

NORTHFIELD TOWNSHIP COMMUNITY & SENIOR CENTER NEWSLETTER

A NOTE FROM THE DIRECTOR...

After a Fall hiatus, the newsletter is back! Thank you all for your patience. There are lots of programs, projects, trips and events coming up! Try out some of our exercise classes! Learn a new craft! Learn to Line Dance! Check out Acupuncture!

Jennie Fuller is offering a **Valentine Essential Oil Make & Take** class on **February 12**. Make an essential oil spray and nibble on chocolates as you learn more about essential oils.

February 13 is Paczki Day! Stop in beginning at **10:00** for a **paczki and a cup of coffee!** Get them while they last!

Join in the fun of **Karaoke** on the 16th and **Pizza & A Movie** on the 23rd.

Join Tammy Goll-Braunscheidel on **February 21 & 28** and make a **Cookies for 2 Basket**. Choose from an afternoon or evening session.

Jan Rad will be leading another **Acrylic Painting** class on **February 22** from 12:00 to 2:00. Great fun!

Pharmacist Betty Chaffee will be here on **February 23** to answer your questions about nutritional supplements.

Join us for **Kids Fun-4-All Day** on **February 24** from **10:30 to 2:30**. There will be lots of crafts and games. Purchase some Girl Scout cookies from Daisy Troop #40111! Sing karaoke and play family bingo.

Thank you to all who contributed to programs and projects here during the Holidays! Special thanks to the Kiwanis Club of Whitmore Lake for sponsoring the Dinner with Santa reindeer visit! Kudos to all who donated items for gifts and prizes for the Senior Holiday Gala and Dinner with Santa! A digital camera was donated to the Center! These generous and useful donations are truly appreciated!

Stop in and visit! Don't forget to follow us on Facebook and Twitter!

HAPPY BIRTHDAY

JANUARY BIRTHDAYS

Natalie Alexa
Merrill Axelrod
John Baublitz
Joyce Beach
Emma Bowman
Sarah Brown
Lonna Byrd
Ann Cecilia
Dawn Collins
Sandy DiFillippo
Allison Dondzila
Khloe Dondzila
Kyla Dondzila
Anne Duffy
Darrin Dunn
Andy Esper
John Esper
Jane Folske
Hayden Gehrke
Corissa Gilmer
Ruth Hague
Stacy Hollister
Danyel Housner
Michelle Lafave
Nynette Leal
Darlene Liverance
Betty Manning
Roger Marks
Callie McCann
Hunter McGee
Crystal Micoff
Meg Minnich
Fred Moehrle
Diana Noll
George Normandie
Pat Patterson
Megan Pawczuk
Daemon Preston
Nancy Reichenbach
David Roberts
Margaret Rockol
Gary Rooke

Liam Shoner
S.M. Simmermon
Carol Smith
Marilyn Smith
Stephen St. Charles
Roy Steele
Connie Thomas
Kristen Warren
David Woody

FEBRUARY BIRTHDAYS

Karen Borque
Bill Brannan
Ed Brune
Joe Chalic
Donna Cook
Terry Coombe
Linda DeAngelo
William DiFillippo
Damon Dotson
Robert Erickson
Amy Esper
Steve Figot
Jan Gray
Linda Hartley
Joyce Hearn
Andrew Hess
Russell Hollister
Natalie Huang
Aaralyn Huhn
Kaitlyn Kelley
Patrick Kelley
Amanda King
Mary Ellen Langer
Paula Lawrence
Bryce Lupi
Shirley Lupi
Declan Mainz
Amy Marchant
Minnie Marszalek
Tammy McCann
Clif McGee
Continued on page 5

Northfield Township Community Center

9101 Main Street

Whitmore Lake, MI 48189

Phone: 734-449-2295 Fax: 734-449-8410

Director: Tami Averill

Email: averillt@northfieldmi.gov

Jan/Feb. 2018

ONGOING SERVICES

BLOOD PRESSURE SCREENINGS

2nd Tuesday 1:45p.m.-2:15p.m. Fee: FREE

Provided by: Regency of Whitmore Lake. Pre-registration is suggested. Call 734-449-2295 to sign up.

ACUPUNCTURE

Thursdays 4:00p.m-6:00p.m \$15

Licensed Acupuncturist Ron Hough offers Community Style Acupuncture treatments. Walk ins are welcome!

