



2024 FOOD ACCESS & RESOURCE GUIDE FOR SENIORS

Aging and Disability Resource Center (ADRC) of Jefferson County

Nutrition Program

1541 Annex Rd. Jefferson, WI 53549

Phone: 920-674-8134

Information in this guide is subject to change without notice.

Please contact the organization directly to confirm hours, services and item availability.

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Worrying about dietary restrictions or having enough food is stressful. Regular nutritious meals are necessary for you to stay healthy. The following resources are here to help.

COUNTY AGENCY RESOURCES

Aging and Disability Resource Center (ADRC) of Jefferson County

Phone: 920-674-8734 or Toll Free: 1-866-740-2372

Website: www.jeffersoncountywi.gov Click on “Departments” and then “Aging & Disability Resource Center” under header **Human Services**.

Email: adrc@jeffersoncountywi.gov

Facebook: Jefferson County, Wisconsin

The Aging & Disability Resource Center’s vision is to equip, empower and engage individuals living with disabilities, seniors and their caregivers, by connecting them with the supports and services in their community while honoring their ability to make informed choices.

Our mission is to help people achieve their goals by providing them with comprehensive information so they can make informed decisions, and advocacy support to ensure that they remain in charge of their lives.

Services offered: Information & Assistance, Options Counseling, Benefits Counseling, Elder Abuse/At Risk Reporting, Dementia Care Specialist. Let us help you find it!

ADRC of Jefferson County Aging Programs

Phone: 920-674-8734

Website: www.jeffersoncountywi.gov Click on “Departments” and then “Aging & Disability Resource Center” under header **Human Services**.

Services offered: Elder Benefit Specialists, Caregiver Supports, Health Promotion/Education, Nutrition (Senior Dining Centers and Home Delivered Meals), Transportation, Mobility Management.

SENIOR DINING CENTERS

ADRC of Jefferson County Senior Nutrition Program

The Nutrition Program serves in-person meals at various locations throughout the County. Meals are served around 11:30 AM. Reservations are required and must be made by 11:00 AM of the previous business day. For Monday meals, please call by 11:00 AM on Friday.

Meals provided contain 1/3 of the recommended daily intake for an adult. The menu is reviewed by a registered dietitian and then prepared by a local caterer. Meals are nutritionally balanced, and include an entree, sides, dessert & milk. Diabetic dessert options may be available upon request.

Menus are available at dining sites, in community newspapers, and on the Jefferson County Website. Menu is subject to change without notice.

- Please call the dining site manager at the numbers listed below for reservations.
- Eligibility Requirements: Anyone age 60+ or a spouse of any age.
- Meals are available on a contribution basis. Suggested Contribution is \$5.00/meal. No one will be denied meals due to the inability to pay.

Website: www.jeffersoncountywi.gov

Click on “Departments” and then “Aging & Disability Resource Center” under header **Human Services**. Then on left hand side, click Senior Dining.

Location	Address	Site Manager Phone	Dining Service Times
Fort Atkinson Senior Center	307 Robert St.	920-728-4756	Monday – Friday 11:30 am
Jefferson Senior Center	859 Collins Rd.	920-728-0259	Monday – Friday 11:30 am
Lake Mills Municipal Building	200 Water St.	920-728-6982	Tues, Wed, Thurs 11:15 am
Watertown Senior Center	514 S. 1 st St.	920-728-1210	Monday – Friday 11:30 am

The Nutrition Program is funded by Title III (Older Americans Act), The State of Wisconsin Bureau on Aging, and by contributions from participants, families, and other donors.

Jefferson County is an equal opportunity provider.

COMMUNITY MEALS

Jefferson County organizations offer weekly or monthly meals to members of the community who are in need. Many meals are free or charge or may accept donations. Please call organization about availability before attending.

Cambridge

Location	Hours	Eligibility
Senior Luncheons https://cambridgecap.net/programs/adult-activities/senior-luncheons/	2 nd Wednesday of the month. Doors open 11:45	\$5.00 per meal. RSVP to Kerry at 608-423-8142 or foodpantry@cambridge.k12.wi.us

Fort Atkinson

Location	Hours	Eligibility
Abiding Shephard Lutheran Church 1401 N. High St. Fort Atkinson 608-839-3770	2 nd Tuesday of the month. 5:30 – 6:00 PM	All are welcome, no registration necessary.
First United Methodist “Feed your soul” 320 S. Main St. Fort Atkinson 920-563-4903	Thursday 5:30 – 6:30 PM	All are welcome.

