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Edwardsville, IL 62025
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ILLINOIS COMMUNITY MENTAL HEALTH ACT

The Act states:

Community Mental Health Boards are also referred to as 708 Boards after the House Bill which established mental health boards in 1963

The Mental Health Act is permissive and requires passage of a local referendum.

“708 Board” or Community Mental Health Board is established by a community, municipality, or township for the purposes of planning and funding mental health, developmental disability, and substance abuse services. It establishes that a seven member community mental health board who shall administer this Act; appointed by the governing body chair.

The local governmental unit levies to the Community Mental Health Board an annual tax not to exceed .15% on taxable property.

Community Mental Health Boards annually prepare and submit, for informational purposes, an annual budget to the governing body and publishes a year-end fiscal report.

The mental health fund shall, upon authorization by the appropriate governmental unit, be administered by the Community Mental Health Board.

The Mental Health Board is to prepare and submit governing body a 1 & 3 Year Plan for a program of community mental health services

For full text of the Community Mental Health Act go to:
www.legis.state.il.us/legislation/ilcs

In compliance with the Illinois Community Mental Health Act (Illinois Compiled Statutes, Chapter 405, Act 20), the Madison County Mental Health Board provides this annual report to the community to outline major activities and accomplishments, sources of revenues, and expenditures for the year ending November 30, 2021.

LETTER FROM THE PRESIDENT

On behalf of the Madison County Mental Health Board, it is, once again, a distinct honor and a privilege to extend a very warm greeting to the citizens of Madison County!

And, I sincerely hope this letter finds you in good health in all areas of your life. It is sometimes hard to believe how far we have come these past few years, but we have traveled far, with many positive, and some very challenging results, many of which have been very hard to endure. While I remain mindful of the sometimes, bumpy road many of us have traveled, I am nevertheless excited and thankful for the progress we have made as a Board and I am very encouraged about the future. We remain very fortunate to have a Board that sincerely values the needs of our most vulnerable citizens and is committed, unconditionally, to their optimum level of care. We also remain unwavering in our Mission to assure the availability of a comprehensive system of Community Mental Health services for the residents of Madison County affected by mental illness, intellectual/developmental disabilities and substance use disorder.

We would be remiss if we did not acknowledge those dedicated Board Members, Directors and Staff who have gone before us. Those who laid a solid foundation on which we are building and we are very fortunate and forever grateful for their perseverance in pursuit of the highest level of care, for those we serve. We again acknowledge the benefit of residing in a very caring community whose financial support, in the form of tax dollars, makes our Mission possible, and we remain good stewards and totally accountable in that regard. We also know that the commitment of County Government and community stakeholders is indisputably vital to the success of this cause. And, we continue to greatly benefit from our outstanding service providers, who have consistently delivered a high level of program services and have clearly demonstrated the professional capacity to meet the moment in times of crisis.

I cannot overstate that every aspect of what we do can be attributed to the excellent work of a highly competent, energetic, wholly committed, and very creative staff! Under the leadership of our Executive Director, whose vast experience and vision has substantially elevated our visibility and value, both local and statewide, we continue to increase a tremendous amount of opportunities to better serve the citizens of Madison County. Forging partnerships and coalitions with community stakeholders, agencies and institutions has been invaluable. As an example, Southern Illinois University's Graduate Internship Program has been extremely beneficial to our work, utilizing very talented graduate students, who have produced, and continue to produce, highly professional research documents and reports which have been of critical value in assessing the needs and gaps in community services. They have created an updated, state-of-art Mental Health Board Manual, a very comprehensive Resource Manual and have recently completed an in-depth research project, further updating and providing, even more vital information to improve services. As previously stated, this is just one example of the many partnerships this Board has aligned with and continues to nurture, all of which provide strategic gain for all parties concerned.

In the following pages, you will find far greater insights into who we are and what we do. A comprehensive report on the Boards past year activities and future goals. As you read this report, please know that we are not done. We are fully cognizant of the areas that continue to afflict our community and our nation as a whole, such as the ongoing opioid crisis, Covid, youth and teen suicide, school safety, homelessness, and a lack of a sufficient number of mental health crisis beds, to cite a few. We ask that you continue to trust that, consistent with our primary purpose, we remain resolute in improving the quality of life of our valued citizens, striving always, for the most achievable outcomes.

In borrowing a quote from "Stopping by the Woods on a Snowy Evening" by Robert Frost, which feels apropos to how we work: "The woods are lovely, dark and deep, but I have promises to keep, and miles to go before I sleep, and miles to go before "we" sleep.

Wishing you the very best, today and always.

*Sincerely,
Herb Clay, Board President*

About the Madison County Mental Health Board

The Madison County Mental Health Board is the mental health authority of the county government. The Mental Health Board operates under the provisions of H.B. 708, Illinois Revised statutes, also known as the Community Mental Health Act. Through the Community Mental Health Act, the Mental Health Board is empowered to develop and coordinate a local system of care addressing the needs of Madison County residents living with mental illness, substance use disorder, and intellectual and/or developmental disability. The Madison County Mental Health Board was created in 1966 through a referendum approved by the voters of Madison County. Through the passage of this referendum, a property tax levy supports the Madison County Mental Health Board in carrying out the mandates and duties of the Community Mental Health Act, which are as follows:

- Consult with other appropriate private and public agencies in the development of local plans for the most efficient delivery of mental health, intellectual and/or developmental disabilities, and substance use services.
- Submit to the appointing officer and the members of the governing body a written plan for a program of community mental health services and facilities for persons with a mental illness, intellectual and/or developmental disability, or substance use disorder.
- Within amounts appropriated therefore, execute such programs and maintain such services and facilities as authorized under such appropriations.
- Review and evaluate community mental health services and facilities, including services and facilities for the treatment of alcoholism, drug addiction, and intellectual disabilities and/or developmental disabilities.
- Further "Board's powers and duties" are set forth in 405 ILCS 20/3e.

