

## Resources

### Crisis Lines | Text Lines

#### **JEFFERSON COUNTY HUMAN SERVICES DEPARTMENT**

##### **24 Hour Crisis Line**

**920-674-3105**

If you are calling after 5:30 pm on weekdays, weekends, or holidays press 7 to be connected to the crisis worker.

#### **SUICIDE PREVENTION LIFELINE**

**1-800-273-TALK (8255)**

The National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service available to anyone in suicidal crisis.

#### **VETERANS CRISIS LINE**

**1-800-273-8255 Press 1**

#### **HOPELINE**

Text "HOPELINE" to **741741** or go to [www.centerforsuicideawareness.org](http://www.centerforsuicideawareness.org) for 24/7 free trained crisis counselors.

**THE TREVOR LIFELINE** A national organization focused on crisis and suicide prevention efforts among LGBT youth.

**1-866-488-7386**

#### **NATIONAL LAW ENFORCEMENT OFFICERS HOTLINE**

**1-800-COPLINE (267-5463)**

Staffed 24/7 by retired officers for crisis intervention and more for active officers and their families.

[www.copline.org](http://www.copline.org)

#### **FIRE/EMS HELPLINE**

**1-888-731-FIRE (3473)**

A 24/7 line serving behavioral health needs of first responders and their families.

<https://www.nvfc.org/fireems-helpline/>

**Wisconsin Farm Center:** The state agency, which provides a range of assistance to farmers, has a hotline that is staffed weekdays from 7:45 a.m. to 4:30 p.m.

has a staff very familiar with farming. The Madison-based agency offers a wide range of free services including help sorting out farm finances. They offer vouchers that farmers and their families can use to get counseling at clinics across the state.

**Farm Aid:** The national group, which also provides assistance to families, has a toll-free line – 1-800-FARM-AID – for farmers and families seeking similar assistance. It's staffed weekdays from 9 a.m. to 5 p.m. eastern time.

Its (800) FARM-AID crisis line provides services to farm families, and its Farmer Resource Network connects farmers to organizations across the country.

## Education and Support

### **NAMI Wisconsin (National Alliance for Mentally Ill) Supports for family members/resources**

4233 W Beltline Hwy Madison, WI 53711

Monday-Friday: 8 am - 4 pm

Saturday: Closed

Sunday: Closed

(608) 268-6000

(800) 236-2988

### **NAMI Southeast Wisconsin** – serving Jefferson, Milwaukee, and Waukesha Counties

Waukesha Location

217 Wisconsin Ave

Suite 300

Waukesha, WI 53186

Phone: (262) 524 -8886

**Peer Line** is a non-crisis support line for individuals with mental health issues and is operated by people with lived experience who are trained peer specialists.

Phone: 262-409-2752

Hours of operation

Monday 6:00 p.m. - 9:00 p.m.

Thursday 6:00 p.m. - 9:00 p.m.

Friday 6:00 p.m. - 9:00 p.m.

Saturday 2:00 p.m. - 9:00 p.m.

Sunday 2:00 p.m. - 9:00 p.m.