



Winter

PARKS & REC GUIDE 2023/24

YOUTH, ADULT & SENIOR PROGRAMS

- Classes
- Pool Classes and Swim Schedule
- Senior Center Information
- Indoor and Outdoor Rental Options
- Parks Information

*Winter Fun
has an address
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Wisconsin*



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**NEW LONDON
PARKS & RECREATION DEPARTMENT**

WEBSITE ADDRESS: www.newlondonwi.org

LIKE US ON FACEBOOK @ www.facebook.com/NLPRWI

RECREATION DEPARTMENT – 215 N. Shawano St. – (920)982-8521

Office Hours: Monday-Thursday 7:30 AM-4:30 PM • Friday- 7:30-11:30 AM

NEW LONDON AQUATIC & FITNESS CENTER – 815 W. Washington St. – (920)982-8524

NEW LONDON ACCESS (CABLE CHANNEL 990) - 215 N. Shawano St. – (920)982-8537

PARKS/BUILDINGS AND GROUNDS SHOP – 1306 W. Wolf River Ave. – (920)982-8510

Office Hours: Monday- Thursday 6:30 AM - 3:30 PM

Friday 6:30 -10:30 AM

SENIOR CENTER – 600 W. Washington St. – (920)982-8522

Office Hours: Monday – Friday, 9:00 AM – 4:00 PM

Senior Transit Service – (920)982-8523



PARKS & RECREATION STAFF

DEPARTMENT HEAD

DIRECTOR OF PARKS AND RECREATION – Ginger Sowle • ginger@newlondonwi.org

DIVISION HEADS

AQUATIC SUPERVISOR – Jim Thorpe • jthorpe@newlondonwi.org

PARKS/STREETS SUPERINTENDENT – Luke Hammons

RECREATION SUPERVISOR – Morgan Gorges • mgorges@newlondonwi.org

SENIOR CENTER SUPERVISOR – Lori Schneider • lschneider@newlondonwi.org

SUPPORT STAFF

ADMINISTRATIVE ASSISTANT – Kris Clark • krisc@newlondonwi.org

SENIOR VAN DRIVERS – Robert Cupp, Mike Fredin & Karie Schroeder (sub)

PARKS, RECREATION COMMITTEE

CHAIR – Bob Besaw

COMMITTEE MEMBERS: V. Chair John Faucher, John Hass, Bernard Ritchie, Charlene Magolski, *[changes dependent on April election]* Citizen Members: Jim Jaeger, Steve Grout; Student Member: Jack Keding

Meetings are the first Tuesday of each month at 5:15 PM in the Council Chambers of the City Municipal Building. Please see the front office for a posted agenda.

If you are an advertiser interested in appearing in future guides, please contact the New London Buyers' Guide Sales Department at 920-982-2511.



PARKS & RECREATION POLICY AND PROCEDURE

UNPAID BALANCES

Delinquent payments and unpaid balances on your account will result in a freeze on your account and you will not be able to utilize any Parks & Recreation Programs and services until your balance is paid.

TO ERR IS HUMAN

The Parks & Recreation Department works hard to ensure that each program guide is free from errors. However, there are times when errors or changes in dates, times, rates or registration information do occur. We will do everything possible to correct such errors and inform you of changes. We thank you for your understanding when these situations arise.

CONFIRMATIONS

New London Parks & Recreation will notify you only if a class is cancelled due to low enrollment or filled. We will not call you to confirm you are registered.

PROGRAM ACCESS

It is the policy of the City of New London to comply in good faith with all applicable regulations, guidelines, etc. put forth in the Americans with Disabilities Act (ADA). To that end, it is the City's intent to provide equal opportunity for everyone to participate in all City-sponsored programs and/or services offered, to attend every public meeting scheduled, and to utilize all public facilities available. Any person(s) in need of an alternative format (i.e. larger print, audio tapes, Braille, readers, interpreters, amplifiers, transcription) regarding information disseminated by the City of New London should notify the City prior to a meeting, etc., and please allow adequate time after a request for a copy of brochures, notices, etc. for delivery of that alternative format. Contact Chad Hoerth, by telephone at: (TDD) 982-8521 for more information.

REFUNDS

Full refunds will be given for programs that are cancelled due to not meeting the required minimum to enrollment, which varies from class to class. After the first class, if you choose not to participate a \$5.00 fee will be claimed. No refund will be given after the second class of the program.

INCLEMENT WEATHER

The staff will attempt to contact registered participants when weather poses to interfere with scheduled program(s) by phone, e-mail or text. To find out if a class has been cancelled due to weather call 982-8521 or check our Facebook page at www.facebook.com/nlprwi.

RESIDENT POLICY

A resident is any person who lives within the Corporate City Limits of New London. This is not to be confused with being a New London Area School District resident. City and School boundaries are not the same. Residents will have a street address and a Non-Resident's address typically will begin with a letter.

A non-resident is anyone who does NOT reside within the corporate city limits of New London. (Hortonville, Readfield, Dale, Royalton, Mukwa, etc. are NOT within the city limits of New London even though they have New London Zip Codes).

RESIDENT "MEMBERSHIP"

If you are a non-resident and frequently use the New London Parks & Recreation Services you have the option to purchase this membership. This allows you to receive services we provide at a resident rate for that calendar year. Fee: \$100.00

PROGRAM AGE SPECIFICATIONS

Ages listed in the program descriptions are the age that the child will be at the end of the program. This is strictly for the safety of your child and will only be reconsidered in extreme situations. If you have any questions, please contact the Division Head.

"SAY CHEESE"

Occasionally photographs will be taken of participants during activities and may be used for promotional purposes. If you do not wish to have your photograph taken, please convey this to the photographer and/or instructor. Also indicate your wishes on the waiver form filled out at the beginning of your session.



WAITING LIST PROCESS

A waiting list is formed when a class reaches participant levels beyond the maximum based

on the number of instructors we have and for the ultimate safety of the participants. The waiting list is designed to keep track of interested participants until someone drops out or transfers. A new program may be added if space and time are available. The waiting list is maintained based on a first-come, first-served basis. Interested participants will be contacted and the registration process will be completed with payment in full if the above opportunities arise. We will only contact you if space becomes available within two weeks of the start date of the program.





Winter Family Fun Day

Saturday, January 27, 2024
12 Noon - 3 pm • \$10/car

Snowshoeing, Olympics & Human Foosball
Chili, S'mores, campfire & more

2nd Fat Bike Race at the Hill, 2 p.m.
1 hour race, 2.1 miles, race classes
Join in or cheer on!

Visit www.mosquitohill.com for more winter activities.


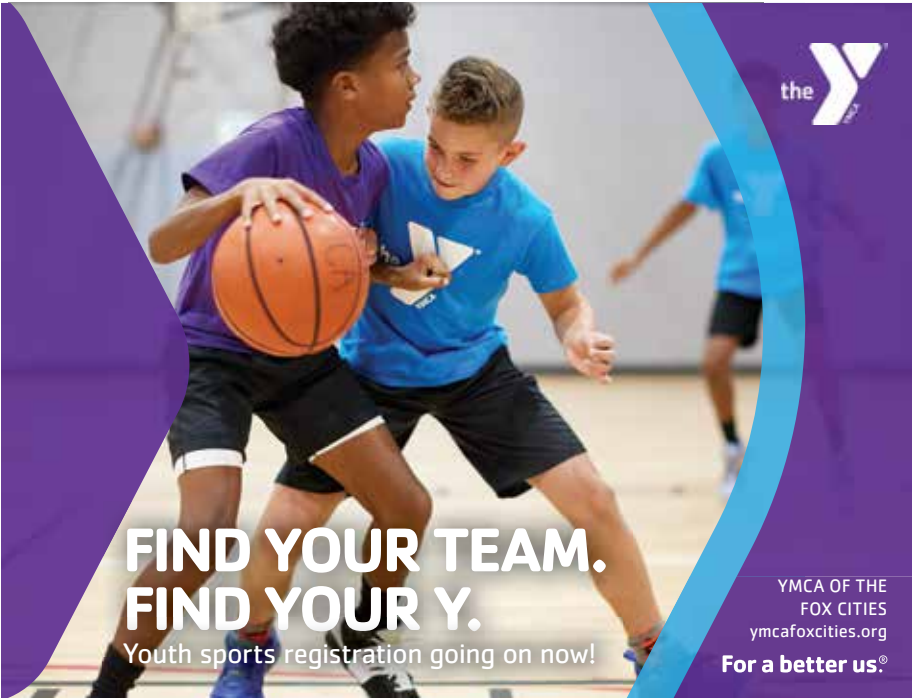
For info:
920-779-6433

Hours:
8am - 4:30pm Tues - Fri
10am - 3:00pm Sat & Sun
Closed Mondays & Holidays





312904



FIND YOUR TEAM. FIND YOUR Y.

