

City of Elko           )  
County of Elko        )  
State of Nevada       )

SS     August 22, 2017

The City Council of the City of Elko, State of Nevada met for a regular meeting beginning at 4:00 p.m., Tuesday, August 22, 2017.

This meeting was called to order by Mayor Chris Johnson.

## **ROLL CALL**

**Mayor Present:**     Chris J. Johnson

**Council Present:**   Councilman John Rice  
                          Councilwoman Mandy Simons  
                          Councilman Robert Schmidtlein  
                          Councilman Reece Keener

**City Staff Present:**  Curtis Calder, City Manager  
                          Scott Wilkinson, Assistant City Manager  
                          Ryan Limberg, Utilities Director  
                          Shanell Owen, City Clerk  
                          Jonnye Jund, Administrative Services Director  
                          Aubree Barnum, Human Resources Manager  
                          Cathy Laughlin, City Planner  
                          Ben Reed Jr., Police Chief  
                          James Wiley, Parks and Recreation Director  
                          Jeremy Draper, Development Manager  
                          Bob Thibault, Civil Engineer  
                          Jeff Ford, Building Official  
                          Jack Snyder, Deputy Fire Chief  
                          Matt Griego, Fire Chief  
                          John Holmes, Fire Marshal  
                          James Foster, Airport Manager  
                          Dave Stanton, City Attorney  
                          Diann Byington, Recording Secretary

## **PLEDGE OF ALLEGIANCE**

## **COMMENTS BY THE GENERAL PUBLIC**

Pursuant to N.R.S. 241, this time is devoted to comments by the public, if any, and discussion of those comments. No action may be taken upon a matter raised under this item on the agenda until the matter itself has been specifically included on a successive agenda and identified as an item for possible action. **ACTION WILL NOT BE TAKEN**

Lynette Vega, Survivors of Suicide Loss, Nevada Coalition for Suicide Prevention, invited the Mayor and Council to come to some of the events being held at GBC. As a community we need

to address the suicides we are having in our area. It is a health concern. She wrote a letter to invite them (Exhibit “A”). The goal is to educate and the dates and times are on the letter.

Councilman Keener said there is a blood drive that is ongoing at St. Joseph’s Catholic Church. It is Firefighters vs. Police. He will donate for the Fire this time because he donated for the Police last time. He invited everyone to join him giving blood.

**APPROVAL OF MINUTES: August 8, 2017**

**Regular Session**

Mayor Johnson explained there was one change to the minutes (Exhibit “B”). The point of this change is to clarify that it will be on the parade organizers to come up with and implement notification of the closure of the corridor, not city staff.

**\*\* A motion was made by Councilman Rice, seconded by Councilman Schmidlein, to add a clarification to the minutes to reflect that the parade organizers are responsible for putting signs up and communicating to the public that the corridor will be closed during the period of the parade.**

*The motion passed unanimously. (5-0)*

**I. PRESENTATIONS**

- A. Presentation of a Proclamation by the Mayor, in light of the tragedy that occurred in Charlottesville Virginia, on August 12, 2017, and matters related thereto.  
**NON-ACTION ITEM – INFORMATION ONLY**

Mayor Johnson read the proclamation.

**III. PERSONNEL**

- A. Employee Introductions:

- 1.) Brian Hoehne, Firefighter, Fire Department  
*Present and introduced.*
- 2.) Paul Algerio, Street Superintendent, Public Works  
*Present and introduced.*
- 3.) D’Ann Dunlap, Accounting Technician II, Finance Department  
*Present and introduced.*

- B. Fire Department Badge Pinning by Fire Chief Matt Griego:

- 1.) Ray Mowrey
- 2.) Ryan Safford
- 3.) Joel Finley – *not present*

Chief Griego explained it was his privilege to have Councilman Schmidlein administer the Fire Officers Oath for the two new promotees. Ray Mowrey was promoted to the rank of Captain. Ryan Safford was promoted to the rank of Driver Operator II. He called the staff up to the front, along with their families to perform the badge pinning.

Councilman Schmidlein administered the Fire Officer's Oath.

#### **IV. APPROPRIATIONS**

- D. Review, consideration, and possible approval to solicit bids for one Secondary Clarifier Mechanism and Automatic Launder Brush assembly, and matters related thereto. **FOR POSSIBLE ACTION**

The additional secondary clarifier was approved in the current budget. Staff desires to select and purchase some long lead items. It is necessary to select these items prior to final design and construction. RL

Ryan Limberg, Utilities Director, explained the first step is to select the clarifier mechanism and automatic launder brush assembly and then we design the remainder of the clarifier around that assembly. It was indicated on the overhead screen what parts they were looking at selecting. He was asking to solicit bids for the assembly and not the entire clarifier.

Councilman Keener said it is a lot of money but we all know how important that plant is for the city.

**\*\* A motion was made by Councilman Keener, seconded by Councilwoman Simons, to approve soliciting bids for the additional Secondary Clarifier.**

*The motion passed unanimously. (5-0)*

Councilman Rice add there is a lot of long term planning that is going out there. We do have these high price tags but we also know there are communities where they have had much higher price tags because they had not been looking forward.

Mr. Limberg said they did receive a draft copy of their renewal permit late last week. We have the Class B water on that permit. We are making progress on that front.

- E. Review, consideration, and possible approval to solicit bids for the Sewer Manhole Rehabilitation Project-2017, and matters related thereto. **FOR POSSIBLE ACTION**

This project will consist of lining several manholes along the river corridor to reduce incoming water during high water events. RL

Mr. Limberg explained this item should have been on the last agenda. There were some computer problems and was not able to have this in the last agenda. It is currently out to bid and they already had the pre-bid meeting this week.

**\*\* A motion was made by Councilman Schmidlein, seconded by Councilman Rice, to approve the motion for the Sewer Manhole Rehabilitation.**

*The motion passed unanimously. (5-0)*

After the motion and before the vote, Councilman Keener asked how many manholes.

Mr. Limberg answered they are looking at approximately 35 along the river corridor.

Councilman Keener asked if they would have to completely excavate and expose everything around the manholes on the outside.

Mr. Limberg answered all the work would take place on the inside of the manhole.

**Council voted on the motion.**

- F. Review, consideration, and possible final acceptance of the Golf Course Irrigation Replacement Project, and matters related thereto. **FOR POSSIBLE ACTION**

This project was awarded to Landscapes Unlimited at the March 8, 2016 Council Meeting, in the amount of \$2,549,445. There were two changes orders in the amount of \$27,950 and one deductive change order in the amount of \$15,099 bringing the total for the project to \$2,562,296. This additional work included the installation of a new water service line to the maintenance shops, and adjustments to the location of the reuse water line. Retainage will be reduced by \$5,000 from \$64,057.40 to \$59,057.40 due to ten days of liquidated damages incurred with the project. The project has been completed in conformance with the plans and specifications and is ready for final acceptance. JW

James Wiley, Parks and Recreation Director, explained this was a great project. All of the specifications and conformances to the plans have been met. He recommended final acceptance. He spoke with Landscapes Unlimited regarding the liquidated damages and they are good with it.

**\*\* A motion was made by Councilman Keener, seconded by Councilman Rice, for approval for Final Acceptance of the Golf Course Irrigation Replacement Project in the amount of \$2,557,296.**

*The motion passed unanimously. (5-0)*

- G. Review, consideration, and possible award of or authorization to rebid the Chilton Centennial Tower Project, to construct the tower and foundation, and matters related thereto. **FOR POSSIBLE ACTION**

At the July 25, 2017 meeting, Council authorized Staff to bid the Chilton Centennial Tower Project for a third time. Bids were received until 3:00 p.m. on August 21, 2017. A bid tabulation and recommended motion will be provided at this meeting. BT

Bob Thibault, Civil Engineer, passed out a bid tabulation (Exhibit "C"). The bid, from YESCO, was responsive and in proper order. He recommended award.

Councilwoman Simons asked if we were good on the funds for this.



Mr. Thibault answered yes.

**\*\* A motion was made by Councilman Keener, seconded by Councilwoman Simons, to accept the bid for the Chilton Centennial Tower in the amount of \$183,860, submitted by YESCO.**

*The motion passed unanimously. (5-0)*

- H. Review, consideration, and possible authorization to enter into a Professional Services Agreement with Stantec Consulting Services Inc. for Permit Oversight, Management and Implementation of the Department of Army Permit SPK-2013-00923 related to construction activity within jurisdictional waters and wetlands mitigation associated with the Elko Regional Athletic Sports Complex, and matters related thereto. **FOR POSSIBLE ACTION**

The proposed services are related to administration of the 404 permit issued to the City of Elko related to the construction of the Sports Complex. JW

Scott Wilkinson, Assistant City Manager, explained there a couple different components to administrating the 404 permit. One part has to do with work within the jurisdictional waters of the Department of Army, and then the wetlands mitigation. The second component is the historic properties treatment plan. They reached out to Stantec because they have people locally that have experience in dealing with jurisdictional waters and wetlands mitigation. He went over the proposals.

**\*\* A motion was made by Councilman Schmidtlein, seconded by Councilman Keener, to authorize staff to enter into a Professional Services Agreement with the Stantec Consulting Services for Permit Oversight Management and Implementation of the Department of Army Permit SPK-2013-00923, related to construction activity within the jurisdictional waters and wetlands mitigation associated with the Elko Regional Athletic Sports Complex, in the amount of \$65,588.**

*The motion passed unanimously. (5-0)*

- I. Review, consideration, and possible authorization to enter into a Professional Services Agreement with Stantec Consulting Services Inc. for Permit Oversight, Management and Implementation of the Department of Army Permit SPK-2013-00923 for administration of Historic Properties Treatment and Implementation Plan associated with the Elko Regional Athletic Sports Complex, and matters related thereto. **FOR POSSIBLE ACTION**

The proposed services are related to administration of the 404 permit issued to the City of Elko related to the construction of the Sports Complex. SW

Mr. Wilkinson said the proposed cost for this component is \$72,283. Stantec will have to rely on their archeologists in California. He recommended approval.

**\*\* A motion was made by Councilman Rice, seconded by Councilman Schmidtlein, to authorize staff to enter into a Professional Services Agreement with Stantec Consulting Services for Permit Oversight, Management and Implementation of the Department of**

**Army Permit SPK-2013-00923 for administration of Historic Properties Treatment and Implementation Plan associated with the Elko Regional Athletic Sports Complex, in the amount of \$72,283.**

*The motion passed unanimously. (5-0)*

**V. UNFINISHED BUSINESS**

- B. Review, consideration, and possible approval of Amendment No. Fourteen (14) to Contract Dated January 14, 2014 between Jviation, Inc., and The City of Elko, Nevada, and matters related thereto. **FOR POSSIBLE ACTION**

This item is to amend the current contract between The City of Elko and Jviation, Inc. Jviation contract amendment No. 14 will cover fees associated with Airport Improvement project (AIP) 48, including Engineering, and Construction Management Services. JF

James Foster, Airport Manager, explained this is a normal contract change. They are getting ready to start off the AIP Project No. 48.