Jefferson

Location	Hours	Eligibility
St. Mark’s Lutheran Church Manna Mondays 324 S. Sanborn Ave. Jefferson Mannamonday@gmail.com	Meals served weekly on Mondays. No Holidays. 4:30 PM – 6:00PM	All are welcome. Donations accepted.

Johnson Creek

Location	Hours	Eligibility
St. John’s Lutheran Church Breakfast 129 N. Watertown St. Johnson Creek	Meals served weekly on Wednesdays. 8:00AM- 10:00AM	All are welcome. Donations accepted. Closed on Holidays

Palmyra

Location	Hours	Eligibility
United Methodist Church 122 N. 5 th St. Palmyra 262-495-2540	4 th Saturday of the month. Time may vary. Please call ahead of time.	

Watertown


Location	Hours	Eligibility
Meal of Hope - Watertown Senior Center 514 S. 1 st St.	3 rd Tuesday of the month 6:00PM	All are welcome.
Watertown Moravian Church "Loaves and Fishes" 510 Cole St. Watertown 920-206-0222	Meals served every Monday. Curbside pickup of meals from 4:00pm to 4:45pm (NO LATER) AND Inside dining and carry-out meals from 4:00pm-5:30pm	All are welcome.
Immanuel Lutheran Church "Bread and Roses" 209 N. Ninth St. Watertown New location coming June 2024! 920-261-1663	Meals served weekly on Thursdays from 4:30 – 6:00 PM	All are welcome.

FOOD PANTRIES

Cambridge

Location	Hours	Eligibility
Cambridge Food Pantry 211 South St. 608-423-8142	Wednesdays 4:00 – 6:30 PM By Appointment only**	Call to make an appointment and for more information about eligibility.

Fort Atkinson

Location	Hours	Eligibility
Fort Atkinson Food Pantry 715 Jones Ave. 920-563-6992	Monday & Thursday 3:00-5:30 PM	May use 1x per month. Bring ID and proof of address. Place order online at: https://fortatkinsonfoodpantry.org/
St. Joseph's Church – Mobile Pantry 1650 Endl Blvd. 920-723-0672	2 nd Thursday of the month 2:00 – 6:00 PM	Second Harvest  Parking Lot, Everyone Welcome, no ID required.

Ixonia

Location	Hours	Eligibility
Ixonia Food Pantry First Baptist Church N8346 North St. 920-262-0633	2 nd & 3 rd Tuesday of the month 12:00-7:00 PM	Must live in Ixonia or Oconomowoc School District. Bring ID, proof of residency and family size.

Jefferson

Location	Hours	Eligibility
Jefferson Food Pantry 164 W. Garland St. 920-674-6822	Monday & Thursday 1:00 – 4:00 PM	Must live in Jefferson School District. Proof of income required. Bring ID and proof of residency.
Ruby's Pantry Jeff Co. Fair Park 503 North Jackson Ave. 920-674-5273	4 th Wednesday of the month 4:30 – 6:30PM	Register online at: https://www.rubyspantry.org/location/140 \$25 Copay

Johnson Creek

Location	Hours	Eligibility
St. John's Lutheran Church 129 Watertown St. 920-699-2471	Monday 10:00 AM – 12:00 PM Thursday 10:00 AM – 12:00 PM 4 th Thursday 4:00 -5:00 PM	Must live in Johnson Creek School District. May use once per month. Bring ID and proof of residency. If schools are closed, the pantry is closed.