Youth sports registration going on now!

YMCA OF THE
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OPEN GYM AT THE WASHINGTON CENTER

Open gym is available for all youth. It allows for the opportunity to get some extra practice in or just releasing some energy when it's not so nice outside. Some equipment is available but you are more than welcome to bring your own. A supervisor is on site during open hours. Take note "Open Gym" will close if there are less than 4 people after the first 2 hours. Children under the age of 6 must be accompanied by an adult (no additional charge for adult/guardian).

October 2023- May 2024

Fee: \$4.00 per person (**Fees will change 1/1/24**)

Fridays: 6:00PM -9:00PM (all ages)

Saturdays: 9:30AM-12:30PM (all ages) and 6:30PM-9:30PM (ages 14 and up only)

JANUARY 1, 2024 FEES CHANGING TO \$5.00

OPEN GYM RULES

- Respect: Our Equipment, other participants and their equipment, the gym supervisor and the facility.
- Bring a change of clean dry shoes, street shoes are not allowed.
- No food or drink allowed in the gym area (water only).
- Do not use offensive or vulgar language.
- No rough housing.
- Please be courteous to all gym users.
- Play organized or pick-up game on a half court with the curtain closed in order to allow others to play or practice on the other side.
- No dunking or hanging on any of the rims.



YOUTH PROGRAMS

PARENT AND ME COOKING CLASS

It's a new year and it's time to try something new. What better way to try something new than to try it with your child? Try out your cooking skills and maybe share a little cooking knowledge with your kids.

Dates: Thursdays January 4- February 22, 2024 (No Class Feb. 1)

Times: 5:00-6:00 PM

Location: Washington Center Senior Center

Registration: Now - December 23, 2023

Fee: Resident/ Non-Resident: \$21.00/ \$35.00

Late Fee: \$5 fee applied December 24- December 30, 2023



HOME ALONE BABYSITTING CPR/AED COURSE

The Home Alone Babysitting course is the start to any young babysitter's career. This class is taught by an American Heart Association Instructor and is open to students aged 10-15. Students will spend time learning CPR/ AED and the fundamentals of Childcare and Child safety. The class is taught using videos, games, discussions, and hands on practical information for being "Home Alone" and babysitting.

Students are asked to bring a bag lunch. All other supplies are included in the class.

Enrolled students receive: Digital Course Material, a Course Completion Certification, and an American Heart Association Heart savers CPR/ AED Certification card (valid for 2 years).

Date: January 19, 2024

Registration: Now through January 12, 2024

Time: 8:00 AM-3:45 PM

Location: Municipal Building Council Chambers

Fee: Resident: \$75.00 /Non-Resident: \$90.00

Date: April 19, 2024

Registration: Now through April 12, 2024

Time: 8:00 AM-3:45 PM

Location: Municipal Building Council Chambers

Fee: Resident: \$75.00 /Non-Resident: \$90.00

To enroll please either stop by the Parks and Recreation Department Office at 215 N Shawano St New London, WI 54961, register online at www.newlondonwi.org or call 920-982-8521

SELF-CARE SERIES-TEEN

Each week we will have a snack, beverage, and activity to give you the self-care that you need. This hour and a half class will offer a getaway for four weeks to help you jump start your Self-Care Journey. Topics to look forward to... Make and Take: Sugar Scrubs, Candles, Charcutier and Journals

Dates: Thursday March 7-March 28, 2024

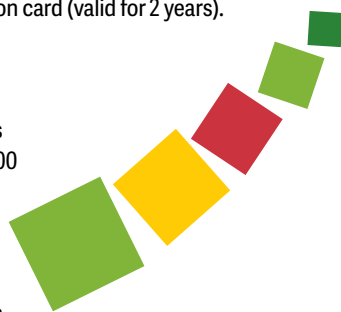
Times: 6:00-7:30 PM

Location: Washington Center Senior Center

Fee: Resident/ Non-Resident: \$30.00/ \$45.00

Registration: January 1- February 25, 2024

Age: 14-18



SPECIAL EVENTS

REINDEER BOOGIE

Burrrr it's cold outside! After seeing Santa at Longevity Nutrition Club during Winter Wonderland you might find yourself pretty chilly. So, take a stroll down the road to Familiar Grounds Coffee House to warm up a bit with a Reindeer Boogie. There will be hot chocolate and light snacks as well as Yo DJ with the tunes to get you moving.

Date: December 1, 2023

Time: Directly after parade



DADDY DAUGHTER DANCE – BOOTS AND BEAUTIES

For one night only, the New London Parks and Recreation Department is offering a trip out West, to all Dads or guardians (older brothers, uncles, grandpas etc.) and their daughters (ages 2 yrs. and up). Round up those cowboys and cowgirls and have them put on their dancing boots for our Boots and Beauties themed dance! This dance will feature Yo Dj entertainment, themed snacks and refreshments. You must register ahead of time for this event and will need a ticket at the door for admittance. You can get your tickets online at www.newlondonwi.org, or by calling (920) 982-8521 and get registered (you'll receive your tickets in the mail) or stop by our office at 215 N. Shawano St., West entrance.

Where: Washington Center Gymnasium

When: February 17, 2024 @ 5:00-7:00 PM

Fee: \$15 per daughter/ \$5 per additional daughter or guest

Registration: January 1, 2024- February 9, 2024

Late Registration: February 10, 2024- February 16, 2024. A \$5 late fee will be added.

LEPRECHAUN HUNT

The Leprechauns were on their way to find a Pot O' Gold and got lost along the way! Can you help find them so they can follow the rainbow to their gold? Stop down at some of our local facilities such as the Parks and Recreation Office, the Aquatic and Fitness Center, the Senior Center, and the Washington Center gym to pick up a clue card. Use that card to search our local parks for more clues that will lead you to our Leprechaun. Once you find all the Leprechauns bring your card back to the Parks and Recreation office for a chance at a St. Patrick's Day Prize.

When: February 26, 2024- March 14, 2024

Where: Around New London in the Parks.

Notes: - Pssst... We have 14 parks so be sure to look at all of them.

- A winner will be announced on March 17, 2024
- This Activity is Weather depended, please check our Facebook and Website for updates.



THE GREAT PUP HUNT

Hippity Hoppity, an Egg Hunt is on its way with a twist. Join us for a Dog Egg Hunt on April 6 at 11:00 AM at the Jaycee's Dog Park. Where there will be tons of eggs, prizes and you might even see a bunny or two. This event is a free local event for all those pet parents out there. There will be sectioned off areas for different sized dogs, costume contests and more!

Date: April 6, 2024

Time: 11:00 AM

Location: Jaycee's Dog Park

No Registration needed just be sure to bring your pup and their best costume!