**\*\* A motion was made by Councilman Schmidlein, seconded by Councilman Rice, to accept Amendment No. 14 to the contract between Jviation and the City of Elko.**

*The motion passed unanimously. (5-0)*

- C. Review, consideration, and possible approval of the draft Interlocal Agreement for Property Transfer and Access Maintenance regarding the Snobowl Recreational Facility and matters related thereto. **FOR POSSIBLE ACTION**

At the August 8, 2017 City Council meeting, Staff was directed to initiate the property transaction for the Elko Snobowl between Elko County and the City of Elko. As the next step in the process, the City Attorney's Office has prepared a draft agreement for review by both parties. Staff is seeking approval of the draft agreement and direction to prepare such documents as necessary to effectuate this agreement. A copy of the draft agreement has been included in the packet for review. JW

James Wiley, Parks and Recreation Director, explained there was some email conversations late this afternoon regarding some language in the agreement. He felt the changes can be made.

Dave Stanton, City Attorney, clarified on page 2, under Subsection 1-A, there is a reference on line 2 under Real Property and Improvements. It says "Grant, Bargain and Sale Deed." We have been discussing this with the County and they would prefer to do it by Quit Claim Deed. He recommended if council wanted to approve this, it would subject to that change. County Commission approved a Quit Claim Deed and not the Grant, Bargain and Sale Deed.

Councilman Keener said he was out of town when the agenda packet was sent out. He had some difficulties downloading this item and the next item onto his tablet. He wanted to abstain from this item and the next item because he doesn't know what he would be voting for.

**\*\* A motion was made by Councilwoman Simons, seconded by Councilman Rice, to approve the draft Interlocal Agreement for Property Transfer and Access Maintenance between Elko County and the City of Elko, and direct staff to prepare such documents as necessary to effectuate this agreement, subject to the change of the words “Quit Claim Deed” in Section 1-A.**

*The motion passed. (4-0 Councilman Keener abstained.)*

- D. Review, consideration, and possible approval of the draft Snobowl Operations Agreement between the City of Elko and the Snobowl Foundation, and matters related thereto. **FOR POSSIBLE ACTION**

As an additional component to the land transfer of the Snobowl Recreational Facility from the County to the City, an agreement between the Snobowl Foundation and the City of Elko is a necessary step in forming a public / private partnership between the two entities. The City Attorney’s Office has prepared a draft agreement for review by both parties. Staff is seeking approval of the draft agreement and direction to prepare such documents as necessary to effectuate this agreement. A copy of the draft agreement has been included in the packet for review. JW

*See Councilman Keener’s abstention above.*

Mr. Wiley explained this is a similar agreement but this involves the City and the Snobowl Foundation. This says the City owns the property and will be managing the operation. All costs and revenues associated to that operation will come to the City. The Snobowl’s role will be similar to what it is now. They will be focused on fundraising and proposals for capital improvements at the site. He was looking for approval from Council tonight and then it would go to the Snobowl Foundation for their approval.

**\*\* A motion was made by Councilman Rice, seconded by Councilman Schmidlein, to approve the draft Snobowl Operations Agreement between the Snobowl Foundation and the City of Elko, and direct staff to prepare such documents as necessary to effectuate this agreement.**

*The motion passed. (4-0 Councilman Keener abstained.)*

## **VI. NEW BUSINESS**

- A. Review, consideration, and possible action to conditionally approve Parcel Map 6-17, filed by Gary Morfin on behalf of The Clorinda M. Morfin Family Trust. The Parcel Map contains an offer of dedication for Right-of-Way for a portion of Lincoln Avenue, and it is for this reason that the map was referred to the Planning Commission, with recommendation to Council, and matters related thereto. **FOR POSSIBLE ACTION**

Parcel Map 6-17 is a merger and re-subdivision map of two parcels located on Lincoln Avenue. The applicant will be dedicating a portion of Lincoln Avenue to the City of Elko as Lincoln Avenue is not a dedicated Right-of-Way. Planning

Commission reviewed the application at their August 1, 2017 meeting and forwarded a recommendation to Council to conditionally approve PM 6-17. CL

Cathy Laughlin, City Planner, explained this property is already fully developed as residential use. It is two parcels in which the existing garage is built over the property line of both parcels. The homeowner is in the process of selling the property. City Staff recommended a parcel map to combine the two parcels into one and it also required a variance for the existing garage that the Planning Commission has approved. This is another house cleaning effort.

Councilman Keener asked if the property owner that has the garage touching the northern boundary, are they going to have to apply for a variance.

Ms. Laughlin answered no because they are not part of this property.

Scott Wilkinson, Assistant City Manager, said that would be a legal non-conforming use.

Eric Snyder, Summit Engineering, 1150 Lamoille Highway, was present to answer any questions.

**\*\* A motion was made by Councilman Keener, seconded by Councilwoman Simons, to conditionally approve Parcel Map 6-17, with the conditions listed in the Planning Commission Action Report.**

*The motion passed unanimously. (5-0)*

- C. Review, discussion, and consideration of a request by Hadley Noren to install a free library kiosk in the Main City Park, and matters related thereto. **FOR POSSIBLE ACTION**

Mrs. Noren is a longtime librarian and has installed free library stations in other parts of the City. She is promoting literacy and desires to provide books to those who may not have them in their homes by providing these free library kiosks in public places. JW

Hadley Noren, Librarian at Flagview Intermediate School, explained she wanted to put a free little library in the City Park to promote literacy for those that frequent the City Park, as well as travelers coming through Elko (Exhibit "D"). They can leave a book or grab a book. She understood the possibility of vandalism. She is also willing to maintain it and visit it twice a week. She can be responsible for the books she places in it but she cannot be responsible for the books that others put in it.

Councilman Rice thought this is an excellent project. There is one next door to him and it is busy all day.

**\*\* A motion was made by Councilwoman Simons, seconded by Councilman Rice, to direct staff to coordinate the location and installation of a Free Little Library Kiosk in the Main City Park with Mrs. Noren.**

*The motion passed unanimously. (5-0)*

- D. Review, consideration, and possible direction to Staff regarding the installation of meter pits on the Cedar Street Reconstruction Project Phase II, and matters related thereto. **FOR POSSIBLE ACTION**

This project is currently in the design phase. Staff desires to know if Council would like to continue with new meter pit installations on the Phase II portion of the project similar to Phase I. There have been very few meters installed on the Phase I portion of the project which had meter pits installed. RL

Ryan Limberg, Utilities Director, explained in Phase 1 we installed 52 meter pits. To date we have had 3 customers install meters into those pits. He wanted direction from council as to whether or not to continue installing the meter pits or the standard curb box. We have our water meter grant application. With that the city will install the meter pit and the applicant will purchase and install the meter.

Councilman Rice asked if it would add about \$50,000 to the project.

Mr. Limberg answered it is close to that.

Councilman Rice asked do you anticipate in the future where every home will be metered.

Limberg answered the trend is going in that direction.

Councilman Schmidtlein said if we are going to continue to make developers put them in we should continue to put them in on Cedar Street. That way we are giving everybody the same opportunities going forward.

Mr. Limberg said all new construction is required to have a meter pit and go on the metered rate.

Mr. Limberg said we have budgeted the money in this year's budget. We are in the design phase now. He just needs to know what direction to go in so he can plan accordingly.

Councilman Keener likes the flexibility downstream. It is cheaper putting it in at the frontend. It makes sense to him.

**\*\* A motion was made by Councilman Rice, seconded by Councilman Schmidtlein, to direct staff, in the design phase, to add meter pits in the design for the Cedar Street Reconstruction.**

*The motion passed unanimously. (5-0)*

- E. Review, consideration, and possible approval of a Concessionaire Agreement filed by Judy S. Trotter, dba Ruby Mountain Java, to operate a mobile food truck in the Main City Park, Area 4, and matters related thereto. **FOR POSSIBLE ACTION**

Judy Trotter applied for a Concessionaire Agreement to occupy concessionaire space for a mobile food truck in the Main City Park. They currently hold an Elko City Business License. They are requesting area #4. The previous concessionaire

request from Sisters Food Service for areas 4 and 5 was withdrawn by the business on July 26, 2017. BR

Shanell Owen, City Clerk, explained the concessionaire agreement was included in the agenda packet. Ruby Mountain Java offers coffee products, soups and sandwiches. They are asking for space number 4.

Councilwoman Simons thought we were full.

Ms. Owen answered we were full but some people have left and the Sisters found another location on Idaho St.

**\*\* A motion was made by Councilwoman Simons, seconded by Councilman Keener, to approve a Concessionaire Agreement with Judy S. Trotter, dba Ruby Mountain Java, to operate a mobile food truck in the Main City Park Area 4.**

*The motion passed unanimously. (5-0)*

- F. Review, discussion, and consideration of a possible sale of seven (7) used golf carts to the City of Wells, and matters related thereto. **FOR POSSIBLE ACTION**

As a result of Ruby View Golf Course Golf Cart Replacement Program, the City of Elko needs to dispose of up to eleven (11) used Yamaha Golf Carts. The City of Wells has expressed an interest in purchasing seven (7) units for the City of Wells Golf Course for \$2,000 each. Current trade-in value is approximately \$1,100. CC

Curtis Calder, City Manager, explained this is an item we may see every year as we implement the replacement program. He recommended selling the carts to the City of Wells. We may need to come back at the next meeting with a Resolution.

**\*\* A motion was made by Councilman Rice, seconded by Councilwoman Simons, to approve the sale of seven used golf carts to the City of Wells.**

*The motion passed unanimously. (5-0)*

## **VII. PETITIONS, APPEALS, AND COMMUNICATIONS**

- A. Ratification of the Police Chief issuing a 30-day temporary Packaged Beer and Wine License and issuing a regular Packaged Beer and Wine License to Matthew McCarty, dba TownePlace Suites by Marriott, located at 2625 East Jennings Way, Elko, NV 89801, and matters related thereto. **FOR POSSIBLE ACTION**

Chief Reed explained the applicant has completed the necessary background check. There is another hotel that is waiting for clearance for the same thing. No issues. They are good to go.