LIBRARY

We have a great selection of books available for our members' use. Sign them out and return them to the shelf when you are finished. Please be courteous and return the books in a timely manner.

MEDICAL LOAN CLOSET

The Community Center has a loan closet with handicap items for seniors and others to use on a short term basis. We have walkers, crutches, canes, handicap toilet seats, shower chairs, wheelchairs and more. There is no charge.

FOOT CARE

Dr. Anthony Mastrogiacom, from South Lyon Foot & Ankle Specialists, will visit every other month to check foot health, trim toenails, etc. **Call 248-486-8886 to schedule your appointment.**

COUNSELING SESSIONS

Amy Marchant is a counselor and aromatherapist. She works specifically with women to offer emotional support and holistic solutions. She offers free 30 minute consultations, by appointment, to answer questions, provide referrals, and plan next steps. **Call 734-476-5024 to schedule an appointment.**

ONGOING CLASSES & PROGRAMS

Please call (734) 449-2295 or stop in for more information or to sign up for a class.

MONDAY

PORTRAIT GROUP 1:00p.m.-3:30p.m. Fee: \$5.00

The Whitmore Lake Portrait Group meets weekly. There are no instructions given & artists draw using a live model. There is currently a waiting list to join. Please contact the Community Center to add your name to the list.

MAH JONGG MONDAYS

1:00p.m.-4:00p.m. Everyone welcome! FREE!

Learn this fascinating rummy-like game that uses tiles rather than cards. A small amount of time and effort is required to become familiar with the basic principles of the game. Stop in and give it a try!

TUESDAY

MEDITATION 10:00a.m.-11:00a.m.

Donation: \$2.00-\$5.00 or \$20.00/month

Meditation has a reputation for improving health, attention, and thinking ability along with physical relaxation. If

you are a beginner, or just curious, come learn and experience several ways to meditate. See what works for you. If you are an experienced meditator, come to share tips and practice. Instructor Karen Hamp is a retired Social Worker who has taught and practiced Meditation and Stress Management for many years.

CHAIR YOGA 11:00a.m.-12:00p.m.

Fee: \$52.00/10 session punch card

Each class is a mix of stretching, strength and balance designed for anyone. Chair Yoga is done from the comfort of a chair or with aid of a chair using some of the same moves as traditional Yoga. Suitable for all levels.

TAI CHI 12:00p.m.-1:00p.m.

Jan 9- Feb 27

Fee: \$38.00/8 wks.

Fees pro-rated for late registration.

From lowering blood pressure to improving balance, there are so many benefits to this low-impact, relaxing form of exercise. Chair can be used if needed. Taught by certified Tai Chi and Group Exercise Instructor, Darryl Mickens.

EXERCISE WITH BECKY 1:00p.m.-2:00p.m.

Fee: \$3.00 minimum donation

Join Instructor Becky Laymon for drop-in classes every week. This class combines chair exercise, dance, exercise balls and weights.

PINOCHLE 2:00p.m.-4:00p.m. Fee: FREE

All are welcome!

WEDNESDAY

PRIMITIVE RUG HOOKING 10:00a.m.-Noon

ONE TIME FEE: \$25.00/ INCLUDES ALL SUPPLIES!

Primitive Rug Hooking is both an art and a craft. Rugs are made by pulling loops of fabric (not yarn) through a stiff woven base. It is not latch hooking. This is a great recycling craft. Join instructor Phyllis Lindblade to try your hand at this historical skill!

MAH JONGG WEDNESDAYS *WE'VE ADDED A DAY! *

1:00p.m.-4:00p.m. Everyone welcome! FREE!

Learn this fascinating rummy-like game that uses tiles rather than cards. A small amount of time and effort is required to become familiar with the basic principles of the game. Stop in and give it a try!

CROCHET MATS FOR THE HOMELESS PROJECT

2:00p.m.-4:00p.m. FREE!

Pitch in and help create sleeping mats from plastic grocery bags that will be distributed to the homeless in southeast Michigan. You DO NOT have to know how to crochet to participate in this project. There are many tasks that don't require crochet skills and the crochet stitches that are used are easy to learn!

GENTLE YOGA 6:30p.m.-7:30p.m.

Fee: \$52.00/person/10 sessions Reduce stress while increasing flexibility, strength, balance, energy, and positive thinking. Wear comfortable, stretchy clothing that allows for easy movement. Mats and props are provided, or bring your own. A small pillow, bolster, folded towel or blanket may be helpful in order to sit comfortably on the floor.