A FAIRY FIND

Woodland creators, trolls, and more, all are welcome in our Fairy Friend Find. Take a stroll through Hatten Park and help us find our fairy friends. They went to collect berries and never came back. If you stop down at the Parks and Recreation office anytime between April 29-May 31, 2024 we will have Little Fairy Clue Cards to help you find our friends. Each Fairy has a little card next to it and on it is a clue. Write what you see onto your Little Fairy Clue Card and then turn your card into the Parks and Rec. office before May 31, 2024 where you'll be entered to win a Fairytaastic Prize.



LIKE WHAT YOU SEE...

Make sure you don't miss
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Summer Issue!



Contact us today to reserve your space for the next issue
920-982-2511

312564

ADULT PROGRAMS

PERSONAL TRAINING INFORMATION

We live in a world full of opportunities. Opportunities to be who we want to be, act the way we want, and look the way we want. But sometimes those opportunities get out shadowed by fear, doubt, and insecurity. When it comes to our fitness opportunities we don't have to let those worries stand in our way. Here at the New London Parks & Recreation office we offer you as many fitness opportunities as we can to make you feel like you are in control. One of the best ways to do that is through a personal trainer. Unlike a group exercise class, personal training helps you to examine your current lifestyle, establish goals, and create a unique plan to help you achieve your goals. It is more than just "one-on-one" exercise sessions. Goals are constantly evaluated and programs are tweaked to provide an ever-evolving workout that varies, as your body needs change. The focus is on "you"; optimizing workouts in the amount of time that you have available, and creating a plan that you can stick to. Personal trainers eliminate the fear of big classes, destroy your doubts that you can't do it, and wipes away your insecurities. A personal trainer can provide the encouragement and develop safe strategies you need to achieve or maintain a healthy lifestyle.

So how do you get started? We offer two options for training: personal one-on-one training or training with a buddy and a personal trainer. Both options are offered as one-hour sessions, but you are more than welcome to split that into half hour sessions to accommodate your schedule. CALL THE NEW LONDON PARKS AND RECREATION OFFICE AT (920) 982-8521, STOP BY THE OFFICE AT 215 N. SHAWANO. ST OR REGISTER ONLINE IN THE MEMBERSHIP SECTION OF OUR ONLINE REGISTRATION SYSTEM.

FEES:

Individual Personal Training

One-Nine Sessions:

Residents/Non-Residents

\$27.00/\$32.00 per hour

10 or more Session:

Residents/Non-Residents

\$22.00/\$27.00 per hour

Buddy Personal Training

Cost is per person

One-Nine Sessions:

Residents/Non-Residents

\$16.00/\$18.50 per hour

10 Sessions:

Residents/Non-Residents

\$13.50/\$16.00 per hour

SENIOR FEES ARE AS FOLLOWS:

Individual Senior Fees

One-Nine Sessions:

Resident/Non-Resident

\$13.50/\$16.00 per hour

10 or more Sessions:

Residents/Non-Resident

\$11.00/\$13.50 per hour

Buddy Training Senior Fees

Cost is per person

One-Nine Sessions:

Resident/Non-Residents

\$8.00/ \$9.25 per hour

10 or more Sessions:

Residents/Non-Residents

\$6.75/\$8.00 per hour

ADULT FITNESS CLASSES

FEES:

MONDAYS

- **4:45 PM Cardio Kickboxing:** This program combines martial arts, kicking, and punching combos to create a high intensity workout for your whole body.
7 Week Session Fee: Resident/ Non-Resident \$24.50/\$36.50

TUESDAYS

- **4:45 PM Pilates:** This fitness class is a method of exercise that consists of low-impact flexibility and muscular strength movements. **The majority of this class is spent on the floor using mats.
7 Week Session Fee: Resident/ Non-Resident \$24.50/\$36.50
*****Note:** Pilates will be held in the Washington Center Senior Room from November 21, 2023-February 20, 2024
- **6:00 PM Zumba:** A Latin-inspired dance workout that uses footwork and rhythms such as Salsa, Merengue, Cumbia, and Reggaeton to give you a full cardio workout.
*****Drop in Only**

WEDNESDAY

- **5:30 AM HITT:** A interval training workout that focuses on full body strength paired with bursts of cardio.
7 Week Session Fee: Resident/ Non-Resident \$24.50/\$36.50
- **NEW!!! 5:45PM Pumped Up Strength:** Pumped Up Strength is a new approach to resistance training. Utilizing combination movement patterns in a targeted, rhythmic progression, its superpower is the dynamic integration of upper and lower body movements set to fun music. The result? A sweat-drenched, functionally efficient workout that will challenge your body in new ways, improve lean muscle mass, and rev your metabolism.
7 Week Session Fee: Resident/ Non-Resident \$24.50/\$36.50

THURSDAYS

- **10:15 AM Gentle Flow Yoga:** A slower, flowing sequence of yoga movements is used in this class to help strengthen and promote flexibility. ** 45 min class.
7 Week Session Fee: Resident/ Non-Resident \$24.50/ \$36.50
- **4:45 PM Barre:** This low-impact workout uses light weights, bands and classic barre techniques to tone and tighten your whole body.
7 Week Session Fee: Resident/ Non-Resident \$24.50/\$36.50

SATURDAYS

- **7:30 AM Strength Circuit Saturday:** This class is a 45 min class of circuit stations. Each station is 1 minute in duration before you move on to a different activity. Arm, leg, core, and cardio stations are used through the workout. *** 45 min. Class *** Drop in Only

7 WEEK SESSION DATES:

- October 16-December 2, 2023
- January 8- February 24, 2024
- March 4- April 20, 2023
- April 29- June 15, 2024

Free/ Make up weeks:

- December 4-9, 2023
- February 26-March 2, 2024
- April 22-27, 2024



ZUMBATHON

- On December 5, 2023 at 6:00 PM, we will be celebrating our annual Zumbathon for Marta's birthday! This event raises money for a different charity each year. Free will donations will be accepted, and there will be raffle prizes for attendees. Please come to the Washington Center Gym with your friends to dance and raise money for a cause.
- Passes for this class can be picked up at the Parks and Recreation office or over the phone at 920-982-8521.



HOLIDAY DRIVE

A Toy Drive transformed into a Holiday Drive. Why stop at just toys? There are people this holiday season that are in need; toys for Christmas, food, hats, mittens, coats, you name it. Through November and part of December there will be donation boxes scattered throughout the City; the Aquatic and Fitness Center, The Washington Center Gymnasium, The Senior Center, The Park and Rec. Office, and the Municipal Building. All we ask is that donated items are new and unused. These donations will be given to the Salvation Army right here in town and they will be distributing the items to those in need. All non-perishable food items will be donated to the Washington Center Community Cupboard.

FIT FOR THE NEW YEAR

The new year is rapidly approaching, which means it is time to get ready for our 'Fit for the New Year' program. Fit for the New Year is held Dec. 11-29 in the Washington Center Gym and during this time we will be accepting non-perishable food items in exchange for a fitness pass; which means one canned good for one class. This can be redeemed 4 times throughout this program. All food items will be delivered to the Washington Center Community Cupboard 'Fit for the New Year' consists of all drop-in classes so please be sure to stop at the Parks and Recreation office or give us a call at 920-982-8521 to pick up your passes.

Reminders: ** No Classes Dec. 25
** All classes are held at normally scheduled times

TRY-A-THON

Back again by popular demand is the Try-a-thon. We will have a mix of new and returning classes for you to sample every day of the week. During our normal scheduled times instead of hour-long classes our instructors will be mixing it up and giving you a 30-minute taste of new and old classes. You can come the entire time, or just for a half hour or so...there is no registration, just pop in whenever you'd like! There will be some transition time between classes and you are not committed to even stay the whole time a class is going on...no judgement here! Did we mention that all week is FREE!!! Look at our January Schedule to find what is being offered during specific time blocks throughout the day.