The Community Mental Health Act also establishes that a 7- member community mental health board shall administer this Act; appointed by the governing body Chair.

MENTAL HEALTH BOARD, STAFF & INTERNS

The Mental Health Board received one new Board Member appointment this year. Rev. John Pawelchak an Edwardsville, Illinois resident, possesses a Master's Degree in Counseling. He has experience in directed a Behavioral Health Organization and has been an Orthodox Christian Priest for over 42 years.

The Mental Health Board approved and hired a new Program Manager in 2022. Mrs. Denise Bradley, Licensed Clinical Professional Counselor, employed for the position possessed the qualifications, credentials, education, knowledge, and work experience in behavioral health, establishing her as the best candidate for this position. Her employment start-date was May 23, 2022. She brings professionalism and clinical expertise to the Mental Health Board.

The Board contracted with the Southern Illinois University, Edwardsville-Graduate Intern Program for two Interns, Grace McBride and Michaela Wittlich. Ms. McBride interned the spring of 2022 and completed the Board of Directors, Onboarding Manual. Ms. Wittlich interned the fall semester



BEHAVIORAL HEALTH AFFILIATIONS

Administrative Office of Illinois Courts
Association of Community Mental Health Authorities of Illinois
CHOICES Central Illinois Deflection Initiative
Creating a Crisis Response Workgroup
Community Emergency Services and Support Act -Regional Advisory Council
Illinois Children's Mental Health Partnership
Madison County CoC Partnership
Madison County Mental Health Alliance
Madison County Juvenile Justice Council
Madison County Partnership to End Homelessness
Metro East Recovery Council
Partnership for Drug Free Communities
Redeploy Illinois Regional Office of Education
Regional Response Team
Resources for Restoration
Reveille



preparing and conducting the 2022 Community Needs Analysis Survey. She distributed the survey to approximately 600 community professionals, County Board Members, and organizations. She has been a wonderful addition and will continue her work on analysis and assessment reporting in 2023.

The Mental Health Board continues to build community partnerships across the behavioral health system in order to address needs and gaps, and coordinate services in Madison County.

SNAPSHOT OF THE CURRENT BEHAVIORAL HEALTH SYSTEM

The behavioral health field continues to face numerous challenges. Since Covid-19, the workforce continues to diminish and finding qualified mental health professionals has presented difficulties for all providers. A movement of workforce development is occurring through Southern Illinois University, Edwardsville, creating new positions referred to as Certified Recovery Support Specialists (CRSS). The CRSS credential is for people who work side-by-side with clinical staff to provide recovery support services to individuals with substance use conditions. CRSS applicants may or may not have lived experience as a person in recovery.

Access to services is a significant treatment barrier, particularly access to residential service. There is a need for an array of levels of residential care in the Southern Region. Children can wait in emergency departments for days or even weeks for bed availability. With the closure children's inpatient beds at the Gateway Regional Medical Center, the closest child inpatient psychiatric care in Illinois is in Springfield and Champaign. Yet, those beds are at capacity and the next closest youth placements for inpatient care are 4-5 hours in Peoria or Chicago hospitals, anywhere from 100-300 miles away from family and community. Local municipalities are experiencing difficulty in locating shelter, transitional, and stable housing for individuals on the street who are homeless.

The Madison County Jail is one of the largest mental health institutions, housing individuals with mental health needs. Officers trained in law enforcement are not equipped to provide mental health care. There

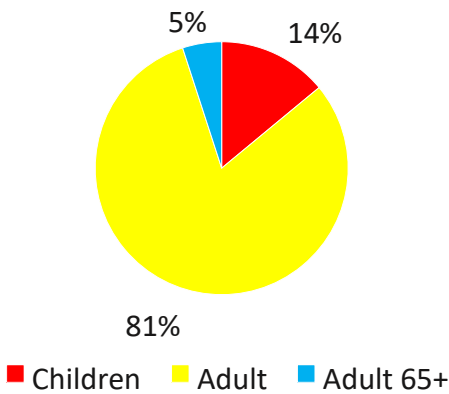
continues to be a need for supports like recovery support services, community and school awareness and education and available resources, and ancillary services like transportation.

The Mental Health Board has worked this year to address community needs in the priority areas identified in the 2021-2023, One & Three Year Plan. The Mental Health Board funded 17 organizations who provided an array of mental health, intellectual/developmental disability, and substance use services. The following graphs demonstrate service data reflecting the individuals served by age, race and treatment service type.

