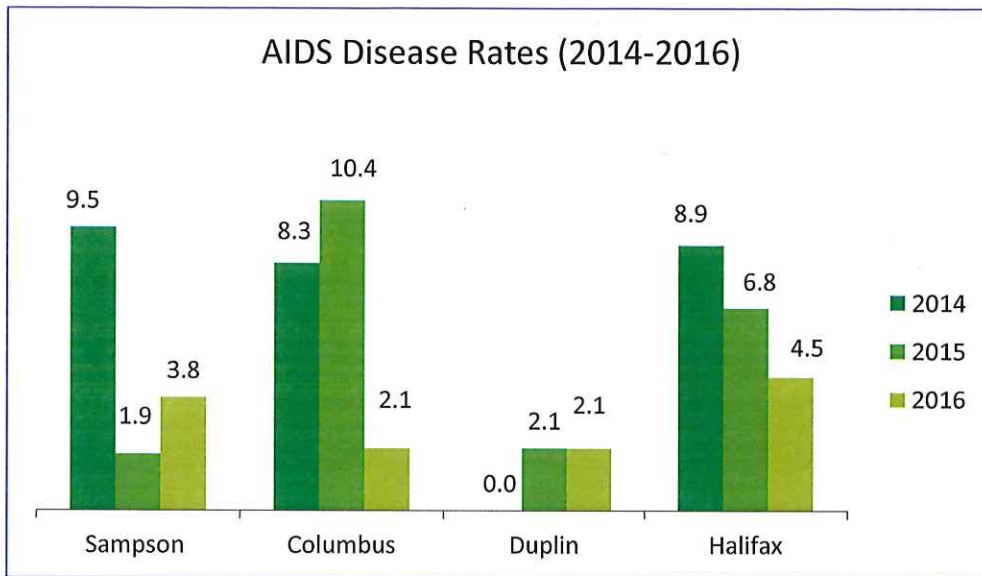
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Source: 2016 HIV/STD Surveillance Report, Communicable Disease Branch

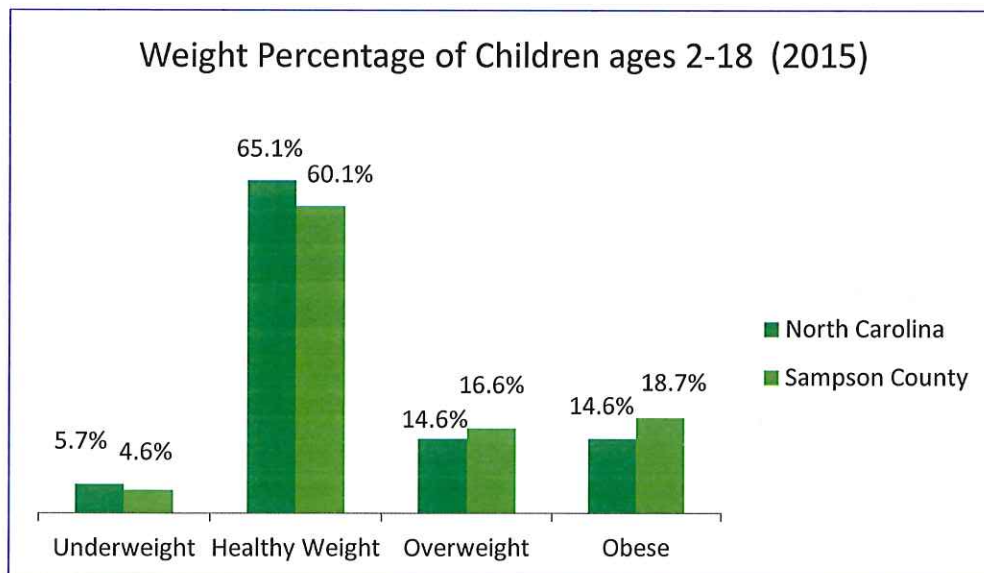


Source: 2016 HIV/STD Surveillance Report, Communicable Disease Branch

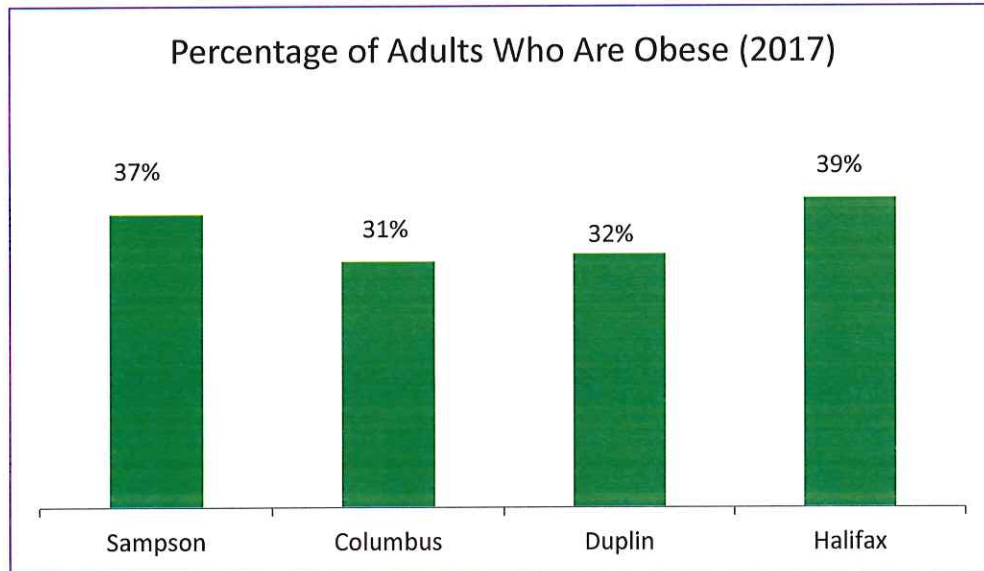


Source: 2016 HIV/STD Surveillance Report, Communicable Disease Branch

OVERWEIGHT AND OBESITY

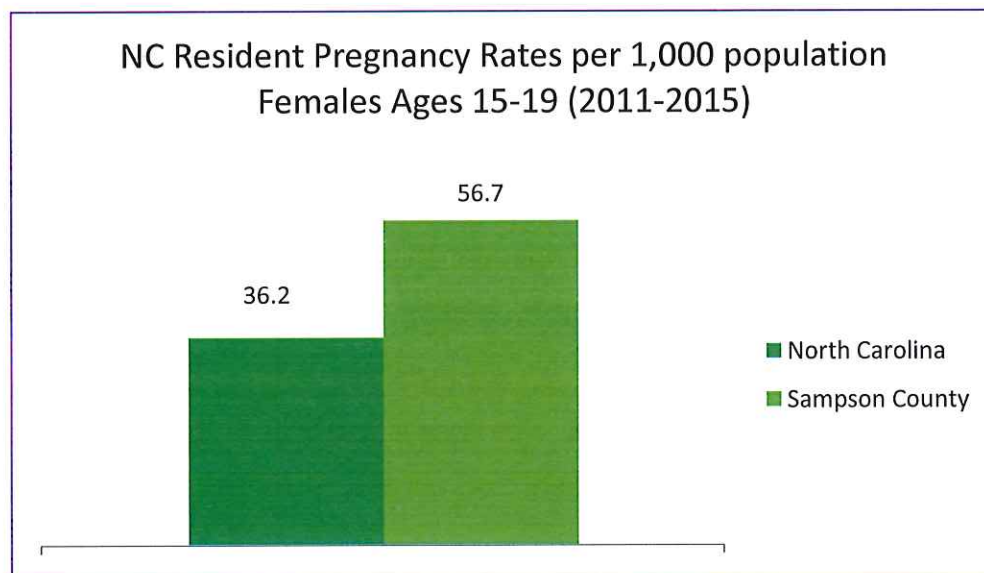


Source: North Carolina Pediatric Nutrition and Epidemiology Surveillance System (NC-PedNESS) 2015

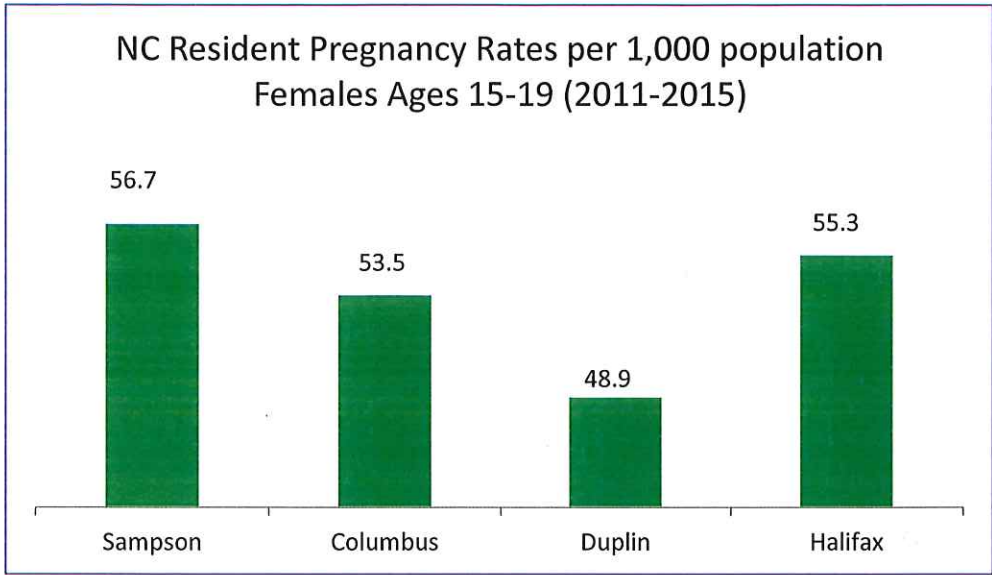


Source: County Health Rankings & Roadmaps

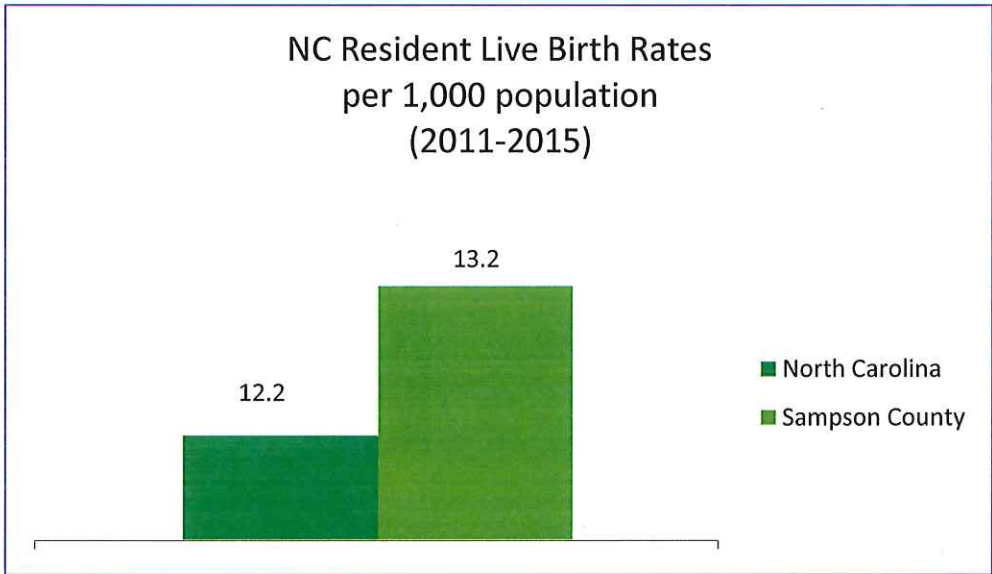
MATERNAL HEALTH



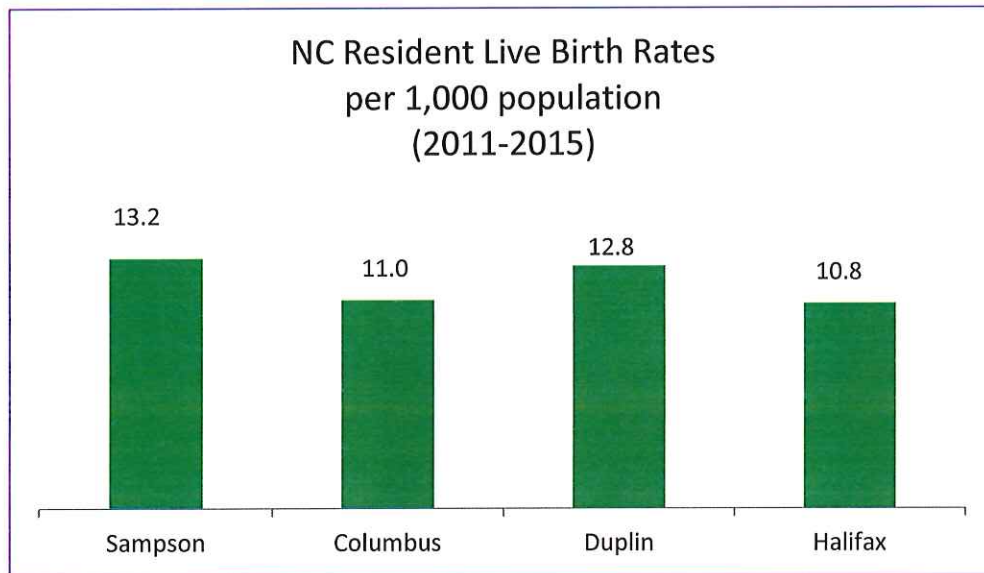
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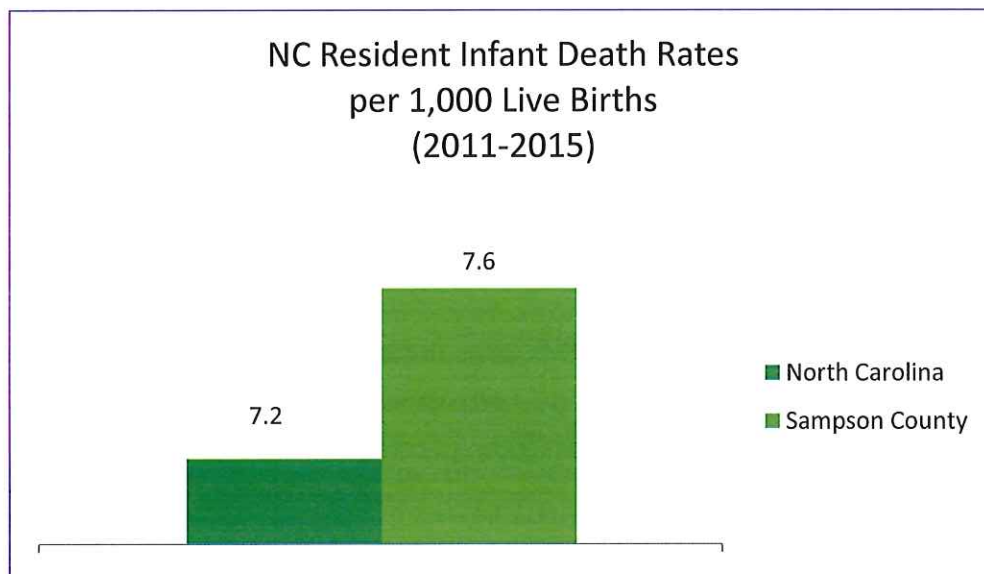
Source: NC State Center for Health Statistics



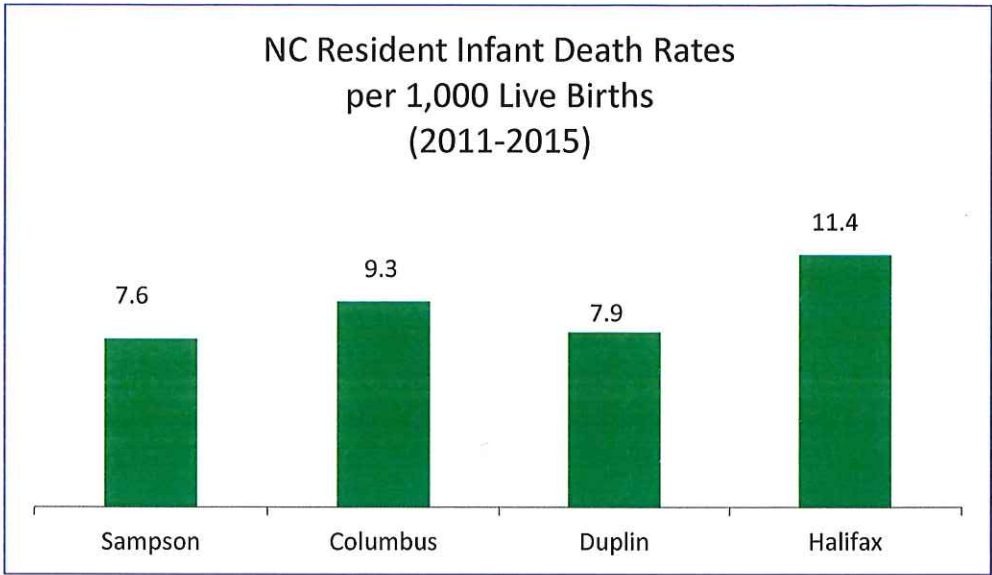
Source: NC State Center for Health Statistics, 2017 County Health Data Book



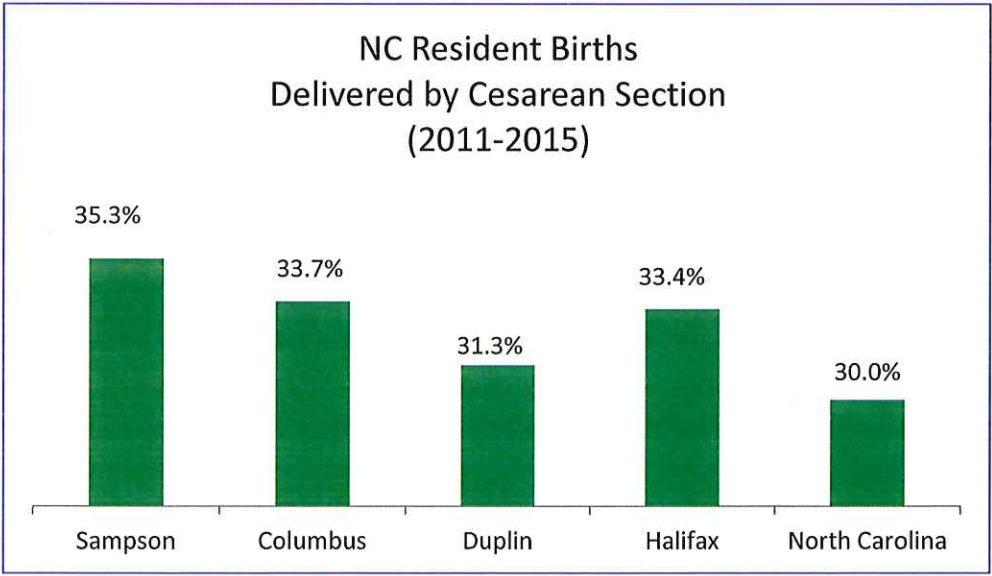
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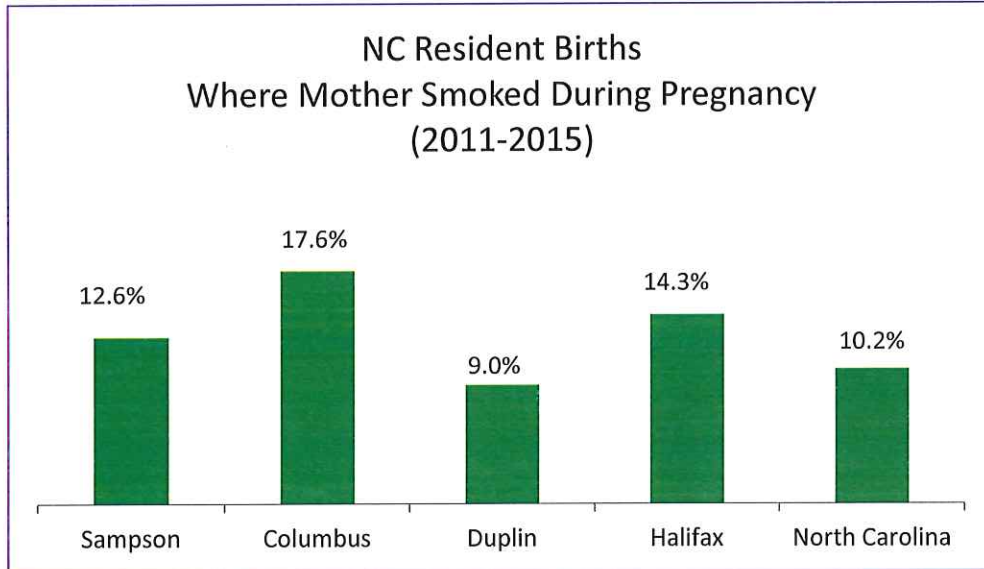
Source: NC State Center for Health Statistics, 2017 County Health Data Book



Source: NC State Center for Health Statistics, 2017 County Health Data Book

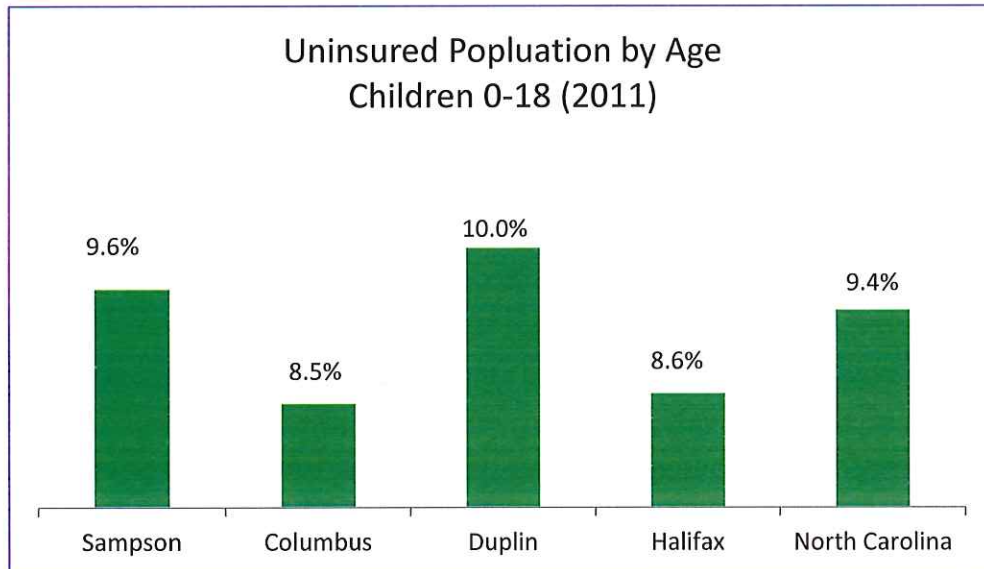


Source: NC State Center for Health Statistics, 2017 County Health Data Book

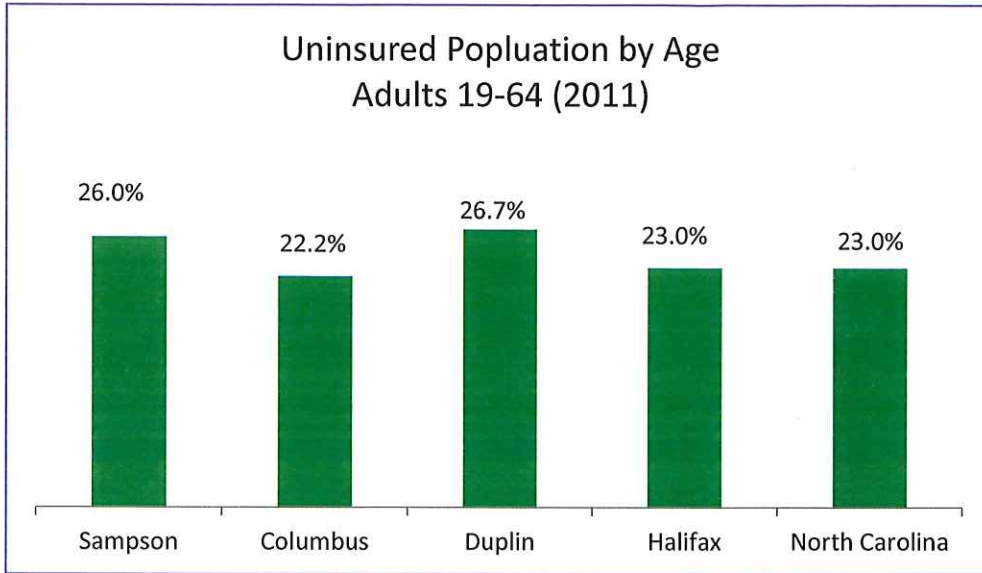


Source: NC State Center for Health Statistics, 2017 County Health Data Book

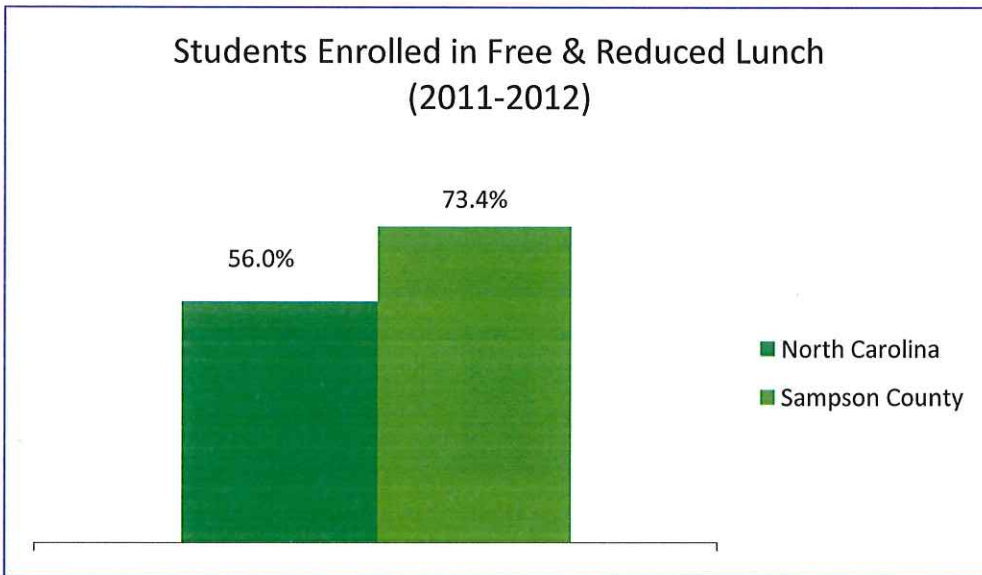
SOCIAL DETERMINANTS OF HEALTH



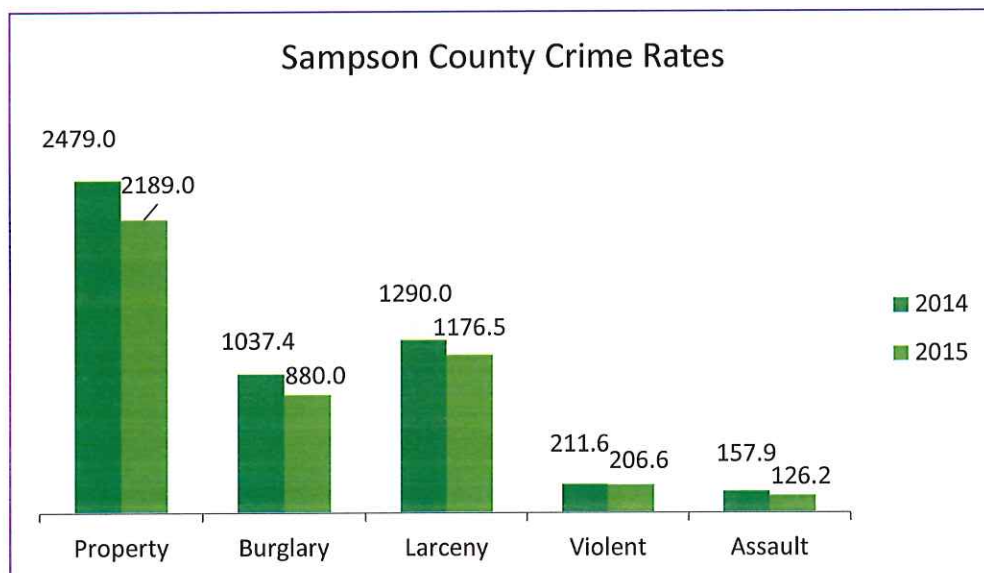
Source: Kids Count Data Center



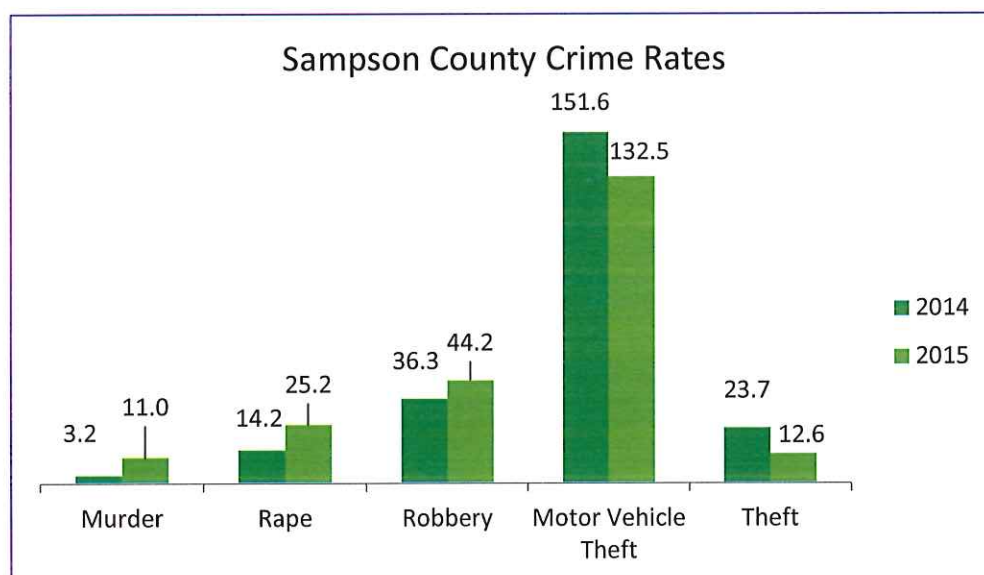
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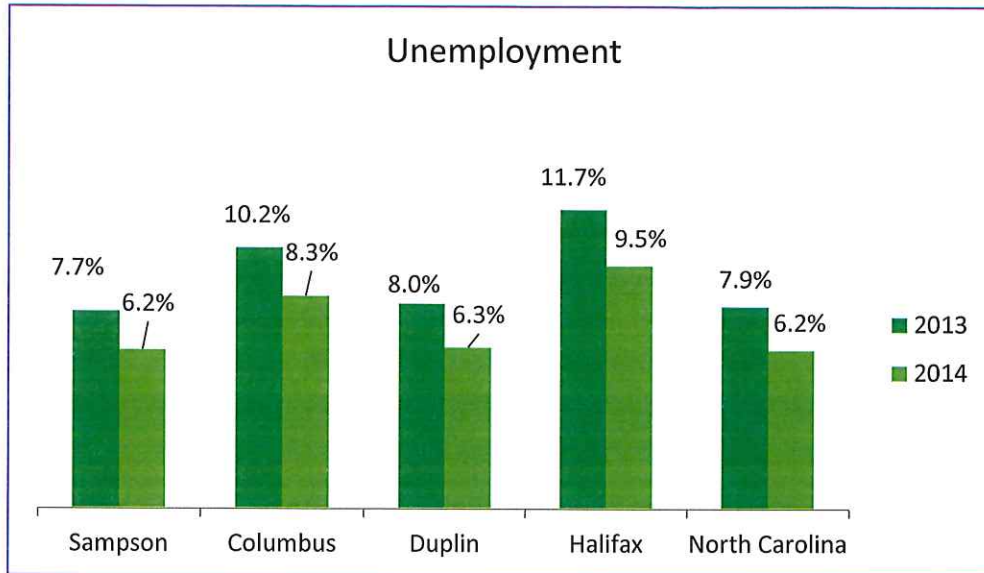
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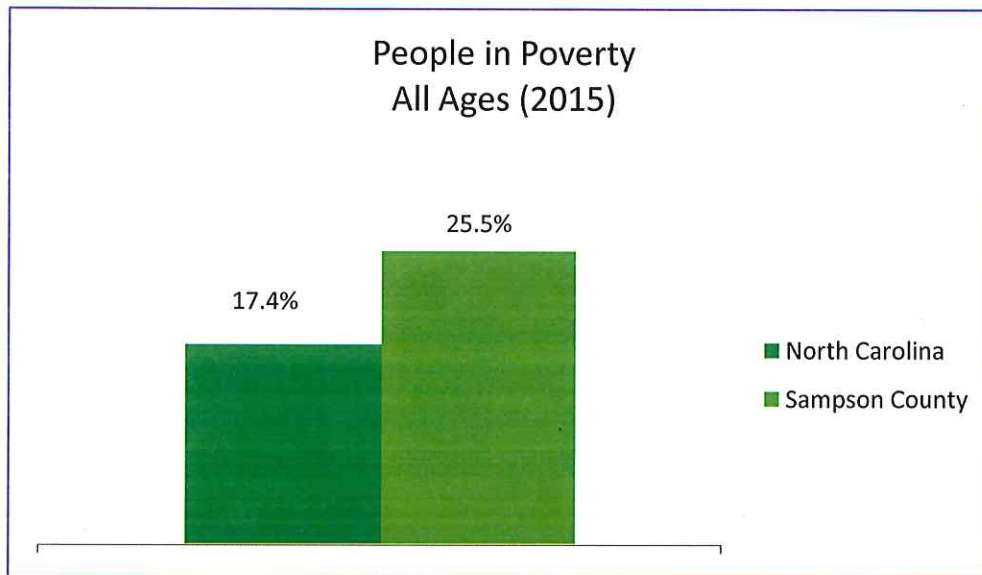
Source: NC Department of Justice



Source: NC Department of Justice



Source: Kids Count Data Center



Source: US Census Bureau, 2011-2015 American Community Survey 5-Year Estimates

MUNICIPALITIES

Geographic Area		Total Population		Change	
County	Municipality	April 2010	July 2014	Number	Percent
Sampson		63,468	64,234	766	1.27
	Autryville	196	201	5	2.55
	Clinton	8,639	8,690	51	0.59
	Garland	625	637	12	1.92
	Harrells	179	180	1	0.56
	Newton Grove	569	573	4	0.70
	Roseboro	1,191	1,193	2	0.17
	Salemburg	435	437	2	0.46
	Turkey	292	307	15	5.14

Source: North Carolina OSBM, Standard Population Estimates, Vintage 2016

MENTAL HEALTH

Sampson County			
	State Mental Health Development Centers	NC Alcohol & Drug Treatment Centers	Area Mental Health Programs
2014	8	19	5,074
2015	9	9	5,739
2016	9	4	5,076

Source: LINC

EDUCATION

Clinton City School District	
Total # Schools	5
Total Students	3,176
Classroom Teachers (FTE)	200.69
Student/Teacher Ratio	15.83
ELL (formerly LEP) Students	271
Students with IEPs	231

Source: National Center for Education Statistics

Sampson County School District	
Total # Schools	18
Total Students	8,763
Classroom Teachers (FTE)	564.71
Student/Teacher Ratio	15.52
ELL (formerly LEP) Students	1,280
Students with IEPs	1,056

Source: National Center for Education Statistics

Sampson Community College				
Fall 2016-2017				
Transfer/General Education	Career/Technical Education	Special Credit	Semester Curriculum Unduplicated Count	Annual Curriculum & Continuing Ed. Unduplicated Count
768	695	41	1,504	3,407
Spring 2016-2017				
695	644	32	1,371	3,576

Source: NC Community College System

DOMESTIC VIOLENCE

Services	2014	2015	2016
Follow-up Investigations	244	169	109
Court Time (hours)	210	167	104
Domestic Violence Protective Orders Served	148	164	153
School Service – Domestic Violence Protection Orders	77	89	67
Surrendered Firearms	17	15	10
Total Domestic Violence Calls (County Only)	789	770	800

Source: Sampson County Sheriff's Department

WATER QUALITY

City of Clinton					
Contaminant		Your Water		EPA Limit	EPA Goal
	Better Than Standard	Measured Value	Range		
Fluoride	√	0.3	0.1 to 0.3	4	4
Chlorine	√	1.1	0.4 to 1.8	4	4
Radium	√	0.6	0.4 to 0.8	5	0
Copper	√	0.14	0	1.3	1.3
Lead	√	4	0	15	0

Source: City of Clinton Department of Public Works

Sampson County District I - Clinton					
Contaminant	Sample Date	Your Water Range	# of sites found above Action Level	Maximum Contaminant Level Goal	Action Level
Copper	2014	ND – 0.286	0	1.3	AL=1.3
Lead	2014	ND – 0.007	0	0	AL=15

Source: Sampson County Department of Public Works

Sampson County District II - Garland					
Contaminant	Sample Date	Your Water Range	# of sites found above Action Level	Maximum Contaminant Level Goal	Action Level
Copper	6/18/14	ND/0.283	0	1.3	AL=1.3
Lead	6/18/14	ND	0	0	AL=15

Source: Sampson County Department of Public Works

LEAD

Ages 1 and 2 Years Tested for Lead Poisoning (2014)			
	Percent Tested	Lead \geq 5	Percent \geq 5
Sampson	76.0	19	1.5
Columbus	53.6	11	1.6
Duplin	64.4	14	1.5
Halifax	86.1	37	3.8
North Carolina	51.3	1,643	1.3

Source: Children's Environmental Health

Ages 6 Months to 6 Years Tested for Lead Poisoning (2014)				
	Number Tested	5-9	Confirmed 10-19	\geq 20
Sampson	1,477	8	1	1
Columbus	984	2		
Duplin	1,107	3		
Halifax	1,065	9	1	1
North Carolina	140,890	481	114	25

Source: Children's Environmental Health

RECREATION

City of Clinton – Department of Recreation and Parks	
Facilities	Number
Parks	4
Recreation Centers	2
Gymnasiums	2
Walk Tracks & Trails	5
Swimming Pools (outdoor)	1
Tennis Courts (outdoor & lighted)	8
Basketball Courts (outdoor)	4
Picnic Areas	9
Playgrounds	9
Horseshoe Pits	4
Shuffleboard Courts (outdoor)	4

Source: City of Clinton Parks & Recreation Department

Sampson County – Parks and Recreation	
Facilities	Number
Parks	3
Trails	2
Tennis Courts (outdoor)	2
Basketball Courts (outdoor)	2
Bocce' Courts	2
Playgrounds	2
Picnic Shelters	2
Stages	1

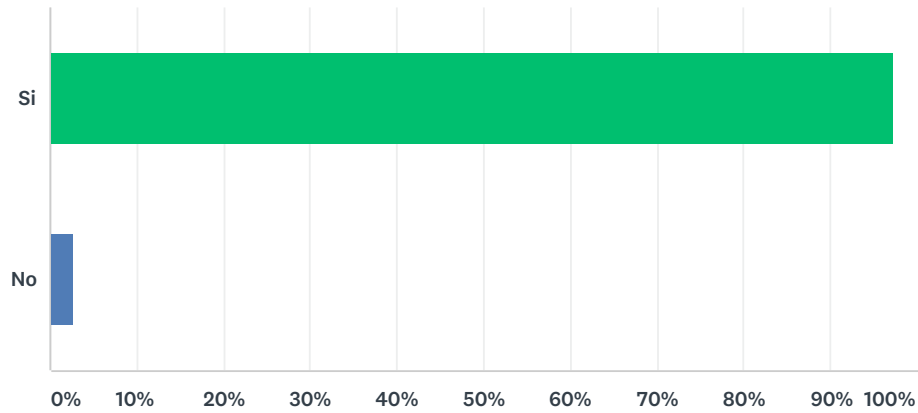
Source: Sampson County Parks & Recreation

The Center for Health + Wellness	
Facilities	Number
6 lane, 25 yard heated swimming pool	1
Warm water therapy pool	1
2 lane indoor walking track	1
Basketball/Volleyball Court	1
Racquetball Court	1
Spinning Studio	1
Classroom for presentations; kitchenette	1

Source: The Center for Health & Wellness

Q1 Desea participar?

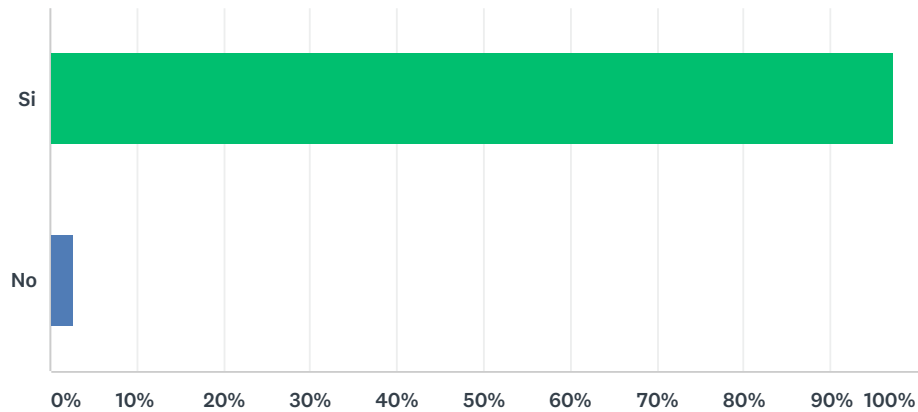
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ANSWER CHOICES	RESPONSES	
Si	97.37%	37
No	2.63%	1
TOTAL		38

Q2 Reside usted en el Condado de Sampson?

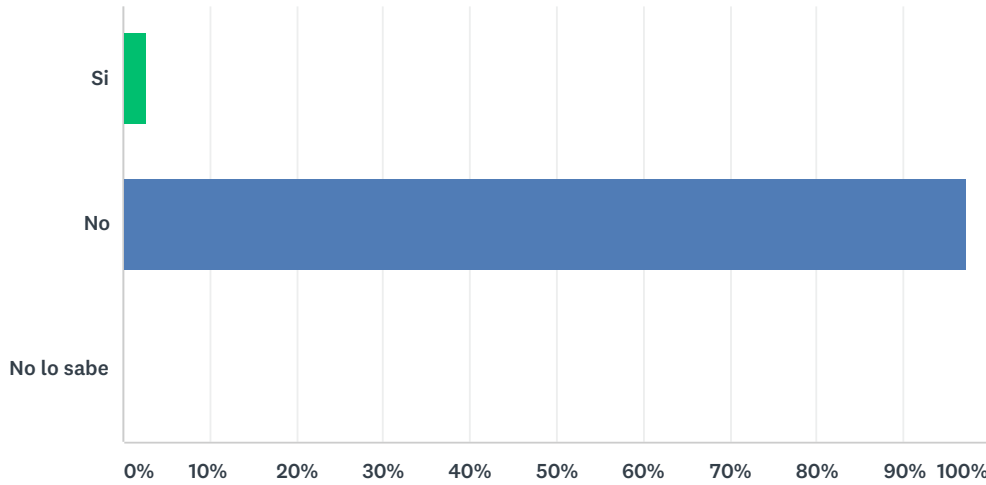
Answered: 38 Skipped: 0



ANSWER CHOICES	RESPONSES	
Si	97.37%	37
No	2.63%	1
TOTAL		38

Q3 Ha participado en esta encuesta este año?

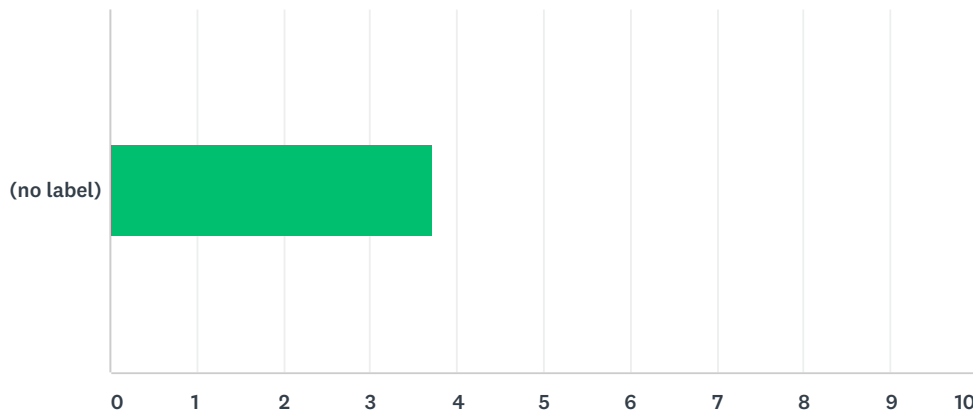
Answered: 38 Skipped: 0



ANSWER CHOICES	RESPONSES
Si	2.63% 1
No	97.37% 37
No lo sabe	0.00% 0
TOTAL	38

Q4 "En el Condado de Sampson hay un buen sistema de salud."Piense en el precio y la calidad, las opciones que existen y la facilidad con que se puede recibir atencion medica en el condado.

Answered: 32 Skipped: 6

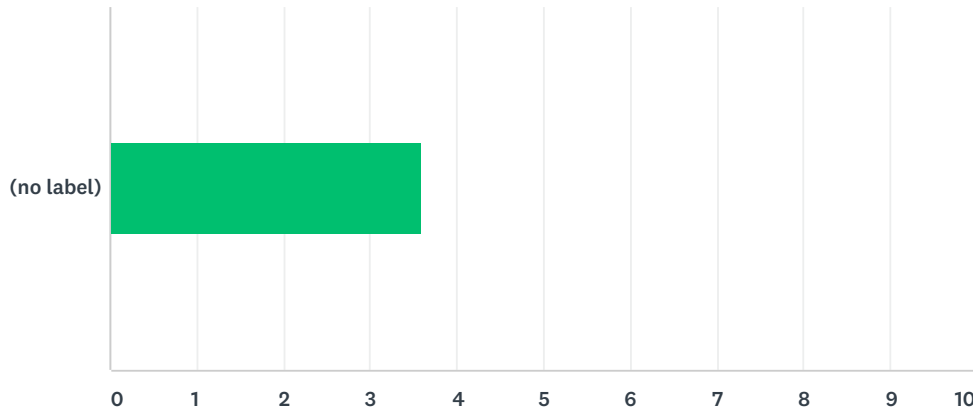


	TOTALMENTE EN DESACUERDO	EN DESACUERDO	NEUTRO	DE ACUERDO	TOTALMENTE DE ACUERDO	TOTAL	WEIGHTED AVERAGE
(no label)	0.00% 0	6.25% 2	31.25% 10	46.88% 15	15.63% 5	32	3.72

Q5 "El Condado de Sampson es un buen lugar para criar hijos."Piense en la calidad y seguridad de las escuelas y los programas de guarderia

infantil, los programas extraescolares y los lugares en los que los niños pueden jugar en el condado.

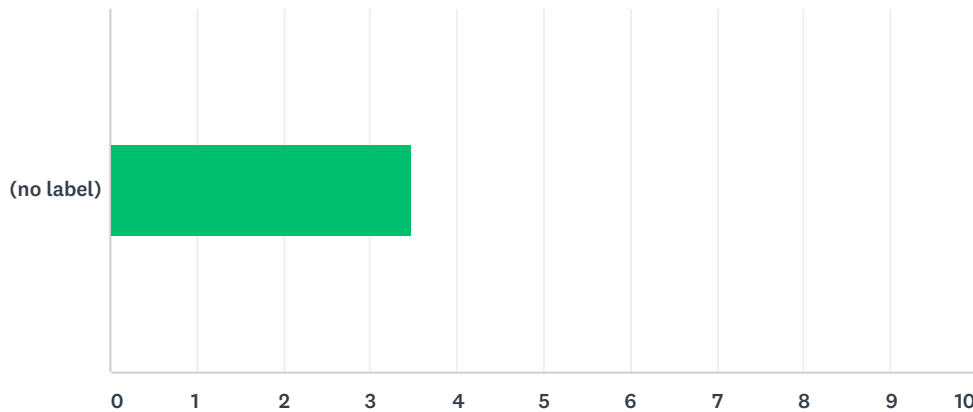
Answered: 32 Skipped: 6



	TOTALMENTE EN DESACUERDO	EN DESACUERDO	NEUTRO	DE ACUERDO	TOTALMENTE DE ACUERDO	TOTAL	WEIGHTED AVERAGE
(no label)	0.00%	9.38%	40.63%	31.25%	18.75%	32	3.59
	0	3	13	10	6		

Q6 "El Condado de Sampson es un buen lugar para personas de edad avanzada."Piense si en el condado existen viviendas para personas de edad, servicios de transporte a los centros médicos, entretenimiento y servicios para mayores.