Dates: January 1-6, 2024

MEN'S UNOFFICIATED BASKETBALL LEAGUE

Men's Unofficiated Basketball League is a call your own league where we provide you with score keepers and you provide the team. It is held at the Washington Center Gymnasium. The Parks and Recreation Department offers Sunday nights as a getaway night for all you gentlemen out there that enjoy a competitive but friendly game of basketball. The league starts November 26, 2023 so be sure to check out how to register on the City of New London's website.

- Dates:** November 26, 2023 TBD; dates are pending on the amount of teams
- Times:** Games start 5:00/6:00 PM
- Location:** Washington Center Gym
- Registration:** October 1- November 18; in person, online, or at 920-982-8521
- Fee:** \$100 per team

SELF-CARE SERIES- ADULT

Each week we will have a snack, beverage, and activity to give you the self-care that you need. This hour and a half class will offer a getaway for four weeks to help you jump start your Self-Care Journey. Topics to look forward to... Make and Take: Bath Salts, Candles, Charcutier Boards and Journals

- Dates:** Tuesdays March 5-March 26, 2024
- Times:** 6:00-7:30pm
- Location:** Washington Center Senior Center
- Fee:** Resident/ Non-Resident: \$30.00/ \$45.00
- Registration:** January 1- February 25, 2024
- Age:** 18+

PICKLEBALL LEAGUE

You asked, we listened. Let's try to start a call your own Pickleball League(s). We will be offering two leagues that consist of singles and doubles. Each team, no matter the league, will be responsible for scheduling their own games each week. Meaning each week, you will contact a new opponent to schedule a time to play each other. Opponents will be assigned ahead of time. ***You must bring your own equipment.

- Dates:** May 22, 2024 (depends on weather and number of participants)
- Location:** Abraham Park or an agreed upon location
- Fee:** \$30.00/ \$35.00
- Registration:** Now – May 13, 2024
Schedules will go out week of May 15.



NEW LONDON SENIOR CENTER

600 W. Washington St. New London, WI 54961 (920) 982-8522

New London Senior Center is open to all seniors as a place to socialize, exchange ideas, learn something new, share talents and feel safe and welcome. We offer weekly activities, host health classes and area bus trips. Our recycling mission involving plastic caps allows us to give benches back to the community. We are open 9:00 AM- 4:00 PM Monday through Friday. Find us on Facebook by going to the City of New London Park and Rec page. If needed, use our weekday bus service to get to and from events.

SENIOR & ACCESSIBLE TRANSIT SERVICE

Bus rides are available from 9:00 AM- 3:00 PM Monday through Friday for seniors age 60 and over, as-well-as individuals of all ages with disabilities and their caretakers. Service is provided within the New London city limits only. Call 920-982-8523 at least 24-hours ahead of appointment to reserve a ride. Messages left after hours are returned the next weekday morning. We suggest a \$3 round-trip donation.

WAUPACA COUNTY ELDERLY NUTRITION PROGRAM

As of December 1, 2023, meals are prepared by Schueller's Great ExSPECHtations for Waupaca County Elderly Nutrition Program and are served at the senior center Monday through Thursday at 11:15 AM That is subject to change. Call 920-598-6286 one day ahead (before 11:30 AM) for reservation; by Thursday 11:30 AM for Monday meal. Meals are also being home delivered. Call Waupaca Aging and Disability Resource Center at 715-258-6400 for an assessment. This program needs volunteer meal deliver drivers for New London. Call Denise at 715-258-6277.

PLASTIC CAPS TO BENCHES RECYCLING PROGRAM

We are now working on Phase Three of our Plastic Caps to Benches recycling project, having supplied 12 benches to the community so far. We sort CAPES (removing dirt, oils and metals), weigh them and place them in trash bags for another trip to Green Tree Plastics recycling facility in Evansville, IN. Please come help sort! Sorting dates are the final Wednesday and Thursday of each month (excluding December, June, July and August) from 9:00 AM-4:00 PM If you have more questions on this very worthy project, call Lori at 920-982-8522.

PUZZLE EXCHANGE

Bring your jigsaw puzzles in to exchange for other puzzles! Please use a Ziploc baggie inside your boxes. We typically swap 300, 500, and 750-piece puzzles.



We do more! Look for events including health seminars, retirement counseling, and Homestead tax preparation announced at the Senior Center, on the City Website, Municipal Building marquee and on NL Park & Rec Facebook page.

BUS TRIPS

December: Christmas Stars at Xavier High School, Appleton

April: Railroad Museum in Green Bay



WEEKLY ACTIVITIES

MONDAY

➤ **Memory Café** (4th Monday only) social for those with dementia and memory loss and their caretakers 1:30-3:00 PM Monthly Subjects: Nov 27 We Love Pie; Dec 19 (3rd Monday) Christmas Caroling; Jan. 22 History Talk; Feb. 26 The Emerald Isle; March 27 Miniatures; April 24 Earth Day

➤ **Sheepshead/Smear Card Party**, no charge, experience required to play the game

TUESDAY

➤ **50 Cent Bingo**: Every Tuesday 12:30-3:00 PM, year-round. Last Tuesday of the month is a Monthly Birthday Party with cake and ice cream.

WEDNESDAY

➤ **Mexican Train (Dominoes)** 12:30-2:30 PM, year-round. This game is easy to learn and we are a small group, so come try! No cost to play.

THURSDAY

➤ **Painting and Drawing** 1st Thursday of the month 9:30-11:30 AM Bring your own supplies

➤ **Crafts** 3rd Thursday of the month 9:30-11:30 AM Using repurposed materials.

FRIDAY

➤ **January through March** at 1:00 PM: Big Screen Movie and popcorn, bring your own beverage. We watch adventure, romance and documentaries, you name it! Call 920-982-8522 the week of the movie to find out what title will play.

➤ **Foot Clinic every 6th Thursday** by Smiling Feet Registered nurses. Please call (920)982-8522 for an appointment.



Complete Family Eyecare Close to Home!

WE ARE NOW ACCEPTING:

• Spectera • NVA • Superior Vision

AS WELL AS:

• VSP • Medicare
• Blue Cross/Blue Shield
• Network • UnitedHealthcare



Dr. Rebecca Amaral

For appointments call

982-4561

1923 N. Shawano St. • New London

13731

FITNESS/ACTIVE SENIOR PROGRAMS

STRONGWOMEN

The StrongWomen Program is a strength training program for middle aged women and older. Research shows that strength training may improve bone density, reduce falls, improve arthritis symptoms, increase flexibility as well as improve your mood and attitude.

Where: Washington Center Gym

When: Monday and Wednesday

Jan. 8-Feb. 21 (NO CLASS Feb. 19 Presidents' Day (possible makeup Feb. 26)

Mar. 4-Apr. 17, 2024

Time: 9:30-10:15 AM

Fee: For 7 weeks session

Residents over 60: \$24.50

Non-Residents over 60: \$36.50

DROP-IN FEE Resident over 60:

\$2.25; Non-Resident over 60: \$3.00

PI-YO

Pi-Yo is an exercise class that is unlike any other. This hybrid athletic workout combines the practices of Yoga and Pilates along with the principles of strength training, conditioning and dynamic movement. It includes modifications, yet offers exercise progressions to challenge all levels of participants. Above all, it is fun and will make you feel fantastic.

Where: Washington Center Gym

When: Monday and Wednesday

Jan. 8-Feb. 21 (NO CLASS Feb. 19 Presidents' Day (possible makeup Feb. 26)

Mar. 4-Apr. 17, 2024

Time: 9:30-10:15 AM

Fee: For 7 weeks session

Residents over 60: \$24.50

Non-Residents over 60: \$36.50

DROP-IN FEE Resident over 60: \$2.25; Non-

Resident over 60: \$3.00

CHAIR YOGA

This class is for all abilities; make friends and have fun! Strengthen your body; increase flexibility, reduce stress and improve mental clarity with this gentle exercise form. Chair yoga is practiced sitting on a chair and standing using a chair for support. Learn yoga postures, breathing techniques, meditation and ways of relaxation without having to get down on the floor. Leave each class feeling joyful of mind and body.