MENTAL HEALTH BOARD SERVICE DATA

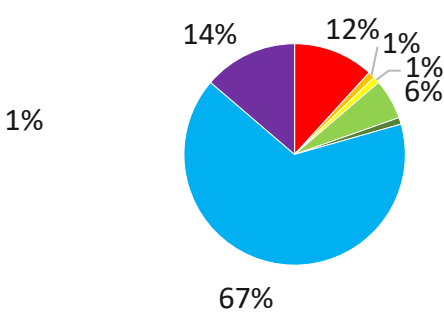
FY 2022 SERVICE DATA

Percentage of Individuals Served by Age



FY 2022 SERVICE DATA

Percentage of Individuals Served by Race

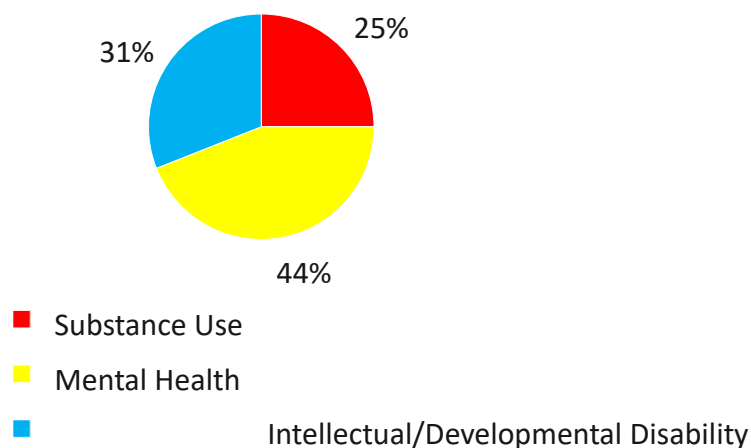


- African
- American/Black
- American
- Asian
- Hispanic/Latinx
- Native Hawaiian/Pacific Islander
- White
- Other

Indian/Alaska Native

FY 2022 SERVICE DATA

Percentage of Programs Funded by Treatment Focus



MENTAL HEALTH

Mental Health America reports that 19.86% of adults are experiencing a mental illness, equivalent to nearly 50 million Americans, and 4.91% are experiencing a severe mental illness. In 2022, the two major mental health providers funded by the Mental Health Board reported a sharp increase in Madison County residents experiencing a crisis and/or seeking treatment. There were 3,180 crisis events in 2022. Centerstone of Illinois reported an increase in crisis response with 1,677 individuals and Chestnut Health Systems reported 1,503 crisis screenings, with as many as 147 youth presenting in crisis in a month (March 2022). Chestnut Health Systems received 190,366 calls for services averaging 15,800 calls per month with 6,118 individuals admitted for mental health services. There were 44 suicides, a slight increase from 2021.

2022 SUICIDE CAUSE OF DEATH	
Method	Number of Deaths
Gunshot	18
Hanging	13
Overdose	7
Stab/Cut	3
Other	3
2022 SUICIDE DEMOGRAPHICS	
Demographic Characteristics	Statistics
Average age	49 years
% Male	82%
% Female	18%
% White	95%
% Black	5%

Mental health data received from the Illinois Department of Human Services, Division of Mental Health through a Freedom of Information Act (FOIA) reported that 4,535 unduplicated individuals from Madison County received Medicaid funded mental health services. In 2022, the Mental Health Board funded eleven mental health providers and twenty-two programs who reported 9,711 individuals

received services in the previous year. The Board worked on several initiatives addressing mental health needs, crisis services and suicide prevention.

Madison County Mental Health Alliance

The Madison County Mental Health Alliance continued to meet under the leadership of the Mental Health Board. This collaborative meeting brings local behavioral health providers together to discuss, plan, and address local needs, plan training events and share resources. One significant training organized and held annually is the "IMPACT Suicide Prevention Conference," co-funded by the Mental Health Board. The conference keynote and sessions focus on suicide prevention on all risk populations. The 2022 IMPACT Conference was entitled "The Right to Repair Our Own Lives".

New Crisis Response System-988 and 590 Mobile Crisis Response

The Illinois Department of Human Services kicked off the "988" suicide prevention hotline July 16, 2022 and 590 mobile response teams staffed by individuals with lived expertise partnered with trained mental health professionals to provide crisis response. The "988" number three-digit call, text, and chat line is confidential, free, and available 24/7/365, connecting those experiencing a mental health, substance use, or suicidal crisis with trained crisis counselors.

Community Emergency Services and Support Act (CESSA)

The aftermath of Covid complicated a system already in crisis. Suicide rates increased, criminal activities increased and trauma cases have doubled. Mental health and substance use intakes and treatment increased. Rates for appointments previously under 50% now show much higher rates. In 2021 the Illinois General Assembly passed, and signed by Governor Pritzker into law, the Community Emergency Services and Support Act (CESSA). The new law is to enhance the response to behavioral health crisis. Grace B. Hou, Secretary, invited the Board's Executive Director to serve on the Region 5, CESSA Regional Advisory Committee. The Committee will bring together multiple systems and disciplines to develop a local coordinated behavioral health emergency and crisis response.

Mental Health and Criminal Justice

Madison County Alternative Mental Health Court-Individuals with a mental health disorder, charged with a misdemeanor or probationable felony offense, are eligible to participate in the Madison County Mental Health Alternative Court. The Mental Health Board funds two mental health clinicians who are part of the Court Team and provide case management services to the Court treatment program. Mental Health Board staff attended and observed the Mental Health Court Team Meeting and Court proceedings this year. The Court Team, led by Honorable Judge Kyle Napp, consists of the Madison County Assistant States Attorney, two Public Defenders, two Probation Officers, a mental health case manager from Centerstone of Illinois and Chestnut Health Systems, and a Court Coordinator. The Court Team meeting and the court hearing were impressive. Eighteen individuals presented before the Court. Several individuals completed the court-supervised program, several were close to completion, and other participants in the program presented positive progress reports. Participants receive mental health treatment, support, or other court sanctions as appropriate such as increased court appearances, 7/7curfew and community supervision.

