

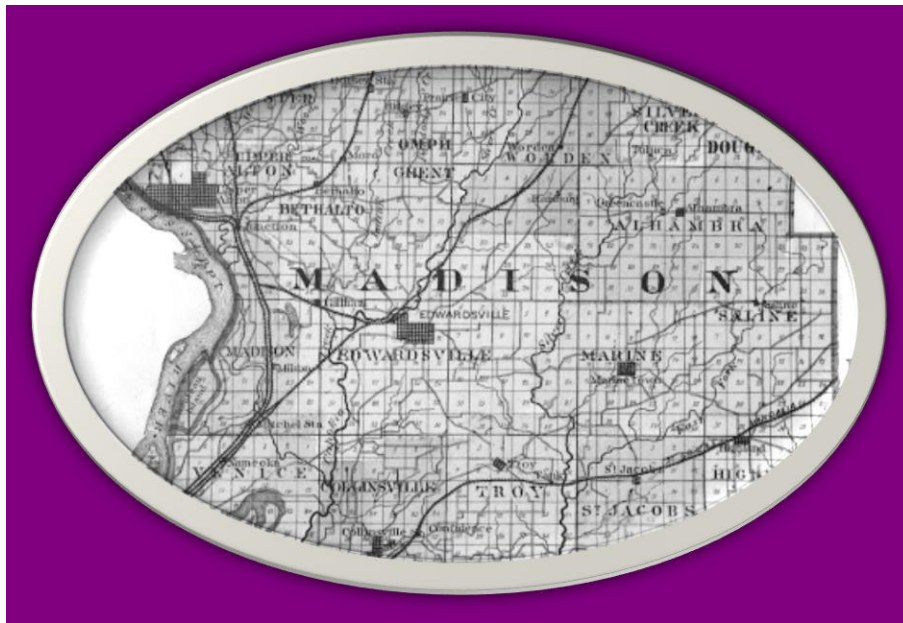


**MADISON COUNTY  
MENTAL HEALTH BOARD**



**2022-2023**

**Resource Directory**



## INTRODUCTION

### Madison County Mental Health Board Mission Statement

"To assure the availability of a comprehensive system of community mental health services for residents of Madison County who are affected by mental illness, Intellectual/developmental disabilities or substance use disorder."

In 2020, the Madison County Mental Health Board completed a Community Needs Analysis. Interviews with local key informants revealed that one of the strengths of Madison Counties is that there are a wide array of behavioral health and other community support services. However, the key informants also addressed that the community at large is not aware of the services that exist. It was an added concern that the lack of knowledge of local services impacts every aspect of an individual finding, navigating, accessing, and receiving appropriate behavioral health care.

With the findings of the Needs Analysis, the Mental Health Board established the 2021 Strategic Plan to include a goal to increase public awareness of the behavioral health treatment and support services available to Madison County residents. Through the dedicated work of Elizabeth Kalous, Graduate Intern, Southern Illinois University, Edwardsville this Behavioral Health Resource Directory is being presented. The Resource Directory will be distributed and followed by community presentations to further educate the public and consumers and their families to increase awareness about where they can turn when finding themselves in need of mental health, substance use disorder, or intellectual/developmental disability services and supports.

## **MADISON COUNTY EMERGENCY & CRISIS INFORMATION**

If you are in immediate harm, **Call 911**.

If you are experiencing suicidal thoughts or feelings, call the **National Suicide Prevention Hotline: 988** (qualified 24/7 responders confidentially serve all veterans as well)

If you are experiencing a mental health crisis, call one of two Madison County Mental Health Crisis Lines:

Centerstone of Illinois, Inc. **24 Hour Crisis Line: 618-465-4388**

Chestnut Health Systems **24 Hour Crisis Line: 1-618-877-0316**

Substance Abuse and Mental Health Services Administration (SAMSHA) provides immediate crisis counseling for anyone experiencing natural or human-caused disaster. Call the **Disaster Distress Hotline: 1-800-985-5990**

For more referrals to health and human services and other social assistance programs, call the United Way of St. Louis & Metro East: **211 Line**

Many services have been impacted by COVID and hours may be different given the current climate, please call providers to confirm information if needed.

# Table of Contents

## Section I. Mental Health

Crisis Services/Supports.....	1
Adult Inpatient and Outpatient Services.....	2
Child and Family Services.....	5
Counseling Services.....	7
Court/Legal Services.....	9
Support Services/Groups.....	10

## Section II. Substance Use-Addiction/Recovery

Crisis Services/Hotlines.....	12
Counseling/Detox, Residential Treatment Services.....	12
Court/Legal Services.....	16
Support-Recovery Groups.....	16

## Section III. Intellectual/Developmental Disabilities

Crisis Services.....	17
General Support Services.....	17
Court/Legal Services.....	20
Support Services/Groups.....	20

## Section IV. Specialized Counseling & Treatment

Children’s Neglect and Abuse.....	21
Gambling Addiction Services and Supports.....	22
Domestic Violence.....	22
Sexual Assault.....	22

## Section V. Senior Services

Crisis Services/Hotlines.....	23
Counseling/Support Services.....	23
Court/Legal Services.....	26

## Section VI. Veterans Services

Crisis Services/Hotlines.....	26
Counseling/Support Services.....	27
Court/Legal Services.....	27

## Section VII. Community Resources

Service Referrals.....	28
Court/Legal Services.....	28
Employment Training.....	30
Food Programs and Pantries.....	30
General Assistance.....	33
Housing/Shelters.....	35
Support Services/Groups.....	38
On-Line Counseling, Apps, and more .....	39
School Based Services.....	38

# MENTAL HEALTH

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## Crisis Services/Supports

**Centerstone Crisis Line for Illinois:** 855-608-3560

Crisis intervention services, 24 hours 7 days a week  
2615 Edwards Street  
Alton, IL 62002

**Chestnut Health Systems-Crisis Hotline:** 618-877-0316

Crisis intervention services, 24 hours 7 days a week, Monday-Friday 8:00-5:00PM-

**Two Locations:**

50 Northgate Industrial Drive, Granite City, IL  
Granite City, IL 62040  
618-877-4420

12 North 64<sup>th</sup> Street  
Belleville, IL 62223  
618-877-4420

**Comprehensive Behavioral Health Center:** 618-482-7330

505 South 8<sup>th</sup> Street, East Saint Louis, IL 62201

**Farm and Rural Stress Hotline:** 800-691-4336 Confidential and available 24/7

**IL Warm Line:** 866-359-7953

Free phone support for anyone living in IL emotional support, recovery education, referrals

**National Alliance on Mental Illness (NAMI) Helpline:** 1-800-273-8255

**SASS CARES for KIDS:** 1-800-345-9049

**Screening, Assessment and Support Services (SASS)**, is a crisis mental health service program for children and adolescents, who are experiencing a psychiatric emergency TTY: 1-773-523-4504

**Sexual Assault Crisis Line:** 618-397-0975

Sexual assault crisis services, 24 hours 7 days a week

**Suicide Prevention Lifeline:** 988

**Trevor Lifeline:** 1-866-488-7386

For LGBTQ youth in crisis, feeling suicidal, or in need of a safe and judgement-free place to talk

**The National Domestic Violence Hotline:** 1-800-799-SAFE (7233)

**The Living Room at Call for Help:** 618-397-0968 Ext 109

Immediate help with mental health concerns, crisis situations, or everyday difficulties  
9400 Lebanon Road, East Saint Louis, IL 62203

**Veterans Crisis Line:** 988

Caring, qualified 24/7 responders confidentially serve all veterans, service members, National Guard and reserve, and their family and friends.

## Adult Inpatient and Outpatient Services

**Alton Mental Health Center:** 618-474-3800

Inpatient mental health rehab that focuses on helping individuals recover from various mental illnesses. Trained mental health professionals to understand and treat mental health issues, both in individual and group settings.

4500 College Avenue  
Alton, IL 62002

**Behavioral Health Alternatives:** 618-251-4073

Therapy counseling and skill building  
337 East Ferguson Avenue  
Wood River, IL 62095  
Monday-Friday 8:30AM-4:30PM

**Call for Help:** 618-397-0968

Many different services available including counseling, a community stabilization program, and crisis intervention  
9400 Lebanon Road  
East Saint Louis, IL

**Call for Help Community Stabilization Program:** 618-397-0977

Many services available including offering a healthy environment to work on mental health and substance abuse recovery  
9400 Lebanon Road  
East Saint Louis, IL

**Catholic Charities:**

Outpatient counseling services provided to individuals, couples and families

**Two Locations:**

3512 McArthur Blvd.  
Alton, IL 62002  
618-462-0634

1821 Edison Ave.  
Granite City, IL 62040  
618-877-1184

**CenterPointe Hospital:** 618-391-9766

Acute inpatient and outpatient treatment for adolescents, adults and seniors who have been suffering mental or behavioral health challenges

6805 State Rd 162  
Maryville, IL 62062

**Centerstone of Illinois:** 877-HOPE123 (877-467-3123)

Behavioral health services for children, adults, foster care, and families  
2615 Edwards Street  
Alton, IL 62002  
Walk-In Hours: Monday-Friday 9:00AM-2:00PM

**Chestnut Health Systems**

Outpatient, psychiatric services, co-occurring disorders, adult group services, immediate access for those who want an assessment. Monday-Friday 8:00AM-5:00PM

**Two Locations:**

50 Northgate Industrial Drive,  
Granite City, IL 62040  
618-877-4420

12 North 64<sup>th</sup> Street,  
Belleville, IL 62223  
618-877-4420

**Gateway Regional Medical Center Behavioral Health Services:** 618-798-8155

Intensive outpatient services  
2100 Madison Avenue  
Granite City, IL 62040  
Monday-Friday 8:00AM-4:00PM

**Heartlinks Grief Center at Family Hospice:** 618-277-1800

Services for grieving children, individuals, and families  
5110 W Main Street  
Belleville, IL 62226  
Monday-Friday 8:30AM-4:30PM