Where: Washington Center Gym

When: Thursday

Dec. 7

Jan. 11-Feb. 22, 2024

Mar. 7-Apr. 18

Time: 9:30-10:15 AM

Fee: For 7 weeks session

Residents over 60: \$24.50

Non-Residents over 60: \$36.50

DROP-IN FEE Resident over 60:

\$2.25; Non-Resident over 60: \$3.00

Registration for these programs is available at the New London Parks and Recreation Office, 215 N Shawano Street or the New London Aquatic and Fitness Center, 815 W Washington Street or at www.newlondonwi.org.





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311651

NEW LONDON AQUATIC AND FITNESS CENTER

GENERAL RULES & INFORMATION:

- ◆ Shower before entering the pool and after use of toilet facilities.
- ◆ Do not enter the water until the guards are in their stations.
- ◆ Do not enter the pool if you have a communicable disease or an open cut
- ◆ Proper swimwear is required; no cut off apparel is allowed.
- ◆ Please refrain from running, horseplay, spitting water and excessive loud noise. Profanity or vulgar language will not be tolerated.
- ◆ Please keep all entry and exits points clear (steps, ladders, doorways)
- ◆ Please do not loiter in the water near the dive blocks, diving boards or guard chairs.
- ◆ Do not play on or swim over ropes
- ◆ The facility's kickboards, noodles, and equipment are not allowed to be used during public, family or open swims.
- ◆ All user supplied equipment (dive toys, lifejackets, balls etc.) must be approved by supervisor or head guard.
- ◆ Do not bring food, drink or gum in the pool or locker rooms.
- ◆ Glass and shatter-able items are prohibited in facility.
- ◆ No tobacco or electronic cigarettes are allowed in the facility.
- ◆ No diving in the shallow end.
- ◆ To use the slide, diving board, or to swim in the deep end, you must be able to swim the length of the pool in front of the diving blocks.
- ◆ Forward jumps and dives are allowed from the diving board and deck.
- ◆ No running on the diving board.
- ◆ Do not bring animals into the pool area.
- ◆ Diaper changing on deck is prohibited.



HELP US, HELP YOU...!

Showering before entering the pool or hot tub is not only required by Wisconsin State Codes but it helps our facility use less chlorine. Additionally, showering before entering the chlorinated water helps your skin as it fills your pores with fresh water vs. filling them with chlorinated water. Just be sure to turn off the water when you're done!

*** Lifeguards are employed to ensure the safety of the swimmers. They have the authority to remove anyone from the pool area who is disobeying the rules or endangering the safety of themselves or another person. Staff have the authority to suspend an offender from the facility if necessary for any amount of time.

FITNESS ROOM

The Fitness Room offers a variety of cardio and weight equipment; such as treadmills, elliptical, a stair master, a row machine, and two types of stationary bikes. This space also offers an open area for floor exercising which pair well with the core mats and free weights that are available for use. There is also a selection of weight lifting machines for use. This space is open to any one age 16 & older. Appropriate workout attire is required (No sandals or swimsuits).

EMPLOYMENT OPPORTUNITIES & TRAINING COURSES

The New London Aquatic & Fitness Center accepts applications throughout the year for lifeguards and swim lesson instructors looking for part-time employment. Applications are available online via www.newlondonwi.org. Flexible daytime hours are convenient for college students and stay-at-home or retired persons. After school, weekend, and summer hours are available to candidates as young as 15.5 years old. A lifeguarding certification course can be held when at least 3 candidates are available.

AQUATICS & FITNESS FACILITY DAILY & MONTHLY USAGE FEES

*Multiple months can be purchased in one transaction up to 12 months. No discount is given for multiple months purchased outside of the Summer Deal.

FITNESS ROOM ONLY FEES		
<i>Includes Fitness Room & Sauna, No Pool/Spa</i>		
Resident Fee	Per use	Monthly
Ages: 16 & 17	\$ 2.50	\$ 19.75
Adult: 18-59 years	\$ 3.00	\$ 24.25
Senior: 60+ years	\$ 2.50	\$ 19.75
Family N/A	N/A	\$ 36.25
Non-Resident Fee	Per use	Monthly
Ages: 16 & 17	\$ 3.50	\$ 28.50
Adult: 18-59 years	\$ 4.25	\$ 33.00
Senior: 60+ years	\$ 3.50	\$ 28.50
Family N/A	N/A	\$ 49.50

GENERAL FACILITY FEES		
<i>Includes Pool, Spa, Splash Pad, Fitness Room, Locker rooms & Sauna</i>		
Resident Fee	Per use	Monthly
Youth: ages 4 - 17	\$ 3.75	\$ 30.00
Adult: 18-59 years	\$ 4.25	\$ 34.00
Senior: 60+ years	\$ 3.75	\$ 30.00
Family	N/A	\$51.00
Non-Resident Fee	Per use	Monthly
Youth: ages 4 - 17	\$ 5.00	\$ 40.00
Adult: 18-59 years	\$ 5.50	\$ 44.00
Senior: 60+ years	\$ 5.00	\$ 40.00
Family	N/A	\$66.00

LIFEGUARDING CERTIFICATION COURSES

We are excited to offer you American Red Cross Lifeguarding. This course is approximately a 24-hour class that is available to all ages above 15. Adults are encouraged to get certified as well! This class prepares its students to be professional lifeguards, who are properly prepared to prevent unsafe situations and to take appropriate action when an emergency occurs.

Ages: 15 ½ years old – no maximum age... Adults are welcome!

Participant minimum: 3

Participant maximum: 20

Fees: Residents \$184.75

Non-Residents \$203.25

Please Call the Aquatic and Fitness to inquire when class will be held.

Once signed up for a class, there is no charge for Pre-requisites training- just give the office staff your name and phone number. Upon successful completion of the class and 6 months of working for the Aquatic Center, the City of New London will reimburse you of your class fees. If you do not intend to work at the Aquatic Center you are still more then welcome to join the class.

PHYSICAL PRE-REQUISITES FOR LIFEGUARDING CANDIDATES:

- 1) Without stopping, swim 300 yards using Front crawl or Breaststroke (15 min).
Goggles are allowed but please supply your own.
- 2) Swim 20 yards to retrieve a 10 lb. object from 7-10 feet of water then return to the point of origin with object by only kicking on your back (one arm). This is a timed activity (1 min 40 sec).
Goggles are NOT allowed for this specific test.
- 3) Tread water for 2 minutes using only leg actions. Hands must be under the armpits.



SPECIAL SWIMS & DATES- MARK THESE ON YOUR CALENDAR!!

November 23, 2023 – CLOSED – Happy Thanksgiving!

November 24, 2023 – “Thankfulness” Swim 1:30-4:30 PM
\$2.00 admission!

December 24, 2023 – CLOSED- Happy Holidays

December 25, 2023 – CLOSED- Happy Holidays

December 31, 2023 – CLOSED- Happy Holidays

January 1, 2024 – CLOSED- Happy Holidays

March 29, 2024 – Underwater Easter Egg Hunt
1:15-1:45PM Egg Hunt, 1:45 – 5:00 PM Open Swim, Prizes
and Goodie Bags, \$3.00 admission!

NO SCHOOL – OPEN SWIM’S:

November 22, 2023 – 1:15 – 4:00 PM

December 26 – 29, 2023 – 1:15 – 4:00 PM

January 19, 2024 – 1:15 – 5:00 PM

February 19, 2024 – 1:15 – 4:00 PM

March 4 – 7, 2024 – NLSD Spring Break – 1:15 - 4:00 PM

March 8, 2024 – NLSD Spring Break – 1:15 - 5:00 PM

April 19, 2024 – 1:15 - 5:00 PM

SPRING ANNUAL “MAY-TENANCE”

May 19 – May 27, 2024 – NLAFC Closed to public for Maintenance

ACTIVITIES AND EVENTS TO WATCH FOR THIS FALL

THANKFULNESS SWIM: November 24th, 1:30-4:30 PM \$2.00 admission fee per person. Open to all ages. Under the age 10 must have someone 13 or older in the water within arms’ reach at all times! Those that can pass a swim test are exempt from these rules Kids will receive a goody bag of treats after the swim.