**\*\* A motion was made by Councilwoman Simons, seconded by Councilman Rice, to ratify a 30-day temporary package beer and wine license and issue a Regular Package Beer and Wine License to Matthew McCarty, dba TownePlace Suites by Marriott.**

*The motion passed unanimously. (5-0)*

## **VI. NEW BUSINESS (Cont.)**

- B. Review, consideration, and possible acceptance of a Deed of Dedication for a drainage and utility easement across a portion of land owned by the Crest Heights Company of Nevada, Inc., identified as APN 001-961-027, and matters related thereto. **FOR POSSIBLE ACTION**

Recent construction of a single family residence at 233 Cottonwood Drive revealed that existing storm drain infrastructure was installed outside an easement granted for utility purpose. The storm drain infrastructure could not be relocated due to connection to other infrastructure and the property owner was able to construct the single family residence with no utility conflicts. Acceptance of this drainage and utility easement will provide for future maintenance of the infrastructure. JD

Jeremy Draper, Development Manager, explained this is the property off Cottonwood Drive.

**\*\* A motion was made by Councilman Schmidtlein, seconded by Councilman Rice, to accept the Deed of Dedication for a drainage and utility easement as described in Exhibit A and shown on Exhibit B on a parcel of land owned by the Crest Heights Company of Nevada Inc., identified as APN: 001-961-027.**

*The motion passed unanimously. (5-0)*

## **II. CONSENT AGENDA**

- A. Review, consideration, and possible approval of the revised position description for Lead Equipment Operator, and matters related thereto. **FOR POSSIBLE ACTION**

The Lead Equipment Operator position description has been revised and updated to more accurately reflect the actual requirements and qualifications of the position, in addition to the actual duties performed, and to comply with updated position description standards as recommended by POOL/PACT. AB

- B. Review, consideration, and possible approval of the revised position description for Equipment Operator I, and matters related thereto. **FOR POSSIBLE ACTION**

The Equipment Operator I position description has been revised and updated to more accurately reflect the actual requirements and qualifications of the position, in addition to the actual duties performed, and to comply with updated position description standards as recommended by POOL/PACT. AB

- C. Review, consideration, and possible approval of the revised position description for Equipment Operator II, and matters related thereto. **FOR POSSIBLE ACTION**

The Equipment Operator II position description has been revised and updated to more accurately reflect the actual requirements and qualifications of the position, in addition to the actual duties performed, and to comply with updated position description standards as recommended by POOL/PACT. AB

- D. Review, consideration, and possible approval of the revised position description for Equipment Operator III, and matters related thereto. **FOR POSSIBLE ACTION**

The Equipment Operator III position description has been revised and updated to more accurately reflect the actual requirements and qualifications of the position, in addition to the actual duties performed, and to comply with updated position description standards as recommended by POOL/PACT. AB

**\*\* A motion was made by Councilwoman Simons, seconded by Councilman Keener, to approve the consent agenda.**

*The motion passed unanimously. (5-0)*

#### **IV. APPROPRIATIONS (Cont.)**

- A. Review and possible approval of Warrants, and matters related thereto. **FOR POSSIBLE ACTION**

**\*\* A motion was made by Councilwoman Simons, seconded by Councilman Rice, to approve the regular warrants.**

*The motion passed unanimously. (5-0)*

Councilwoman Simons asked about hiring out a bunch of landscaping. There appeared to be two different companies

James Wiley, Parks and Recreation Director, said the only thing he was aware of was the final billing for the Golf Course.

Councilman Keener said had the same question. It listed four times, an amount of \$62,000 and an amount of \$67,000.

Mr. Wiley wasn't sure why it was listed twice but it is the final billing for the remainder of the asphalt golf paths at the Golf Course. The next one you see to close that project out, would be the retention.

- B. Review and possible approval of Print 'N Copy Warrants, and matters related thereto. **FOR POSSIBLE ACTION**



**\*\* A motion was made by Councilwoman Simons, seconded by Councilman Schmidlein, to approve the Print 'N Copy warrants.**

*The motion passed. (4-0 Councilman Keener abstained.)*

- C. Review and possible approval of Great Basin Engineering Contractors Warrants, and matters related thereto. **FOR POSSIBLE ACTION**

**\*\* A motion was made by Councilman Rice, seconded by Councilman Keener, to approve the Great Basin Engineering Contractors warrants.**

*The motion passed. (4-0 Councilman Schmidlein abstained.)*

## **IX. REPORTS**

- A. Mayor and City Council

*Mayor Johnson reported the City received a thank you letter from RSVP (Exhibit "E").*

- B. City Manager

*Curtis Calder reminded everyone that the Nevada League of Cities Conference is coming up in October. The dates run in concurrence with our City Council Meeting, October 10th through 12<sup>th</sup>. The Conference will be in Mesquite and is a full day drive. If you want to attend you can coordinate with Kim. He will be emailing SkyWest to set up their annual meeting in St. George. He is thinking about the first or second week in November.*

- C. Assistant City Manager

- D. Utilities Director

*Ryan Limberg reported we have the Sports Complex listed as an outfall for the WRF. We have also transferred secondary water rights to that location as the place of use. We need to complete an effluent management plan for that area. As for the reuse line, the contractor is on site. They are seeing the water levels still high in the river and that is an issue for the river crossing. He will be bringing an item to council to deduct the river crossing from the project because of the water levels.*

- E. Public Works

- F. Airport Director

- G. City Attorney

- H. Fire Chief

- I. Police Chief

*Ben Reed reported on the Centennial Badge Project. The challenge coins came in today. He handed out some magazines on drug abuse (Exhibit "F"). They are a good educational magazine that he approves. The cost of the magazine is paid for by businesses that donate.*

- J. City Clerk

- K. City Planner

- L. Development Manager

- M. Administrative Services Director  
*Jonnye Jund reported she had to make a transfer to the HR Department for \$1,000 that will be coming out of the City Manager's budget.*
- N. Parks and Recreation Director
- O. Civil Engineer
- P. Building Official

## **BREAK**

### **VIII. 5:30 P.M. PUBLIC HEARINGS**

- A. Second reading, public hearing, and possible adoption of Ordinance No. 819, an ordinance amending Title 3, Chapter 2, of the Elko City Code "GENERAL ZONING ORDINANCE" specifically establishing a new zoning district along the 5<sup>th</sup> Street corridor which will be titled 3-2-6 Residential Business District, filed and processed as Zoning Ordinance Amendment No. 2-17, and matters related thereto. **FOR POSSIBLE ACTION**

The Planning Commission initiated the new zoning district at their meeting October 4, 2016. At their meetings November 1, 2016, March 7, 2017, and May 2, 2017, Commissioners reviewed the district and made amendments deemed necessary. The Planning Commission then held a public hearing on June 6, 2017, and took action to make an additional change and bring it back to Planning Commission for a second public hearing. The Planning Commission held that public hearing on July 18, 2017 and forward a recommendation to Council to adopt an ordinance which approves the zoning ordinance amendment. Council conducted First Reading of this ordinance at their meeting on July 25, 2017, and directed Staff to set the matter for second reading, public hearing, and possible adoption. CL

Cathy Laughlin, City Planner, explained this is the second reading and final public hearing for Ordinance 819. Staff has been working on this for quite some time. Staff reached out to all of the property owners as required and they also reached out to the private owners prior to this meeting to let them know that if this is approved and adopted then properties would be rezoned. She did receive one letter in response (Exhibit "G"). She recommended approval.

Mayor Johnson called for public comment without a response.

**\*\* A motion was made by Councilman Keener, seconded by Councilman Rice, to conduct second reading, public hearing and adopt Ordinance No. 819.**

*The motion passed unanimously. (5-0)*

- B. Second reading, public hearing, and possible adoption of Ordinance No. 822, an ordinance increasing the corporate limits of the City of Elko, Nevada, pursuant to the provisions of N.R.S. 268.670 annexing thereto a certain tract of land partially contiguous to and not embraced within the present limits of the City of Elko described as follows: a parcel of land located east of Jennings Way and

approximately 185' north of Cortney Drive, in Section 8, T. 34 N., R. 55 E., MDM, Elko County, Nevada, consisting of 10.149 acres, more or less, filed by Dusty Shipp on behalf of DDS Properties, LLC and processed as Annexation No. 1-17, and matters related thereto. **FOR POSSIBLE ACTION**

Council accepted the petition for the subject annexation on June 27, 2017, and directed Staff to continue with the annexation process by referring the matter to the Planning Commission. The Planning Commission considered the annexation on July 18, 2017, and took action to forward a recommendation of approval with findings back to Council. City Council held the first reading of the ordinance on July 25, 2017. CL

Ms. Laughlin explained when this was brought initially it was two separate parcels. Since then it has been merged into one parcel. There was a large utility and access easement along the south property line and the easterly property line and the property owner asked for a vacation of that easement from the county. The Resolution for the vacation was recorded last Thursday. The only condition that was on there from Planning Commission was that the property be rezoned.

Councilwoman Simons asked what it will be rezoned as.

Ms. Laughlin answered R1.

Mayor Johnson asked for public comment without a response.

**\*\* A motion was made by Councilman Rice, seconded by Councilman Keener, to conduct second reading, public hearing and adopt Ordinance No. 822.**

***The motion passed unanimously. (5-0)***

- C. Review, consideration, and possible action to adopt Resolution No. 25-17, a resolution of the Elko City Council adopting a change in zoning district boundaries from AG (Agriculture) to R1 (Single Family Residential) approximately 9.443 acres of property located generally east of Jennings Way approximately 185 feet north of Cortney Drive, filed by Dusty Shipp on behalf of DDS Properties LLC, and processed as Rezone No. 6-17, and matters related thereto. **FOR POSSIBLE ACTION**

The Planning Commission considered the subject zone change request on July 18, 2017 and took action to forward a recommendation to City Council to adopt a resolution which conditionally approves Rezone No. 6-17. CL

Ms. Laughlin explained this is the same property. When we annex property into the city it comes in as AG. The applicant has requested a rezone to R1 which is consistent with the Master Plan.

Mayor Johnson called for public comment without a response.

**\*\* A motion was made by Councilman Schmittlein, seconded by Councilman Keener, to adopt Resolution No. 25-17 as recommended by the Planning Commission.**

*The motion passed unanimously. (5-0)*

- D. Review, consideration, and possible action to adopt Resolution No. 26-17, a resolution of the Elko City Council adopting a change in zoning district boundaries from CT (Commercial Transitional) & C (General Commercial) to C (General Commercial), approximately 3.077 acres of property located generally northeast of the intersection of Opal Drive and S. 12<sup>th</sup> Street, filed by Dave Mitton on behalf of Signature Developers LC and processed as Rezone No. 7-17, and matters related thereto. **FOR POSSIBLE ACTION**

The Planning Commission considered the subject zone change request on July 18, 2017 and took action to forward a recommendation to Council to adopt a resolution which approves Rezone No. 7-17. CL

Ms. Laughlin explained on the overhead it was the highlighted parcel. It has multiple zoning. The applicant has requested that the entire parcel be zoned commercial. They wish to put in a storage facility in there which will require a conditional use permit.