Answered: 32 Skipped: 6

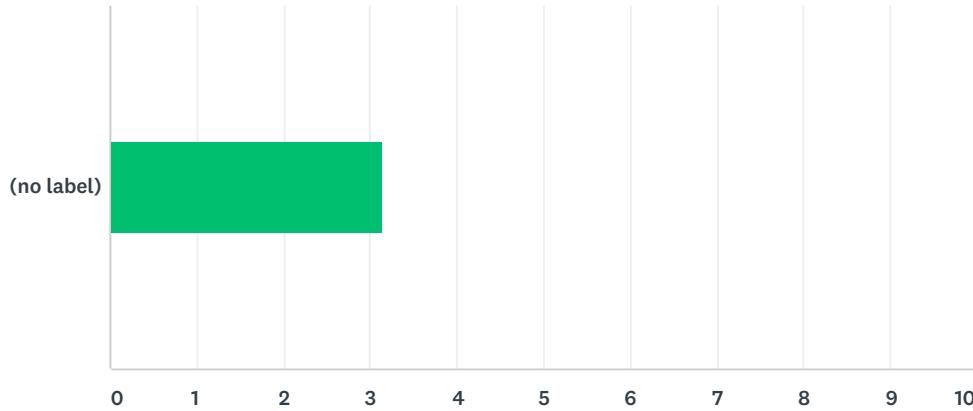


	TOTALMENTE EN DESACUERDO	EN DESACUERDO	NEUTRO	DE ACUERDO	TOTALMENTE DE ACUERDO	TOTAL	WEIGHTED AVERAGE
(no label)	3.13%	12.50%	31.25%	40.63%	12.50%	32	3.47
	1	4	10	13	4		

Q7 "En el Condado de Sampson existen muchas oportunidades

economicas."Piense en la cantidad de puestos de trabajo de calidad, las oportunidades de capacitacion laboral y educacion superior, y la existencia de vivienda asequible en el condado.

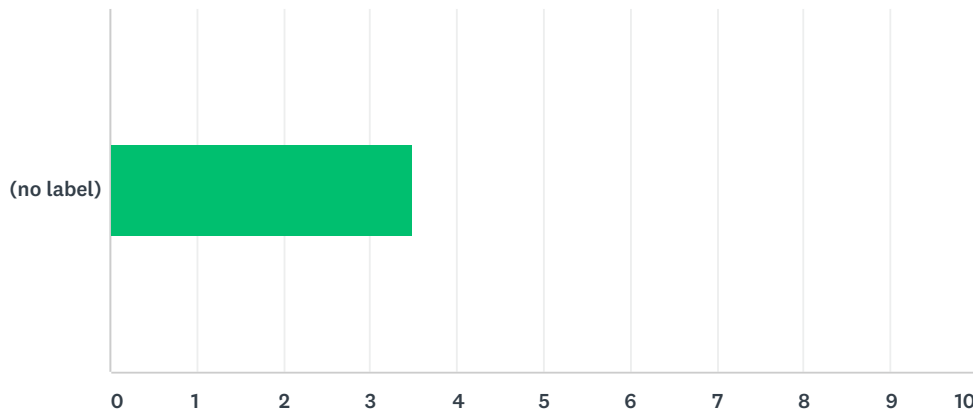
Answered: 32 Skipped: 6



	TOTALMENTE EN DESACUERDO	EN DESACUERDO	NEUTRO	DE ACUERDO	TOTALMENTE DE ACUERDO	TOTAL	WEIGHTED AVERAGE
(no label)	3.13%	21.88%	40.63%	28.13%	6.25%	32	3.13
	1	7	13	9	2		

Q8 "El Condado de Sampson es un lugar seguro para vivir."Piense en si se siente seguro(a) en casa, en el trabajo, en la escuela, en las areas de recreo, en los parques y en los centros comerciales del condado.

Answered: 32 Skipped: 6

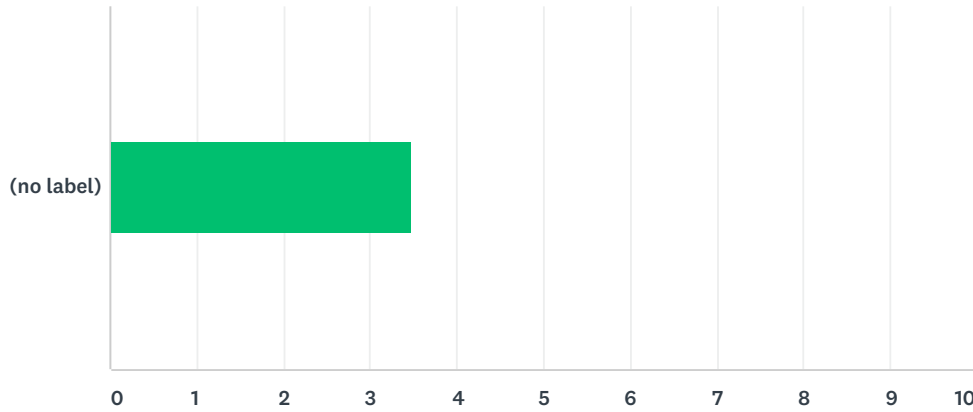


	TOTALMENTE EN DESACUERDO	EN DESACUERDO	NEUTRO	DE ACUERDO	TOTALMENTE DE ACUERDO	TOTAL	WEIGHTED AVERAGE
(no label)	0.00%	12.50%	40.63%	31.25%	15.63%	32	3.50
	0	4	13	10	5		

Q9 "En el Condado de Sampson existen muchas ayudas para las

personas y las familias necesitadas."Piense en el sistema social de ayuda del condado: vecinos, grupos de apoyo, iniciativas comunitarias de las Iglesias, organizaciones de la comunidad y asistencia monetaria de emergencia.

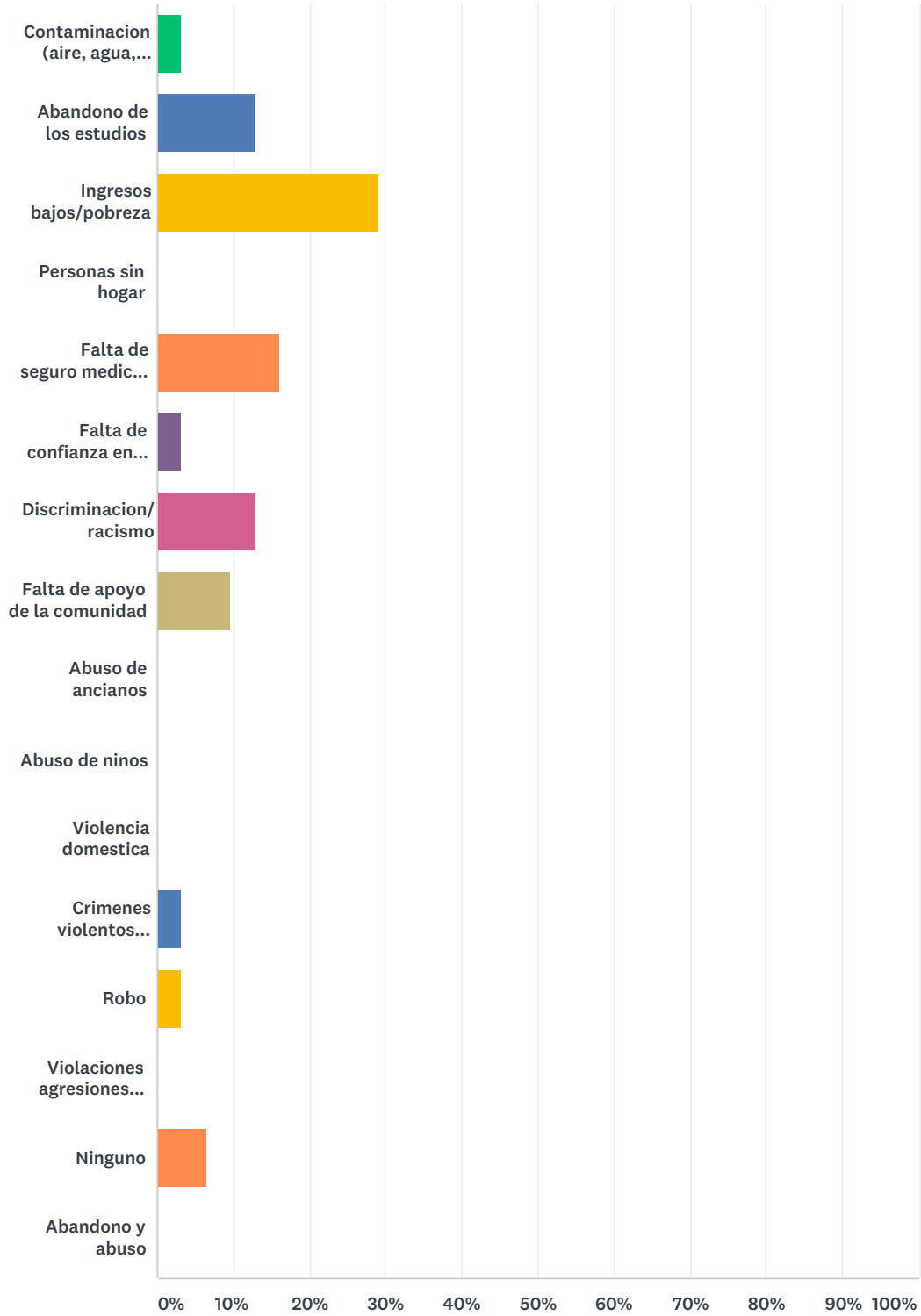
Answered: 32 Skipped: 6



	TOTALMENTE EN DESACUERDO	EN DESACUERDO	NEUTRO	DE ACUERDO	TOTALMENTE DE ACUERDO	TOTAL	WEIGHTED AVERAGE
(no label)	0.00%	21.88%	28.13%	31.25%	18.75%	32	3.47
	0	7	9	10	6		

Q10 Lea esta lista de asuntos comunitarios. En su opinion, cual es el problema que mas afecta la calidad de vida en el Condado de Sampson? (Elija una respuesta solamente.)

Answered: 31 Skipped: 7



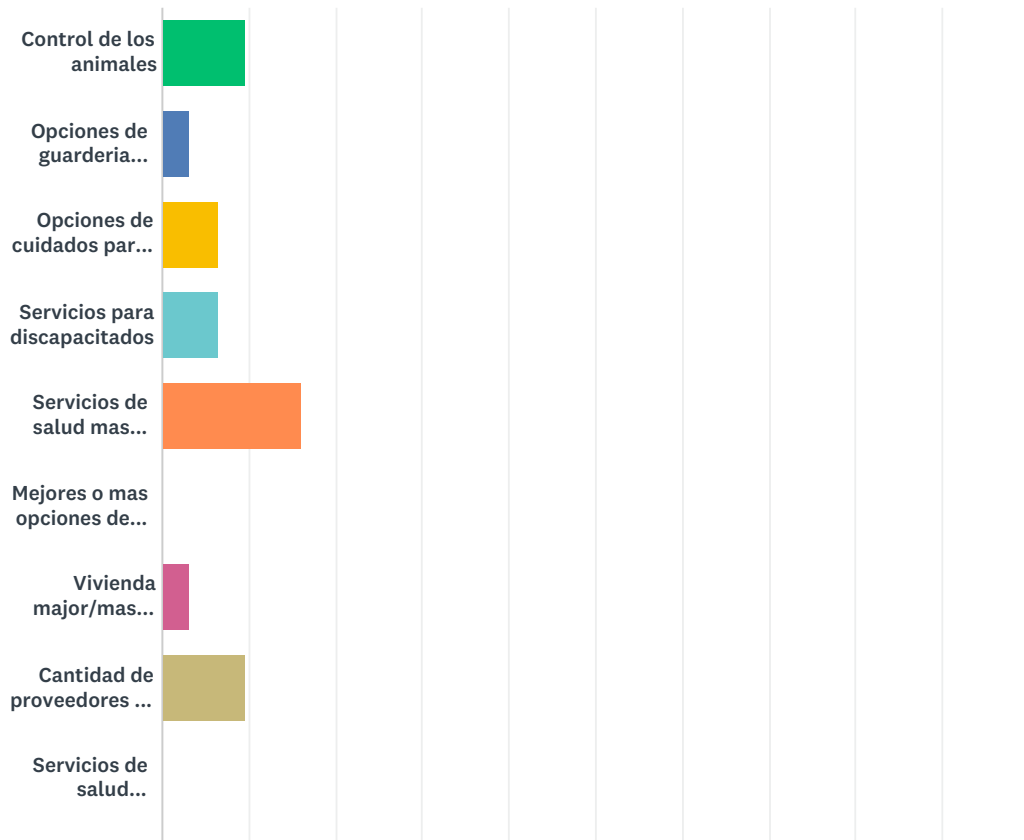
ANSWER CHOICES	RESPONSES	
Contaminacion (aire, agua, tierra)	3.23%	1
Abandono de los estudios	12.90%	4
Ingresos bajos/pobreza	29.03%	9
Personas sin hogar	0.00%	0
Falta de seguro medico o seguro insuficiente	16.13%	5

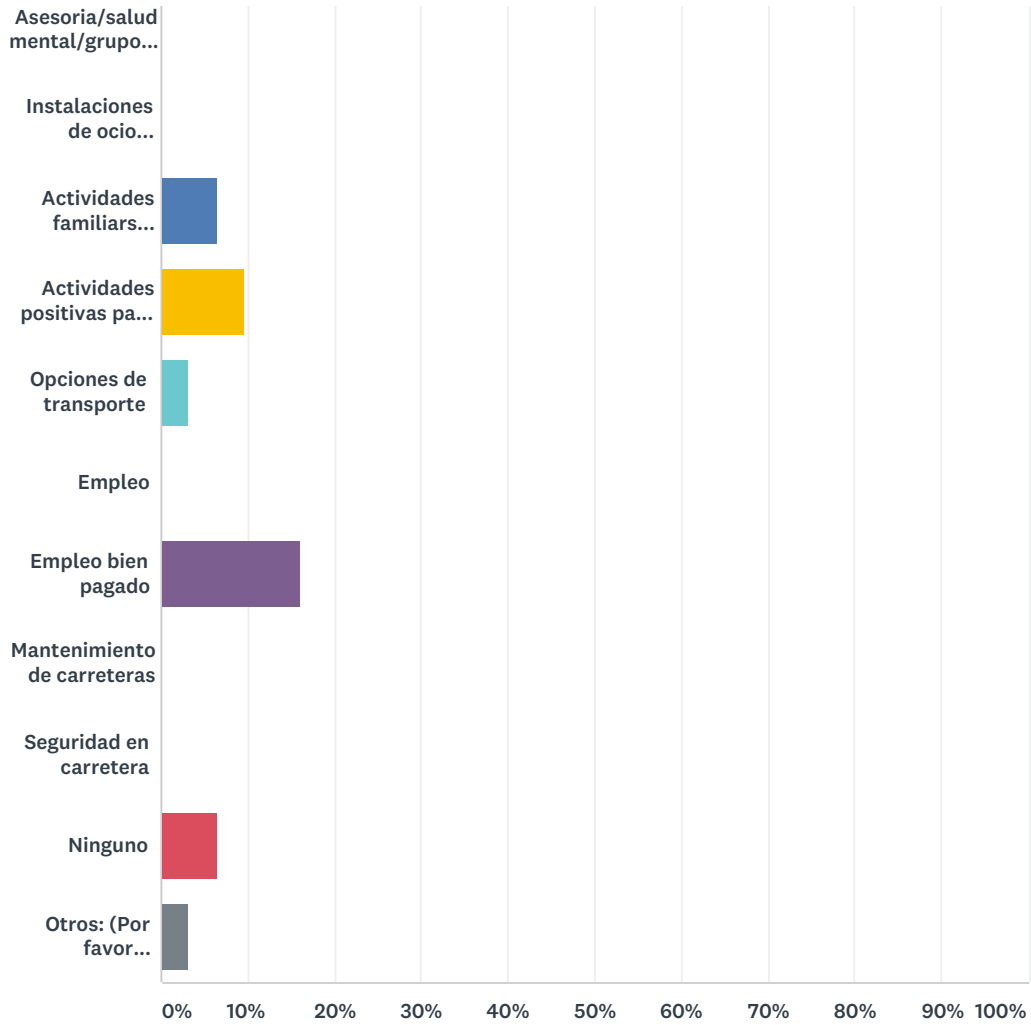
Falta de confianza en el futuro	3.23%	1
Discriminacion/racismo	12.90%	4
Falta de apoyo de la comunidad	9.68%	3
Abuso de ancianos	0.00%	0
Abuso de ninos	0.00%	0
Violencia domestica	0.00%	0
Crimenes violentos (asesinatos, asaltos, etc.)	3.23%	1
Robo	3.23%	1
Violaciones agresiones sexuales	0.00%	0
Ninguno	6.45%	2
Abandono y abuso	0.00%	0
TOTAL		31

#	OTROS: (POR FAVOR ESPECIFIQUE)	DATE
1	No answer	1/26/2017 10:57 AM

Q11 En su opinion, Cuales de los servicios siguientes piensa usted que necesita mejorar mas en su barrio o comunidad? (Elija una respuesta solamente.)

Answered: 31 Skipped: 7





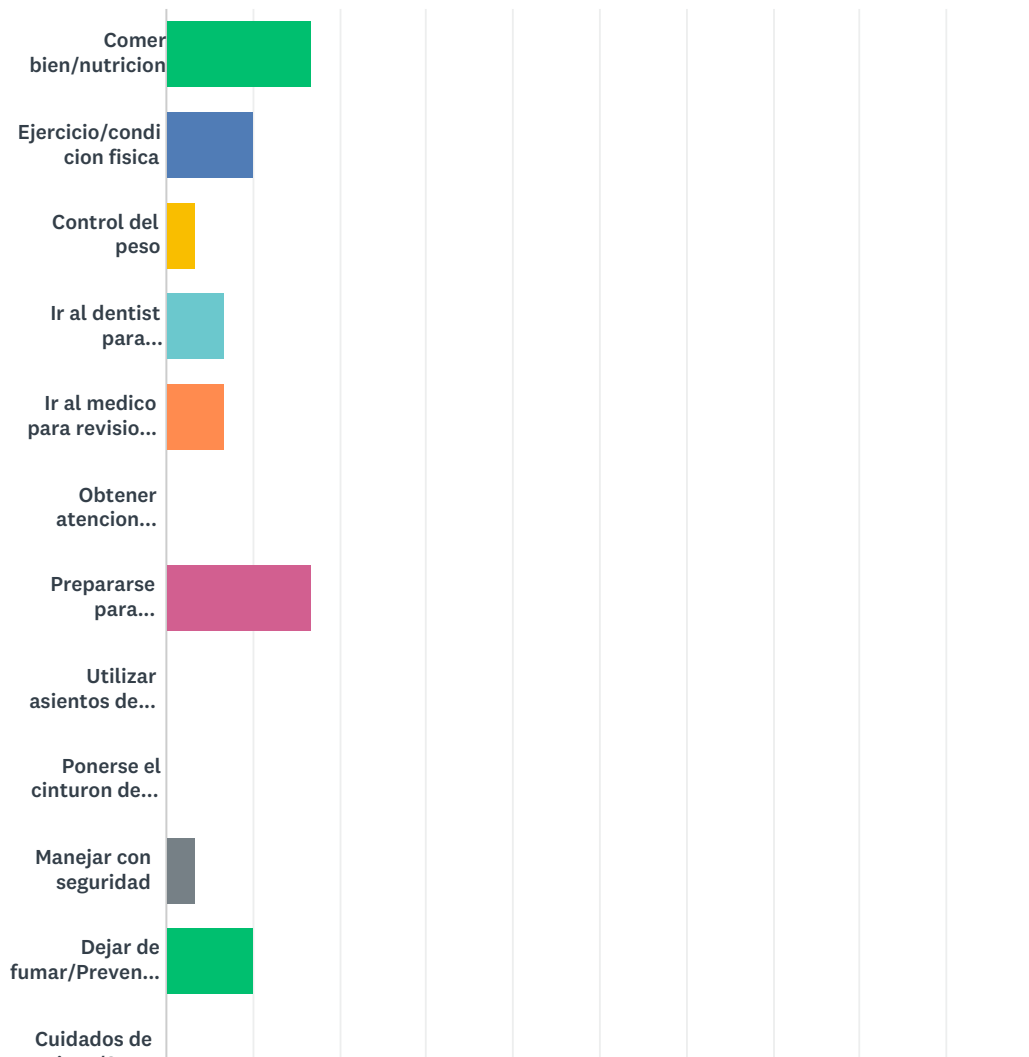
ANSWER CHOICES	RESPONSES	
Control de los animales	9.68%	3
Opciones de guarderia infantil	3.23%	1
Opciones de cuidados para mayores	6.45%	2
Servicios para discapacitados	6.45%	2
Servicios de salud mas asequibles	16.13%	5
Mejores o mas opciones de alimentacion sana	0.00%	0
Vivienda major/mas asequible	3.23%	1
Cantidad de proveedores de servicios medicos	9.68%	3
Servicios de salud apropiados a cada cultura	0.00%	0
Asesoría/salud mental/grupos de apoyo	0.00%	0
Instalaciones de ocio mejores/mas numerosas (parques, senderos, centros comunitarios, etc.)	0.00%	0
Actividades familiares saludables	6.45%	2
Actividades positivas para adolescentes	9.68%	3

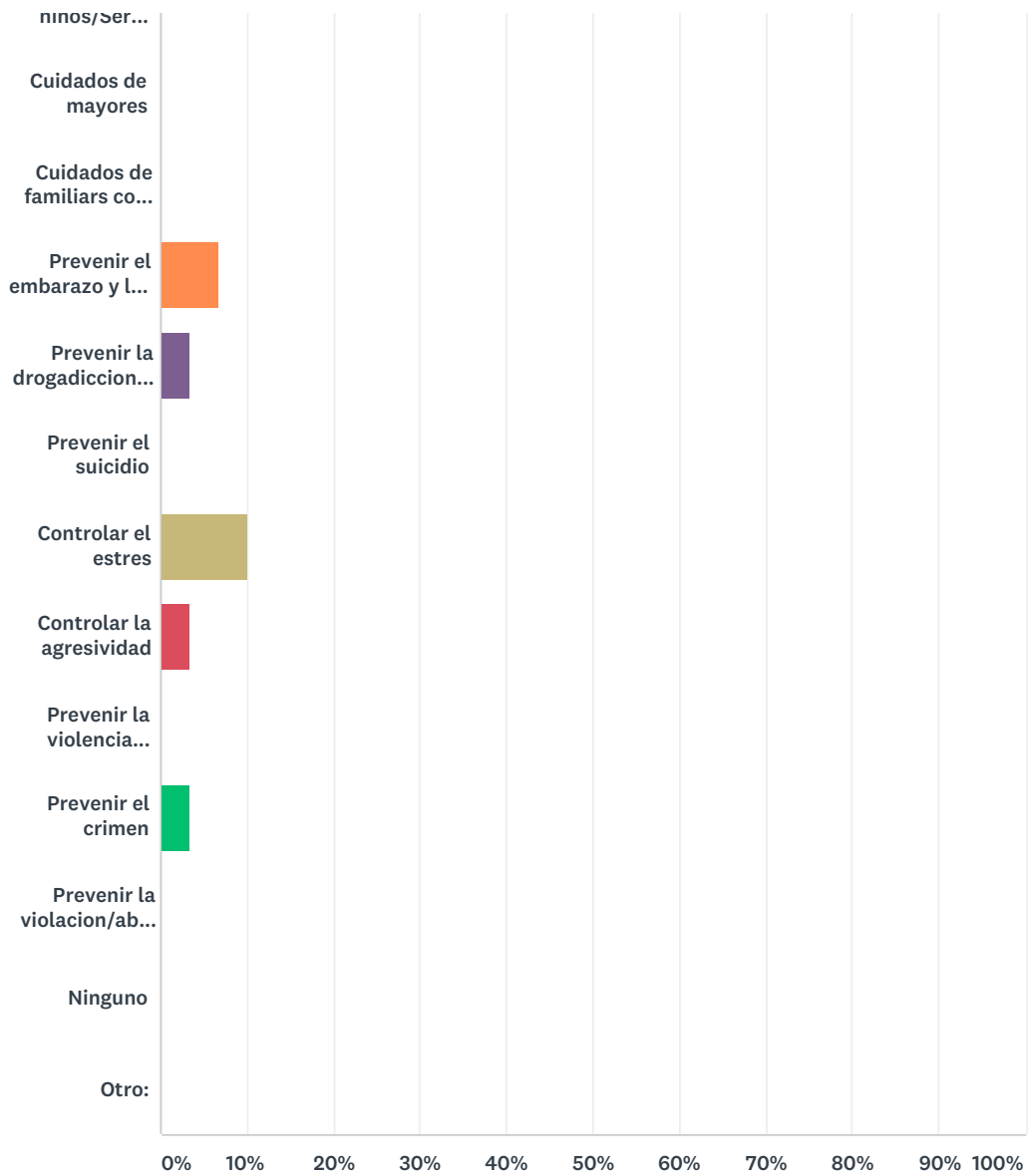
Opciones de transporte	3.23%	1
Empleo	0.00%	0
Empleo bien pagado	16.13%	5
Mantenimiento de carreteras	0.00%	0
Seguridad en carretera	0.00%	0
Ninguno	6.45%	2
Otros: (Por favor especifique)	3.23%	1
TOTAL		31

#	OTROS: (POR FAVOR ESPECIFIQUE)	DATE
1	participacion de la comunidad	1/26/2017 11:09 AM

Q12 Cual es, en su opinion, el comportamiento sano sobre el que mas informacion necesitan las personas en su comunidad? (Elija una respuesta solamente)

Answered: 30 Skipped: 8





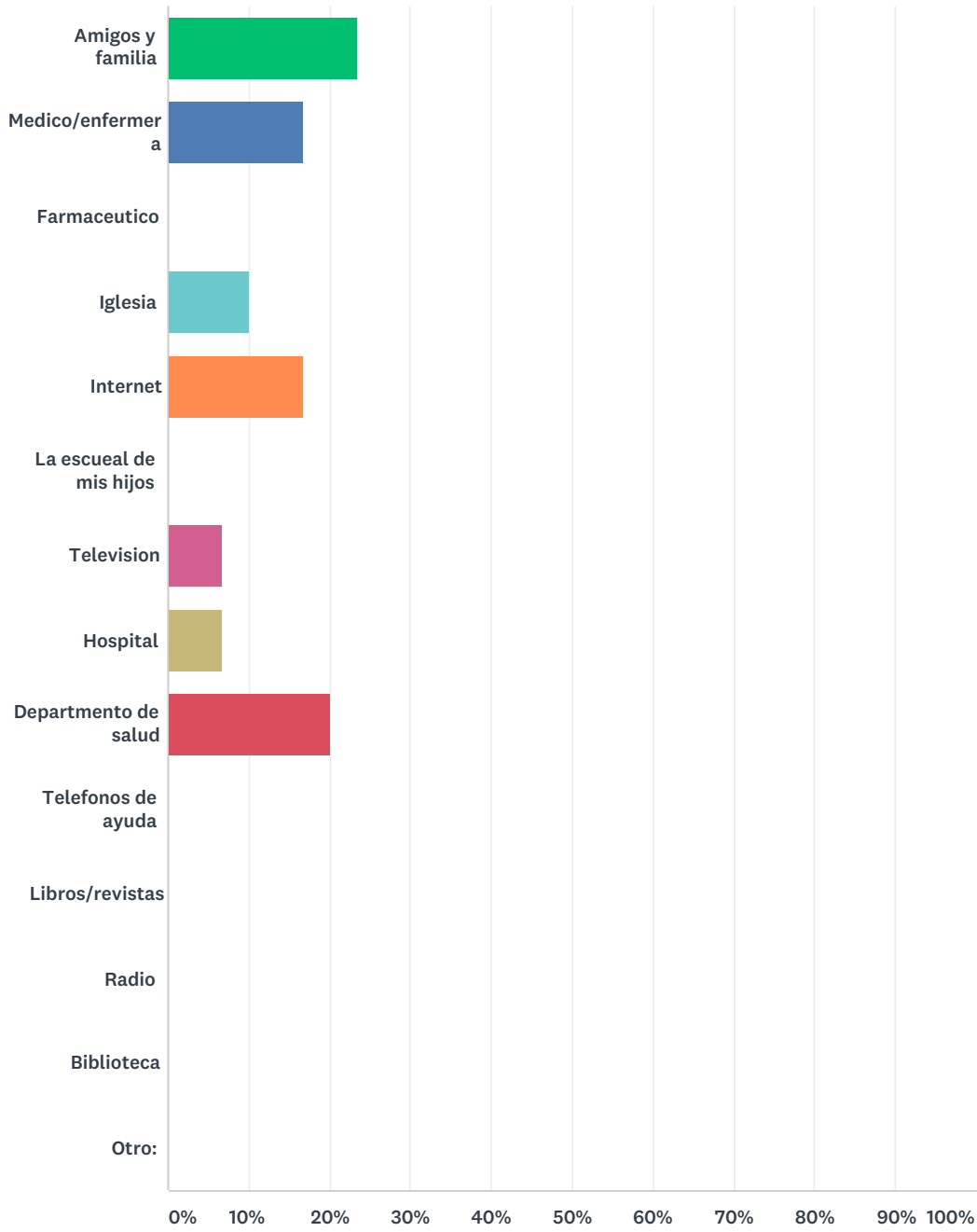
ANSWER CHOICES	RESPONSES	
Comer bien/nutricion	16.67%	5
Ejercicio/condicion fisica	10.00%	3
Control del peso	3.33%	1
Ir al dentist para revisions/cuidados preventivos	6.67%	2
Ir al medico para revisions y evaluaciones anuales	6.67%	2
Obtener atencion prenatal durante el embarazo	0.00%	0
Prepararse para emergencias/desastres	16.67%	5
Utilizar asientos de seguridad para ninos	0.00%	0
Ponerse el cinturon de seguridad	0.00%	0
Manejar con seguridad	3.33%	1
Dejar de fumar/Prevencion del consume de tabaco	10.00%	3

Cuidados de niños/Ser mejores padres	0.00%	0
Cuidados de mayores	0.00%	0
Cuidados de familiares con necesidades especiales/discapacidades	0.00%	0
Prevenir el embarazo y las enfermedades de transmisión sexual (prácticas sexuales seguras)	6.67%	2
Prevenir la drogadicción y el alcoholismo	3.33%	1
Prevenir el suicidio	0.00%	0
Controlar el estrés	10.00%	3
Controlar la agresividad	3.33%	1
Prevenir la violencia doméstica	0.00%	0
Prevenir el crimen	3.33%	1
Prevenir la violación/abuso sexual	0.00%	0
Ninguno	0.00%	0
Otro:	0.00%	0
TOTAL		30

#	OTRO:	DATE
	There are no responses.	

**Q13 Donde obtiene usted la mayoría de la información sobre la salud?
(Elija una respuesta solamente.)**

Answered: 30 Skipped: 8



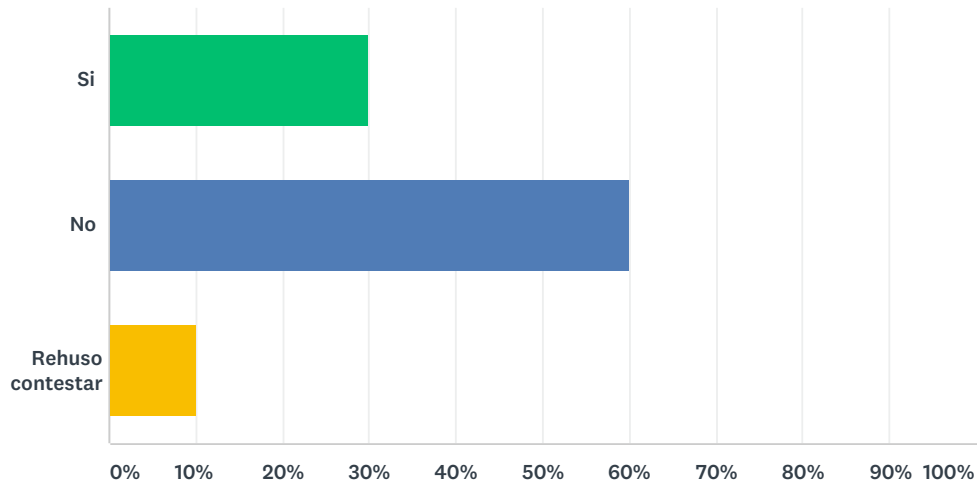
ANSWER CHOICES	RESPONSES
Amigos y familia	23.33% 7
Medico/enfermera	16.67% 5
Farmaceutico	0.00% 0
Iglesia	10.00% 3
Internet	16.67% 5
La escueal de mis hijos	0.00% 0
Television	6.67% 2
Hospital	6.67% 2

Departamento de salud	20.00%	6
Telefonos de ayuda	0.00%	0
Libros/revistas	0.00%	0
Radio	0.00%	0
Biblioteca	0.00%	0
Otro:	0.00%	0
TOTAL		30

#	OTRO:	DATE
There are no responses.		

Q14 Se ocupa de cuidar a algun niño de entre 9 y 19 años de edad? (incluya a hijastros, nietos y otros parientes.)

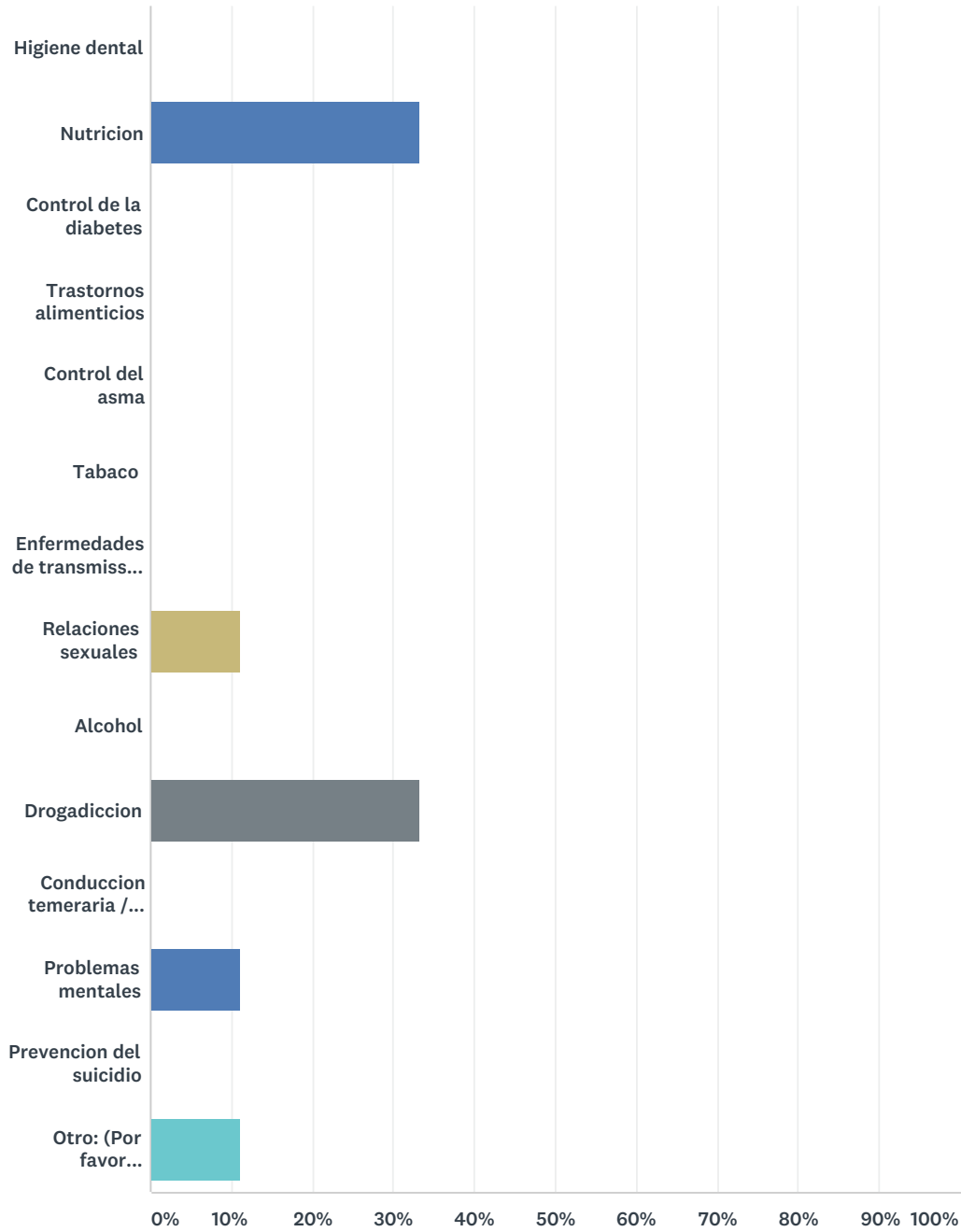
Answered: 30 Skipped: 8



ANSWER CHOICES	RESPONSES
Si	30.00% 9
No	60.00% 18
Rehuso contestar	10.00% 3
TOTAL	30

Q15 Sobre cuales de los siguientes temas de salud piensa usted que necesitan mas informacion sus hijos? (Marque todas las que correspondan.)

Answered: 9 Skipped: 29



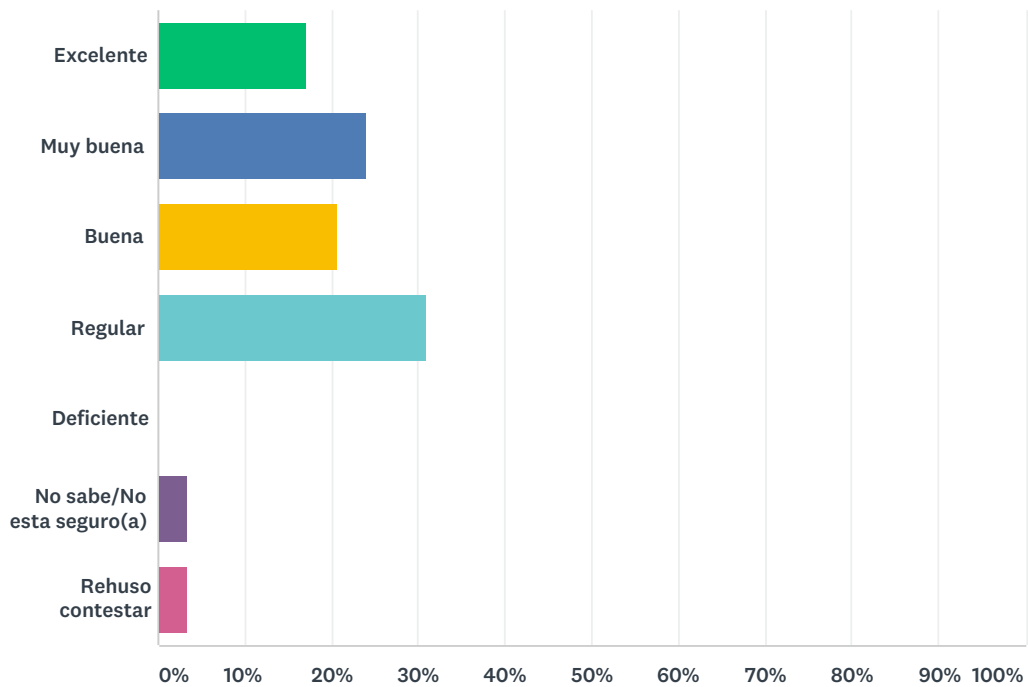
ANSWER CHOICES	RESPONSES	
Higiene dental	0.00%	0
Nutricion	33.33%	3
Control de la diabetes	0.00%	0
Trastornos alimenticios	0.00%	0
Control del asma	0.00%	0
Tabaco	0.00%	0
Enfermedades de transmission sexual	0.00%	0
Relaciones sexuales	11.11%	1

Alcohol	0.00%	0
Drogadiccion	33.33%	3
Conduccion temeraria / velocidad excesiva	0.00%	0
Problemas mentales	11.11%	1
Prevencion del suicidio	0.00%	0
Otro: (Por favor especifique)	11.11%	1
TOTAL		9

#	OTRO: (POR FAVOR ESPECIFIQUE)	DATE
1	Blank	4/3/2017 11:57 AM

Q16 Diria usted que en general su salud es....(Elija solo una)

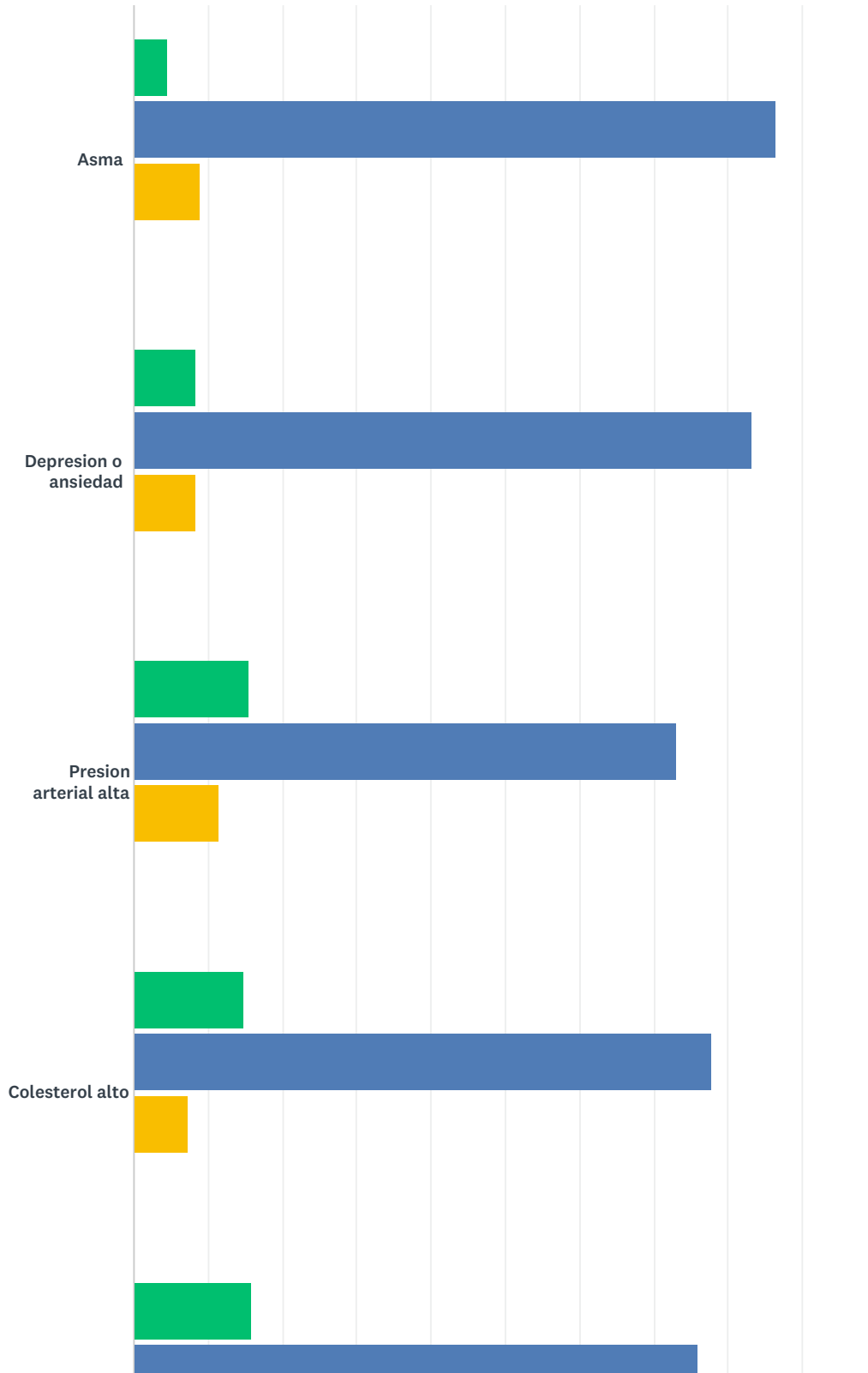
Answered: 29 Skipped: 9

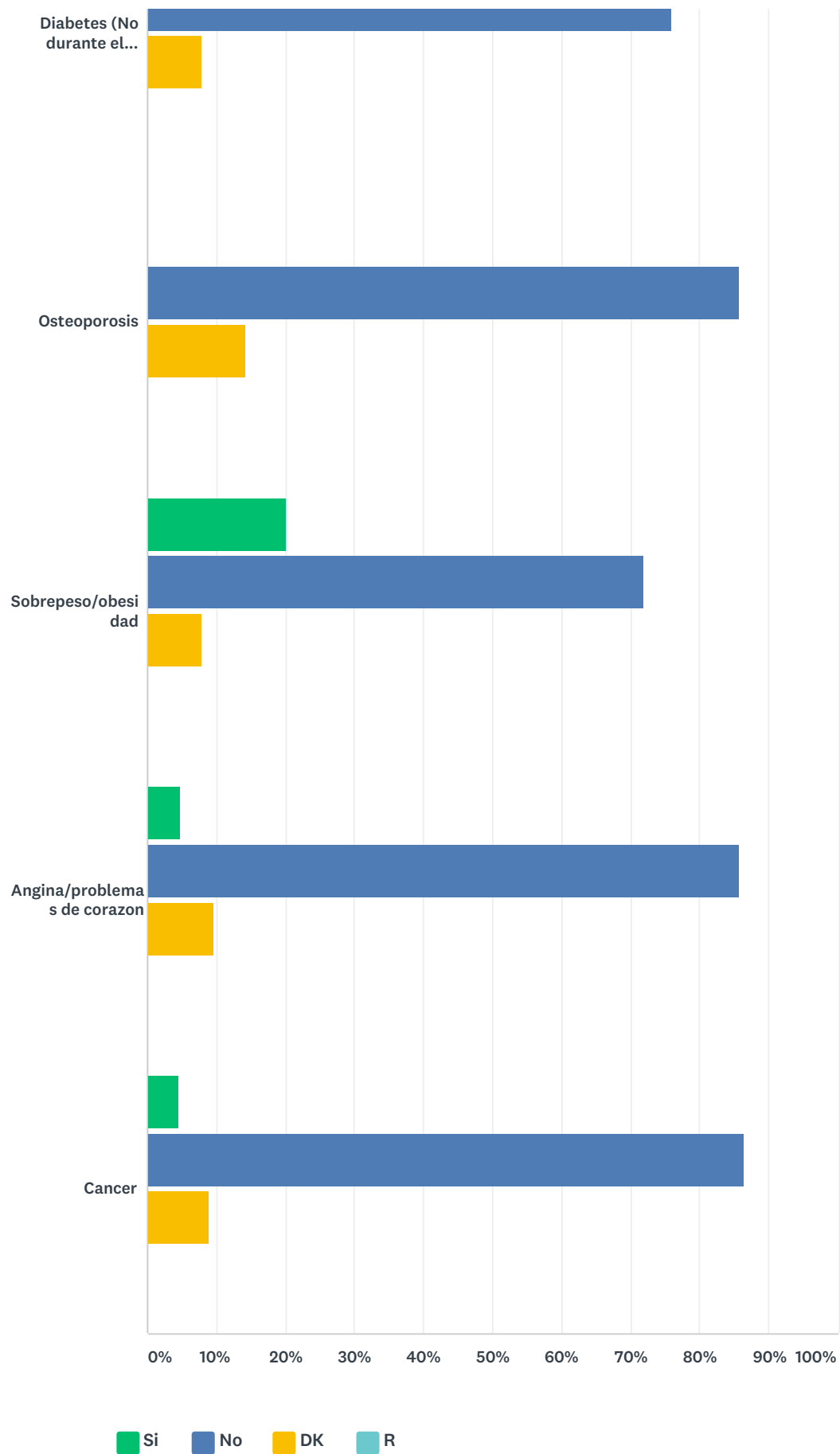


ANSWER CHOICES	RESPONSES	
Excelente	17.24%	5
Muy buena	24.14%	7
Buena	20.69%	6
Regular	31.03%	9
Deficiente	0.00%	0
No sabe/No esta seguro(a)	3.45%	1
Rehuso contestar	3.45%	1
TOTAL		29

Q17 Le ha dicho alguna vez un medico, enfermera u otro professional de salud que sufria alguna de las condiciones siguientes?(DK=No sabe/No esta seguro(a); R=Rehusó contestar)

Answered: 29 Skipped: 9

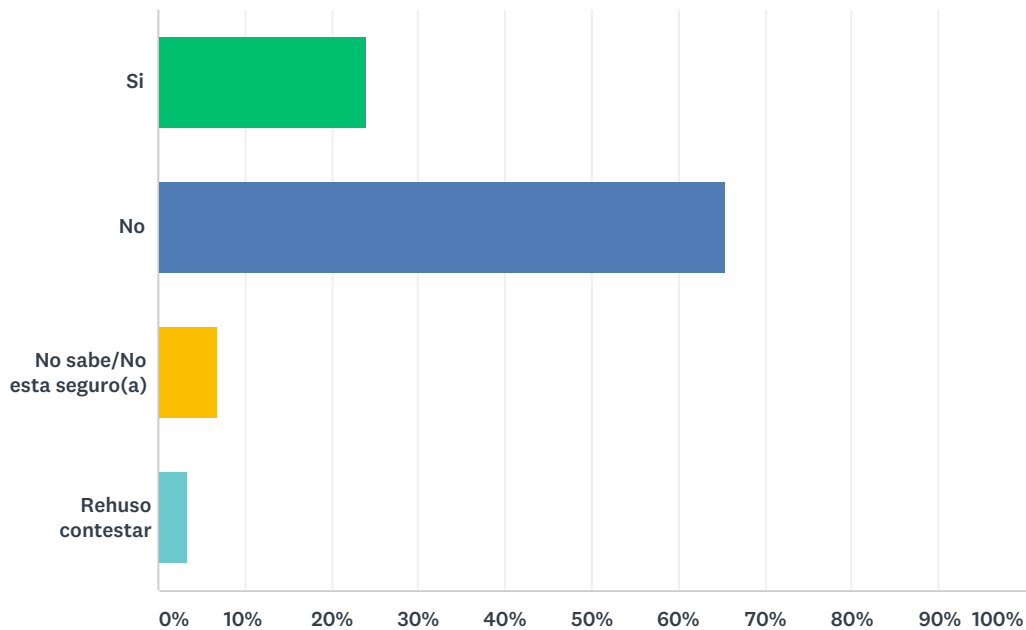




	SI	NO	DK	R	TOTAL
Asma	4.55% 1	86.36% 19	9.09% 2	0.00% 0	22
Depresion o ansiedad	8.33% 2	83.33% 20	8.33% 2	0.00% 0	24
Presion arterial alta	15.38% 4	73.08% 19	11.54% 3	0.00% 0	26
Colesterol alto	14.81% 4	77.78% 21	7.41% 2	0.00% 0	27
Diabetes (No durante el embarazo)	16.00% 4	76.00% 19	8.00% 2	0.00% 0	25
Osteoporosis	0.00% 0	85.71% 18	14.29% 3	0.00% 0	21
Sobrepeso/obesidad	20.00% 5	72.00% 18	8.00% 2	0.00% 0	25
Angina/problemas de corazon	4.76% 1	85.71% 18	9.52% 2	0.00% 0	21
Cancer	4.55% 1	86.36% 19	9.09% 2	0.00% 0	22

Q18 ¿Ha habido algún momento en los últimos 30 días en el que se sintiera tan triste o preocupado(a) que le costara seguir con sus actividades normales?