**Highland Area Christian Service Ministry (HACSM):** 618-654-9295

Individual and family counseling, counseling referrals  
900 Chestnut Street  
Highland, IL 62249  
Monday-Thursday 8:30AM-12:30PM

**HSHS St Joseph's Hospital Senior Renewal** Outpatient psychiatric services for seniors

**Two Locations:**

12866 Troxler Ave  
Highland IL 62249  
618 651-2941

14160 Jamestown Rd  
Breese IL 62230  
618 526-579

**Intensive Outpatient Program Centers:** 618-656-7064

Intensive outpatient services, individual, family, and educational classes  
2 Club Centre Court  
Edwardsville, IL 62025

**Karla Smith Foundation: Behavioral Health:** 618-624-5771

Individual & family therapy, group support, intervention, life coaching, & other services  
200 North Lincoln Avenue  
O'Fallon, IL 62269  
Monday-Friday 8:00AM-5:00PM

**McKinley Behavioral Health Center:** 618-452-4969

Behavioral health services available including family counseling  
2166 Madison Avenue  
Granite City, IL 62040  
Monday-Friday 7:00AM-5:00PM

**Medication Plus Program (Chestnut Health Systems)**

Behavioral Health Services are made available while taking medication for psychiatric concern(s)

**Two Locations:** Monday-Friday 8:00AM-5:00PM

50 Northgate Industrial Drive  
Granite City, IL 62040  
618-877-4420

12 North 64<sup>th</sup> Street  
Belleville, IL 62223  
618-877-4420

**NAMI Southwestern Illinois:** 618-798-9788

Mental health recovery services for individuals and their families living with mental illness. Including support groups, education and advocacy.

2100 Madison Avenue 4<sup>th</sup> Floor  
Granite City, IL 62040

Monday-Friday 9:00AM-8:00PM <https://namiswi.org/>

**OSF Behavioral Health Navigation Link:** 833-713-7100 or 309-308-8150

Behavioral Health Navigators, trained support staff assist in addressing barriers to accessing care, understanding and connection to available resources problem-solving barriers to obtaining services and understanding insurance coverage and benefit information. The Navigation Link, SilverCloud, offers online CBT based program for persons 18 years & older to manage depression, anxiety, and stress.  
<https://one.osfhealthcare.org/sites/Corporate/Depts/BehavioralHealth/Pages/Navigation Link.aspx>

**OSF Saint Anthony's Health Center Psychological Services:** 618-474-6240

Offers outpatient individual, group and family therapy to seniors, adults, adolescents and children age 6+. Specializing in counseling, evaluation and consultation for behavioral – mental health issues

1 Saint Anthony's Way, Fourth Floor  
Alton, IL 62002

<https://Osfhealthcare.org/mental-health>

<https://www.osfhealthcare.org/mental-health/services/therapy/>

**Owens & Associates Counseling & Therapy Center, LLC:** 618-551-1777

Servicing ages 3-100\* all mental health needs, life changes, relationship needs, and trauma. Working with the growing needs of our community creating groups for substance use support, returning to school skills, parenting techniques and more.

850 Vandalia St, Suite 200, Collinsville, IL 62234



**Riverbend Family Ministries:** 618-251-9790

Holistic programs, healing therapy, parent education and training, and many other services available  
131 East Ferguson Avenue  
Wood River, IL 62095

**Southern Illinois Healthcare Foundation Behavioral Health**

An array of individual, family, or group therapy are available, providers specialize in a variety of behavioral health conditions and concerns for patients of all ages.

**Five Locations:**

# 2terminal Dr. Suite 8

East Alton, IL 62024

618-259-0365

Monday-Friday 8:30AM-4:30PM

2166 Madison Ave.

Granite City, IL 62040

618-452-4969

Monday-Friday 7:00AM-5:00PM

4 Memorial Drive Building B Suite 210

Alton, IL 62002

618-463-5905

Monday - Friday 7:00AM-5:00PM

7210 W Main Street

Belleville, IL 62223

618-398-9850

Monday-Friday 8:30AM-5:00PM

**Touchette Regional Hospital Behavioral Health and Wellness:** 618-332-4038 (intake)

618-332-3060 (main office)

Outpatient and inpatient care

5900 Bond Avenue

Centreville, IL 62207

**Treatment Alternatives for Safe Communities (TASC):** 618-656-7672

Connect individuals who have substance use or mental health issues to treatment and services

340 S Fillmore Street

Edwardsville, IL 62025

**Psychology Today:** For a list of local Therapists, Psychologists, Psychiatrist and Counselors, visit: [Find the Best Therapists and Psychologists in Madison County, IL - Psychology Today](#)

## Child & Family Services

**SASS CARES for KIDS:** 1-800-345-9049

**Screening, Assessment and Support Services (SASS)**, is a crisis mental health service program for children and adolescents, who are experiencing a psychiatric emergency TTY: 1-773-523-4504 add to crisis

**Centerstone of Illinois:** 1-877-HOPE123 (1-877-467-3123)

Counseling services available for ages 4 and older, including foster children, individual and family

2615 Edwards Street

Alton, IL 62002

### **Chestnut Health Systems**

A full array of outpatient child & adolescent mental health and substance abuse, family, school, and juvenile justice mental health services.

#### **Two Locations:**

50 Northgate Industrial Drive, Granite City,  
IL 62040  
618-877-4420  
Monday-Friday 8:00AM-5:00PM

12 North 64<sup>th</sup> Street, Belleville, IL 62223  
618-877-4420  
Monday-Friday 8:00AM-5:00PM

### **Children's Home and Aid**

Counseling and treatment for children and their families to include, trauma, homeless, runaway, transitional, and juvenile justice involved youth. Programs: CCBYS, Basic Center, Redeploy IL, Foster & Adoptive Care, Parents Care & Share, Parenting and Child Care Education Program.

#### **Two Locations:**

2133 Johnson Road  
Granite City, IL 62040  
800-847-6770  
Monday-Friday 8:30AM-5:00PM

6 Crossroads Court  
Alton, IL 62002  
618-462-2714  
Monday-Friday 8:30AM-4:30PM

### **Education Therapy Center:** 618-296-4530

A public special treatment school providing special education services and recreational therapy for severe behavior disordered adolescents  
157 N. Main Street, Suite 438  
Edwardsville, IL 62025

### **Hoyleton Youth and Family Services:** 618-688-4727

Counseling Services-Therapists and social workers provide individual and family counseling for youth and adolescents in-home, office or community-based at worship and community centers or schools. Puentes De Esperanza-Helps Spanish speaking residents in Madison County with family, community and translation support.  
228 N 6<sup>th</sup> Street  
Wood River, Illinois 62095

### **Lincoln Prairie Behavioral Health Center:** 217-585-1180

Inpatient youth behavioral health treatment with broad range of psychiatric and behavioral concerns  
5230 South 6<sup>th</sup> Street Road  
Springfield, IL 62703  
Open 24 hours/7days a week

### **Madison County Child Advocacy Center:** 618-296-5390

Counseling to help children find a voice in response to child abuse  
101 East Edwardsville Road  
Wood River, IL 62095 Monday-Friday 8:30AM-  
4:30PM [www.madco-cac.org](http://www.madco-cac.org)

**Mental Health Juvenile Justice (Chestnut Health Systems):** 618-877-4420

The Mental Health Juvenile Justice program (MHJJ) provides support to families addressing significant mental health issues to avoid re-arrest and further detention.

50 Northgate Industrial Drive  
Granite City, IL 62040

**NAMI Southwestern Illinois:** 618-798-9788

Mental health recovery services for individuals and their families living with mental illness. Including support groups, education and advocacy.

2100 Madison Avenue 4<sup>th</sup> Floor  
Granite City, IL 62040

Monday-Friday 9:00AM-8:00PM <https://namiswi.org/>

**National Parent Helpline:** 855-4A.PARENT, (1-855-427-2736)

Emotional support from a trained advocate and become empowered and a stronger parent

**National Runaway Safeline:** 1-800-RUNAWAY, (1-800-786-2929) or text 66008

24/7 availability to support runaway and homeless youth and youth who are thinking of running away. NRS will listen to your story and give reliable, confidential support

**Refuge:** 618-251-9790 ext. 205

Evidence-based treatment models which incorporate individual, family, and group therapy to address each family's unique needs and strengths. Works to prevent childhood exposure to violence and abuse through direct therapeutic work with families.

131 East Ferguson Avenue  
Wood River, IL 62095

**Riverbend Family Ministries SOAR Program:** 618-251-9790

S.O.A.R. (Students learning the Ongoing Approach to Resilience) is designed to be a 10-session weekly psychoeducation group

131 East Ferguson Avenue  
Wood River, IL 62095

## Counseling Services

**Alternative Counseling**

Counseling, therapy, and evaluations to individuals, groups, and families

**Two Locations:**

88 South Main Street  
Glen Carbon, IL 62034  
618-288-8085

307 Henry Street #100  
Alton, IL 62002  
618-288-8085

**Belleville Pediatric and Adolescent Health Center:** 618-233-3205

Counseling services  
2900 Frank Scott Parkway W Suite 950  
Belleville, IL 62223  
Monday-Friday 8:30AM-5:00PM

**Bethalto Health Center: Behavioral Health:** 618-259-0365

Counseling services for a variety of behavioral health concerns and conditions  
2 Terminal Drive Suite 8  
Bethalto, IL 62024  
Monday-Thursday 7:00AM-5:30PM

**Centerstone of Illinois:** 877-HOPE123 (877-467-3123)

Counseling services for ages 4 and older including individual, family and couples  
2615 Edwards Street  
Alton, IL 62002  
Monday –Friday 8:00AM-5:00PM

**Chestnut Health Systems:**

Counseling for marriage, family therapy, children, domestic violence

**Two Locations:**

50 Northgate Industrial Drive, Granite City,  
IL 62040  
618-877-4420  
Monday-Friday 8:00AM-5:00PM

12 North 64<sup>th</sup> Street, Belleville, IL 62223  
618-877-4420  
Monday-Friday 8:00AM-5:00PM

**Family Life Consultants:** 618-345-9536

Individual counseling, family counseling, group counseling, community education, professional training, and mental health programs for the community available for children, adolescents, and adults  
2014 Vandalia Street  
Collinsville, IL 62234