THURSDAY

EXERCISE WITH BECKY 11:00a.m.-12:00p.m.

Fee: \$3.00 minimum donation

Drop-in classes every week. This class combines chair exercise, dance and weights.

MAH FITNESS

Jan. 18 - March 22 1:00p.m.-2:00p.m.

Daily Fee: \$1.50/person \$1.00/Senior

During this workout you will strengthen, condition, and gain flexibility and balance while using exercise balls. Modified for all fitness levels. Everyone is welcome!

PINOCHLE 2:00p.m.-4:00p.m. **Fee: FREE**

All are welcome!

FRIDAY

LEARN TO LINE DANCE 10:00a.m.-11:30a.m.

Fee: \$7.00 /person

Level: Beginner using all types of music.

Learn new dances. Socialize while exercising, having fun and improving your fitness. Please wear comfortable clothing, and soft-soled shoes. B.Y.O.W.B. (Bring Your Own Water Bottle)

KNIT, CROCHET, CRAFT 11:30a.m.-1:30p.m.

Bring your knitting, crocheting or any craft you have. Enjoy good company as you finish your projects. Interested in learning to knit? Come in and learn the basics.

SPECIAL CLASSES & PROGRAMS

VALENTINE ESSENTIAL OIL MAKE & TAKE

Feb. 12 7:00p.m.-8:00p.m. **Fee: \$11.00**

RSVP by with payment by Feb. 10.

Call 734-449-2295 for more information.

Join us to make a Valentine Essential Oil spray and enjoy some delicious chocolate.

KARAOKE

Feb. 16 7:00p.m.-10:00p.m. **Donation: \$1.00**

Fun for the entire family! Refreshments! Come and sing or just listen and enjoy!

PIZZA & A MOVIE NIGHT

Feb. 23 - THE PEANUTS MOVIE

6:00p.m.-8:00p.m. Fee: \$4.00 per person for dinner.

Seating is limited. Pre-registration is suggested.

Join us for a dinner of pizza, salad, chips, beverages, dessert, and a family movie.

KIDS' FUN DAY – FEATURING KIDS' KARAOKE &

KIDS' BINGO!

Feb. 24 10:30a.m. - 2:30p.m. **FREE!**

Donations to support the program are always appreciated. Call 734-449-2295 to register or for more information.

Join us for an afternoon of singing, games, crafts & Bingo! Prizes, refreshments and lots of fun! Girl Scout Cookie Booth!

GROWN-UPS CAN COLOR, TOO! COLORING PARTY!

Feb. 26 6:30p.m.-8:30p.m. **FREE!**

Teens and adults, put aside the worries of the day and join us for an evening of fun and stress-relief! Coloring sheets, pencils, crayons and markers will be provided or feel free to bring your own. Refreshments!

PACZKI DAY!



February 13

10:00a.m. - UNTIL THEY'RE GONE!

FREE!

Donations to support Center programs are appreciated!

Celebrate Fat Tuesday and the beginning of Lent with a tasty Paczki and a cup of coffee!



ASK THE PHARMACIST

February 23

12:30p.m. -1:30p.m.

FREE!

Vitamins, supplements, and natural products: Which ones are good, and for whom?

Join Pharmacist Betty Chaffee for a discussion about vitamins and supplements. Bring your own experiences and knowledge to the discussion, and we'll talk about where to find the best information and how to apply it to your own health.



DOWNTON ABBEY REVISITED

2nd & 4th Thursday of each month

7:00p.m.-9:00p.m.

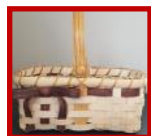
FREE!

Call 734-449-2295 for more information.

Don your favorite hat and join us as we enjoy tea and sweets, and settle in to revisit Downton Abbey from the premier episode to the finale. We will enjoy two episodes each night as we follow the lives of the British aristocratic Crawley family and their servants in the early 20th Century.



ART & CRAFT CLASSES



COOKIES FOR 2 BASKET

February 21 & 28

Two options for times:

1:00p.m to 3:00p.m.

OR

7:00p.m.-9:00p.m.

\$20.00 - Includes all supplies
RSVP BY FEB. 12 TO 734-449-2295

This lovely basket features an oak swing D handle.
Measurements 8.5"x4"x2.5"



HEIRLOOM EASTER BASKET

March 7 & 14

Two options for times:

1:00p.m to 3:00p.m.