Councilman Keener asked if that is the best use of that property.

Ms. Laughlin answered it's going to have a lower impact on that intersection. The development doesn't go all the way back to the residential. The area that is currently zoned CT is pretty much an open storage with a compacted type road base surface for storage of RV's. It won't have a high impact to the residential but closer to the intersection is where it will all happen.

Mayor Johnson called for public comment without a response.

**\*\* A motion was made by Councilman Rice, seconded by Councilman Keener, to adopt Resolution No. 26-17.**

*The motion passed unanimously. (5-0)*

After the motion and before the vote, Councilwoman Simons asked if this is surrounded by apartments. (yes)

Councilman Rice asked if this would be for storage units and RV storage.

Ms. Laughlin answered there will be a higher end storage units. Some will be heated and cooled. There will be an onsite resident that lives on the property. It will be gated and secured. The fence and screen wall will be a block wall.

Scott Wilkinson, Assistant City Manager, said Commercial is already on the front part of the property. That is a consistent zone with the classification of the roadways. Apartment complexes, although they are residential, they are Commercial type development. We are looking at a commercial transitional zone. Under our commercial code, any type of commercial use next to residential needs a CUP for development of the property.

Councilman Schmidlein asked when you build a masonry wall, will there be a set back with some landscaping.

Ms. Laughlin answered one of the conditions is there's a site triangle study that is required for that intersection.

Mr. Wilkinson said as part of the CUP they are going to landscape quite a bit of our right-of-way.

Mayor Johnson called for public comments again.

**Council voted on the motion.**

- E. Review, consideration, and possible action to adopt Resolution No. 27-17, a resolution of the Elko City Council adopting a change in zoning district boundaries from C (General Commercial) to IC (Industrial Commercial), approximately 1.578 acres of property, located generally on the south side of Ruby Vista Drive, approximately 240 feet west of Doerr Drive, filed by Ken Zeal on behalf of Idaho Street Properties, LLC and processed as Rezone No. 8-17, and matters related thereto. **FOR POSSIBLE ACTION**

The Planning Commission considered the subject zone change request on August 1, 2017 and took action to forward a recommendation to Council to adopt a resolution which conditionally approves Rezone No. 8-17. CL

Ms. Laughlin explained on the overhead screen the property was highlighted. The owner plans on doing development on the highlighted parcel with a boundary line adjustment into the parcel that is closer to the intersection of Doerr and Ruby Vista Drive. He has requested a zone change of Industrial Commercial to be consistent with the property on the corner of Doerr Drive and Ruby Vista Drive. This is a consistent zoning change between the light industrial and the commercial that is adjacent to East Jennings Way. The large AT&T fiber optic line has an easement that goes through the Home2 site and through the hotel property. It goes through this parcel as well and makes the southwest portion of the parcel undevelopable. That would be the area that would be used as a parking lot and storage yard.

Jeremy Draper, Development Manager, indicated where the AT&T utility easement was.

Mayor Johnson called for public comment without a response.

**\*\* A motion was made by Councilman Schmidlein, seconded by Councilman Keener, to adopt Resolution No. 27-17.**

*The motion passed unanimously. (5-0)*

**V. UNFINISHED BUSINESS (Cont.)**

- A. Review, consideration, and possible approval of a proposal from the Ormaza Family Trust as related to the Curb, Gutter and Sidewalk Waiver #3-02 between

the City of Elko and Ormaza Family Trust dated October 30, 2002, and matters related thereto. **FOR POSSIBLE ACTION**

On May 8, 2017, City Staff sent the latest letter to the Ormaza Family Trust providing the required notification to the Ormaza Family Trust to complete their public improvements associated with Curb, Gutter and Sidewalk Waiver #3-02. At the July 25, 2017 council meeting Pedro Ormaza agreed to provide a timeline for the completion of these improvements within 4 weeks of the meeting.

The City did receive a letter from the Ormaza Family Trust on August 16, 2017 agreeing to the completion of the work by no later than October 15, 2020. The proposed timeframe proposed by the Ormaza Family Trust seems to be excessive as staff first called this deferral due on September 18, 2012, and the Ormaza Family Trust agreed in writing on September 17, 2013 to complete the improvements in 2014. Staff believes the timeframe proposed by the Ormaza Family Trust may jeopardize the paving agreed to by Redburn Tires in 2013. In the letter received from The Ormaza Family Trust on August 16, 2017 there is a request for information regarding the completion of improvements by other properties on Manzanita Lane and reasons why the Ormaza Family Trust is being singled out by the City Council for these improvements. JD

*\* Pedro Ormaza was not present for this discussion. \**

Councilman Rice said the terms of the letter are unacceptable to him. He consulted with staff on the recommended motions. He would be interested in a completion date by June 30, 2018. This is all triggered by the desire of Redburn to pave. That is the only reason we are moving forward with it.

Councilman Schmidlein said this has been vetted several times. This gives the Ormaza Trust time to complete this by this fall or next spring. He felt that reasonable. That would give us the opportunity to get the paving done next fall.

**\*\* A motion was made by Councilman Rice, seconded by Councilwoman Simons, to direct staff to set a completion date of the project as June 30, 2018, and if the project is not completed by that date then direct staff to initiate enforcement of the terms of the original deferral by whatever means necessary.**

***The motion passed unanimously. (5-0)***

After the motion and before the vote, Mayor Johnson asked about the requested information.

Jeremy Draper, Development Manager, said he had a spreadsheet showing all of the agreements on Manzanita. We have a total of seven agreements. We have one set of improvements that was waived. Of those seven agreements, three of those have been completed. One was replaced with a subsequent agreement. That leaves three outstanding. One is the Ormaza Family Trust agreement that has been called. Two others the original property owners that agreed to the deferral no longer own the property. He reached out to the new property owners on the 8<sup>th</sup> of August and he has met with one of the property owners. That property owner is working on a timeframe that would work for him to get those improvements done. It is positive to see that he

is talking to staff at this point. Ms. Laughlin has talked to the other property owner and he has agreed verbally to do the improvements as well. Hopefully we will have those done in the next couple of years.

Mayor Johnson noted there are three outstanding and two are talking. Is there still one more?

Mr. Draper answered just Ormaza.

Mayor Johnson said the city is in contact with any and all.

Scott Wilkinson, Assistant City Manager, said the waiver that was granted to IFA was contingent upon them not expanding the building. If they do any expansion they will be subject to the improvements on Manzanita.

Mayor Johnson asked about other deferrals in the city.

Mr. Draper said roughly 50% of the deferrals have been completed. Not all of the deferrals are specific on the location. Some aren't signed. He is going through all of them and will be contacting property owners.

**Council voted on the motion.**

#### **COMMENTS BY THE GENERAL PUBLIC**

Pursuant to N.R.S. 241, this time is devoted to comments by the public, if any, and discussion of those comments. No action may be taken upon a matter raised under this item on the agenda until the matter itself has been specifically included on a successive agenda and identified as an item for possible action. **ACTION WILL NOT BE TAKEN**

*There were no public comments.*

There being no further business, Mayor Chris Johnson adjourned the meeting.

---

Mayor Chris Johnson

---

Shanell Owen, City Clerk

Dear Mayor Johnson and Elko City Council,

Elko County has a high rate of suicides. Ben Reed, Elko Police Chief, stated on an average we have one to two suicides a week. He also informed me the average is based on zero suicides for the week to four suicides in a week. Elko hospital Episcopal Deacon, Marlo, stated daily there is one or two suicide attempts that is admitted to ER. I love where I live. It hurts my heart to hear about our loved ones, friends, co-workers, and neighbors dying by suicide. Most suicides are preventable by breaking the stigma and helping each other. Most importantly, getting help for ourselves if we need it. Everyone's life matters.

As the facilitator for Survivors of Suicide Loss of Northeastern Nevada I am encouraging members of Elko County School (ECS) Board to attend one or all the events at Great Basin College (GBC). The theme is Elko County Save Lives, 'Zero' Suicides. The following is the dates and times.

- Aug. 16<sup>th</sup> – Sept. 15<sup>th</sup> at GBC library is an exhibit about suicide prevention and mental health. It is interactive learning. There are 5 stations; teen depression, what to say to someone that is suicidal, attempted suicide, survivors of suicide loss, and an art/writing activity table.
- Aug. 29<sup>th</sup>-30<sup>th</sup>, ASIST (Applied Suicide Intervention Skills Training) two-day interactive workshop first aid training in suicide prevention at Central Office. The cost is \$60. Call Janette Massolo at 775-687-0847 to register.
- Aug. 31<sup>st</sup>, SafeTALK training at Central Office to become a suicide safe alter helper. It is three-hours and it is FREE. Call Skyler Basanez 208-421-1662 to register.
- Sept. 9<sup>th</sup>, 12<sup>th</sup> Annual Walk in Memory Walk for Hope is for those who lost someone to suicide and in hopes of stopping more suicides. Registration starts at 8:00 am at the Hospice Rose Garden in front of the Elko City Park. The 5K walk starts at 8:45 am. You can walk, run, push a stroller, dog walkers, the idea is to support one another.
- Sept. 12<sup>th</sup>, reception at GBC library 3:00-5:00 pm. POE, with Steezy Boy Records, singing in the outdoor amphitheater 3:30-5:00 pm. Community Forum in the indoor theater at GBC, 5:30-7:30 pm, with guest speakers from UNR Cooperative Extension, CADV, Survivors of Suicide Loss, Veterans Resource Center, National Alliance on Mental Health, and Vitality Integrated Program.

My goal is to educate our community about suicide prevention and mental health. Suicide is a health concern that all of us need to be aware of in order to prevent suicides in our families, friends, and neighbors. We need to help others and ourselves to choose life, not suicide.

Thank you,

Lynette Vega, Survivors of Suicide Loss of Northeastern Nevada



**Exhibit "A"**



**\*\* A motion was made by Councilman Rice, seconded by Councilman Schmittlein, to accept the petition and return to the original parade route; direct staff to work with the DBA and other businesses effected to devise a way to communicate to people who use the corridor that it will be shut down for a period of time and that you may find yourself stuck in the corridor because we don't want to let traffic out; it is the traffic that creates the safety problems; and parade organizers be responsible for making those communications within the corridor 48 hours prior the event. The notice to say that they may not be able to move their vehicle from the corridor until after the parade is complete. This is effective today.**

*The motion passed. (4-1 Councilwoman Simons was opposed.)*

After the motion and before the vote, Mayor Johnson asked how effective do you think the notifications will be. He doesn't want to put something on staff that can be...