**Highland Area Christian Service Ministry (HACSM):** 618-654-9295

Highland residents, call for referrals to local counseling services  
900 Chestnut Street  
Highland, IL 62249  
Monday-Thursday 8:30AM-12:30PM

**Madison County Catholic Charities**

Professional Counseling Solutions  
Therapeutic services are provided to individuals, couples, and families by licensed professionals and focus on helping clients cope with life's challenges in order to return to their optimum level of functioning. Services are based on a sliding fee scale and clients are not refused due to their inability to pay. Insurance is accepted.  
[www.cc.dio.org](http://www.cc.dio.org)

**Two Office Locations:**

3512 McArthur Boulevard  
Alton, IL 62002  
618-462-0634 Ext. 233

1821 Edison Avenue  
Granite City, IL 62040  
618-877-1184 Ext. 204

**McKinley Behavioral Health Center:** 618-452-4969

Behavioral health services and family counseling  
2166 Madison Avenue  
Granite City, IL 62040

**New Leaf Counseling:** 618-980-2358

Counseling services  
3 Oak Drive, Suite B  
Maryville, IL 62062  
Monday & Wednesday 9:00AM-5:00PM Tuesday & Thursday 10:00AM-5:00PM Friday 10:00AM-3:00PM

**OSF Saint Anthony's Health Center Psychological Services:** 618-474-6240 (Phone)

Behavioral – mental health outpatient counseling, evaluation and consultation, individual, group and family therapy. Children 6+, adolescents, adults & seniors.  
1 Saint Anthony's Way, Fourth Floor  
Alton, IL 62002

**Refuge:** 618-251-9790 ext. 203

Evidence-based treatment models which incorporate individual, family, and group therapy to address each family's unique needs and strengths. Works to prevent childhood exposure to violence and abuse through direct therapeutic work with families 131 East Ferguson Avenue  
Wood River, IL 62095

**Windsor Health Center:** 618-274-9105

Counseling Service  
100 North 8<sup>th</sup> Street #238  
East Saint Louis, IL 62201  
Monday-Friday 8:30AM-5:00PM

## Court/Legal Services

**Alternative Court Program (Chestnut Health Systems):** 618-877-4420 A diversionary

program for first time offenders who have an alcohol and/or other drug, or mental health problem.  
50 Northgate Industrial Drive  
Granite City, IL 62040  
Monday-Friday 8:00AM-5:00PM

**CASA-Court Appointed Special Advocates, Southwestern Illinois:** 618-234-4278

Supports and promotes court-appointed volunteer advocacy so every child who has experienced abuse or neglect can be safe, have a permanent home, and the opportunity to thrive

**Gift of Voice | Recovery Resource Center:** [office@giftofvoice.com](mailto:office@giftofvoice.com) |

Email to request an appointment. Supportive services for individuals with mental health conditions provided by professionals in recovery. Individual Consultation and Group Classes for individuals with mental health and legal challenges, phone support available for persons under house arrest  
903 N. 2nd St., Ste. B  
Edwardsville, IL 62025

**Guardianship and Advocacy Commission:** 618-474-5503

The Office of State Guardian handles the personal, financial, and legal affairs of developmentally disabled, mentally ill and elderly persons with disabilities.  
4500 College Avenue Suite 100  
Alton, IL 62002

**Mental Health Juvenile Justice (Chestnut Health Systems):** 618-877-4420

Acknowledges the unique challenges children and families face in the event of juvenile justice involvement. Goals that address significant mental health issues and thus avoid re-arrest and further detention  
50 Northgate Industrial Drive  
Granite City, IL 62040  
Monday-Friday 8:00AM-5:00PM

**Mental Health Treatment Court:** 618-692-8961

Supports individuals who have a mental health diagnoses and have committed a criminal offense that s criteria for special court programming-treatment services.  
509 Ramey Street, Suite 304  
Edwardsville, IL 62025  
Monday-Friday 8:30AM-4:30PM

## Support Services/Groups

**Calvary Baptist Church-Calvary Cares:** 465-4357

Grief Support  
1426 Washington Avenue  
Alton, IL 62002  
Sundays January 31, 2021-May 2, 2021 at 2:00PM

**Community Hope Center:** 618-251-8021

Please call to schedule your appointment for services. Guests may receive food and shop in the free store every-other week along with many additional amenities.  
1201 Hope Center Ln  
Cottage Hills, IL 62018  
Monday, Wednesday, Friday between 9 am – 1 pm

**Gift of Voice | Recovery Resource Center:** [office@giftofvoice.com](mailto:office@giftofvoice.com) |

Email to request an appointment. Supportive services for individuals with mental health conditions provided by professionals in recovery. Individual Consultation and Group

**Heartlinks Grief Center at Family Hospice:** 618-277-1800

Individual and family counseling, group support and community education programs for grieving individuals regardless of their ability to pay.

5110 W Main Street  
Belleville, IL 62226

**Karla Smith Foundation: Behavioral Health:** 618-624-5771

Mental Illness Family Support Group: Focus on nine strategies for coping with the mental health problems of a love one. Suicide Survivor Family Support Group: Help in coping with common grief emotions to help identify current feelings of the suicide loss of a loved one

200 North Lincoln  
O'Fallon, IL 62269

Monday-Friday 8:00AM-5:00PM [www.karlasmithbehavioralhealth.org](http://www.karlasmithbehavioralhealth.org)

**NAMI Support Groups:** 618-798-9788

Mental health support groups for individuals and their families living with mental illness.

**Family Support Group**

Open to families and friends of persons with a mental health condition.

1<sup>st</sup> Thursday of each month, 7-8:30 PM  
(Zoom only)

Contact: [silverlining6@charter.net](mailto:silverlining6@charter.net) for a link to this meeting

3<sup>rd</sup> Thursday of each month, 6:30 – 8:00 PM  
(In-person only)

St. Matthew's United Methodist Church  
1200 Moreland Dr.

Belleville, IL 62223

Contact: [diane.bski@live.com](mailto:diane.bski@live.com)

2<sup>nd</sup> Wednesday of each month, 7-8:30 PM  
(In-person and Zoom)

Heights Community Church

2227 Vandalia

Collinsville, IL 62234

Contact: Kelly Jefferson,

[kellyjefferson@charter.net](mailto:kellyjefferson@charter.net)

4<sup>th</sup> Thursday of each month, 7-8:30 PM

Facilitators: Pat Rudloff and Beverly Churchill

Contact: Pat Rudloff,

[silverlining6@charter.net](mailto:silverlining6@charter.net) for link to this meeting

**Peer to Peer Support Groups**

Support group to all adults with mental health conditions working towards recovery.

Every Wednesday, 6:30PM-8:00PM (Zoom only)

Click

<https://us02web.zoom.us/j/5757670313> for Zoom link.

1<sup>st</sup> Saturday of each month, 1:00PM (In-person)

LINC office

#15 Emerald Terrace

Swansea, IL 62226

**En Espanol-NAMI Illinois**

NAMI Statewide Spanish Connection & Family Support Group Meetings via Zoom. Groups. Contact:

[Support@namiillinois.org](mailto:Support@namiillinois.org)

# SUBSTANCE USE-ADDICTION/RECOVERY SERVICES

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## Crisis Services/Hotlines

**Alcoholics Anonymous 24-Hour Help Line:** 1-800-711-6375

**Bethany Place:** 618-234-0921

Bethany Place is the largest non-profit, community based ASO (AIDS Service Organization) in the Metro East area of St. Louis. We are also a bridge between patients and treatment centers for those suffering from opioid addiction. Call us, trust us. We are here to help.

**Drug Rehabs.org:** 877-882-9275

National Non Profit Helpline is a 24/7, 365-day-a-year treatment referral and information service for individuals and families faced with mental and/or substance use disorders.

**IL Helpline for Opioids and other substances:** 833-2FINDHELP (833-234-634357) [www.helplineil.org](http://www.helplineil.org)

**Narcan Help** [www.HelpLineIL.org](http://www.HelpLineIL.org)

1-800-ToFindHelp

Free NARCAN call 618-512-1781

**Provident Life Crisis Services 24 Hour Line:** 314-647-HELP (4357)

**The Substance Use and Mental Health Services Administration (SAMHSA):** 1-800-662-4357

National helpline to find substance use treatment and information

**Touchete Hospital Addiction Hotline:** 618-332-4038 (24/7)

## Counseling/Detox, Residential Treatment Services

**Alcoholic Rehabilitation Community Home (ARCH):** 618-877-4987

Extended residential treatment

1313 21<sup>st</sup> Street

Granite City, IL 62040

Monday-Friday 8:00AM-4:30PM

**Alton Memorial Hospital, Center for Behavioral & Addiction Medicine:** 618-463-7780

Medically monitored detoxification from alcohol, opioids, and benzodiazepines.

Inpatient/Outpatient. Open 24/7

1 Memorial Drive

Alton, IL 62002



**Amare, NFP:** 618-741-7669

Non-clinical, peer led Recovery Community Organizations offers recovery support services, education, resource information, awareness, guidance, and hope.

144 E Ferguson Avenue  
Wood River, IL 62095

**Aviary Recovery Center:** 888-900-1293

24 hour admissions line. Intensive outpatient, partial hospitalization and residential program.

