

# WOMEN, INFANTS, AND CHILDREN

- **Screening** for health and nutrition needs
- Information on how to use WIC foods
- **Benefits to buy foods** that help keep you and your children healthy and strong
- **Referrals** to doctors, dentists, and programs like FoodShare, Medicaid, BadgerCare Plus, Wisconsin Works (W-2), and Head Start
- Information on healthy eating during pregnancy and breastfeeding
- Help with starting or continuing **breastfeeding**
- **Infant formula**, if needed
- Immunization referrals
- For eligibility, please call our office



# WHERE CAN I LEARN MORE?

Visit our  
website  
here:



(use the camera on your phone to scan)

[HTTPS://WWW.WAUPACACOUNTY-WI.GOV/](https://www.waupacacounty-wi.gov/)



**Call or email our staff!**

715-258-6323

[publichealth@co.waupaca.wi.us](mailto:publichealth@co.waupaca.wi.us)

# WAUPACA COUNTY PUBLIC HEALTH

Located on the 2nd floor of the  
Waupaca County Courthouse  
811 Harding St  
Waupaca, WI 54981

**Monday - Friday**  
**8am - 4pm**



**Public Health**  
Prevent. Promote. Protect.

**Waupaca County Public Health**

# ENVIRONMENTAL HEALTH

- **Licensing and inspection** for retail food facilities, public pools and water attractions, lodging, campgrounds, manufactured home communities, and tattoo and body piercing facilities.
- **Sampling, testing, and inspecting** of wells at establishments that provide drinking water to the public such as restaurants, bars, churches, and parks.
- **Radon consultation** and test kits.
- A water laboratory for **drinking water testing** for bacteria, nitrate, and arsenic.
- County residents with a private well (not city water) and a newborn in the home qualify for a **free water sample test kit**.



# HEALTHY BEGINNINGS

- **Free, voluntary services** for expectant parents and parents of children ages 0 to 5.
- **Prenatal Services:**
  - **Monthly meetings or home visits** with a Public Health Nurse
  - **Education on the importance of prenatal care;** nutrition; and avoidance of tobacco, alcohol, and other drug use
  - **Information on fetal development,** labor and delivery, and infant care
  - Assistance with finding health care
  - **Postpartum support**
  - Connections to additional community resources
- **Birth to 5 Services:**
  - **Monthly meetings or home visits** with a trained home visitor
  - Information and support to **strengthen the parent-child relationship** and improve family health and safety
  - **Education on child development**
  - Links to additional community resources
  - Social groups and parenting classes



# NURSING SERVICES

- **Child and adult immunizations** for protection from many infectious diseases.
  - Communicable disease prevention, detection, and control through community education, disease surveillance, and outbreak response.
- **STI testing** (Hepatitis C, gonorrhea, chlamydia, syphilis)
- HIV testing and counseling
- **3-month supply** of oral contraceptives or Depo-Provera
- Latex condoms and personal lubricant
- Emergency contraception (Plan B)
- Enrollment assistance in Family Planning Only Services (**FPOS**)
- All services are **confidential**, not limited by county residence and offered on a **sliding fee scale**.
- Call to schedule an appointment, or **walk-in on Wednesdays** anytime between 9am-3pm.

