

Town of North Haven Department of Recreation Winter Brochure 2025



RECREATION PROGRAM REGISTRATION

Resident Mail In – December 2
(Postmarked no earlier than 11/29)

Resident Walk In – December 9

Non-Resident – December 16

No online registration

Rec@northhaven-ct.gov



TOWN OF NORTH HAVEN
MEMORIAL TOWN HALL / 18 CHURCH STREET
NORTH HAVEN, CONNECTICUT 06473



First Selectman
Michael J. Freda

Tel. (203) 239-5321
Fax (203) 985-9009

Winter, 2024

Dear Friends,

The Department of Community Services and Recreation has a full agenda of delightful seasonal activities this year for you and your family to enjoy.

Please join us for the Annual Tree Lighting and the Annual Menorah Lighting on our North Haven Green. Get into the holiday spirit and sign up your children for Santa Calls and Letters. It's the most wonderful time of the year, and we hope you share it with us.

Stay active this season and enjoy our activities such as parent and child enrichment classes, dance classes, gymnastics, and many more. Be sure to take advantage of our Department of Community Services and Recreation programs and sign up early to save your spot.

I wish you all the very best this winter. May you be surrounded by your loved ones and make precious memories this holiday season.

Warm Regards,

Michael J. Freda
First Selectman

MJF/tc

PARKS AND RECREATION COMMISSION

AL CENTONE, Chairman
ROBERT KOWALEWSKI
FRANK MONTAGNA, Secretary
CHRISTOPHER PAGAN
KEITH MACDOWALL
MARY LOU STAMP, Vice Chairman
JOAN WALSH

RECREATION DEPARTMENT STAFF

ANDREW DELVECCHIO, Assistant Director/Recreation
KATE MEIKLE, Assistant Director/Pool
JOHN BIMONTE, Program Coordinator
JENNIFER KLEIN, Secretary

Annual North Haven Tree Lighting

Sunday, December 8, 2024

Rain or shine!



Holiday Activities at Recreation Center

3:00-4:30

Selfies with Santa!

Holiday Caroling!

Crafts!

Fun and Games!

Performers from Music Center of North Haven!

We will sing carols as we walk from the Rec Center to the Green.

Tree Lighting on the Green at 5:00

Santa will arrive on a Fire Truck

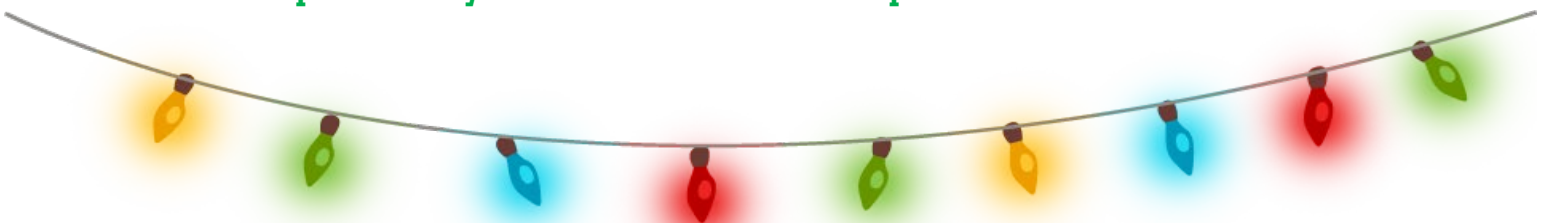
Coffee, Hot Chocolate, Cider & Cookies



Special thanks to:

**Corinthian Lodge #63, Father Donaher K of C, North Haven High School Concert
Choir and VOX Church**

Sponsored by Town of North Haven Department of Recreation



The North Pole Hotline!

The North Pole Hotline is a program offered by the North Haven Recreation Department. It offers children an opportunity to talk directly to Santa Claus, Mrs. Claus, or a Christmas Elf on Monday December 16th. Calls will be made between 2:30 and 4:30pm. If you would like your child to receive a personalized call, please fill in the information below neatly and return it to the Recreation Office by Friday, December 13th.

Child's Name _____ Age _____

Address _____ Telephone # _____

School and Grade _____ Teacher's Name _____

Christmas Gifts he/she has requested _____

Anything else you would like mentioned _____

Santa will not reveal what gifts the child will receive, he will only develop conversation.



Also, Letters from Santa!