OR

7:00p.m.-9:00p.m.



\$20.00 - Includes all supplies
RSVP BY FEB. 12 TO 734-449-2295

This round basket was inspired from a childhood Easter basket. It features a twinned base, space dyed reed and a D handle. This basket will have homework!

ACRYLIC PAINTING

"SPRING LANDSCAPE"

FEBRUARY 22

12:00p.m.-2:00p.m.



Fee: \$23.00 - includes all supplies
Space is limited.
Call 734-449-2295 to register.

Join Instructor, Jan Rad,
and create an 8"x10" painting.

This class is great for all skill levels
from beginner to advanced.

SENIOR NUTRITION PROGRAM

The Senior Lunch Program is going strong and growing! Seniors aged 60 and over and their spouses can get a tasty and nutritious meal at the Community Center on **Mondays, Wednesdays and Fridays. Meals will begin at 12:15p.m. Please call 24 hours in advance so we can get your meal ordered.**

Participants are encouraged to share in the cost of the meal to the extent that they are able. **The suggested contribution is \$3.00; however, people 60 and over will not be turned away because of inability to contribute.** Adults under the age of 60 are welcome to attend, but will be charged the full price of \$5.50 for the meal.

Home delivered meals will begin soon. If you are interested in registering for home delivery, please contact Tami.

We are in need of volunteers to help with both the congregate lunches and home delivery. **If you are interested in volunteering, attending the lunches at the Center or in receiving home-delivered meals, please contact Tami at 734-449-2295.**

SENIOR LUNCH MENU FEBRUARY



- 1 - Chicken Stir-fry, Rice, Asian Veggies, Roll, Orange Wedges, Milk
- 5 - Cheeseburger, Wedge Fries, Baby Carrots w/ Dip, Pear, Milk
- 7 - Meatloaf, Mashed Potatoes, Green Beans, Roll, Applesauce, Milk
- 9 - Beef Stroganoff, Noodles, Green Beans, Roll, Fruit, Milk
- 12 - Ham & Cheese Baked Potato, Broccoli, Roll, Blueberry Fluff, Milk
- 14 - Chicken Parmesan, Pasta w/ Sauce, Broccoli, Roll, Orange Wedges, Milk
- 16 - Ham, Scalloped Potatoes, Carrots, Roll, Ambrosia, Milk
- 19 - CLOSED - PRESIDENTS' DAY
- 21 - Pork Chop w/ Mushroom Gravy, Rice, Peas & Carrots, Applesauce, Milk
- 23 - Maurice Salad, Baby Carrots w/ Dip, Roll, Pear, Milk
- 26 - Sweet Meatballs, Rice, Roll, Vegetable Blend, Orange Wedges, Milk
- 28 - Chicken Pasta Alfredo, Broccoli, Garlic Toast, Apple Slices, Roll, Milk



TRIPS

FEB. 21

TENDERLY THE ROSEMARY CLOONEY MUSICAL \$99

We will follow Rosemary's journey from her simple beginnings in Kentucky to Hollywood stardom. With her signature songs woven in and out, we will learn about her successes on radio and television along with her personal struggles.

Lunch at Mitchell's Fish market prior to the 2pm performance. We will pre-select our plated entree's one-week prior to the outing.

Choose one Entrée option

- 1) Broiled Cod with seasonal vegetables and mashed redskins
- 2) Fish Tacos - Tilapia, mango salsa, cilantro lime sour cream served with homemade coleslaw
- 3) Parmesan Chicken Sandwich - Parmesan encrusted chicken with tomato relish, red onion, lettuce and served with homemade coleslaw

Choose one Dessert option

- 1) Florida Key Lime Pie
- 2) Mini Sharkfin Pie (contains peanut butter)

*Salad, warm sourdough bread, coffee tea and soft drinks are also included with each meal

MAR. 21 LENTEN PILGRIMAGE-SOLANUS CASEY CTR \$69

People of all religious backgrounds and different walks of life are inspired by the works of Father Solanus Casey. The center strives to be a place of pilgrimage, reconciliation and peace for all who visit. Our tour begins in the Creation Garden and continues with the Beatitudes of Christ. Our full day will also include Mass held in the historic St. Bonaventure Monastery, and a privately catered soup & sandwich lunch, Lenten Talk and the Blessing of the Sick.

The Capuchin Soup Kitchen's "On the Rise Bakery" will have baked goods available for purchase.