Lake Mills

Location	Hours	Eligibility
Lake Mills Food Pantry 720 E. Lake St. 920-945-0382	Tuesday 8:30 – 10:30 AM Thursday 5:00 – 7:00 PM	Must live in Lake Mills School District. May use once per week. Bring ID and proof of residency.
Sunrise Reach -Pop-up Pantry Lake Mills 123 S. Main St.	3 rd Tuesday of the month Delivery: 3:45-4:30 PM Pick up 4:00 -4:30 PM (back patio of Sunshine Brewing Co.)	Must live in Lake Mills School District. Must register each month: https://sunrisereach.org/food-services/

Palmyra


Location	Hours	Eligibility
St. Matthew Lutheran Church 313 Main St. 262-495-4540	1 st & 3 rd Thursday 6:00 - 8:00PM 2 nd & 4 th Thursday 10:00 AM – 12:00 PM	Bring ID and proof of residency.
St. Mary's Catholic Church – Mobile Pantry 919 W. Main St. 262-495-2395	1 st Thursday of the month 3:30 PM	Second Harvest Everyone Welcome, no ID required.




Rome/Sullivan

Location	Hours	Eligibility
Rome Community Center N3866 West St. 262-593-8646 262-593-8745	1 st Thursday 10:00 AM – 12:00PM 3 rd Thursday 2:00 PM -4:00 PM or by appointment	May use once per month. Bring ID and proof of residency.

Waterloo

Location	Hours	Eligibility
Waterloo/Marshall Food Pantry 117 E. Madison St. (Waterloo) 920-390-4252 920-478-3335	Wednesday 12:00 -2:00 PM, 7:00 -8:00 PM Saturday 9:00-10:00 AM	May use once per month. Bring ID and proof of residency.
Waterloo/Marshall - Mobile Pantry 623 Madison St. (Marshall) 608-223-9121	2 nd Monday of the month 3:30 PM	Second Harvest  Everyone Welcome, no ID required.

Watertown

Location	Hours	Eligibility
Watertown Food Pantry 204 N. 10 th St. 920-390-4252	Monday 10:00 AM – 12:00PM Tuesday 1:00 -3:00 PM Wednesday 12:00 -2:00 PM Thursday 3:00 -5:00 PM Friday 10:00 – 12:00PM	May use once per month. Bring ID and proof of residency.
Geno’s Pantry 740 N. Church St. 920-342-2032	Thursday 9:00 AM – 12:00 PM	In partnership with 
The Bread Basket – at YMCA Watertown 415 S. 8 th St. 920-723-3776	Monday 12:00 – 7:00 PM Friday 12:00 – 4:00 PM	South Parking Lot

Whitewater

Location	Hours	Eligibility
Whitewater Community Food Pantry 146 W. North St. 262-473-6120 262-473-4257	Wednesday, Thursday 8:30 – 11:30 AM	Second Floor of the Old Armory Must live in the Whitewater School District. Bring ID and proof of residency.
The Community Space 834 W. Milwaukee St. 262-379-0187	Tuesday 8:30 – 11:00 AM Wednesday 3:30 -7:00 PM Saturday 8:00 AM – 12:00 PM	Food Pantry is open to everyone. No residency requirements.

***Food Pantries are generally closed on Holidays.*

FOOD STOCK BOXES

The Commodity Supplemental Food Program (CSFP) works to improve the health of individuals at least 60 years of age by supplementing their diets with nutritious USDA commodity foods. CSFP is a USDA funded supplemental food program administered by the Department of Health Services.

Eligibility: Seniors age 60+ with a gross monthly household income that does not exceed \$1,362 for one person or \$2,215 to two people. Every 60+ member in the household is eligible to receive their own monthly stock box.

For more information, please call or email Community Action Coalition for South Central Wisconsin at 608-237-1255 or email: cac@cacscw.org More information on locations below:

Location	Hours	Eligibility
Jefferson Food Pantry 164 W. Garland St. 920-674-6822	Monday & Thursday 1:00 – 4:00 PM	All Jefferson County Seniors are eligible to receive Stock boxes from any pantry, no residency requirements.
Johnson Creek St. John’s Lutheran Church 129 Watertown St. 920-699-2471	Monday 10:00 AM – 12:00 PM Thursday 10:00 AM – 12:00 PM 4:00 -5:00 PM	All Jefferson County Seniors are eligible to receive Stock boxes from any pantry, no residency requirements.
Lake Mills Food Pantry 720 E. Lake St. 920-945-0382	Tuesday 8:30 – 10:30 AM Thursday 5:00 – 7:00 PM	All Jefferson County Seniors are eligible to receive Stock boxes from any pantry, no residency requirements.
Watertown Food Pantry 204 N. 10 th St. 920-390-4252	Mon. & Fri. 10:00 AM – 12:00 PM Tues. 1:00 -3:00 PM Wed. 12:00 -2:00 PM Thurs. 3:00 -5:00 PM	All Jefferson County Seniors are eligible to receive Stock boxes from any pantry, no residency requirements.
Watertown Senior Center Hunger Task Force -Stock box	1 st Full week of month on Wednesday	Applications and distributions occur monthly. Please call for more information.

