

Recovery Support Resources



Support for Individuals

Alcoholics Anonymous (AA)

“Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.” - Alcoholics Anonymous

District 18 (most of Madison County and the surrounding area)

Visit: <https://aa-district18.org/> OR Call: 800-307-6600 OR 618-251-4000

District 14 (most of St. Clair County and the surrounding area)

Visit: <https://www.aa-district14.org/> OR Call: 800-307-6600 OR 618-251-4000

Narcotics Anonymous (NA)

“NA is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs.” – Narcotics Anonymous

Visit: <https://www.na.org/> OR Call: 618-398-9409

Celebrate Recovery

“Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain or addiction of any kind. Celebrate Recovery is a safe place to find community and freedom from the issues that are controlling our life. ”—Celebrate Recovery

Visit: <https://www.celebraterecovery.com/> OR Call: 618-463-2407

Recovery Dharma

“Recovery Dharma is a peer-led, grass-roots, democratically-structured organization. Our mission is to support individuals on their path of recovery from addiction using Buddhist practices and principles.”—Recovery Dharma

Visit: <https://recoverydharma.org>

Recovery Dharma offers on-line meetings. As of June 2020, there are no Recovery Dharma meetings in Madison or St. Clair Counties.

Refuge Recovery

About: “Refuge Recovery is a non-profit organization grounded in the belief that Buddhist principles and practices create a strong foundation for a path to freedom from addiction.” – Refuge Recovery

Visit: <https://refugerecovery.org/>

As of June 2020, there are no Refuge Recovery meetings in Madison or St. Clair Counties.

Gamblers Anonymous (GA)

“GAMBLERS ANONYMOUS is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem.” – Gamblers Anonymous

Visit: <http://www.gamblersanonymous.org/ga/>

Support for the Family

Al-anon and Alateen

“Al-Anon is a mutual support program for people whose lives have been affected by someone else’s drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help.”—Al-anon and Alateen

Visit: <https://al-anon.org/newcomers/what-is-al-anon-and-alateen/>

Nar-anon

“The Nar-Anon Family Groups is primarily for those who know or have known a feeling of desperation concerning the addiction problem of someone very near to you. We have traveled that unhappy road too, and found the answer with serenity and peace of mind.” – Nar-Anon

Visit: <https://www.nar-anon.org/>

Amare, NFP

“We are a non-clinical, peer-led Recovery Community Organization that offers recovery support services, education, awareness, guidance, and hope to Madison County, Illinois.”--Amare

Visit: <https://amarefp.org/> OR Call: 618-741-7669

Parents of Addicted Loved Ones (PAL)

“We help thousands of parents, spouses, and families gain support while dealing with the pain of having an addicted loved one.”—PAL

Visit: <https://palgroup.org/>

Support for Those in Grief

Grief Recovery after a Substance Passing (GRASP)

“Grief Recovery After Substance Passing (GRASP) was created to offer understanding, compassion, and support for those who have lost someone they love through addiction and overdose.” – GRASP

Visit: <http://grasphelp.org/>

As of June 2020, there are no GRASP meetings in Madison or St. Clair Counties.

Support for All

The Illinois Warm Line

“The Warm Line is a new opportunity in Illinois for persons with mental health challenges and their families to receive support by phone. Peer and Family Support Specialists are professionals who have experienced mental health recovery in their own lives as an individual or family member. They have been trained in recovery support, mentoring, and advocacy and are ready to listen and help you. The warm line is not a crisis hotline, but is a source of support as you recover or help a family member to recover.”—The Illinois Warm Line

Call: 1-866-359-7953 OR TTY: 1-866-880-4459

As of May 2020, the Warm Line hours have been expanded to Monday through Saturday, 8 am-8 pm. This line welcomes anyone ages 12 and up.

This resource list was compiled by the Treatment & Recovery Work Group, a sub-committee of the Partnership for Drug-Free Communities. Updated 6-1-2020

Visit: <https://partnershipdrugfree.org/> OR CONTACT: treatmentandrecoveryworkgroup@gmail.com