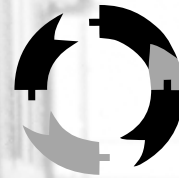


THE VIEW

The Villages of Park DuValle

March 2005 Volume 4, Issue 1



The Community Builders, Inc.

Asset Building Helps You Keep More Of Your Money

You can file free online

Whoever said there is no such thing as a free lunch may have been right. But for millions of eligible taxpayers this year, there is Free File. Free File is online tax preparation and electronic filing through a partnership agreement between the IRS and the Free File Alliance, LLC. In other words, you can e-file... free.

Options for residents that are comfortable using the computer to prepare their own tax returns are available at the web site listed below.

<http://www.irs.gov/efile/article/0,,id=118986,00.html>

It's your money. You earned it!

The Earned Income Credit (EIC) is a special tax benefit for people who work full- or part-time. If you qualify, you'll owe less in taxes and you may get cash back. Even if you don't owe income tax you can get the EIC. But you must file a tax return. Even workers who aren't raising a child can get the EIC.

Tax time can pay even more if you claim the Child Tax Credit refund. Did you earn more than \$10,750 in 2004? Can you claim a child under age 17 as a dependent? You may be eligible for a Child Tax Credit (CTC)- up to \$1,000 for each child. Eligibility rules are different from the EIC rules, but many workers can receive both tax credits.

If you were raising a child in your home in 2004, claim the EIC. The child must live in the U.S. and be under age 19 in 2004, or under age 24 if a full-time student, or any age if permanently and totally disabled. You may also be able to boost each paycheck during the year with Advance EIC. Get Form W-5 from your employer, or call 1-800-TAX-FORM.

If you claim a child under age 17 in 2004 as a dependent, claim the CTC refund. File Form 1040 or 1040A, not Form 1040EZ. Follow the tax form instructions to find out if you get a CTC refund. To claim it, file Form 8812 "Additional Child Tax Credit." Generally, the child must live in the U.S.

Note: Non-custodial parents may be able to claim the CTC refund.

VITA Sites:

Louisville Urban League

1535 W. Broadway
585-4622
Saturdays: 1-5 p.m.

New Zion Community Development Corp.

3623 Virginia Ave
778-7711
Thursday: 4-8 p.m.
Saturday: 10 a.m. – 2 p.m.

** If you are a resident of The Villages of Park DuValle, and you claimed EIT and/or CT credits, you are eligible for a \$100 cash award. To enter the drawing, visit the Villages Clubhouse and complete an entry form. The drawing will be held April 18.

Signs of Progress and Accomplishment



Mayor Jerry Abramson

The Villages of Park DuValle continues to be a source of pride for our community. Whether it's the beautiful homes that grace the parkway, or the

apartments and town homes that cascade along Russell Lee Parkway, everywhere you look you see signs of progress and accomplishment.

The Park DuValle neighborhood has continued to flourish and grow, thanks to the hundreds of families who reside within The Villages and retail owners, like Soupy's business owner Marshall Gazaway, who boldly pioneer commercial investment in this new community.

Beyond bricks and mortar, there must always be human investment and the belief that if you put forth enough energy, effort and time, good things will come. Recently, I rode through the neighborhood, marveling at the homes and watching the children play. I could not help but fondly remember the community meetings and the folks who stood arm-in-arm with the Housing Authority, HUD officials and a host of others, to bring our dream for a new Park DuValle to fruition.

As a result of this tenacity, our new day is here. Metro government continues to attract new retail businesses

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Spotlight On Wendy's



Ulysess "Junior Bridgeman" offered remarks after receiving recognition as an outstanding corporate supporter in the Park DuValle community

"Everyone, at any age should be involved in their communities. Giving back doesn't just mean financial support... it's also an investment of time and energy. By supporting our communities, we are making them a better place to live." So says Dave Thomas, Wendy's founder, and no where is that adage more true than here in Park DuValle. The Wendy's restaurant located at Algonquin Parkway and Cane Run Road has been a major supporter of youth and family oriented programs. From employing local residents to hosting a Report Card Club to sponsoring the annual National CASA Family Day, the restaurant's commitment to this community has been unmatched.

Being involved in the community, especially where he does business is nothing new for Ulysses "Junior" Bridgeman, president and chief executive of BF South and owner of 153 Wendy's restaurants including the Algonquin Parkway store.

"The communities we serve are very important to me. I have a genuine concern for the Park DuValle community and our staff is committed to helping the youth and their families achieve success."

BF South became an early partner of the CASA Community Health Project at Park DuValle (CCHP). Initiated in early 2003, CCHP's mission was to create a healthier, more educated community equipped to address the interrelated problems that prevent residents from achieving their full potential and maintaining self-sufficiency. Increased partnerships and enhanced relations between community businesses, organizations and service providers, and leadership development for area youth are among the project's broader goals.

of family involvement and many other issues impacting our community."