FOOD SHARE WISCONSIN

Food Share helps people with limited money buy the food they need for good health. Eligible recipients receive a Wisconsin QUEST card which is used like a bank card and can be used at any grocery or convenience store which accepts Food Share.

The maximum monthly income limit for a household of one is \$2,430 and for a household of two is \$3,288. To apply for Food Share or for more information, please call (888) 794-5780 or the Second Harvest Food Share Helpline (877) 366-3635.

If your Food Share (Quest) Card is lost or stolen, damaged, or you have questions regarding your balance, call (877) 415-5164 or apply online at access.wisconsin.gov.



GROCERY STORES

What is Instacart? www.instacart.com

Instacart is an online grocery service company that works with local stores to deliver groceries to your door. Instacart employees shop for your items and deliver the groceries to your home.

Instacart requires a \$35 Minimum grocery purchase. Prices may be higher than in stores. There is a \$6.00 Service Charge plus \$7.99 for one hour delivery or \$5.99 for two hour delivery.

Please note:

- Most food items (but not all) are available online.
- Online prices may be higher than in store prices.
- Instacart may not accept EBT cards, Quest Cards, or Food Share.

Fort Atkinson

Store/Location/Phone #	Hours	Shopping Options
Festival Foods 328 Washington St. 920-563-3531	Sunday – Saturday 6:00 AM -10:00 PM	Delivery: Yes, with 3 rd party (Instacart). Pickup: Yes with Click N Go . www.festfoods.com/clickngo First 3 pickups are free, then \$3.95 after.
Pick ‘n Save 1505 Madison Ave. 920-568-2603	Sunday – Saturday 6:00 AM -10:00 PM	Delivery: Yes, with 3 rd party (Instacart). Pickup: Yes, Pick ‘n Save Pickup (aka Click list). www.picknsave.com First 3 pickups are free, then \$4.95 after.

Jefferson

Store/Location/Phone #	Hours	Shopping Options
Piggly Wiggly 921 W Racine St. 920-674-3130	Sunday – Saturday 7:00 AM -8:00 PM	Delivery: No Pickup: No

Jefferson Cont.

Walmart 1520 S. Main St. 920-674-2258	Sunday – Saturday 6:00 AM -11:00 PM	Delivery: No Pickup: Yes, use Walmart.com to purchase online or with Walmart phone app. Min order of \$30. No extra fees.
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Lake Mills

Store/Location/Phone #	Hours	Shopping Options
Lake Mills Market 375 W. Tyrana Park Rd. 920-945-0526	Sunday – Saturday 6:00 AM -10:00 PM	Delivery: Yes, www.lakemillsmarket.com Min. Order of \$40 required. Service is avail. M,W,F, Sat. \$5.95 Shopping Fee for Lake Mills Zip Code. \$7.95 Shopping Fee for Johnson Creek. \$10.95 Fee for Deerfield and Cambridge. Pickup: No

Palmyra

Store/Location/Phone #	Hours	Shopping Options
Jim & Judys Food Market 117 Taft St. 262-495-2177	Tuesday – Sunday 9:00 AM -6:00 PM Monday 9:00 AM – 7:00 PM	Delivery: No Pickup: No

Sullivan

Store/Location/Phone #	Hours	Shopping Options
Pickets Country Store W1881 Sullivan, Wi 262-593-5336	Monday - Saturday 8:00 AM -8:00 PM Sunday 8:00 AM – 7:00 PM	Delivery: No Pickup: No

Waterloo

Store/Location/Phone #	Hours	Shopping Options
Piggly Wiggly 810 Monroe St. 920-478-3088	Sunday – Saturday 7:00 AM -9:00 PM	Delivery: No Pickup: Yes, \$5.00 Shopping Fee www.shopthepig.com Pay on-line or at pickup