Redeploy Illinois Grant -The Mental Health Board invested in preventing youth from the cradle to prison pipeline through providing administration and leadership of the Madison County Redeploy Illinois Initiative and Juvenile Justice Council. The Mental Health Board subcontracts and provides administration of the Madison County Redeploy Illinois Continuation Grant. The FY 22 Redeploy Grant award was \$563,008. The funding supports intensive case management and Wraparound services aimed at providing community services that divert youth from the criminal justice system and the Illinois Department of Juvenile Justice-pipeline to prison. The grant supports a contract

with Southern Illinois University, Edwardsville to provide a graduate intern who offers psychological counseling and support to youth detained in the Madison County Detention Home. The Mental Health Board provided \$10,000 in funding to the Detention Home through System Development dollars to support an Art Therapist to do therapeutic work with detained youth.

Madison County Juvenile Justice Council-The Mental Health Board, Chairs the Madison County Juvenile Justice Council (MCJJC). Mental Health Board staff worked with Children's Home and Aid in submitting the Illinois Juvenile Justice Commission FY22 Juvenile Justice Council (JJC) grant. Children's Home and Aid received a \$75,000 grant to support the work of the Juvenile Justice Council. The funds support a court community liaison, juvenile justice data development and analysis, and juvenile justice training. The most significant accomplishment this year was the development of the Juvenile Justice Plan for Madison County.

Illinois Supreme Court-Mental Health Task Force-Mental Health Board staff participated in a number of Regional Community Mapping Meetings conducted by the Illinois Supreme Court-Mental Health Task Force. The meetings centered on the Sequential Intercept Model looking at gaps, needs, and resources across the criminal justice system, community policing and crisis services, jails and courts, prison and re-entry in addressing individuals with mental health disorders. Task Force representatives shared an array of jail diversion and mental health treatment alternatives. Madison County jail representatives shared the need for residential beds to serve the mentally ill individuals held in the County jail. The State of Illinois Deputy Director of Forensics and Justice for the Division of Mental Health, reported an increased need for case management services to meet the needs of mentally ill individuals. Problematic, the State refutes the need for more residential or forensic beds.

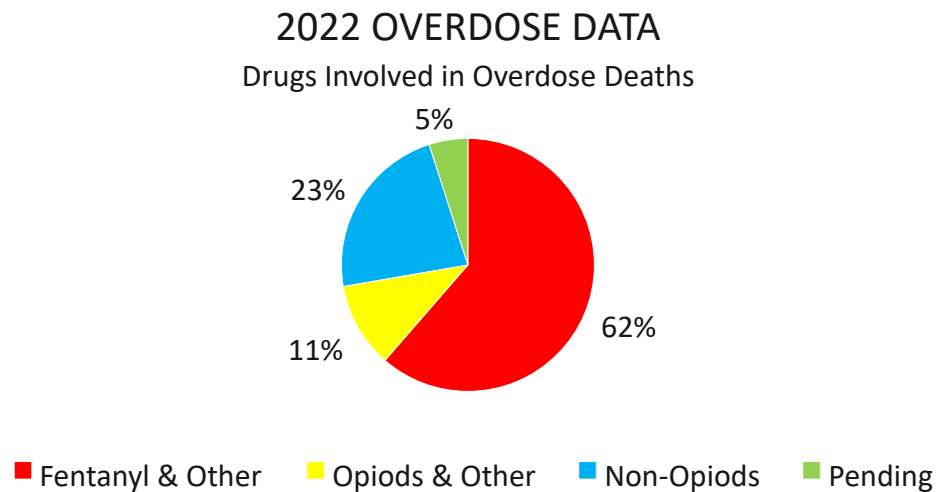
Administrative Office of Illinois Courts- An equal investment in time spent in exploring strategies was to improve mental health services for incarcerated adults through involvement in the Illinois Supreme Court-Mental Health Task Force and Administrative Office of Illinois Courts. The Illinois Supreme Court announced funding to jurisdictions to pilot programs that divert or prevent criminal justice involvement. The Madison County Mental Health Board contracted a grant writer/consultant this year who worked with the Mental Health Board to conceptualize and write a \$63,000 reentry pilot project for the Madison County Jail-Third Judicial Circuit. Pilot Project Description: The grant will provide a Certified Peer Recovery Support Specialist, Liaison to the Madison County Jail to coordinate mental health and co-occurring mental health and substance use screenings and service linkages for individuals at the pre-trial, reentry, and community supervisions stages. The Liaison will work with Jail medical staff, mental health staff, and court staff to identify, screen, and assess persons who may benefit from community-based treatment and support and facilitate connections with community-based treatment services and support programs. Jail Data Link is one of the resources utilized to assist jail/peer recovery support specialist in finding individuals who have a mental illness. The system identifies any individual who has received prior treatment in a State Facility or State-funded community mental health center and lists the diagnoses and prescribed psychiatric medications.

