

COMMISSION ON AGING MINUTES, APPROVED MARCH 19, 2019 MEETING

Draft unapproved: January 15, 2019, minutes approved March 19, 2019

To: All Commission on Aging Members

Re: January 15, 2019

Members Present: Fran Bartlett, Sandra Mastroianni, Kimberly Yates Carew, Donna Levine, Alan Fontana and Joseph P. Villano

Members Absent: Ameer Lunn, Ronnie Bicknell, and Claudia Giuliatti

Guests: None

Staff Present: Judith Amarone, Director, North Haven Senior Center

- Laurie Feldman, Recording Secretary

The meeting was called to order at 6:05 p.m. on Tuesday, January 15, 2019 on a motion by Judith Amarone and a second by Joe Villano.

The minutes of our last meeting on Wednesday, November 20, 2018, were approved on a motion by Sandra Mastroianni and a second by Alan Fontana.

Directors Report:

January 15, 2019

Commission on Aging - Directors Report

• *December 3 - Free makeovers for the members sponsored by their professional make-up artist from Walgreens of Wallingford. Seniors had mini facials as well as learning about how to apply make up on mature skin. It was a wonderful way to start off the season and a note of thanks to Walgreen of Wallingford.*

• *December 4 - Senior to Senior Breakfast with Senior Students of the North Haven High School. This annual event is a great gathering of senior citizens and students who are seniors in Town. Senior citizens are welcomed and seated as well as served by the students. Raffle gifts for lucky ticket winners are always a big success as well as fun for all. Continental breakfast was furnished through the culinary department with students in charge of the breakfast menu. Always a great intergenerational morning and many thanks to all that make it happen.*

• *December 4 - Tree Trim party was held in the afternoon. This event is the Centers' opening event to the Holiday season with the Senior Songsters singing traditional Christmas songs while dressing the Centers' Christmas tree. Cookies and eggnog were served to all at the Center ending the busy day with the feeling of the holiday spirit.*

- December 7- The Center held their holiday party at Zandri's Stillwood Inn of Wallingford. As in years past it was a huge success with one hundred and seventy nine tickets sold. Music was brought to all by the Boogie Boys who was favored by all.
- December 10- Continuing with the holiday spirit members traveled to a lunch and show at Aqua Turf to see "White Christmas". All in attendance not only enjoyed the show but savored the delicious lunch as well. A big thanks goes to Friendship Tours for promoting an all-time favorite, best of all it was close by keeping the cost of the trip affordable for all.
- December 13- a wonderful program brought to the members from Seabury Care Now which was Mobility and Balance program called Safe Strides. This program focused on how not to fall with exercising regularly and getting up using the strength of your arms. Fall prevention not only saves one from getting hurt it is a savings for all spending less on medical cost.
- December 14- Creative Beginnings Preschool visited the Center singing holiday carols. The children ranged from three to five and surely brought back memories of the members children. Children had the best time frosting cookies with the seniors above all and better yet eating the completed cookie.
- December 17- the Center hosted the Ribbon Cutting ceremony for North Haven Housing Authority grant that was awarded to refurbish sidewalks and roadway. Congratulations to the Housing Authority and many thanks to the State of CT for the awarded funds.
- December 17 -Connecticut -In Home Assistance planned a cupcake activity with seniors. This event is very popular in that members were taught how to decorate box mix cupcakes and make them look as though they were purchased in a bakery. Not only was it a demonstration; seniors decorated their own to take home. Many thanks to Connecticut-In Home Assistance for supplying all needed supplies as well as their staff that made this event successful.
- December 20- Movie Day featuring the new version of Miracle on 34th Street. Whereas the first edition of this movie was a favorite seniors stated that this one will be sure to be a classic in years to come. All in attendance were served cookies and eggnog.

Respectfully submitted;

Judith Amarone

Old Business:

The reconstruction of the Parking Lot at Parkside Manor is complete, along with new sidewalks at the Apartments and around the Senior Center. A new sign, by J. Villano Sign Co. was erected on site as well.

New Business:

Lifebridge reinstated the Lunch Program to include Mondays. The Senior Center now has 4 days in which a nutritious lunch will be served; Monday, Tuesday, Thursday and Friday. In the Spring, the Center is looking to offer lunches "on the road" at various restaurants in the area.

Commission Meeting Dates for 2019 at 6:00 p.m.

- March 19, 2019
- May 21, 2019
- September 17, 2019
- November 19, 2019

Housing:

An assisted living facility with memory care component in North Haven should be completed in the Spring of 2019. The facility has a total of 109 units. A combination of studio, one bedroom and two bedroom. Interested parties may call the Selectman's Office at 203-239-5321.

Approval has been granted to build housing on Washington Avenue. There is some interest in building a 5-story Apartment Complex with 10-20% possibly allocated as "affordable housing".

Public Comment: None

Having no further business the meeting was adjourned at 7:16 p.m. on a motion by Sandra Mastroianni and a second by Joseph Villano. The next meeting is scheduled for Tuesday, March 19, 2019 at 6:00 p.m., Joyce C. Budrow Senior Center, 189 Pool Road, North Haven. If you are unable to attend the next meeting, please contact the Senior Center at 203-239-5432.