22933 Hwy. 61  
Eolia, MO 63344

**Call for Help Community Stabilization Program:** 618-397-0977

Offering a healthy environment to work on substance abuse recovery

9400 Lebanon Road  
East Saint Louis, IL 62203

**Centerstone of Illinois:** 1-877-HOPE123 (1-877-467-3123)

Substance use services include outpatient and intensive outpatient programs, Medication Assisted Treatment, detox and residential

2615 Edwards Street  
Alton, IL 62002

**Fellowship House Campus:** 1-618-833-4456 and 1-877-HOPE123 (1-877-467-3123)

Medically Monitored Detox, residential treatment

800 North Main Street  
Anna, IL 62906

**Chestnut Health Systems:** 618-877-4420

Residential/Inpatient Detox Services, Intensive Outpatient, Outpatient, Substance Abuse, Primary Healthcare, Psychiatric & Behavioral Health Services and Professional Services for all ages

**Two Locations:**

50 Northgate Industrial Drive  
Granite City, IL 62040  
Monday-Friday 8:00AM-5:00PM

Maryville HUB: 618-288-3100  
2148 Vadalabene Drive  
Maryville, IL 62062

**Comprehensive Behavioral Health Care:** 618-482-7330

Methadone services, outpatient, inpatient services

505 South 8<sup>th</sup> Street  
East Saint Louis, IL 62201

**Continuing Recover Center:** 217-533-4441

Long term recovery house  
202 West Central Street  
Irving, IL 62051

**Gateway Foundation:** 618-310-0724

Detox, inpatient, outpatient (check with specific locations, 8 others in IL)  
600 W Lincoln Avenue  
Caseyville, IL 62232

**Harris House:** 314-627-5541

Inpatient, outpatient, long term residential, transitional housing program  
2706 South River Road  
Saint Charles, MO 63303  
Open 24/7

**Healthy Families and Babies Program:** 618-877-4420

Services for pregnant women including concerns about opioid use

**Heritage Behavioral Health Center:** 217-362-6262

Detox, Inpatient, Outpatient, Methadone  
151 North Main Street  
Decatur, IL 62523  
Monday-Friday 8:00AM-5:00PM

**Intensive Outpatient Program Centers:** 618-656-7064

Intensive outpatient services including mental health, court/ legal services, and educational classes.  
2 Club Centre Court  
Edwardsville, IL 62025  
Monday- Friday 9:00AM-6:00PM

**Mission Teens: First Fruits MBTC:** 618-498-3560

Faith based rehabilitation center  
28251 IL-16  
Jerseyville, IL 62052

**Missouri Network for Opiate Reform and Recovery:** 844-732-3587

Assist those struggling with substance abuse through education, legislative reform, harm reduction, family support, resources for detox and treatment placement, and continued support through the recovery process  
4022 South Broadway  
Saint Louis, MO 63118

**New Vision at Gateway Regional Medical Center:** 618-358-0200

Substance abuse, dependency, medical stabilization service  
2100 Madison Avenue  
Granite City, IL 62040  
Monday-Friday 8:00AM-5:00PM

**Partnership for Drug-Free Communities:** [PartnershipDrugFree.org](http://PartnershipDrugFree.org)

Individuals can also find a comprehensive list of substance use resources at the Partnership website.

**Prevent-Ed:** 314-962-3456

Education, intervention, and advocacy  
9355 Olive Boulevard  
Saint Louis, MO 63132  
Monday-Friday 9:00AM-5:00PM

**Preferred Family Healthcare:** 636-224-1600

Adult substance abuse, medicated treatment  
14426 South Outer 40  
Chesterfield, MO 63144

**Recovery 360:** 314-435-4274

Array of clinical services including making a recovery plan and monthly seminars  
13610 Barrett Office Drive, Suite 104  
Ballwin, MO 63021

**Saint Louis Metro Treatment Center New Season:** 314-423-7030

Methadone, suboxone  
9733 Saint Charles Rock Road  
Breckenridge, MO 63114

**Salvation Army Harbor Light Center:** 314-652-3310

Social detox, not medical, inpatient (call for availability)  
3010 Washington Blvd  
Saint Louis, MO 63103

**Salvation Army Adult Rehabilitation Center:** 314-535-0057

Inpatient treatment, long term recovery programs  
3949 Forest Park Avenue Saint Louis, MO  
63108

**SSM Health Stabilization Service:** 888-949-7150

Helps individuals 18+ medically manage their withdrawal symptoms from alcohol and opiates

**SIHF Health Center:** 618-274-9105

Substance abuse services available  
100 N 8<sup>th</sup> Street #238  
East Saint Louis, IL 62201  
Monday-Friday 8:00AM-5:00PM

**Touchette Regional Hospital:** 618-332-5403

Medical stabilization services  
5900 Bond Avenue  
Centreville, IL 62207

## Court/Legal Services

### **Alternative Drug Court Program (Chestnut Health Systems):** 618-877-4420

A diversionary program for first time offenders who have an alcohol and/or other drug, or mental health problem.

50 Northgate Industrial Drive

Granite City, IL 62040

Monday-Friday 8:00AM-5:00PM

## Support-Recovery Groups

### **Addiction Loss Grief Group:** 618-277-1800

Grief group for adults dealing with the loss of a loved one to addiction-related causes.

Meetings are held at Heartlinks on the 2<sup>nd</sup> Tuesday of the month from 6:30 to 8:00 pm

Heartlinks Grief Center

5110 Main St.

Belleville, IL 62226.

### **Al-Anon:** 618-463-2429 (Alton Area)

Al-Anon family groups information line 1-888-425-2666 or 1-800-356-9996

For family and friends of alcoholics

### **Alcoholics Anonymous:** 618-251-4000, Metro-East Area: 314-647-3677

District 18 Madison County 12 step meetings

24-hour Help Line: 1-800-711-6375, Meeting locator: 800-307-6600

409 Broadway Avenue #C1, South Roxana, IL 62087

Monday-Friday 9:00AM-5:00PM

**Alton Memorial Hospital, Center for Behavioral and Addiction Medicine:** 618-463-7780 Access to Peer Recovery Specialists 24 hours a day. Linkage to treatment and other community resources, medication assisted treatment (MAT). Patient-centered treatment planning including supports. Open 24/7  
1 Memorial Drive, 2<sup>nd</sup> Floor Olin Wing Alton, IL 62002

### **Amare, NFP:** 618-780-4843

Employment coaching, transitional support, family support, recovery support specialist and coaches and more

144 E. Ferguson Avenue

Wood River, IL 62095

### **Celebrate Recovery:** Christ centered 12-Step Programs

#### **Two Locations:**

Fist Assembly: 618-910-8576

101 E. Roosevelt Dr.

Moro, IL 62067

Calvary Baptist Church: 618-465-4357

1422 Washington Avenue

Alton, IL 62002

## **NAR-ANON**

<https://www.nar-anon.org/find-a-meeting>

For family and friends of addicts

**NARCOTICS ANONYMOUS-** Local help line for Metro East: 618-398-9409 <https://www.na.org/meetingsearch/>

**Smart Recovery:** 866-601-3539

SMART Recovery is a charitable company based in the United States that aids people overcome their dependencies. If you or someone you know is currently attempting to quit using alcohol, help is only a phone call away. We can answer questions you have and share more information about our treatment options.

# **INTELLECTUAL/DEVELOPMENTAL DISABILITIES**

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## **Crisis Services/Supports**

**Department of Aging 24-Hour Abuse Hotline:** 1-866-800-1409

To report suspected abuse, neglect, or financial exploitation of a person with disabilities age 18-59

**Prairieland Service Coordination:** 618-288-1897 or 1-800-866-8779

PUNS specific for Madison County and the Pre-Admission Service (PAS agency). Directs caller to local service information and assists current and future needs of a person with a developmental disability.

2130 A. Vadalabene Drive

Maryville, IL 62062

**PUNS (Prioritization of Urgency of Need for Services):** 1-888-337-5267

Number directing caller to local service information

Survey and needs assessment tool for current and future needs of a person with a developmental disability

Monday-Friday 8:00AM-5:30PM

## **General Support Services**

**The Autism Clinic:** 217-525-8332

Implement services to help children with autism

115 Rottingham Court A

Edwardsville, IL 62025

Monday-Friday 7:00AM-6:00PM

**Beverly Farms:** 618-466-0367

Homes, cottages, group homes, apartments and community-based options and training center for adults with developmental disabilities  
6301 Humbert Road  
Godfrey, IL 62035  
Monday-Friday 8:30AM-4:00PM

**Cerebral Palsy of Southwestern Illinois:** 618-233-0210

Case management, assistance with independent living arrangements (CILA's), equipment loan program, support services and groups, and counseling  
10200 Old Lincoln Trail  
Fairview Heights, IL 62208  
Monday-Friday 8:30AM-4:30PM

**Community Day Service (CDS) Program:** 618-462-4404

Serves Individuals with Developmental Disabilities 21 or older (typically) in Madison County. CDS will develop functional skills for daily living through learning and work activities.  
3521 Culp Lane  
Alton, IL 62002

**Collinsville Faith in Action:** 618-344-8080

Assistance including Medicare counseling, minor home repair, transportation services, and volunteer opportunities  
233 N Seminary Street  
Collinsville, IL 62234  
Monday-Friday 9:00AM-5:00PM

**DD Homes Network:** 866-363-7909

Supporting those at least 18 years old, diagnosed with an Intellectual Disability (ID), Developmental Disability (DD), or other related/qualifying conditions due to a medical condition, brain damage, a genetic condition, or psychiatric condition. (Examples: autism, cerebral palsy, epilepsy, etc.) With residential and community based supports. Multiple group homes throughout the area.

**Epilepsy Foundation of Greater Southern Illinois:** 618-236-2181

Client and family support services, home based services, and comprehensive residential services  
3515 N Belt W  
Belleville, IL 62226  
Monday-Friday 8:30AM-4:30PM

**Family Matters Parent Training and Information Center:** 1-866-436-7842

Assist parents of kids with disabilities, assist students, supply information through the special education process  
1901 South 4<sup>th</sup> Street Suite 209  
Effingham, IL 62401

**Illinois Center for Autism:** 618-398-7500

Special day school program, support programs, and adult services program (includes vocational & day training)

**Two Locations:**

548 South Ruby Lane  
Fairview Heights, IL 62208  
Monday-Friday 9:00AM-5:00PM

1306 Wabash Avenue  
Belleville, IL 62220  
Monday-Friday 8:00AM-4:00PM

**Pasta Fare (Illinois Center for Autism):** 618-632-9077

Specifically designed to provide vocational training and employment opportunities for individuals with Autism Spectrum Disorder (ASD).

