## **Adult Inpatient Care**





At Willow Creek Behavioral Health, we provide expert treatment in a safe and caring environment to stabilize people in a mental health crisis or at risk.

During an inpatient stay, adults and seniors receive treatment, develop skills to make long-lasting changes and safely transition to continued care.

## We Treat:

- + Anxiety
- + Depression
- + Manic state
- + Grief
- + Post-traumatic stress
- + Bipolar Disorder
- + Mental and substance abuse dual-diagnosis
- + Psychiatric disorders

Admission starts with a private phone call with a mental health expert to guide you in the next steps, including scheduling a free, in-person evaluation.

Call us, 24/7, at 920-328-1220.

Our goal for patients is long-term success through treatment and the development of skills to overcome challenges to recovery. This includes:

- + Healthy coping
- + Emotional regulation
- + Community relationships
- + Personal support systems
- + Medication awareness
- + Relapse prevention

We have an expert team that includes doctors, nurses, therapists, mental health technicians and other professions, providing our patients with the most structured and comprehensive program – a program with proven success. Our care includes:

- + Thorough mental health evaluation
- + Medication prescription
- + Private physician consultations
- + Medical evaluation
- + Group therapy
- + Recreational therapy
- + Family involvement
- + Continued care planning and appointment scheduling



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