Councilman Rice said he doesn't expect staff to make that notification; the parade organizers will do that. The motion is that the parade organizers are responsible for making that notification so it won't be an additional burden on staff.

Mr. Strickland answered they can do all the notification they want but if there is an accident that doesn't alleviate the city's liability associated with that. We will be advocating that people will be trapped in there and they would not be able to get out in a legal manner.

Councilman Rice said it will be on the parade organizers to communicate that.

Councilwoman Simons thought we just found a solution to solve one problem and now we have created another problem.

Councilman Schmittlein said when the parade was moved off 12<sup>th</sup> street, he felt that was a huge improvement. Same thing when they moved the parade from 3<sup>rd</sup> to 4<sup>th</sup>. The flow of traffic was improved because now we could get around the parade.



**Council voted on the motion.**

**CITY OF ELKO  
 BID TABULATION  
 FOR  
 CHILTON CENTENNIAL TOWER CONSTRUCTION  
 8/21/2017**

NAME  
 ADDRESS  
 CITY, STATE  
 PHONE

YESCO  
 1154 W MAIN ST.  
 ELKO, NV  
 775.738.5710

<u>NO.</u>	<u>BID ITEM</u>		<u>TOTAL AMOUNT</u>
1	Furnish and construct the Chilton Centennial Tower, complete with structure, foundation, electrical design, all electrical components, devices, and wiring.	1 Lump Sum Amount	\$ 183,860.00
	<b>TOTAL BASE BID</b>		<b>\$ 183,860.00</b>

Exhibit "C"



**CITY OF ELKO  
ENGINEERING DEPARTMENT  
1755 COLLEGE AVENUE  
ELKO, NEVADA 89801  
(775)777-7210  
(775)777-7219 FAX**

Elko City Council  
August 22, 2017

**RE: Chilton Centennial Tower Bid Opening, Third Bid.**

Council Members,

The bids for the Chilton Centennial Tower Construction were opened yesterday, 08/21/17 at 3:00 pm. One bids was received. The bidder was YESCO in the amount of \$183,860. The bid was found to be complete and responsive.

**RECOMMENDED MOTION**

"Move to award the bid to YESCO for the Chilton Centennial Tower Construction in the amount of \$183,860.

Sincerely,

Bob Thibault  
City of Elko, Civil Engineer

# **Elko's Free Little Library**

**By Hadley Noren**

**Goal:** To encourage literacy in our community by providing free books to children and adults who live in or visit Elko.

**Option 1:** To place the Free Little Library in the Elko City Park so that families and travelers can access it easily while traveling down Idaho Street. It would also be visible to community members passing by, which may deter vandalism.

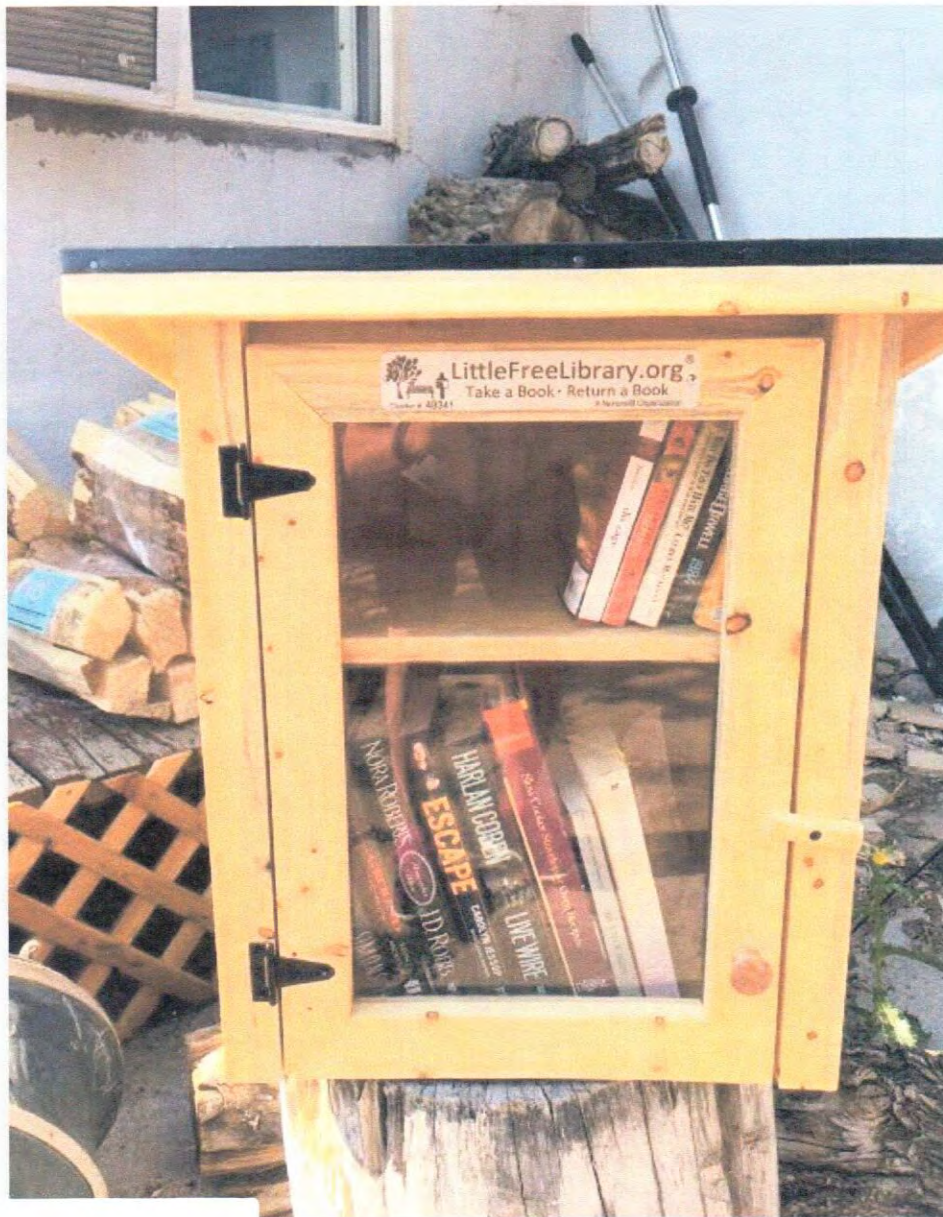
**Option 2:** To place the Free Little Library outside the Northeastern Nevada Museum. This would make it visible to people traveling along Idaho Street. It would also be convenient to those who spend time at the Elko City Park or frequent the Northeastern Nevada Museum.

**Option 3:** To place the Free Little Library across from the city tennis courts. Many people and families find solace in the shade of these trees giving them the opportunity to utilize and enjoy this library.

- I am fully prepared to take responsibility in the setup of the library.
- I understand the possibility of vandalism and in no way, shape, or form would hold the City of Elko responsible for any damages.
- I will be responsible for maintaining the library in the form of books and dog waste bags. I will visit the library on Wednesdays and Saturdays to restock books and bags.
- I will be respectful of the books that I place in the library, but will have no control over what others may leave. I will check for inappropriate titles upon each visit.



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Greater NV Credit Union*

BRIAN COSTELLO  
Board Secretary  
*Director, Delivery Operations  
NV Energy*

ALLAN WARD  
Board Director  
*Owner,  
Home Instead Senior Care*

KEVIN S. KIRKEBY  
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ElectraTherm*

NICK MARANO  
Board Director  
*Carson City Manager*

EXECUTIVE DIRECTOR  
& CEO

SUSAN C. HAAS

501 (c)(3) Non-Profit Tax Exempt Agency and Program of The Corporation For National And Community Service

August 9, 2017

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Carson City, NV 89706  
(775) 687-4680  
Fax (775) 687-4494  
Toll Free: 1-800-992-0900 Ext: 4680  
shaas@nvrsvp.com  
www.nevadaruralsvp.org

Mayor Chris Johnson and  
City Council Members, City of Elko  
1751 College Avenue  
Elko, NV 89801

Dear Mayor Johnson and Council Members:

Your recent award of \$7,511 for the NV Rural Counties Retired and Senior Volunteer Program Inc. (RSVP) Program was received and is greatly appreciated. We understand that funding for programs is difficult and we truly value your continued support to seniors who are in need of basic services in the City of Elko.

This funding will contribute greatly to the quality of life of elders, Veterans and family caregivers and will assist them to remain independent and in their own homes for as long as possible. RSVP's programs work to keep seniors at home for a fraction of the cost; thus enabling them to avoid premature institutionalization which costs thousands of dollars per person per year if indigent.

RSVP is truly honored to work to provide more access to services which strengthens the fabric of your community. We are able to do so only because of the generosity of benefactors such as you.

Please do not hesitate to contact me if you need further information or have questions about our programs. Thank you so much for your continued support of RSVP and senior citizens in Elko.

Sincerely,

  
Susan C. Haas  
Executive Director & C.E.O.

cc: Curtis Calder, City Manager  
Janet Van Der Dussen, Elko Field Representative

## Exhibit "E"

*Named Outstanding 501 (c) (3) Non-Profit Agency in Nevada for 2001 - Governor Kenny Guinn's "Points of Light Award"*  
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RSVP's Mission: To help frail, homebound, and low-income seniors remain independent by providing high quality programs which allow them to stay in their own homes with dignity. Additionally, RSVP coordinates a volunteer network of seniors who use their skills and talents to provide support to community agencies and address community needs through service.



# LET'S **ALL** WORK TO **FIGHT** **DRUG ABUSE**

#WeAreLAWPub

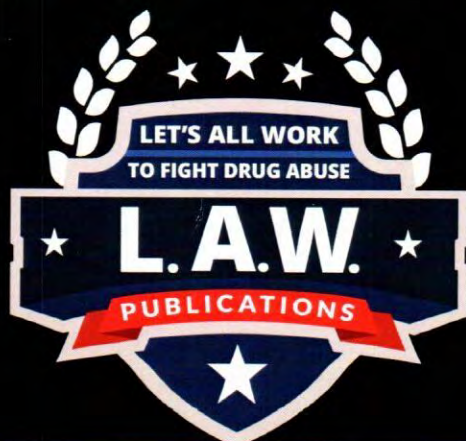


Exhibit F





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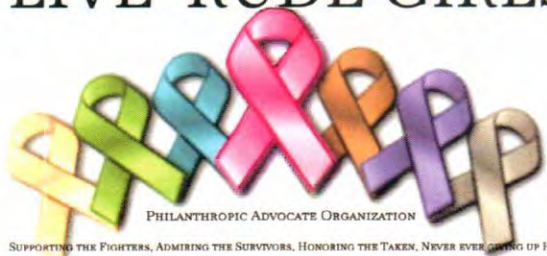
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## ELKO POLICE DEPARTMENT

Ben Reed, Jr.  
Police Chief

1448 Silver Street  
Elko, NV 89801  
775.777.7310  
775.738.1415 Fax  
[www.ci.elko.nv.us](http://www.ci.elko.nv.us)

Dear Elko Residents and Visitors,

Elko, Nevada is a beautiful and authentic western town, rich with history and culture of the Wild West. As your Elko Police Chief, it is an honor and a joy to serve in such a unique community. Your Police Department strives daily to find the balance between enforcement and assistance. We are appreciative of the local support. We talk to many people who wish to keep Elko an example of the historical western United States. However, substance abuse and its associated harm threaten the very fabric of our community.