SCHOOL YEAR SWIM TIMES

Adult Swim: Come in to swim or walk laps and chat with your friends and neighbors! Swim time is open to those 18 and older.

Brunch Swims: Extending the Adult swim, the brunch swim is open to those 16 years of age and older for swimming and/or walk laps.

Adult swim

- Monday – Friday: 6:00 – 10:00 AM
- Saturday: 7:00 – 10:00 AM

Brunch Swim

- Monday – Friday 10:30 – 1:00 PM
- Saturday: 10:30 AM -1:00 PM

AFTERNOON OPEN SWIMS:

- Saturday 1:30 – 4 PM and 4:30 – 7:00 PM

When there is NLSD No School Days we will have Open Swims as well (11/22, 12/26-12/19, 1/19/24, 2/19/24, 3/4/24-3/8/24, 4/19/24)

EVENING PUBLIC SWIMS:

These swim times are a great way to burn off extra energy before bedtime! Open to all ages but kids under 10 years of age and any non-swimmers need to have a 13-year-old in the water within arm's reach for the entirety of the swim.

- Mondays 7:00 - 8:00 PM

DAILY SWIM SCHEDULE:

MONDAYS – FRIDAYS

6:00 – 10:00 AM Adult Swim (Ages 18+)

M, T, W, TH, F

10:30 AM – 1:00 PM Brunch Swim (Ages 18+)

M, T, W, TH, F

7:00 – 8:00 PM Public Swim (All ages)

Check monthly schedule for Friday times that New London School Dist. uses the pool.

SATURDAYS

7:00 – 10:00 AM Adult Swim

10:30 AM – 1:00 PM Brunch Swim

1:30 – 4:00 PM Public Swim

4:30 – 7:00 PM Public Swim

SUNDAYS: Available for rentals

When the weather turns cool – we will have an Open Swim Schedule call the NL Aquatic and Fitness Center to check status!!

SUNDAY OPEN SWIMS:

Beginning December 3, 2023, we will start opening on Sunday's for an afternoon Open Swim to give you a little something to do on a wintery afternoon.

12/3/23 - 3/24/24 1:00-4:00 PM (please check monthly pool schedule for changes)

Sundays in the fall & winter the Aquatic and Fitness Center is available for rent 9:00 AM – 9:00 PM (2-hour minimum requirement). Reservations must be made 2 weeks prior to the date to allow for scheduling staff. It can also accommodate other events such as birthday parties, anniversaries, church picnic, youth group event, work outing or family gathering. Call (920) 982-8524 and ask/leave a message for the manager to find out more about pricing and available dates (not limited to only Sundays)

POOL RENTALS-HOURLY RATES

Number of People	Resident	Non-Resident
1-50	\$ 51.50	\$ 70.50
51-100	\$ 63.75	\$ 83.00
(Limited Friday's also available after 5 PM)		



REGISTRATION INFORMATION FOR ALL AQUATIC & FITNESS CENTER PROGRAMS

The New London Aquatic and Fitness Center does not accept registrations by mail. Please register online at www.activenet.active.com/newlondon, by calling (920) 982-8524, or inperson at the New London Aquatic and Fitness Center or at the Parks and Recreation office in the New London Municipal Building (West entrance) at 215 N. Shawano St.

WATER AEROBICS EXERCISE CLASSES (AQUACISE)

It's not just for old ladies!! Seriously! If you like being in the water but get bored swimming up and down the lanes, or just want to vary your routine, consider trying some pool exercise classes. Water exercise can also be safer and more comfortable for pregnant women or for those who are overweight, recovering from surgery, or suffer from arthritis, back pain or muscle or joint problems. All classes are 1-hour long unless otherwise noted. It is recommended to bring a bottle of water poolside to keep your body hydrated. New participants and questions are welcome at any time. If there is no instructor for class, class will be cancelled and the pool will be open and guarded for a free workout.

TIPS FOR WATER EXERCISERS

- A doctor's guidance is advised before you start an exercise program.
- Before your first class, let your instructor know about any special conditions that might affect your workout.
- Keep yourself hydrated before, during and after your workout by drinking plenty of water.
- Wearing water shoes can improve your footing and protect your feet in shallow water.
- Remember- the more energy you invest in your workout, the more calories you'll burn!



DROP-IN AQUACISE CLASS FEES

Residents:

\$4.50/Class

\$35.00 for a 10-class pass

Non-Resident:

\$5.75/Class

\$47.00 for a 10-class pass

SENIOR RATES

Resident:

\$3.00/Class

\$27.50 for a 10-class pass

Non-Resident:

\$4.25/Class

\$38.75 for a 10-class pass

SHALLOW WATER AQUACISE

A well-rounded and fast-paced water exercise class that gives you a low-impact cardio workout as well as targeting your abs and strength training. NO SWIMMING SKILLS NECESSARY. Open to ages 12+ (14 and under need an adult accompanying). This is an ongoing class- join at any time!

CLASS TIMES

Tuesday

8:00 - 9:00 AM & 7:00 - 8:00 PM

Thursday

8:00 - 9:00 AM & 7:00 - 8:00 PM

DEEP WATER AQUACISE

This class is a great workout for your cardio system as well as major muscle groups. This is a minimum impact class and minimal swimming ability is needed; flotation belts are available (Rent a belt for \$1.00, or purchase one at the front desk). Open to ages 12+ (14 and under need an adult accompanying). This is an ongoing class- join at any time!

CLASS TIMES

Monday & Wednesday's

8:00 - 9:00 AM

Tuesday & Thursday's

7:00 - 8:00 PM

ARTHRITIS- SHALLOW WATER CLASS

This class was developed by the Arthritis Foundation as a safe exercise program for those suffering from a wide variety of joint issues and arthritis-like symptoms. This minimal impact class can benefit a variety of people looking to strengthen muscles, improve balance, increase range of motion, or relieve stiffness. This class runs at a recreational pace that ANYONE can handle. This is an ongoing class - join at any time!

CLASS TIMES

Tuesday & Thursday's

9:00 - 10:00 AM

AQUA ZUMBA

A low-impact, high-energy aquatic exercise class, that blends Zumba philosophy with water resistance, for one big pool party! This is an ongoing class - join at any time! Class Times:

Wednesday's

7:00 - 8:00 PM

SWIMMING LESSONS

PRIVATE SWIM LESSONS:

Private swim lessons are offered here at the New London Aquatica and Fitness Center for all ages and swimming "levels." Whether you have a beginning swimmer, advanced swimmer, or wanting to learn how to swim as an adult, private lessons may be an option for you. Call to inquire about availability and offerings. (Private lessons are subject to instructor availability).

Program	Residents Fee	Non-Resident Fee
PRIVATE SWIM LESSONS		
Child 1 will be charged	\$66.75	\$85.00
Child 2 will be charged	\$54.25	\$72.75
Child 3 will be charged	\$42.00	\$60.50
	Residents Fee	Non-Resident Fee
GENERAL SWIM LESSONS	\$37.00	\$55.50

A \$10 late fee will be applied after registration period has closed

WINTER SESSION I

Classes run for 50 minutes, once a week Monday, Tuesday, or Thursday for 4 weeks

Parent Child will be 40 minute classes on Monday's

Registration:

- Please note the registration closing date for each individual session. Classes may fill and be closed prior to the closing date.

