

Mental Health, Addiction, Domestic Violence, Food, Housing, Internet & Energy Assistance Resources:

Mental Health & Addiction Services Resources for Adults	
North Haven Counseling Services	203-239-5321 ext. 500
Quinnipiack Valley Health District's Substance Use and Mental Health Prevention & Support	203-248-4528 or CONNECT@qvhhd.org
BHcare	203-483-2630 extension 6 is crisis line
Access Line: 24/7 access line to facilitate access to substance abuse treatment	1-800-563-4086
United Way Info line	211
Community Warm Line	203-732-2004
National Suicide Prevention Hotline	1-800-563-4086
Alcoholics Anonymous - https://aa-intergroup.org/	1-866-671-0534
Narcotics Anonymous	1-800-627-3543

Mental Health & Addiction Services Resources for Children & Adolescence	
Clifford Beers (New Haven)	(203) 772-1270
Reach Out Connecticut Statewide, free support line	1-844-TALK-4CT (1-844-825-5428)
Emergency Mobile Crisis Services	211, dial 1, then 1 to get to a call specialist ASAP
Children's Center of Hamden	203-248-2116
Cornell Scott Hill Health Center: Child Family Guidance Clinic (New Haven)	203-503-3055
Parent Child Resource Center (Derby)	(203) 954-0543

Domestic Violence Services	
Domestic Violence Services National Domestic Violence Hotline	1-800-799-7233
National Sexual Assault Hotline	1-800-656-HOPE (4673)
The Umbrella Center for Domestic Violence Services, a program of BHcare, is a local program with 24 hour hotlines:	
Valley and Shelton	203-736-9944
Greater New Haven	203-789-8104
Toll-free	1-888-774-2900

Food/Energy/Housing/Internet Resources	
Food Pantries	
Community Services Food Bank	203-239-5321 x502
North Haven Congregational Church Food Pantry	203-239-5691
Women and Family Life Center	203- 488-9750 https://womenandfamilylife.org/community-resources
Masters Manna	203-678-3042 http://www.mastersmanna.org/how-we-help/programs/
CT Food Bank Mobile Food Pantry (schedule: http://www.ctfoodbank.org/)	203-469-5000
Winter Heating Assistance	
Energy Assistance - Winter Heating (Community Services)	203-239-2566
Temporary Rental Housing Assistance Program (TRHAP) and Temporary Mortgage Assistance Program (T-MAP).	
Renters applying for assistance	1-860-785-3111 www.chfa.org/homeowners/state-of-connecticut-temporary-rental-housing-assistance-program-trhap/
Homeowners applying for assistance	1-860-785-3111 https://www.chfa.org/homeowners/state-of-connecticut-temporary-mortgage-assistance-program-t-map/
Connecticut Department of Housing	portal.ct.gov/doh
Connecticut Housing Finance Authority (CHFA)	www.chfa.org
Internet Assistance	
Internet Essentials	https://www.internetessentials.com/covid19#thingsstoknow&all_DolliveinaComcastarea

Sign up for Town of North Haven Alerts:
<http://bit.ly/NorthHavenAlerts>

Resources for Seniors

Place	About	Phone	Email/Web
North Haven Senior Center/Judy Amarone	189 Pool Road, North Haven, CT 06473	203-239-5432	Amarone.judy@town.north-haven.ct.us
Charlie's Closet	Medical equipment clearing house	203-453-8359	http://givct.org/charlies-closet/
VNA Community Healthcare & Hospice	Home healthcare, wellness services, family caregiver resources, hospice care	203-458-4200	http://connecticuthomecare.org/
VNA South Central	Skilled nursing, home health aides, physical, occupational and speech therapy, behavioral health, palliative care, caregiver resources, medical social work	203-777-5521	https://www.vnascc.org/
Caregiver Support Groups in South Central Connecticut			https://www.aoscc.org/Customer-Content/www/CMS/files/info_library/Careg...
Elderly Protective Services (English and Spanish)	Department of Social Services social workers respond to reports of elder maltreatment and devise a plan of care aimed at fostering safety while preserving the person's right of self-determination.	1-888-385-4225 or 2-1-1 for after hours emergency	http://portal.ct.gov/-/media/Departments-and-Agencies/DSS/Social-Work-Ser... Spanish: http://portal.ct.gov/-/media/Departments-and-Agencies/DSS/Social-Work-Ser...
Food Services for Seniors	Provides home delivered meals to low-income homebound elderly and disabled people in the greater New Haven area.	203-752-9919	http://www.lifebridgect.org/program/food-services/
Agency on Aging of South Central Connecticut	Support to live at home, support to those caring for their loved ones, opportunities for staying active and healthy, community services, resources and advocacy	203-785-8533	https://www.aoscc.org/
The National Family Caregiver Support Program		800-994-9422	http://www.ct.gov/agingservices/cwp/view.asp?a=2513&q=313064
Connecticut Home Care Program for Elders (CHCPE)	Help to pay for in-home care, adult day services, caregiver respite, & assisted living services	800-445-5394	http://portal.ct.gov/dss/Health-And-Home-Care/Connecticut-Home-Care-Prog...
Senior Help Desk	Resource directory		http://seniorhelpdesk.com/
The Connecticut Statewide Respite Care Program		800-994-9422	http://www.ct.gov/agingservices/cwp/view.asp?a=2513&q=313026
American Veterans Aid		866-928-8387	https://americanveteransaid.com/
People's Medical Pharmacy	In home medical care	203-230-3711	https://www.peoplesmedical.com
YNHH Geriatrics Home Visit Program		203-789-3275	https://www.ynhh.org/publications/bulletin/01212016/ynhhs-offers-geriatr...
CT Hospice	Inpatient and outpatient care, bereavement services	203-315-7500	http://www.hospice.com/
Behavioral Health & Wellness Solutions of CT		203-916-1217	
Metro Taxi	Wheelchair accessible	203-777-7777	http://www.metrotaxict.com
The Grandparents Raising Grandchildren Program	The Grandparent Raising Grandchildren Program is supported by The Agency on Aging provides a support group and other resources for grandparents. Lisa Willis is the program coordinator.	203-624-3028	http://www.ctabernacle.org/
Quinnipiack Valley Health District	Substance Use and Mental Health Prevention & Support	203-248-4528	CONNECT@qvhd.org