Elko Police Officers see the results of substance abuse many times per day. Real lives, young and old, are negatively and permanently affected by drug abuse every day. Whether it be employers who have to terminate employment, children who live in fear, spouses who cannot trust, employers who cannot hire clean and trusted workers, motorists who do not know if the other vehicle will stop, burglary victims who fear their neighbors, or persons in a public place acting irrational, substance abuse affects us all. It threatens our way of living in the rural west and takes away from the small town feel where neighbors trust neighbors.

This publication is designed to educate. Substance abuse is usually associated with poor behavior such as theft, burglary, domestic violence, driving under the influence, embezzlement, child abuse, child endangerment, and so on. This publication illustrates how substance abuse leads to dependency, injury, or death.

We encourage all persons to be knowledgeable about substance abuse and to direct friends and family members to get the assistance they need to change poor behavior. Please join me, the men and women of the Elko Police Department, and the local businesses who support this publication, by taking a personal stand against substance abuse and the often associated destructive behavior which threatens our way of life in this beautiful western community.

Sincerely,

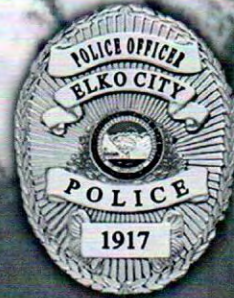
A handwritten signature in black ink, appearing to read "Ben Reed, Jr.".

Ben Reed, Jr.  
Police Chief  
Elko Police Department  
City of Elko, Nevada





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# Let's All Work To FIGHT DRUG ABUSE

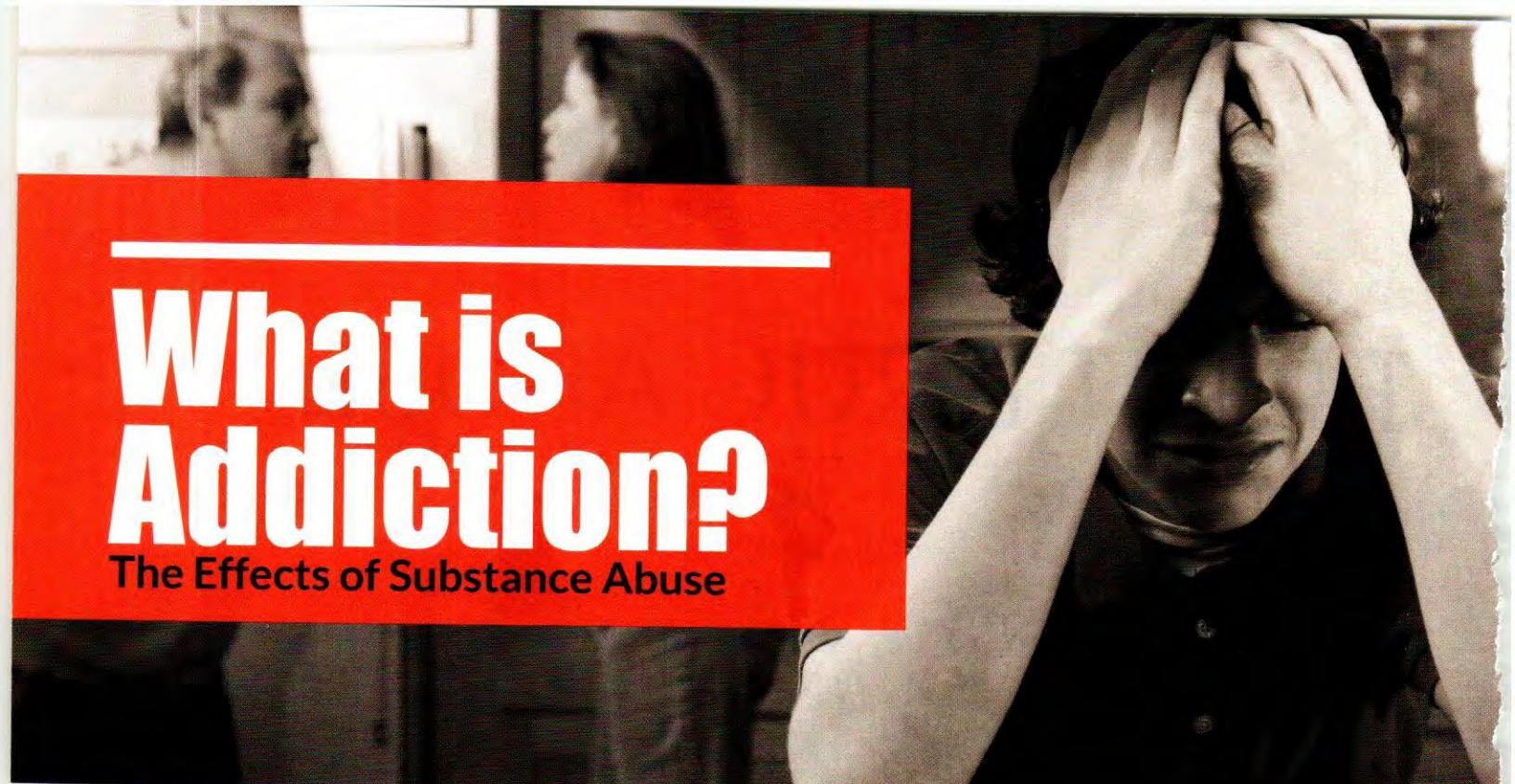
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# What is Addiction?

## The Effects of Substance Abuse

**T**he brains of addicted people have been modified by the drug in such a way that absence of the drug makes a signal to their brain that is equivalent to the signal of when you are starving, as if the individual was in a state of deprivation, where taking the drug is indispensable for survival. It's as powerful as that." National Institute on Drug Abuse, Director, Dr. Nora Volkow

Substance abuse is the use of any substance to the extent that it causes physical, mental or emotional damage, either temporary or permanent. Abused substances can be either legal or illegal. Individuals may abuse substances as varied as alcohol, over-the-counter medications, household chemicals, prescription drugs, marijuana or other illegal drugs.

Addiction is a lasting and persistent but treatable disorder. People who are addicted cannot control their need for alcohol or other drugs even in the face of extremely negative consequences. This lack of control is the result of alcohol and/or other drug-induced damage to the brain. The damage, considered to be an illness or disease, in turn causes behavior changes. To the addicted person, alcohol and/or other drugs not only become more important than family, friends and career, but more important than the most basic needs for food, clothing and shelter.

### How does a person become an addict?

The answer is different for each person. For some, even a small amount of alcohol or other drug can "flip a switch" in the brain and cause the person to become addicted. Many meth, cocaine, heroin and other drug addicts say they were "hooked" the very first time they tried the drug. Yet, most users spiraling out of control go through the following stages:

#### Stage 1 Misuse of Substances . . .

With emotional and mental addiction the person feels the need for emotional comfort or a thrill and uses something in an unhealthy way to meet that need. For example, a teenager may drink alcohol because they feel stressed in social situations. A man, fearful of losing his job, may resort to amphetamines to stay awake to complete a project. A divorced woman, lonely and unsure about her future, may take depressants to fall asleep. A bored sixth grader may try inhalants with friends just for the excitement. Over a relatively short time, the act is associated with fulfilling the need. Even the smallest emotional or sensory cue can unconsciously remind the person of comfort or the needed excitement and he or she becomes uncomfortable without the substance. A pattern of deception begins to develop. A person will begin to experience the negative effects of these choices in their relationships, work and health.



## Stage 2 Abuse of Substances ...

### *Change in Dealing with Life and Others*

When a person continues using a substance or practicing a behavior in spite of negative consequences, a craving for the substance has developed. The negative consequences arising from the misuse of drugs has done nothing to slow down the individual's appetite for the substance even in the face of serious penalties and possible broken relationships. The pattern of deception deepens as the abuser continues to try to deceive those around them. Worst of all, they are now deceiving themselves. The woman taking painkillers to get high rationalizes that she "has to have it to keep her pain under control." A teenage boy wanting to get high from drinking alcohol convinces himself that "everyone drinks socially." The young professional tells himself he can stop his cocaine use, "any time he wants," and that he is "not hurting anyone." The abuser will usually collect friends who also like to participate in the act.

## Stage 3 Dependency ...

### *Tolerance Is Developed*

Tolerance happens when the body or mind becomes used to small amounts of the drug and needs more for the same relief or high. Though the abuser's behavior is now having clearly negative effects on them and others, they rationalize, excuse and minimize the problems. Questions about the abuser's logic are perceived as attacks. The abuser feels righteous indignation and withdraws further from others. The abuser begins to feel shame as loved ones are hurt and pushed away. To cope, the user blames others and becomes more secretive.

## Stage 4 Final Stage of Addiction ...

### *Physical Symptoms When Withdrawing*

A person is physically addicted to alcohol and drugs when stopping their use causes withdrawal symptoms. The effects of tolerance now mean they have to drink more and/or use stronger drugs, not just to get high, but to prevent tremors, nausea, anxiety and seizures.

The person compulsively takes drugs despite any and all negative consequences. All relationships with family, friends and work colleagues suffer. Physical and mental health deteriorate along with personal finances and job security. The pain from loneliness, shame, and anger are almost continual. There is only one positive way out, intervention.

## The Good News

There are millions of individuals and their families in long-term recovery from the effects of severe substance abuse problems that go on to lead lives of significant achievement and community service. Early intervention is most effective at repairing the damage from substance abuse.



### According to the 2015 National Survey on Drug Use and Health:

- An estimated 27.1 million people aged 12 or older were current illicit drug users.
- An estimated 21.7 million people aged 12 or older needed substance abuse treatment.

Conclusion: 80% of illicit drug users needed substance abuse treatment.