Illinois Criminal Justice Information Authority and Illinois State Police Deflection Initiative

The Mental Health Board was invited to attend the Illinois Department of Human Services, Illinois State Police, and Illinois Criminal Justice Information Authority (ICJIA) for a presentation on the Police Treatment and Community Collaborative and development of a Central Illinois Deflection and PreArrest Diversion Initiative. The Mental Health Board staff attended meetings to assist with developing a Solutions Action Plan (SAP). The Initiative plans to provide deflection specialists who will engage individuals with behavioral health issues on the street prior to arrest to help them access resources that will prevent involvement with law enforcement or incarceration.

SUBSTANCE USE DISORDERS

National data from Mental Health America shows that 7.74% of adults in America reported having a substance use disorder, 2.97% an illicit drug use disorder and 5.71% an alcohol use disorder in the past year. Madison County also reported 111 substance use deaths in 2022 down from 116 in 2021 and five (5) overdose deaths involving a newer substance abused is the drug Xylazine.



Locally, a FOIA request to the Illinois Department of Human Services, SUPR Division demonstrates that 1,596 individuals from Madison County received Medicaid funded substance use treatment services. The communities that had the largest number of individuals who were provided treatment through SUPRA; Alton (287), Bethalto (33), Collinsville (134), Cottage Hills (45), East Alton (115), Edwardsville (95), Glen Carbon (36), Godfrey (49), Granite City (440), Highland (34), Madison (43), Troy (34), Wood River (79).

Through local taxes, the Mental Health Board was able to fund three substance use prevention, treatment, residential and recovery providers in five programs. Providers reported data in their annual application that they served 28,456 individuals in the previous year, 24,235 of those individuals received prevention education and services.

Madison County Alternative Drug Court

The Mental Health Board provided \$352,165 in funding support to the operation of the Madison County Drug Alternative Court. Honorable Judge Napp also presides over the drug court program that served 164 unduplicated clients and held two Graduation Ceremonies this year. The transformation of lives through the drug court program is a moving experience, hearing and observing the before and after presentations by the Drug Court participants.

Drug Court

164 Unduplicated Drug Court Clients Served 1/1 - 12/ 31/22

73 = Female

91 = Male

MAT

546 Unduplicated MAT/MAR Clients Served Residing in MC 1/1 - 12/31/22

299 = Female

Medication Assisted Treatment and Recovery Services (MAT/MAR)

Medication-Assisted Treatment (MAT) is the use of medications in combination with counseling and other therapeutic techniques to provide a “whole-patient” approach to the treatment of substance use disorders. Medications relieve the withdrawal systems and psychological cravings that cause chemical imbalances in the body. Effectively addressing the opioid epidemic requires a multi-systems collaborative community approach. The Mental Health Board is building collaborative relationships with child welfare, law enforcement, court systems, substance use disorder and mental health treatment, and healthcare providers in an effort to address opioid abuse in Madison County. Through the Mental Health Board funding, 546 unduplicated individuals received MAT/MAR services.

Opioid Settlement Funds

The Opioid Lawsuit Settlement named three major drug distributors and the pharmaceutical giant Johnson & Johnson agreed to a \$26 billion settlement with states to resolve thousands of lawsuits over the country's opioid crisis. States Attorney Haine responded and shared that he represented Madison County and signed the lawsuit, one (1) of 9 Illinois Counties represented. He strongly advocated for a written, specific amount for Madison County. In 2022, Madison County received notification that they will receive \$3.5 million settlement funding, distributed over the next 18 years. There will be additional settlement funding to follow from other distributors. In a meeting with States Attorney Haine and Madison County Administration, it was determined that the Mental Health Board would administer the Opioid Settlement funding. In 2023, the Mental Health Board will utilize the Core Strategies in funding prevention, treatment, and support programs/efforts as outlined by the settlement.

DEVELOPMENTAL/INTELLECTUAL DISABILITIES

Recent estimates in the United States show that about one in six, or about 17%, of children aged three (3) through 17 years have one or more developmental disabilities. The Mental Health Board funded five ID/DD providers and six programs, the past year serving 787 individuals.

The ARC of Illinois surveyed 53 community agencies, including providers from Madison County agencies serving people (I/DD). The most significant issue presented is the pervasive staffing shortages faced by all behavioral health organizations. The shortages not only affect people who depend on staff for daily supports but also limits access to services for people living with families and seeking agency support. The survey demonstrates a dire emergency due to workforce shortages and maintaining services. Without increased funding and staff, the trend will be to place individuals in larger group settings.

Workforce Crisis	Persons with a Disabilities Not Receiving Services
25% Direct Service Support (DSP), 23% Supervisor and Case Manager, 14% Nursing vacancy rates	28% Not accepting new admissions
2,137 Number of Vacant DSP Positions	14% Closure of residential settings
85,477 Less hours of services to community settings	72% Delaying expansion of new initiatives due
Current staff are leaving at twice the rate of new hires	16,382 weekly direct hours are not provided by due to vacant Clinical/Supervisor positions

They Deserve More is a statewide advocacy effort moving forward assertively with state legislators to advocate strongly for a \$4 per hour wage increase for the dedicated Direct Support Professionals (DSPs) who care for people with intellectual and developmental disabilities (IDD). A proposed increase in the FY23 Budget by \$200 billion has strong advocacy to ensure Direct Service Professionals have wage rate increase. In addition, advocacy efforts seek to ensure an increase in the number of individuals approved from the State of Illinois Priority Unmet Needs (PUNS) List.

In 2022, Mental Health Board staff joined the Madison County Regional Office of Education, Transition Planning Committee to address the needs of youth with ID/DD who will be transitioning from school to young-adult life with the necessary assistance and supports for their individualized transition. The Mental Health Board is planning to work with local developmental disability providers on community awareness activities for 2023.