5900 N. Illinois St.  
Fairview Heights, IL 62208

**Illinois Department of Human Services:** Helpline: 800-843-6154

Provides assistance with case status, benefits, services, or eligibility  
Monday-Friday 8:00AM-5:00PM

**Division of Developmental disability Services:** 888-337-5267

600 East Ash, Building 400, Mail Stop 1 South  
Springfield, IL 62703  
Phone: (217) 782-3075

**IMPACT CIL:** 618-462-1411

Services and programs for various disabilities to help achieve independence in school, home, work, and housing

2735 E Broadway  
Alton, IL 62002  
Monday-Friday 8:00AM-4:30PM

**New Opportunities:** 618-452-8165

Provide educational and work training opportunities for adults with developmental disabilities  
1510 West Seventh Street  
Granite City, IL 62040

**Saint John's Community Care for Aging and Disabled People**

Adult Day Services, support groups for family caregivers, training for caregivers of individuals with dementia, programs for individuals with early memory loss

**Two Locations:**

222 Goethe Avenue  
Collinsville, IL 62234  
618-344-5008  
Monday-Friday 6:30AM-6:00PM

1015 Century Drive Suite B  
Edwardsville, IL 62025  
618-656-7090





**The Secondary Transition Experience Program (STEP):** 618-296-4530

Prepares students with disabilities transition from high school to employment and community participation

157 N Main Street #438

Edwardsville, IL 62025

Monday-Friday 8:30AM-4:30PM

**Victorious Missionaries:** 618-397-6700

Spiritual organization and support for those with disabilities.

442 S. Demazenod Drive, Belleville, IL 62223

**William BeDell Achievement and Resource Center (ARC)** 618-251-2175

Serving Individuals with a Developmental Disability mainly in Madison County.

**Family Support Program:** Case Coordination, Respite Care Service, and Home Base Support.

**Residential Program:** Community Integrated Living Arrangement (CILA) available for those with Intellectual Disabilities.

**School Program:** Community-based educational service to individuals with multiple disabilities who are 3 through 21 years of age.

**Main Office:**

400 South Main Street

P.O. Box 349

Wood River, IL 62095

## Court/Legal Services

**Guardianship and Advocacy Commission:** 618-474-5503

The Office of State Guardian handles the personal, financial, and legal affairs of developmentally disabled, mentally ill and elderly persons with disabilities.

4500 College Avenue Suite 100

Alton, IL 62002

**Human Rights Authority of Metro East:** 618-474-5503

Conducts investigations of complaints of violations of the rights of persons with disabilities. Based on early models of a singular regional grassroots program, the Human Rights Authority serves as a statewide framework providing direction and standards.

4500 College Avenue Suite 100

Alton, IL 62002

618-474-5503

## Support Services/Groups

**Equestrian Center at Beverly Farm:** 618-466-0367

Developmental training, Equine Assisted Activities (EAA) provide a way to blend the therapeutic benefits of horsemanship into a fun and engaging activity.

6301 Humbert Road

Godfrey, IL 62035

**William BeDell Achievement and Resource Center (ARC):** 618-251-2175

Serving Individuals with a Developmental Disability mainly in Madison County.

**Family Support Program:** Case Coordination, Respite Care Service, and Home Base Support.

400 South Main Street

P.O. Box 349

Wood River, IL 62095

## SPECIALIZED COUNSELING & TREATMENT SERVICES

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### Children's Neglect & Abuse

**Children's First Foundation:** 618-235-6192

Help children and caregivers effectively adapt to divorce, separation, parental responsibilities, and parenting time exchange issues by creating services and products that address these issues.

1909 Dublin Boulevard

Belleville, IL 62221

**CASA-Court Appointed Special Advocates, Guardians and Litem:** 618-234-4278 Supports and promotes court-appointed volunteer advocacy so every child who has experienced abuse or neglect can be safe, have a permanent home, and the opportunity to thrive

Illinois Number: 855-295-9948

**Department of Children and Family Services (DCFS Local Areas)**

Alton: 618-466-7014

Belleville: 618-257-7500

Granite City: 618-876-8985

**Illinois Department of Children and Family Services (DCFS)**

1-800-25-ABUSE (1-800-252-2873)

**Illinois Department of Children and Family Services Save Abandoned Babies Foundation:**

24/hour confidential help line: 1-888-510-2229

**Madison County Child Advocacy Center:** 618-296-5390

Helping children find a voice in response to child abuse

101 East Edwardsville Road

Wood River, IL 62095

Monday-Friday 8:30AM-4:30PM [www.madco-cac.org](http://www.madco-cac.org)

## Gambling Addiction Services & Supports

**Alton Gamblers Anonymous Gambling Addiction Support:** 618-465-1722 or 618-616-5117

Assistance with gambling problems  
Alton Memorial Hospital  
Alton, IL 62002  
Sundays & Wednesdays

**Gam-Anon:** 708-802-0105

Assist people in resolving the problems they are facing due to gambling problems  
<http://www.gamblersanonymous.org/ga/>

**Gambling Chestnut Health Systems:** 618-877-4420

Assessment in a safe environment for gambling disorder, counseling, help in developing a support system, and support in addressing legal and financial issues.  
50 Northgate Industrial Drive  
Granite City, IL 62040  
Monday-Friday 8:00AM-5:00PM

**Gamblers Anonymous:** 1-800-GAMBLER (426-2537)

Support groups available

**National Problem Gambling Helpline Network:** 1-800-522-4700

Single national access point to local resources for those seeking help for a gambling problem. Text and chat services also available

## Domestic Violence

**Domestic Violence Hotline:** 1-800-799-SAFE (7233)

Advocates ready to help any victims and survivors of domestic violence who need support

**Oasis Women's Center:** 618-465-1978 or 1-800-244-1978

Provides help to those dealing with domestic abuse  
111 Market Street  
Alton, IL 62002

**Violence Prevention Center of Southwestern IL:** 618-235-0892 Counseling services

## Sexual Assault

**National Sexual Assault Hotline:** 1-800-656-HOPE (4673)

**Sexual Assault Victim's Care Unit (Call for Help):** 24 Hour Sexual Assault Crisis Line: 618-3970975

Efforts to end sexual violence and alleviate the suffering of sexual assault victims by providing support through counseling, advocacy, and community prevention services

**Three Locations:**

235 East Delmar Ave  
Alton, IL 62002  
618-462-0552

535 Edwardsville Road  
Suite 120  
Troy, IL 62294  
618-667-3350

4601 State Street  
East Saint Louis, IL  
62205  
618-271-8990

## SENIOR SERVICES

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### Crisis Services/Hotline

**24-Hour Elder Abuse Hotline:** 1-866-800-1409

To report suspected abuse, neglect, or financial exploitation of an adult age 60 or older or a person with disabilities age 18-59

**Southwestern IL Visiting Nurse Association:** 618-236-5800

Home health care/Case coordination provides linkage to community resources available to assist those 60 years and older. Serves all of Madison County

7 Executive Woods Ct Suite A  
Swansea, IL 62226

Monday-Friday 8:00AM-4:00PM

### Counseling/Support Services

**Agency for Community Transit (ACT):** 618-931-7433

ACT is a door-to-door service for qualifying individuals in Madison County. An application must be filled out to apply for services

1 Transit Way  
Pontoon Beach, IL. 62040

**AgeSmart:** 618-222-2561

Works with older adults to assist with options for independence including help remaining independent in homes and communities

801 West State Street  
O'Fallon, IL 62269

Monday-Friday 8:00AM-4:00PM

**Alton Housing Authority Subsidized Housing:** 618-465-4269

Low income housing for families and the elderly in Alton  
2406 Crawford Avenue PO Box 844  
Alton, IL 62002

**Alzheimer's Association:** 800-272-3900

24/7 helpline which provides information on care giving, resources, respite, support, and techniques

**Alzheimer's Support Group:** 618-344-5008

For families and caregivers of people living with dementia  
222 Goethe Avenue  
Collinsville, IL 62234

**Caregiver Support Group:** 618-344-5008

For family caregivers of adults living with cognitive or physical impairments  
222 Goethe Avenue  
Collinsville, IL 62234

**Collinsville Faith in Action:** 618-344-8080

Many services available including Medicare counseling, minor home repair, transportation services, and volunteer opportunities  
233 N Seminary Street  
Collinsville, IL 62234  
Monday-Friday 9:00AM-5:00PM

**Edwardsville Area Meals on Wheels (Main Street Community Center):** 618-656-0300

Transportation services for seniors  
1003 N Main Street  
Edwardsville, IL

**Faith in Action Edwardsville-Glen Carbon:** 618-692-0480

Provides assistance to seniors (60 years and older) of Edwardsville #7 school district. Seniors must be able to get in and out of vehicles on their own for services.  
903 North 2<sup>nd</sup> Street  
Edwardsville, IL 62025  
Monday-Thursday 9:00AM-4:00PM Friday 9:00AM-12:00PM

**Homemaker Services in Illinois:** Information listed in website below

[In-Home Service - Programs \(illinois.gov\)](http://illinois.gov)

**HSHS St Joseph's Hospital Senior Renewal** Outpatient psychiatric services for seniors

**Two Locations:**

12866 Troxler Ave,  
Highland IL 62249  
618 651-2941

14160 Jamestown Rd.,  
Breese IL 62230  
618 526-4511

**IL Department on Aging Senior Helpline:** 1-800-252-8966

Many services available for seniors listed in website below

[Senior HelpLine - Resources \(illinois.gov\)](#)

**Medicare:** Hospice, nursing homes, home health services, and other provider's information

listed at website below [https://www.medicare.gov/care-](https://www.medicare.gov/care-compare/?providerType=Hospice&redirect=true#search)

[compare/?providerType=Hospice&redirect=true#search](https://www.medicare.gov/care-compare/?providerType=Hospice&redirect=true#search)

**Saint Anthony's Health Center Psychological Services:** 618-474-6240

Medicare certified

1 Saint Anthony's Way 4<sup>th</sup> Floor

Alton, IL 62002

**Saint John's Community Care for Aging and Disabled People:** 618-344-5008

Adult day services, home services, caregiver support groups, caregiver classes, and Early

Memory Loss classes

222 Goethe Avenue

Collinsville, IL 62234

Monday-Friday 6:30AM-6:00PM

**Senior Services Plus:** 618-465-3298

Many services available including a wellness center, Medicare assistance, foster

grandparents program, home delivered and congregate meals, and more

2603 N Rodgers Avenue

Alton, IL 62002

Monday-Friday 8:00AM-4:00PM

**Southwestern IL College Senior Program:** 618-234-4410

A variety of services and programs available for seniors

201 N. Church St

Belleville, IL 62220

**Southwestern IL Visiting Nurse Association:**

Home health care: 618-236-5800

7 Executive Woods Ct Suite A

Swansea, IL 62226

Monday-Friday 8:00AM-4:00PM

**IL Community Care Program:** 618-236-5863

Case workers determine eligibility for individuals 60 and older for state-paid homemaker services, adult day programs, and emergency call systems. They will do a wellness check for any senior and refer those who are not eligible for the Community Care Program to other services.