Would you like your child to receive a personalized reply to their letter to Santa? Drop off your child's letter to Santa in our "North Pole" mailbox at the Rec Center. Include a self-addressed stamped envelope so that Santa can reply! A few days after the letter is received, your child will hear back from Santa in the mail. Make sure the letter is in the mailbox before the cut-off date of Friday, December 13th.





Holiday Tot Drop (So You Can Shop!)

Please take advantage of this opportunity to leave your child/children with a responsible adult while you get some of that holiday prep done. Here, the kids will be occupied making crafts, watching movies, and playing games.

For Ages 3 – 12

(Must be potty trained)

Lead by Jackie Howlett

FEE: \$25 Nonresident \$35

DATES: Saturday, November 30

Saturday, December 7

Saturday, December 14

Saturday, December 21

TIME: 9:00am – 12:00pm

Register for one date or all!

Each date requires a registration and payment.





MENORAH LIGHTING

DECEMBER 30

5 P.M.

ON NORTH HAVEN TOWN GREEN
TRADITIONAL REFRESHMENTS WILL
BE SERVED.

“The message of Hanukkah is all about adding more light. It’s a universal message that we all have a flame inside of us. We all have goodness and kindness to share with the world, and we have to do whatever it is we possibly can to add a little bit more light. We must do that year-round, but Hanukkah is a unique time where it’s on our attention and it’s something we focus on each and every night.”

- Rabbi Moshe Hecht of Chabad of Hamden





For Ages 18 mos – 2 years

TEENY TOTS – with parents

FEE: \$70.00 for 8 sessions

Nonresidents pay an additional \$10

DATES: Tuesdays, Jan. 14 – Mar. 11

No class Feb. 18

TIME: 9:15-9:45am

INSTRUCTOR: Jennifer Parker

An introduction to rhythmic movement, balance, and socialization skills. Each class consists of 20 minutes of free

play followed by circle-time songs. **Parents must accompany Teeny Tots participants. Only children registered may participate.**

For Ages 2 – 3 years

TINY TOTS – with parents

FEE: \$70.00 for 8 sessions Nonresidents pay an additional \$10

DATES: Tuesdays, Jan. 14 – Mar. 11 **No class** Feb. 18

TIME: 10:15-10:45am

INSTRUCTOR: Jennifer Parker

An introduction to rhythmic movement, balance, and socialization skills. Each class consists of 20 minutes of free play followed by circle-time songs. **Parents must accompany Tiny Tots participants. Only children registered may participate.**

For Ages 2 – 5 years

ULTIMATE BALL TIME – with parents

FEE: \$70.00 for 8 sessions Nonresidents pay an additional \$10

DATES: Tuesdays, Jan. 14 – Mar. 11,

No class Feb. 18

TIME: 11:15-11:45am

INSTRUCTOR: Jennifer Parker

Come and have fun with your child! In this informal introduction to the basics of fun in sports, your preschooler will play with soccer balls, nerf balls, kick balls and even mini basketballs. There is bound to be lots of running, kicking and bouncing! You will laugh with your child as they learn about balance, hand-eye coordination, and teamwork. **Parents must accompany Ultimate Ball Time participants. Only children registered may participate.**



If North Haven Public Schools are delayed or canceled due to inclement weather, class will be canceled and added on to the end of the session.

MISS PATSY'S PRESCHOOL READINESS PROGRAM

These programs follow the school calendar year broken into four sessions. They are run by Miss Patsy who has extensive experience working as a preschool teacher and as a Religious Education Director.

Session II November 13 – January 31

No class: 11/29, 12/23, 25, 27, 30, 1/1, and 20

Session III February 3 – April 11

No class: 2/14 and 17

Learn and Explore for Children Aged 3, 4 and 5

DAYS AND TIMES: Monday, Wednesday, and Friday 9am – 12pm

FEE: \$475.00 Residents | \$485.00 Non-Residents

The Learn and Explore Program is well balanced socially, emotionally, and educationally. The children will be encouraged to think, reason, question, explore and have lots of fun at the same time. The program will be focused on learning through play and teacher directed activities. They will be working on language arts, science, math, social studies, art and physical education.

Throughout the year, the students will work on important tasks such as coloring, cutting, and gluing. They will work on identifying shapes, colors, independent skills, name writing, and letter and number identification. The program supports the child to successfully transition to kindergarten.