HOMELESSNESS

Several communities have voiced the impact of the increasing number of homeless individuals in Madison County. Recent assessment findings show that approximately 79 individuals in Madison County identify as homeless with 25% of these individuals also identifying as having a mental health disorder. Their ages range from 2-70 years of age.

The Mental Health Board has attended meetings this year to collaborate with the local government, the Madison County Partnership to End Homelessness, the Madison County Community Development Department, townships, city councils, and libraries in addressing homelessness. Staff assisted in providing leadership and planning for the 2023 Annual Project Homeless Connect event, connecting people experiencing homelessness with services and goods. Mental Health Board representatives shared strategies, education, and resources for individuals with a mental health and/or substance use disorder so they can receive help. Strategies presented include locating a facility for an overnight warming center when temperatures are freezing (and a cooling center for extreme summer temperatures) for homeless individuals and building a volunteer base to support the initiative for building tiny houses. There was planning for community promotion to address homelessness.

MENTAL HEALTH AWARENESS, EVENTS, TRAINING, & EDUCATION

Mental Health Awareness Events

The Mental Health Board worked to increase mental health awareness through scheduled events, newspaper articles, radio interviews, webinars, social media posts, and Monthly Intelligencer Community Spotlight.

Children's Mental Health Week



Camberlee Crane
Alton Middle School



McKenzie Jones
Madison Middle School



Reese Boyer
Coolidge Jr. High

During National Children's Mental Health Week, several events promoted positive children's mental wellness. One of the activities focused on promotion and public awareness through daily social media posts on Facebook. The major event was the "Express Yourself" contest, which invited middle school students in grades 6-8 from Alton, East Alton, Collinsville, Granite City, Wood River, and Madison, IL to tell us their story. Topics included sharing what helps them overcome a difficulty, showing how they relieve stress or stay calm, or demonstrating what makes them feel better through submitting a photo or video with a positive expression of mental health. A panel of judges determined the winners. Congratulations to the Madison County Mental Health Board's, 2022 Express Yourself Contest First Place Winners!

AMARE

Ty Bechel, Executive Director, Amare and play write presented the mental health play "If I Never Wake Up", sponsored by the Mental Health Board. System Development funding also enabled the second "Madison County Informed" mental health YouTube episode on homelessness is available to view (<https://tinyurl.com/Amare-MCI-Ep5> Facebook Post) and YouTube: <https://youtu.be/aACkk7qNckk>.

National Suicide Prevention Week, "988" Informational & Suicide Prevention Event

An event held in the Madison County, Administration Building, shared "988" Suicide and Crisis Lifeline and suicide and crisis resource information. Following the presentation of resources, the Mental Health Board sponsored a Question, Persuade, and Refer Q.P.R. Suicide Prevention Training. The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical, and proven suicide prevention training. The signs of crisis are all around us. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.

The Mental Health Board has planned awareness initiatives for the next year. The areas of education and awareness will be autism, developmental disabilities, mental health, mental health diversity, substance use, and suicide awareness. The months they are recognized are:

- March-Intellectual and Developmental Disability
- April-Autism
- May-Mental Health Awareness, first week children's mental health
- July-Mental Health, Diversity
- September -Suicide Prevention
- October-Substance Use Prevention

Mental Health Training & Education

The Mental Health Board sponsored training events and Board staff gave presentations to a number teachers, law enforcement and community residents as follows:

Alton Police Department Training-The Alton Police Department received System Development funding to hold two mental health trainings for Madison County Law Enforcement. The first training conducted in 2022 was through Breach Point Consulting. Approximately 65 law enforcement officers and 15 family members attended the family track.

Edwardsville High School, Leadership Training

The Mental Health Board provided mental health leadership training to approximately 55 high school students on May 27, 2022. Youth and youth leaders from the Honor Roll, Epic, Student Council, Class Officers and prevention programming. A great opportunity to share mental health awareness and education with future leaders.

Illinois State Police Training-Mental Health Board staff provided two trainings for Illinois State Law Enforcement Officers attending the Crisis Intervention Training (CIT). The trainings focused on information about caring for persons with developmental disabilities and mental health resources.

Impact Suicide-The Madison County Mental Health Alliance held the 2022 Annual Impact Suicide Conference, "The Right to Repair Our Own Lives." The conference highlighted "Farming and Rural Life: A Complex Culture", a profession that is experiencing high suicide rates. The conference offered several breakout sessions, "The Role of Social Work in Confronting the Farmer", "Optimizing the Health of the Female Farmer with a Focus on Mental Wellbeing", "Trauma Informed Care", "Lethal Means Safety Counseling", "QPR – Question, Persuade, Refer: Suicide Prevention", "Best Practice Recommendations" & "A Call to Action Resource Panel: Local, State, & National Resources."

Madison County Regional Office of Education-Teachers Institute

Mental Health Board staff presented to Madison County teachers at the 2022 ROE41. The Mental Health Board provided two presentations, "Bringing Self-Care to the Classroom" and "Back to School Resources to Support Mental Health Teachers and School Staff".