## Court/Legal Services

**Land of Lincoln Legal Aid:** 618-462-0029

Provides low-income and senior residents of Illinois with high-quality civil legal aid  
111 East 4<sup>th</sup> Street Suite 330  
Alton, IL 62002  
Monday-Friday 9:00AM-5:00PM

**Senior Services Plus, Inc.:** 618-465-3298

Information and Assistance program provides seniors and people with disabilities a place to learn about and apply for assistance programs  
2603 North Rodgers Avenue  
Alton, IL 62002  
Monday-Friday 8:00AM-4:00PM

## VETERANS SERVICES

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### Crisis Services/Hotline

**Veterans Crisis Line:** 988

Caring, qualified 24/7 responders confidentially serve all veterans, service members, National Guard and reserve, and their family and friends.

**Veterans' Assistance Commission:** 618-296-4554

Provides needed services exclusively to Honorably Discharged Military Veterans and their families who reside in Madison County. The VAC works closely with local Veteran's Service Organizations (VSO's), as well as local, state, federal agencies, to ensure the rights to which each Veteran is entitled are preserved and granted. Services include Interim and/or Emergency Veteran's Assistance; financial assistance, administrative case work; advocacy-related services case management; Transition Center Services; and medical-related transportation services through the DAV Transportation Network.  
157 North Main Street Suite 115  
Edwardsville, IL 62025  
Monday-Friday 8:30AM-4:30PM

## Counseling/Support Services

**Centerstone of Illinois:** 1-877-HOPE123 (1-877-467-3123)

Military services provided for service members, veterans and family members  
2615 Edwards Street  
Alton, IL 62002

**Military Families United**

<http://www.militaryfamiliesunited.org/>  
Support for family members of military

**NAMI Southwestern Illinois Home Front**

Home Front is an education class online for veterans and their families  
<https://www.nami.org/support-education/mental-health-education/NAMI-Homefront>

**Supportive Services for Veterans Families (Chestnut Health Systems):** 618-512-1823

Must be a veteran or a member of a family in which the head of the household is a veteran, low income, and be homeless  
50 Northgate Industrial Drive  
Granite City, IL 62040  
Monday-Friday 8:00AM-5:00PM

**Vet Center (Metro East):** 314-894-6105

Supports veterans and connects them to service providers  
Mental health counseling available  
228 West Pointe Drive  
Swansea, IL 62226

**Veterans' Assistance Commission:** 618-296-4554

Mental Health-suicide crisis support to veterans  
157 North Main Street Suite 115  
Edwardsville, IL 62025  
Monday-Friday 8:30AM-4:30PM

## Court/Legal Services

**Veterans' Treatment Court (VTC):** 618-692-8961

Supports veterans and connects them to service providers  
509 Ramey Street, Suite 304  
Edwardsville, IL 62025  
Monday-Friday 8:30AM-4:30PM



# COMMUNITY RESOURCES

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## Service Referrals

**Alton Memorial Hospital, Center for Behavioral and Addiction Medicine:** 618-463- 7780

Access to Peer Recovery Specialists 24 hours a day. Linkage to treatment and other community resources, medication assisted treatment (MAT). Patient-centered treatment planning including supports Open 24/7

1 Memorial Drive, 2<sup>nd</sup> Floor Olin Wing  
Alton, IL 62002

**Referral Hotline for Madison County:** 618-296-5300

Referrals to food pantries, clothing assistance, emergency shelter, and housing assistance

**Riverbend Family Ministries:** 618-251-9790

Provide resources and tools for families and individuals  
131 East Ferguson Avenue  
Wood River, IL 62095

**United Way:** 211 or 1-800-427-4626

Saint Louis Area: 314-421-4636

Free and confidential service that helps individuals find local resources they need 24/7

## Court/Legal Services

**Adult Redeploy Illinois:** 618-296-5228 or 618-296-6255

Reallocating state resources to develop more effective, less expensive community-based alternatives to incarceration and improve access to interventions that reduce crime

157 N Main Street, Suite 312  
Edwardsville, IL 62025

**Crime Victims Assistance Line:** 1-800-228-3368

Assistance to those who are victims of violent crimes

**Dream Center of Alton:** 618-433-8899

Services available to individuals affected by the criminal justice system to have a second chance at a better life

3401 Fosterburg Road  
Alton, IL 62002

**Gift of Voice | Recovery Resource Center:** office@giftofvoice.com | Email to request an appointment. Individual Consultation and Group Classes for individuals with mental health and legal challenges, phone support available for persons under house arrest.  
903 N. 2nd St., Ste. B  
Edwardsville, IL 62025

**Guardianship & Advocacy Commission/ Human Rights Authority:** 618-474-5503  
Office of state guardian, legal advocacy services, human rights authority  
4500 College Ave Suite 100  
Alton, IL 62002

**Juvenile Redeploy Illinois:** 618-452-8900 ext.211  
Redeploy Illinois seeks to decrease youth incarceration in Department of Juvenile Justice through evidence-based community programs that maintain public safety and promote positive outcomes for youth.  
Children's Home and Aid  
2133 Johnson Road  
Granite City, IL 62040

**Land of Lincoln Legal Aid:** 618-462-0029 or 618-398-0958  
Provides low-income and senior residents of Illinois with high-quality civil legal aid  
111 East 4<sup>th</sup> Street Suite 330  
Alton, IL 62002  
Monday-Friday 9:00AM-5:00PM

**Madison County Catholic Charities:** 217-523-9201 Ext. 329  
This community based, quality legal services program helps people with little to no income in obtaining pro bono legal assistance in civil matters.  
**Two Office Locations:**  
3512 McArthur Boulevard  
Alton, IL 62002  
1821 Edison Avenue  
Granite City, IL 62040

**Madison County Legal Self-Help Center:** 618-296-4472 or 618-296-4900  
Provides legal forms and access to legal information free of charge to the public  
155 North Main Street  
Edwardsville, IL 62025  
Monday-Friday 8:30AM-4:30PM

**National Human Trafficking Hotline:** 1-888-373-7888  
Get help, report a tip, and learn more

**Violence Prevention Center of Southwestern IL-** 24 Hour Crisis Line: 618-235-0892  
Help with orders of protection

## Employment Training

**Lewis & Clark Community College:** 618-468-5503

L&C's Career and Veteran Services offers a variety of services and tools to assist students in the area of career development.

Monday - Friday, 8:00 AM to 4:30 PM

**Madison County Employment and Training Department:** 618-296-4445

Administers employment and training programs with a focus on creating partnerships with businesses and local government to establish services that prepare customers for employment. Services include job listings, employment training, on-the-job training, recruitment assistance, youth employment and training, job and career fairs, referral services and other types of employer/employee assistance.

101 E. Edwardsville Road, Suite 1302

Wood River, IL 62095

Monday-Friday, 8:30 AM – 4:30 PM

## Food Programs and Pantries

**Hunger Hotline:** 1-800-359-2163 (Illinois) or 1-866-348-6479 (National)

Assist individuals in need of food

**Collinsville and Maryville Area Meals on Wheels:** 618-345-7779

Home delivered meals (hot and frozen)

195 W Country Lane

Collinsville, IL 62234

Monday-Friday 9:00AM-12:00PM

**Collinsville Food Pantry:** 618-346-1861

For Collinsville residents in need of food. Can "shop" for what is needed

201 E Church Street

Collinsville, IL 62234

Thursday and Friday 9:00AM-11:00AM Tuesday 4:00PM-6:00PM

**Community Care Center Food Pantry:** 618-876-8770

Food baskets for those in need

1818 Cleveland Boulevard, Granite City, IL 62040

Monday-Thursday 9:00AM-3:00PM

Lunch is served from 11:00AM-12:00PM (same location)

**Community Hope Center Food Pantry:** 618-259-0959

Shop in the grocery store, get some clothes and other household items.