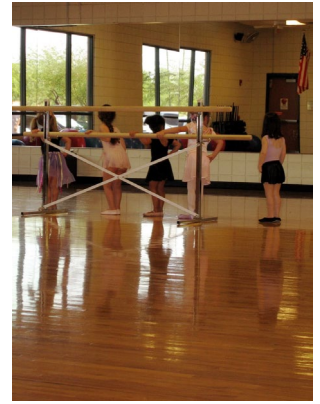
To best facilitate the learning process, parents are asked to use the waiting areas located in the main hallway while youth programs are in session.

DANCE

Youth Programs

All classes taught by **Roxanne Piccerillo-Mongillo**

For Ages 3 – 5 years



BALLET, TAP & CREATIVE MOVEMENT

FEE: \$90.00 for 6 sessions Nonresidents \$100.00

DATES: Tuesdays, January 14 – February 18

TIME: 5:30-6:00p.m.

This class could be the beginning of your child's dance training. Your child will have the opportunity to try different styles of dancing without the costly expenses that come with private dancing. This program is designed to introduce basic dance skills in Ballet and Tap while learning Creative Movement with their bodies, with emphasis on technique and terminology.

Class attire: bodysuit, tights, ballet shoes, tap shoes, and bring a water bottle.

HIP-HOP

FEE: \$95.00 for 6 sessions Nonresidents \$105.00

DATES: Tuesdays, January 14 – February 18

TIME: 6:00-6:30p.m.

"Come experience the Fun of Dance" with Miss Roxie of Dance Productions. Learn the newest moves of Hip-Hop and the fundamentals of dance while promoting self-confidence. Emphasis will be on style, technique, and terminology while acquiring basic dance skills. This class is designed to introduce basic dance skills in Hip-Hop. Don't miss out on all the fun. See you in class!

Class attire: dance wear, sneakers, and bring a water bottle.

For Grades 1 - 8

HIP-HOP

FEE: \$95.00 for 6 sessions Nonresidents \$105.00

DATES: Tuesdays, January 14 – February 18

TIME: 6:30-7:15p.m.

"Come experience the Fun of Dance" with Miss Roxie of Dance Productions. Learn the newest moves of Hip-Hop and the fundamentals of dance while promoting self-confidence. Emphasis will be on style, technique, and terminology while acquiring basic dance skills. This class is designed to introduce basic dance skills in Hip-Hop. Don't miss out on all the fun. See you in class!

Class attire: dance wear, sneakers, and bring a water bottle.

ALL CLASS SIZES ARE LIMITED!

DANCE

Adult Programs

For 16 years and Older

All classes taught by **Roxanne Piccerillo-Mongillo**

INTRODUCTION TO LINE DANCING

FEE: \$100.00 for 6 sessions Nonresidents \$110.00

DATES: Tuesdays, January 14 – February 18

TIME: 7:15-8:00pm

Calling all dancers: If you've always wanted to join the fun of line dancing but didn't have the confidence to do so this class is for you! Come experience the fun of line dancing with Ms. Roxie of "Dance Productions". The class will feature traditional party favorites and the newest craze of country line dance. Emphasis on FUN and building confidence while getting those steps in!! No experience needed.

Class attire: comfortable clothing, and bring a water bottle

ADULT TAP

FEE: \$110 .00 for 6 sessions Nonresidents \$120.00

DATES: Wednesdays, January 15 – February 19

TIME: 6:15-7:00pm

You're never too old to tap dance!! If you have ever wanted to learn to tap dance or would like to start tapping again look no further!! This class is for all tap lovers. It will introduce basic knowledge of tap dancing with the structure of a professional tap class emphasizing fun and tapping the night away!

Class attire: comfortable clothing, flat tap shoes, and bring a water bottle



GROOVERCIZE

FEE: \$110.00 for 6 sessions Nonresidents \$120.00

DATES: Wednesdays, January 15 – February 19

TIME: 7:15-8:15pm

This class is a no judgement zone with a combination of dancing, exercise, toning and strengthening while having fun! Let's burn some calories while we move doing Dance, Yoga, Pilates, Zumba and Aerobics all in one. It will keep you moving getting your steps in for your cardio health while achieving strengthening core and toning success. All abilities are welcome. Techniques will be modified as needed. Change starts one step at a time, Let's Groove, See you in class.

Class attire: workout clothes, sneakers, hand weights, yoga mat, and bring a water bottle.