Answered: 29 Skipped: 9

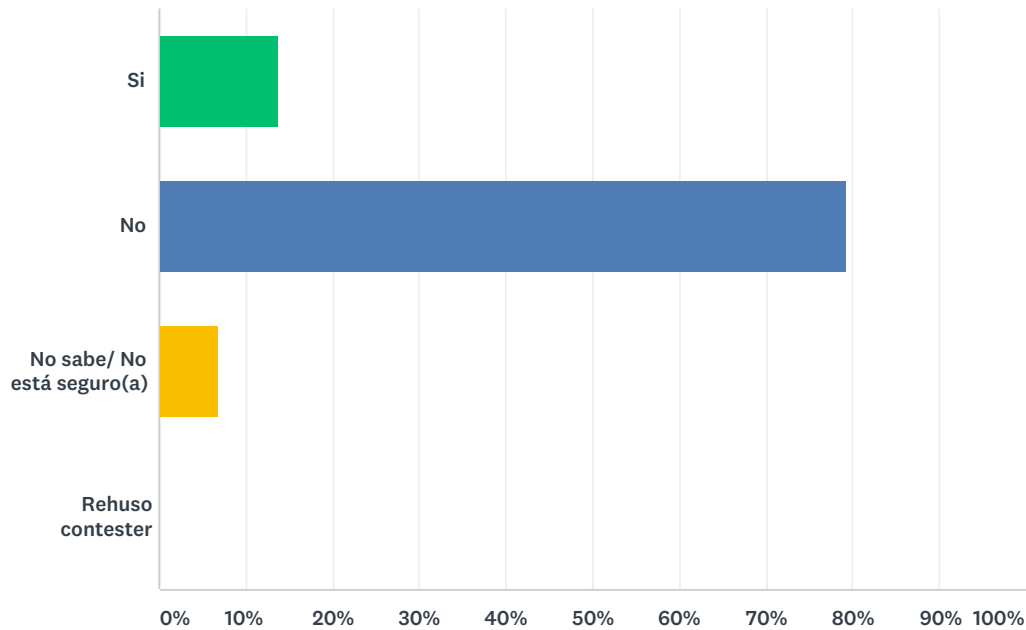


ANSWER CHOICES	RESPONSES
Si	24.14% 7
No	65.52% 19

No sabe/No esta seguro(a)	6.90%	2
Rehusó contestar	3.45%	1
TOTAL		29

Q19 ¿Ha sufrido durante los últimos 30 días algún dolor o problema de salud que le haya hecho difícil llevar a cabo sus actividades normales, como por ejemplo manejar, hacer las labores del hogar o ir a trabajar?

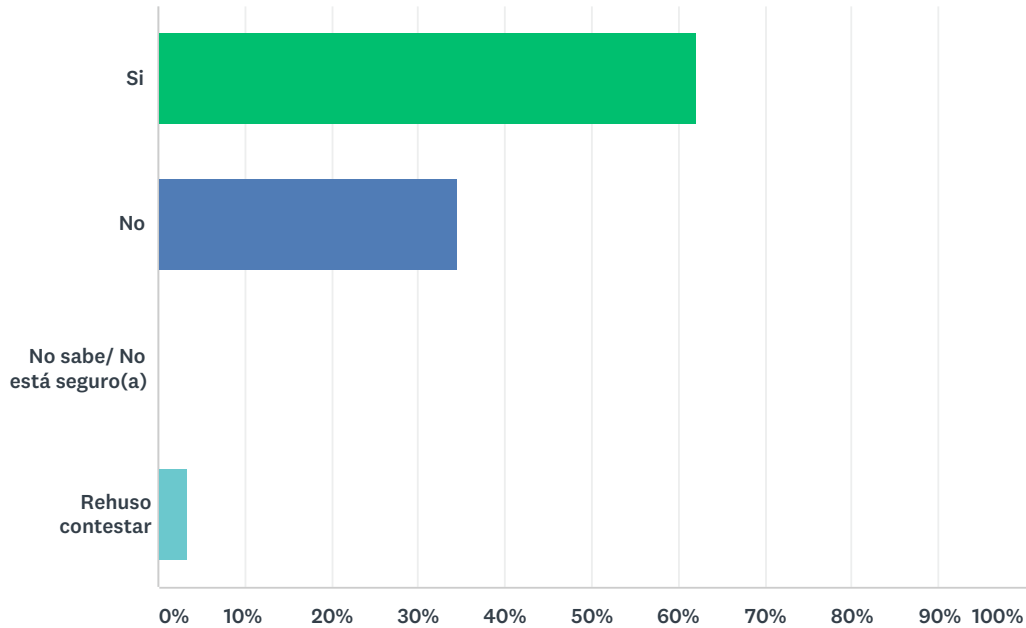
Answered: 29 Skipped: 9



ANSWER CHOICES	RESPONSES	
Si	13.79%	4
No	79.31%	23
No sabe/ No está seguro(a)	6.90%	2
Rehusó contestar	0.00%	0
TOTAL		29

Q20 Aparte de su trabajo, ¿hace durante la semana algún tipo de ejercicio o actividad física que dure media hora por lo mínimo?

Answered: 29 Skipped: 9



ANSWER CHOICES	RESPONSES
Si	62.07% 18
No	34.48% 10
No sabe/ No está seguro(a)	0.00% 0
Rehusó contestar	3.45% 1
TOTAL	29

Q21 Ya que dijo si, ¿Cuántas veces hace ejercicio o practica esta actividad durante una semana normal? Si hace ejercicio más de una vez al día, cuente como una vez cada actividad física que dure media hora por lo mínimo. (anote un numero).

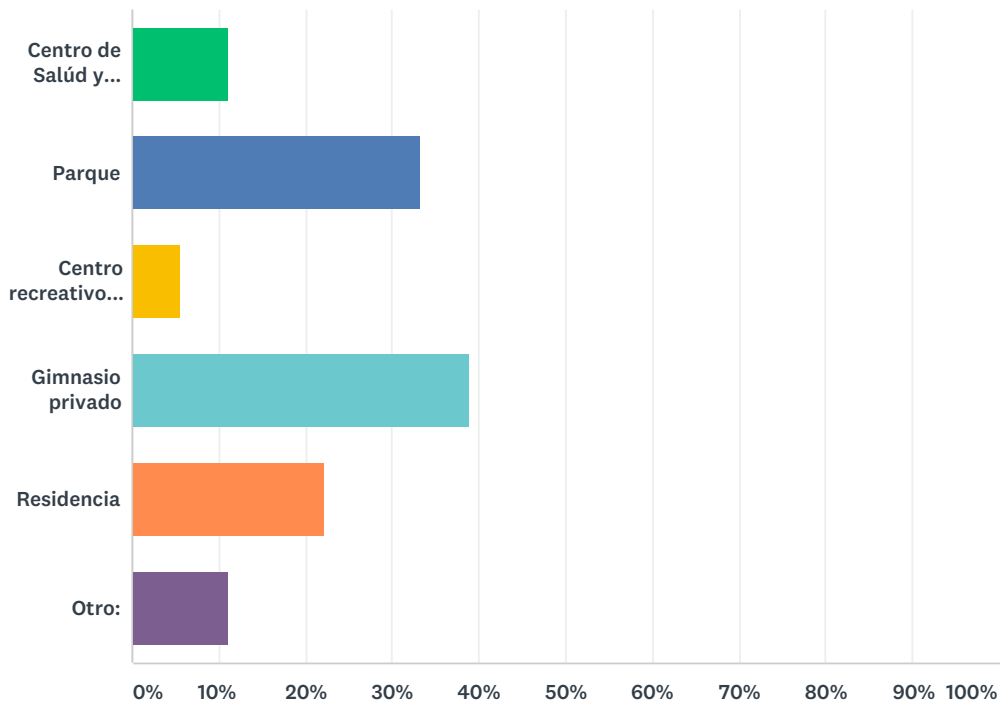
Answered: 18 Skipped: 20

#	RESPONSES	DATE
1	2	3/7/2017 3:23 PM
2	2	2/28/2017 3:32 PM
3	4	2/28/2017 2:40 PM
4	3	2/28/2017 2:28 PM
5	5	2/23/2017 10:40 AM
6	6	2/23/2017 8:18 AM
7	1	2/20/2017 9:31 AM
8	5	2/20/2017 9:27 AM
9	3	2/20/2017 9:23 AM
10	1	2/15/2017 1:56 PM

11	2	2/10/2017 2:36 PM
12	No answer	1/26/2017 11:41 AM
13	4	1/26/2017 11:18 AM
14	1	1/26/2017 11:14 AM
15	5	1/26/2017 11:10 AM
16	2	1/26/2017 11:06 AM
17	2	1/26/2017 10:59 AM
18	No answer	1/26/2017 10:51 AM

Q22 ¿A dónde va para hacer este ejercicio o actividad física? (Marque todas las respuestas que correspondan.)

Answered: 18 Skipped: 20



ANSWER CHOICES	RESPONSES	
Centro de Salud y bienestar	11.11%	2
Parque	33.33%	6
Centro recreativo public	5.56%	1
Gimnasio privado	38.89%	7
Residencia	22.22%	4
Otro:	11.11%	2
Total Respondents: 18		

#	OTRO:	DATE
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1 casa

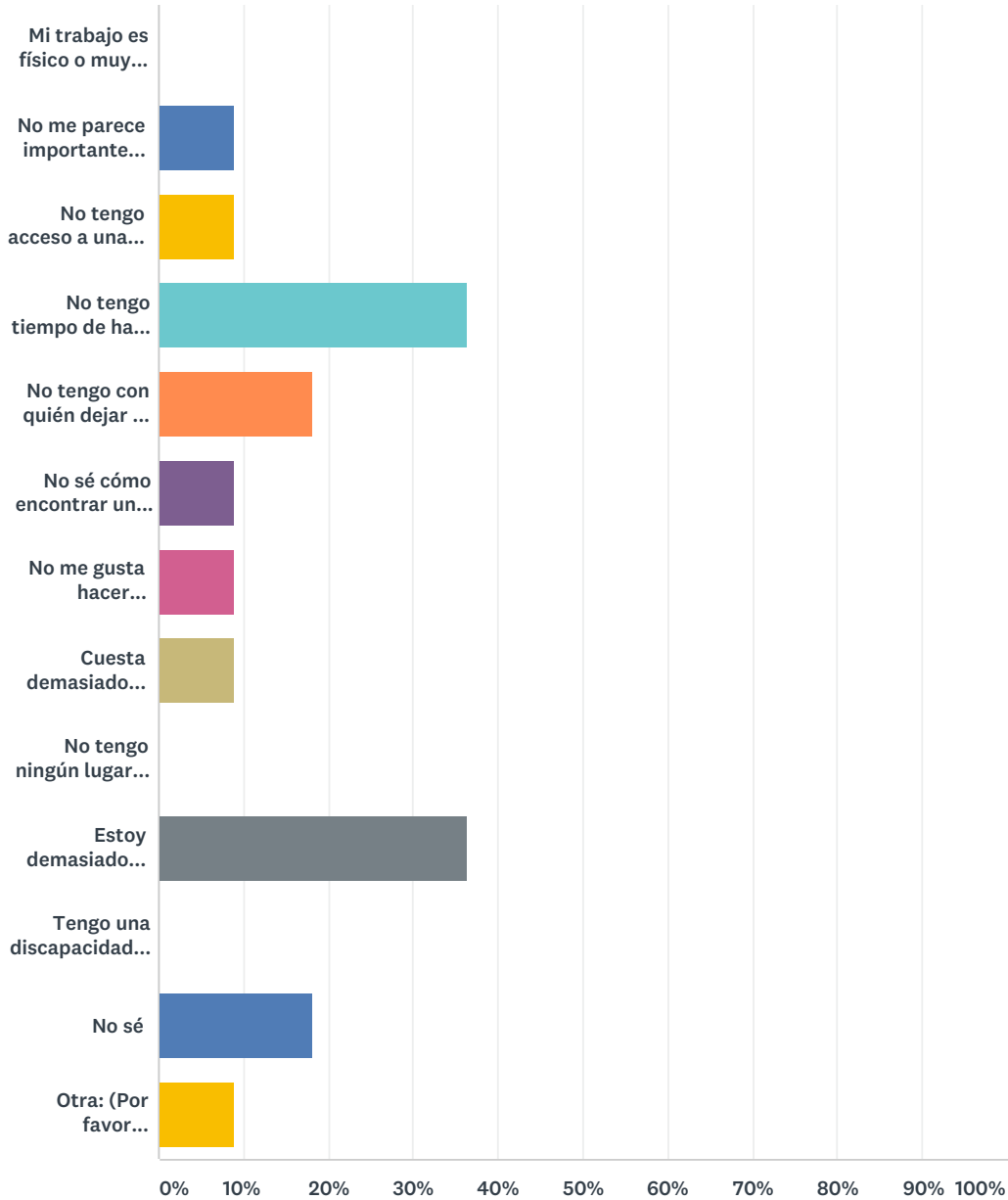
2/23/2017 10:40 AM

2 Escuela

2/20/2017 9:27 AM

Q23 Si usted contestó "No sé/No está seguro(a)", o "Rehuso Contestar", ¿Cuáles son los motivos de que no haga ejercicio media hora por lo mínimo durante una semana normal? (Marque todas las que correspondan.)

Answered: 11 Skipped: 27



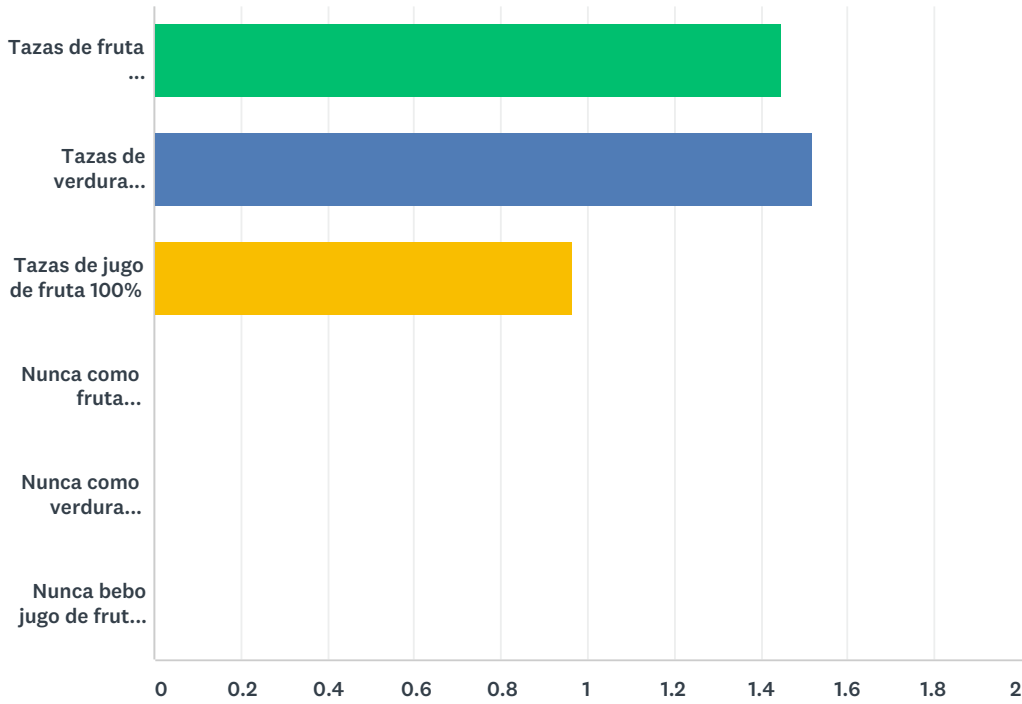
ANSWER CHOICES	RESPONSES	Count
Mi trabajo es físico o muy duro.	0.00%	0
No me parece importante hacer ejercicio.	9.09%	1

No tengo acceso a una piscina, un campo de golf o una pista de carreras.	9.09%	1
No tengo tiempo de hacer ejercicio.	36.36%	4
No tengo con quién dejar a los niños.	18.18%	2
No sé cómo encontrar un compañero(a) con quien hacer ejercicio.	9.09%	1
No me gusta hacer ejercicio.	9.09%	1
Cuesta demasiado dinero	9.09%	1
No tengo ningún lugar seguro donde hacer ejercicio.	0.00%	0
Estoy demasiado cansado para hacer ejercicio.	36.36%	4
Tengo una discapacidad física.	0.00%	0
No sé	18.18%	2
Otra: (Por favor especifique)	9.09%	1
Total Respondents: 11		

#	OTRA: (POR FAVOR ESPECIFIQUE)	DATE
1	Blank	4/3/2017 11:57 AM

Q24 Sin contar productos de la papa, piense en la frecuencia con que come frutas y verduras durante una semana normal. (Productos de la papa son, por ejemplo, papas fritas, papas asadas, hash browns, puré de papas y cualquier otra cosa hecha con papas blancas.) ¿Cuántas tazas de frutas y verduras consume normalmente a la semana? Una taza es una manzana o 12 zanahorias pequeñas. (Escriba el número de tazas en el espacio correspondiente.)

Answered: 29 Skipped: 9



ANSWER CHOICES	AVERAGE NUMBER	TOTAL NUMBER	RESPONSES
Tazas de fruta	1	42	29
Tazas de verdura	2	44	29
Tazas de jugo de fruta 100%	1	28	29
Nunca como fruta	0	0	0
Nunca como verdura	0	0	0
Nunca bebo jugo de fruta 100%	0	0	0
Total Respondents: 29			

BASIC STATISTICS					
	MINIMUM	MAXIMUM	MEDIAN	MEAN	STANDARD DEVIATION
Tazas de fruta	0.00	7.00	1.00	1.45	1.59
Tazas de verdura	0.00	6.00	1.00	1.52	1.59
Tazas de jugo de fruta 100%	0.00	9.00	0.00	0.97	1.85
Nunca como fruta	0.00	0.00	0.00	0.00	0.00
Nunca como verdura	0.00	0.00	0.00	0.00	0.00
Nunca bebo jugo de fruta 100%	0.00	0.00	0.00	0.00	0.00

#	TAZAS DE FRUTA	DATE
1	1	4/3/2017 11:57 AM
2	1	3/7/2017 3:23 PM
3	2	2/28/2017 3:32 PM
4	2	2/28/2017 2:54 PM

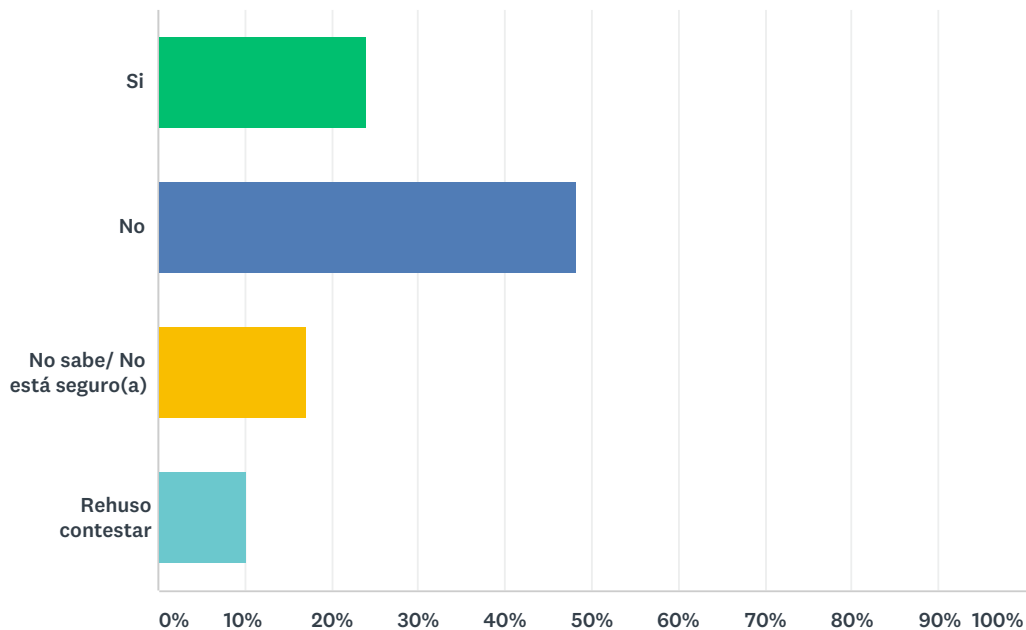
5	1	2/28/2017 2:49 PM
6	3	2/28/2017 2:46 PM
7	0	2/28/2017 2:42 PM
8	4	2/28/2017 2:40 PM
9	1	2/28/2017 2:37 PM
10	3	2/28/2017 2:34 PM
11	2	2/28/2017 2:31 PM
12	1	2/28/2017 2:28 PM
13	0	2/23/2017 10:40 AM
14	7	2/23/2017 8:18 AM
15	3	2/20/2017 9:31 AM
16	1	2/20/2017 9:28 AM
17	0	2/20/2017 9:23 AM
18	0	2/15/2017 1:56 PM
19	2	2/10/2017 2:36 PM
20	1	1/26/2017 11:41 AM
21	0	1/26/2017 11:36 AM
22	1	1/26/2017 11:30 AM
23	1	1/26/2017 11:25 AM
24	4	1/26/2017 11:18 AM
25	0	1/26/2017 11:14 AM
26	1	1/26/2017 11:10 AM
27	0	1/26/2017 11:06 AM
28	0	1/26/2017 11:00 AM
29	0	1/26/2017 10:52 AM
#	TAZAS DE VERDURA	DATE
1	1	4/3/2017 11:57 AM
2	1	3/7/2017 3:23 PM
3	0	2/28/2017 3:32 PM
4	2	2/28/2017 2:54 PM
5	1	2/28/2017 2:49 PM
6	0	2/28/2017 2:46 PM
7	1	2/28/2017 2:42 PM
8	3	2/28/2017 2:40 PM
9	0	2/28/2017 2:37 PM
10	1	2/28/2017 2:34 PM
11	0	2/28/2017 2:31 PM
12	2	2/28/2017 2:28 PM
13	0	2/23/2017 10:40 AM
14	6	2/23/2017 8:18 AM
15	4	2/20/2017 9:31 AM

16	1	2/20/2017 9:28 AM
17	4	2/20/2017 9:23 AM
18	4	2/15/2017 1:56 PM
19	3	2/10/2017 2:36 PM
20	1	1/26/2017 11:41 AM
21	2	1/26/2017 11:36 AM
22	1	1/26/2017 11:30 AM
23	1	1/26/2017 11:25 AM
24	4	1/26/2017 11:18 AM
25	0	1/26/2017 11:14 AM
26	1	1/26/2017 11:10 AM
27	0	1/26/2017 11:06 AM
28	0	1/26/2017 11:00 AM
29	0	1/26/2017 10:52 AM
#	TAZAS DE JUGO DE FRUTA 100%	DATE
1	0	4/3/2017 11:57 AM
2	0	3/7/2017 3:23 PM
3	2	2/28/2017 3:32 PM
4	0	2/28/2017 2:54 PM
5	1	2/28/2017 2:49 PM
6	0	2/28/2017 2:46 PM
7	1	2/28/2017 2:42 PM
8	5	2/28/2017 2:40 PM
9	0	2/28/2017 2:37 PM
10	1	2/28/2017 2:34 PM
11	0	2/28/2017 2:31 PM
12	2	2/28/2017 2:28 PM
13	0	2/23/2017 10:40 AM
14	0	2/23/2017 8:18 AM
15	0	2/20/2017 9:31 AM
16	0	2/20/2017 9:28 AM
17	9	2/20/2017 9:23 AM
18	0	2/15/2017 1:56 PM
19	2	2/10/2017 2:36 PM
20	1	1/26/2017 11:41 AM
21	0	1/26/2017 11:36 AM
22	1	1/26/2017 11:30 AM
23	1	1/26/2017 11:25 AM
24	1	1/26/2017 11:18 AM
25	0	1/26/2017 11:14 AM
26	1	1/26/2017 11:10 AM

27	0	1/26/2017 11:06 AM
28	0	1/26/2017 11:00 AM
29	0	1/26/2017 10:52 AM
#	NUNCA COMO FRUTA	DATE
There are no responses.		
#	NUNCA COMO VERDURA	DATE
There are no responses.		
#	NUNCA BEBO JUGO DE FRUTA 100%	DATE
There are no responses.		

Q25 ¿Ha estado expuesto a humo de segunda mano durante el año pasado?

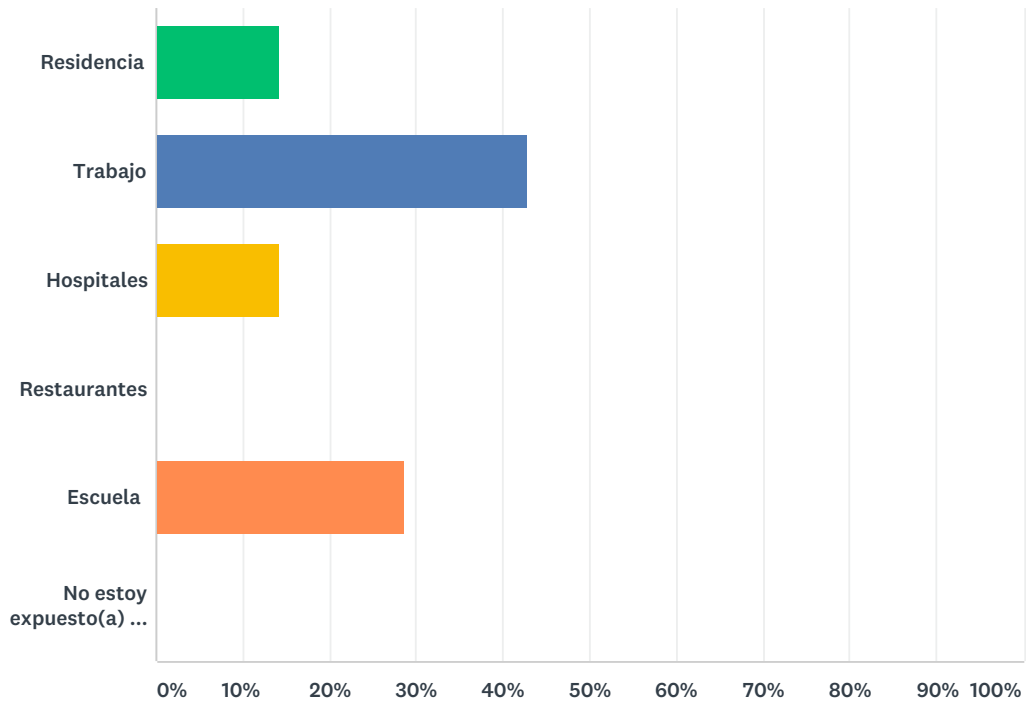
Answered: 29 Skipped: 9



ANSWER CHOICES	RESPONSES
Si	24.14% 7
No	48.28% 14
No sabe/ No está seguro(a)	17.24% 5
Rehuso contestar	10.34% 3
TOTAL	29

Q26 Ya que usted contestó si, ¿Dónde piensa que se encuentra expuesto al humo de segunda mano con más frecuencia? (Marque sólo un sitio)

Answered: 7 Skipped: 31

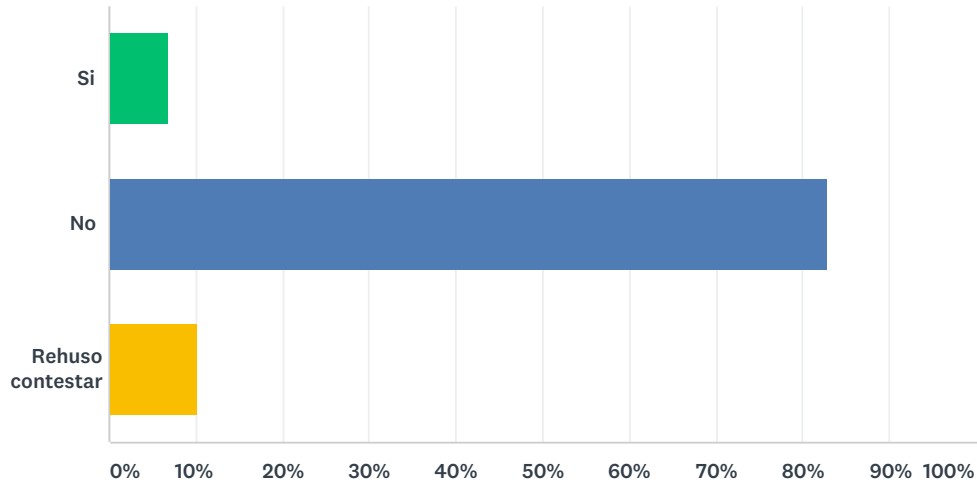


ANSWER CHOICES	RESPONSES	
Residencia	14.29%	1
Trabajo	42.86%	3
Hospitales	14.29%	1
Restaurantes	0.00%	0
Escuela	28.57%	2
No estoy expuesto(a) al humo se segunda mano.	0.00%	0
TOTAL		7

#	OTRA: (POR FAVOR ESPECIFIQUE)	DATE
	There are no responses.	

Q27 ¿Fuma usted actualmente?

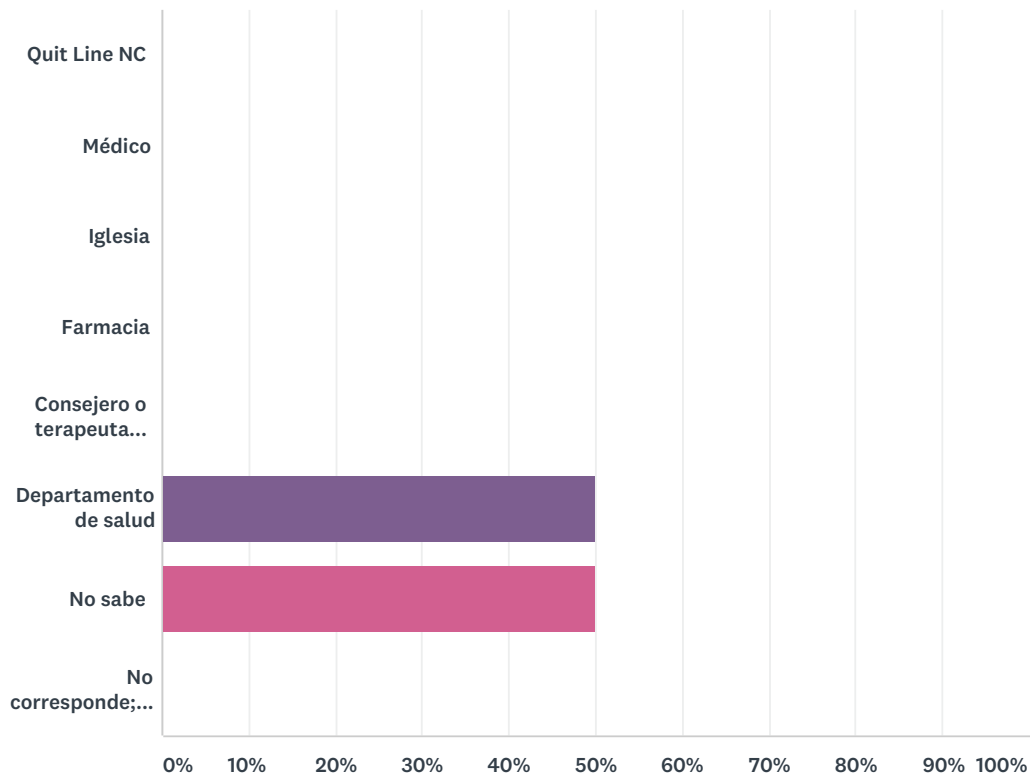
Answered: 29 Skipped: 9



ANSWER CHOICES	RESPONSES
Si	6.90% 2
No	82.76% 24
Rehuso contestar	10.34% 3
TOTAL	29

Q28 Si usted contesto si, ¿A dónde acudiría para que le ayudaran a dejar de fumar? (Marque solo una.)

Answered: 2 Skipped: 36

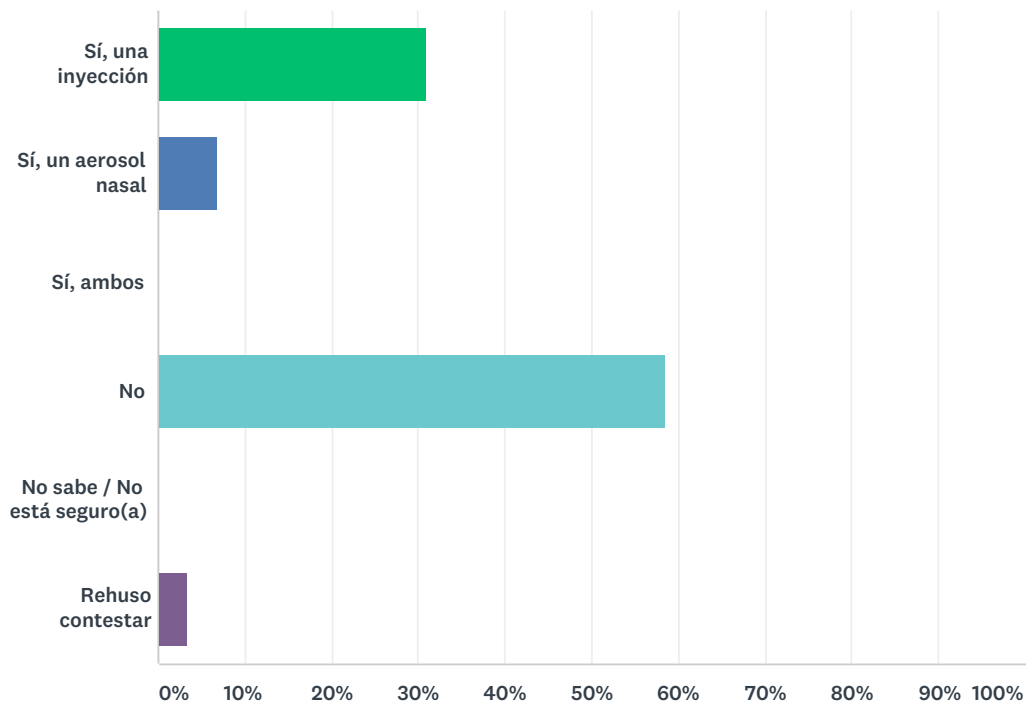


ANSWER CHOICES	RESPONSES
Quit Line NC	0.00% 0
Médico	0.00% 0
Iglesia	0.00% 0
Farmacia	0.00% 0
Consejero o terapeuta privado	0.00% 0
Departamento de salud	50.00% 1
No sabe	50.00% 1
No corresponde; no quiero dejar de fumar	0.00% 0
TOTAL	2

#	OTRO: (POR FAVOR ESPECIFIQUE)	DATE
1	No answer	1/26/2017 11:01 AM

Q29 La vacuna contra la gripe puede ponerse con una inyección en el brazo o en forma de aerosol por la nariz con “FluMist”. ¿Se ha puesto una vacuna contra la gripe estacional en los últimos 12 meses?

Answered: 29 Skipped: 9

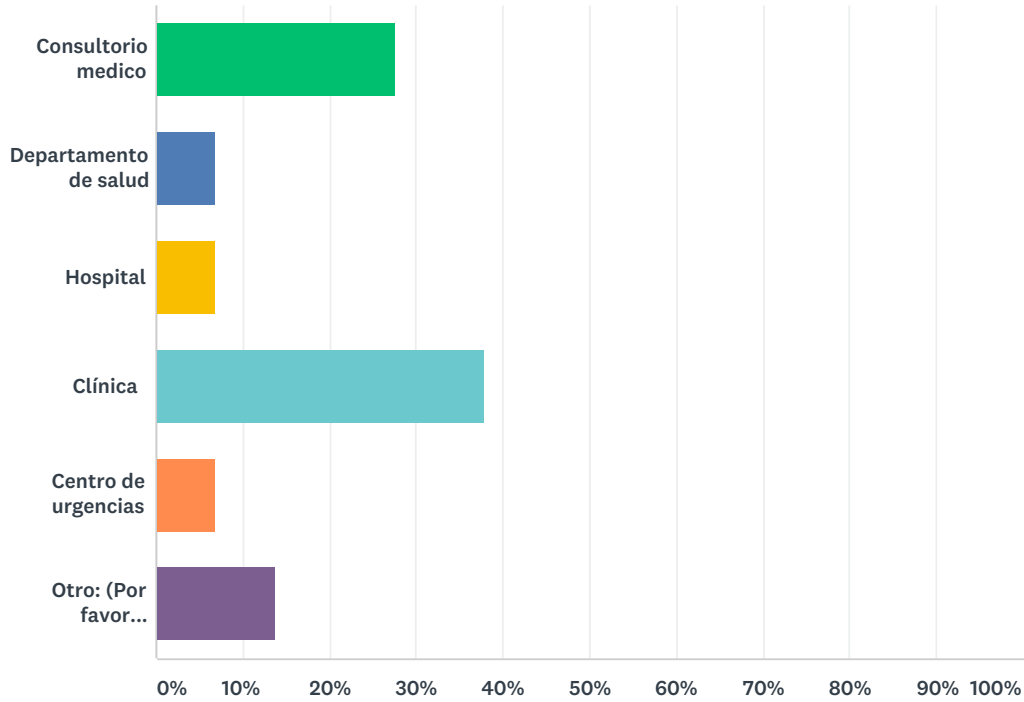


ANSWER CHOICES	RESPONSES
Sí, una inyección	31.03% 9
Sí, un aerosol nasal	6.90% 2
Sí, ambos	0.00% 0

No	58.62%	17
No sabe / No está seguro(a)	0.00%	0
Rehusó contestar	3.45%	1
TOTAL		29

Q30 ¿A dónde acude con más frecuencia cuando se enferma? (Marque solo una.)

Answered: 29 Skipped: 9

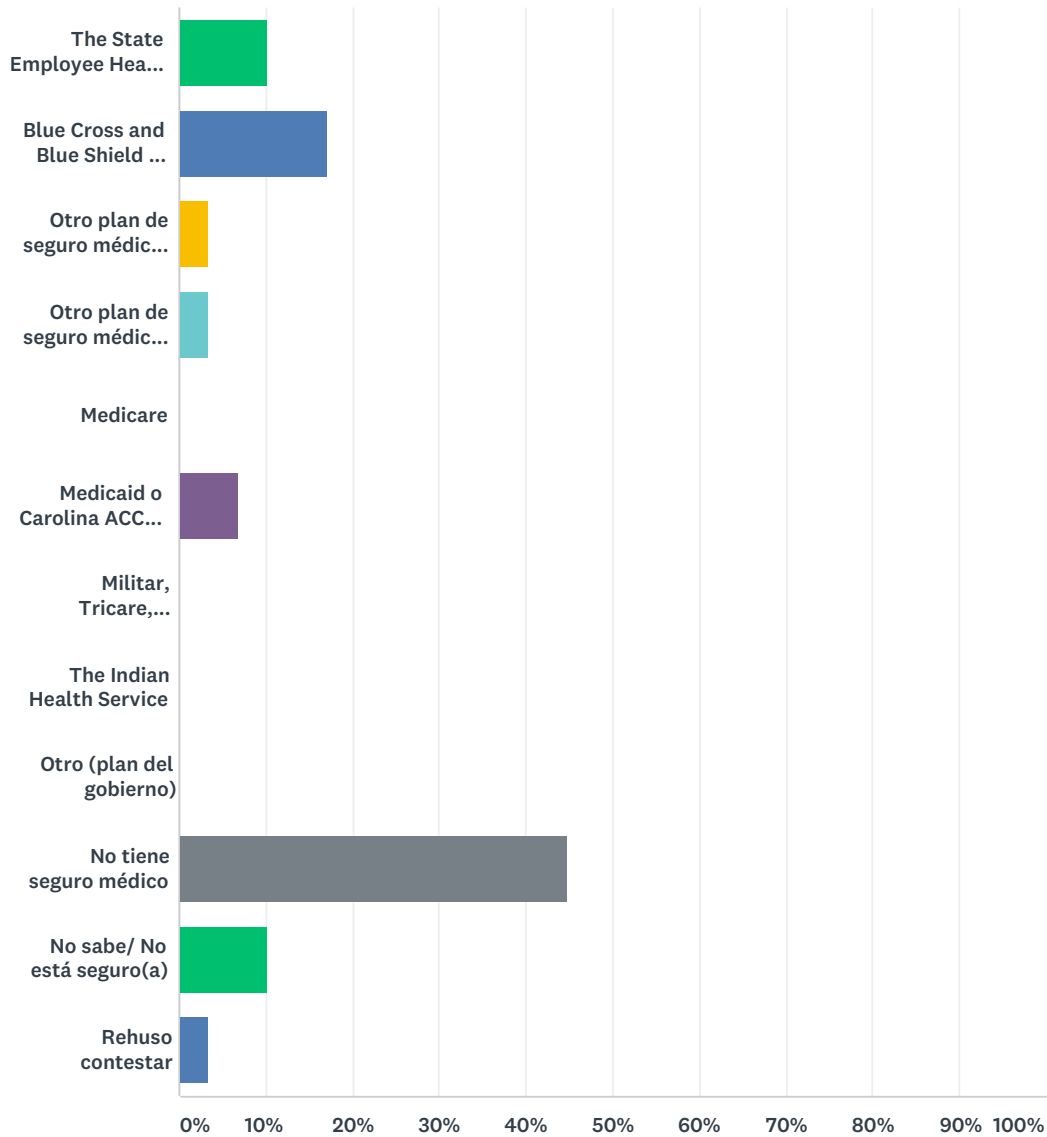


ANSWER CHOICES	RESPONSES
Consultorio medico	27.59% 8
Departamento de salud	6.90% 2
Hospital	6.90% 2
Clínica	37.93% 11
Centro de urgencias	6.90% 2
Otro: (Por favor especifique)	13.79% 4
TOTAL	29

#	OTRO: (POR FAVOR ESPECIFIQUE)	DATE
1	Blank	4/3/2017 11:58 AM
2	casa	2/28/2017 3:32 PM
3	no answer	2/15/2017 1:56 PM
4	No answer	1/26/2017 11:25 AM

Q31 ¿Qué plan de seguro de salud tiene? ¿Es este el plan que paga las facturas médicas primero o que paga la mayoría de las facturas médicas? (Elija una respuesta solamente.)

Answered: 29 Skipped: 9

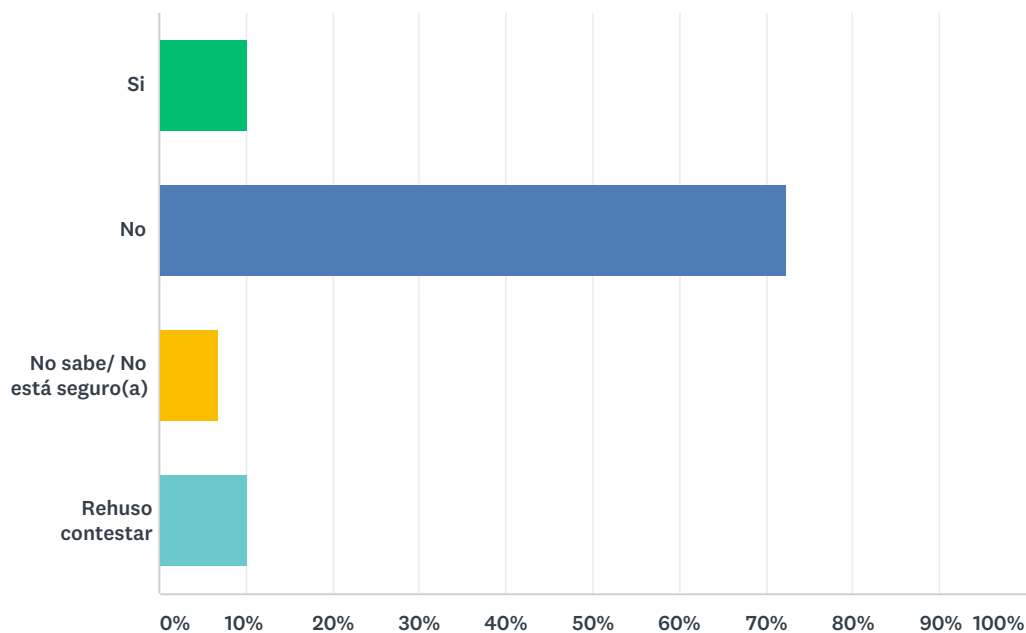


ANSWER CHOICES	RESPONSES
The State Employee Health Plan	10.34% 3
Blue Cross and Blue Shield of NC	17.24% 5
Otro plan de seguro médico privado pagado por el empleador o lugar de trabajo	3.45% 1
Otro plan de seguro médico privado adquirido directamente del asegurador	3.45% 1
Medicare	0.00% 0
Medicaid o Carolina ACCESS o Health Choice 55	6.90% 2
Militar, Tricare, CHAMPUS o VA	0.00% 0

The Indian Health Service	0.00%	0
Otro (plan del gobierno)	0.00%	0
No tiene seguro médico	44.83%	13
No sabe/ No está seguro(a)	10.34%	3
Rehusó contestar	3.45%	1
TOTAL		29

Q32 ¿Ha tenido algún problema para obtener atención para usted o alguien de su familia de algún proveedor médico, dentista, farmacia u otro tipo de establecimiento médico en los últimos 12 meses?