## Support Groups

**Alcoholics Anonymous World Services**

[www.aa.org](http://www.aa.org)

**Al-Anon Family Group Headquarters**

[www.al-anon-alateen.org](http://www.al-anon-alateen.org)

**Narcotics Anonymous**

[www.na.org](http://www.na.org)

## Federal Resources

**National Institute on Drug Abuse**

[www.nida.nih.gov](http://www.nida.nih.gov)

**National Institute on Alcohol and Alcoholism**

[www.niaaa.nih.gov](http://www.niaaa.nih.gov)

**Center for Substance Abuse Treatment**

**(800)-662-HELP**



# LET'S **ALL** WORK TO **FIGHT**

## **A SERIOUS PROBLEM!**

### Prescription and O-T-C Drug Abuse

**A**ccording to 2016 survey results, cigarette, alcohol and inhalant use by 8th, 10th and 12th-graders are at their lowest point since NIDA's Monitoring the Future survey began polling teenagers in 1975. However, this positive news is tempered by a slower rate of decline in teen smoking as well as an increasingly high rate of abuse of other tobacco products such as hookahs, small cigars, smokeless tobacco and E-cigarettes, along with an alarming increase in marijuana use. The survey results appear to show that more teens continue to abuse marijuana more than cigarettes, and alcohol is still the drug of choice among all three age groups queried. Though abuse of most illicit drugs by teens has fallen over the past decade, prescription drug and heroin abuse is on the rise.

Prescription drugs are safely and beneficially taken by many people every day. The thing that makes prescription medications safe is the fact that a physician is controlling the patient's dosage. So what constitutes abuse of these substances?

#### **Abuse Is Any Use Of Prescription Drugs Where The Physician's Control Is Side-Stepped, For Example:**

- Taking prescription drugs without a prescription
- Taking more than the recommended dosage
- Crushing pills to prevent time release
- Faking symptoms
- Going to multiple doctors for prescriptions

Prescription drugs are abused for many reasons. It may be simply to get high or it may be because the user has developed an addiction. Whatever the reason, this abuse

carries the same dangers as abuse of illegal drugs. When prescription medications are abused, they can sicken and even kill the user. Medications sold over-the-counter (OTC) without a prescription may also be abused. Cough and cold medicines are a particular problem. Over 120 such products, both tablets and syrups, contain Dextromethorphan (DXM). DXM goes by slang names such as DM, nicks, robo, rojo, skittles, dex, tussin, velvet and vitamin D. By taking an excessive dose of DXM, abusers can create a feeling of euphoria. It also can cause dizziness, nausea, hallucinations, seizures and even death. Cases of DXM overdose often show up in emergency rooms in clusters as word of how to get a DXM high spreads into nearby schools.

Abuse of prescription or OTC drugs can be hard to spot. Some abusers continue to function at a high level and are very effective at hiding their habit. A tip-off to a potential problem in your home is when medicine is disappearing faster than it should be. As with illicit drugs, other signs to watch for include personality changes, behavioral or academic problems, new sets of friends and unusual mood swings. If abuse is taking place, it is important to intervene as soon as possible to prevent a tragic outcome.

#### **For a Recreational High**

There are a wide variety of reasons that people abuse prescription and OTC drugs. Many use them to achieve a recreational high. At so called "pharming" parties, kids bring prescription drugs and trade or pool them sometimes even taking a random mix of pills for a surprise effect. Unfortunately, the surprise is sometimes a trip to the emergency room or even the morgue.





The Centers for Disease Control and Prevention reported that drug overdose death rates in the United States have more than tripled since 1990 and that growing prescription drug abuse played a role in the increase.

Prescription or OTC drugs are often mixed with alcohol or marijuana to intensify the intoxication. The result of such combinations is extremely unpredictable and dangerous.

### To Self-Medicate

In addition to getting high, kids are using prescription drugs in more practical but still dangerous ways. A drug such as Adderall, designed to increase concentration, might be taken to fuel a study session or give a mental boost for a big exam. The tranquilizer Xanax might be used to help cover up the pain of a breakup with a boyfriend or girlfriend.

Should this behavior be any surprise? Teens today grow up seeing prescription drugs of all sorts advertised on television, radio and on the internet. In such an environment, it shouldn't surprise anyone that so many teens find "self-prescribing" to be normal.

### Older Adults Are Abusing Too!

Increasing attention is also being paid to how older adults sometimes abuse prescription and OTC drugs. The high number of medications which many elderly take can be one problem. Taking medications incorrectly out of simple confusion is common. Also, retirees on fixed incomes may face the temptation to save money by "self-prescribing" with another's prescription.



## TOP ANSWERS

HEAR WHAT TEENS SAY IS THE **MAIN REASON**  
**FOR ABUSING PRESCRIPTION PAIN RELIEVERS!**

Easy to get from parent's medicine cabinet  
Available from friends  
Easy to purchase online  
Can claim to have a prescription if caught  
Cheap to buy

*(Source: The Partnership at Drugfree.org: Tracking survey of grades 7-12)*

### There are better things to do than let drugs get in the way!

If someone says, "Want to get high?" You can say, "No. I don't do drugs." It helps to practice saying no. Don't let drugs get in the way of the things that are important to you. Spend time with your family or friends, playing sports, doing school work, or other activities. You'll be glad you did.

## SMART FACTS

Every day in the United States, 2,500 youth (12 to 17) abuse a prescription pain reliever for the first time. The smart ones don't. Be one of them!



# Narcotics

## Drugs with dual personalities



**N**arcotics, also called opiates, are drugs derived from the opium poppy plant. The term opiate is limited to the substance found in the resin of the opium poppy plant. Opioid refers to both opiates and synthetic substances that mimic opiates. The term opioid can refer to opium, morphine and heroin, as well as man-made drugs such as Fentanyl. All of these are powerful pain killers. In fact, they are very similar to a natural chemical in the body which regulates pain making them powerfully addictive and prone to abuse. They have both eased and caused an immeasurable amount of pain to the human race.

**OxyCodone** – Often marketed under the name OxyContin. It is a potent pain killer. It is the primary ingredient in Endocet and Codeine.

**Oxymorphone** – Often known by brand name Opana. A powerful pain killer, twice as powerful as OxyContin and highly addictive, with deadly side effects if abused. Known popularly as “blues” or “Nu-Blues” they are extremely potent when used intravenously.

**Morphine** – Prescribed for severe pain.

**Methadone** – Used for treating heroin addiction and as a severe pain reliever.

**Meperidine** – Known as Pethidine. Often known as brand name Demerol. Prescribed for pain treatment.

**Fentanyl** – 80 times more powerful than morphine, a synthetic opioid pain reliever. Heroin users are often unaware that the heroin they are using either contains Fentanyl or is pure Fentanyl leading to many overdose deaths.

**Carfentanil** – A fentanyl-related synthetic opioid 10,000 times more powerful than morphine. Primarily used to sedate large animals like elephants, it is so powerful that a few granules the size of table salt can be lethal.

**Hydrocodone** – Often sold as Vicodin. Used to treat pain and as a cough suppressant.

**Codeine** – Used to relieve pain as well as reduce coughing.



## A History of Narcotics

When the colorful petals of the opium poppy fall off, a seed pod is revealed. By making cuts in the pod, a white, sticky liquid is released. When this liquid dries, it is raw opium. In the early 1800's, the primary component of opium, morphine, was extracted by a German pharmacist. The pain relieving properties of this new drug were impressive. During the American Civil War, many soldiers were given morphine to alleviate the pain of war injuries and surgeries. Unfortunately, morphine is highly addictive. In 1874, people thought they had found a potential solution to this problem was found. A new drug was produced from morphine called heroin. Marketed as a safe substitute for morphine, use of heroin for pain relief increased though people soon realized it was just as addictive as morphine.

Heroin addiction quickly escalated in the United States. In the 1920's, laws were passed barring its manufacture, sale and use. Despite this, widespread abuse of heroin continues to this day.



### A warning from the DEA in the 2016 National Drug Threat Assessment Summary:

From August 15 to September 4, 2016, the DEA recorded about 300 carfentanil-related heroin overdoses in OH, WV, KY, and IN. Officers and emergency personnel have been instructed to take special precautions due to the fact that contact with a few grains of carfentanil can be fatal.



# DEPRESSANTS

**D**epressants are sometimes called “downers.” They “depress” the central nervous system and have a tranquilizing or sedative effect. Typically, the user experiences slower heart rate and breathing. Movements also slow and become less coordinated. Vision may become blurry and the user may become sleepy. Many of the drugs covered in other sections of this publication are also classified as depressants (i.e. alcohol, marijuana and GHB). In this section, we focus on depressants that are prescription medicines with legitimate uses. These drugs are typically prescribed for conditions such as stress or insomnia even though they are often sold illegally and abused.

*Most pharmaceutical depressants fall into one of two categories, barbiturates or benzodiazepines.*

## **Barbiturates**

Barbiturates were widely prescribed by doctors in the first half of the twentieth century for ailments such as insomnia, anxiety and muscle spasms. Many people over-used them and became addicted. With these drugs, tolerance builds rapidly so that larger amounts must be taken to get a desired effect. This increases the likelihood of an overdose, which can be fatal. Withdrawal from barbiturate addiction is severe. It can include anxiety, tremors, and even death. Barbiturate addicts should seek professional help to stop using the drug. Today, due to these dangers, barbiturates make up less than 10 percent of all United States depressant prescriptions.

Methaqualone is a prescription depressant very similar to barbiturates. Marketed under the trade name Quaalude it became a very popular drug of abuse in the 1970's. It has since been banned in the U.S. but is sometimes prescribed in other countries under the trade name Mandrax.

## **Benzodiazepines**

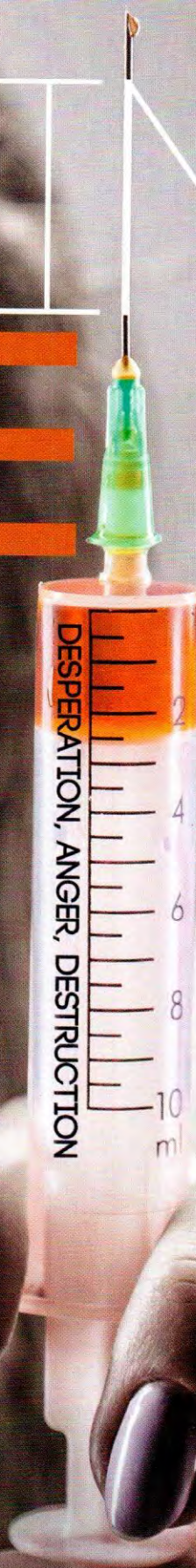
Benzodiazepines began to be prescribed in the 1960's as a safer alternative to barbiturates. These drugs remain widely prescribed and used to this day. They are sold under a variety of names such as Valium, Xanax and Klonopin. Overdose while still possible, is less likely with these types of depressants than with barbiturates. The potential for addiction however, remains. As with barbiturates, withdrawal symptoms can be life threatening. Users should seek medical help to break the addiction.