TUMBLING

All classes taught by **Roxanne Piccerillo-Mongillo**

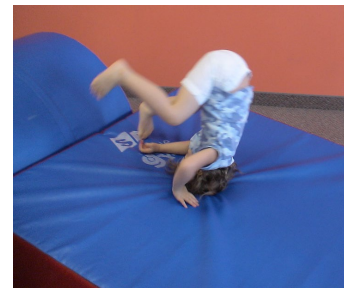
For Ages 3 – 5 years

FEE: \$80 for 6 sessions Nonresidents \$90

DATES: Thursdays, Jan 16 – Feb 20

TIMES: 5:30-6:00pm or 6:00-6:30pm

These classes start with a variety of warm-up exercises to get children moving. From there basic stretches and shapes are introduced. Learning gymnastics skills and terminology using gymnastics equipment. Classes are designed to help your child to develop balance, body awareness, strength, flexibility, and coordination. Carefully designed gymnastics lesson plans provide a safe and exciting progression that will challenge each child to the best of their ability throughout the year.



ACRO-GYMNASTICS

All classes taught by **Roxanne Piccerillo-Mongillo**

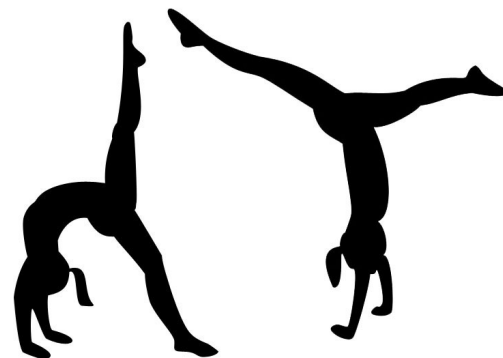
For Ages 6 and Up

FEE: \$80 for 6 sessions Nonresidents \$90

DATES: Thursdays, Jan 16 – Feb 20

TIMES: 6:30-7:15pm or 7:15-8:00pm

The class is oriented to learn the basics of gymnastics events – Floor Exercises, Bars, Beam, Vault. With an incredible variety of skills, your child will work on, they will develop strength throughout the body, enabling them to advance more difficult skills. The objective for your child is to learn gymnastic skills safely and increase strength, flexibility, coordination, and fitness levels.





CUPCAKE DECORATING



For Ages 6 – 14

(Parents may also register!)

Cherie Bicknell will be conducting these fun workshops. She is the owner/operator of Cherie's Sweet Treats, a company she started by turning her lifelong hobby of baking into a fulltime licensed business.



This is a rare opportunity to bake with a professional!

Winter Wonderland Cupcakes

FEE: \$35.00 Nonresidents \$45.00

DATE: Wednesday, Jan 8 **TIME:** 5:30-7:30pm

Each participant will decorate **9** cupcakes and will receive a carrying case to take them home! **Please note:** If you want to sign up for this wonderful program, you must register by Dec 13th! **Nonresidents may register as early as residents for this one program.**

Valentine Cake Pops

FEE: \$40 Nonresidents \$50

DATE: Wednesday, Feb 12 **TIME:** 5:30-7:30

Everyone will make a **dozen** cake pops to take home.
You must register by January 10!



FRIDAY SPORTS FUN

For Ages 5 – 10 Years



FEE: \$60.00 Residents for 6 Sessions \$70.00 Nonresidents

DATES: Fridays, Jan 17 – Feb 21

TIME: 5:00 – 6:30pm

INSTRUCTOR: Jackie Howlett



What to Expect!

Soccer
Basketball
Hockey
Baseball
And More!



CRAFT SPACE OPPORTUNITY



Once a month, a room is available to residents who need a space to work on a project. This is a drop-in program, you bring your own supplies and craft and will be in the company of likeminded creative people!

FEE: \$5.00 for each visit

DATES: December 14th

January and February dates TBA

TIME: 10:00am – 1:00pm

CRAFT PROGRAM FOR KIDS

Ages 6-10

Led by **Jessica Alvarado**

FEE: \$15 Includes supplies

DATE: December 14th

TIME: 2:00-3:00pm



Join Jess for a Snowflake making project.

Jessica Alvarado is a teacher by day and a crafter by night. She enjoys relaxing by working with her hands in order to decompress and works to teach others to do the same! Spend a fun afternoon learning how to make homemade winter decorations! We will be making a 3D snowflake to hang and a glittery fireworks display to celebrate the upcoming new year.