Watertown

Store/Location/Phone #	Hours	Shopping Options
Aldi 1520 S. Church St. 888-464-4026	Sunday – Saturday 9:00AM -8:00 PM	Delivery: Yes, visit new.aldi.us to place an order. Pickup: Yes, visit new.aldi.us to place an order.
Pick ‘n Save 624 S. Church St. 920-261-8281	Sunday – Saturday 6:00 AM -10:00 PM	Delivery: Yes, with 3 rd party (Instacart). Pickup: Yes, Pick ‘n Save Pickup (aka Click list). www.picknsave.com First 3 pickups are free, then \$4.95 after.
Piggly Wiggly 1330 Memorial Dr. 920-262-7449	Sunday – Saturday 6:00 AM -9:00 PM	Delivery: Yes, with 3 rd party (Instacart). Pickup: No
Walmart Supercenter 1901 Market Way 920-261-7270	Sunday – Saturday 6:00 AM -11:00 PM	Delivery: No Pickup: Yes, use Walmart.com to purchase online or with Walmart phone app. Min order of \$30. No extra fees.

HOLIDAY MEALS

Location	Hours	Eligibility
St. Joseph Catholic Church 1660 Endl Blvd. Fort Atkinson 920-563-3029	CHRISTMAS DAY DINNER December 25 th 12:00 PM	All are welcome.
Johnson Creek Community Center 417 Union St. 920-728-2935	CHRISTMAS DAY DINNER December 25 th 11:00AM -1:30PM	All are welcome. Donations Accepted.
Watertown Moose Lodge 830 1222 Juneau St. 920-988-3579	THANKSGIVING DAY MEAL Carry out and Delivery from 10:30 AM – 12:30 PM	Free community meal for those who are alone or in need. Preorder meals.
Watertown-Beaver Dam Elks 666 920-261-5473 christmasdinner@elks666.org	CHRISTMAS DAY DINNER December 25 th	Free for community seniors, those without family and those in need. Delivery, pick up and dine in. Place order ahead

**** Information about Holiday Meals is from years past. Information is subject to change. Call individual sponsors close to the holiday for more information.**

HOME DELIVERED MEALS

If you have difficulty preparing meals on a regular basis, or have difficulty following dietary restrictions but still need something tasty to eat, see these options below. These meals can be delivered right to your door. Many of these companies prepare fully-cooked meals, simply reheat in microwave or oven.

Jefferson County ADRC

Location	Eligibility
ADRC of Jefferson County Nutrition Program 920-674-8134 Must call to determine eligibility.	Service Area: Most locations in Jefferson County. Must be age 60+ and homebound. No income requirements! Suggested contribution \$5.00 per meal. No eligible person is denied meals due to the inability to pay. Meals are delivered Mon-Fri in most areas. Some exclusions apply.

Fort Atkinson

Location	Eligibility
Fort Health Care Meals on Wheels 920-563-9085	Service area: only those who are within city limits of Fort Atkinson. \$4.00 per meal

Online or Statewide

Location	Eligibility
Chef's for Seniors of South-Central Wisconsin 608-844-8422 www.chefsforseiors.com/south-central-wisconsin Melissa Burton – Owner Melissa.burton@chefsforseiors.com	Service area: Majority of Jefferson County. Some exclusions may apply. Chef visits and prepares food in individual homes. Cost is approx. \$129/visit + Cost of groceries, to prepare approximately 10-12 meals. Exclusions apply based on menu selection and specialty diets. Choce of standard, custom or non standard senior meals. Call or see website for details regarding this program.
Factor 75 888-573-5227 Factor75.com	Gluten-free, soy-free. Not recommended for those with Celiac Disease (kitchen is not certified gluten-free). Meal cost: \$11 & \$15 per meal (\$60 to \$198 per week) Shipping & handling: varies by location.