APRIL 19 ZEHNDER'S 24TH ANNUAL RAGTIME FESTIVAL LUNCH & CONCERT \$70 Must register by February 28

Zehnder's has been host to ragtime performers from around the United States and Canada for over 23 years. Join us on this trip and enjoy a delicious Zehnder's chicken dinner served family style at the table and a 90 minute concert featuring Jeff Barnhart, Bob Milne and Kerry Price.

MAY 10 HOLLAND'S TULIP FESTIVAL \$99

Are you ready to go tip toeing through the tulips? Then join us for a Red Carpet tradition, a trip to Holland's world famous Tulip festival. Our visit will include lunch and entertainment, a shopping stop at the Dutch Market Plaza, and Windmill Island - home to the only authentic Dutch Windmill in the United States, De Szwaan. Enjoy seeing the tulips, the costumed workers and volunteers and the sights and smells of this special festival.

MAY 19 DELISH DETROIT AT EASTERN MARKET \$89

Back by popular demand! Enjoy a private, guided foodie tour of Eastern Market. Stroll from shed to shed and visit specialty stores to learn about their unique products, hear fun facts and history of the area, while going behind the scenes

and indulging in a delicious strolling brunch. Enjoy locally produced pizza, popcorn, pickles and pastries; specialty sausages, cheeses and vinegars; authentic spinach pies and spreads. We will have time to enjoy shopping. Feel free to bring your wagons and get your annual flats and perennials from the various farmers who are here for the Market's famous "Flower Day" weekend event.

JULY 11 PURPLE ROSE THEATRE - WILLOW RUN \$56

During WWII the Willow Run Bomber Plant located near Ypsilanti, Michigan was the largest factory under one roof in the world. Some 40,000 employees, mostly women, turned out B-24 Bombers at the rate of one every 55 minutes. *Willow Run* follows the journey of four of those women who migrated from all over America to find new lives at the plant. Along the way they overcome a multitude of challenges, learn to endure new sorrows, overcome deep-seated prejudices and forge new friendships. Winner of the 2017 Edgerton Foundation New Play Award. Original music by Ben and Jeff Daniels. Lunch on your own at The Chelsea Grill.

Registration deadline is April 27.

MORE INFO TO COME:

SEPT 20 NUNSENSE AMEN AT TURKEYVILLE

Space is limited, so sign up early!

Call 734-449-2295.

Thinking of you!

Sending some good cheer and best wishes to some of our Community/Senior Center family!

- Marilyn Cheeseman
- JoAnn Gibbons
- Margaret Gyde
- Cindy Hogston
- Minnie Marszalak
- Fritz Nelson
- Bernie Rybski



FEBRUARY BIRTHDAYS

CONTINUED!

- Jay Miles
- Carole Morello
- Hannah Scott
- Lydia Stewart
- Joyce Trudel
- Nathan Witt
- Kenneth Zeeb

- Celeste Mooney
- Roger Rude
- Brittany Shoner
- Joan Steuer
- Ava Witt
- Patricia Zajac
- Theo Zimmer



CROCHETED SLEEPING MATS FOR THE HOMELESS PROJECT

Wednesdays
2:00p.m.-4:00p.m.



Please join us and participate in a
project for a worthy cause!

We are making sleeping mats by crocheting strips of old plastic grocery bags! These mats will be distributed to the homeless in Washtenaw County and other areas in Southeast Michigan.

This is a project for both women and men. You do not have to be a senior citizen to participate! You do not have to know how to crochet! Help is needed to smooth & flatten bags, slice the bags into strips, loop the strips together and roll them into balls, and to crochet. If you don't crochet, but would like to learn, we have people to teach you the simple stitches that it takes to turn out these mats. Please come and join us!

OPPORTUNITIES FOR FUN & SERVICE!

We are still looking for folks who are interested in forming two different groups to work on some ongoing projects! If you are interested in participating in any of these projects, please let me know.



Coupons for the Troops Did you know those in the military can use coupons up to 6 months past their printed expiration date? We have a long running project of saving and clipping grocery coupons that are sent to an overseas military base for use by military personnel and families. We are in need of help to get these clipped, sorted and in the mail. Would like to set up a day/time for a group to work on this.



Recycled Greeting Cards We are accumulating a large stash of used greeting cards! If you are interested in creating beautiful new cards from old, we need your help. The "recycled" cards are then sold to help fund projects and programs here at the Community Center.