WEEKDAY PRESCHOOL SWIMMING LESSONS

**All Classes are 30 minutes
For Ages 6 Months – 3 Years**

INTRO LEVEL – Parent/Child Swim

FEE: \$72.00 for 6 sessions Nonresidents \$112.00

DATES: Mondays, Jan 27 – March 10 **No Class:** Feb 17

TIME: 9:30 – 10:00am

FEE: \$96 for 8 Sessions Nonresidents \$136

***DATES:** Tuesdays, Jan 14 – March 11 **No Class:** Feb 18

TIME: 10:00 – 10:30am

An introduction to the water for little ones. Instructor will lead parents in ways to encourage swim skills, singing and learning through play.

PRESCHOOL ALL LEVELS For Ages 3 – 5 years

FEE: \$72.00 for 6 sessions Nonresidents \$112.00

DATES: Mondays, Jan 27 – March 10 **No Class:** Feb 17

TIME: 10:00 – 10:30am

FEE: \$96 for 8 Sessions Nonresidents \$136

***DATES:** Tuesdays, Jan 14 – March 11 **No Class:** Feb 18

TIME: 11:30am – 12:00pm

Each child will be taught at a level that is appropriate for them. Classes are small, so the teacher(s) can handle a range of abilities in one class. When possible, children will be divided up based on their abilities.

***These dates and times are meant to coordinate with Teeny and Tiny Tots classes.**

SATURDAY PRESCHOOL SWIMMING LESSONS

For Ages 6 Months – 3 Years

INTRO LEVEL – Parent/Child

FEE: \$72.00 for 6 sessions Nonresidents \$112.00

DATES: Jan 11 – Feb 15

TIMES: 8:30 – 9:00am and 10:30 – 11:00am

An introduction to the water for little ones. Instructor will lead parents in ways to encourage swim skills, singing and learning through play.

For Ages 3 – 5 Years

PRESCHOOL ALL LEVELS

FEE: \$72.00 for 6 sessions Nonresidents \$112.00

DATES: Jan 11 – Feb 15

TIMES: 9:00 – 9:30am, 10:30 – 11:00am, 11:00 – 11:30am, and 11:30 – 12:00pm

Each child will be taught at a level that is appropriate for them. Classes are small, so the teacher(s) can handle a range of abilities in one class. When possible, children will be divided up based on their abilities.

WEEKDAY YOUTH SWIMMING LESSONS

For Ages 6 – 14 Years
Classes are 45 minutes

LEVEL 1/2 SCHOOL AGE

FEE: \$108.00 for 6 sessions Nonresidents \$148.00

DATES: Fridays, Jan 31 – March 7

TIME: 3:45pm – 4:30pm

For those comfortable in the water. Children will work on face in swimming and transitioning from flotation devices.

LEVEL 4/5 SCHOOL AGE

FEE: \$108.00 for 6 sessions Nonresidents \$148.00

DATES: Mondays, Jan 27– March 10 **No Class:** Feb 17

TIME: 3:45pm – 4:30pm

To develop confidence and competency in four competitive strokes. Proper starts and turns will be taught as students get a workout.

SATURDAY YOUTH SWIMMING LESSONS

For Ages 6 – 14 Years
Classes are 45 minutes

LEVEL 1 SCHOOL AGE

FEE: \$108.00 for 6 sessions Nonresidents \$148.00

DATES: Jan 11 – Feb 15

TIME: 9:45 – 10:30am

Developed for a first time or fearful swimmer to overcome any fears and to work on beginning swimming skills. Swim belts may be used.

LEVEL 2 SCHOOL AGE

FEE: \$108.00 for 6 sessions Nonresidents \$148.00

DATES: Jan 11 – Feb 15

TIMES: 9:30 – 10:15am and 11:00 – 11:45am

For those comfortable in the water who swim independently. Children will work on face in swimming and transitioning from flotation devices.

LEVEL 3 SCHOOL AGE

FEE: \$108.00 for 6 sessions Nonresidents \$148.00

DATES: Jan 11 – Feb 15

TIMES: 9:00 – 9:45am and 10:15 – 11:00am

Working on full lap swimming freestyle and backstroke and working on breaststroke and butterfly.



ADULT SWIMMING LESSONS

Adult lessons are for all levels ages 15 and Up
Classes are 60 minutes

FEE: \$144.00 for 6 sessions Nonresidents \$184.00

DATES: Thursdays, Jan 23 – Feb 27

TIME: 9:30 – 10:30am

DATES: Saturdays, Jan 11 – Feb 15

TIME: 11:30am – 12:30pm

No two adults are quite the same. The aim is to meet each participant's individual needs and goals.