1201 Hope Center Lane

Cottage Hills, IL 62018

By appointment only:

Monday, Wednesday, Friday between 9 am – 1 pm

Tuesday between 9 am – 12 pm

Soup for the Souls Dining open to all on Mon, Tues, Wed, Fri 11:00-1:00

**Crisis Food Center Food Pantry:** 618-462-8201

7-day supply of nutritious food once a month. Clothing also available

21 East 6<sup>th</sup> Street

Alton, IL 62002

Hours Open: Monday-Friday 8:00AM-3:00PM

Pick Ups: Monday-Friday 1:00PM-3:00PM

**Edwardsville Area Meals on Wheels (Main Street Community Center):** 618-656-0300

Food boxes and congregate meals for seniors

1003 N Main Street

Edwardsville, IL

**Glen-Ed Pantry:** 618-656-7506

Food provided once per month, must meet financial criteria, service area includes Edwardsville School District. If you are disabled, elderly, or have no transportation, we can deliver to you. Please call 618-656-7506

125 5<sup>th</sup> Ave

Edwardsville, IL 62025

Monday & Wednesday 3:00PM-5:30PM

Tuesday, Thursday, and Friday 9:00AM-11:30AM

**Guardian Angel Food Pantry (Catholic Charities):** 618-462-0634 ext 259

Providing food and personal care items to individuals and families in need

3512 McArthur Boulevard

Alton, IL 62002

Wednesday and Friday 12:30PM-3:30PM

**Highland Area Christian Service Ministry (HACSM):** 618-654-9295

Drive thru food pantry

900 Chestnut Street

Highland, IL 62249

Thursday 9:00AM-12:30PM

1<sup>st</sup> & 3<sup>rd</sup> Saturday of each month 9:00AM-12:30 PM

**Maryville Outreach Center Food Pantry:** 618-345-9693

Curbside pickup, call for appointment. Maryville residents only  
504 East Division Street  
Maryville, IL 62062

**Ministries Unlimited Food Pantry:** 618-505-5053

Troy residents only. Call to register for food pick up  
310 Collinsville Road  
Troy, IL 62294  
Tuesday 10:00-11:00AM  
Thursday 1:30-2:30 PM

**Operation Blessing Food Pantry:** 618-251-5683

Serves Wood River, Fort Russel, and Chouteau townships  
18 East Lorena Avenue  
Wood River, IL 62095  
Monday-Thursday 10:00AM-1:00PM

**Salvation Army Food Pantry**

Pizza Ministries Monday 11-12 at Alton Location

**Two Locations:**

525 Alby Street  
Alton, IL 62002  
618-465-7764  
Tuesday 9:00AM-11:00AM and  
Thursday 1:00PM-3:00PM

3007 E 23<sup>rd</sup> Street  
Granite City, IL 62040  
618-451-7957  
Office is open Monday, Wednesday,  
Thursday, Friday 9:00AM-3:00PM

**Senior Services Plus:** Home delivered and congregate meals to individuals 60 +years

**Two Locations:**

2603 North Rodgers Avenue  
Alton, IL 62002  
618-465-3298  
Monday-Friday 8:00AM-4:00PM

Congregate meals to individuals 60  
years old+  
2104 Cleveland Boulevard  
Granite City, IL 62040  
618-877-4373  
Monday-Friday 8:00AM-4:00PM

## General Assistance

**Agency for Community Transit (ACT):** 618-931-7433

ACT is a door-to-door service for qualifying individuals in Madison County. An application must be filled out to apply for services

**American Red Cross:** 618-397-4600

Humanitarian services  
2 Elm Drive  
Belleville, IL 62221

10195 Corporate Square  
Creve Coeur, MO , 63132  
Phone: (314) 516-2800

**Anderson Home Health Services:** 618-288-5711

Madison county residents  
6800 State Route 162  
Maryville, IL 62062

**Bi-State Developmental Agency, IL Service Area:** 618-271-2345 Transit  
Information for the MetroLink

**BJC Home Care Services:** 618-463-7541

Home health care  
3535 College Avenue Suite B  
Alton, IL 62002  
Monday-Friday 8:00AM-4:30PM

**Chestnut Family Health Care (Chestnut Health Systems):** 618-512-1919

Offers primary care services for both adults and children  
50 Northgate Center  
Granite City, IL 62040

**Department of Children and Family Services (DCFS)**

IL Child Abuse and Neglect Hotline: 1-800-252-2873

**Department of Human Services Family Community Resource:** Help line 800-843-6154

Public Aid: Food stamps, Medicaid, medical assistance

**Two Locations:**

608 W St Louis Ave  
East Alton, IL 62024  
618-877-9200

1925 Madison Avenue  
Granite City, IL 62040  
Monday-Friday 8:00AM-5:00PM

**Equipping the Called Foster and Crisis Closet:** 618-205-3112

Provides at no cost to foster and SAFE families new/gently used clothing, new socks and underwear, diapers, wipes, toiletries, and other basics. Also accepts crisis referrals from police, schools, or churches. Appointments only

2816 N. Center  
Maryville, IL 62062

**Gateway Regional Medical Center Home Health Care:** 618-798-3200

Home health care  
2100 Madison Avenue  
Granite City, IL 62040  
Monday-Friday 8:00AM-4:30PM

**Help at Home:** 618-258-1155

Homemaker services (non-medical)  
626 Wesley Drive  
Wood River, IL 62095  
Monday-Friday 8:00AM-12:00PM, 1:00PM-5:00PM

**IL Community Care Program:** 618-236-5863

Case workers determine eligibility for individuals 60 and older for state-paid homemaker services, adult day programs, and emergency call systems. They will do a wellness check for any senior and refer those who are not eligible for the Community Care Program to other services.

**Madison County Catholic Charities:**

Legal, medical, transportation, crisis, and family and children assistance

**Two Locations:**

3512 McArthur Boulevard  
Alton, IL 62002  
618-462-0634

1821 Edison Avenue  
Granite City, IL 62040  
618-877-1184

**Madison County Community Development:** 618-692-8940

Expanding economic opportunities, promotes affordable housing, provides necessary emergency services 130 Hillsboro Avenue

Edwardsville, IL 62025  
Monday-Friday 8:30AM-4:30PM

**Madison County Health Department:** 618-692-8954

Health service programs and community education available upon request  
101 East Edwardsville Road  
Wood River, IL 62095

**Madison County Transit (MCT):** 618-931-7433

MCT is a fixed route bus service in Madison County to Metro Link and downtown St. Louis

**OSF Home Health and Hospice Program:** 618-463-5683

Home health care, IV therapy, nurse home health, speech, wound care  
915 E 5<sup>th</sup> Street  
Alton, IL 62002  
Monday-Friday 8:00AM-4:00PM

**Social Security Administration:** 800-772-1213

All duties entailing social security cards, retirement, SSI  
501 Belle Street #103, Alton, IL 62002

**Townships:**

Alton Township: 618-462-0091  
Collinsville Township: 618-344-1290  
Edwardsville Township: 618- 656-0292  
Fort Russel Township (Bethalto area): 618-377-8260  
Fosterburg Township: 618-259-0726  
Godfrey Township: 618-466-3378  
Granite City Township: 618-877-0513  
Helvetia Township (Highland Area): 618-654-4032

Nameoki Township (Granite City Area): 618-931-1230  
Saline Township (Highland Area): 618-654-6692  
Venice Township: 618-452-1121  
Wood River Township: 618-259-2366  
Serving the residents of Wood River, East Alton, Cottage Hills, Roxana, and portions of Bethalto and Hartford

**Housing/Shelters**

**United Way Resources and Referrals: 800-427-4626 (211)**

211 Cooling Sites: [Remote Desktop Redirected Printer Doc \(211helps.org\)](#)  
211 Warming Centers: [Warming-Sites-with-KC-11.22.21.pdf \(211helps.org\)](#)

**Madison County Referral Line:** 618-296-5300

**National Call Center for Homeless Veterans:** 877-424-3838

**American Red Cross Disaster relief:** 314-516-2700

**Alcoholic Rehabilitation Community Home (ARCH):** 618-877-4987

Extended residential treatment  
1313 21<sup>st</sup> Street  
Granite City, IL 62040  
Monday-Friday 8:00AM-4:30PM



**Alton Housing Authority Subsidized Housing:** 618-465-4269

Low-income housing for families and the elderly in Alton  
2406 Crawford Avenue PO Box 844  
Alton, IL 62002  
Monday-Friday 8:00AM-4:30PM

**Biddle House Opportunities Center:** 314-612-1675

In need of shelter: 314-802-5444  
Emergency shelter to single adult men experiencing homelessness  
1212 North 13<sup>th</sup> Street  
Saint Louis, MO 63106

**Call for Help:** 618-397-3076

Transitional Living Center for mothers and children  
9400 Lebanon Road  
East Saint Louis, IL 62203

**Chestnut Health Systems**

Madison and St. Clair County: 888-924-3786  
Metro East Area: 618-877-4420  
Housing for persons living with substance use disorder and/or serious mental illness  
50 Northgate Industrial Drive Granite  
City, IL 62040

**Children's Home and Aid**

Support services to runaway, homeless, and at-risk youth 11-17 and their families

**Two Locations:**

6 Crossroads Court, Alton, IL 62002  
618-462-2714  
Monday-Friday 8:30AM-4:30PM

2133 Johnson Road, Granite City, IL  
62040  
800-847-6770  
Monday-Friday 8:30AM-5:00PM

**Caritas Family Solutions:** 618-213-8700

Residential locations  
8601 West Main Street Suite 201 Belleville,  
IL 62223

**Family Living Center:** 618-274-7832

Homeless families residing in emergency shelters or similar facilities for a minimum of 30 days must be referred by the social service agency assisting the family in this first step of the continuum of services 510 N 25<sup>th</sup> Street  
East Saint Louis, IL 62205

**Good Samaritan House:** 618-876-0607

Homeless shelter that allows children  
1825 Delmar Avenue  
Granite City, IL 62040

**Granite City Housing Authority Subsidized Housing:** 618-300-7255

This subsidy is used to provide affordable housing to eligible applicants.  
2517 Nameoki Road  
Granite City, IL 62040  
Monday-Friday 8:30AM-4:30PM

**Catholic Urban Programs:** 618-398-5616

Homeless prevention and emergency shelter options  
7 Vieux Carre Drive  
East Saint Louis, IL 62203

**IMPACT: Voice:** 618-692-8940 TTY: 618-474-5333

IMPACT CIL is continuing to serve our community and individuals with disabilities. Offer a variety of Individual and Community services and programs to help our friends live better lives  
2735 E. Broadway  
Alton, IL 62002  
Monday-Friday 8:00AM-4:30PM

**Madison County Community Development:** 618-692-8940

Expanding economic opportunities, promotes affordable housing, provides necessary emergency services 130 Hillsboro Avenue  
Edwardsville, IL 62025  
Monday-Friday 8:30AM-4:30PM

**Madison County Housing Authority Subsidized Housing:** 618-345-5142

Low rent housing  
2 Eastport Plaza Drive  
Collinsville, IL 62234  
Monday-Friday 8:00AM-4:30PM