Gardner says more than 600 youth received free kid's meals during last September's event. And guess who was working the drive-thru window during the festivities—Junior Bridgeman. "It's important that residents see me working in the community, and I get an opportunity to interact with some of our best customers. I had as much fun as the youth."

In addition to youth eating with



Residents pledged to maintain a smoke-free home during the National CASA Family Day event held last Fall.

Mary Gardner, marketing manager for local Wendy's stores, serves on the CCHP Partnership Team and chairs the CASA Family Day event, a national effort sponsored by the Center on Addiction and Substance Abuse at Columbia University. The event promotes parental engagement as a simple, effective way to reduce substance abuse among children and teens and raise healthier families. She sees first-hand the positive results of private business partnering with other agencies to better the lives of residents in this community.

"CASA Family Day has really been a fun event for the community but more importantly, it provides an opportunity to educate residents on the importance

their parents, adults received valuable information related to voter registration, tobacco and drug use, health-related issues, i.e. diabetes and heart disease, and youth services and programs.

During last year's Family Day event, Bridgeman and wife Doris, who grew up in Park DuValle, were recognized for their outstanding contributions to the Park Duvalle community.

Bridgeman has already pledged his support for Family Day 2005. This will be the third consecutive year for Wendy's as local sponsor and Gardner says plans are well underway. The event is held at the Algonquin Parkway restaurant.

Continued... Signs Of Progress And Accomplishment

to the area, and Park DuValle is reaching the critical mass that is so important to a neighborhood's quality of life. I look forward to seeing you soon as I drive along your streets and congratulate the newest homeowner or business owner in your neighborhood, or talk to the children who feel safe in playing in their yards.

Congratulations to all of you, for your belief in where you live and the heart and soul you've put into making it a reality.

Aerobic Classes Offered At Villages Clubhouse

Get your groove on during free aerobics classes. Under the guidance of instructor Renee Appling, you'll work your way to a more fit and healthy lifestyle. Classes began March 3 but there's still room for you. Classes are held on Thursdays, 6-7 p.m. in The Villages Clubhouse at 1804 Russell Lee Drive.

Intergenerational Computer Program A Hit



(L. to R.) Mary Cooper and Delores Hickerson, residents of the Dr. William Weathers Senior Building posed for a photo op during a recent computer class.

The intergenerational "My Story" program has created a shared learning environment for seniors and youth alike. Through the use of computers, youth are teaching basic computer and Internet skills to senior residents and, seniors are teaching youth about the life, social and cultural environment of their era.

Youth are interviewing area seniors to create and publish their stories on a community web site. "My Story" may include old photos, which can be digitally preserved and recordings of

the senior's voices to publish their story. Photos and video of the Park DuValle community and points of interest will be included on the web site, and it will serve as a showplace for the youths' work as well as a community bulletin board for local events and activities.

In addition to the basics, youth are learning desktop publishing and how to use software and hardware that will prepare them to repair and upgrade their personal computers. Youth are working toward proficiency in at least one Microsoft software program and will test for Microsoft certification after three months.

Many seniors are getting their first introduction to computers. Along with learning the basics of turning the computer on and off, they will learn to construct simple documents, send email, scan and digitally alter photos and play games.

"I'm excited. I've wanted to learn about computers but didn't know how to get started. Before long, I'll be able to email family and friends," said Stanley Dennis of the Dr. William Weathers Senior Building. Photographs and producing a newsletter for the senior building residents.

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www.LouChemfcu.org

Plan To Sweat It Out With Donna Richardson

Young and old, male and female will be stretching and pulling and pushing their bodies to the limit as Donna Richardson, international fitness guru, takes the stage for an hour-long workout during the annual Family Fitness Day. The event is scheduled for Saturday, June 18, 9 a.m. until 1 p.m. at Russell Lee Park (34th & Southern Avenue).

Family Fitness Day is held annually to raise awareness in the minority

community about the importance of physical activity in reducing heart disease and stroke. According to Kim Telesford-Mapp, who coordinates Family Fitness Day, last year's event was so well attended that there was no question about returning to the Park DuValle community. "This is the population we want to reach, and Donna Richardson's presence helps us deliver our message to more people," says Telesford-Mapp.



Donna Richardson

Bearing Witness To Violence Against Women

Domestic violence against women is a true epidemic. According to the U.S. Department of Justice, every 17 seconds a woman is a victim of a violent crime, and three out of four women will be victims of at least one violent crime during their lifetime. These are sobering statistics but efforts are underway to curb domestic violence in Louisville communities.

The Clothesline Project of Louisville, organized in 1991, provides healing experiences to survivors of abuse. Victims are supported in a variety of ways including documenting the widespread incidence and affects of violence, and advocating for laws

and policy to reduce the incidence of these crimes.