WATER EXERCISE CLASS

for Adults of all fitness levels

Water workouts are a fabulous way to exercise, no matter your current fitness level. Exercising in the water is effective because it offers a range of therapeutic and health benefits yet still improves all the components of fitness that you get from land exercise--with no impact. With just a pool and a swimsuit, you can strengthen, rehabilitate, and add variety to your workouts. You'll also learn how to use optional equipment such as foam noodles, kick boards, dumb bells, barbells, and plain old resistance to strengthen muscles and improve flexibility.

Free for residents, [Residents without annual passes need to pay the daily fee.](#)

Mondays, Tuesdays and Thursdays 10:30-11:15am

January 7 – March 6

No Class: 1/20, 2/17 and 2/18

NORTH HAVEN RESIDENTS ONLY



If you have any questions about lessons, please call Kate at (203) 239-5321 ext. 530 or 536, or email her at Meikle.kate@northhaven-ct.gov.

POOL MEMBERSHIP

Annual Memberships (residents only) Valid from July 1 through June 30. Fees are not pro-rated. Proof of age and residency are required when paying. People who work **full time for the town** have the same privileges as residents and may purchase annual passes. **Proof of age and employment are required at the time of purchase.** **Corporate Memberships** are available to individuals who are employees of companies located in the town.

ADULT SINGLE for those 18 and over:	\$85.00
YOUTH SINGLE for ages 17 and under:	\$75.00
FAMILY OF TWO:	\$125.00
FAMILY OF 3+:	\$145.00
SENIOR SINGLE for ages 60 and over:	\$40.00
SR. COUPLE for ages 60 and over:	\$50.00
CORPORATE MEMBERSHIP:	\$310.00

Daily fees for residents who do not have an annual pass: when you sign in be prepared to show proof of residency. Payment must be made in cash or check.

ADULT:	\$5.00
SR. CITIZEN:	\$4.00
CHILDREN:	\$4.00
NONRESIDENT GUEST:	\$10.00
CORPORATE:	\$10.00

POOL SCHEDULE

Call Infoline for up to date information about hours. (203) 672-0541.

Monday

7:00am-9:00am Lap Swim
9:00am-12:30pm Open/Lap Swim
6:00pm-8:00pm Open/Lap Swim

Wednesday

7:00am-9:00am Lap Swim
9:00am-12:30pm Open/Lap Swim
6:00pm-8:00pm Open/Lap Swim

Friday

7:00-9:00am Lap Swim
9:00am-12:30pm Open/Lap Swim

Tuesday

7:00am-9:00am Lap Swim
9:00am-12:30pm Open/Lap Swim
5:30pm-6:30pm Lap Swim only

Thursday

7:00am-9:00am Lap Swim
9:00am-12:30pm Open/Lap Swim
6:00pm-8:00pm Open/Lap Swim

Saturday 1/4 – 2/22

12:30-4:00pm Open/Lap Swim

This schedule is subject to change.

ZUMBA!

Taught by Penny Delahanty

For ages 12 – Adults

FEE: \$48 for 8 weeks Nonresidents \$58

DATES: Tuesdays, Jan 14 – March 4

TIME: 5:30-6:15pm

Zumba is a popular group exercise class that combines Latin and international music and dance to create a fun, high-energy workout. Zumba classes feature a series of choreographed dance numbers set to upbeat music, starting with slower rhythms and building to more energetic songs. This class is offered to youth – adults so you can come as a family group!



BALANCE THROUGH STRENGTH

Taught by Tom Delahanty

For Adults

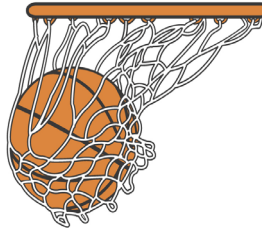
FEE: \$84 for 8 Weeks Nonresidents \$94

DATES: Tuesdays and Thursdays, Jan 14 – March 6th

TIME: 11:30am – 12:15pm

Join Tom, who is a lifetime exercise enthusiast and practitioner. He is certified as a Personal Trainer, a Fitness Coach, and a Silver Sneakers Instructor. All fitness levels are welcome. Tom will challenge you to meet your individual needs. Build muscle strength and get in shape as you learn about balance and how to improve it.





SHOOT FOR THE STARS **SHOOT AROUND**

For North Haven Residents Only
Coed/ All Ages/ All Abilities

FEE: \$2.00

DATES: Thursdays, Nov 7 - April 10, 2025

TIME: 5:00 – 6:00pm

Come practice your shooting for an hour of open shooting at the North Haven Recreation Center. **Please be advised:** GAMES, COACHING & INSTRUCTION IS NOT PERMITTED.