Mental Health First Aid Training-The Mental Health Board contracted with Isaac Sandidge a certified instructor to offer 3 Mental Health First Aid trainings. Mental Health First Aid is an evidenced and skillsbased training course that teaches participants to identify, understand, and respond to mental health challenges. The course involves online assignments and a virtual class. Upon completion, participants receive Mental Health First Aid certification. Various community representatives attended; a local Alderman, the Madison County Veteran's Commission, and other disciplines. The Board received the following testimonial about the training:

"I just wanted to tell you how valuable the mental health first aid training was for one of our staff. A day or two after the training, our Recovery Navigator was working with a peer and doing their intake over the phone while the peer was at the building and Rick was working from home. The peer responded with suicidal ideations and was able to discuss the severity with the peer and he coordinated with our Project Coordinator and 911 was called. Rick credits the training with the knowledge on how to work with the client and what action to take. Thank you again for making this a possibility! Best regards, Ty Bechel."

When Mental Illness Hits Home Conference

The Mental Health Board continues to sponsor the "When Mental Illness Hits Home", a unique conference for friends and family members who journey with people with a mental illness and professionals in the mental health field. There were 133 conference attendees.

Question Persuade & Refer Suicide Prevention Training

Heartlinks Grief Center received System Development funding to provide Question, Persuade, and Refer-QPR Suicide Prevention training for the Madison County Child Advocacy Center. The suicide prevention contract included consultation on the integration of Client Suicide Response Protocols for administrative and clinical staff.

Additional Mental Health Awareness & Community Education Activities:

- WBGZ Radio-The Mental Health Board joined Captain Kristopher Tharp in an interview sharing Madison County mental health resources and the new 988 3-digit suicide and crisis life line
- Riverbender News-The Riverbender News reporter conducted an interview with the Mental Health Board and on September 19, 2022, and published the article "There is a Mental Health Crisis in our Country".
- Intelligencer-The Mental Health Board was a Contributing Columnist for the Intelligencer that published 12 Community Spotlight news articles on behavioral health.

- School Safety Summit-The Mental Health Board provided a bi-annual presentation on mental health resources for schools to assist youth who are experiencing mental health crisis and suicidal thoughts.
- Southern Illinois University, Edwardsville, Social Work Department-The Mental Health Board provided a presentation on Problem Solving Treatment Courts at the 2022 Social Work Departments Annual Conference.
- Facebook Social Media Posts-The social media Facebook platform was used to raise awareness of children's mental health the week. The posts contained messaging about children's mental health resources, the Children's Mental Health CARES, SASS, 988 Crisis Call Lines, diversity and inclusion, May the 4th Be With You, and the State of Illinois Proclamation Announcement. Throughout the year, the Board posted information promoting positive mental health, substance use and developmental disabilities messaging, local trainings, resources and supports.

Behavioral Health Resources

There was a concerted effort to market and disseminate the 2022 Resource Directory that provides information regarding local behavioral health services and supports, helping community residents in seeking and accessing services. The Mental Health Board presented in various forums on how to access the Directory using the QR Code and Mental Health Board website. The Board marketed this information to Madison County School Superintendents to share with school administration and teachers, organizations assisting homeless individuals, law enforcement, libraries and other groups. The Board provided 100 copies of the QR Code to access the Directory to the Madison County Sheriff for distribution to officers.



FINANCIAL REPORT

Mental Health Aid to Agencies

The 2022 Mental Health Aid to Agencies budget was \$2,498,530. The Mental Health Board contracted with 15 agencies to provide an array of mental health, substance use disorder, and intellectual/developmental disability services and supports.

Behavioral Health Agency	Annual Funding
ARCH House	\$20,000
Behavioral Health Alternatives	\$20,200
Bedell Achievement Resource Center	\$124,986
Catholic Charities	\$65,140
Centerstone of IL	\$483,318
Chestnut Health Systems	\$1,374,813
Educational Therapy Center	\$59,332
Epilepsy of Greater Southern IL	\$15,200
Heartlinks	\$39,075
Illinois Center for Autism	\$79,501

Madison County Child Advocacy Center	\$35,000
NAMI	\$37,525
New Opportunities	\$54,144
Refuge	\$86,785
St. John's Community Care	\$38,511

The 2022 Mental Health Board's System Development Budget was \$81,690. The funding supported an array of specialized therapeutic, prevention, support, training, and awareness initiatives.

2022 SYSTEM DEVELOPMENT FUNDING ALLOCATIONS	
Funded Initiatives	Funded Amount
Alton Police Department, Mental Health Training	\$15,000.00
Call For Help, Inc., Art Therapy	\$10,000.00
Epilepsy Foundation GSWI, Client & Family Services	\$7,500.00
Grant Consultant/Writer	\$8,000.00
Mental Health Awareness Initiatives	\$1,069.66
Mental Health First Aid	\$4,737.50
QPR Suicide Prevention Training	\$450.00
St. John's Community Care, Caregiver Group	\$2,500.00
Supporting Community Independence	\$15,000.00
When Mental Illness Hits Home Conference	\$1,500.00

FINANCIAL STATEMENT

December 1, 2021 - November 30, 2022

REVENUES

Current Real Estate Taxes	\$ 2,941,929.85
Prior Years Real Estate Taxes	\$ 68,725.37
Payment in Lieu of Taxes	\$ 10,652.13
Current Mobile Home Taxes	\$ 1,099.54
Prior Years Mobile Home Taxes	\$ 323.63
Interest from Investments Net	\$ 33,988.29
Appreciation/Depreciation	
Fair Market Investments	\$ (90,132.39)
Interest from MMDA	\$ 239.79