In addition, the project provides therapist-facilitated, free of charge workshops for women and other victims of abuse. And speakers are available to speak on issues of intimate partner abuse, sexual assault, child sexual abuse and other forms of violence.

The Partnership for the Protection of Children will host a Clothesline Project Workshop on Saturday, April 16, at Southern Star Baptist Church. A youth session will also be conducted to address issues of violence among area youth.

Wilson Avenue Greenhouse To Be Demolished

Work is now underway to prepare the "Greenhouse" property for demolition. The City acquired the Greenhouse, along with two adjoining residential properties on Wilson Avenue. According to Tim Barry, Executive Director of Louisville Metro Housing Authority, all three buildings are slated for demolition beginning sometime in April.

Addressing Tobacco Issues In Our Community

The Community health Project at Park DuValle recently hosted a community forum on "Addressing Tobacco Issues in Our Community." Distinguished panelist for the event included Dr. Adewale Troutman, Louisville Metro Health Department Executive Director; Brenda Bell Caffee, founder of "Not In Moma's Kitchen" smoke-free homes campaign; and David Tandy, Director of Government Relations for the American Cancer Society.



(L. to R.) Dr. Adewale Troutman, Brenda Bell Caffee, and David Tandy

Spring Cleanup Tips And Helps

Across most of the US, the winter has been mild and an early spring seems to be in store for us to enjoy. The rapidly melting snow along with the cool, overcast, and wet weather bring special conditions that need immediate attention. Regardless of the amount of cleanup you did last fall, there is more to do to get your lawn and landscape ready for the growing season.

You may have thought that all the clean-up work you did last fall would pay-off this spring. You got all the leaves raked up and all the roses covered and all you would need to do is some minor picking-up and everything would be all set and ready to go. If you really thought that, then it is probably the first time you have ever owned a home with a lawn and landscape to care for. There is always clean-up work to do in the spring.

The first thing you should do is to take a walk round your lawn and make a quick survey of the effects the winter had on your property. If you have a dog, you may have to clean up their winter 'activity'. There is no quick cure for dog damage except lots of water to wash the salts from the urine into the soil. In most cases, the grass will recover. If the damage is severe, resodding or reseedling of the areas may be necessary.

Check your grass for matted patches that could signal the development of Snow Mold. A light raking to break up the matted grass will remedy this situation. If the grass was left too long last fall, an early mowing at 1 1/2 to 2 inches would be advisable. This will remove much of the 'dead' grass from last year's growth and allow the new growth to come through easier. A light raking of the entire lawn is also

beneficial. This is especially true if there are leaves still scattered across the lawn. Be careful if the ground is wet when you are raking. Vigorous raking can uproot the grass plants.

Do not uncover your roses until the danger of a heavy frost is over. When you do uncover them, clean away any soil or other organic material that was used to 'heal' them in for the winter. This material can carry disease spores that can infect your plants. While the plants are still dormant, you can improve their health and vigor with some selective pruning. Remove any dead, blackened, or damaged wood. Prune the cane down to healthy wood, just before a leaf bud. Remove any branches that may be crossing, that are twiggy, or are growing out of the side of a cane. Remove old canes at the bud union and leave 3 to 5 good ones that are evenly distributed. Delay mulching around the plants as this will keep the soil cold and delay the growth of the bushes.

Check your woody landscape plants for injury — particularly the evergreens. Do not be too alarmed if you do not see new growth. Wait until the buds have opened before removing any dead branches, unless they are broken. Take the same 'wait and see' approach with perennial plants. Remove any mulch that was placed there to protect them. Some plants take a longer time to come out of winter dormancy than others do. If scale insects or tent caterpillars bothered your landscape plants last year, then you should consider spraying with dormant oil before the buds open. This material will smother the egg cases or over-wintering adults. Spring is a time of rebirth and reawakening from a long winter's

nap. Getting out into the fresh air of spring can do much to revitalize you as well as your plants. Spend a couple of hours cleaning things up and you will be rewarded with a healthier and more vigorous landscape. It will do wonders for you, also.

Community Calendar

March

- 18 Community Health Project Appreciation
- 26 Community Easter Egg Hunt Southwick Community Center

April

- 4-8 JCPS Spring Break Spring Break Camp Southwick Community Center
- 21 Homeowners Association General Membership Mtg.

May

- 7 Derby
- 16 Clothesline Project
- 21 Family Fitness Day Russell Lee Park

At Home In The Villages Of Park DuValle

Beautiful apartment living is now available at the Villages of Park DuValle. Tax credit and market units may be leased immediately by qualified applicants. If you're interested, contact the leasing office at 778-7277

The View–Villages of Park DuValle
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Louisville KY. 40211

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