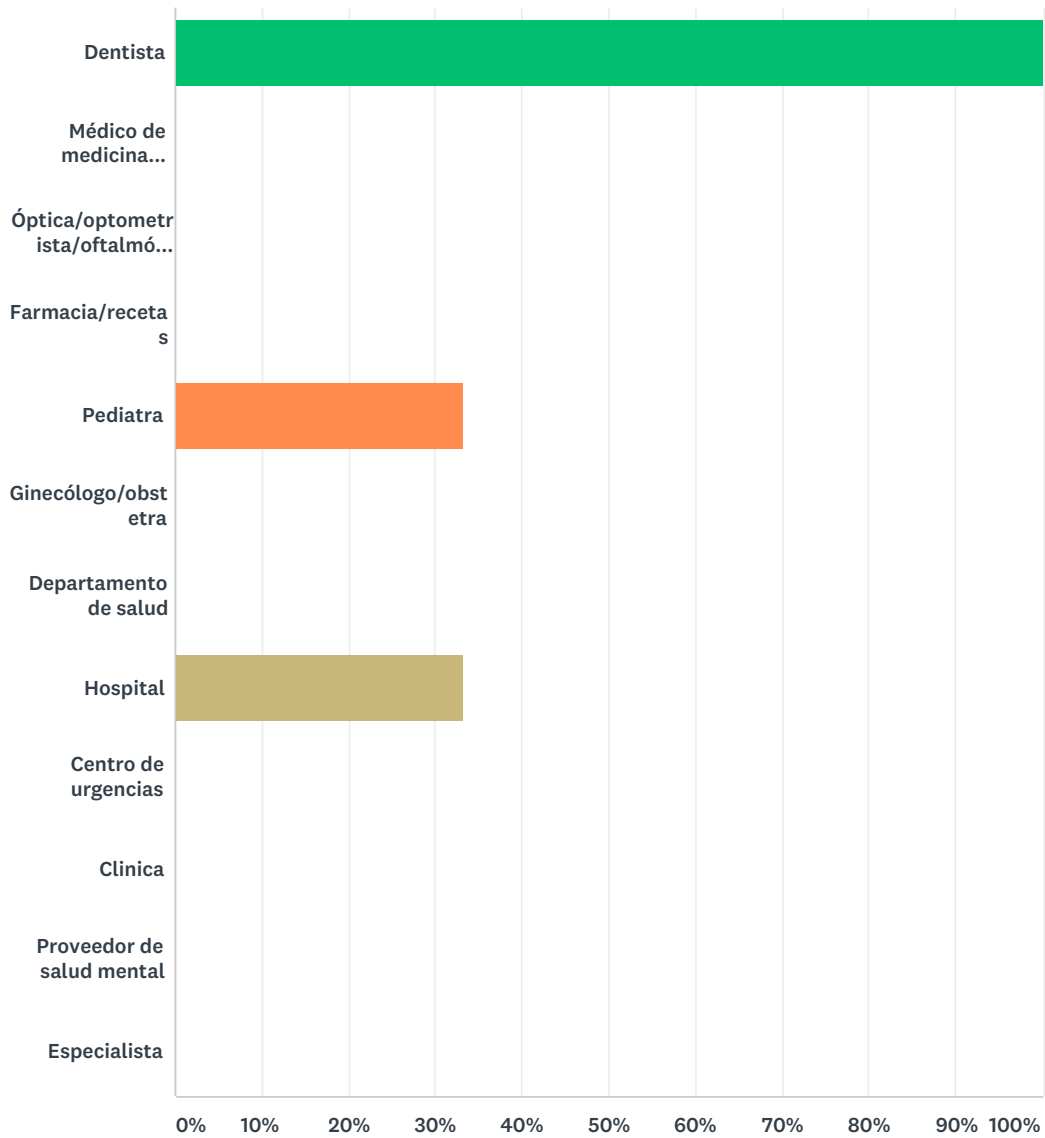
Answered: 29 Skipped: 9



ANSWER CHOICES	RESPONSES	Count
Si	10.34%	3
No	72.41%	21
No sabe/ No está seguro(a)	6.90%	2
Rehusó contestar	10.34%	3
TOTAL		29

Q33 Ya que usted contestó “si,” ¿Con qué proveedor o centro médico tuvo usted o su familiar el problema para obtener atención? Puede elegir todas las respuestas que necesite. Si el proveedor con el que tuvo el problema no está en la lista, favor de anotarlo.

Answered: 3 Skipped: 35



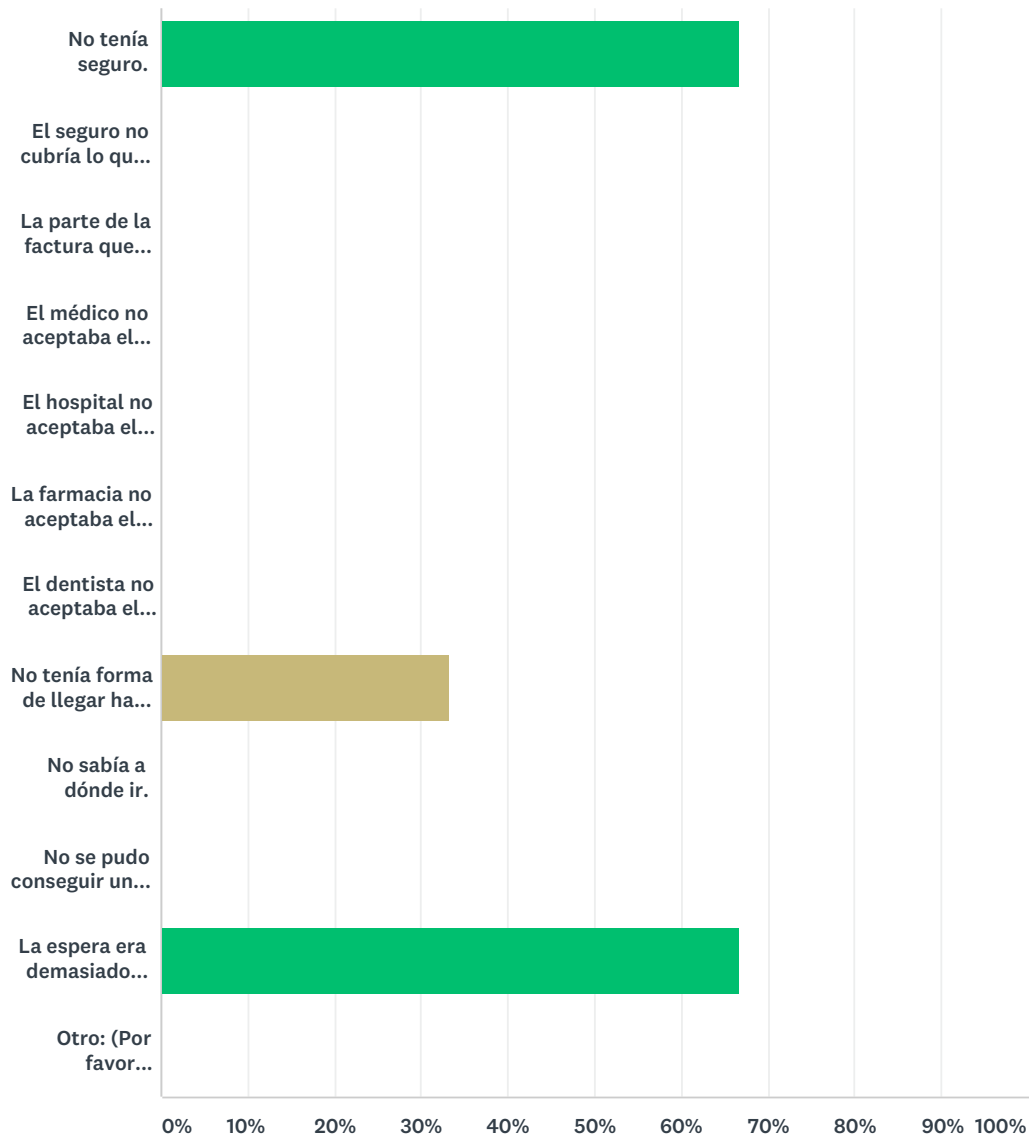
ANSWER CHOICES	RESPONSES	
Dentista	100.00%	3
Médico de medicina general	0.00%	0
Óptica/optometrista/oftalmólogo	0.00%	0
Farmacia/recetas	0.00%	0
Pediatra	33.33%	1
Ginecólogo/obstetra	0.00%	0
Departamento de salud	0.00%	0
Hospital	33.33%	1
Centro de urgencias	0.00%	0
Clinica	0.00%	0

Proveedor de salud mental	0.00%	0
Especialista	0.00%	0
Total Respondents: 3		

#	OTRO: (POR FAVOR ESPECIFIQUE)	DATE
There are no responses.		

Q34 ¿Cuál de los problemas siguientes evitó que usted o su familiar obtuvieran la atención médica necesaria? Puede elegir todas las respuestas que necesite. Si alguno de los problemas que tuvo no está en la lista, favor de anotarlo.

Answered: 3 Skipped: 35



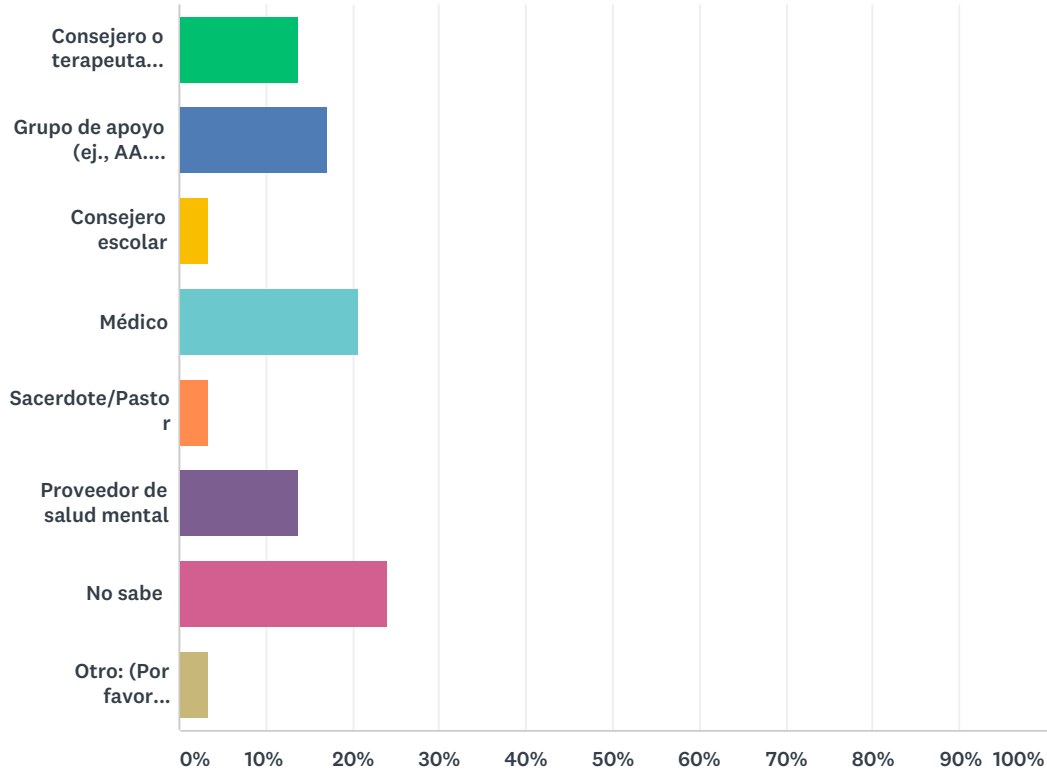
ANSWER CHOICES	RESPONSES
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No tenía seguro.	66.67%	2
El seguro no cubría lo que necesitaba.	0.00%	0
La parte de la factura que había que pagar (deducible/copago) era demasiado alta.	0.00%	0
El médico no aceptaba el seguro o Medicaid.	0.00%	0
El hospital no aceptaba el seguro.	0.00%	0
La farmacia no aceptaba el seguro o Medicaid.	0.00%	0
El dentista no aceptaba el seguro o Medicaid.	0.00%	0
No tenía forma de llegar hasta allí.	33.33%	1
No sabía a dónde ir.	0.00%	0
No se pudo conseguir una cita.	0.00%	0
La espera era demasiado larga.	66.67%	2
Otro: (Por favor especifique)	0.00%	0
Total Respondents: 3		

#	OTRO: (POR FAVOR ESPECIFIQUE)	DATE
	There are no responses.	

Q35 Si un amigo o familiar necesita consejería con algún problema de salud mental, de alcoholismo o de drogadicción, ¿quién sería la primera persona con la que le recomendaría que hablara? (Elija una respuesta solamente.)

Answered: 29 Skipped: 9

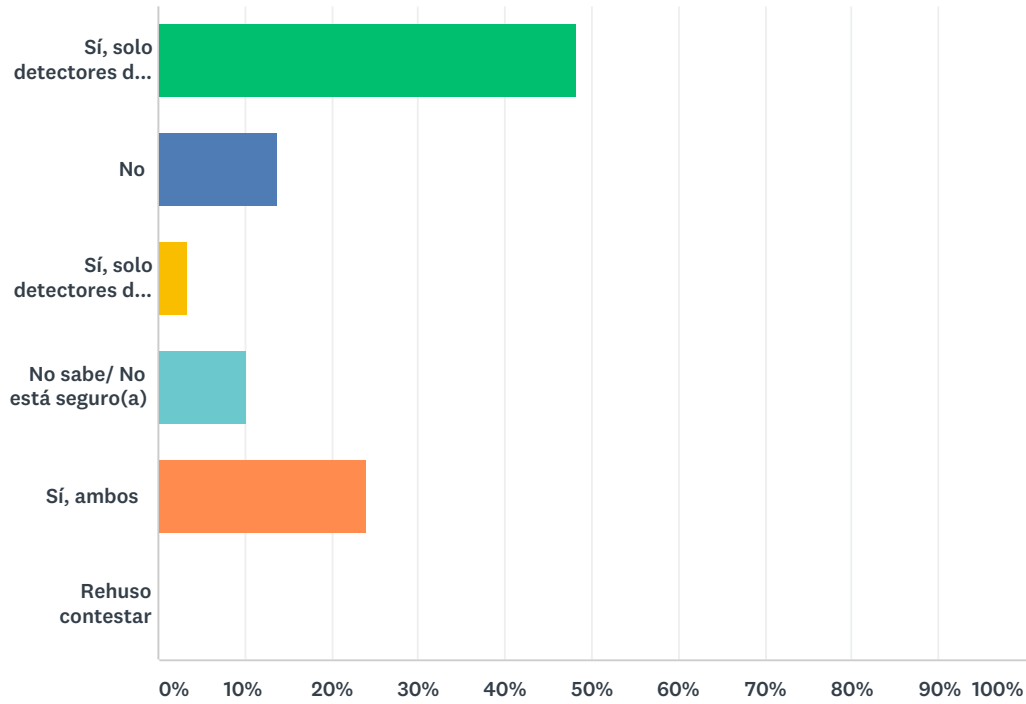


ANSWER CHOICES	RESPONSES	
Consejero o terapeuta privado	13.79%	4
Grupo de apoyo (ej., AA. Al-Anon)	17.24%	5
Consejero escolar	3.45%	1
Médico	20.69%	6
Sacerdote/Pastor	3.45%	1
Proveedor de salud mental	13.79%	4
No sabe	24.14%	7
Otro: (Por favor especifique)	3.45%	1
TOTAL		29

#	OTRO: (POR FAVOR ESPECIFIQUE)	DATE
1	Eastpointe	1/26/2017 11:11 AM

Q36 ¿Tiene instalados en su vivienda detectores de humo y de monóxido de carbono? (Marque solo una respuesta.)

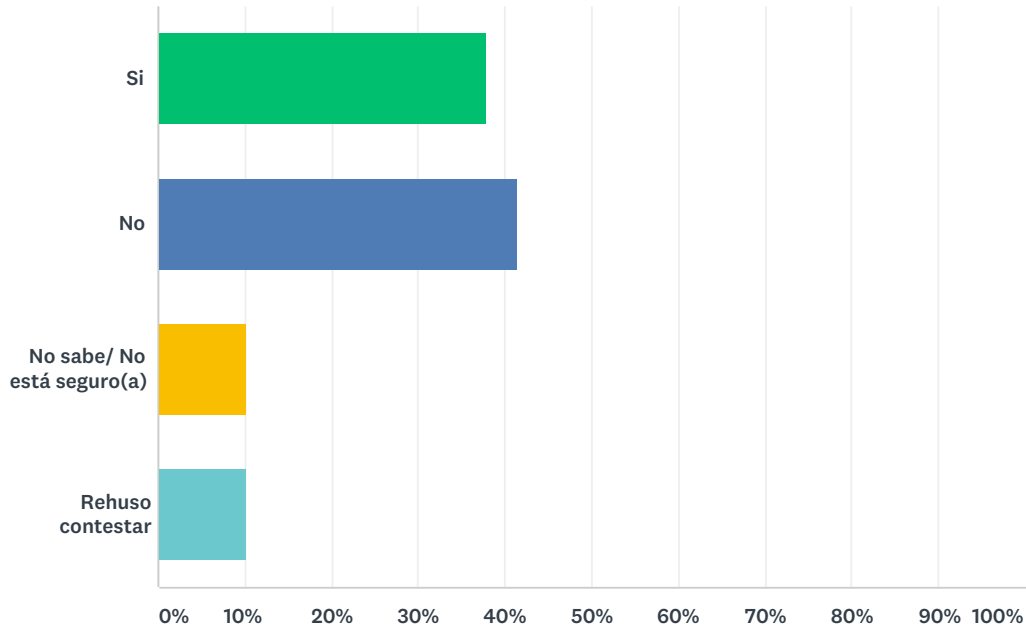
Answered: 29 Skipped: 9



ANSWER CHOICES	RESPONSES	
Sí, solo detectores de humo	48.28%	14
No	13.79%	4
Sí, solo detectores de monóxido de carbon	3.45%	1
No sabe/ No está seguro(a)	10.34%	3
Sí, ambos	24.14%	7
Rehusó contestar	0.00%	0
TOTAL		29

Q37 ¿Tiene su familia un paquete de suministros de emergencia? (Estos paquetes incluyen agua, alimentos no perecederos, los medicamentos con receta que se necesiten, primeros auxilios, linternas y pilas, abridor de latas manual, mantas, etc.)

Answered: 29 Skipped: 9



ANSWER CHOICES	RESPONSES
Si	37.93% 11
No	41.38% 12
No sabe/ No está seguro(a)	10.34% 3
Rehuso contestar	10.34% 3
TOTAL	29

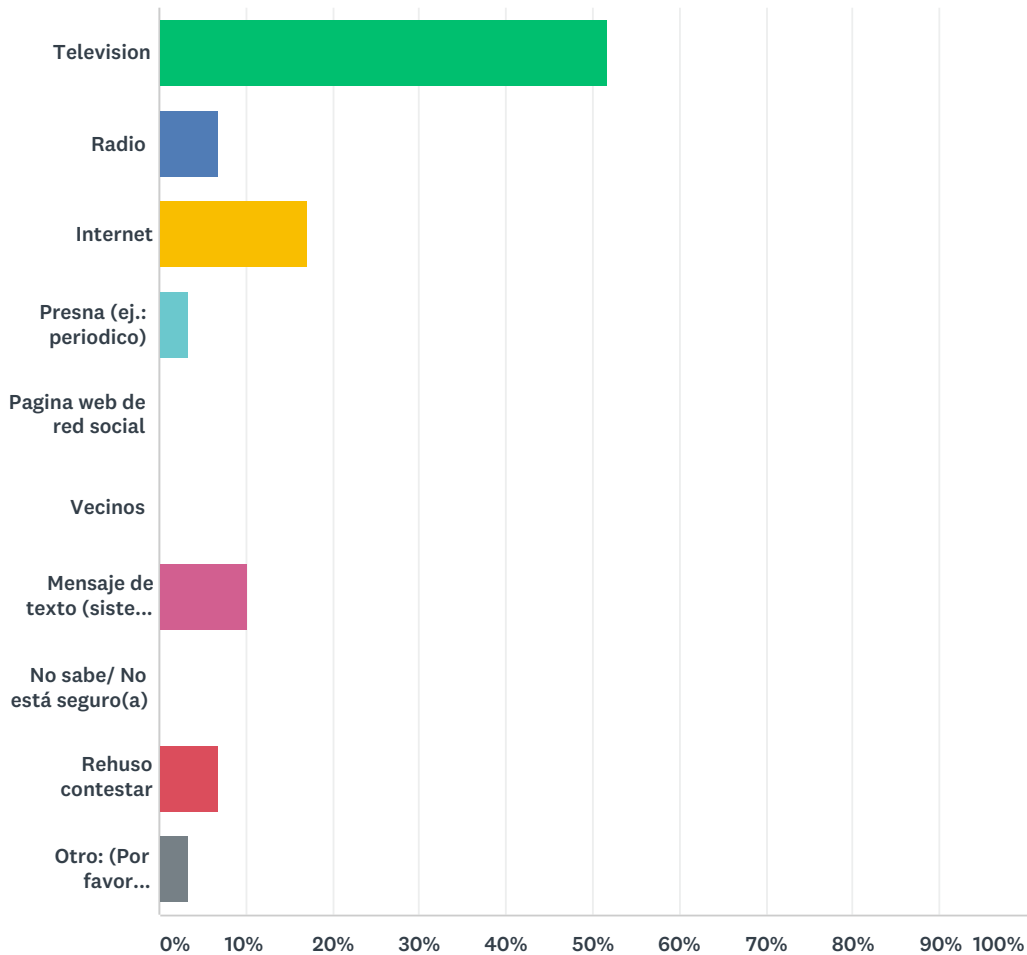
Q38 Si lo tiene, ¿para cuántos días son los suministros? (anote un número)

Answered: 11 Skipped: 27

#	RESPONSES	DATE
1	8	3/7/2017 3:24 PM
2	5	2/28/2017 2:47 PM
3	6	2/20/2017 9:32 AM
4	15	2/20/2017 9:24 AM
5	7	2/15/2017 1:57 PM
6	3	2/10/2017 2:37 PM
7	3	1/26/2017 11:32 AM
8	10	1/26/2017 11:26 AM
9	7	1/26/2017 11:19 AM
10	No answer	1/26/2017 11:15 AM
11	40	1/26/2017 11:02 AM

Q39 ¿Cuál sería el medio principal por el que obtendría información de las autoridades en caso de emergencia o una catástrofe a gran escala? (Marque solo una respuesta.)

Answered: 29 Skipped: 9



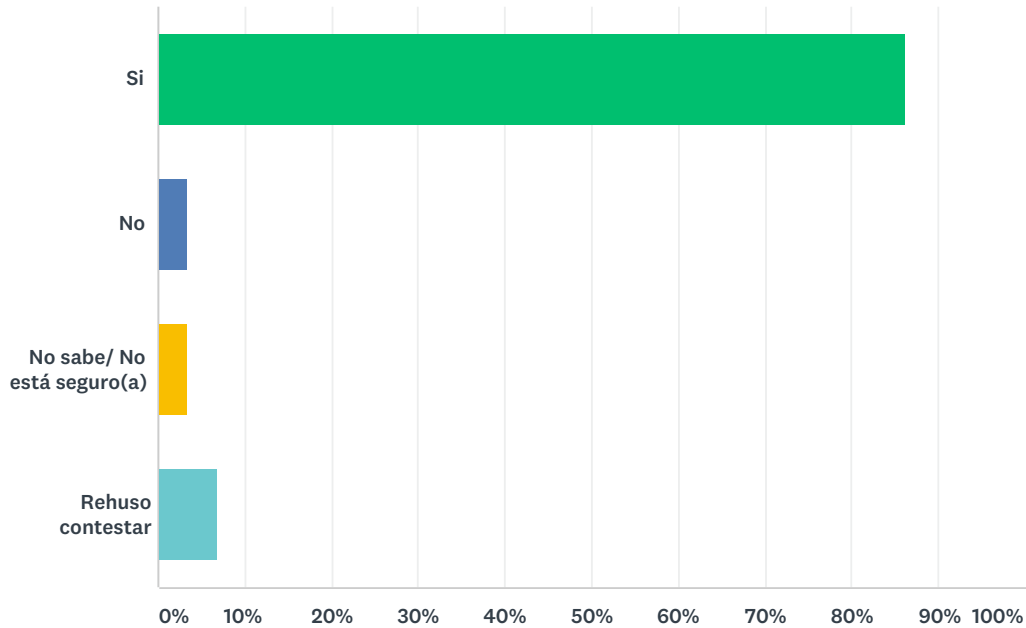
ANSWER CHOICES	RESPONSES	
Television	51.72%	15
Radio	6.90%	2
Internet	17.24%	5
Presna (ej.: periodico)	3.45%	1
Página web de red social	0.00%	0
Vecinos	0.00%	0
Mensaje de texto (sistema de alerta de emergencias)	10.34%	3
No sabe/ No está seguro(a)	0.00%	0
Rehusó contestar	6.90%	2
Otro: (Por favor especifique)	3.45%	1

TOTAL	29
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#	OTRO: (POR FAVOR ESPECIFIQUE)	DATE
1	No answer	1/26/2017 10:53 AM

Q40 Si las autoridades decretaran una evacuación obligatoria de su barrio o comunidad debido a una catástrofe a gran escala u otra emergencia, ¿seguiría usted la orden de evacuación?

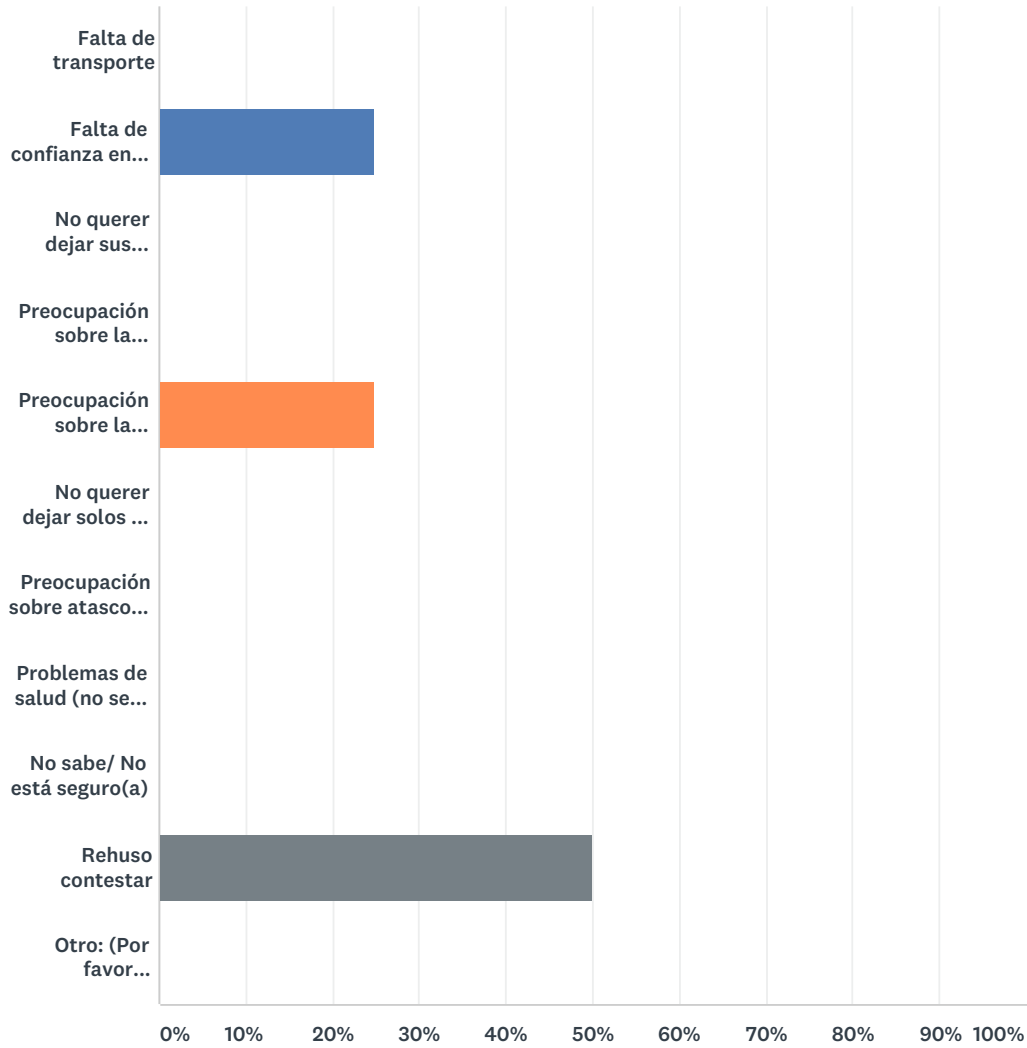
Answered: 29 Skipped: 9



ANSWER CHOICES	RESPONSES	
Si	86.21%	25
No	3.45%	1
No sabe/ No está seguro(a)	3.45%	1
Rehuso contestar	6.90%	2
TOTAL		29

Q41 ¿Cuál sería el motivo principal para que no respetara la orden de evacuación? (Marque solo una respuesta.)

Answered: 4 Skipped: 34



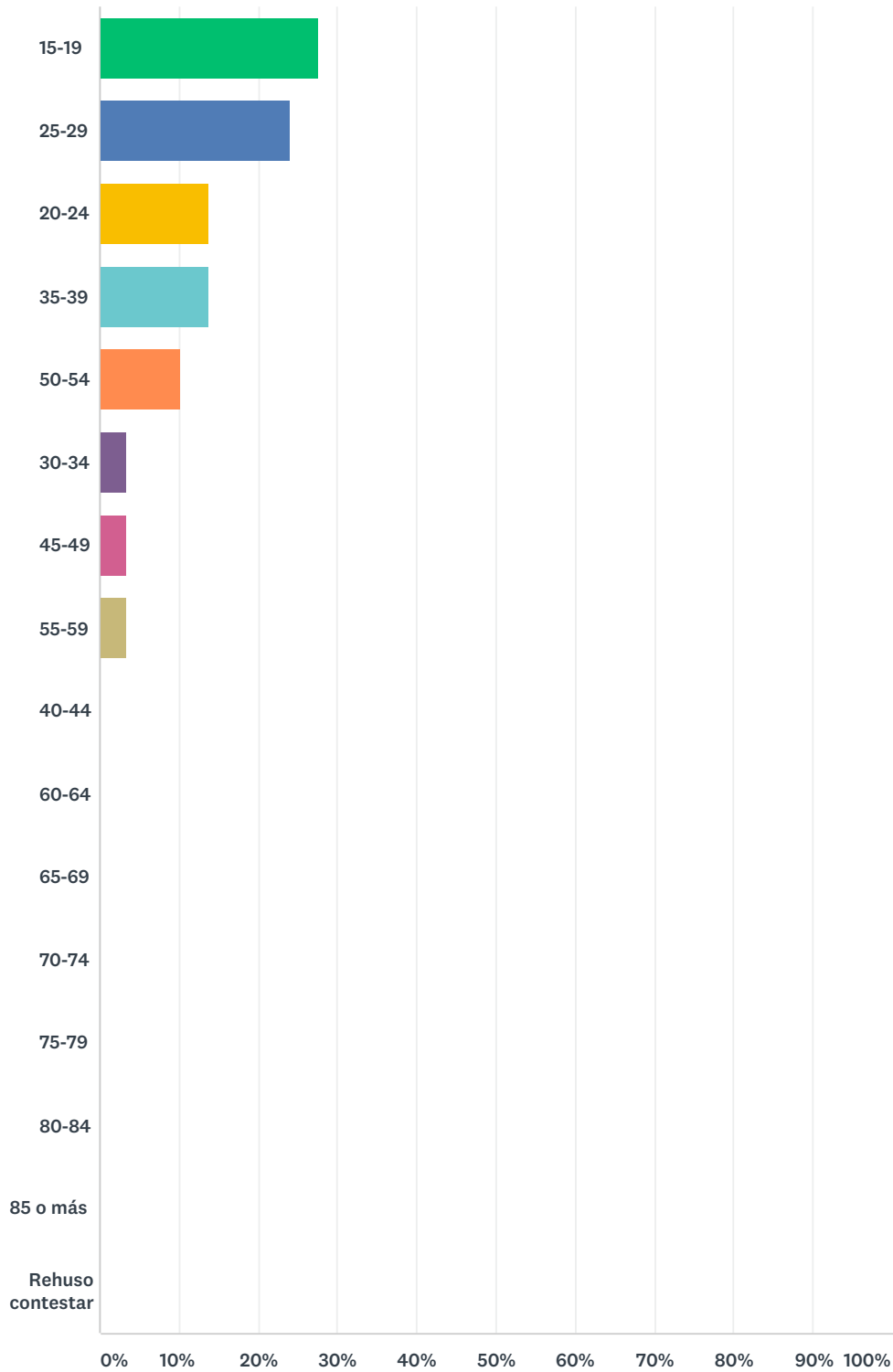
ANSWER CHOICES	RESPONSES	
Falta de transporte	0.00%	0
Falta de confianza en las autoridades	25.00%	1
No querer dejar sus posesiones/propiedad	0.00%	0
Preocupación sobre la seguridad personal	0.00%	0
Preocupación sobre la seguridad de la familia	25.00%	1
No querer dejar solos a sus animales	0.00%	0
Preocupación sobre atascos de tráfico y la imposibilidad de salir	0.00%	0
Problemas de salud (no se me podría trasladar)	0.00%	0
No sabe/ No está seguro(a)	0.00%	0
Rehusó contestar	50.00%	2
Otro: (Por favor especifique)	0.00%	0
TOTAL		4

#	OTRO: (POR FAVOR ESPECIFIQUE)	DATE
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There are no responses.

Q42 ¿Cuántos años tiene? (Marque una categoría.)

Answered: 29 Skipped: 9



ANSWER CHOICES

RESPONSES

15-19

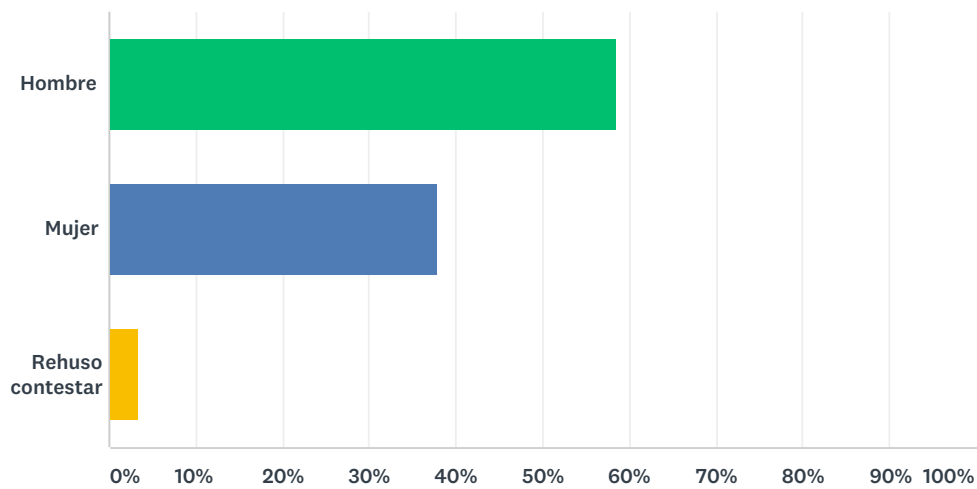
27.59%

8

25-29	24.14%	7
20-24	13.79%	4
35-39	13.79%	4
50-54	10.34%	3
30-34	3.45%	1
45-49	3.45%	1
55-59	3.45%	1
40-44	0.00%	0
60-64	0.00%	0
65-69	0.00%	0
70-74	0.00%	0
75-79	0.00%	0
80-84	0.00%	0
85 o más	0.00%	0
Rehusó contestar	0.00%	0
TOTAL		29

Q43 ¿Es usted hombre o mujer?

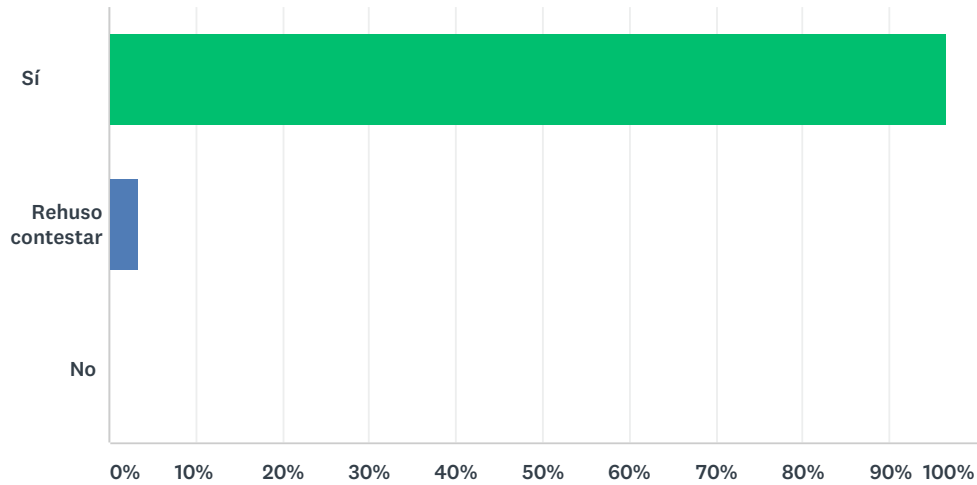
Answered: 29 Skipped: 9



ANSWER CHOICES	RESPONSES
Hombre	58.62% 17
Mujer	37.93% 11
Rehusó contestar	3.45% 1
TOTAL	29

Q44 ¿Es usted hispano, latino o de origen hispano?

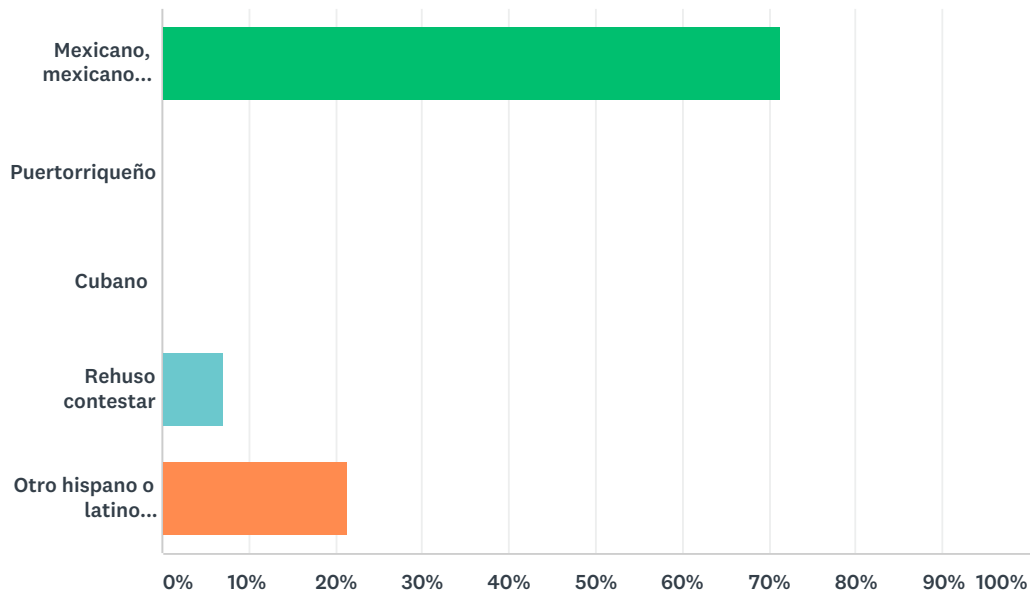
Answered: 29 Skipped: 9



ANSWER CHOICES	RESPONSES	
Sí	96.55%	28
Rehuso contestar	3.45%	1
No	0.00%	0
TOTAL		29

Q45 Si la respuesta es afirmativa, usted es:

Answered: 28 Skipped: 10



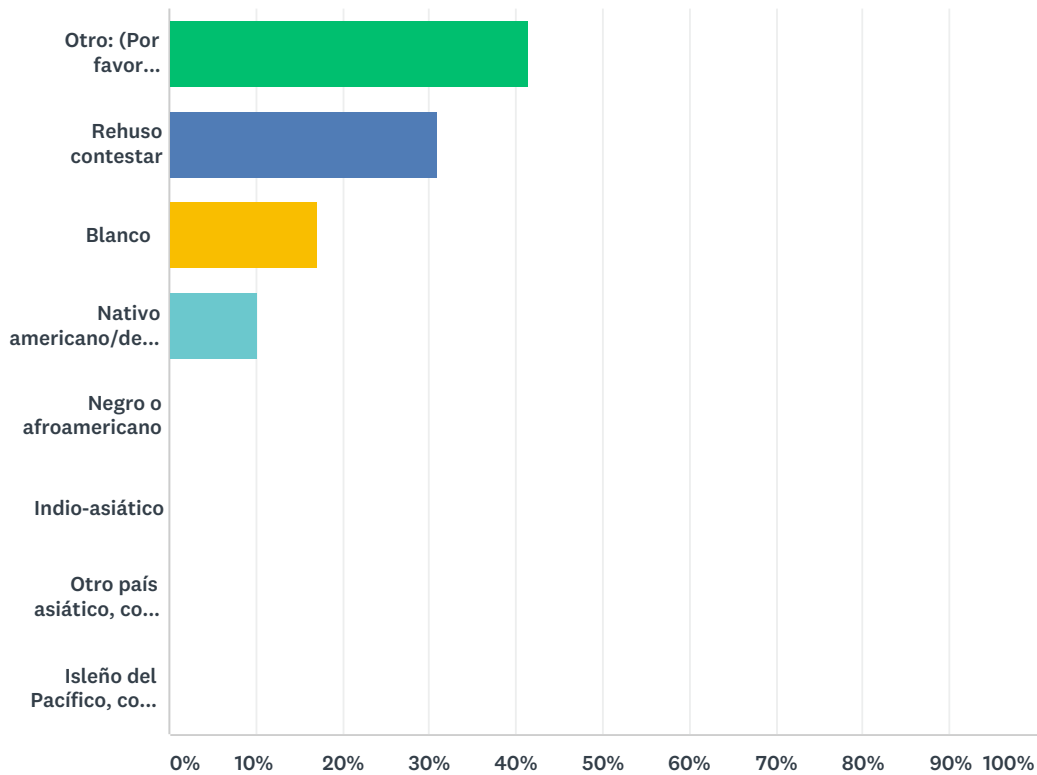
ANSWER CHOICES	RESPONSES
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Mexicano, mexicano americano o chicano	71.43%	20
Puertorriqueño	0.00%	0
Cubano	0.00%	0
Rehusó contestar	7.14%	2
Otro hispano o latino (especificar)	21.43%	6
TOTAL		28

#	OTRO HISPANO O LATINO (ESPECIFICAR)	DATE
1	Blank	2/28/2017 2:35 PM
2	salvadoreño	2/23/2017 10:42 AM
3	Hondureño	2/20/2017 9:25 AM
4	Guatemaz Teco	2/15/2017 1:58 PM
5	Dominican	1/26/2017 11:22 AM
6	No answer	1/26/2017 11:03 AM

Q46 ¿De qué raza es usted? (Marque todas las que correspondan.) (Si otra, anote la raza)

Answered: 29 Skipped: 9



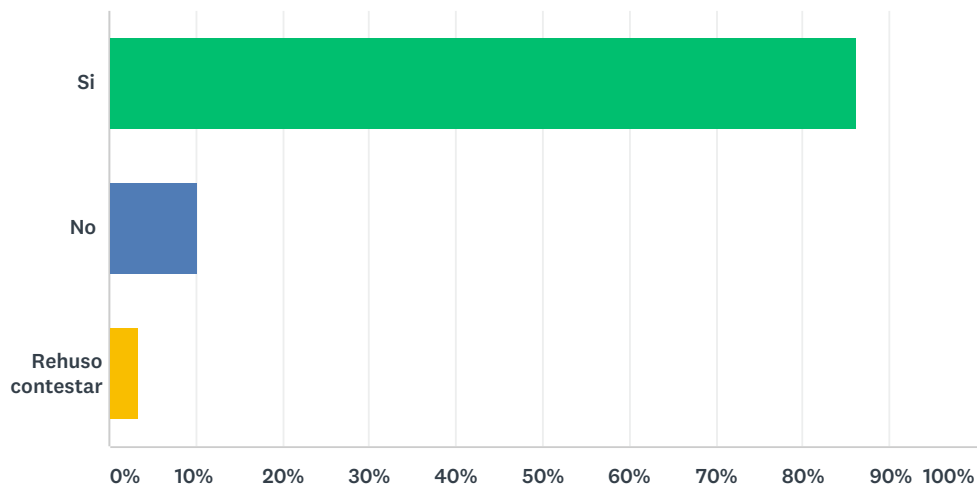
ANSWER CHOICES	RESPONSES
Otro: (Por favor especifique)	41.38% 12
Rehusó contestar	31.03% 9

Blanco	17.24%	5
Nativo americano/de Alaska	10.34%	3
Negro o afroamericano	0.00%	0
Indio-asiático	0.00%	0
Otro país asiático, como japonés, chino, coreano, vietnamita, etc.	0.00%	0
Isleño del Pacífico, como hawaiano nativo, samoano, guamaniano/chamorro	0.00%	0
Total Respondents: 29		

#	OTRO: (POR FAVOR ESPECIFIQUE)	DATE
1	Blank	4/3/2017 11:59 AM
2	Blank	2/28/2017 3:33 PM
3	Blank	2/28/2017 2:55 PM
4	Blank	2/28/2017 2:47 PM
5	Blank	2/28/2017 2:44 PM
6	Blank	2/28/2017 2:38 PM
7	Blank	2/28/2017 2:35 PM
8	Catrano / Honduras	2/20/2017 9:25 AM
9	Latino	2/15/2017 1:58 PM
10	criollo o Mestizo	2/10/2017 2:37 PM
11	Honduran	1/26/2017 11:43 AM
12	Dominican	1/26/2017 11:22 AM

Q47 ¿Habla en casa algún otro idioma que no sea el inglés?