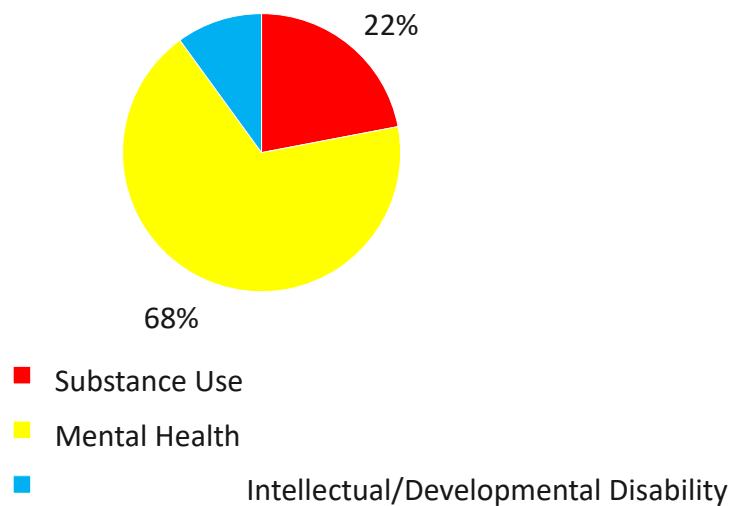
Total Revenues	\$ 2,966,826.21
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EXPENDITURES

Administrative	\$ 255,956.11
System Development	\$ 65,757.78
Alternative Court	\$ 352,165.00
Aid to Agencies	\$ 2,498,530.00
Total Expenses	\$ 3,172,408.89

(Note: Additional Redeploy Illinois Grant FY22 Funding/Expenditures \$267,193.92)

FY 2022 SERVICE DATA
Percentage of Funds Allocated by Treatment Focus 10%



MADISON COUNTY MENTAL HEALTH BOARD, ONE & THREE YEAR PLAN

The Mental Health Board continued efforts in 2022 toward the goals identified in the One Year Strategic Priorities and Goals. In 2023, a comprehensive needs analysis will be conducted to formulate a One and Three Year Plan, identifying strategic priorities and establishing goals for 2024-2026.

Three-Year Goals (2021-2023)

- Utilize levy, state, and federal funds to provide needed services for Madison County residents with behavioral health disorders
- Ensure that local tax funds are allocated and monitored in a reasonable and responsible manner
- Maintain the funding of core services while advancing funding support to new initiatives, evidence-based, specialized treatments and support services.
- Increase system-wide coordination and collaboration among behavioral health system partners and stakeholders
- Utilization of Board resources to address areas identified as the current behavioral health issues and needs, community education and awareness, substance use -addiction, suicide risk and the incarceration of individuals with mental illness.

- Conduct ongoing, evaluation and response to the community behavioral health needs and trends.
- Assess and address the Board's operational, workforce and staff development needs.

2023 One Year Strategic Priorities and Goals

Strategic Priority 1: Ensure a Comprehensive Network of Behavioral Health Services Goal:

Maintain and expand behavioral health services and programs to individuals involved in the criminal justice system

Strategic Priority 2: Promote Coordinated Mental Health Crisis Response Goal:

Reduce mental health crisis events and suicide deaths

Strategic Priority 3: Professional Education and Community Awareness

Goal: Increase awareness and access to local prevention, treatment, and support resources **Goal:** Increase education to school administration, teachers and students and criminal justice stakeholders

Strategic Priority 4: Provide Leadership & Advocacy

Goal: Increase monitoring and response to County, State, and Federal planning and policy impacting local behavioral health

Strategic Priority 5: Community Needs Analysis and Strategic Planning

Goal: Conduct a community-wide needs analysis. Using the analysis, identify strategic priorities and establish goals for the development of the 2024-2026 One & Three Year Strategic Plan.

MENTAL HEALTH BOARD MEMBERS, STAFF & INTERNS

BOARD MEMBERSHIP

Herb Clay, President

Sarah Calvin, Vice President

Dr. John Stirton, Secretary

Nick Petrillo, County Board Liaison

Cedric Irby, Board Member

Rev. John Pawelchak, Board Member

Laurie Skinner Moore, Board Member

MADISON COUNTY MENTAL HEALTH BOARD PERSONNEL

Deborah Humphrey, MBA, BSN, RN, Executive Director

Denise Bradley, Program Manager

Michelle Brooks, Office Manager & Resource Specialist

GRADUATE INTERNS

Michaela Wittlich (August 2021- May 2022)

Grace McBride (August 2022 –May 2023)

MADISON COUNTY, ILLINOIS



Madison County Board

Kurt Prenzler, County Board Chair

Fred Michael	District 1	
Stacey Pace	District 2	
Frank Dickerson	District 3	
Bobby Ross	District 4	
Michael Madison	District 5	District
Valerie Doucleff	6	
Michael Turner	District 7	
	District 8	
Michael Holliday	District 9	
Bill Stoutenborough		
Shawndell Williams	District 10	
Dalton Gray	District 11	
Robert Pollard	District 12	
Matthew King	District 13	

Michael Babcock	District 14
Terry Eaker	District 15
Robert Meyer	District 16
Victor A. Valentine	District 17
Alison Lamothe	District 18
Nick Petrillo	District 19
Denise Wiehardt	District 20
John Janek	District 21
Ryan Needler	District 22
Paul Nicolussi	District 23
Charles Schmidt	District 24
Chris Guy	District 25
Jason Palmero	District 26