

WIC STAFF

WIC Project Director, WIC Nutritionist

Kristina Ingrouille

WIC Nutrition Educator & Fit Families Coach

Hailey Prosek

WIC Nutrition Educator, Fit Families Coach & Coordinator

Sarah Delfosse

WIC Breastfeeding Peer Counselor

Joannie Stevenson

This institution is an equal
opportunity provider and
employer. 9/20



New London

Appointments & Benefit Issuance

1st Wednesday Monthly
10AM-NOON & 12:30-2PM

2nd Monday Monthly
9:30-11:30AM & 1-2:30PM

(New London Trinity Lutheran Church
709 W. Beckert Rd. New London, WI 54961)

Waupaca

Appointments

1st Friday Monthly
1-5:30PM

3rd Monday Monthly
9-11:30AM & 1-5:30PM

1st, 2nd, & 3rd Thursdays monthly
9-11:30AM & 1-5:30PM

Benefit Issuance

1st Tuesday Monthly
9-11:30AM & 1-3:30PM

(Waupaca Courthouse
811 Harding St. Waupaca, WI 54981)

Clintonville

Appointments & Benefit Issuance

2nd Tuesday Monthly
9AM-NOON

2nd Wednesday Monthly
10AM-NOON & 1-3PM

3rd Wednesday monthly
9:30-11:30AM & 1-2PM

(Clintonville Community Center
30 S. Main St. Clintonville, WI 54929)

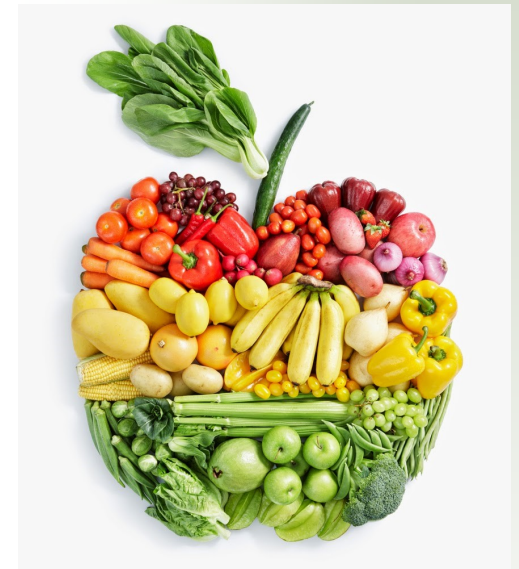
****If you miss your appointment or need to reschedule
please call our office at
715.258.6391**

Bad Weather

For Cancellation information listen to:

WDUX-800 AM/FM 92.7
WJMQ-92.3

WELCOME TO WIC



Waupaca County WIC Program

**811 Harding Street, Courthouse
Waupaca WI 54981**

**Office Phone: 715.258.6391
Spanish Line: 715.258.6329**



What is WIC?

WIC is a supplemental nutrition program that provides information and benefits for nutrition and health needs for pregnant women, infants and children under 5 years, including:

- ◆ Breastfeeding support
- ◆ Healthy foods
- ◆ Hemoglobin and Blood Lead testing
- ◆ Referrals for additional support

Why WIC?

- ◆ WIC promotes healthier families by offering nutrition support and encouraging healthier food choices through nutrition education and foods provided

Other Services Offered

Fit Families Program:

For children ages 2-4. Monthly nutrition and activity information along with fun prizes are given at each appointment

Prenatal Care Program (PNCC):

Available to eligible pregnant women on Badger Care Plus

WIC Breastfeeding Peer

Counselor:

Available guidance and support on breastfeeding your infant

Healthy Beginnings:

Free, voluntary home visitation program offering information and support to families with children ages 0-5



WIC Grocery Stores

For Waupaca County

Waupaca:

- ◆ Piggly Wiggly
- ◆ Pick N' Save

New London:

- ◆ Festival Foods

Manawa:

- ◆ Remington's Family Foods

Iola:

- ◆ Iola Sentry Foods

Clintonville:

- ◆ Econo Foods

Walgreens Pharmacies: (Formula Only)

- ◆ Waupaca
- ◆ New London
- ◆ Clintonville