Answered: 29 Skipped: 9



ANSWER CHOICES	RESPONSES
Si	86.21% 25

No	10.34%	3
Rehusó contestar	3.45%	1
TOTAL		29

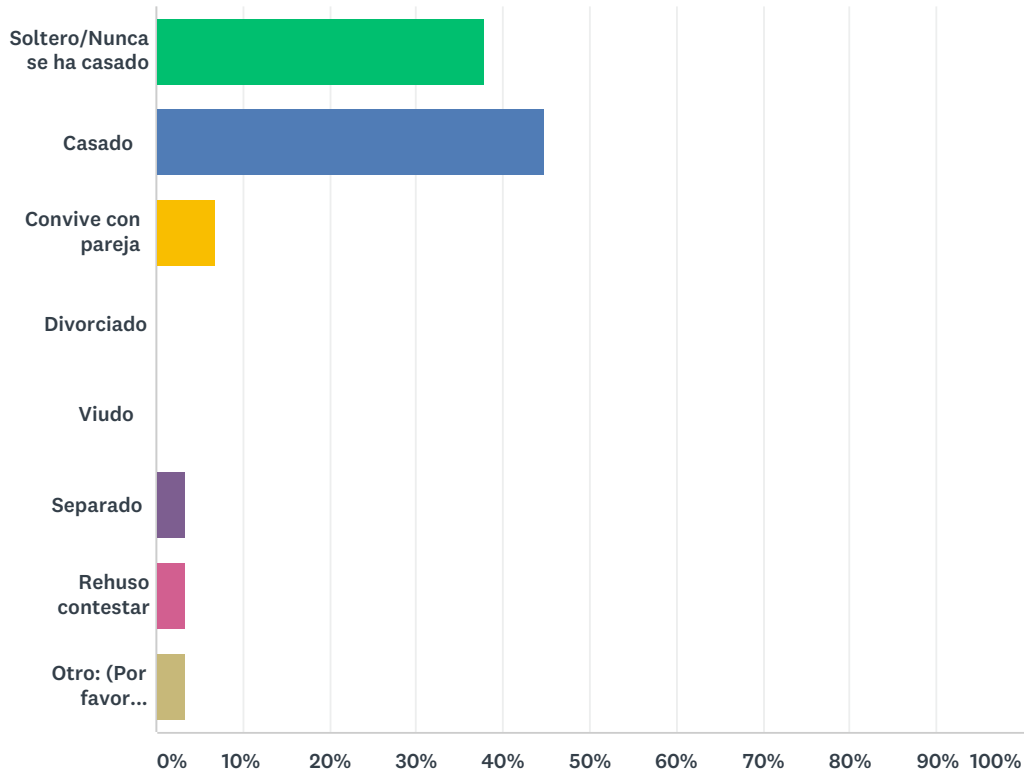
Q48 ¿Qué idioma habla en casa?

Answered: 24 Skipped: 14

#	RESPONSES	DATE
1	Blank	4/3/2017 12:00 PM
2	Espanol	3/7/2017 3:25 PM
3	Espanol	2/28/2017 3:33 PM
4	Espanol	2/28/2017 2:56 PM
5	Espanol	2/28/2017 2:50 PM
6	ingles	2/28/2017 2:47 PM
7	Espanol	2/28/2017 2:41 PM
8	Espanol	2/28/2017 2:36 PM
9	Espanol	2/28/2017 2:33 PM
10	Espanol	2/28/2017 2:30 PM
11	Espanol	2/23/2017 10:42 AM
12	Espanol	2/23/2017 8:20 AM
13	Espanol	2/20/2017 9:33 AM
14	Espanol	2/20/2017 9:29 AM
15	Espanol	2/20/2017 9:25 AM
16	Espanol	2/15/2017 1:58 PM
17	Espanol	2/10/2017 2:38 PM
18	No answer	1/26/2017 11:39 AM
19	Spanish	1/26/2017 11:33 AM
20	No answer	1/26/2017 11:28 AM
21	No answer	1/26/2017 11:22 AM
22	English	1/26/2017 11:17 AM
23	Espanol	1/26/2017 11:12 AM
24	Espanol	1/26/2017 11:08 AM

Q49Cuál es su estado civil? (Marque solo una respuesta.)

Answered: 29 Skipped: 9

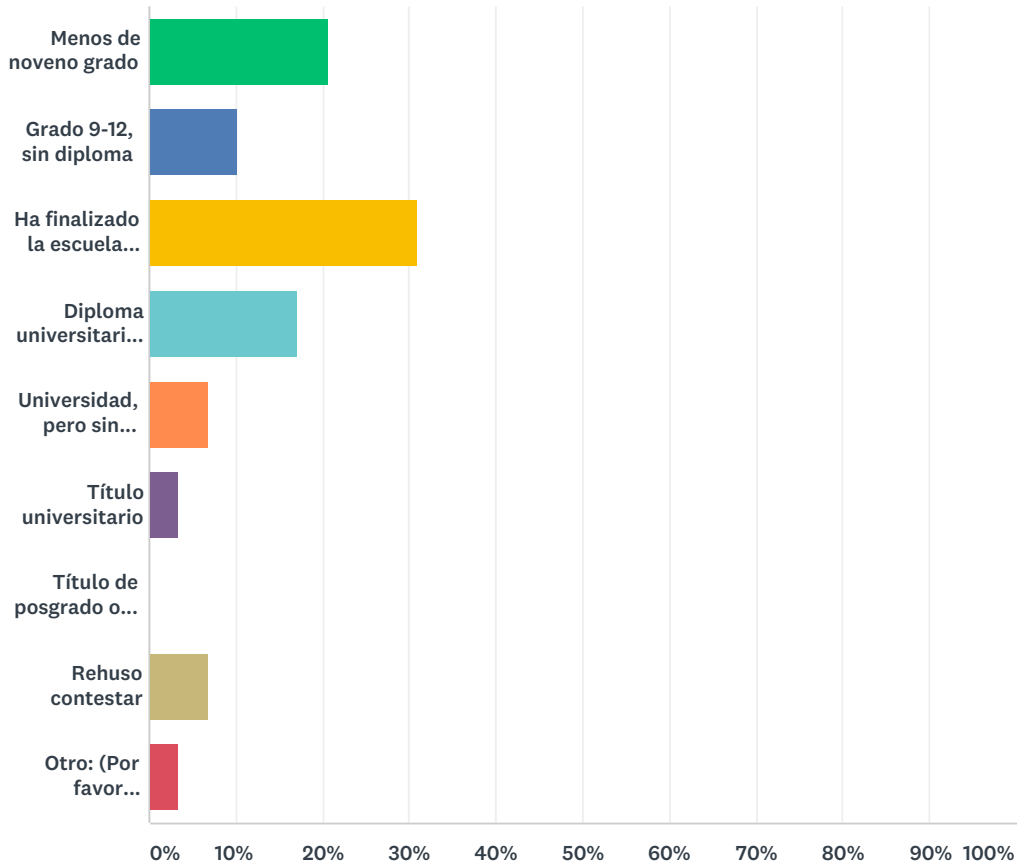


ANSWER CHOICES	RESPONSES	
Soltero/Nunca se ha casado	37.93%	11
Casado	44.83%	13
Convive con pareja	6.90%	2
Divorciado	0.00%	0
Viudo	0.00%	0
Separado	3.45%	1
Rehusó contestar	3.45%	1
Otro: (Por favor especifique)	3.45%	1
TOTAL		29

#	OTRO: (POR FAVOR ESPECIFIQUE)	DATE
1	Blank	4/3/2017 12:00 PM

Q50 ¿Cuál es el curso más alto que ha completado en la escuela, la universidad o la escuela vocacional? (Marque solo una respuesta.)

Answered: 29 Skipped: 9

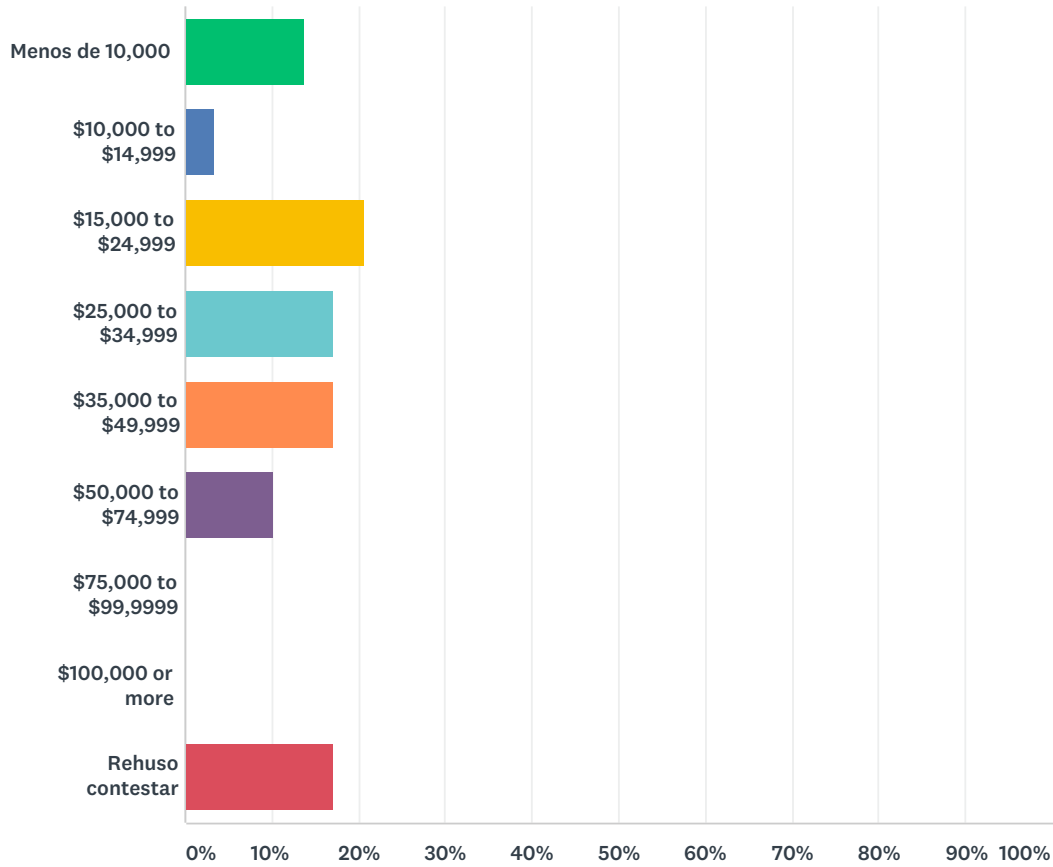


ANSWER CHOICES	RESPONSES	
Menos de noveno grado	20.69%	6
Grado 9-12, sin diploma	10.34%	3
Ha finalizado la escuela secundaria (o GED/equivalente)	31.03%	9
Diploma universitario de dos años o capacitación vocacional	17.24%	5
Universidad, pero sin diploma	6.90%	2
Título universitario	3.45%	1
Título de posgrado o profesional	0.00%	0
Rehuso contestar	6.90%	2
Otro: (Por favor especifique)	3.45%	1
TOTAL		29

#	OTRO: (POR FAVOR ESPECIFIQUE)	DATE
1	Todavía estoy en la escuela	2/23/2017 10:42 AM

Q51 ¿Cuáles fueron los ingresos de su familia durante el año anterior, sin contar impuestos? (Marque solo una.)

Answered: 29 Skipped: 9



ANSWER CHOICES	RESPONSES
Menos de 10,000	13.79% 4
\$10,000 to \$14,999	3.45% 1
\$15,000 to \$24,999	20.69% 6
\$25,000 to \$34,999	17.24% 5
\$35,000 to \$49,999	17.24% 5
\$50,000 to \$74,999	10.34% 3
\$75,000 to \$99,999	0.00% 0
\$100,000 or more	0.00% 0
Rehuso contestar	17.24% 5
TOTAL	29

Q52 ¿Cuántas personas viven con estos ingresos?(Si paga manutención a un hijo que no vive con usted, también cuenta como persona que vive de sus ingresos.)

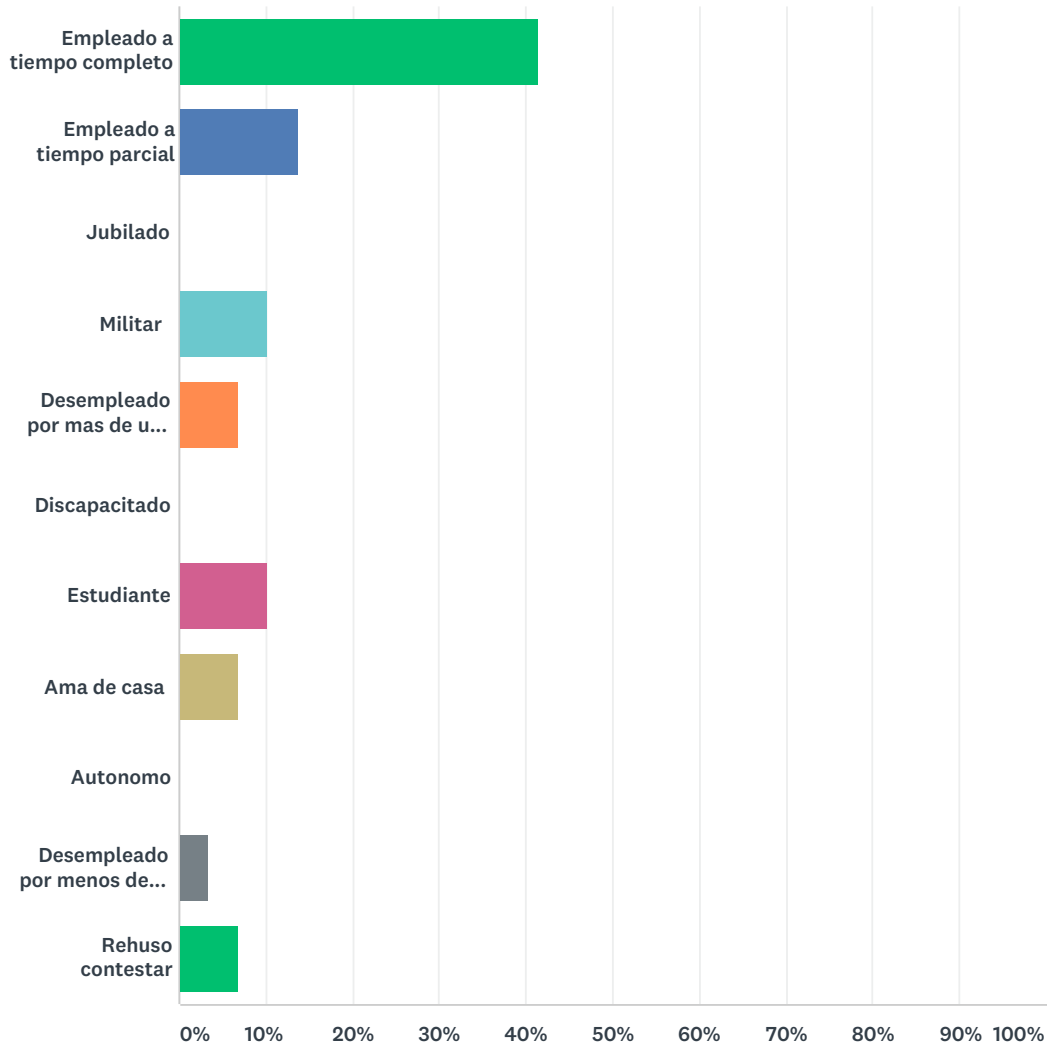
Answered: 29 Skipped: 9

#	RESPONSES	DATE
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1	4	4/3/2017 12:00 PM
2	Blank	3/7/2017 3:25 PM
3	5	2/28/2017 3:33 PM
4	7	2/28/2017 2:56 PM
5	Blank	2/28/2017 2:50 PM
6	3	2/28/2017 2:47 PM
7	4	2/28/2017 2:44 PM
8	4	2/28/2017 2:41 PM
9	3	2/28/2017 2:38 PM
10	3	2/28/2017 2:36 PM
11	3	2/28/2017 2:33 PM
12	Blank	2/28/2017 2:30 PM
13	7	2/23/2017 10:42 AM
14	2	2/23/2017 8:20 AM
15	blank	2/20/2017 9:33 AM
16	3	2/20/2017 9:29 AM
17	blank	2/20/2017 9:25 AM
18	5	2/15/2017 1:58 PM
19	5	2/10/2017 2:38 PM
20	No answer	1/26/2017 11:44 AM
21	No answer	1/26/2017 11:39 AM
22	3	1/26/2017 11:33 AM
23	No answer	1/26/2017 11:28 AM
24	3	1/26/2017 11:22 AM
25	No answer	1/26/2017 11:17 AM
26	2	1/26/2017 11:12 AM
27	3	1/26/2017 11:08 AM
28	7	1/26/2017 11:04 AM
29	NA	1/26/2017 10:56 AM

Q53 ¿Cuál es su situación laboral? (Marque todas las que correspondan.)

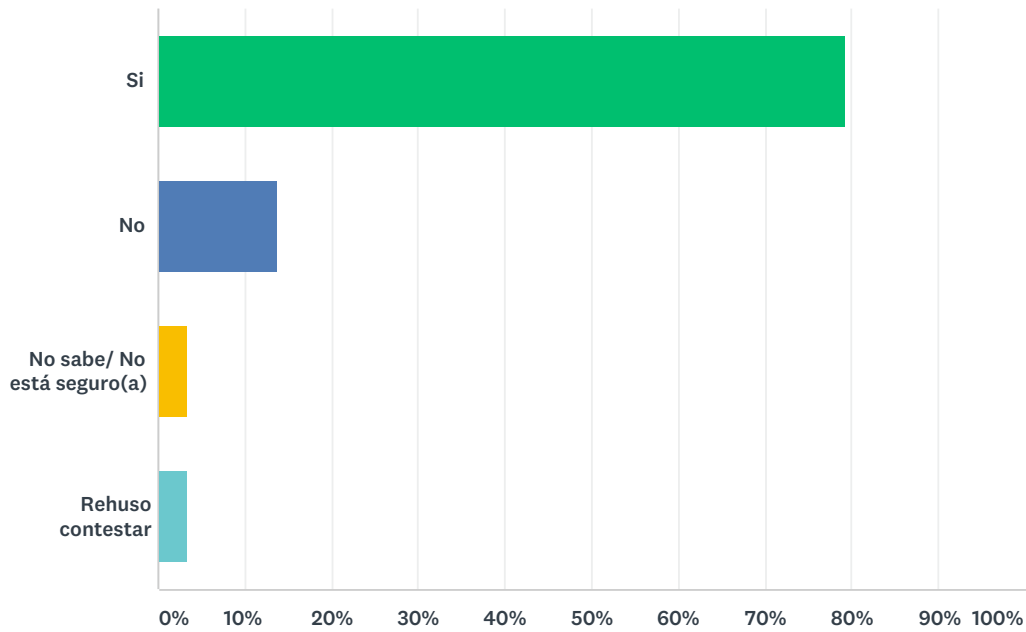
Answered: 29 Skipped: 9



ANSWER CHOICES	RESPONSES	
Empleado a tiempo completo	41.38%	12
Empleado a tiempo parcial	13.79%	4
Jubilado	0.00%	0
Militar	10.34%	3
Desempleado por mas de un ano	6.90%	2
Discapacitado	0.00%	0
Estudiante	10.34%	3
Ama de casa	6.90%	2
Autonomo	0.00%	0
Desempleado por menos de un ano	3.45%	1
Rehuso contestar	6.90%	2
Total Respondents: 29		

Q54 ¿Tiene acceso al Internet?

Answered: 29 Skipped: 9



ANSWER CHOICES	RESPONSES	
Si	79.31%	23
No	13.79%	4
No sabe/ No está seguro(a)	3.45%	1
Rehuso contestar	3.45%	1
TOTAL		29

Q55 ¿Cuál es su código postal? (Escriba solo los cinco primeros dígitos)

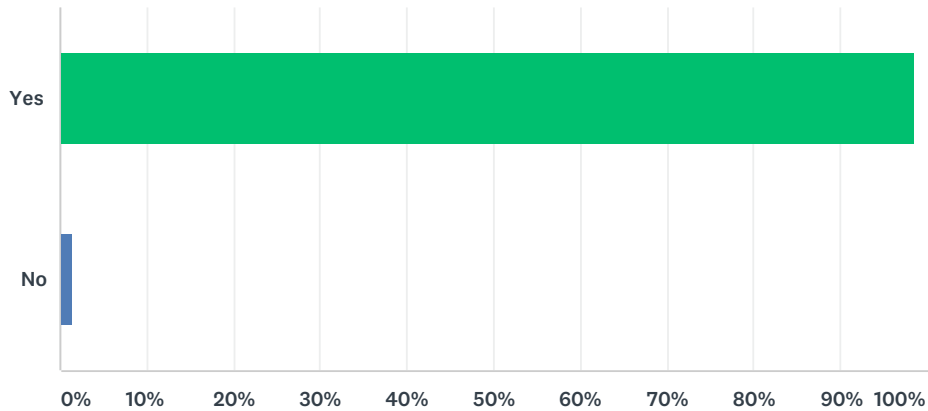
Answered: 29 Skipped: 9

#	RESPONSES	DATE
1	28328	4/3/2017 12:00 PM
2	28366	3/7/2017 3:25 PM
3	28328	2/28/2017 3:33 PM
4	28328	2/28/2017 2:56 PM
5	28328	2/28/2017 2:50 PM
6	28328	2/28/2017 2:47 PM
7	28328	2/28/2017 2:44 PM
8	28328	2/28/2017 2:41 PM
9	28328	2/28/2017 2:38 PM
10	28328	2/28/2017 2:36 PM
11	28328	2/28/2017 2:33 PM
12	28328	2/28/2017 2:30 PM

13	28385	2/23/2017 10:42 AM
14	28393	2/23/2017 8:20 AM
15	28341	2/20/2017 9:33 AM
16	28328	2/20/2017 9:29 AM
17	blank	2/20/2017 9:25 AM
18	28328	2/15/2017 1:58 PM
19	28328	2/10/2017 2:38 PM
20	28328	1/26/2017 11:44 AM
21	28328	1/26/2017 11:39 AM
22	28328	1/26/2017 11:33 AM
23	No answer	1/26/2017 11:28 AM
24	28328	1/26/2017 11:22 AM
25	28328	1/26/2017 11:17 AM
26	28341	1/26/2017 11:12 AM
27	28328	1/26/2017 11:08 AM
28	No answer	1/26/2017 11:04 AM
29	No answer	1/26/2017 10:56 AM

Q1 Would you like to participate?

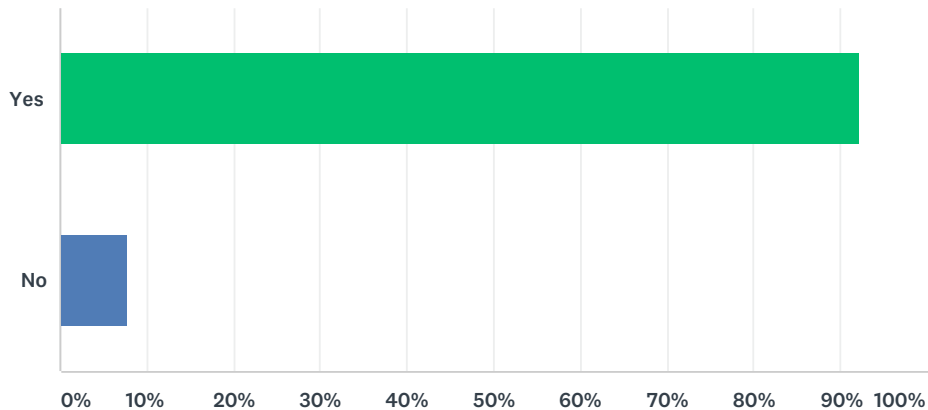
Answered: 922 Skipped: 0



ANSWER CHOICES	RESPONSES	
Yes	98.48%	908
No	1.52%	14
TOTAL		922

Q2 Do you live in Sampson County?

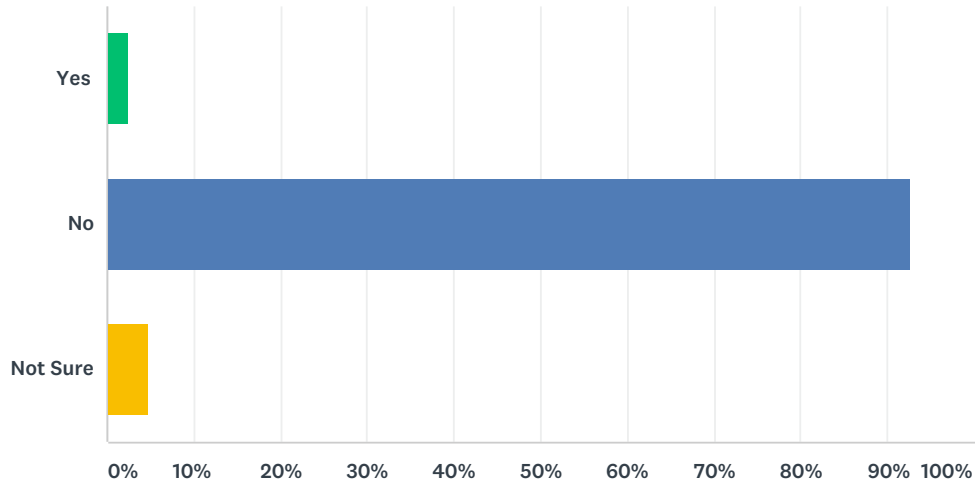
Answered: 922 Skipped: 0



ANSWER CHOICES	RESPONSES	
Yes	92.30%	851
No	7.70%	71
TOTAL		922

Q3 Have you participated in this year's survey already?

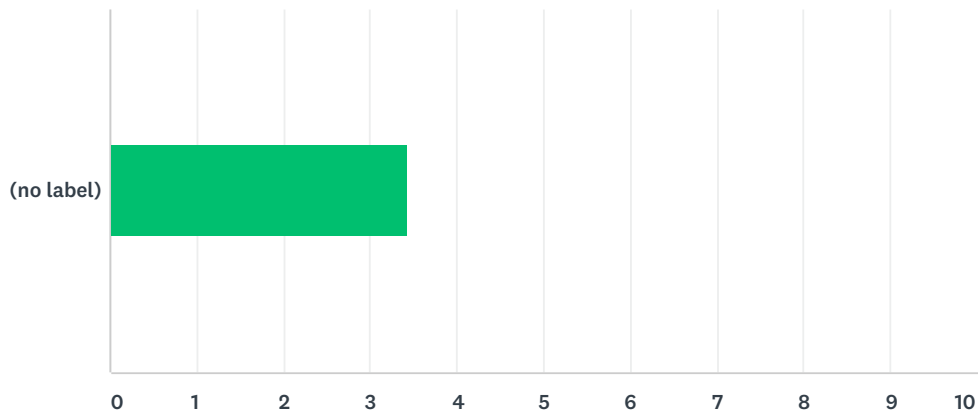
Answered: 922 Skipped: 0



ANSWER CHOICES	RESPONSES
Yes	2.49% 23
No	92.62% 854
Not Sure	4.88% 45
TOTAL	922

Q4 "There is good healthcare in Sampson County." Consider the cost and quality, number of options, and availability of healthcare in the county.

Answered: 751 Skipped: 171

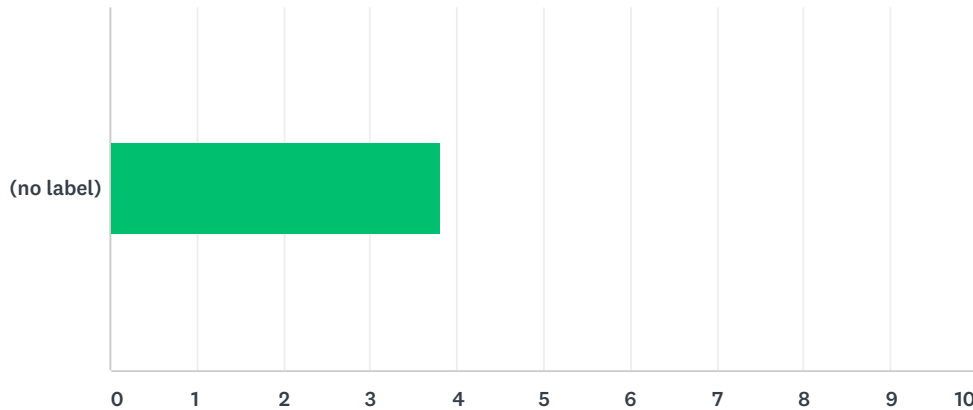


	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	TOTAL	WEIGHTED AVERAGE
(no label)	3.33% 25	10.92% 82	33.16% 249	44.07% 331	8.52% 64	751	3.44

Q5 "Sampson County is a good place to raise children." Consider the quality and safety of schools and child care programs, after school

programs, and places to play in this county.

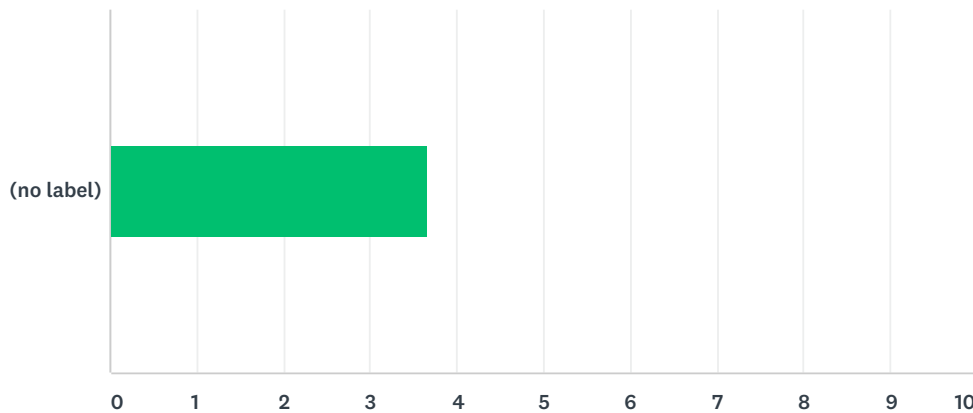
Answered: 751 Skipped: 171



	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	TOTAL	WEIGHTED AVERAGE
(no label)	2.26%	5.19%	20.11%	54.59%	17.84%	751	3.81
	17	39	151	410	134		

Q6 "Sampson County is a good place to grow old."Consider the county's elder-friendly housing, transportation to medical services, recreation, and services for the elderly.

Answered: 751 Skipped: 171

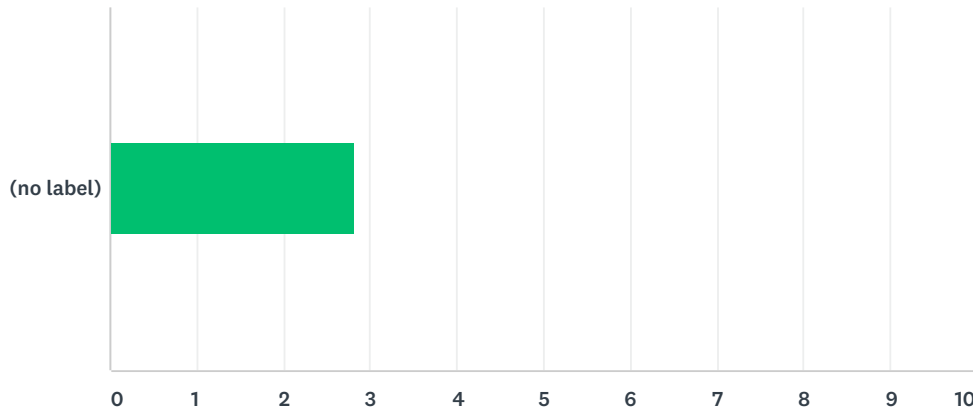


	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	TOTAL	WEIGHTED AVERAGE
(no label)	2.40%	9.45%	23.57%	48.60%	15.98%	751	3.66
	18	71	177	365	120		

Q7 "There is plenty of economic opportunity in Sampson County."Consider the number and quality of jobs, job training/higher education opportunities, and availability of affordable housing in the

county.

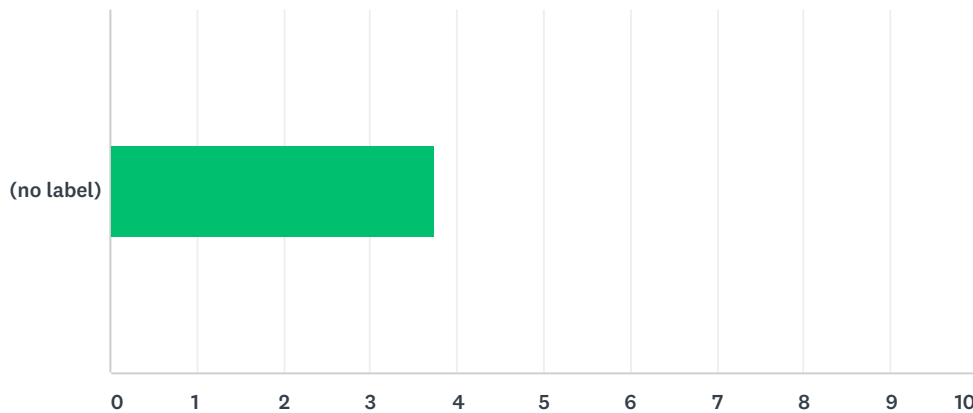
Answered: 751 Skipped: 171



	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	TOTAL	WEIGHTED AVERAGE
(no label)	7.72% 58	30.23% 227	36.48% 274	21.97% 165	3.60% 27	751	2.83

Q8 "Sampson County is a safe place to live."Consider how safe you feel at home, in the workplace, in schools, at playgrounds, parks, and shopping centers in the county.

Answered: 751 Skipped: 171

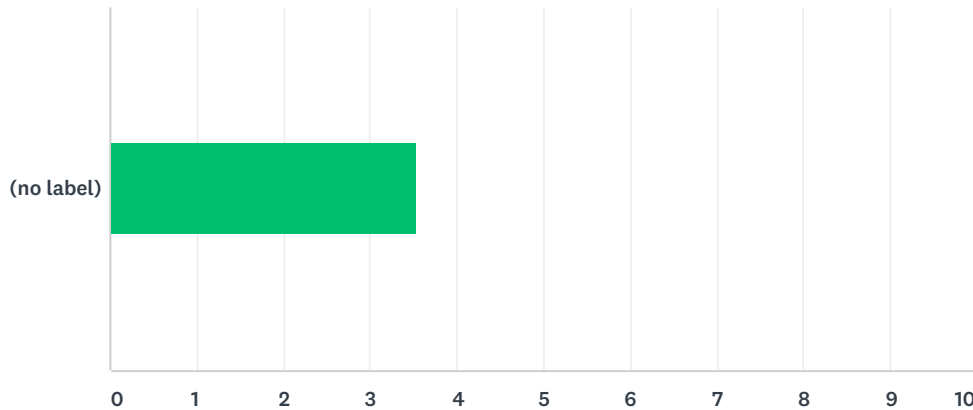


	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	TOTAL	WEIGHTED AVERAGE
(no label)	1.07% 8	4.93% 37	25.30% 190	56.72% 426	11.98% 90	751	3.74

Q9 "There is plenty of help for people during times of need in Sampson County."Consider social support in this county: neighbors, support groups, faith community outreach, community organizations, and

emergency monetary assistance.

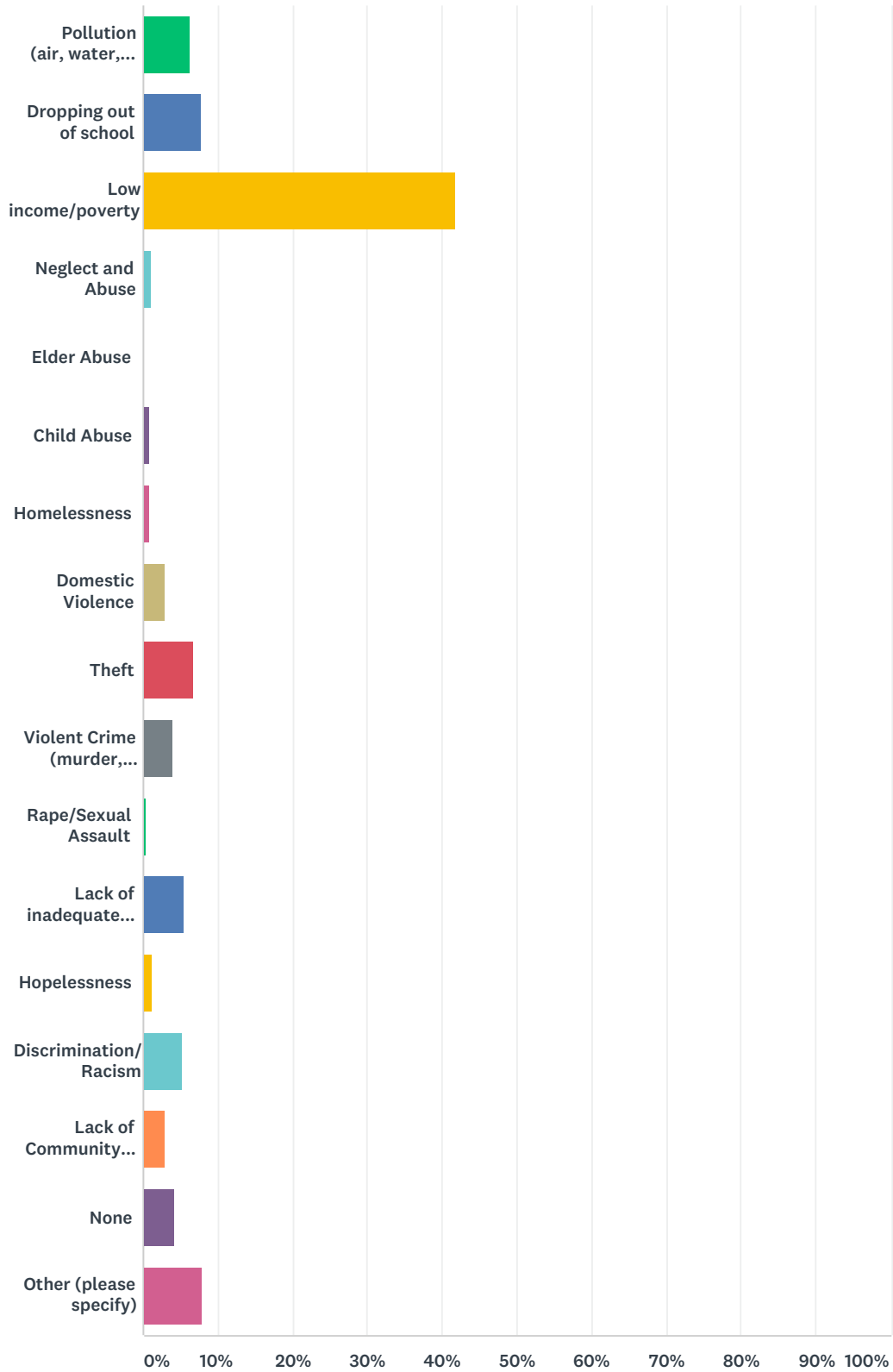
Answered: 751 Skipped: 171



	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	TOTAL	WEIGHTED AVERAGE
(no label)	2.80% 21	10.79% 81	27.70% 208	47.00% 353	11.72% 88	751	3.54

Q10 Please look at the list of community issues. In your opinion, which one issue most affects the quality of life in Sampson County? (Please choose only one)

Answered: 729 Skipped: 193

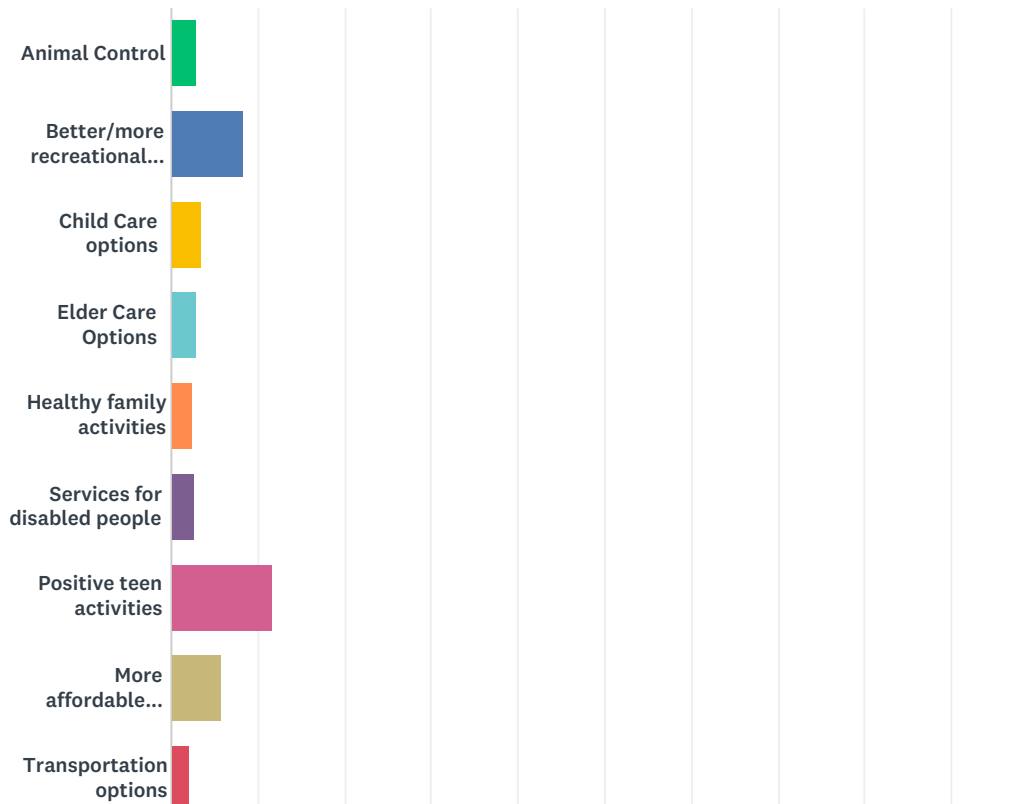


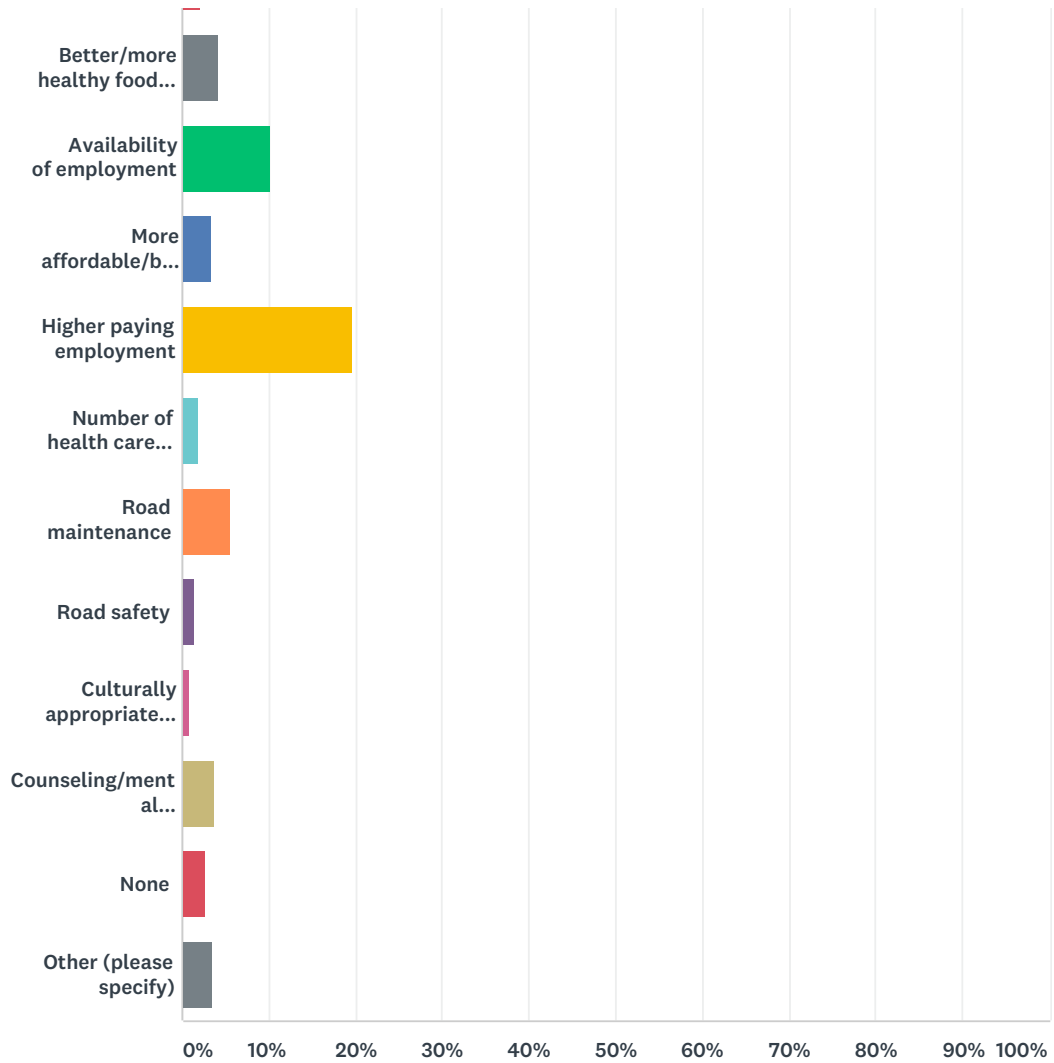
ANSWER CHOICES	RESPONSES
Pollution (air, water, land)	6.31% 46
Dropping out of school	7.68% 56
Low income/poverty	41.84% 305

Neglect and Abuse	1.10%	8
Elder Abuse	0.27%	2
Child Abuse	0.82%	6
Homelessness	0.82%	6
Domestic Violence	2.88%	21
Theft	6.72%	49
Violent Crime (murder, assault, etc.)	3.98%	29
Rape/Sexual Assault	0.41%	3
Lack of inadequate health insurance	5.49%	40
Hopelessness	1.23%	9
Discrimination/Racism	5.21%	38
Lack of Community Support	3.02%	22
None	4.25%	31
Other (please specify)	7.96%	58
TOTAL		729

Q11 In your opinion, which one of the following services needs the most improvement in your neighborhood or community? (Please choose only one)