COED 18 AND OLDER BASKETBALL OPEN GYM

For North Haven residents 18 and over

FEE: \$5.00

DATES: Thursdays, Beginning Nov 7 | Ending Apr 10, 2025

TIME: 6:00 – 9:00pm

This program is run on a drop-in, pay as you go basis. Come shoot some hoops and have some fun. Bring friends and make some new ones! The Supervisor at the gym will ask participants for **PROOF OF RESIDENCY**. Those working full-time in the Town of North Haven must show **PROOF OF EMPLOYMENT**.



There may be a few Thursdays when the gym is not available due to scheduling conflicts. These dates will be posted in advance.



NORTH HAVEN SPECIAL OLYMPICS SPONSORED BY DEPT. OF COMMUNITY SERVICES & RECREATION

NORTH HAVEN SPECIAL OLYMPICS

The mission of North Haven Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them opportunities to develop physical fitness, demonstrate courage, experience joy and friendship with their families, other Special Olympians, and the community. All sports programs consist of team format competitions, as well as individual skill development competitions. Players are assigned to either the team or individual formats based on ability. Dates for regional and state competitions will be provided at the beginning of each sport season.

COACHING

For those 18 years and older

We are always looking for new coaches in the sports we offer. You do not need to have experience working with individuals with intellectual disabilities. Training and support will be provided. You must have experience in sports you want to coach.

VOLUNTEER OPPORTUNITIES (UNIFIED SPORTS)

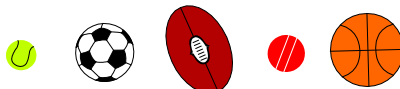
For Ages 12 years and older

Unified Sports is a program that combines approximately equal numbers of individuals with and without intellectual disabilities on the same sport team for training and competition. Unified Sports is an important program because it expands sports opportunities for athletes and volunteers wanting to seek new challenges. In addition, Unified Sports helps break down barriers that have historically kept people apart. Teams are constructed in such a way as to provide training and competition opportunities that meaningfully challenge all athletes. These opportunities often lead to improved sports skills, higher self-esteem, and equal status with peers and new friendships.

Basketball (September – November)

Softball (June – September)

Swimming (September – June)



SPECIAL OLYMPICS WINTER SPORTS

SWIMMING

FEES: \$10 Make check out to “Treasurer, Town of North Haven.”
\$60 Tournament Fee - make payable to SOCT

DATES: Tuesdays, January 7 - End date TBA

TIME: 45 minute sessions will be assigned, either 6:30-7:15pm or 7:15-8:00pm
All participants must be able to swim a complete lap of the pool without assistance.

FLOORBALL

FEES: \$10 Make check out to “Treasurer, Town of North Haven.”
\$30 Tournament Fee - make payable to SOCT

DATES: Wednesdays, Jan 8 – Feb 26

SKILLS: 5:30-6:45pm

UNIFIED: 6:45-9:00pm

LOCATION: Recreation Center Gym

If you have any questions about these programs, email Ria at riaviolano60@gmail.com

RECREATION GYM AND ROOM RENTALS

Gym Rental Fee: \$50.00 Per Hour Nonresidents: \$75.00 Per Hour

Room Usage Fee: \$25.00 Per Hour Nonresidents: \$35.00 Per Hour

Commercial Special Events, and Fundraisers in Gymnasium:

\$500.00 Based Upon an 8 Hr Day Nonresidents: \$550.00 Based Upon an 8 Hr Day

Usage Over 8 Hours:

For each Hour Over Above the Usage Rates Apply

If you have any questions about gym, and room rentals, please call the Recreation Department at (203) 239-5321 ext. 530 or email at: Rec@northhaven-ct.gov



PROGRAM REGISTRATION INFORMATION

All program registrations are accepted on a first come, first served basis as follows:

RECREATION PROGRAM REGISTRATION

Resident Mail In – December 2

(Postmarked no earlier than 11/29)

Resident Walk In – December 9

Non-Resident – December 16

Unfortunately, online registration is not available.

If you have any questions, email us at Rec@northhaven-ct.gov or call
(203) 239-5321 extension 530

All registrations must include proof of residency, or they will be sent back. Proof of residency cannot be kept on file. A check is not considered proof of residency.

