

**SUPPORTIVE HOUSING PROJECT
CONCEPT PAPER**

<u>Date:</u>	2/19/2024																						
<u>Point of Contact</u>	Nannette Bertram Dix, MSSW, CSW																						
<u>Project Title:</u>	Supportive Housing Project																						
<u>Resources Needed:</u>	<ul style="list-style-type: none"> • Staff • Financial • Stakeholders • Partnerships 																						
<u>Target Population:</u>	140 Selected Dosker Manor Residents and 40 Avenue Plaza Residents <ul style="list-style-type: none"> • 70 will receive clinical and/or Strengths-based case management • 70 will receive brokerage case management 																						
<u>Purpose/Problem Statement:</u>	Dosker Manor was built in 1968 initially as a complex to house the elderly, since then its transformed to house other vulnerable populations. Today Dosker Manor houses 518 families with chronic physical and/or mental illness that is debilitating and effects daily living. Of those 518 residents some came through the Continuum of Care, these residents were moved in directly from being homeless without the provision of services needed to address the root cause behind their homelessness. Also, the residents who entered through Louisville Metro Housing Authority regular waitlist process who initially could maintain their housing independently, who now due to age and/or diminished capacity are struggling to maintain housing, and since 2020, there have been 8 <u>documented</u> violent incidents, 5 homicides and 3 non-fatal shootings at Dosker Manor; this data shows the need for evidence-based intervention and prevention services at Dosker Manor.																						
<u>Estimated Timeline:</u>	May 1 st 2024 – April 30 th 2025.																						
<u>Staff Needed</u>	<ul style="list-style-type: none"> • Project Coordinator (Master’s degree) • Case manager 																						
<u>Sustainability</u>	If this project is deemed successful according to the Key Performance Indicators listed below this project will be permanently housed at Dosker Manor and LMHA’s other public housing facilities at Avenue Plaza and Parkway Place.																						
<u>Finances</u>	<ul style="list-style-type: none"> • \$40,0000 SAMHSA Recast Grant • \$188,992 LMHA 																						
<u>Total Project Cost</u>	\$228,992																						
<u>Budget</u>	Supportive Housing Project Budget																						
	A. Personnel: <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">Position</th> <th style="text-align: left;">Name</th> <th style="text-align: left;">Annual Salary/Rate</th> <th style="text-align: left;">Level of Effort</th> <th style="text-align: left;">Cost</th> </tr> </thead> <tbody> <tr> <td>Project Coordinator</td> <td>TBA</td> <td>\$70,000</td> <td>100%</td> <td>\$70,000</td> </tr> <tr> <td>Strengths-based Case Manager</td> <td>TBA</td> <td>\$50,000</td> <td>100%</td> <td>\$50,000</td> </tr> <tr> <td colspan="3"></td> <td style="text-align: right;">TOTAL</td> <td style="text-align: right;">\$120,000.00</td> </tr> </tbody> </table>				Position	Name	Annual Salary/Rate	Level of Effort	Cost	Project Coordinator	TBA	\$70,000	100%	\$70,000	Strengths-based Case Manager	TBA	\$50,000	100%	\$50,000				TOTAL
Position	Name	Annual Salary/Rate	Level of Effort	Cost																			
Project Coordinator	TBA	\$70,000	100%	\$70,000																			
Strengths-based Case Manager	TBA	\$50,000	100%	\$50,000																			
			TOTAL	\$120,000.00																			
	JUSTIFICATION: Project Coordinator will provide direct counseling for a resident’s individual concerns, including mental health services, addiction recovery support, or treatment for serious or chronic health conditions. <i>This position will be split funded.</i> Strengths-based Case Manager will encourage the residents to take the lead in identifying their own needs, take ownership of the search for resources and services to address those needs, and view the community as a resource rather than a barrier.																						

B. Fringe Benefits:

Position	Name	Rate	Wage	Cost
Project Coordinator	TBA	52%	\$70,000	\$36,400
Strengths-based Case Manager	TBA	52%	\$50,000	\$26,000
			TOTAL	\$62,400.00

JUSTIFICATION:

1. The fringe benefit rate for full-time employees for year 1 is calculated at 40%.

C. Travel:

Purpose of Travel	Cost Rate	Quantity per person	Cost
Local travel ONLY	500	3	\$1,500
		TOTAL	\$1,500.00

JUSTIFICATION:

1. Covers costs associated with in city travel to services clients and/or traveling for training purposes

D. Equipment:

Item(s)	Cost	
Cell phone	\$500.00	
	TOTAL	\$500.00

E. Supplies:

Item(s)	Cost	
General office supplies	\$1,000	
	TOTAL	\$1,000.00

JUSTIFICATION:

1. Purchase of general offices supplies, such as folder, pens, and paper.

Other Expenses:

Item(s)	Rate	Cost
Brokerage Case Manager	In-kind	\$0.00
Supervision	In-kind	\$0.00
Dues and membership		\$1,000
Clinical Supervision		\$3,000
Modular Units		\$20,000
Training -in house	In-kind	\$0.00
Professional development		\$1,500
It Front Desk		\$3,000
	TOTAL	\$28,500.00

Brokerage Case Manager will provide little direct service to the resident. Instead, they serve as a link between a resident and community resources, focusing on assessing needs, planning a service strategy, and connecting residents with the services they need. **Funding for this position is paid through another grant.**

Supervision will be provided for the SPH staff by the Director of ReCast 2.0 to ensure funding and programmatic compliance and provide clinical supervision to both case managers.

Payment of licensing fee for the project coordinator to ensure compliance with the Kentucky State Board to maintain licensure to conduct clinical work.