Answered: 729 Skipped: 193



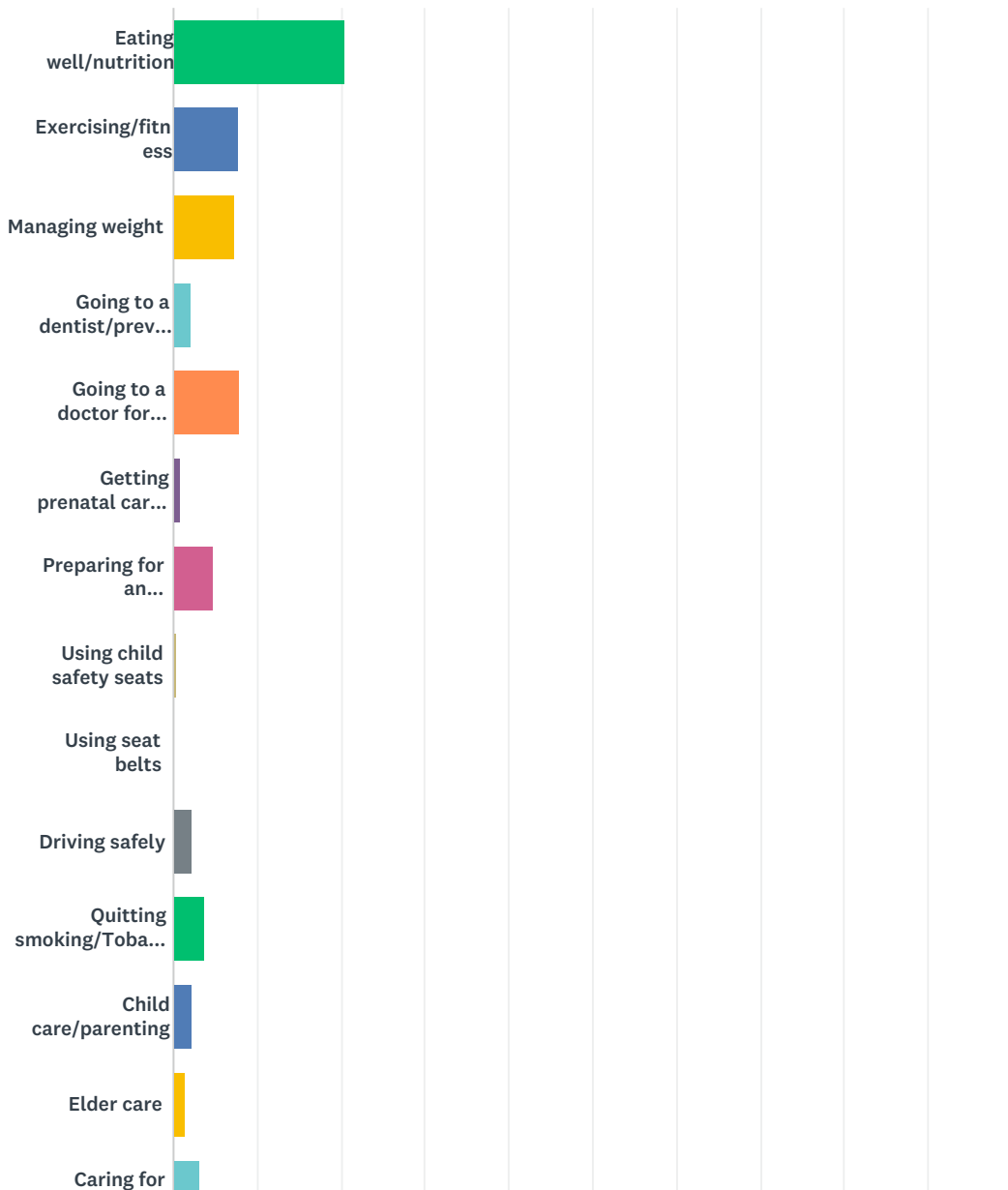


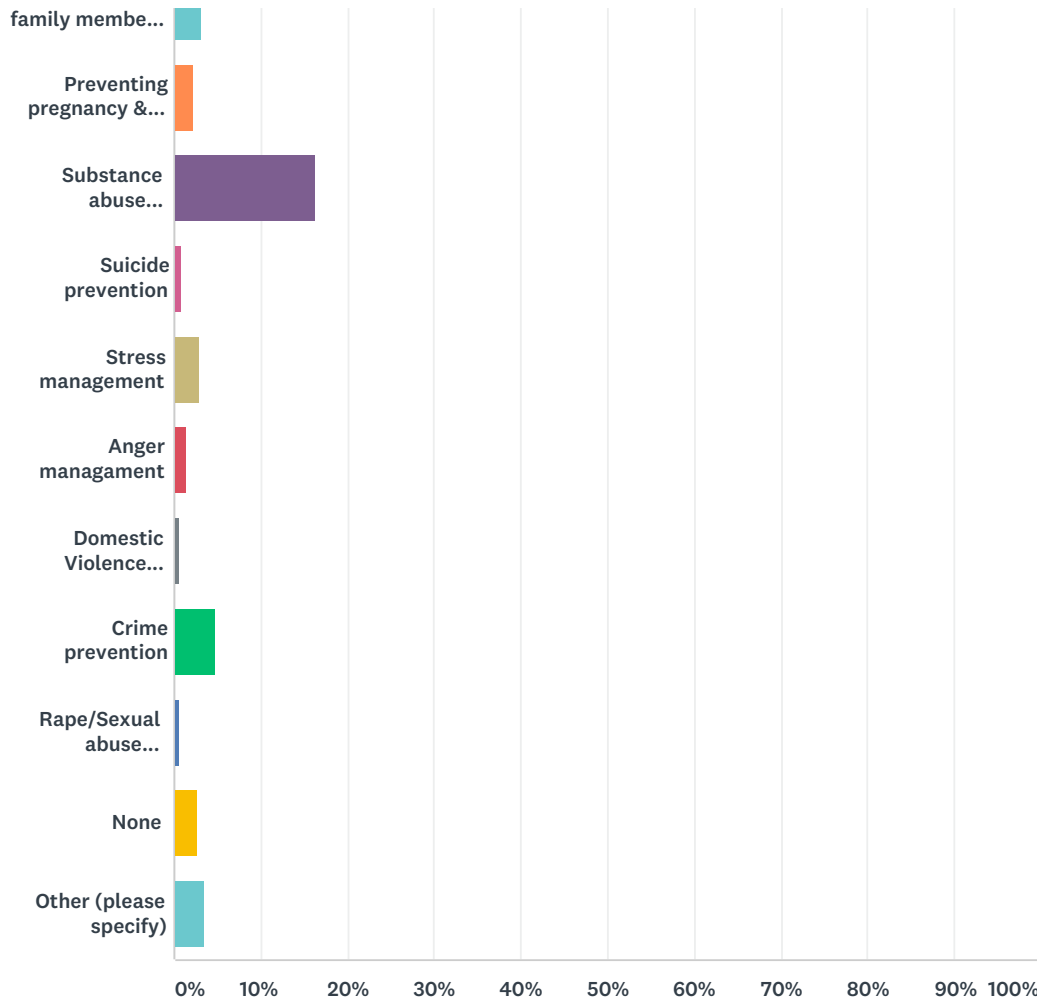
ANSWER CHOICES	RESPONSES	
Animal Control	2.88%	21
Better/more recreational facilities (parks, trails, etc.)	8.37%	61
Child Care options	3.57%	26
Elder Care Options	2.88%	21
Healthy family activities	2.61%	19
Services for disabled people	2.74%	20
Positive teen activities	11.80%	86
More affordable health services	5.90%	43
Transportation options	2.06%	15
Better/more healthy food choices	4.12%	30
Availability of employment	10.29%	75
More affordable/better housing	3.43%	25
Higher paying employment	19.75%	144

Number of health care providers	1.78%	13
Road maintenance	5.62%	41
Road safety	1.37%	10
Culturally appropriate health services	0.82%	6
Counseling/mental health/support groups	3.70%	27
None	2.74%	20
Other (please specify)	3.57%	26
TOTAL		729

Q12 In your opinion, which one health behavior do people in your own community need more information about? (Please choose only one)

Answered: 719 Skipped: 203



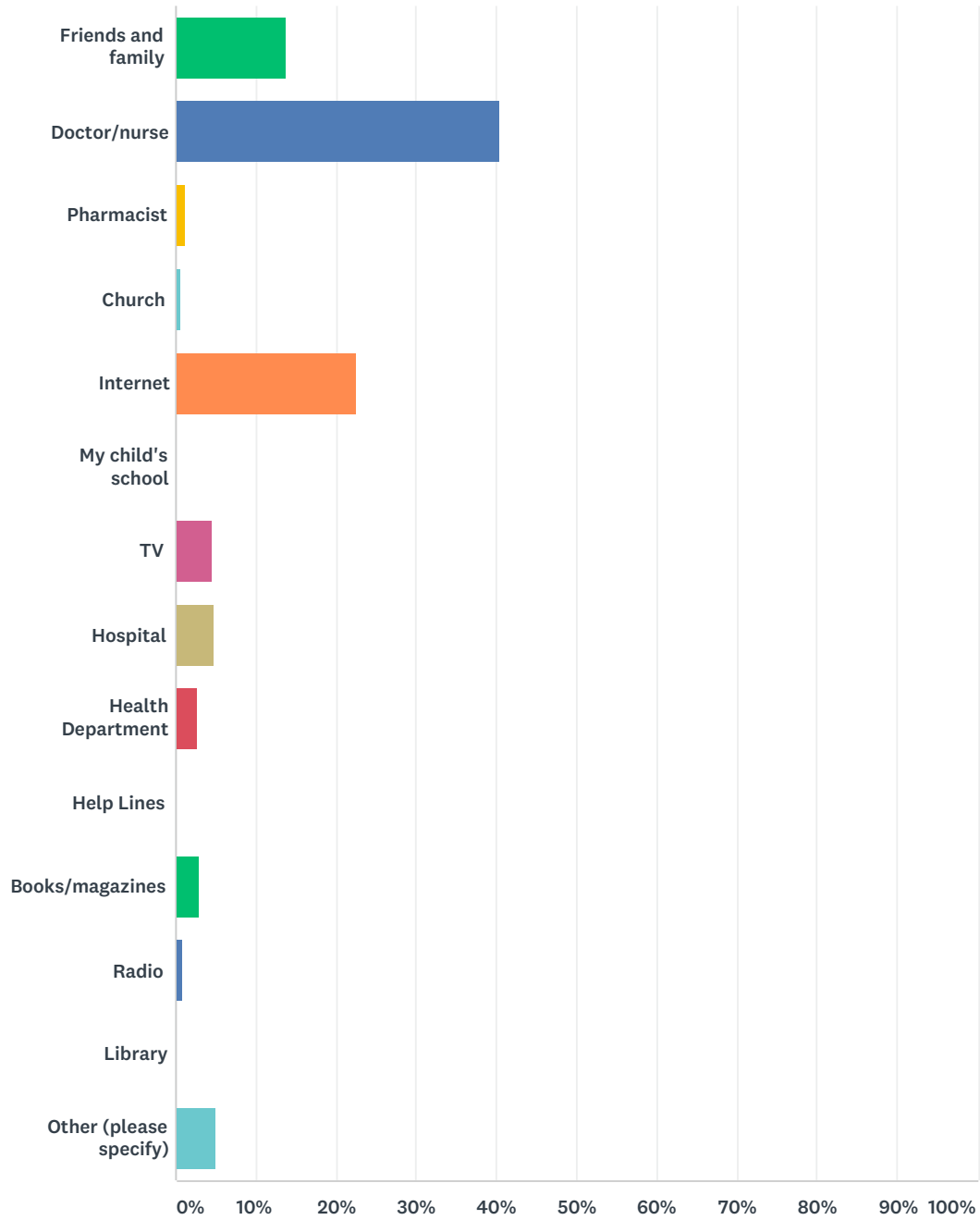


ANSWER CHOICES	RESPONSES	
Eating well/nutrition	20.45%	147
Exercising/fitness	7.65%	55
Managing weight	7.23%	52
Going to a dentist/preventive care	2.09%	15
Going to a doctor for yearly check-ups & screenings	7.93%	57
Getting prenatal care during pregnancy	0.83%	6
Preparing for an emergency/disaster	4.73%	34
Using child safety seats	0.42%	3
Using seat belts	0.14%	1
Driving safely	2.23%	16
Quitting smoking/Tobacco use prevention	3.76%	27
Child care/parenting	2.23%	16
Elder care	1.39%	10
Caring for family members with special needs/disabilities	3.06%	22

Preventing pregnancy & STDs (safe sex)	2.36%	17
Substance abuse prevention (i.e. drugs, alcohol, etc.)	16.27%	117
Suicide prevention	0.83%	6
Stress management	2.92%	21
Anger management	1.39%	10
Domestic Violence prevention	0.70%	5
Crime prevention	4.73%	34
Rape/Sexual abuse prevention	0.56%	4
None	2.64%	19
Other (please specify)	3.48%	25
TOTAL		719

Q13 Where do you get most of your health-related information? (Please choose only one)

Answered: 719 Skipped: 203

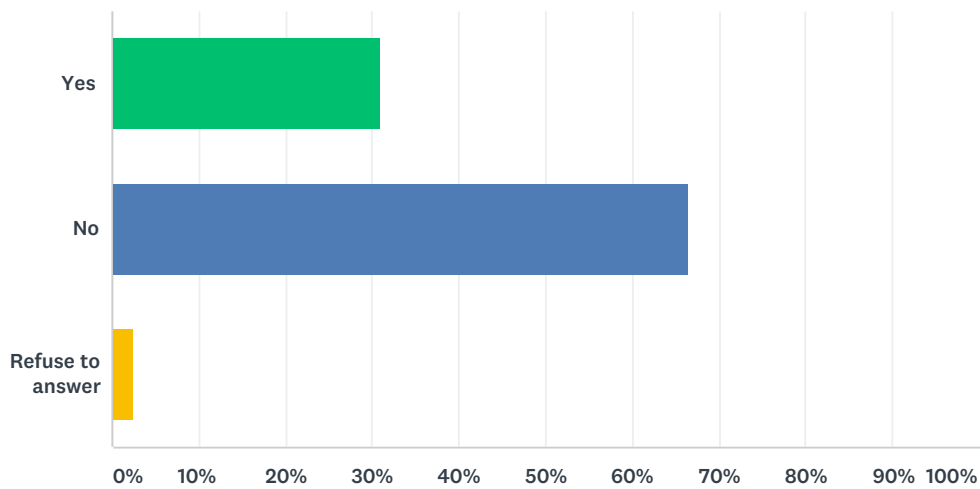


ANSWER CHOICES	RESPONSES
Friends and family	13.77% 99
Doctor/nurse	40.47% 291
Pharmacist	1.25% 9
Church	0.70% 5
Internet	22.53% 162
My child's school	0.14% 1
TV	4.59% 33
Hospital	4.73% 34

Health Department	2.78%	20
Help Lines	0.14%	1
Books/magazines	2.92%	21
Radio	0.83%	6
Library	0.14%	1
Other (please specify)	5.01%	36
TOTAL		719

Q14 Do you have children between the ages of 9 and 19 for which you are the caretaker? (Includes step-children, grandchildren, or other relatives.)

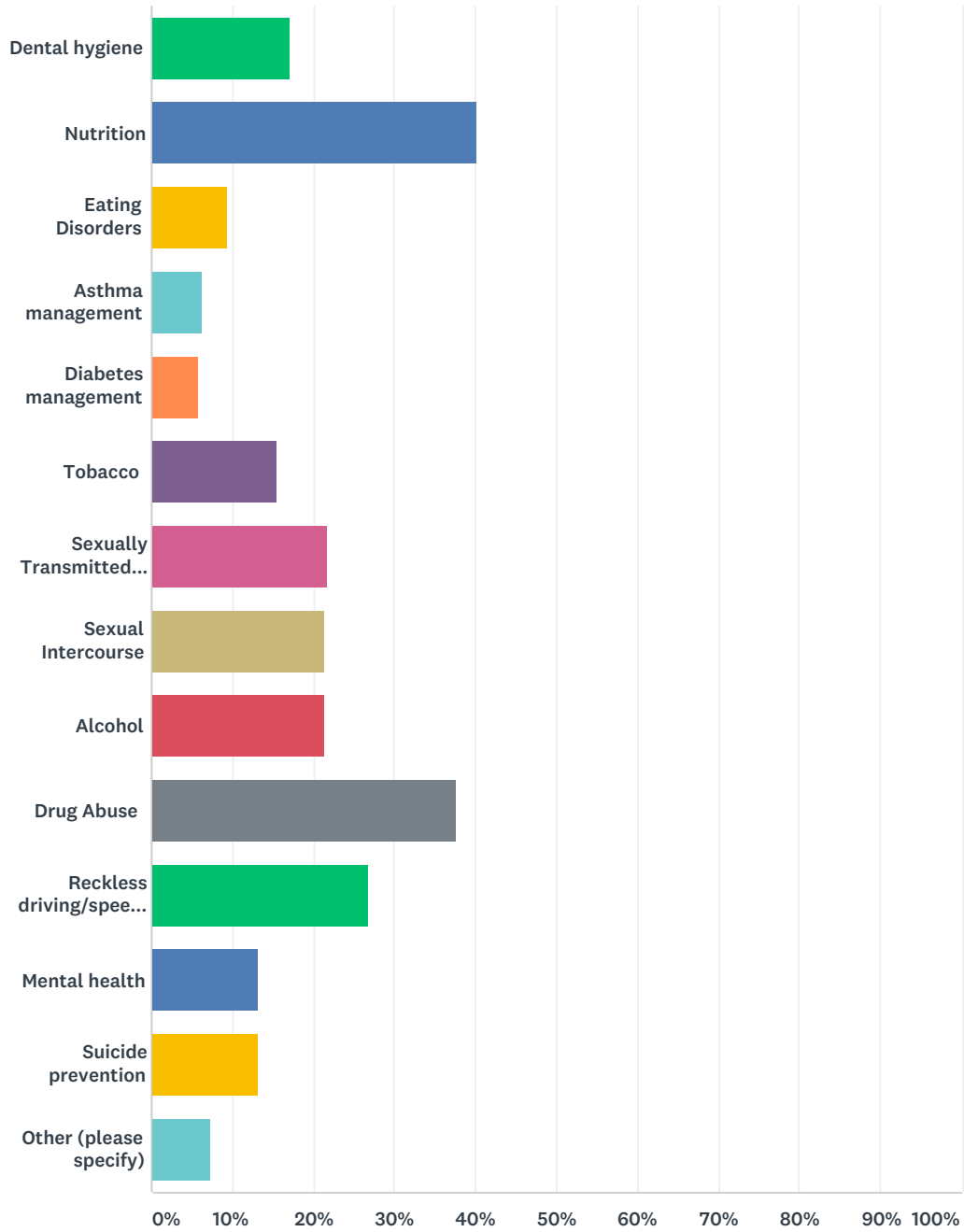
Answered: 719 Skipped: 203



ANSWER CHOICES	RESPONSES
Yes	31.02% 223
No	66.48% 478
Refuse to answer	2.50% 18
TOTAL	719

Q15 Which of the following health topics do you think your child/children need(s) more information about? (Check all that apply)

Answered: 221 Skipped: 701

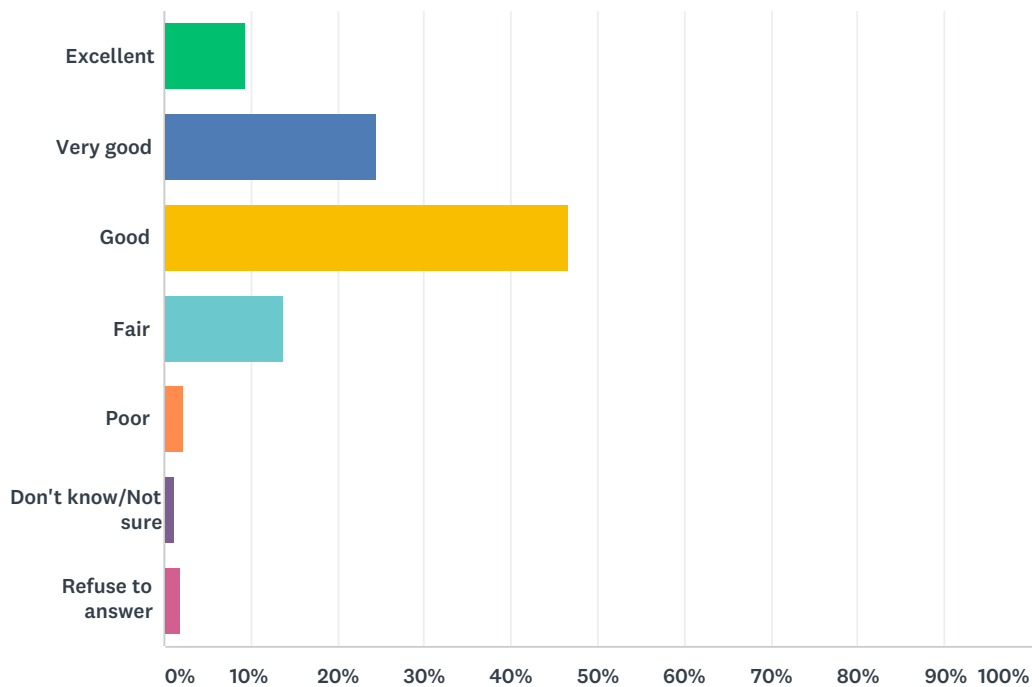


ANSWER CHOICES	RESPONSES	
Dental hygiene	17.19%	38
Nutrition	40.27%	89
Eating Disorders	9.50%	21
Asthma management	6.33%	14
Diabetes management	5.88%	13
Tobacco	15.38%	34
Sexually Transmitted Diseases	21.72%	48
Sexual Intercourse	21.27%	47

Alcohol	21.27%	47
Drug Abuse	37.56%	83
Reckless driving/speeding	26.70%	59
Mental health	13.12%	29
Suicide prevention	13.12%	29
Other (please specify)	7.24%	16
Total Respondents: 221		

Q16 Would you say that, in general, your health is...(Choose only one)

Answered: 712 Skipped: 210

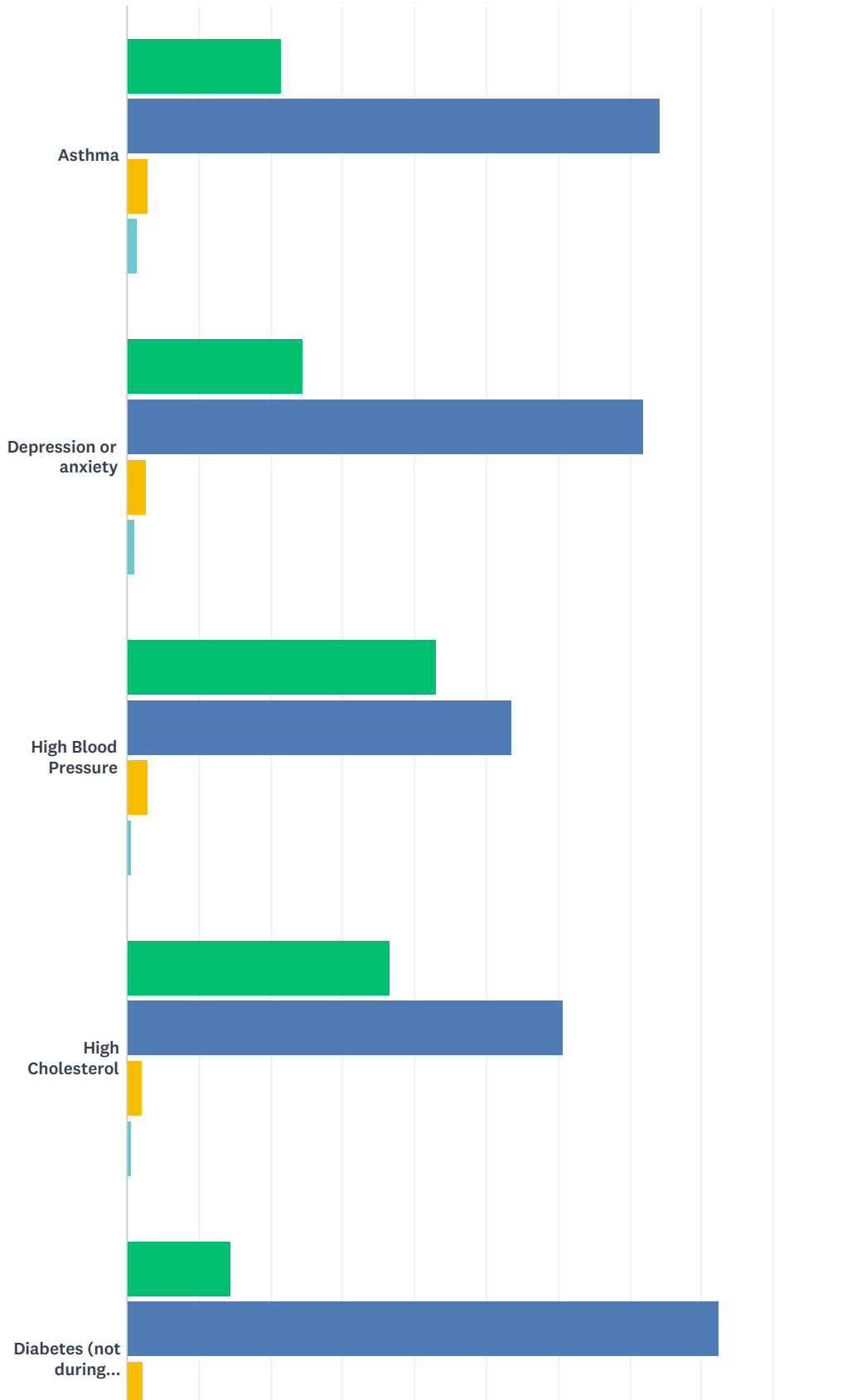


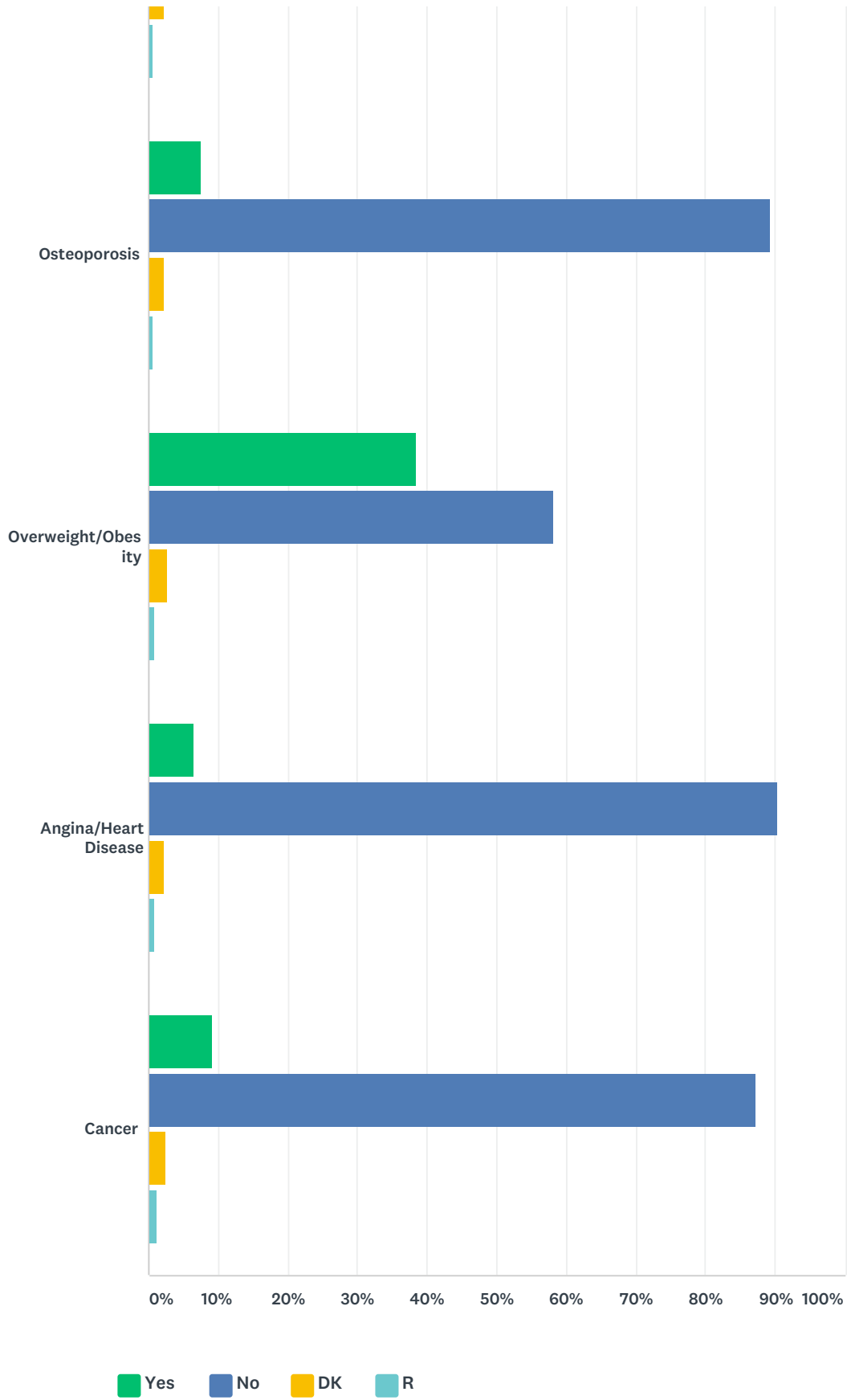
ANSWER CHOICES	RESPONSES	
Excellent	9.41%	67
Very good	24.58%	175
Good	46.63%	332
Fair	13.90%	99
Poor	2.25%	16
Don't know/Not sure	1.26%	9
Refuse to answer	1.97%	14
TOTAL		712

Q17 Have you ever been told by a doctor, nurse, or other health

professional that you have any of the following health conditions? (DK=Don't know/Not sure; R=Refuse to answer)

Answered: 712 Skipped: 210



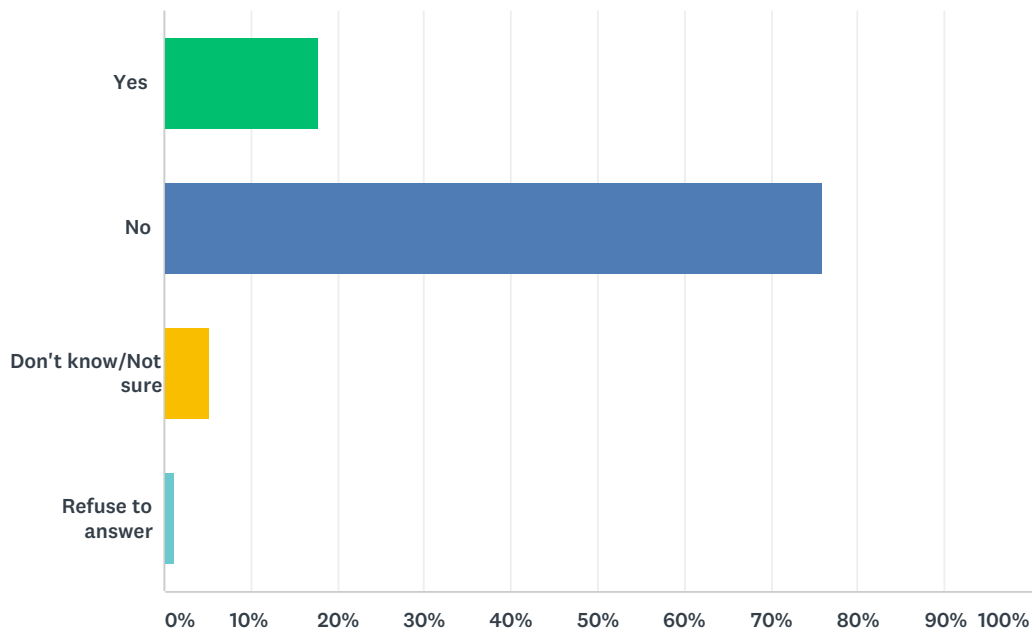


	YES	NO	DK	R	TOTAL
Asthma	21.46% 129	74.21% 446	2.83% 17	1.50% 9	601

Depression or anxiety	24.42% 147	71.93% 433	2.66% 16	1.00% 6	602
High Blood Pressure	43.03% 284	53.48% 353	2.88% 19	0.61% 4	660
High Cholesterol	36.55% 231	60.76% 384	2.06% 13	0.63% 4	632
Diabetes (not during pregnancy)	14.50% 87	82.50% 495	2.33% 14	0.67% 4	600
Osteoporosis	7.56% 44	89.35% 520	2.41% 14	0.69% 4	582
Overweight/Obesity	38.45% 233	58.09% 352	2.64% 16	0.83% 5	606
Angina/Heart Disease	6.50% 38	90.43% 529	2.22% 13	0.85% 5	585
Cancer	9.14% 53	87.24% 506	2.41% 14	1.21% 7	580

Q18 In the past 30 days, have there been any days when feeling sad or worried kept your from going about your normal day or activities?

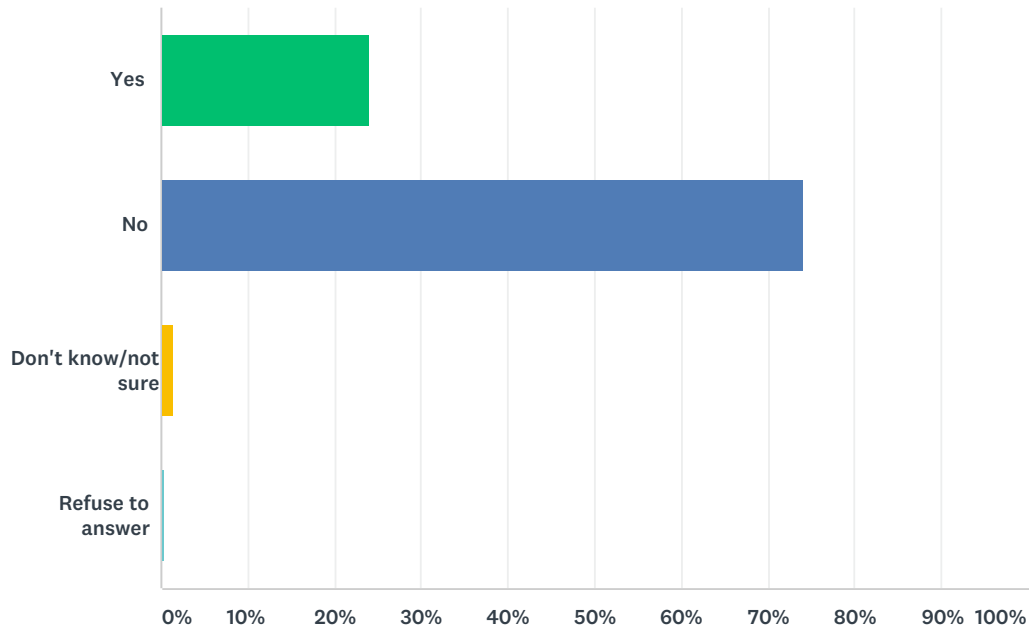
Answered: 712 Skipped: 210



ANSWER CHOICES	RESPONSES	COUNT
Yes	17.70%	126
No	75.84%	540
Don't know/Not sure	5.20%	37
Refuse to answer	1.26%	9
TOTAL		712

Q19 In the past 30 days, have you had any physical pain or health problems that made it hard for you to do your usual activities such as driving, working around the house, or going to work?

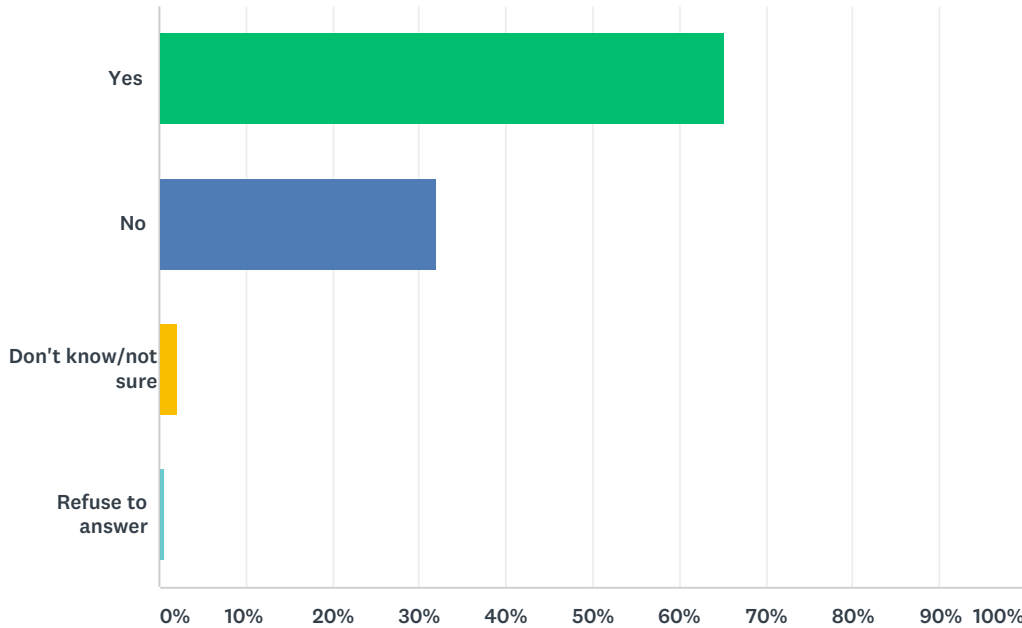
Answered: 712 Skipped: 210



ANSWER CHOICES	RESPONSES
Yes	24.02% 171
No	74.02% 527
Don't know/not sure	1.54% 11
Refuse to answer	0.42% 3
TOTAL	712

Q20 During a normal week, other than your regular job, do you engage in any physical activity or exercise that lasts at least a half an hour?

Answered: 712 Skipped: 210



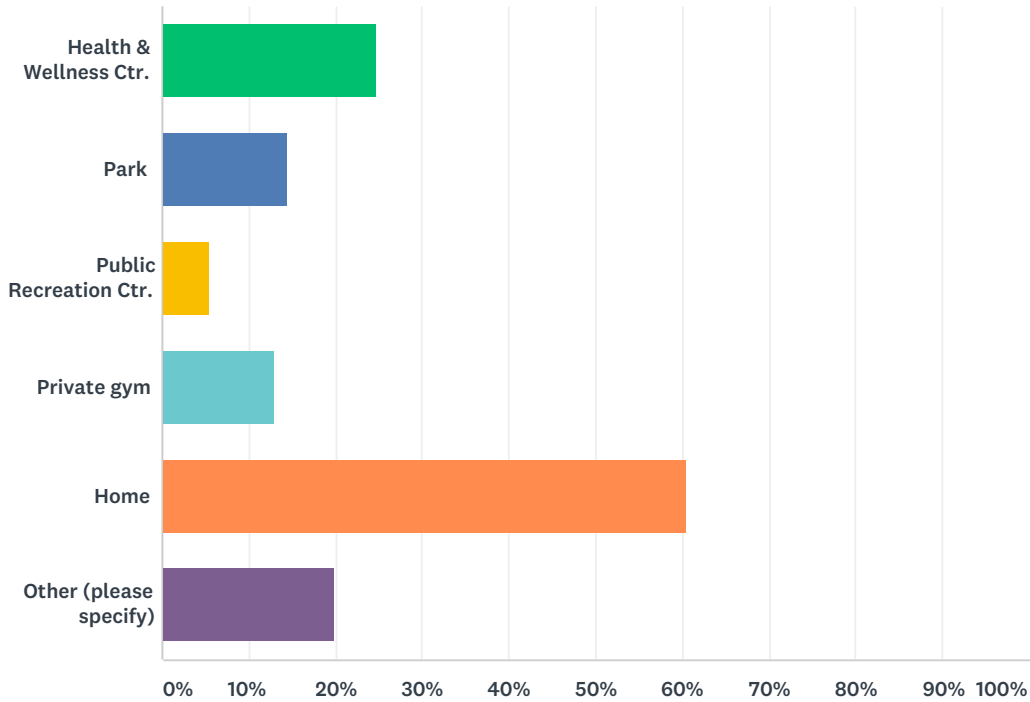
ANSWER CHOICES	RESPONSES
Yes	65.31% 465
No	32.02% 228
Don't know/not sure	2.11% 15
Refuse to answer	0.56% 4
TOTAL	712

Q21 Since you said "yes", how many times do you exercise or engage in physical activity during a normal week? If you exercise more than once a day, count each separate physical activity that lasts for at least 30 minutes as one "time." (Write number)

Answered: 462 Skipped: 460

Q22 Where do you go to exercise or engage in physical activity? Check all that apply.

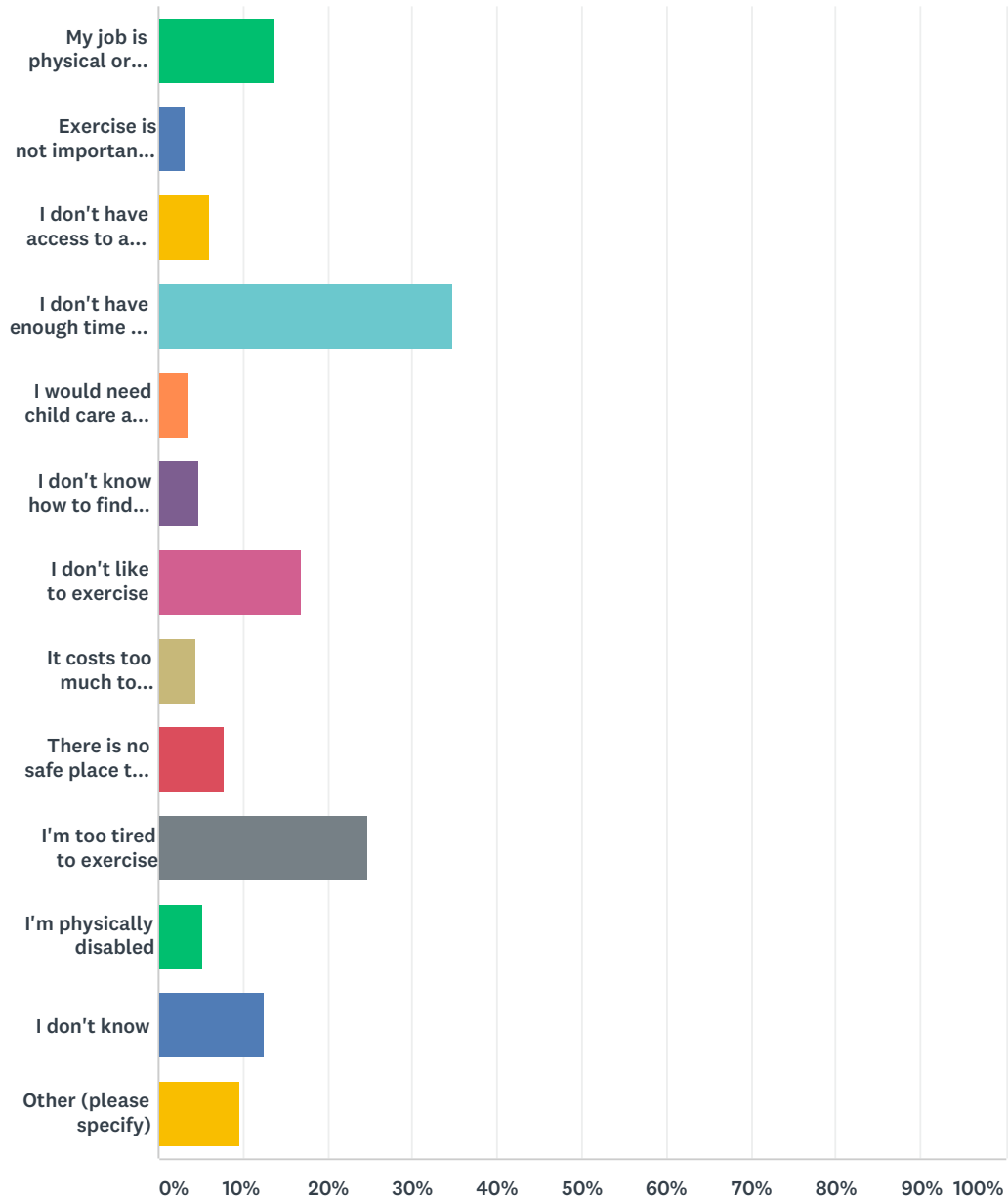
Answered: 462 Skipped: 460



ANSWER CHOICES	RESPONSES	
Health & Wellness Ctr.	24.68%	114
Park	14.50%	67
Public Recreation Ctr.	5.41%	25
Private gym	12.99%	60
Home	60.39%	279
Other (please specify)	19.91%	92
Total Respondents: 462		

Q23 If you answered "Don't know/Not Sure", "No", or "Refuse to answer", what are the reasons you do not exercise for at least 30 minutes during a normal week? (Check all that apply)

Answered: 247 Skipped: 675

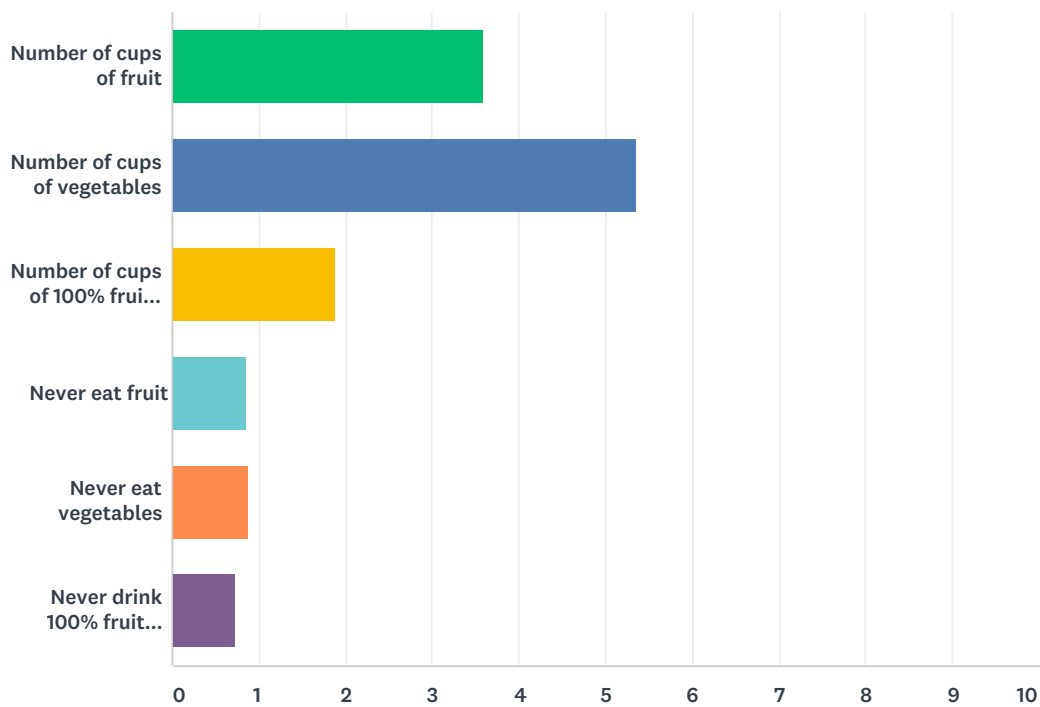


ANSWER CHOICES	RESPONSES	
My job is physical or hard labor	13.77%	34
Exercise is not important to me	3.24%	8
I don't have access to a pool, golf course, or track	6.07%	15
I don't have enough time to exercise	34.82%	86
I would need child care and I don't have it	3.64%	9
I don't know how to find exercise partners	4.86%	12
I don't like to exercise	17.00%	42
It costs too much to exercise	4.45%	11
There is no safe place to exercise	7.69%	19
I'm too tired to exercise	24.70%	61

I'm physically disabled	5.26%	13
I don't know	12.55%	31
Other (please specify)	9.72%	24
Total Respondents: 247		

Q24 Not counting potato products, think about how often you eat fruits and vegetables in an average week. (Potato products are French fries, baked potatoes, hash browns, mashed potatoes...anything made from white potatoes.) How many cups of fruits and vegetables would you say you eat per week? (Write # cups)

Answered: 693 Skipped: 229



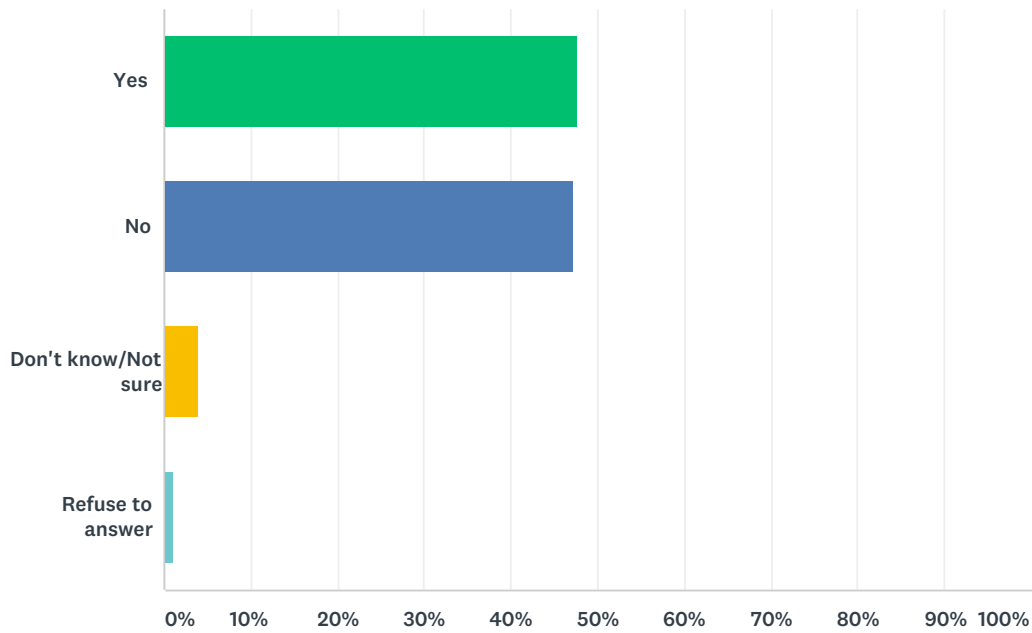
ANSWER CHOICES	AVERAGE NUMBER	TOTAL NUMBER	RESPONSES
Number of cups of fruit	4	2,486	689
Number of cups of vegetables	5	3,681	688
Number of cups of 100% fruit juice	2	1,255	666
Never eat fruit	1	54	63
Never eat vegetables	1	52	59
Never drink 100% fruit juice	1	50	68
Total Respondents: 693			

BASIC STATISTICS					
	MINIMUM	MAXIMUM	MEDIAN	MEAN	STANDARD DEVIATION

Number of cups of fruit	0.00	28.00	3.00	3.61	3.52
Number of cups of vegetables	0.00	35.00	5.00	5.35	4.64
Number of cups of 100% fruit juice	0.00	21.00	1.00	1.88	2.94
Never eat fruit	0.00	15.00	0.00	0.86	2.47
Never eat vegetables	0.00	10.00	0.00	0.88	1.86
Never drink 100% fruit juice	0.00	10.00	0.00	0.74	2.08

Q25 Have you been exposed to secondhand smoke in the past year?