HOW TO REGISTER VIA MAIL:

1. Fill out one registration form for each person and program.
2. Write one check for each person and program, payable to “**Treasurer, Town of North Haven.**”
3. Include proof of residency. Proof of residency **must** be included **every** time you register.
One of the following will be accepted for proof of residency:
 - Valid CT driver’s license
 - Lease or mortgage
 - Two recent utility bills
 - Voter registration card
 - Tax bill for **real property** (real property is building or land. This does not include motor vehicle and other like taxes)
4. **Registration forms must be signed by participant or parent if** participant is under 18 years old.

The department reserves the right to return any registration with incomplete information or insufficient proof of residency without processing it.

Mailing address/telephone/email

7 Linsley Street

North Haven, CT 06473

Telephone: (203) 239-5321 ext. 530

Email address: Rec@northhaven-ct.gov

Office hours

Mon-Fri 9:00 a.m.-4:30 p.m.

Mon-Thurs 6:30 p.m.-8:30 p.m.

SPECIAL NOTE: All mail in registrations must include proof of residency or they will be returned. A check is not considered proof of residency. Class registration may be confirmed by sending a **self-addressed, stamped envelope** with your registration; otherwise, you will be notified only if you **do not** receive your first choice. **Sign up early!** There is limited space in all classes and programs.

HOW TO REGISTER IN PERSON:

1. Come to the Recreation Office during business hours.
2. Bring a check or cash to pay for program. We cannot accept partial payments.
3. Bring proof of residency.

One of the following will be accepted for proof of residency:

Valid CT driver's license

Lease or mortgage

Two recent utility bills

Voter registration card

Tax bill for **real property** (real property is building or land. This does not include motor vehicle and other like taxes)

Refund Policy: Refunds will not be issued unless the program is cancelled by the department, your space can be filled with another registration, or a physician's note is provided. Should the department initiate a cancellation of a class after the start of the program and makeups cannot be rescheduled, a credit will be issued. However, if the opportunity for a makeup is provided, no credit will be issued.

Cancellation Information: In the event of inclement weather or other factors beyond our control, programs may need to be cancelled. Participants should call the recreation **info-line at (203) 672-0541** if there is any question about cancellations due to weather conditions.

Residency Defined: Residents are defined as those persons domiciled on a permanent basis in the town of North Haven or those persons working on a permanent full-time basis for the town. Individual owners of real property (non-motor vehicle) are included in this definition.

Special Information: All classes are held at the Mildred A. Wakeley Recreation Center on Linsley Street, unless otherwise noted. Class location, fees, and instructors are subject to change. Be sure to sign up early because there is limited space in all classes and programs.

Inclusion Policy: The Recreation Department welcomes the participation of all individuals, including those with disabilities, into our programs. We will comply with the spirit and intent of the Americans with Disabilities Act (ADA) in making reasonable accommodations for those individuals who need them. Please inform us of any special needs at the time of registration. We would like at least two weeks prior to the start of the program to arrange for accommodations.

GENERAL REGISTRATION FORM
See detailed directions in preceding pages

PARTICIPANT'S
NAME _____

DATE OF BIRTH _____ AGE _____ PHONE _____

ADDRESS _____ TOWN & ZIP CODE _____

PROGRAM: 1ST
CHOICE _____ DAY _____ TIME _____

2ND CHOICE _____ DAY _____ TIME _____

WAIVER HOLD HARMLESS

The undersigned individual and/or as parent or guardian of the above-named child do hereby agree to waive, release, and hold harmless the Town of North Haven and its agents and employees from any and all causes of action including injury and property damage. The North Haven Recreation Department may videotape or take pictures of participants enrolled in recreation activities, classes, or programs. These photos and/or videotapes may be used for promotional purposes. I will allow my child's name, likeness, and photographs for the purposes of publicity in any media.

SIGNATURE _____ DATE _____

DID YOU INCLUDE THE FOLLOWING?
SEPARATE CHECKS _____ PROOF OF RESIDENCY _____ SIGNATURE _____ 2ND CHOICE _____

OFFICE USE ONLY: CHECK# _____ RECEIPT# _____

GENERAL REGISTRATION FORM
See detailed directions in preceding pages

PARTICIPANT'S
NAME _____

DATE OF BIRTH _____ AGE _____ PHONE _____

ADDRESS _____ TOWN & ZIP CODE _____

PROGRAM: 1ST
CHOICE _____ DAY _____ TIME _____

2ND CHOICE _____ DAY _____ TIME _____

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