<p>Healthy Chef Creations</p> <p>866-575-2433</p> <p>healthychefcreations.com</p>	<p>Gluten-free, soy-free, dairy-free, shellfish-free, vegetarian and vegan.</p> <p>Meal cost: varies by meal. Shipping & handling: varies by meal.</p>
<p>Home Bistro</p> <p>Support@homebistro.com</p> <p>Homebistro.com</p>	<p>Heart-healthy, diabetic, low-sodium, gluten-free, lowcarb, vegetarian (meals based on a Mediterranean diet less than 700 calories & 800 mg sodium).</p> <p>Meal cost*: starting at \$104 for 7 meals (cannot purchase individual meals). Shipping & handling: varies by dollar amount ordered. *Can only order online</p>
<p>Homestyle Direct</p> <p>866-735-0921</p> <p>Homestyledirect.com</p>	<p>Low-fat, low-calorie, low-carb, low-sodium, glutenfree, and renal-friendly.</p> <p>Meal cost: \$6.95. Shipping & handling: \$19.95 Family Care. Contact the Jefferson Co. ADRC for seasonal menu.</p>
<p>Magic Kitchen</p> <p>877-516-2442</p> <p>Magickitchen.com</p>	<p>Low-sodium, low-fat, diabetic, low-carb, renal friendly, dialysis-friendly, gluten-free, portion controlled, and senior special diet.</p> <p>Meal cost 7 days: 1 meal/day (\$82-\$90), 2 meals/day (\$164- \$180), 3 meals/day (\$246-\$275). Shipping & handling: varies, discounts available.</p>
<p>Midwest Meals</p> <p>715-598-7733</p> <p>https://midwestmeals.com/</p>	<p>A Wisconsin based meal prep company that offers fully cooked meals with a variety of menu selections. Menus include customizable, gluten free, dairy free, diabetic friendly and more! Meals range from \$7-\$12. Shipping ~\$23.</p> <p>Order up to 28 meals per order. Meals can be frozen and re-heated at another time!</p> <p>Place your order online by Friday at midnight to be delivered the following week. Ordering operates on a weekly basis.</p>

<p>Mom's Meals</p> <p>866-716-3257</p> <p>www.momsmeals.com</p>	<p>Pre-made meal delivery service for Seniors. Mom's meals provide a variety of options such as Diabetic Friendly, Heart healthy (low sodium), Kidney Friendly, Cancer Support, Gluten Free, Pureed, Renal and Vegetarian Meals.</p> <p>Meal cost: \$6.99 (Pureed meals: \$7.99) Shipping & handling: \$14.95 Family Care Order online or over the phone.</p>
<p>Runaway Spoon</p> <p>920-624-CHEF (2433)</p> <p>129 N. Broadway, De Pere WI 54115</p> <p>www.runspoon.com</p>	<p>Accommodations are available for some dietary restrictions, depending on weekly options (gluten free, nut free, and no raw onions). Option to select no starch and add extra veggies. Pick and choose meals (delivered at no cost).</p> <p>Cost between \$34-\$40 per meal. Full portions for two adults and available Mondays/Wednesdays (picked up or delivered 3p-6p). No contracts or obligation required.</p>
<p>Silver Cuisine by Bistro MD</p> <p>844-404-FOOD (3663)</p> <p>Silver.bistromd.com</p>	<p>Heart-healthy, diabetic, low-sodium, low-carb, glutenfree, menopause, dairy free, vegetarian</p> <p>Meal cost: starting at \$6.49-\$12.49 (varies by meal) Shipping & handling: \$19.95</p>

Other options:

- 1) If you can prepare a meal, but have difficulty planning/shopping for ingredients, try companies that ship fresh ingredients for a menu of meals. (Blue Apron, Hello Fresh, and Home Chef are just a few examples.)
- 2) Grocery stores carry a variety of low-cost, nutritious, specialty-diet, frozen meals in the frozen foods section.
- 3) Meals prepped by Amy in Green Bay Wisconsin prepares ingredients in a Ziploc bag which are then frozen and ready to put in the crock pot, oven or on the Grill etc. Amy provides shipping for those who are not nearby. Visit: www.mealspreppedbyamy.com for more info or email her at MealsPreppedbyAmy@gmail.com
- 4) For shelf-stable foods (meaning meals are not pre-cooked), contact CPI Foods (800-549-9630, cpifoods.com). Meals start at \$5.95.
- 5) Kwik Trip has a variety of homemade meals that you can reheat and enjoy. Watch for deals on the Kwik Trip ads and mobile app.