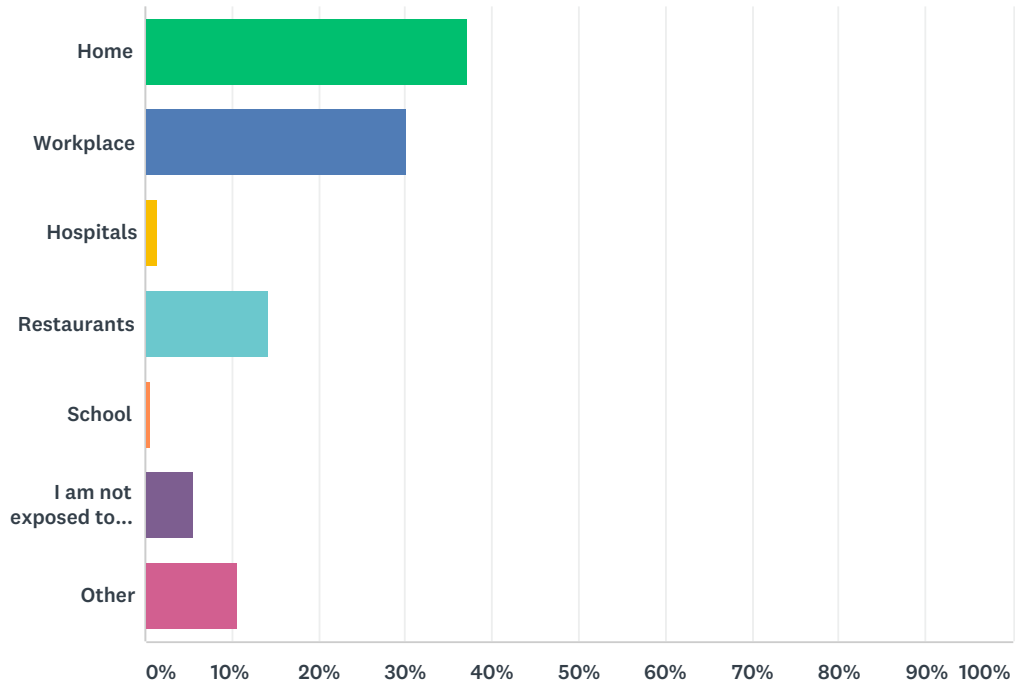
Answered: 691 Skipped: 231



ANSWER CHOICES	RESPONSES
Yes	47.76% 330
No	47.32% 327
Don't know/Not sure	3.91% 27
Refuse to answer	1.01% 7
TOTAL	691

Q26 Since you said "yes", where do you think you are exposed to secondhand smoke most often? (Check only one)

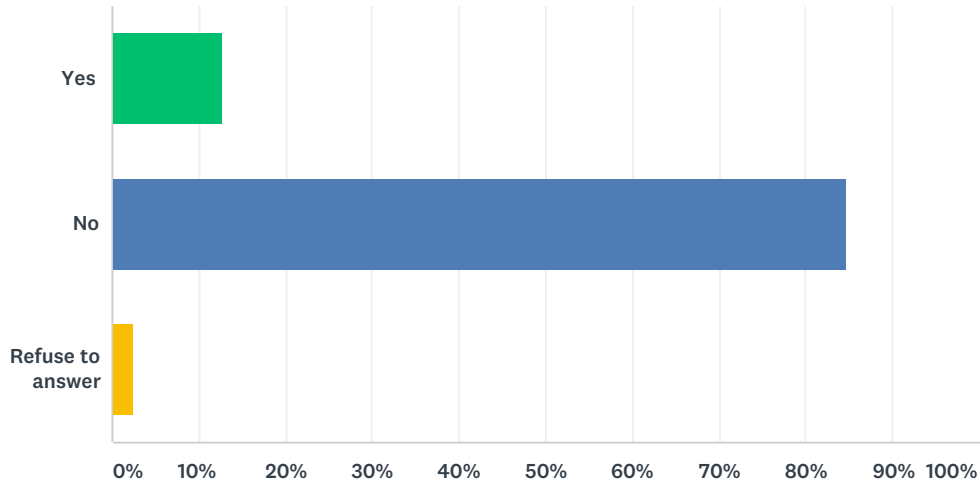
Answered: 331 Skipped: 591



ANSWER CHOICES	RESPONSES	
Home	37.16%	123
Workplace	30.21%	100
Hospitals	1.51%	5
Restaurants	14.20%	47
School	0.60%	2
I am not exposed to secondhand smoke	5.74%	19
Other	10.57%	35
TOTAL		331

Q27 Do you currently smoke?

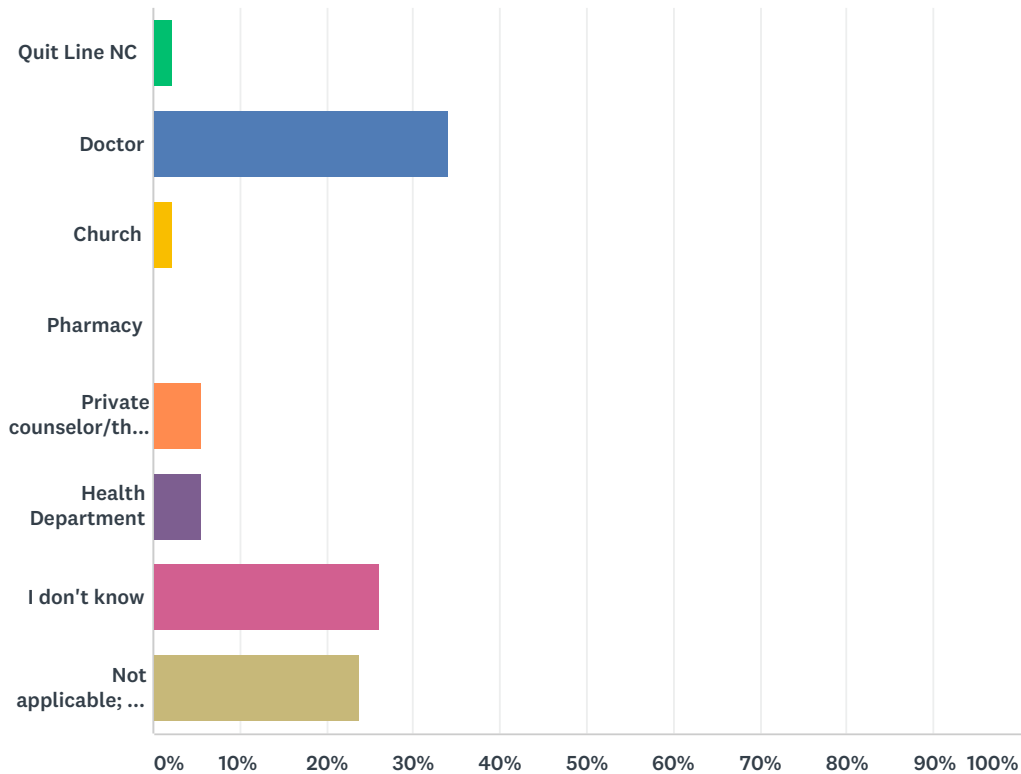
Answered: 691 Skipped: 231



ANSWER CHOICES	RESPONSES	
Yes	12.74%	88
No	84.66%	585
Refuse to answer	2.60%	18
TOTAL		691

Q28 If you answered "yes", where would you go for help if you wanted to quit? (Choose only one)

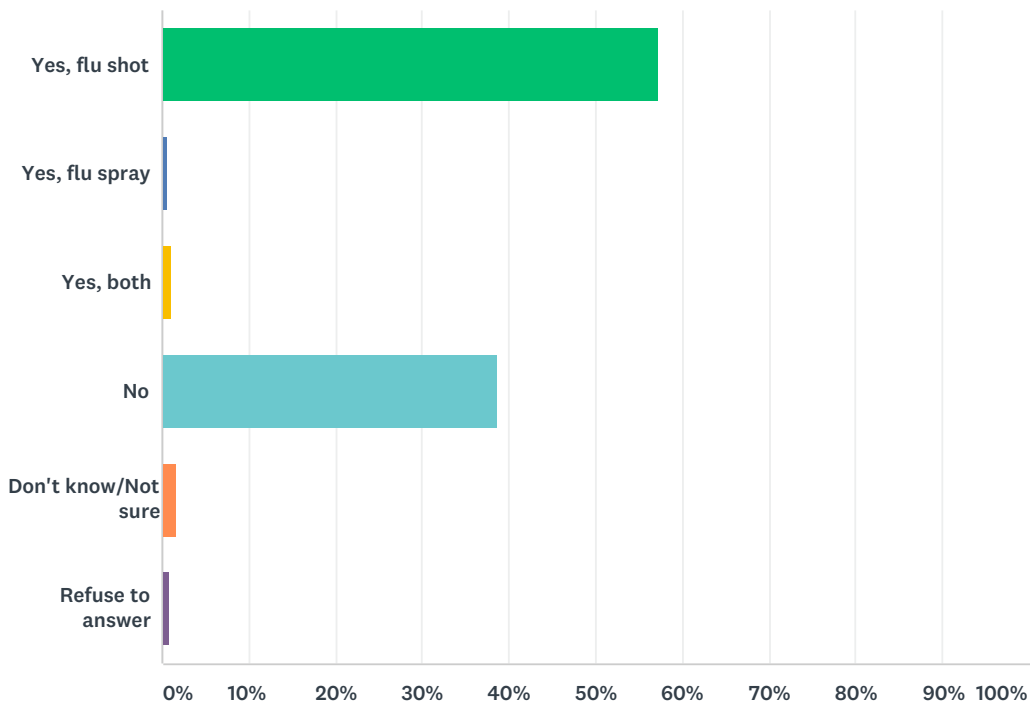
Answered: 88 Skipped: 834



ANSWER CHOICES	RESPONSES	
Quit Line NC	2.27%	2
Doctor	34.09%	30
Church	2.27%	2
Pharmacy	0.00%	0
Private counselor/therapist	5.68%	5
Health Department	5.68%	5
I don't know	26.14%	23
Not applicable; I don't want to quit	23.86%	21
TOTAL		88

Q29 An influenza/flu vaccine can be a "flu shot" injected into your arm or spray like "FluMist" which is sprayed into your nose. During the past 12 months, have you had a seasonal flu vaccine?

Answered: 690 Skipped: 232

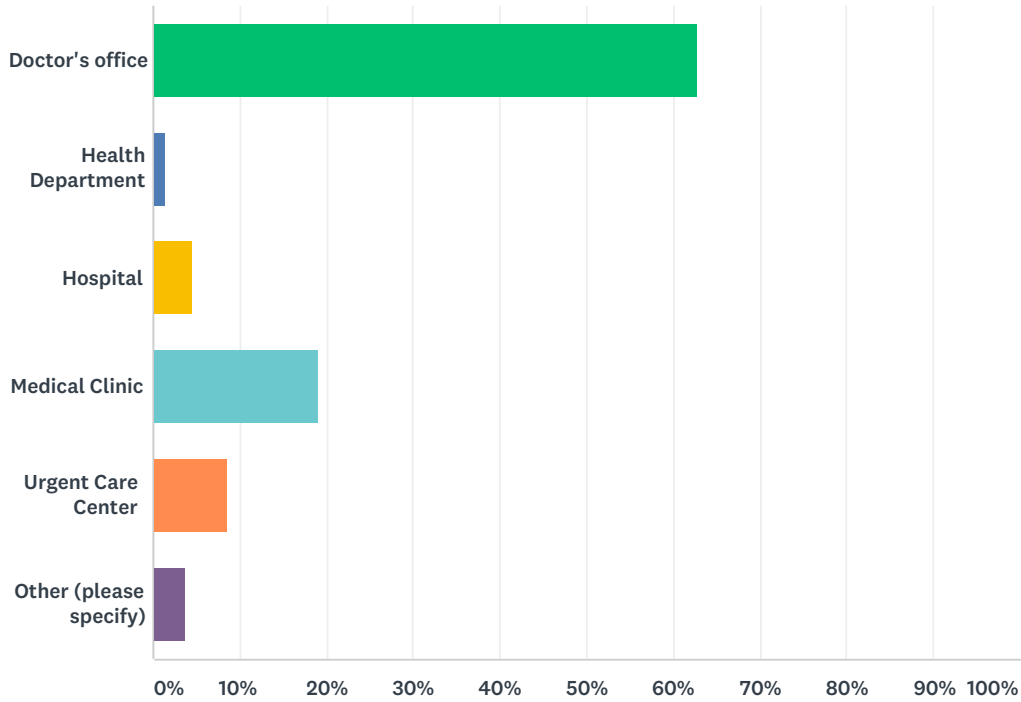


ANSWER CHOICES	RESPONSES	
Yes, flu shot	57.25%	395
Yes, flu spray	0.58%	4
Yes, both	1.01%	7
No	38.70%	267
Don't know/Not sure	1.59%	11

Refuse to answer	0.87%	6
TOTAL		690

Q30 Where do you go most often when you are sick? (Choose only one)

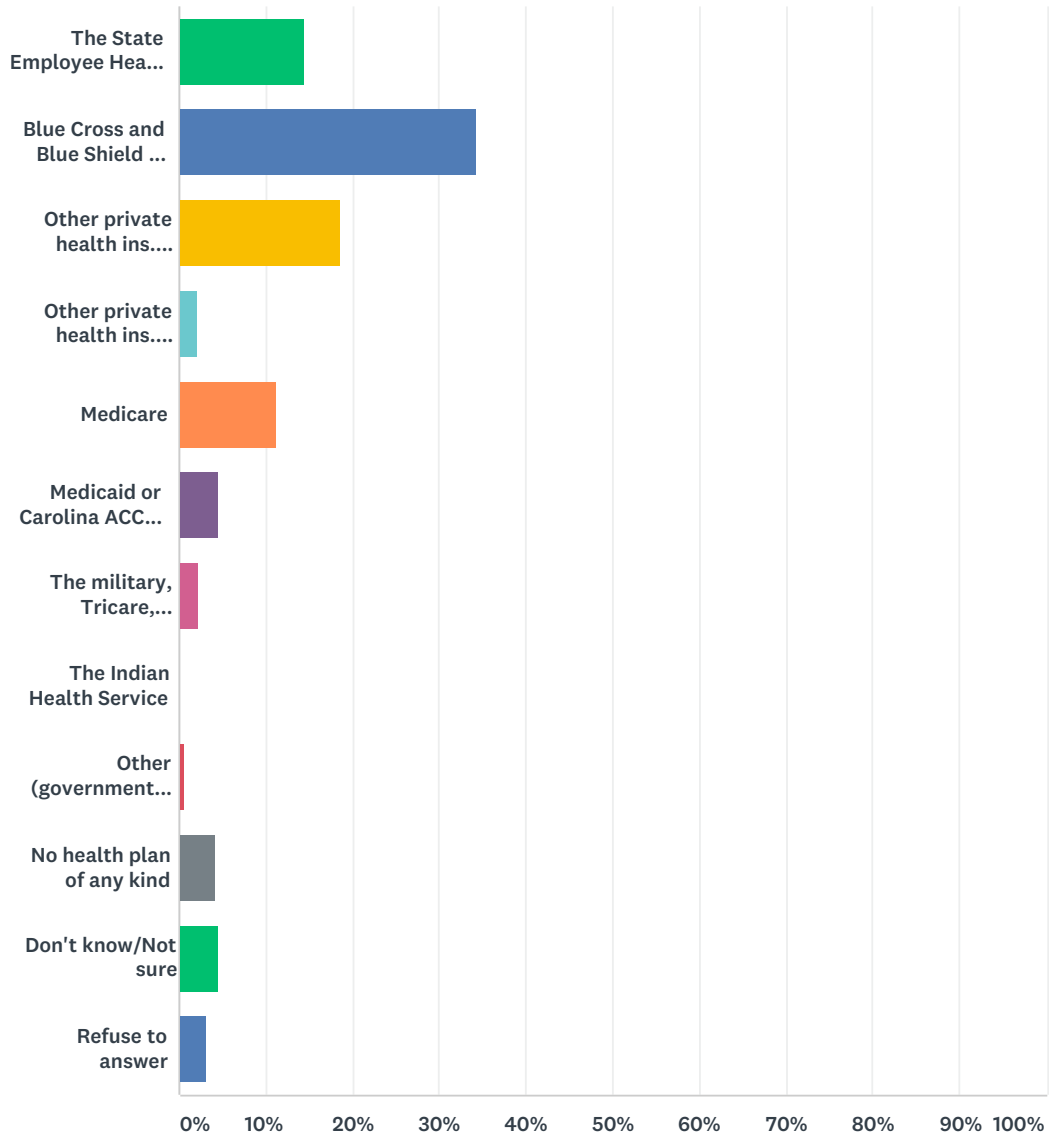
Answered: 689 Skipped: 233



ANSWER CHOICES	RESPONSES	
Doctor's office	62.70%	432
Health Department	1.45%	10
Hospital	4.50%	31
Medical Clinic	19.01%	131
Urgent Care Center	8.56%	59
Other (please specify)	3.77%	26
TOTAL		689

Q31 What is your primary health insurance plan? This is the plan which pays the medical bills first or pays most of the medical bills. (Choose only one)

Answered: 689 Skipped: 233



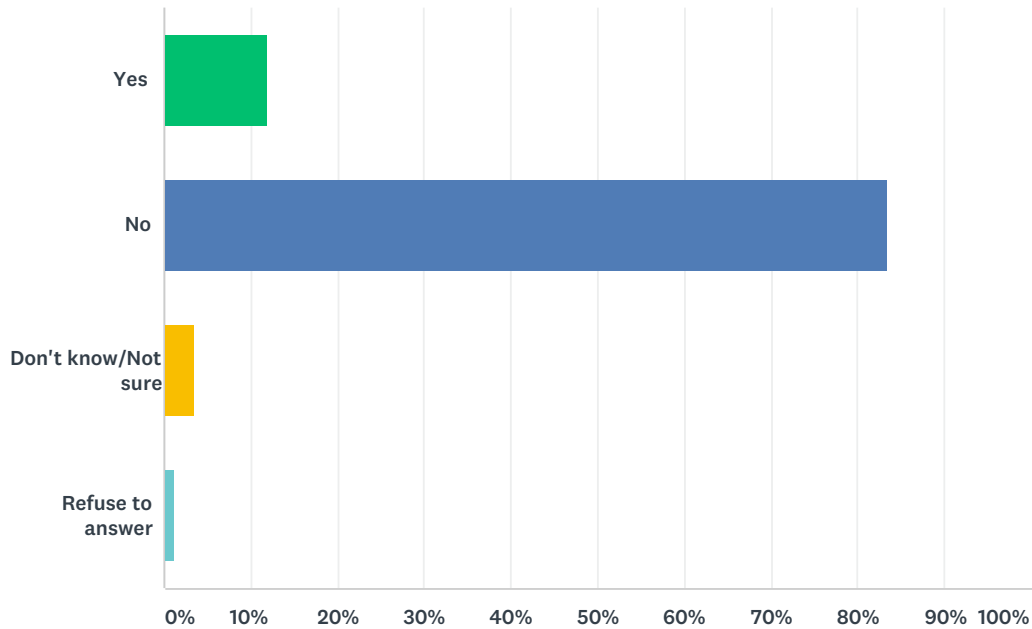
ANSWER CHOICES	RESPONSES	
The State Employee Health Plan	14.37%	99
Blue Cross and Blue Shield of NC	34.25%	236
Other private health ins. plan from employer/workplace	18.58%	128
Other private health ins. plan from a direct ins. company	2.03%	14
Medicare	11.32%	78
Medicaid or Carolina ACCESS or Health Choice 55	4.50%	31
The military, Tricare, CHAMPUS, or the VA	2.32%	16
The Indian Health Service	0.00%	0
Other (government plan)	0.73%	5
No health plan of any kind	4.21%	29
Don't know/Not sure	4.64%	32
Refuse to answer	3.05%	21

TOTAL

689

Q32 In the past 12 months, did you have a problem getting the health care you needed for you personally or for a family member from any type of health care provider, dentist, pharmacy, or other facility?

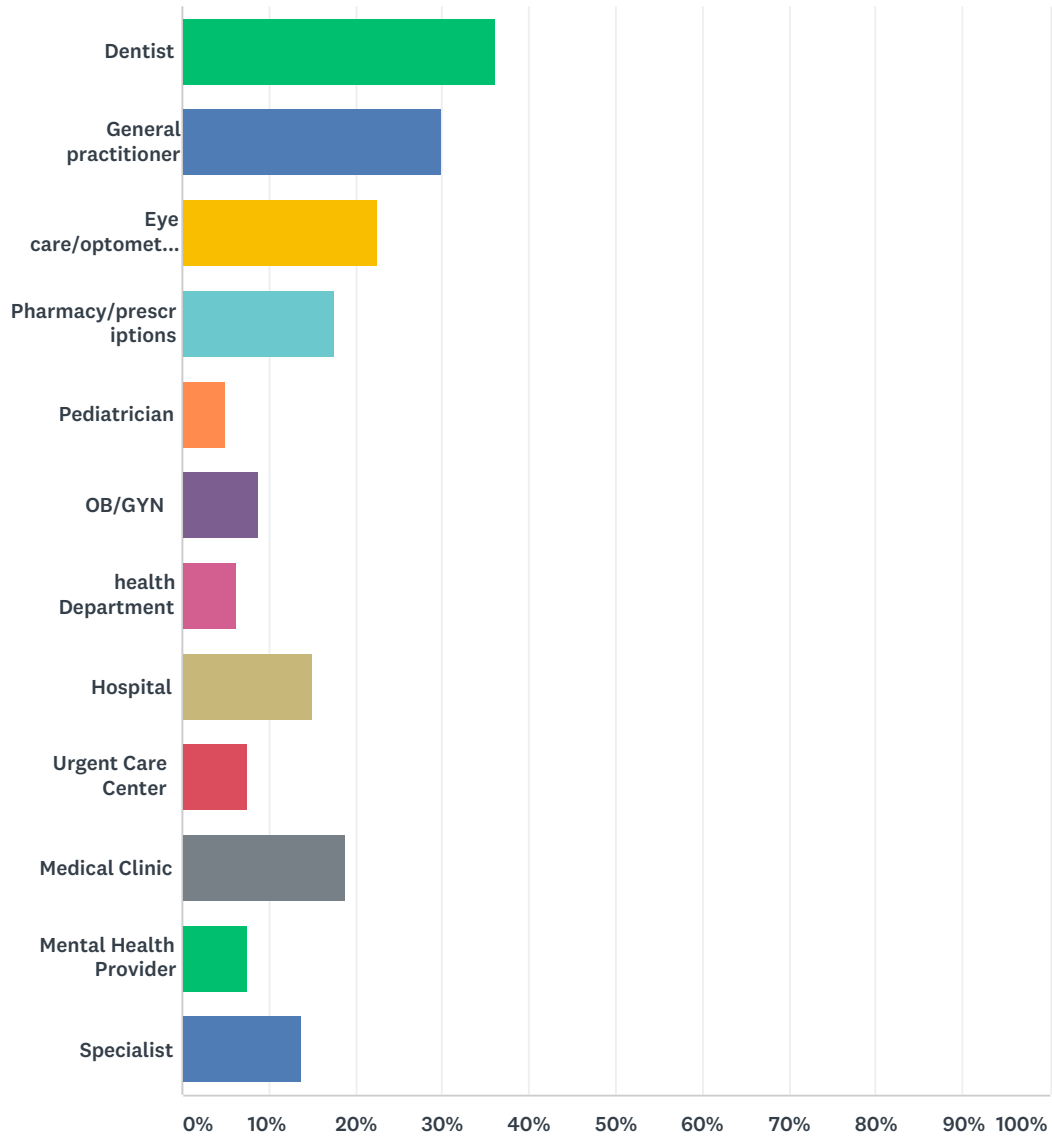
Answered: 689 Skipped: 233



ANSWER CHOICES	RESPONSES	
Yes	11.90%	82
No	83.45%	575
Don't know/Not sure	3.48%	24
Refuse to answer	1.16%	8
TOTAL		689

Q33 Since you said "yes", what type of provider or facility did you or your family member have trouble getting health care from? You can choose as many as you need to. If there was a provider that you tried to see, but we do not have listed here, please write it in.

Answered: 80 Skipped: 842



ANSWER CHOICES	RESPONSES	
Dentist	36.25%	29
General practitioner	30.00%	24
Eye care/optometrist/ophthalmologist	22.50%	18
Pharmacy/prescriptions	17.50%	14
Pediatrician	5.00%	4
OB/GYN	8.75%	7
health Department	6.25%	5
Hospital	15.00%	12
Urgent Care Center	7.50%	6
Medical Clinic	18.75%	15
Mental Health Provider	7.50%	6

Specialist

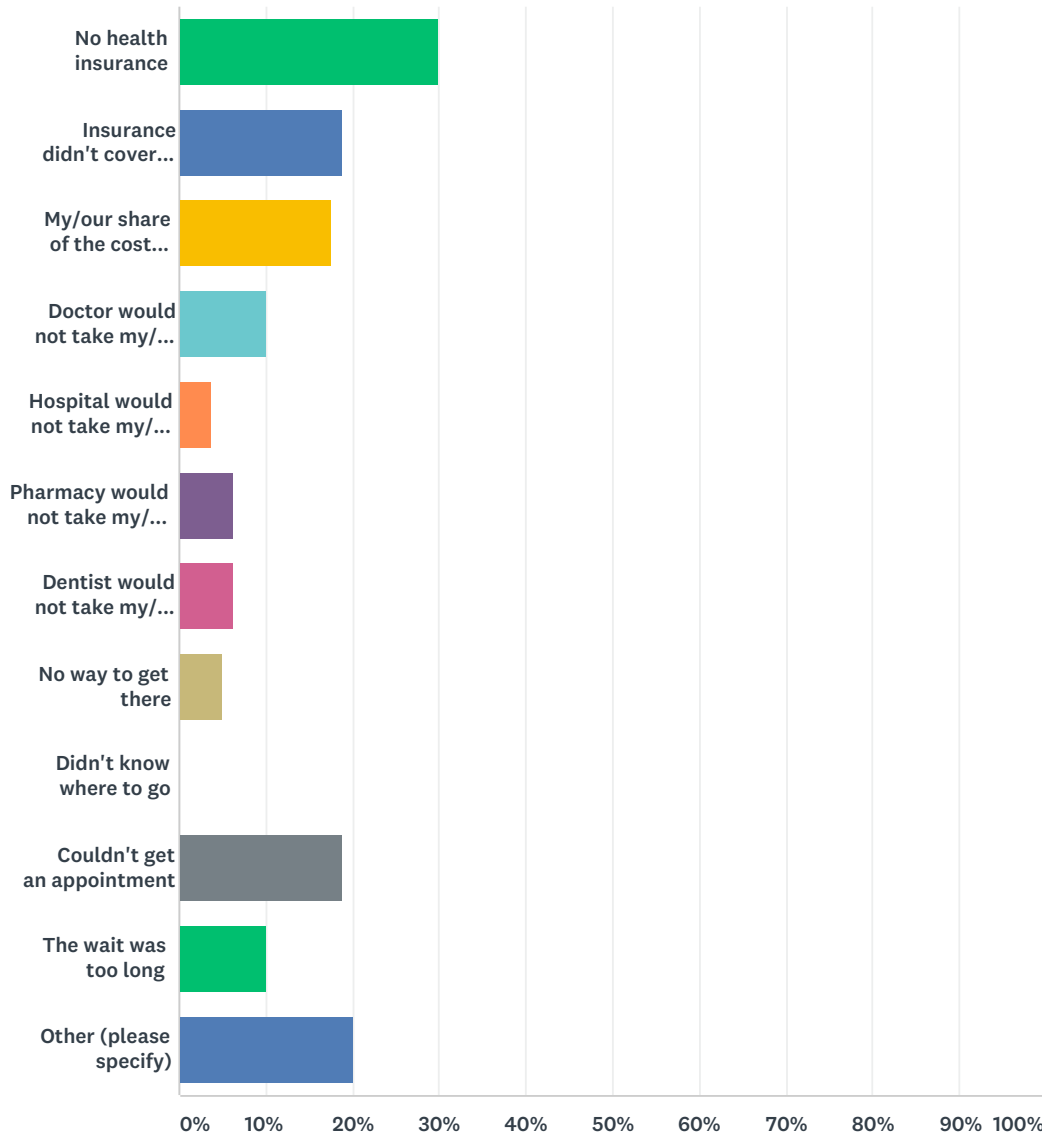
13.75%

11

Total Respondents: 80

Q34 Which of these problems prevented you or your family member from getting the necessary health care? You can choose as many of these as you need to. If you had a problem that we do not have written here, please write it in.

Answered: 80 Skipped: 842

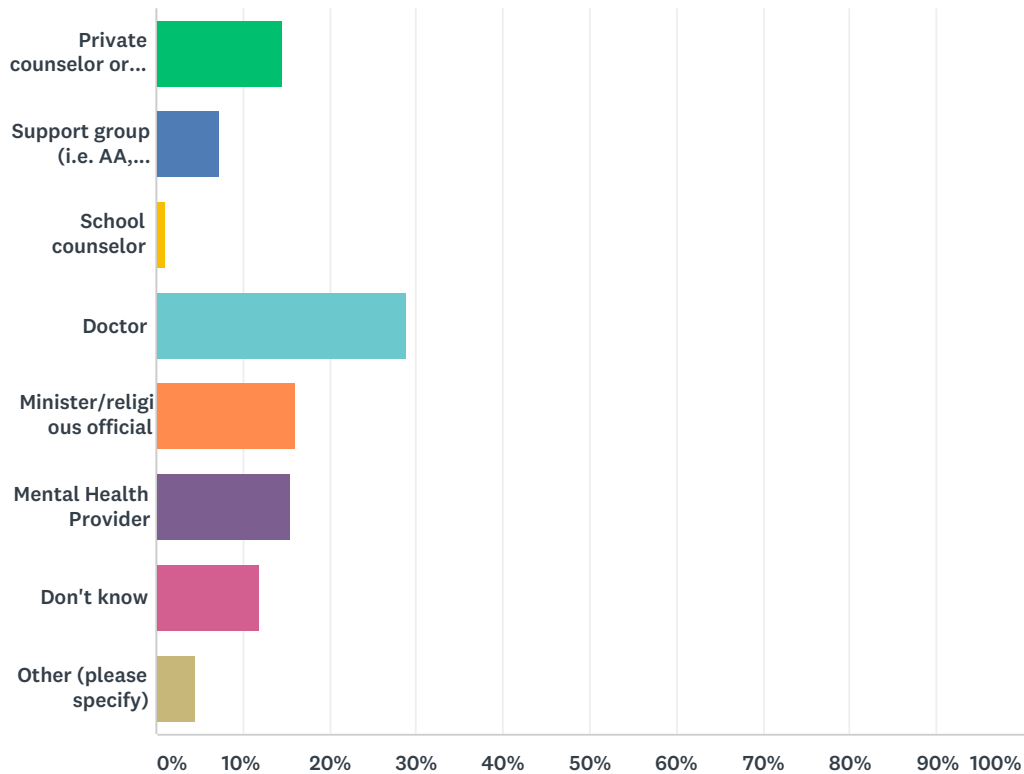


ANSWER CHOICES	RESPONSES
No health insurance	30.00% 24
Insurance didn't cover what I/we needed	18.75% 15
My/our share of the cost (deductible/co-pay) was too high	17.50% 14
Doctor would not take my/our insurance or Medicaid	10.00% 8

Hospital would not take my/our insurance	3.75%	3
Pharmacy would not take my/our insurance or Medicaid	6.25%	5
Dentist would not take my/our insurance or Medicaid	6.25%	5
No way to get there	5.00%	4
Didn't know where to go	0.00%	0
Couldn't get an appointment	18.75%	15
The wait was too long	10.00%	8
Other (please specify)	20.00%	16
Total Respondents: 80		

Q35 If a friend or family member needed counseling for a mental health or a drug/alcohol abuse problem, who is the first person you would tell them to talk to? (Choose only one)

Answered: 687 Skipped: 235

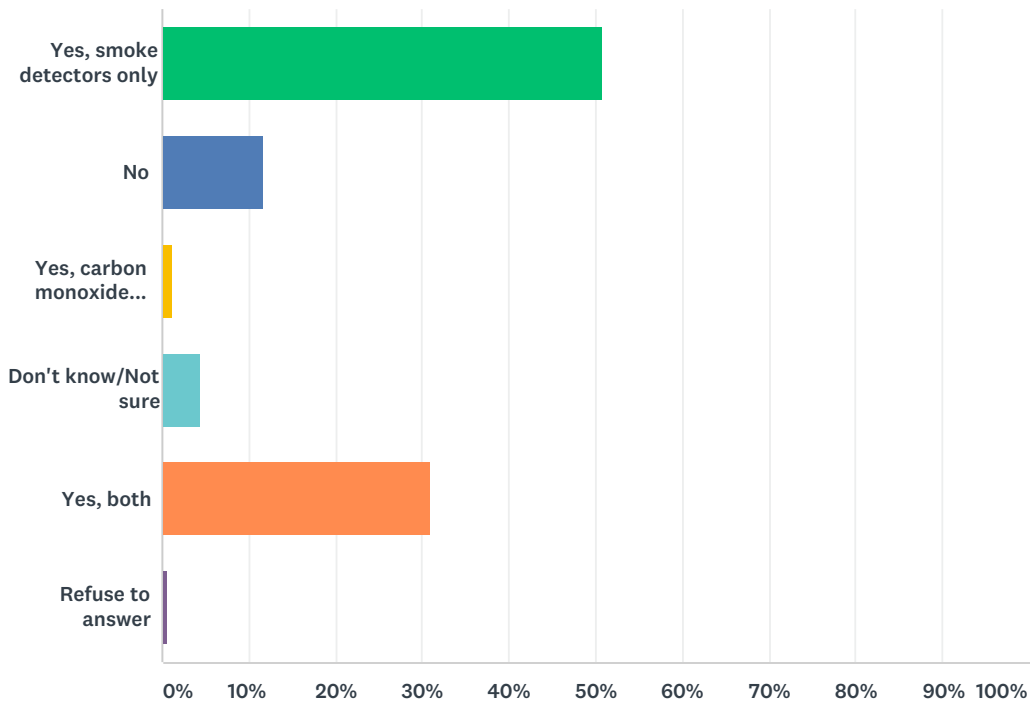


ANSWER CHOICES	RESPONSES
Private counselor or therapist	14.56% 100
Support group (i.e. AA, Al-Anon)	7.42% 51
School counselor	1.02% 7
Doctor	28.97% 199

Minister/religious official	16.01%	110
Mental Health Provider	15.43%	106
Don't know	11.94%	82
Other (please specify)	4.66%	32
TOTAL		687

Q36 Does your household have working smoke and carbon monoxide detectors? (Choose only one)

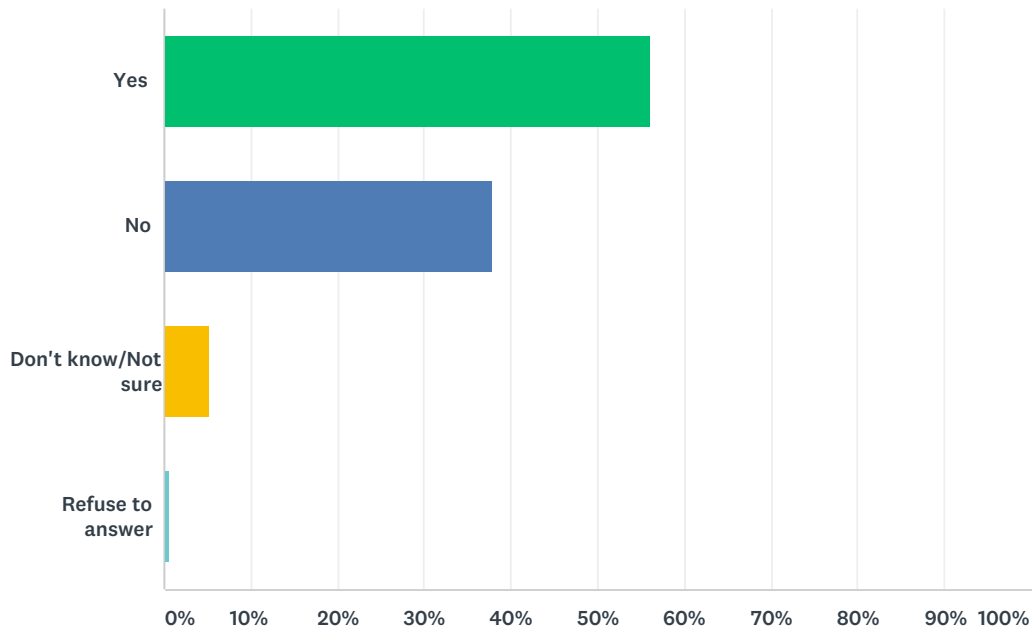
Answered: 686 Skipped: 236



ANSWER CHOICES	RESPONSES	
Yes, smoke detectors only	50.87%	349
No	11.81%	81
Yes, carbon monoxide detectors only	1.31%	9
Don't know/Not sure	4.37%	30
Yes, both	30.90%	212
Refuse to answer	0.73%	5
TOTAL		686

Q37 Does your family have a basic emergency supply kit? (These kits include water, non-perishable food, any necessary prescriptions, first aid supplies, flashlight, batteries, non-electric can opener, blanket, etc.)

Answered: 686 Skipped: 236



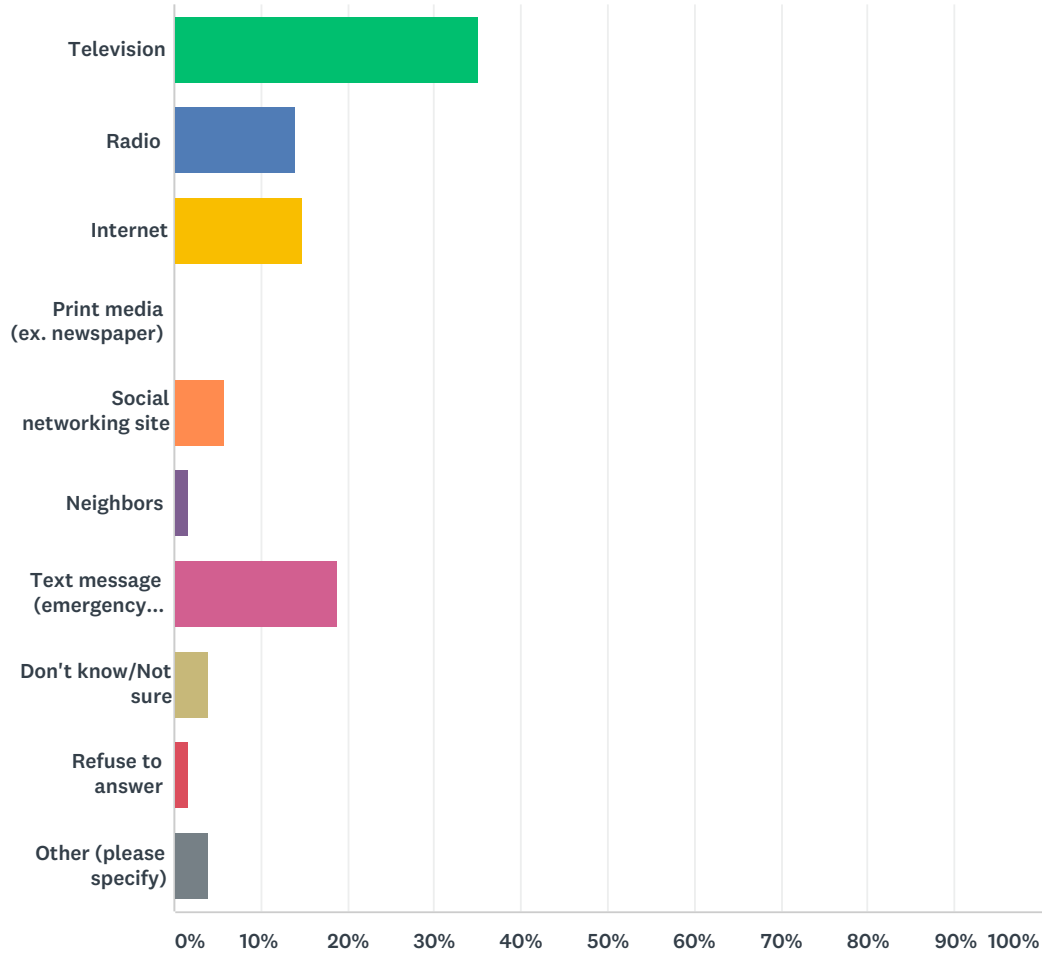
ANSWER CHOICES	RESPONSES
Yes	56.12% 385
No	37.90% 260
Don't know/Not sure	5.25% 36
Refuse to answer	0.73% 5
TOTAL	686

Q38 If yes, how many days do you have supplies for? (Write number of days)

Answered: 384 Skipped: 538

Q39 What would be your main way of getting information from authorities in a large-scale disaster or emergency? (Choose only one)

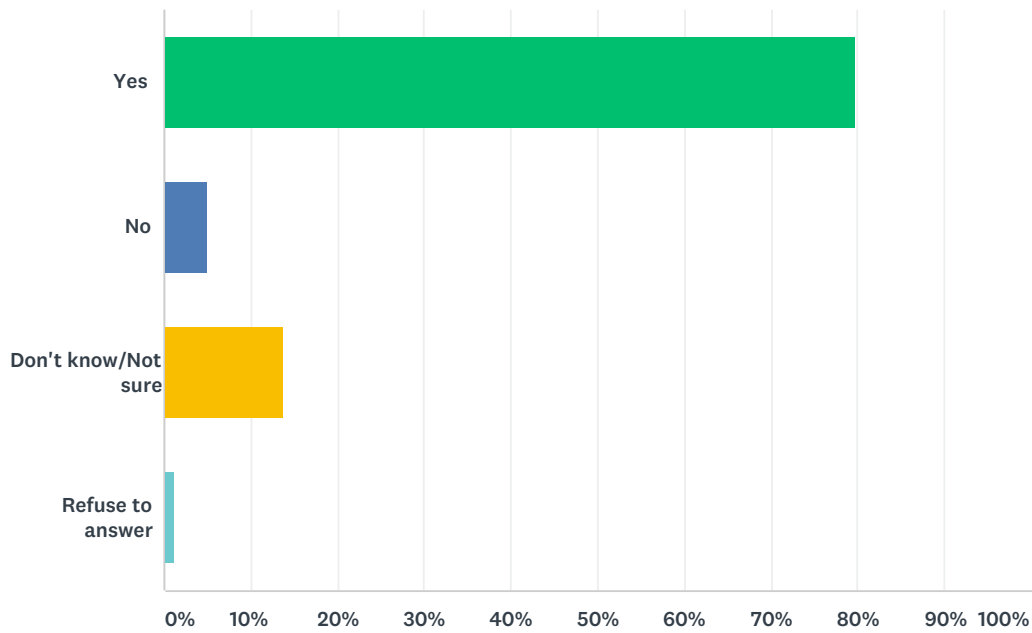
Answered: 684 Skipped: 238



ANSWER CHOICES	RESPONSES	
Television	35.09%	240
Radio	14.04%	96
Internet	14.77%	101
Print media (ex. newspaper)	0.15%	1
Social networking site	5.85%	40
Neighbors	1.61%	11
Text message (emergency alert system)	18.86%	129
Don't know/Not sure	3.95%	27
Refuse to answer	1.75%	12
Other (please specify)	3.95%	27
TOTAL		684

Q40 If public authorities announced a mandatory evacuation from your neighborhood or community due to a large-scale disaster or emergency, would you evacuate?