December 15, 2023 – January 7, 2024

CLASS DATES:

MONDAYS: January 8, 2024 – January 29, 2024

TUESDAYS: January 9, 2024 – January 30, 2024

THURSDAYS: January 11, 2024 – February 1, 2024

DAY/TIME:

Monday	Tuesday	Thursday
6:00 – 6:50 PM	6:00 – 6:50 PM	6:00 – 6:50 PM

LEVELS:

Parent-Child (40 mins)	Pre-School Aqs	Pre-School Aqs
Pre-School Aqs	Level 1	Level 1
Level 1	Level 2	Level 2
Level 2	Level 3	Level 3
Level 3		Level 4
Level 4		Level 5 & 6
Level 5 & 6		

WINTER SESSION II

Classes run for 50 minutes, once a week Monday, Tuesday, or Thursday for 4 weeks

Parent Child will be 40-minute classes on Monday's

Registration:

- Please note the registration closing date for each individual session. Classes may fill and be closed prior to the closing date.

February 2, 2024 – February 11, 2024

CLASS DATES:

MONDAYS: February 12, 2023 – March 4, 2024

TUESDAYS: February 13, 2024 – March 5, 2024

THURSDAYS: February 15, 2024 – March 7, 2024

DAY/TIME:

Monday	Tuesday	Thursday
6:00 – 6:50 PM	6:00 – 6:50 PM	6:00 – 6:50 PM

LEVELS:

Parent-Child (40 mins)	Pre-School Aqs	Pre-School Aqs
Pre-School Aqs	Level 1	Level 1
Level 1	Level 2	Level 2
Level 2	Level 3	Level 3
Level 3		Level 4
Level 4		Level 5 & 6
Level 5 & 6		

SPRING SESSION I

Classes run for 50 minutes, once a week Monday, Tuesday, or Thursday for 4 weeks Parent Child will be 40-minute classes on Monday's

Registration:

- Please note the registration closing date for each individual session. Classes may fill and be closed prior to the closing date.

March 8, 2024 – March 17, 2024

CLASS DATES:

MONDAYS: March 18, 2024 – April 1, 2024

TUESDAYS: March 19, 2024 – April 2, 2024

THURSDAYS: March 20, 2024 – April 4, 2024

DAY/TIME:

Monday	Tuesday	Thursday
6:00 – 6:50 PM	6:00 – 6:50 PM	6:00 – 6:50 PM

LEVELS:

Parent-Child (40 mins)	Pre-School Aqs	Pre-School Aqs
Pre-School Aqs	Level 1	Level 1
Level 1	Level 2	Level 2
Level 2	Level 3	Level 3
Level 3		Level 4
Level 4		Level 5 & 6
Level 5 & 6		

SPRING SESSION II

Classes run for 50 minutes, once a week Monday, Tuesday, or Thursday for 4 weeks Parent Child will be 40-minute classes on Monday's

Registration:

- Please note the registration closing date for each individual session. Classes may fill and be closed prior to the closing date.

April 5, 2024 – April 14, 2024

CLASS DATES:

MONDAYS: April 15, 2024 – May 6, 2024

TUESDAYS: April 16, 2024 – May 7, 2024

THURSDAYS: April 18, 2024 – May 9, 2024

DAY/TIME:

Monday	Tuesday	Thursday
6:00 – 6:50 PM	6:00 – 6:50 PM	6:00 – 6:50 PM

LEVELS:

Parent-Child (40 mins)	Pre-School Aqs	Pre-School Aqs
Pre-School Aqs	Level 1	Level 1
Level 1	Level 2	Level 2
Level 2	Level 3	Level 3
Level 3		Level 4
Level 4		Level 5 & 6
Level 5 & 6		



CHILDREN'S SWIM LESSON LEVEL DESCRIPTIONS

Not sure what swim lesson level to put your child in? We can help! Take a look at these level descriptions and then talk to the Manager and ask them to make a recommendation!

- ◆ **Parent & Child (6 mos. - 3 yrs.)** This class is offered to give you and your child guided time in the pool without the frenzy of the public swim atmosphere. The instructor will introduce you to the pool, the safest ways to enter a pool with a child, and give you an idea of the skills that are taught in the lower levels of the Learn-to-Swim program. Some of these skills include floats, glides, arm actions and leg action.
 - ◆ **Pre-Aquatics (3 – 5 yrs.)** This class focuses on water adjustment. It is a good starting place for 3 – 5-year olds that are new to the water. Students work on becoming comfortable in the water & learn to float with support. Students learn basic swimming skills (front & back crawl arms & kicks) and safety skills.
 - ◆ **Level 1 (5 yrs. & older)** Students learn basic swimming skills (front & back crawl arms & kicks). Students start to learn breath control & how to combine arm strokes & kicks. Front and back glides and safety skills are also covered. During this level all skills are accomplished with assistance but independence is encouraged and fostered.
 - ◆ **Level 2** This class builds upon the basic skills learned in Level 1 and individuals become comfortable performing skills on their own with no assistance. Deep water is explored with and without floatation to increase comfort level as well.
 - ◆ **Level 3** Students work on rhythmic breathing, adding distances, to the front & back crawl and sidestroke. Progression in the other five strokes is also made. Deep water treading and diving are introduced along with new safety skills.
 - ◆ **Level 4** Stroke finesse is the main focus of this level. Increased distances improve endurance of the basic strokes, while instruction and practice help to develop the more advanced breaststroke and sidestroke. Participants also earn open turns to become more efficient swimmers. Progress is also made in diving skills.
 - ◆ **Level 5/6** These students desire to become more coordinated in all six strokes through increased practice and longer distances. Flip turns and diving entries are also taught and practiced to increase efficiency while swimming.
- *** Graduates of our swim lesson program often enroll in Junior Lifeguard and Lifeguard certification classes; swim with competitive teams, or at the high school level.

LESSON INSTRUCTOR'S ROLE: Your child's lesson instructor is their hands-on access to progressing through each level. Instructors are responsible for approving skills and completing the class checklist. Instructors are trained by going through pre-lesson training, co-teaching, meetings, taking the American Red Cross Water Safety Instructor class and/or following a prescribed lesson plan. It is our intention to keep the same instructor with a class throughout a session. Although we attempt this, your child may not always have the same instructor. Our instructors are mostly high school and college students with many other activities. If an instructor needs a sub and misses more than one class the instructor must try to get the same sub.

The importance of fun & games: Much of a child's early learning takes place while playing games. Images, games, and rhymes make up a child's natural ability to imagine and pretend while learning swimming-related skills. The use of images, games, and rhymes can enhance a young child's willingness to participate and enjoy aquatic activities. It is important to keep swimming lessons motivating, challenging and fun.

PARK SHELTER RESERVATION INFORMATION

The City of New London Parks and Recreation Department offers a variety of Park Shelters available for rental. Amenities vary depending on shelter location but all include access to electricity, bathrooms, picnic tables and shelter. Reservations for Park Shelters can be made a year in advance of the date of the rental, either on-line, by calling (920) 982-8521 or by stopping in at the Park & Recreation office. Fees must be paid at the time of reservation.

Shelters Available for Rental with individual Amenities include:

HATTEN PARK SHELTERS #2 & #3:

Rental Fee: Resident/ Non-Resident
\$80.00/\$85.00 per day

- Wash stations with large sink and hot water!
- Restrooms
- Shelter
- Picnic Tables
- Playground
- Volleyball Courts
- Basketball Court
- Softball/Baseball Diamonds
- Disc Golf Course
- Off-Street Parking
- Handicap Accessible
- Indoor prep area
- Refrigerator
- Electrical Outlets

Located in the middle of Historic Hatten Park, this facility is a great option for birthdays, family reunions, graduation parties and even weddings. The large shelter can be divided into 2 rentable spaces, named shelter 2 and 3. Shelter 1 is not for rent as it is utilized by the parks department. There are approximately 9 picnic tables on each side. The option to rent both spaces is available for double the cost of one side and based on availability.



