



**PRESS RELEASE
FOR IMMEDIATE RELEASE**

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GET FIT IN 2023 WITH RANCHO SIMI RECREATION AND PARK DISTRICT CLASSES, PROGRAMS & ACTIVITIES

The Rancho Simi Recreation and Park District (RSRPD) supports your commitment to live a healthier lifestyle in 2023 with hundreds of health, wellness, and fitness activities to choose from ... there's truly something for everyone!

Activities are available for all ages and abilities, including indoor and outdoor exercise, youth and adult sports leagues, outdoor recreation, aquatic fitness and swim lessons, active senior living, alternative recreation, and more!

A list of all RSRPD classes, programs and activities which run from February through May can be found in their new Spring Activity Guides for both Simi Valley and Oak Park.

Register today and be on your way to a healthier and happier 2023!

For detailed information on all Park District health, wellness and fitness programs, call (805) 584-4400, click www.rsrpd.org, or email info@rsrpd.us.

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RANCHO SIMI RECREATION AND PARK DISTRICT OAK PARK ACTIVITY GUIDE



SPRING
February - May 2023

Rancho Simi

rsrpd.org
#whereithappens



RANCHO SIMI RECREATION AND PARK DISTRICT

ACTIVITY GUIDE



EGG Scramble



SPRING
SIMI VALLEY

Rancho Simi

FEB-MAY
2023