**Oxford House Information:** 301-587-2916 or 800-689-6411

Emergency and transitional housing and are peer governed homes for individuals with substance use disorders. Houses women with children, men, and men with children. To check for locations and vacancies, look at the websites listed below and call the lines directly from website [Oxford House](#)

**Riverbend Family Ministries:** 618-251-9790

Rental assistance  
131 East Ferguson Avenue  
Wood River, IL 62095

**Salvation Army:** 618-465-7764

Rent and housing assistance (call to see if available)  
525 Alby Street  
Alton, IL 62002

**Supportive Services for Veterans Families (Chestnut Health Systems):** 618-512-1823

Must be a veteran or a member of a family in which the head of the household is a veteran, low income, and be homeless  
50 Northgate Industrial Drive  
Granite City, IL 62040  
Monday-Friday 8:00AM-5:00PM

**Violence Prevention Center of Southwestern IL-** 24 Hour Crisis Line: 618-235-0892

Emergency shelter

**Warming Center at Deliverance Temple Church:** [altonwarmingcenters@gmail.com](mailto:altonwarmingcenters@gmail.com)

1125 East 6<sup>th</sup> Street  
Alton, IL 62002

## Support Services/Groups

### Local Hospital Support Groups

There are many support groups at surrounding hospitals including (information found on websites listed):

Alton Memorial Hospital in Alton, IL <https://www.altonmemorialhospital.org/classes-events/support-groups>

Anderson Hospital located in Maryville, IL <https://www.andersonhospital.org/community-programs/support-groups>

Gateway Regional Medical Center in Granite City, IL.  
<http://www.gatewayregional.net/gateway-regional-medical-center/eventsandclasses>

Saint Anthony's Hospital in Alton, IL <https://www.osfhealthcare.org/saint-anthony/services/cancer/resources/support-groups/>

Saint Elizabeth's Hospital in O'Fallon, IL  
<https://www.hshs.org/StElizabets/Services/Womens-Health/having-a-baby/SupportGroups>

**NAMI Southwestern Illinois:** 618-798-9788

Mental health recovery services for individuals and their families living with mental illness. Including support groups, education and advocacy.

2100 Madison Avenue 4<sup>th</sup> Floor

Granite City, IL 62040

Monday-Friday 9:00AM-8:00PM <https://namiswi.org/>

**Overeaters Anonymous:** 618-830-6807

First Presbyterian Church

514 Alby (at 4th St.)

Alton, IL 62002

Wednesday 7:00 PM

## School Based Services

**Big Brothers Big Sisters:** 618-398-3162

Mentoring program

**Education Therapy Center:** 618-296-4530

Regional safe school program

**Catholic Charities of Madison County:** 618-462-0634

School based services

**Heartlinks grief Center:** 618-277-1800

School support groups

**Madison County Child Advocacy:** 618-296-5390

Trauma informed therapy

**NAMI:** 618-798-9788

Ending the Silence for School Students, School Staff, & Families

**Refuge:** 618-251-9790 Ext. 205

Trauma informed therapy, children ages 0-11

**Riverbend Family Ministries:** 618-251-9790

SOAR Program: Students Learning the Ongoing Approach to Resilience

**Chestnut Health Systems:** 618-397-0900

School based prevention services and school based behavioral health services

**Centerstone of Illinois:** 1-877-HOPE123 (877-467-3132)

School based behavioral health and crisis services

## On Line Resources

The below resources were verified June 2022 and are subject to change - please always double-check information

### Mental Health Apps

Overall: [Moodfit](#)

Therapy: [BetterHelp](#)

Learning Coping Skills: [MoodMission](#)

Stress Relief: [Sanvello](#)

Meditation: [Calm](#)

Fun App: [Happify](#)

Depression: [Depression CBT Self-Help Guide](#)

BIPOC: [Shine](#)

Bipolar Disorder: [eMoods](#)

Symptom Tracking: [Bearable](#)

ADHD: [Todoist](#)

PTSD: [PTSD Coach](#)

Personalized mental health support for LGBTQIA+ teens and young adults: [Gender Identity \(charliehealth.com\)](#)

[ThinkUp: Positive Affirmations](#)

[Shine](#)

Grateful: [Grateful: A Gratitude Journal on the App Store \(apple.com\)](#)

[Instar Affirmation Writer](#)

[Kwippy](#)

[Smiling Mind](#)

[Unique Daily Affirmations](#)

Positivity with Andrew Johnson:

[Positivity with AJ on the App Store \(apple.com\)](#)

[Calm](#)

Motivation – Daily Quotes:

[Motivation - Daily quotes on the App Store \(apple.com\)](#)

I am: [I am - Daily Affirmations on the App Store \(apple.com\)](#)

[SelfishBabe](#)

### Mental Health for Farmers

[Supporting Family Farmers: Farm Aid's Work](#)

Farm and Rural Stress Hotline It's free, confidential and available 24/7.1-800-691-4336 [Farm and Rural Stress Hotline \(avera.org\)](#)

[Home - AgriSafe Network](#)

[National AgrAbility Project](#)

### Online Therapy Services

Overall: [BetterHelp](#)

Overall: [Talkspace](#)

Couples: [ReGain](#)

Without Insurance: [Wellnite](#)

Families: [Rethink My Therapy](#)  
BIPOC Community: [Ayana Therapy](#)  
Flexible Scheduling: [Amwell](#)  
LGBTQIA+ Community: [Pride Counseling](#)  
Psychiatry: [Teladoc Health](#)  
Group Therapy: [Circles](#)  
Addiction: [Monument](#)

CBT: [Online-Therapy](#)  
Christians: [Faithful Counseling](#)  
[Intellectual Disability – Support, Counseling, and Therapy for Intellectual Disability](#)  
([goodtherapy.org](#))  
[National Deaf Counseling Services | Deaf Counseling Center](#)

### **Black-led Resources for Mental Health**

[The Nap Ministry](#)  
[Black Girl in Om Beronda](#)  
[Montgomery \(mentoring, leadership\)](#)  
Women's Health in Women's Hands <http://www.whiwh.com/>  
The Black Health Alliance <http://blackhealthalliance.ca/>  
A list of Mental Health Resources Available for People of Color <https://www.refinery29.com/en-us/2020/06/9849013/mental-health-services-black-people-of-color>  
Black Emotional and Mental Health Collective <https://www.beam.community/>  
CALL BLACKLINE: Call 1-800-604-5841 to connect with crisis counselors to aid people within the Black, Black LGBTQI, Brown, Native, and Muslim community to provide immediate support to those who are distressed, upset, or need to talk.  
[www.callblackline.com/](http://www.callblackline.com/)

12 Black Mental Health and Wellness Resources to Follow on Instagram <https://www.vogue.com/article/black-mental-health-wellness-instagram-accounts>  
Raising Hope: Parenting in an anti-Black environment <https://theconversation.com/raising-hope-parenting-in-an-anti-black-environment-87070>  
Therapy for black men <https://therapyforblackmen.org/>  
Therapy for Black Girls <https://therapyforblackgirls.com/>  
Podcast — [Therapy For Black Girls](#)  
[Mental Health Video Resource Library | NAMI: National Alliance on Mental Illness](#)  
[A Mother's Vow Of Mental Health Advocacy For Her Daughter - YouTube](#)

### **Apps for Individuals with Disability**

From picture-based communication systems to finding accessible locations, you can make life a little easier with these assistive apps for disabled people.

Voice4u AAC: This Augmentative and Alternative Communication (AAC) app provides a picture-based communication system for people with speech challenges. It comes pre-loaded with more than 180 icons; and you can make your own icons to expand the built-in library, record your own voice and even print matching picture cards. Ideal for non-verbal people, people in the autism spectrum, stroke victims and anyone who struggles with communication; and with its \$60 price point, Voice4u AAC is much more affordable than expensive standalone units.

Proloquo2Go: This AAC app was created to be a daily communication tool for people with speech challenges. Users communicate by tapping symbols from the app's 10,000+-word library. The app features customizable vocabulary levels so it's appropriate for a range of fine motor and visual skills, and even has a progressive language feature that can help people extend their vocabularies.

Be My Eyes: This app connects blind and low-vision people with sighted volunteers through live video calls. The sighted volunteers assist with guided problem-solving. For example, it can be used to help find lost or dropped items, describing pictures, reading labels, shopping at stores, and navigating new places.

Subtitles Viewer: Powered by the OpenSubtitles database, this app lets you view subtitles on your iOS device while watching TV or at the movies – which makes it one of the most entertaining apps for disabled people. Since most TVs, DVDs, Blu-Rays and streaming services like Netflix and Amazon Prime Video offer built-in subtitle functionality, this app might be best used in the movie theater – provided you can use it without disturbing other moviegoers.

Access Now: Access Now is a community-driven app that pinpoints accessible locations on an interactive map. You can look up places like restaurants, museums and attractions and view their accessibility ratings: accessible, partially accessible, patio access only and not accessible. You can also rate locations and even add your own to help others in the community.

CoughDrop: There are many conditions—such as Down's syndrome, Angelman syndrome, cerebral palsy, and others—that make an individual's speech difficult to understand. Operating with the motto "CoughDrop is unique in that it is an open-source app. While many AAC apps use proprietary technology—meaning users don't know how secure they are—CoughDrop assures users they always have control over and access to their data. The company says the app was designed with an "open mindset" to help people with disabilities.

Snap + Core: Snap + Core is another AAC app that "helps users unlock speech functionality" in conjunction with a Tobii Dynavox device. This app has high ratings on the Apple App store (4.1 out of 5), and teachers say it's great for in-classroom use.

NotNav GPS Accessibility: NotNav is a free GPS app for the visually impaired. NotNav goes a step beyond traditional GPS systems by announcing your direction, the nearest street address, and nearby cross streets. This GPS app is special in that it was designed "by the blind, for the blind" and assists users with walking, not driving. And it's free!

Spoken AAC: Spoken uses predictive technology to simplify communication for people with aphasia and other speech and language disorders. Instead of limiting users to simple phrases and icons, the app predicts the next words you're likely to use so you can quickly build complete sentences.

Speak4Me - Text to Speech on the App Store (apple.com)

