



## GWINN TEEN CLINIC

50 West M-35, Gwinn, MI 49841

Phone: 906-372-4002

Fax: 906-372-4012

### MENTAL HEALTH THERAPY

The Gwinn Teen Clinic provides acute confidential mental health services to students ages 10–21 in the Gwinn School District. The services are provided in a confidential manner, in an empowering environment.

Students are often faced with many of life's challenges during their academic career. The clinic is available for the students and or family to provide assistance in these areas. The services are provided in collaboration with the school staff. The students are encouraged to achieve academic success as well as in their own lives.

The clinic is able to provide screenings for A.D.D., depression, and anxiety. Additionally students may need to discuss family, relationship issues, and academic challenges.

—Bill Tucker, LMSW

### Well Child Checks Essential for Good Health

When I was a student at GHS, we used to talk about getting 'physicals' every year. Nowadays, these visits are often called well child check-ups. The truth is, older children tend to see their healthcare provider only when they are sick and these visits tend to be focused on illness and not on prevention. Well child check-ups have that prevention focus and are designed to help kids stay healthy for a lifetime. These visits should take place once a year between the ages of 2 and 20.

The Gwinn Teen Clinic offers well child check-ups all year long. During these visits, your child will have their growth and development assessed, have a physical exam including hearing and vision screening, receive education about nutrition, exercise and safety and be counseled about tobacco, substance use and other risky behaviors. Clinic staff will also provide any needed immunizations. Parents are invited to participate in these visits and to bring along any questions they have about their child's health. Sports physical forms may also be completed at these visits.

The GTC staff wants to help your child stay healthy for a lifetime. To schedule an appointment for your child's yearly well visit, call the GTC at (906) 372-4002, Monday through Friday. And remember, the clinic will be open all summer long for your child's healthcare needs.

—Jill Magel, PA-C

### *Clinic Schedule*

Monday-Thursday  
7:30 a.m.— 3:00 p.m.

Friday  
7:30 a.m.—11:30 a.m.

The GTC is available for students ages 10–21. All students under the age of 18 must have a consent form signed by a parent or legal guardian to receive care. No one will be denied services due to inability to pay.

### **Do you know a student who needs insurance?**

The staff at the GTC are available to assist you with applying for Medicaid for your child. If you would like assistance, please call Taylor at (906) 372-4002.

### **Be the change you wish to see in the world!**

**Join the Y.A.C.**  
(Youth Advisory Council)

Call Mary Beth Carstens at:  
906-372-4002

Or stop in the GTC! (Gwinn Teen Clinic)



Visit our websites  
 Marquette County Health Department  
[www.mqthealth.org](http://www.mqthealth.org)  
 Gwinn School



## Why Try

Some students ask the question, "Why Try?". Students who can't find the answer to this question are less likely to put forth the effort needed to achieve success in their life. This program poses the question "Why Try?" then provides the answer: for **opportunity, freedom, and self-respect**. The Why Try program is a strength-based approach to helping students overcome their challenges and improve outcomes in the areas of truancy, behavior, and academics. Nearly 1.3 million students in the U.S. drop out of school each year. Students participating in Why Try were three times more likely to graduate. Part of Why Try's mission is to help students overcome their obstacles and make it to graduation day.

The Gwinn Teen Clinic is excited about bringing the Why Try program to Gwinn High School and Gwinn Middle School. Students participating will be referred by High School Principal, Kevin Luokkala, Middle School Principal, Jackie Cole, and Gwinn Schools Social Worker, Nicole Lackey.

## Services Provided

**Acute Care**  
 Same day appointment available  
 Assessment and treatment of injuries including strains, sprains and lacerations  
 Evaluation of head injuries/concussions  
 Treatment of acute minor illnesses  
 Nebulizer treatment for acute asthma  
 Management of asthma, diabetes mellitus

**Preventative Health Care**  
 Well child checks/sport physicals  
 Immunizations  
 TB tests  
 Vision / Hearing tests  
 Risk reduction education  
 Counseling for a healthy lifestyle

**Lab Tests**  
 Glucose  
 Hemoglobin  
 Strep tests  
 Mononucleosis  
 Urinalysis

**Mental Health Services**  
 Alcohol education  
 Tobacco treatment

### HPV

The HPV vaccine can help protect boys and girls from developing certain cancers as adults... Like cervical, head, and neck cancers. The vaccine is recommended for both boys and girls beginning at age 11.

#### Why vaccinate against HPV at 11-12 years of age?

- The vaccine produces better immunity to fight infection when given at younger ages, compared with older ones.
- Most men and women will contract at least one HPV in their lifetime.

#### How can I get my child the HPV vaccine?

Contact your local health care provider or call the Gwinn Teen Clinic at (906) 372-4002, to receive vaccination information. We participate in the VFC (vaccines for children) program and offer all vaccines to children


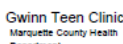



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**GET THE FACTS. GET THE SHOT!**

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 Gwinn Teen Clinic  
 Marquette County Health Department  
 906-372-4002



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**Bill Tucker** LMSW Mental Health Therapist, Gwinn Teen Clinic

**Mary Beth Carstens** RN, Program Coordinator

**Taylor McClelland** Secretary, Gwinn Teen Clinic

Staff Listings