

4201 Guardian Street Simi Valley, CA 93063 805-584-4400 www.rsrpd.org

PRESS RELEASE

For Immediate Release

Contact: Laura Ballantoni

(805) 584-4456

Rancho Simi Recreation and Park District Offers Shotokan Karate Classes Taught By Renowned Sensei Bruce Kanegai

Thirty-one students from Rancho Simi Recreation and Park District's Shotokan Karate program earned belt promotions at the Kyu belt ranking test on Saturday, December 14th at the Rancho Santa Susana Community Center.

Testing was organized by instructor Sensei Bruce Kanegai, a 5th Degree Black Belt, along with the Simi Valley Shotokan Dojo with students ranging in age from 6 years old to adults. Each student was evaluated on execution on over 100 techniques, ancient form movements known as KATA, and demonstration of strong spirit, eyes and focus. Testing occurs twice a year and is by invitation only.

Sensei Bruce has instructed the Shotokan Karate program at the Rancho Simi Park District for over 25 years and is a third generation Japanese-American, who began training in 1965 under the founder of Karate in America, Tsutomu Ohshima. He's taught in several states throughout the U.S. as well as internationally in Canada, Israel, Japan and France. Sensei Bruce has taught one of the oldest Martial Arts program in the area for 47 years, at Cal Lutheran University, Moorpark College, the Y.M.C.A. as well as the Park District.

For more information or to register for the ongoing monthly Shotokan Karate class, or any of the 3300+ affordable classes the Park District offers, please call 805-584-4400 or click www.rsrpd.org.







