

COVID-19 Vaccines

MYTHS VS. FACTS

cdc.gov/coronavirus

MYTH

THE INGREDIENTS IN COVID-19 VACCINES ARE DANGEROUS.

FACT

NEARLY ALL THE INGREDIENTS IN COVID-19 VACCINES ARE ALSO INGREDIENTS IN MANY FOODS – FATS, SUGARS, AND SALTS.

MYTH

THE NATURAL IMMUNITY I GET FROM BEING SICK WITH COVID-19 IS BETTER THAN THE IMMUNITY I GET FROM COVID-19 VACCINATION.

FACT

GETTING A COVID-19 VACCINATION IS A SAFER AND MORE DEPENDABLE WAY TO BUILD IMMUNITY TO COVID-19 THAN GETTING SICK WITH COVID-19.

MYTH

A COVID-19 VACCINE CAN MAKE ME SICK WITH COVID-19.

FACT

BECAUSE NONE OF THE AUTHORIZED COVID-19 VACCINES IN THE U.S. CONTAIN THE LIVE VIRUS THAT CAUSES COVID-19, THE VACCINE CANNOT MAKE YOU SICK WITH COVID-19.



We Strive to Enhance Lives,
Build on Strengths and
Create Community.