SEASONAL RESOURCES

SENIOR FARMERS MARKET NUTRITION PROGRAM (SFMNP)

Senior Farmers Market Vouchers

Location	Eligibility
<p>ADRC of Jefferson County</p> <p>920-674-8734 or 866-740-2372</p> <p>See Website for more details.</p>	<p>Jefferson County residents age 60 or older (Native Americans age 55 or older) with certain income requirements may receive vouchers. Each eligible person may receive vouchers only once per year. Distributed annually, starting in June. Check ADRC website for additional details. Voucher packet, 1 per individual annually to purchase approved, locally grown vegetables, fruits, and herbs at approved farmers markets.</p> <p>*Availability, eligibility, and dollar amount may vary based on federal approval. Please call the ADRC for income guidelines on or around June 1 each year.</p>
<p>Farmers Market Vouchers are distributed on a first come, first serve basis. The last day vouchers can be used is October 31 each year.</p>	

FARMERS MARKETS & ROADSIDE STANDS

Jefferson Co. and Surrounding Area

** Verified as approved Farmers Market Stand by DHS (accepts WIC & SFMNP Vouchers)

Location	Information
**Fort Atkinson Farmers Market 19 Milwaukee Ave. East (Across from Post Off.)	June 4 – October 26 Saturday 8:00 AM – 12:00 PM
**Lake Mills Farmers Market 100 N. Main St. (Commons Park)	May 1 – October 23 ** Closed June 26 Wednesday 2:00 PM – 6:00 PM
Carol Loefer Farmstand Main St., Palmyra	July 24 – October 31 Sat-Sun 11:00 AM – 4:00 PM
**Watertown Farmers Market 850 LaBaree St. (Riverside Park Parking Lot)	May 7 – October 31 ** Closed August 6 Tuesday 7:00 AM – 12:00 PM
** Wang Dao Vang Farmstand (Dodge County) W5553 Hancock Rd. Watertown, WI	May 4 – October 27 Sun: 10:00 AM – 2:00 PM Tuesday: 7:00 AM – 6:00 PM Saturday: 9:00 AM – 2:00 PM
** Maynard Pribbenow Farm Stand N9660 Peschel Rd. Waterloo, WI 53594	Sept 1 – October 31 Wednesday 10:00 AM – 5:00 PM Friday 10:00 AM – 5:00 PM
** Meyer's Farm Market (Rock Co) 1329 E M-H Townline Rd., Milton	July 1 – October 31 Daily: 9:00 AM – 6:00 PM
**Skelly's Farm Stand (Rock Co) 500 N Main St. Edgerton, WI (Next to Kwik Trip)	July 10 – August 31 Daily 10:30 AM – 5:15 PM
**Skelly's Farm Stand (Walworth Co.) 1138 Main St. Whitewater, WI (BP gas parking lot)	July 10 – August 25 Daily 10:30 AM – 5:15 PM
**Whitewater City Market 301 Whitewater St. (Around Historic Train Depot)	May 2 – October 31 * Closed July 2 Tuesday 4:00 PM – 7:00 PM
**Whitewater Farmers Market (Saturday) 301 Whitewater St. (Next to Historic Train Depot)	May 4 – October 26 Saturdays 8:00 AM – 12:00 PM

GARDEN PLOTS

Location	Eligibility
Rock River Community Gardens 200 W. Riverview Dr. Jefferson, WI 53549 920-674-7720	This garden will provide people that may have limited outdoor space an opportunity to grow their own fresh food and enhance their health at the same time. Individual plots are approximately 10 X 10 in size. Yearly rental fee is \$15. Must be responsible in keeping garden clean.

Information provided by the Jefferson County Aging & Disability Resource Center Nutrition Program.

This may not be an all-inclusive list of resources. If you know of other options in the community please send information to tmarch@jeffersoncountywi.gov. Jefferson County reserves the right to decide whether or not the information provided will be included.

The information contained in the Jefferson County Food Resource Guide should in no way be construed to constitute an endorsement of a company, organization, or its service; nor should exclusion be construed to constitute disapproval. Jefferson County Aging and Disability Resource Center does not support or endorse the businesses and/or agencies, services or products listed in the publication.