KUNKEL SHELTER

Rental Fee: Resident/ Non-Resident
\$64.00/\$69.00 per day

- Restrooms
- Shelter
- Picnic Tables
- Playground
- Softball/Baseball Diamond
- Disc Golf Course
- Off street parking
- Handicap Accessible
- Electrical Outlets
- Horseshoe Pits
- Tennis Courts

Located at the main entrance of Historic Hatten Park, this facility boasts a variety of family activities, and a private fenced in shelter class checklist. There are approximately 12 picnic tables.



PFEIFER PARK

Rental Fee: Resident/ Non-Resident \$64.00/
\$69.00 per day

- Restrooms
- Shelter
- Picnic Tables
- Playground
- Volleyball Courts
- Softball/Baseball Diamonds
- Fishing
- Walk/Bike Trail
- Tennis Courts
- Basketball Courts
- Off-Street Parking
- Handicap Accessible
- Electrical Outlets

Parking and Shelter are located off of Waupaca St. This park has the most recreational opportunities making it perfect for a family reunion! Fish the Embarrass or play a game of volleyball all with the security of a large open shelter in case of inclement weather on your event day. The shelter also has plenty of power receptacles and up to 12 picnic tables.

RIVERSIDE PARK

Rental Fee: Resident/ Non-Resident \$64.00/
\$69.00 per day

- Restrooms
- Shelter
- Picnic Tables
- Fishing
- Walk/Bike Trail
- Off-Street Parking
- Handicap Accessible
- Electrical Outlets

Riverside Park is a great place to hold a fishing themed birthday or family reunion for your boating/fishing enthusiast's family. The shelter is located on the majestic Wolf River with access to a well-kept boat launch and docks perfect to fish off of or to take the kids on boat rides. The shelter is a large open area with plenty of power receptacles and approximately 15 picnic tables.

GENERAL PARK RULES

- Parks are open from 6:00 AM-9:00 PM Boat launches and fishing areas may be used any time.
- Golfing is not allowed in parks for safety reasons.
- Dogs must be on a leash at all times and kept on trails.
- Clean up of animal litter is required.
- No person shall possess intoxicating liquors or fermented malt beverages in Taft Park, Mini Park, Old City Hall Square, St. John's Park, or Bernegger River Walk.

RESERVATION GUIDELINES

Reservations are open to the public each year on a first come, first serve basis up to one year in advance prior to the date of your event. Registration is available online at www.newlondonwi.org, at our office at 215 N. Shawano St. New London, WI 54961 or by calling our office at (920) 982-8521. Office hours are 7:30 AM-4:30 PM Monday-Thursday 7:30-11:30 AM Fridays No refunds for cancellations only date transfers. Fees are due at registration. If you are renting a Hatten Shelter (Hatten #2, Hatten #3 or the Kunkel Shelter) you will need to check out a key for that facility from the Parks and Recreation Office during normal business hours 7:30 AM-4:30 PM Monday-Thursday 7:30-11:30 AM Fridays prior to your rental. Park Buildings are subject to all city ordinances and municipal codes. Any issues the day of the event please contact the Police Department at the Non-Emergency Number (920) 982-8505.

Additional Amenities Available Upon Request

Volleyball nets at all parks are removed and only available upon request due to extensive vandalism when they are left up for an extended period of time. They are free to use, just ask the staff to reserve one for your shelter reservation date.

FAQ'S

Can I have an event at a park shelter without renting it?

Of course. You are more than welcome to visit any of our parks during park hours, but if you happen to picnic at a reserved shelter, the reservation holder has priority over your party and has the right to the shelter.

Can we have beer and alcohol at our party?

You are more than welcome to have beer or alcohol at any of our rentable shelters, but you cannot sell it without a permit.

Can we have a DJ or band?

You must comply with City Ordinance #9.07 regarding noise restrictions in a public place. Contact the City Clerk for more information.

Can I hang decorations? Use decorations that will not cause damage to park property. Use fireproof decorations and affix with removable masking tape. Please do not use nails or tacks.

What do we do with the trash?

Separate garbage from recycling. Leave all separated garbage and our parks crew will pick it up. If you anticipate a lot of garbage, bring along a couple extra bags.

Can we have a fire or grill at our event?

You are welcome to bring grills and free standing fire pits, however they must be cleaned up completely when you leave and leave no trace. Please use discretion on windy days and do not have open flame during this time.

Park Shelters - Can be reserved up to 365 days in advance.

MEETING ROOM AND GYM RESERVATION INFORMATION

The New London Parks and Recreation Department has 3 separate facilities available for public rental in the Washington Center. This building was renovated in 2002 and accommodates an assisted living facility. During this renovation, the city acquired by lease agreement the Senior/Community Center, an Activity Room and the Gymnasium. These three areas are great choices to hold birthday or anniversary parties, wedding or baby showers or business meetings. If you are interested in using the facility for a non-profit organization please contact the Parks and Recreation Office.

SENIOR/COMMUNITY CENTER

A spacious room with up to 14 round tables that seat 6 to 8 comfortably at each. Table seating capacity is approximately 75, more chairs and tables available upon request. There is a full kitchen with stove, refrigerator and freezer. Additional amenities include a pull down projection screen, lounge area with carpeting and 4 club chairs. The facility is also where Waupaca County serves Senior Meals and the New London Parks and Recreation Department holds youth programs. Please refrain from using the kitchen equipment that has county labels on them. Please do not use any of the supplies in the closets and cupboards; these are not for rental use.

Room Capacity: 200+

Fee: Resident/ Non-Resident
\$21.25/ \$27.00 per hour

ACTIVITY ROOM

The Activity Room is the smaller of the two rooms. Set it up any way you like. The room accommodates 4-6 long tables set up with room for about 20 chairs (supplied). With no tables, set up theater style there is room for about 40 people. There is counter space and a small sink at the back of the room.

Room Capacity: 40

Fee: Resident/ Non-Resident
\$14.50/ \$21.50 per hour

GYMNASIUM

The Washington Center Gym is a multipurpose facility with 6 basketball hoops, 2 possible volleyball courts, a curtain to divide the gym in half, a stage and pull out bleachers. Please let us know what activities you are interested in upon rental so we can accommodate you effectively. There are chairs and tables available upon request.

Room Capacity: Varies according to event

Fee: Resident/ Non-Resident
\$33.50/ \$39.25 per hour

Rooms are available to rent for your special event, please call (920)982-8521

CITY PARK INFORMATION

[illegible]

The City maintains fifteen park sites that encompass a combined area of approximately 280 acres. This system offers a wide variety of passive and active recreational opportunities as well as ample service facilities to support them.

Horseshoe Pits	Disc Golf Course	Ice Rinks	Sledding Hill	X-Country Ski Trails	Flower Garden	Boat Launch	Boat Docking	Off-street Parking	Snowmobile Trails	Walk/Bike Trails	Handicap	Shoreline Fishing	Fishing Piers	Dog Park
								X						
					X					X	X	X		
X								X		X	X	X		
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- ## GENERAL PARK RULES
- Parks are open from 6 AM to 9 PM Boat launches and fishing areas may be used any time
 - Golfing is not allowed in parks for safety reasons
 - Dogs must be on a leash at all times and kept on trails (except within the fenced in area at the NL Jaycees Dog Park)
 - Clean up of animal litter is required
 - No person shall possess intoxicating liquors or fermented malt beverages in Taft Park, Mini Park, Old City Hall Square, St. John’s Park or Bernegger River Walk

Reservations are open to the public each year on a first come, first serve basis up to one year in advance prior to the date of your event. Fees are required at the time of reservation to secure your date. Registration is available online at www.NewLondonWI.org, at our office at 215 N. Shawano St., New London, WI 54961, or by calling (920) 982-8521.

S = public restrooms are open from mid May-September
 L = lighting available



Lynn Tank Agency LLC

Insurance Options for All Ages

Lynn Tank

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