



INFORMATION REGARDING THE CVS/CAREMARK MAINTENANCE CHOICE PROGRAM

Maintenance Choice is a CVS/Caremark program that lets you refill your long-term (maintenance) medications. These medications you take for chronic conditions such as high blood pressure, asthma, diabetes and cholesterol.

The Maintenance Choice program is mandatory
for all 90-day fills of Maintenance medication

The plan provides you with the option of filling a 90-day supply delivered by mail, or you can choose to fill a 90-day supply and pick them up at your local CVS/ pharmacy.

Benefits of doing the 90-day supply:

- You'll pay less for 90-day refills
- Refills are delivered in discreet packaging
- Shipments can be tracked online at Caremark.com

To get started you can either:

- Call Customer Care at 877-217-1820, or
- Visit Caremark.com/90day
- A CVS/Caremark representative will contact your doctor for a new prescription and handle all the details.

You can OPT-OUT from the Maintenance Choice program and continue filling your 30-day supply of maintenance medication from a network pharmacy.

Choices for short-term prescriptions - Prescriptions for supplies of 30 days or fewer (such as antibiotics) may be filled at any participating network pharmacy. A list of pharmacies in your area may be found at **Caremark.com** once you have registered as a member (be sure to have your member ID card in order to register for the first time).