Quilting for a Cause Do we have quilters that would like to meet on a regular basis and create lap quilts, baby quilts or other items that could be donated to a local charity.

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Card Kit Class Perennial Birthday Project Kit

March 21
6:30p.m.-8:30p.m.
Fee: \$37.00

**Registration & fee due by March 7.
Call 734-449-2295 for more info.**

Come, relax, and have a good time completing this awesome kit. The kit includes components to complete **16 birthday cards (4 each of 4 designs)**. Also included is a **beautiful storage box** with tabbed dividers to keep your cards ready to share. The Perennial Birthday stamp set, coordinating ink pads, snips and adhesive will be supplied for your use during the class.

Class instructor - Cathy Myers,
Independent Stampin' Up!® Demonstrator



COMMUNITY STYLE ACUPUNCTURE TREATMENTS

THURSDAYS

No Acupuncture on Feb. 15 & March 1
4:00p.m. - 6:00p.m.

Fee: \$15/treatment

Join Licensed Acupuncturist Ron Hough and explore the health benefits of Acupuncture and Traditional Chinese Medicine - better sleep, increased energy, stress relief, and many more.

Wear comfortable clothing, to allow access up to knees and elbows. Eat about an hour before the session.

Call 734-449-2295 to register or just stop in!



KIDS' FUN-4-ALL DAY!

SATURDAY, FEBRUARY 24

10:30a.m. - 2:30p.m.

**Northfield Twp. Community/Sr. Center
9101 Main St., Whitmore Lake**

FREE!

Donations to support Center programs are always appreciated!

10:30-2:30 - Games, Crafts, Refreshments.

Girl Scout Cookie Booth by Daisy Troop 40111

10:30-12:00 - Kids' Karaoke

12:30-2:00 - Family Bingo



Call 734-449-2295 for more information.



February 2018

SUN	MON	TUE	WED	THU	FRI	SAT
			NATIONAL WOMEN INVENTORS MONTH	1 11:00 Exer .w/ Becky 1:00 MAH Fitness 2:00 Pinochle 4:00 Acupuncture 6:30 Kiwanis	2 GROUNDHOG DAY 10:00 Line Dance 11:30 Knit/Crochet 12:15 Sr. Lunch	3
4	5 12:15 Sr. Lunch 1:00 Mah Jongg 1:00 Artist Group 6:00 Daisy Scouts	6 10:00 Meditation 11:00 Chair Yoga 12:00 Tai Chi 1:00 Exer. W/ Becky 2:00 Pinochle	7 10:00 Rug Hooking 12:15 Sr. Lunch 1:00 Mah Jongg 2:00 Crochet Sleep Mats 6:30 Gentle Yoga	8 11:00 Exer. w/ Becky 1:00 MAH Fitness 2:00 Pinochle 4:00 Acupuncture	9 10:00 Line Dance 11:30 Knit/Crochet 12:15 Sr. Lunch	10
11 NAT'L SHUT-IN VISITATION DAY RANDOM ACTS OF KINDNESS WEEK	12 12:15 Sr. Lunch 1:00 Mah Jongg 1:00 Artist Group 7:00 Essential Oil Make & Take	13 PACZKI DAY! 10:00 Meditation 11:00 Chair Yoga 12:00 Tai Chi 1:00 Exer. W/ Becky 2:00 Pinochle	14  10:00 Rug Hooking 12:15 Sr. Lunch 1:00 Mah Jongg 2:00 Crochet Sleep Mats 6:30 Gentle Yoga	15 11:00 Exer w/Becky 1:00 MAH Fitness 2:00 Pinochle 6:30 Kiwanis	16 10:00 Line Dance 11:30 Knit/Crochet 12:15 Sr. Lunch 7:00 Karaoke	17 11:30 Boy Scouts Blue & Gold Banquet
18 NATIONAL ENTREPRENEURSHIP WEEK	19 CLOSED 	20 10:00 Meditation 11:00 Chair Yoga 12:00 Tai Chi 1:00 Exer. W/ Becky 2:00 Pinochle	21 10:00 Rug Hooking 12:15 Sr. Lunch 1:00 Mah Jongg 1:00 Basket Class 2:00 Crochet Sleep Mats 6:30 Gentle Yoga 6:30 Basket Class	22 11:00 Exer. w/ Becky 12:00 Painting Class 1:00 MAH Fitness 2:00 Pinochle 4:00 Acupuncture	23 GIRL SCOUT COOKIE WEEKEND 10:00 Line Dance 11:30 Knit/Crochet 12:15 Sr. Lunch 12:30 Ask/Pharmacist 6:00 Pizza & Movie	24 KIDS' FUN-4-ALL DAY Daisy GS Cookie Booth Games & Crafts 10:30 Kids' Karaoke 1:00 Kids' Bingo
25	26 12:15 Sr. Lunch 1:00 Mah Jongg 1:00 Artist Group 6:30 Grown-up Coloring	27 10:00 Meditation 11:00 Chair Yoga 12:00 Tai Chi 1:00 Exer. W/ Becky 2:00 Pinochle	28 10:00 Rug Hooking 12:15 Sr. Lunch 1:00 Mah Jongg 1:00 Basket Class 2:00 Crochet Sleep Mats 6:30 Gentle Yoga 6:30 Basket Class			



