



**PRESS RELEASE**

**FOR RELEASE: 9/30/22**

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## **RANCHO SIMI RECREATION AND PARK DISTRICT TO HOST SPLASH & DASH YOUTH TRIATHLON**

The Rancho Simi Recreation and Park District (RSRPD) is pleased to announce it will host the "Splash & Dash Youth Triathlon" on Sunday, October 16 from 12:00 - 4:00 PM at Rancho Simi Community Park located at 1765 Royal Avenue in Simi Valley.

This event is designed for youth ages 5 - 14 of all levels to discover the sports of Triathlon. Participants will swim in the Rancho Simi Park Pool and bike and run through the adjacent park, on sidewalks and trails. The course will have a 25-yard to 200-yard swim, ¼ mile to 2-mile bike ride and 1/8 mile to 1-mile run, depending on the age group. Each athlete receives a medal, t-shirt, and goodie bag.

**Register early and save!** Registrations received by 10/1 are \$35 per participant, 10/2 – 10/15 is \$50, and if space is available, registrations will be accepted the day of the event for \$60 per participant.

Visit the Youth Triathlon page at [www.rsrpd.org](http://www.rsrpd.org) to review the Parent/Participant Packet with pre-race information, age division schedule, course information, and items to bring.

For more information, please contact the Rancho Simi Recreation and Park District at (805) 584-4436, email [erinp@rsrpd.us](mailto:erinp@rsrpd.us) or [www.rsrpd.org](http://www.rsrpd.org).

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Rancho Simi  
**SPLASH**  
*and Dash*  
**YOUTH TRIATHLON**

**SUNDAY, OCTOBER 16 | 12-4 PM**

**RANCHO SIMI COMMUNITY PARK**

1765 ROYAL AVENUE, SIMI VALLEY, CA 93065

**FOR YOUTH AGES 5-14**

- Kids will participate in three events: swimming, biking, and running
- Participants will receive a t-shirt, award, and goodie bag
- Each age is its own participation division

**\$35 REGISTRATION (pre-register before 10/7)**

**After 10/7 call 805-584-4436 for availability**

Register at [rsrpd.org](https://rsrpd.org). More info? 805-584-4436 or [erinp@rsrpd.us](mailto:erinp@rsrpd.us)



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