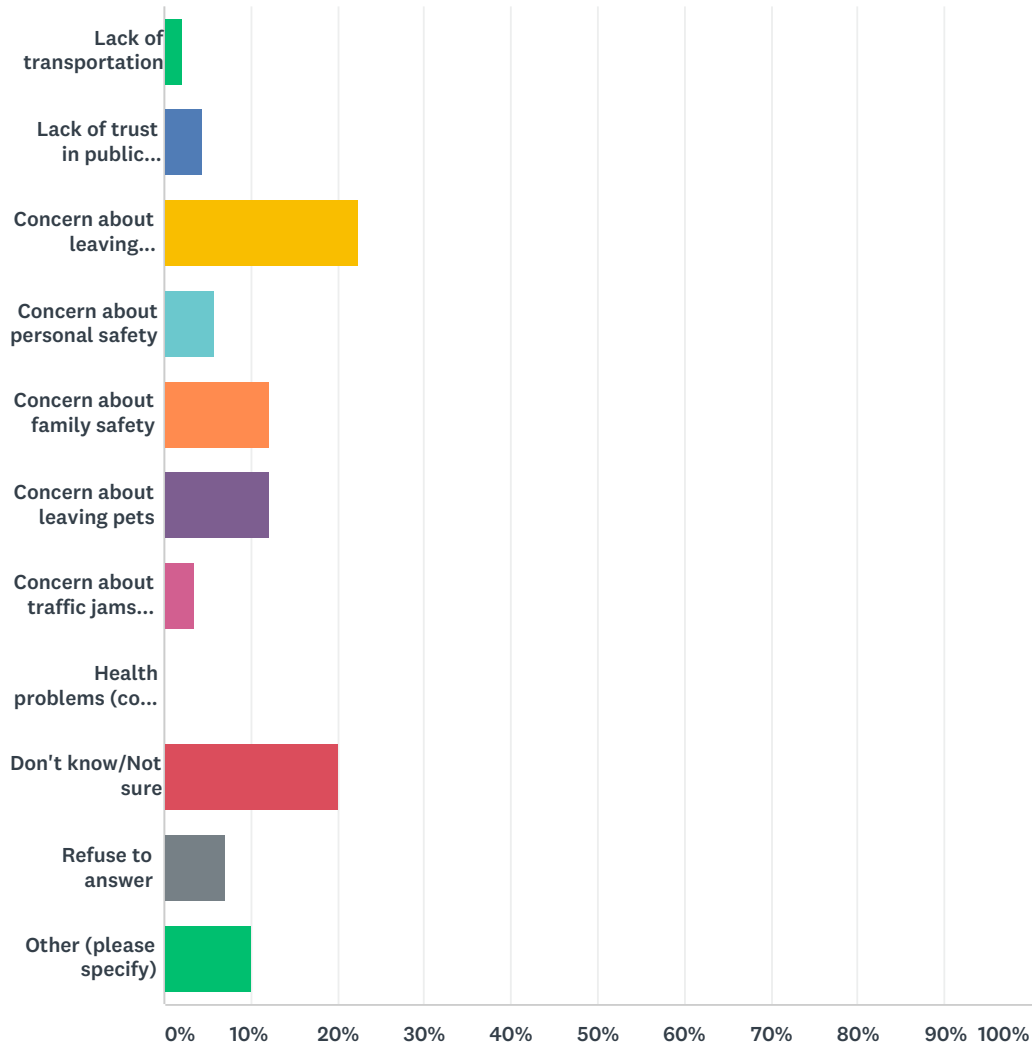
Answered: 684 Skipped: 238



ANSWER CHOICES	RESPONSES
Yes	79.68% 545
No	5.12% 35
Don't know/Not sure	13.89% 95
Refuse to answer	1.32% 9
TOTAL	684

Q41 What would be the main reason you might not evacuate if asked to do so? (Choose only one)

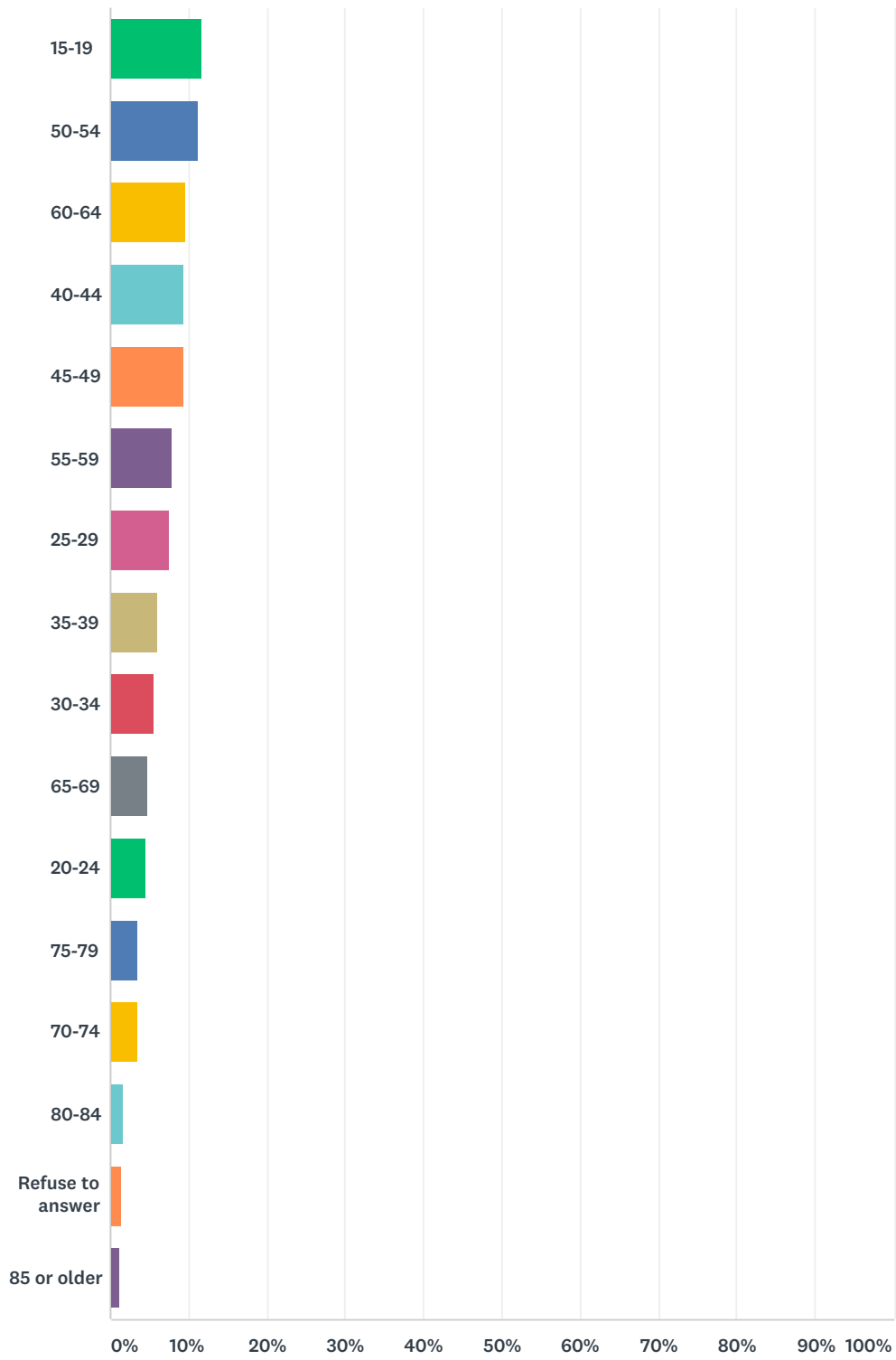
Answered: 139 Skipped: 783



ANSWER CHOICES	RESPONSES	
Lack of transportation	2.16%	3
Lack of trust in public officials	4.32%	6
Concern about leaving property behind	22.30%	31
Concern about personal safety	5.76%	8
Concern about family safety	12.23%	17
Concern about leaving pets	12.23%	17
Concern about traffic jams and inability to get out	3.60%	5
Health problems (could not be moved)	0.00%	0
Don't know/Not sure	20.14%	28
Refuse to answer	7.19%	10
Other (please specify)	10.07%	14
TOTAL		139

Q42 How old are you?

Answered: 683 Skipped: 239

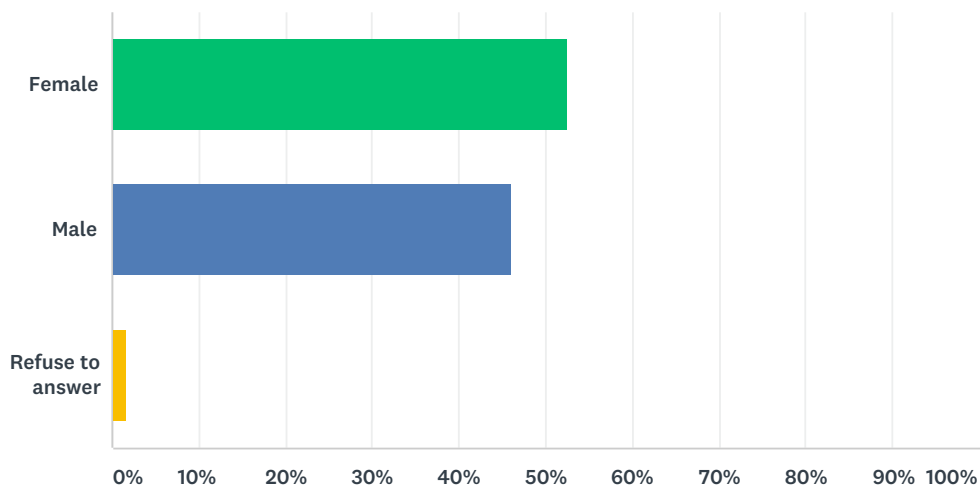


ANSWER CHOICES	RESPONSES	
15-19	11.71%	80
50-54	11.27%	77
60-64	9.66%	66

40-44	9.52%	65
45-49	9.52%	65
55-59	8.05%	55
25-29	7.61%	52
35-39	6.00%	41
30-34	5.56%	38
65-69	4.83%	33
20-24	4.69%	32
75-79	3.66%	25
70-74	3.51%	24
80-84	1.76%	12
Refuse to answer	1.46%	10
85 or older	1.17%	8
TOTAL		683

Q43 Are you male or female?

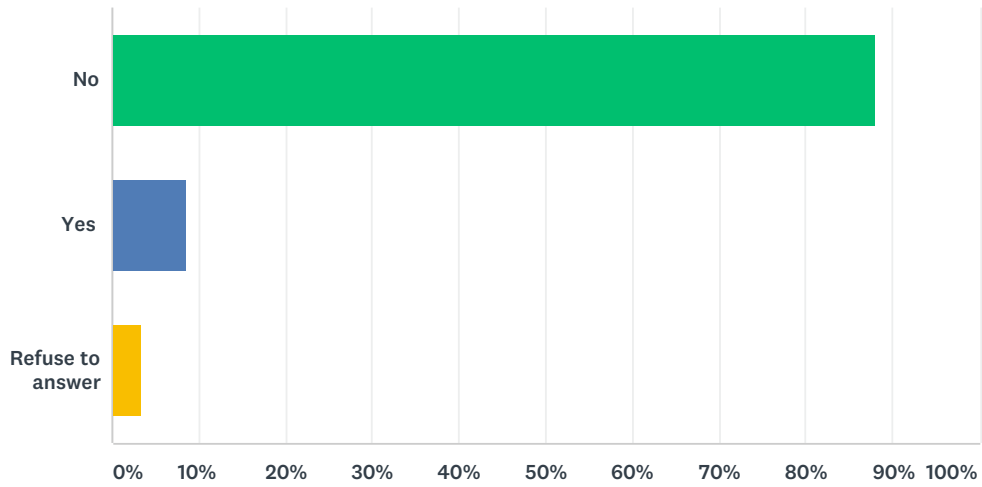
Answered: 683 Skipped: 239



ANSWER CHOICES	RESPONSES
Female	52.42% 358
Male	45.97% 314
Refuse to answer	1.61% 11
TOTAL	683

Q44 Are you of Hispanic, Latino, or Spanish origin?

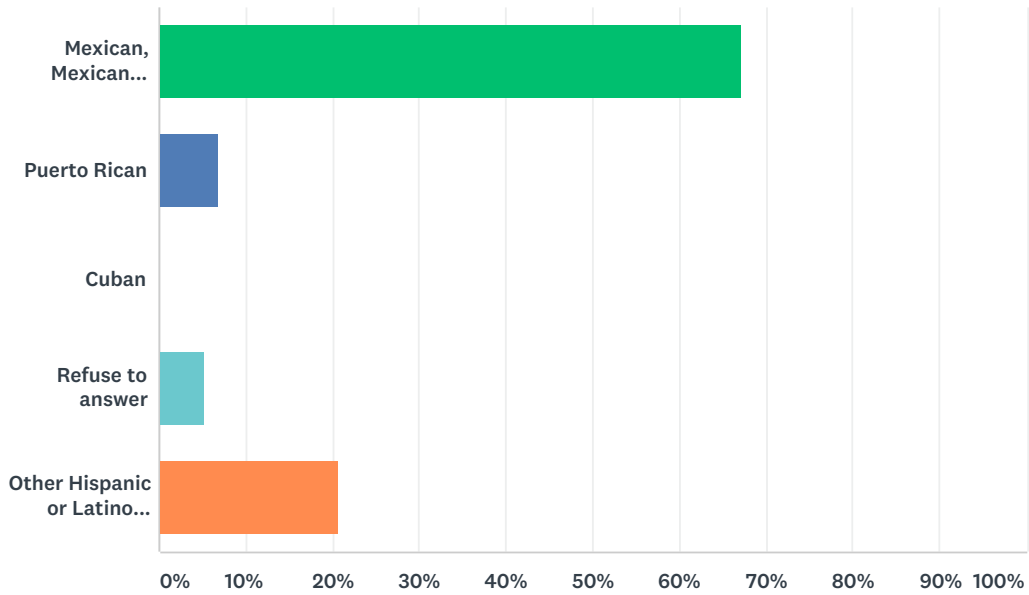
Answered: 683 Skipped: 239



ANSWER CHOICES	RESPONSES	
No	87.99%	601
Yes	8.64%	59
Refuse to answer	3.37%	23
TOTAL		683

Q45 If you answered "yes", are you:

Answered: 58 Skipped: 864

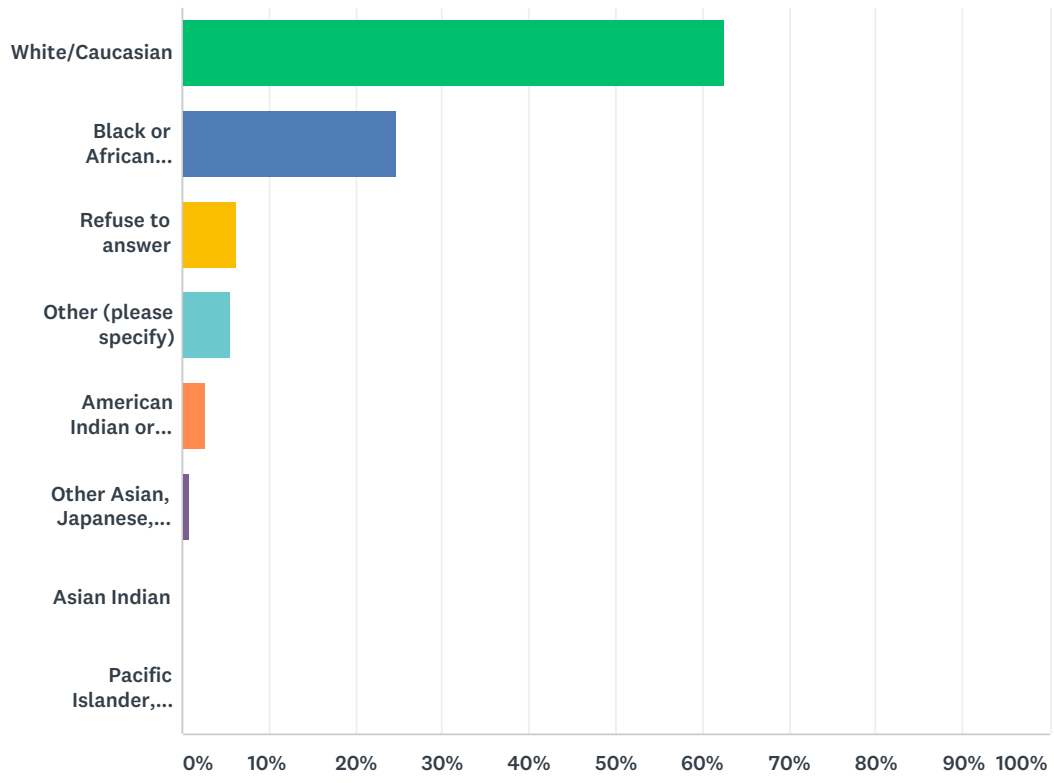


ANSWER CHOICES	RESPONSES	
Mexican, Mexican American, or Chicano	67.24%	39
Puerto Rican	6.90%	4
Cuban	0.00%	0

Refuse to answer	5.17%	3
Other Hispanic or Latino (please specify)	20.69%	12
TOTAL		58

Q46 What is your race? (Check all that apply)If other, please write in the race

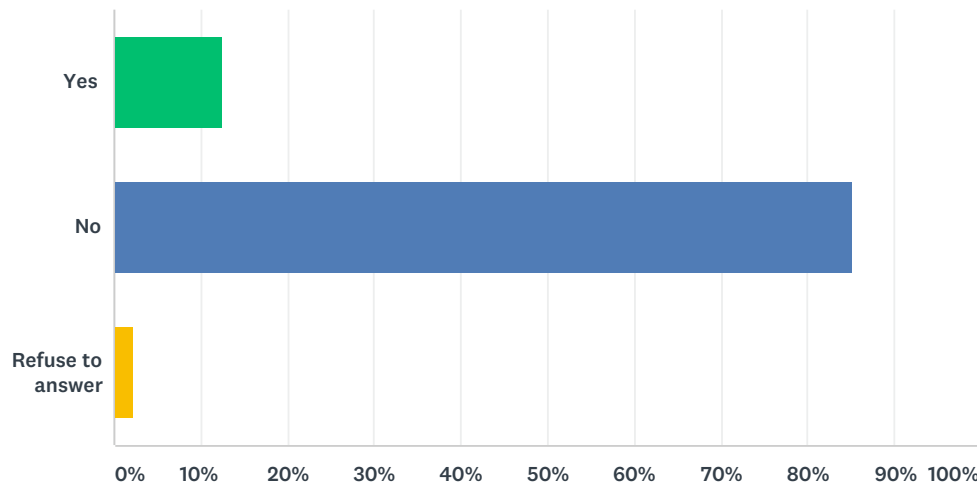
Answered: 682 Skipped: 240



ANSWER CHOICES	RESPONSES	
White/Caucasian	62.46%	426
Black or African American	24.63%	168
Refuse to answer	6.30%	43
Other (please specify)	5.72%	39
American Indian or Alaska Native	2.64%	18
Other Asian, Japanese, Chinese, Korean, Vietnamese, etc	0.73%	5
Asian Indian	0.15%	1
Pacific Islander, Native Hawaiian, Samoan, etc	0.00%	0
Total Respondents: 682		

Q47 Do you speak a language other than English at home?

Answered: 682 Skipped: 240



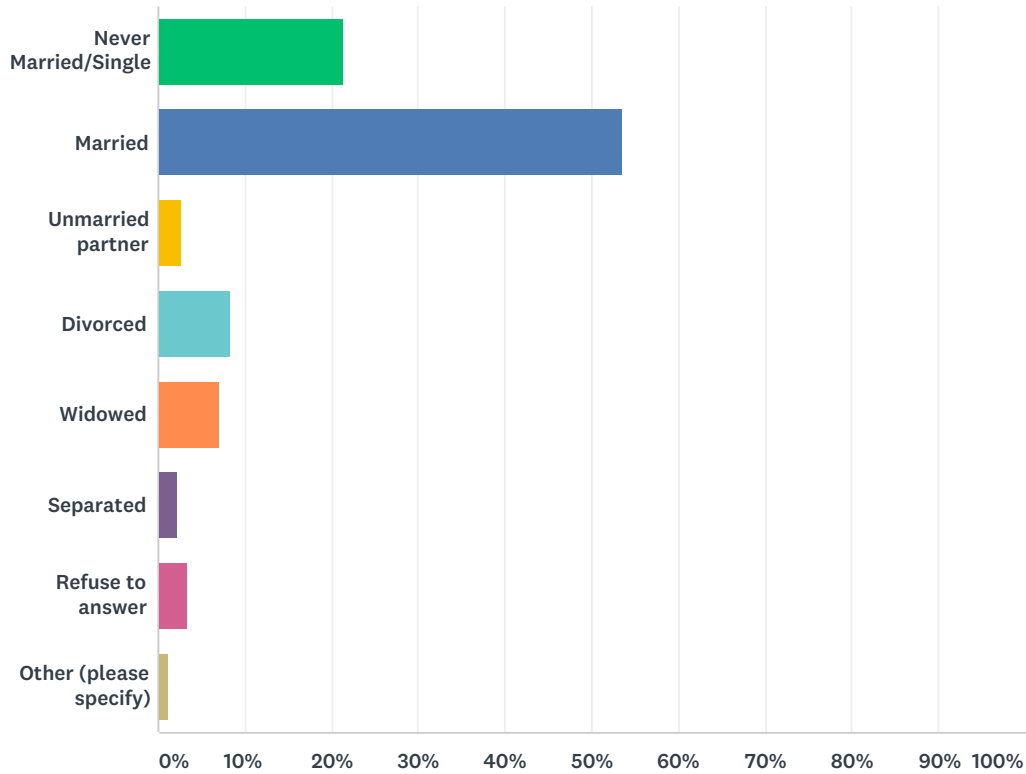
ANSWER CHOICES	RESPONSES	
Yes	12.61%	86
No	85.19%	581
Refuse to answer	2.20%	15
TOTAL		682

Q48 If you answered "yes", what language do you speak at home?

Answered: 75 Skipped: 847

Q49 What is your marital status? (Choose only one)

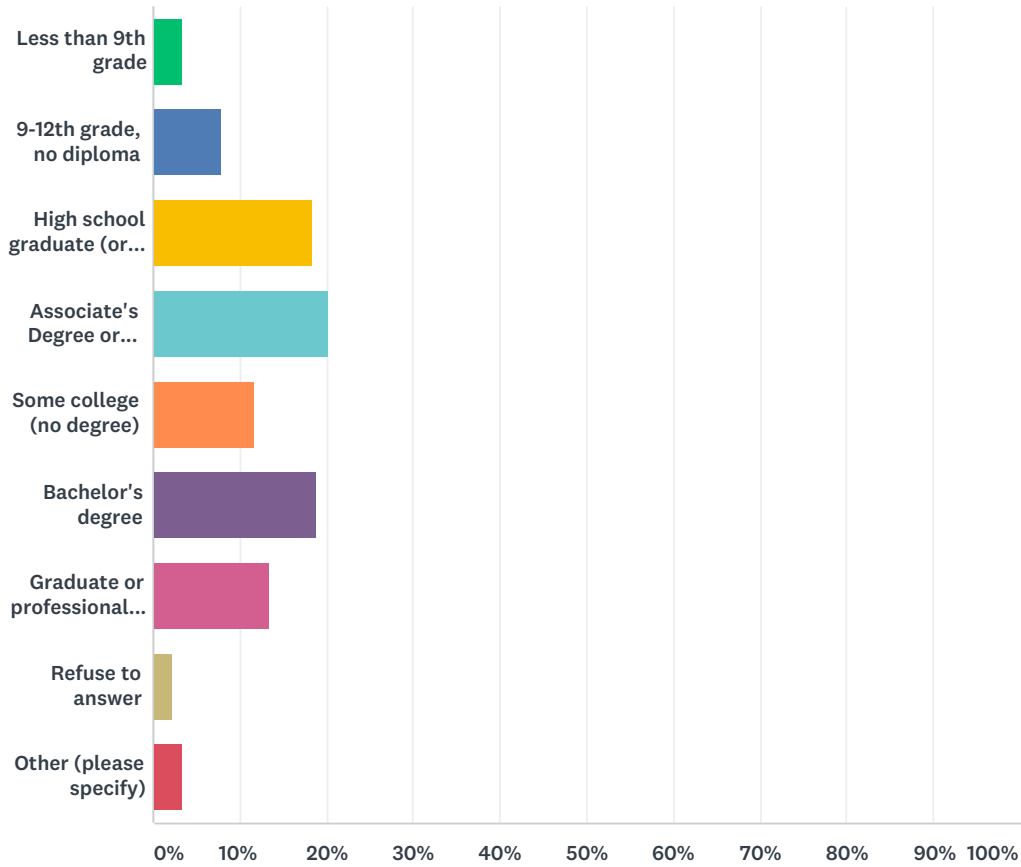
Answered: 677 Skipped: 245



ANSWER CHOICES	RESPONSES	
Never Married/Single	21.42%	145
Married	53.62%	363
Unmarried partner	2.81%	19
Divorced	8.27%	56
Widowed	7.09%	48
Separated	2.36%	16
Refuse to answer	3.25%	22
Other (please specify)	1.18%	8
TOTAL		677

Q50 What is the highest level of school, college, or vocational training that you have finished? (Choose only one)

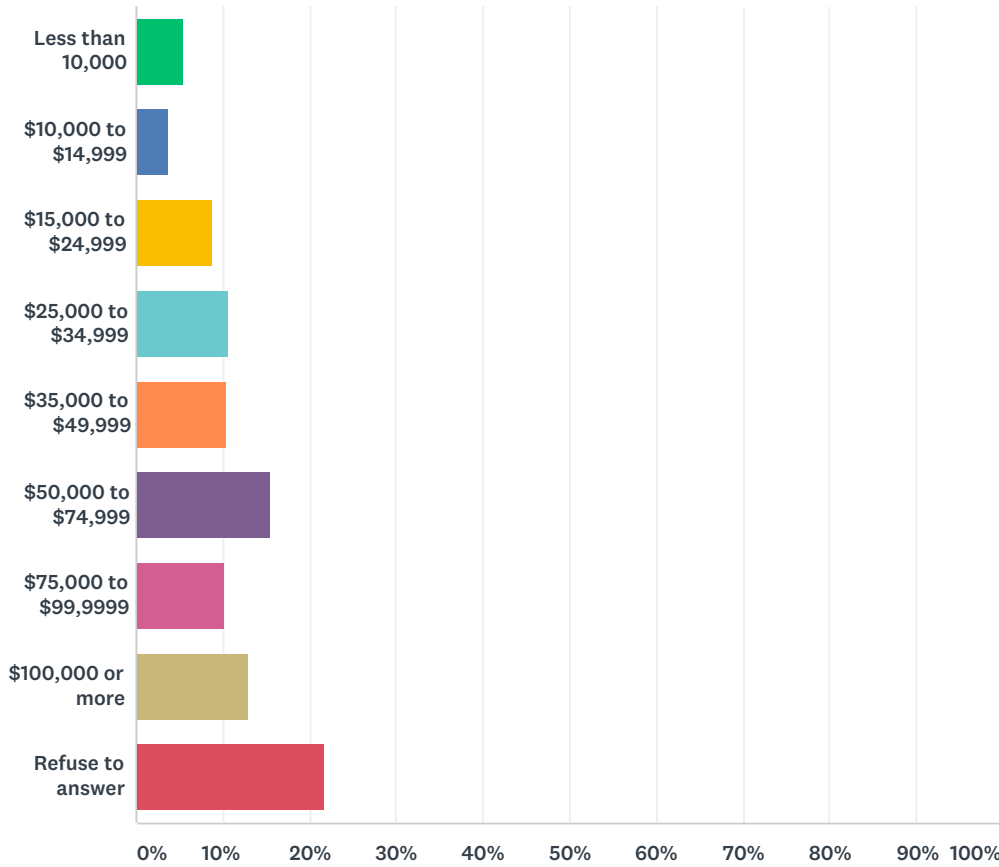
Answered: 677 Skipped: 245



ANSWER CHOICES	RESPONSES	
Less than 9th grade	3.40%	23
9-12th grade, no diploma	7.98%	54
High school graduate (or GED/equivalent)	18.46%	125
Associate's Degree or Vocational Training	20.38%	138
Some college (no degree)	11.67%	79
Bachelor's degree	18.91%	128
Graduate or professional degree	13.44%	91
Refuse to answer	2.36%	16
Other (please specify)	3.40%	23
TOTAL		677

**Q51 What was your total household income last year, before taxes?
(Choose only one)**

Answered: 677 Skipped: 245



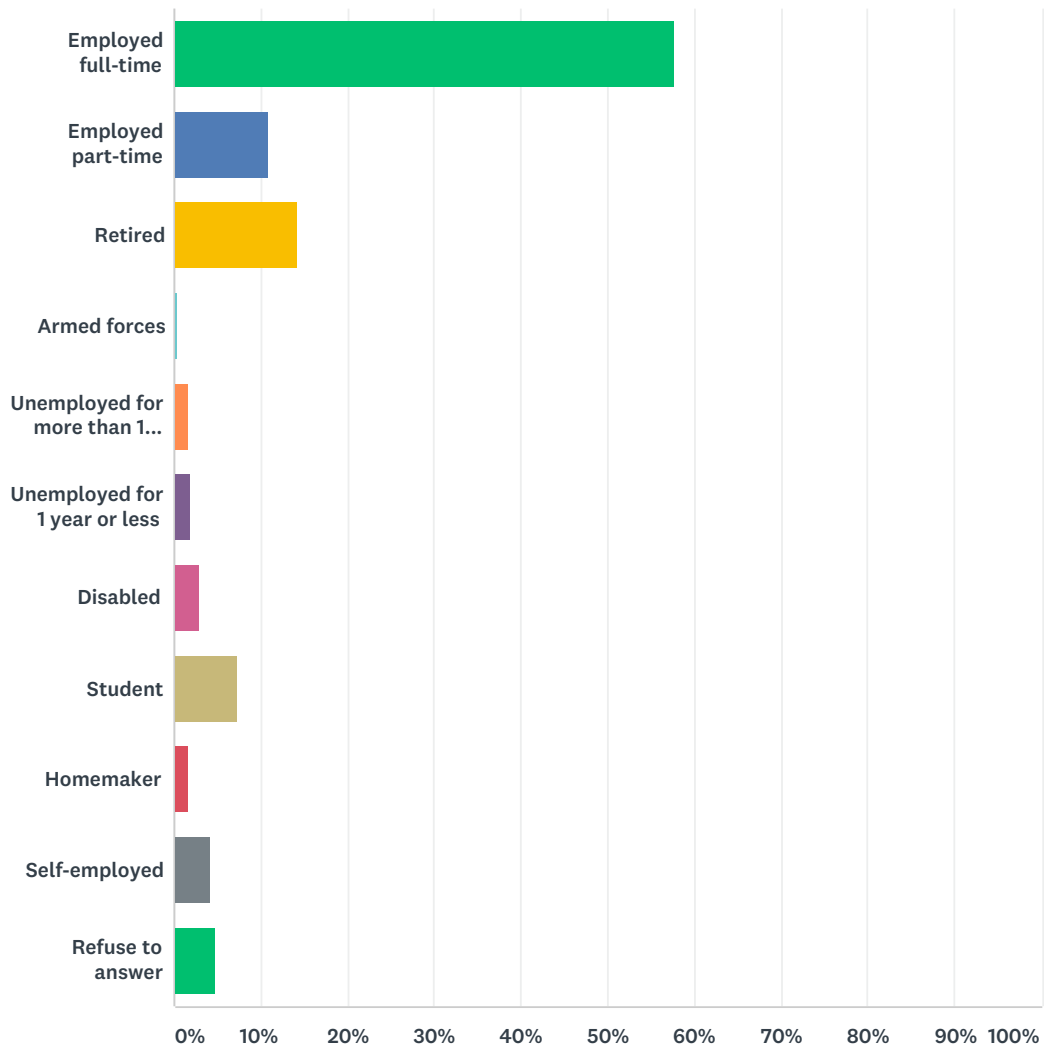
ANSWER CHOICES	RESPONSES
Less than 10,000	5.47% 37
\$10,000 to \$14,999	3.84% 26
\$15,000 to \$24,999	8.86% 60
\$25,000 to \$34,999	10.64% 72
\$35,000 to \$49,999	10.49% 71
\$50,000 to \$74,999	15.51% 105
\$75,000 to \$99,999	10.34% 70
\$100,000 or more	13.00% 88
Refuse to answer	21.86% 148
TOTAL	677

Q52 How many people does this income support? (If you are paying child support but your child does not live with you, this still counts as someone living on your income)

Answered: 677 Skipped: 245

Q53 What is your employment status? (Check all that apply)

Answered: 677 Skipped: 245

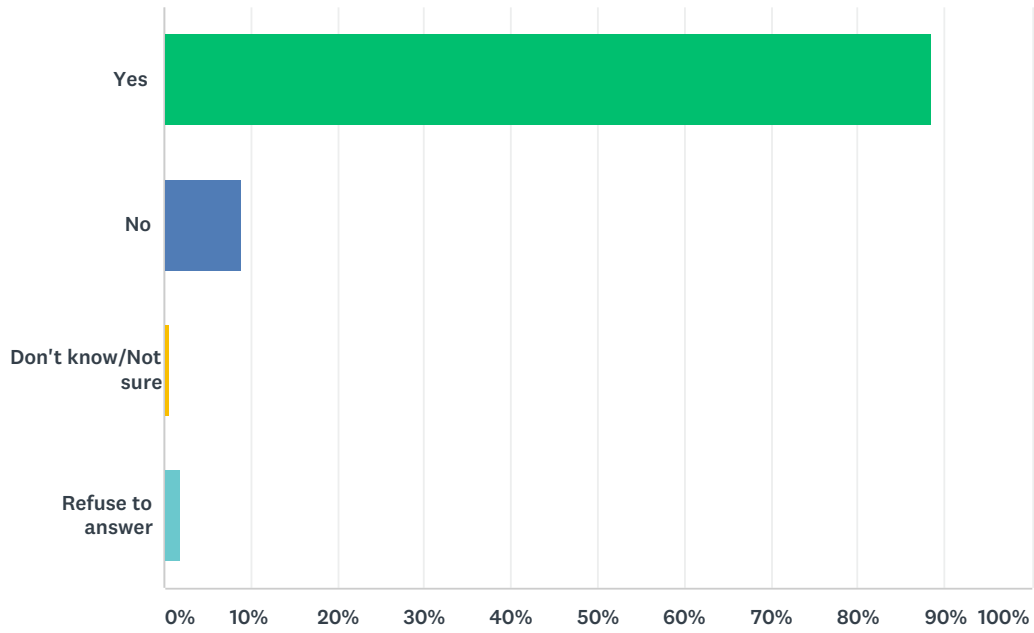


ANSWER CHOICES	RESPONSES	
Employed full-time	57.75%	391
Employed part-time	10.78%	73
Retired	14.18%	96
Armed forces	0.44%	3
Unemployed for more than 1 year	1.62%	11
Unemployed for 1 year or less	1.92%	13
Disabled	2.95%	20
Student	7.24%	49
Homemaker	1.62%	11
Self-employed	4.28%	29
Refuse to answer	4.87%	33

Total Respondents: 677

Q54 Do you have access to the Internet?

Answered: 677 Skipped: 245



ANSWER CHOICES	RESPONSES	
Yes	88.48%	599
No	9.01%	61
Don't know/Not sure	0.59%	4
Refuse to answer	1.92%	13
TOTAL		677

Q55 What is your zip code? (Write only the first 5 digits)

Answered: 677 Skipped: 245

APPENDIX C – COMMUNITY RESOURCE DIRECTORY

Adult/Women’s Health

Karen Bradfield, NP
Clinton Medical Clinic
403 Fairview St.
Clinton, NC 28328
(910) 592-6011

Alix Cottle, NP
Clinton Medical Clinic
403 Fairview St.
Clinton, NC 28328
(910) 592-6011

Carrie Green, PA
Clinton Medical Clinic
403 Fairview St.
Clinton, NC 28328
(910) 592-6011

Sharry Matthis, FNP
Clinton Medical Clinic
403 Fairview St.
Clinton, NC 28328
(910) 592-6011

Allergy-Immunology

Eastern ENT Sinus & Allergy Ctr.
417 Vance St.
Clinton, NC 28328
(910) 592-9993

Dermatology

DermOne Dermatology
Woodside Professional Bldg.
603 Beaman St.
Clinton, NC 28328
(800) 337-6663

Goldsboro Skin Center
2613 Hospital Rd
Goldsboro, NC 27534
(919) 736-0222

Clinton Medical Clinic

Arthur Apolinario, MD
Clinton Medical Clinic
403 Fairview St.
Clinton, NC 28328
(910) 592-6011

Gilbert Palmer, MD
Clinton Medical Clinic
403 Fairview St.
Clinton, NC 28328
(910) 590-0603

John B. Smith, JR, MD
Clinton Medical Clinic
403 Fairview St.
Clinton, NC 28328
(910) 590-0609

John T. Newton, MD
Clinton Medical Clinic
403 Fairview St.
Clinton, NC 28328
(910) 590-0615

Ken T. Yang, MD
Clinton Medical Clinic
403 Fairview St.
Clinton, NC 28328
(910) 592-0803

Lawrence J. Watts, MD
Clinton Medical Clinic
403 Fairview St.
Clinton, NC 28328
(910) 590-0619

Ted Bauman, MD
Clinton Medical Clinic
403 Fairview Street
Clinton, NC 28328
(910) 592-0808

General Surgery

Andres Fleury
Sampson Surgical Services
603 Beaman St.
Clinton, NC 28328
(910) 596-6113

Mariana Mendible
Sampson Surgical Services
603 Beaman St.
Clinton, NC 28328
(910) 596-6113

Michael A. Valenti, MD
Clinton Medical Surgical
603 Beaman St., Ste. 200
Clinton, NC 28328
(910) 592-8711

Goshen Medical Center

Linda Boggs, PA-C
906 N. Hwy 421
Clinton, NC 28328
(910) 592-1462

Agapito Fajardo, MD
906 N. US Hwy
Clinton, NC 28328
(910) 592-1462

Ann Lewis, FNP-C
408 Fairview St.
Clinton, NC 28328
(910) 596-2400

Cynthia Clark, FNP-C
108 S. Lisbon Ave.
Garland, NC 28441
(910) 529-1827

Rosemary Kelley, PA-C
408 Fairview St.
Clinton, NC 28328
(910) 596-2400

Nephrology

Carolina Kidney Care
557 Sandhurst Dr.
Fayetteville, NC 28304
(910) 484-8114

Clinton Dialysis
1740 Southeast Blvd.
Clinton, NC 28328'
(910)592-1600

Robert Dunmire III, MD,
Tu Li-Kun (Oliver), MD
417 Vance St., Ste. B
Clinton, NC 28328
1-800-747-5078

Obstetrics/Gynecology

Henry T. Hyman, DO
Sampson Women's Center
603 Beaman St., Suite 100
Clinton, NC 28328
(910) 590-0046

Scott D. Augustine, MD
Sampson Women's Center
603 Beaman St., Ste. 100
Clinton, NC 28328
(910) 590-8050

Ophthalmology

Robert T. Barowsky, MD
Carolina Eye Care Professionals
340 Northeast Blvd. #A
(910) 592-5379

Michael G. Woodcock
Carolina Vision Center
124 E. Main St.
Clinton, NC 28328
(910) 592-2122

Ron C. Faircloth, MD
R. Max Raynor, MD
Professional Eye Care
124 East Main St.
Clinton, NC 28328
(910) 592-1908

Ron C. Faircloth, MD
R. Max Raynor, MD
Professional Eye Care
305 W. Roseboro St.
Roseboro, NC 28382
(910) 525-5296

Oncology

Southeastern Medical Oncology
211 Beaman St.
Clinton, NC
(910) 592-5727

Orthopaedics

W. Alexander Huff, MD
Huff Orthopaedics & Sports
Medicine
520 Beaman St.
Clinton, NC 28328
(910) 596-5633

Pathology

Carl Barr Jr., MD
Sampson Regional Medical Ctr.
607 Beaman St.
Clinton, NC 28328
(910) 592-8511

Pediatrics

Ada M. Conway, MD
Clinton Medical Clinic
403 Fair View St.
Clinton, NC 28328
(910) 590-1201

Ginger McCullen, PN-P
Clinton Medical Clinic
403 Fairview St.
Clinton, NC 28328
(910) 590-1207

William C. Carr, MD
Clinton Medical Clinic
403 Fair View St.
Clinton, NC 28328
(910) 590-0607

Tanya S. Todd, PA-C
Clinton Medical Clinic
403 Fairview St.
Clinton, NC 28328
(910) 590-0617

Ashley Tuttle, PNP
Clinton Medical Clinic
403 Fairview St.
Clinton, NC 28328
(910) 590-0617

Private Physician Offices

Albert Verilli
Woodside Professional Bldg.
603 Beaman St., Suite 402
Clinton, NC 28328
(910) 590-3397

Amy Howerton &
Shawn Howerton
Howerton Family Medicine
304 Hwy. 24
Roseboro, NC 28382
(910) 525-5848

Eddie Powell
Powell's Medical Clinic
201 W. Clinton St.
Roseboro, NC 28382
(910) 525-4062

Elizabeth Bryan
227 Beaman St.
Clinton, NC 28328
(910) 592-8243

Miranda Hilburn, FP
Verrilli Family Practice
Woodside Professional Bldg.
603 Beaman St., Suite 402
Clinton, NC 28328
(910) 590-3397

Paul Viser
Woodside Professional Bldg.
603 Beaman St.
Clinton, NC 28328
(910) 592-2285

Rodney Sessoms
Sessoms Medical Clinic
500 Beaman St.
Clinton, NC 28328
(910) 590-2800

Tracy Bellanger
606 Beaman St.
Clinton, NC 28328
(910) 596-0061

Psychiatry

Winston Jennings, Jr., MD
CommWell Health
306 Beaman St.
Clinton, NC 28328
(910) 567-7107

Urgent Cares

Clinton Urgent Care
1004 Beaman St.
Clinton, NC 28328
(910) 592-9113

Med-First Immediate Care
1515 Sunset Ave.
Clinton, NC 28328
(910) 592-4000

Quick Med Urgent Care
340 NE Blvd.
Clinton, NC 28328
(910) 596-0093

Urology

Robert W. Reagan, Jr., MD
Sampson Urology Associates
417 Vance St. #B
Clinton, NC 28328
(910) 590-3569

AUNC Clinton Urology
358 NE Blvd
Clinton, NC 28328
(910) 592 – 7129

Radiation Oncology

Brian C. Cook, MD
Sampson Regional Medical Ctr.
215 Beaman St.
Clinton, NC 28328
(910) 590-2065

Radiology

Clinton X-Ray Associates
409 C Cooper Drive
Clinton, NC 28328
(910) 592-8070

Clinics, Health Dept., Hospitals

Carolina Pines
500 Fayetteville Street
Salemberg, NC 28325
(910) 525- 5515

Commwell Health
500 S. Fayetteville St.
Salemberg, NC 28385
(910) 525-5515

CommWell Health
194 Tomahawk Hwy.
Harrells, NC 28444
(910) 532-4106

CommWell Health
3331 Easy St.
Dunn, NC 28334
(910) 567-6194

Garland Family Medical
105 Lisbon Avenue
Garland, NC 28441
(910) 529 – 1827

Sampson County Health Dept.
360 County Complex Rd,
Ste. 200
Clinton, NC 28328
(910) 592-1131

Sampson Regional Medical Ctr.
603 Beaman Street
Clinton, NC 28328
(910) 592-8511

Pharmacies

Clinton Drug Company
307 Beaman St.
Clinton, NC 28328
(910) 592-8444

Matthews Drug Store
408 NE Blvd
Clinton, NC 28328
(910) 592-3121

Newton Grove Drug Co.
305 W Weeks Circle
Newton Grove, NC 28366
(910) 594 – 1183

Rite Aid Pharmacies
408 Beaman St.
Clinton, NC 28328
(910) 592-8039

Salemberg Pharmacy
112 W College St.
Salemberg, NC 28385
(910) 525- 4490

Walgreens
601 College St.
Clinton, NC 28328
(910) 592- 4058

Walgreens
218 West Dr. Martin Luther
King Jr. Blvd.
Roseboro, NC 28328
(910) 525- 5100

Walmart Pharmacy
1415 Sunset Ave.
Clinton, NC 28328
(910) 592-1208

Government Agencies

Aging/In-Home Services
405 County Complex
Rd., Ste 140
Clinton, NC 28328
(910) 592-4653

Animal Control
168 Agriculture Place
Clinton, NC 28328
(910) 592-8493

Board of Commissioners
435 Rowan Road
Clinton, NC 28328
(910) 592- 6308

Board of Education-
Clinton City
301 Westover Rd.
Clinton, NC 28328
(910) 592-3132

Board of Education-
Sampson County
437 Rowan Road
Clinton, NC 28328
(910) 592-1401

County Manager's Office
435 Rowan Road
Clinton, NC 28328
(910) 592-6308

Emergency Management
Services
107 Underwood Street
Clinton, NC 28328
(910) 592-8996

Employment & Training
337 County Complex Rd.
Clinton, NC 28328
(910) 592-4124

Finance Department
433 Rowan Road
Clinton, NC 28328
(910) 592-7181

Head Start
435 Rowan Road
Clinton, NC 28328
(910) 592-7323

Magistrate's Office
112 Fontana Street
Clinton, NC 28328
(910) 592-6963

NC Cooperative Extension
51 Agriculture Place
Clinton, NC 28328
(910) 592-7161

Public Works
827 Southeast Blvd.
Clinton, NC 28328
(910) 592-0188

Register of Deeds
126 A West Elizabeth Street
Clinton, NC 28328
(910) 592-8026

Sampson County Sheriff's
Department
112 Fontana Street
Clinton, NC 28328
(910) 592-4141
Jail (Detention Center)
(910) 592-8178

Social Services
360 County complex
Rd., Ste. 100
Clinton, NC 28328
(910) 592-7131

Soil Conservation
(Natural Resource Conservation
Services) USDA Service Center
84 County Complex Road
Clinton, NC 28328
(910) 592-8146

Tax Administration
126 West Elizabeth Street
Clinton, NC 28328
(910) 592-8146

Veterans Services
120 County Complex Road
Clinton, NC 28328
(910) 592-2862

Environmental Health

City of Clinton Planning/
Zoning Department
P.O. Box 199
Clinton, NC 28328
(910) 299-4904

NC DENR-Fayetteville
Regional Office
225 Green St, Suite 714
Fayetteville, NC 28301
(910) 433-3300

Sampson County
Cooperative Extension
Sampson County Disposal
55 Agriculture Place Clinton, NC
(910) 592-7161

Sampson County
Environmental Health
405 County Complex Rd,
Ste. 120
Clinton, NC 28328
(910) 592-4675

Waste Industries
P.O. Box 640
Roseboro, NC 28382
910-525-4132

Higher Education

Sampson Community College
1801 Sunset Ave
Clinton, NC 28328
(910) 592-7176

Sampson Early College
1801 Sunset Ave
Clinton, NC 28328
(910) 592-7176

NC Justice Academy
200 West College
Salemberg, NC 28385
(910) 525-4151

Libraries

JC Holiday Library
217 Graham St.
Clinton, NC 28328
(910) 592-4153

Bryan Memorial Library 302
West Weeksdale St Newton
Grove, NC 28366
(910) 594-1260

Miriam Lamb Memorial
144 N Church St
Garland, NC 28441
(910) 529-2441

Roseboro Public Library
300 West Roseboro Street
Roseboro, NC 28382
(910) 525-5436

Abuse Assistance

Dept. of Social Services
360 County Complex Rd.
Clinton, NC 28328
(910) 592-07131

U-Care, Inc.
Clinton, NC 28328
(910) 596-0931

Crisis Helplines

U-Care, Inc.
Clinton, NC 28328
(910) 596-0931

Disabilities

Duplin-Sampson Area Mental
Health Ctr.
117 Beasley Street
Kenansville, NC 28349
(910) 296-1851

NC Division of Vocational
Rehabilitation Services
(910) 592-4051

Drug & Alcohol

Eastpointe Behavioral Services
1-800-913-6109

Alcoholism & Treatment

McCoy & Associates
409 Cooper Drive
Clinton, NC 28328
(910) 592-2818

Food

Dept. of Social Services
360 County Complex Rd
Clinton, NC 28328
(910) 592-7131

First Baptist Church
900 College St
Clinton, NC 28328
(910) 592-2883

Sampson County WIC Dept.
360 County Complex Rd
Clinton, NC 28328
(910) 592-1131

Housing

Sampson County
Habitat for Humanity
807 Carol St.
Fayetteville, NC
(910) 592-0461

NC Commission of Indian Affairs
Section 8 Housing
7531 N US 421 Hwy
Clinton, NC 28328
(910) 564-6152

Job Assistance

Employment and Training
337 County Complex Road
Clinton, NC 28328
(910) 592-4124

Physical Fitness/Recreation

Clinton City
Parks and Recreation
119 Leisure Lane
Clinton, NC 28328
(910) 299-4906

Grid Iron Gyms
637 NW Blvd.
Clinton, NC 28328
(910) 299-9171

Lean Bodz Gym
204 Wall St.
Clinton, NC 28328
(910) 596-2739

Sampson County
Parks and Recreation
369 Rowan Road
Clinton, NC 28328
(910) 299-0924

The Center for Health +
Wellness
417 E Johnson St.
Clinton, NC 28328
(910) 596-5400

Seven Gables Skating Rink
840 Overland Rd.
Clinton, NC 28328
(910) 592-3948

Laurel Lake Campground
1100 Laurel Lake Rd
Salemberg, NC 28325
(910) 422- 8413

Workout Anytime
337 NE Blvd.
Clinton, NC 28328
(910) 385-9992

Dance Studios

Quisan’s Dance Academy
216 McKoy St.
Clinton, NC 28328
(910) 385-4665

Lori’s School of Dance
710 Southeast Blvd.
Clinton, NC 28328
(910) 592-1280

Gotta Dance Fine Arts Ctr.
412 Vance St.
Clinton, NC 28328
(910) 592 - 3569

Clubs

Girl Scouts-NC Coastal Pines
(910) 592-6681

Sampson County 4-H
51 Agriculture Place
Clinton, NC 28328
(910) 592-7161

Entertainment

East Park Cinema 122 S East
Blvd Clinton, NC 28328
(910) 592-2800

Sampson County Theater
115 Fayetteville Street
Clinton, NC 28328
(910) 592-8653

Hispanic/Latino Services

Episcopal Farmworker Ministry
Father Tony Rojas
& Silvia Zendeja
2989 Easy St.
Dunn, NC 28334
(910) 567-6917

Saint Martin Migrant
Head Start
Evelyn Hernandez
3201 Easy St.
Dunn, NC 28334
(910) 567-5510

Sampson Community College
Nydia Gonzalez
1801 Sunset Ave
Clinton, NC 28328
(910) 592-7176

Additional Resources

Sampson County Partners
for Healthy Carolinians
360 County Complex Road
Clinton, NC 28328
(910) 592-1131
www.scpfhc.org

NC Care Line
1-800-662-7030

NC Quit Line
1-800-QUIT-NOW

Transportation

Sampson Area Transportation
311 County Complex Road
Clinton, NC 28328
(910) 299-0127