**THANK YOU TO OUR VOLUNTEERS
FOR THEIR HARD WORK
AND DEDICATION!**

Dolly Boggs	Ann Brindle	Angela Brown
Denise Creque	Louisa DeFilippi	Mary Devlin
Ruth Hague	Linda Hartley	Cindy Hogston
Ernestine Hogston	Alyssa Jones	Autumn Jones
Betty Jones	Marge Kack	Kristina Kelley
The Kelley Family	Dan Krebs	Debbie Liebert
Phyllis Lindblade	Christine Miles	Laura Misko
Karen Neigebauer	The Pohl Family	Margaret Riddell
Donn Sleek	Charles Steuer	Joan Steuer
Phyllis Stillman	Ann Thompson	Curtis Ward
Terry Webb	Linda Webb	Bill Witte

PROJECT BUNNY 2018

It's time for the Northfield Twp. Community Center's 4th Annual Project Bunny program!

We will be delivering spring baskets to folks in our community who need a little spring cheer!

If you know of someone who is in need of a cheerful surprise, please call

Tami at 734-449-2295 by March 16th.



If you would like to contribute items to the cause, here are some suggestions:

- | | |
|-----------------------------|----------------------|
| baskets or gift bags | small gift items |
| soaps & lotions | snack items |
| candy | cards |
| small coloring/puzzle books | crayons/markers |
| note pads & pens | small toys and more! |

Please drop your donations off at the Community & Senior Center no later than **March 26th.**




**Northfield Twp.
Community & Senior Center
9101 Main St., Whitmore Lake**

ESSENTIAL OIL VALENTINE MAKE & TAKE



February 12

 **7:00p.m. - 8:00p.m.**

Fee: \$11.00

**RSVP with payment by Feb. 10
Call 734-449-2295 for
more info.**



Join us to make a Valentine's essential oil spray and enjoy some chocolate!



MANY THANKS!

Thank you to everyone who so generously donated their time, talents, funds, and items to programs and projects at the Community & Senior Center this Holiday season.

Dinner with Santa

The Mitten Tree

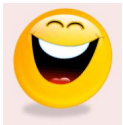
Christmas Family Project



The community of Northfield Twp./Whitmore Lake has a huge heart! Every time we put out a call for assistance, the outpouring of care and concern was overwhelming. Your thoughtfulness and generosity helped to bring Holiday Cheer to many people. Your assistance is truly appreciated!

Northfield Twp. Community Ctr.
 9101 Main Street
 Whitmore Lake, MI 48189

DON'T MISS IT!



FEBRUARY 24

KIDS' FUN-4-ALL DAY!

10:30 to 2:30

FREE!

GAMES! CRAFTS! KARAOKE! FAMILY BINGO! REFRESHMENTS!



FEB 12	7:00-8:00	VALENTINE ESSENTIAL OIL MAKE AND TAKE	\$11
FEB 13	10:00-UNTIL THEY'RE GONE	PACZKI DAY!	FREE!
FEB 16	7:00-10:00	KARAOKE	\$1 DONATION
FEB 21 & 28	1:00 -2:00 OR 6:30-8:30	COOKIES FOR 2 BASKET CLASS	\$20
FEB 22	12:00-2:00	ACRYLLIC PAINTING	\$23
F3G 23	12:30-1:30	ASK THE PHARMACIST	FREE
FEB 23	6:00-8:00	PIZZA & A MOVIE	\$4
FEB 26	6:30-8:30	GROWN-UPS CAN COLOR, TOO! COLORING PARTY	FREE!