State board requires all certified clinicians to under supervision to ensure adherence of the core competencies, and for their clinical development.

Modular units such as cubicles to ensure that space is available for staff and residents.

Trainings and debriefing will be provided by a TRC staff member at no cost to the project through the ReCast 2.0 grant.

Professional development that falls outside of the scope of trainings offered by OSHN.

Data based used for scheduling and quantitative and qualitative data collection and storage.

Indirect Costs:

The indirect cost rate for this project will be calculated at 8% of the personnel and fringe for each year of the project. Total indirect costs requested are **\$14,592** in Year

Total Federal Funds Requested
Total costs (direct and indirect) requested is \$228,992 in Year 1.

Category	Year 1	Total Project Costs
Personnel	\$120,000.00	
Fringe	\$62,400.00	
Travel	\$1,500.00	
Equipment	\$1,000	
Supplies	\$1,000	
Other	\$28,500.00	
Total Direct Charges	\$200,000.00	
Indirect Charges	\$14,592	
Total Project Cost	\$228,992	
RECAST funds	-\$40,000	Cost charged to SAMHSA ReCast grant
Total Project Costs	\$188,992	Cost charge to LMHA

Project Description: We understand the rights-based philosophy, which provides residents with immediate access to permanent housing, and it should be sustained with supportive services. So, we are implementing the Supportive Housing Project (SHP), which is at the heart of the Housing First model. SHP will emphasize residents choice and control within a trauma-informed, harm reduction framework, utilizing clinical, strengths-based, and brokerage case management models to support the residents high and complex needs, with the aim is to facilitate a better health and social outcomes for the 100 residents that will be piloted through this project. SHP will also provide day-to-day trauma informed support to the staff at Dosker Manor and any supporting staff associated with the project.

Project Overall Goal:

- To provide racially, ethnically, and culturally inclusive, evidence-based trauma-focused interventions to the targeted residents at Dosker Manor.
- To provide trauma training and awareness to Dosker Manor and any supporting staff associated with the project.

Project Objectives:

- Establish a procedure for identifying and referring residents for screening and assessment for case management services.
- Identify behavioral health professionals to conduct screenings and assessments.
- Provide training to increase the capacity for behavioral health personnel to provide racially, ethnically, and culturally inclusive, trauma-informed screening, assessment, and treatment to the selected residents of Dosker Manor using Clinical, Strength-based and brokerage case management models.
- Provide specific education about trauma and trauma focused services
- Expand access to trauma-informed behavioral health services and enhance service referral pipeline to trauma-informed, evidence-based treatment services throughout LMHA.

<u>Potential Risks:</u>	Residents not accepting services
<u>Services</u>	<u>Behavioral Health Services</u> <ul style="list-style-type: none"> • Substance Abuse Services • Mental Health Services • Preventive Services • Life Skills <u>Community Support</u> <ul style="list-style-type: none"> • Outreach • Capacity building • Housing Services • Homeless Prevention
<u>How it's related to SAMHSA goals</u>	<p>RECAST had four goals outlined for all awardees to accomplish, the first is to build a foundation to promote well-being, resiliency, and community healing through community-based participatory approaches, the Supportive Housing Project would accomplish this goal.</p> <p>Another goal of RECAST is to strengthen the integration of behavioral health services and other community systems to address the social determinants of health, we are doing that by implementing the evidence-based case management models to support the residents at Dosker Manor and services to support the staff as well.</p> <p>Also, RECAST wants to create a more equitable access to trauma informed community behavioral health resources, we are doing that with this project by housing the program right at the source to lessen any barriers to this services.</p> <p>Lastly, we are ensuring that program services are culturally specific and developmentally appropriate, by ensuring that the staff is trained effectively and monitored during all phases of the program, to ensure no gaps in services and that the services are meeting evidence-based standards.</p>
<u>Evaluation/Performance Measures:</u>	We will measure the success of SHP by caseload size and complexity, service utilization and coordination, residents outcomes and satisfaction, as well as cost-effectiveness and return on investment
<u>Stakeholders</u>	<ul style="list-style-type: none"> • Office for Safe and Healthy Neighborhoods • Louisville Metro Housing Authority
<u>Partners</u>	<ul style="list-style-type: none"> • Louisville Metro Health Department • Resilience and Community Services • KentuckianaWorks the SPOT • Spalding University Collective Care Center • The Healthy Lifestyle Program • LMG Parks Department

Key Performance Indicators

Output Performance Indicators		
Output Measure	Output Target Number	Output Data Source
Resident Services		
Development of a screening tool to identify residents who meet criteria	Withing the first 30 days	Screening tool
Screen clients	100 per year	# residents screened screened
Clinical Case management	10 residents per week	IT Front Desk Report
Strength-based Case Management	10 residents per week	IT Front Desk Report
Brokerage Case management	60 residents per year	# of residents screened

Provide specific evidence-based, trauma-focused interventions to residents	60 residents per year	# of residents receiving evidence-based trauma-focused clinical services
Development of treatment plan after initial assessment is complete	10 treatment plans per week	Completed treatment plan
Staff Services		
TRC Staff	3-5 per week	LMHA Staff Report
Clinical debriefing	4 Per Month	IT Front Desk Report
Clinical Supervision	1 per week	Supervision Roster
Evidence-based trainings	1 per month	Training log
Outcome Performance Indicators (Overall)		
Residents will complete 50% of the treatment plan goals and objectives	80%	Case management notes and records
Residents complete a per/post assessment	80%	Completed assessments
Impact		
Reduce the risk of violence by increasing protective factors amongst vulnerable populations through evidence-based treatment of trauma symptoms.		