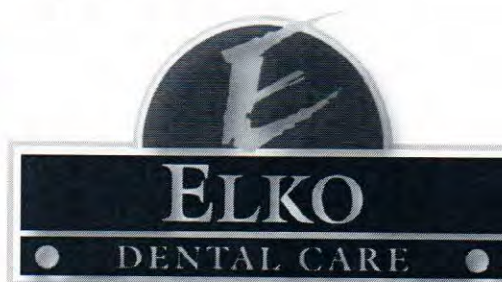
# HEROIN ABUSE

**Heroin**, sometimes called “junk” or “smack,” was first produced from morphine in 1874 and is one of the most abused of all drugs. It is usually a white powder with a bitter taste. Impurities can change the color to off-white or brownish. A dark, sticky form of heroin is known by a variety of street names such as “black tar” or simply “brown.”





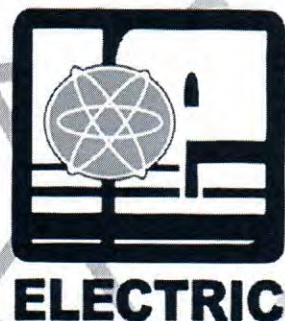
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## Heroin Abuse

According to the National Institute on Drug Abuse, in 2015 about 828,000 Americans reported using heroin in the past year, a number that has been on the rise since 2007. It is estimated that about 23% of individuals who use heroin become dependent on it.

Heroin may be the most physically addictive of all drugs. Tolerance quickly builds. The user needs more and more to get the same effect. When an addict doesn't get the drug, painful withdrawal symptoms begin. They may include headache, vomiting and severe pain in muscles and bones. *An overdose of heroin can cause seizures, coma and death.* Long-term use can cause a host of problems including heart and lung disease. Injection of heroin can also lead to problems like **collapsed veins, hepatitis and HIV/AIDS**. Heroin addiction is difficult to overcome and usually requires professional help. A doctor may prescribe a heroin-substitute such as methadone to help ease withdrawal symptoms.

Heroin can be snorted, smoked or injected. A user may inject it into a vein, into a muscle or simply under the skin. The last technique is called "*skin popping*." It produces a high that comes on slower but lasts longer as the drug is slowly absorbed. The other methods, ***especially smoking or injecting into a vein (mainlining), produce a quick onset or "rush."*** Much of one's reaction to heroin depends on how pure it is and what substances it may have been mixed with.

In addition to the effects of the drug itself, officials are worried about a new, recent twist — ***heroin that is spiked with a potent painkiller for a lethal combination!*** Heroin is being spiked with the narcotic Fentanyl. Often prescribed for terminally ill cancer patients, Fentanyl is about 80 times stronger than morphine.

Street heroin often contains other toxic contaminants like Fentanyl that can clog blood vessels leading to the lungs, liver, kidneys or brain causing permanent damage. Users ***"don't realize the product is in there" and overdose.*** It acts so quickly that users can be found with needles still in their arms.

## Another Recipe For Death

Heroin mixed with crushed-up cold medicines like Tylenol PM or Bendryl form "*cheese*," a powder which can be sniffed instead of injected. The cold pills take some of the edge off the symptoms of heroin usage and lower the price to only \$1 or \$2 for a line — easily within a middle-schooler's lunch budget.

As of 2013, at least 40 Dallas-area teens have died from the drug since it first appeared.

## Opioid Prescriptions: The First Step To Heroin Abuse!

Heroin-related overdoses in the United States have increased by nearly 300 percent in the last decade. Officials say the trend stems in part from doctors prescribing opioids to treat chronic pain.

The report found ***those who are addicted to prescription painkillers are 40 times more likely to be addicted to or abuse heroin and that 45% of people who use heroin were also addicted to painkillers.*** Prescription medications such as Oxycontin and Vicodin have effects similar to heroin when taken in doses or ways other than prescribed. Because the pills are legal, users do not see a danger in taking them.

Many abusers report that crushing pills to snort or inject provided their initiation into the methods of drug administration most commonly used by heroin users. The number of people using heroin for the first time is unacceptably high, with 212,000 people starting heroin use in 2014, almost double the number of people in 2007.



The number of heroin-related deaths in the United States has increased sharply between 2010 and 2014, rising **248%**.

The average age of first use of heroin has increased from **21 in 2010 to 29 in 2014.**

Younger people are getting SMARTER!





# ALCOHOL

alcoholism and addiction

**A**lcohol is a depressant and highly addictive. The effects of alcohol addiction lead to a disease called alcoholism. Many people use alcohol in moderation and never become addicted to it. Others may abuse alcohol and become “problem drinkers.” Their work and family lives may suffer as a result, but they may not become truly addicted.

True alcoholism is characterized by a compulsive, uncontrollable urge to drink. Alcoholics develop a high tolerance requiring them to consume large amounts before they feel any effect. Their bodies develop a physical dependence and may experience severe withdrawal symptoms such as tremors, nausea, headaches, and seizures.

Someone who has developed alcoholism cannot go back to being a moderate drinker. They must abstain from alcohol completely or they will relapse back into full alcoholism. Untreated, alcoholism is fatal. The human body is not designed to tolerate the long term presence of large amounts of alcohol. In addition to fatal liver diseases, alcoholics can develop ailments such as diabetes, pancreatitis, ulcers, stomach cancer, heart problems and damage to the central nervous system.

Most alcoholics find it impossible to maintain meaningful relationships or a job. As with other addictions, the substance simply becomes more important to the addict than anything else.

## Blood Alcohol Concentration (BAC)

The amount of alcohol in a person's blood is a measure of how intoxicated they are. BAC levels represent the percent of your blood that is concentrated with alcohol. A BAC of .10 means that .1% of your bloodstream is composed of alcohol. If a person's blood alcohol content is .08, most states consider that person legally drunk.

## Into The Brain

As alcohol soaks into the brain, it slows down the signals that the brain sends out to the rest of the body. If a person gets enough alcohol in their system, their body can slow down so much that they pass into unconsciousness. This can be a very dangerous situation sometimes leading to death.

## 2016 Monitoring the Future Survey

**Alcohol use Among Teens in the past month.**

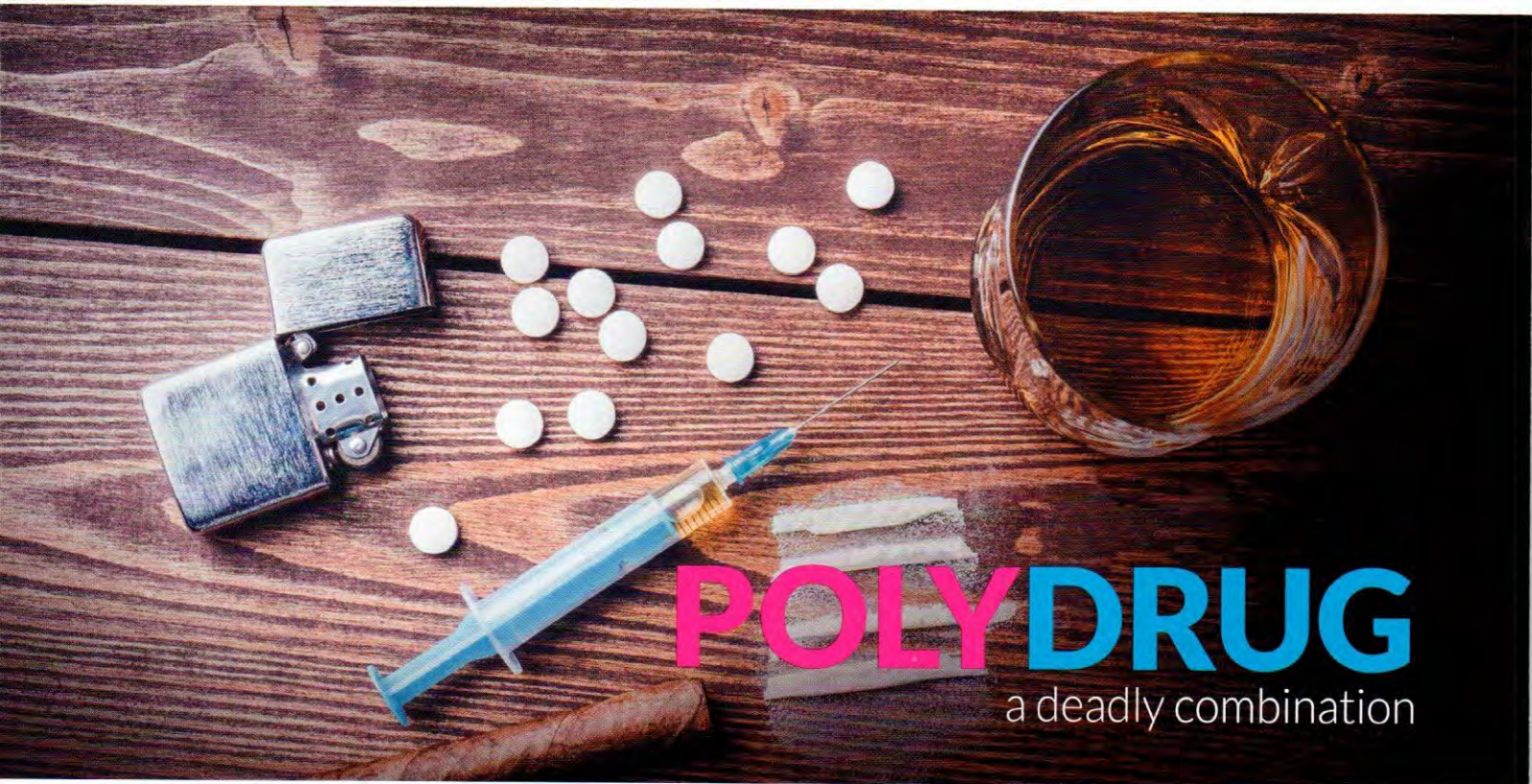
**7.3%** of 8th-graders, **19.9%** of 10th-graders, **33.2%** of 12th-graders

## You May Have an Alcohol Problem If...

- You always drink at specific times of the day
- You drink more than is socially acceptable
- Others criticize your drinking
- You drink to relieve discomfort or stress
- You prefer to be around other drinkers
- You constantly drink, think about drinking, or try to stop drinking but fail
- You drink to get high from alcohol
- You become upset if alcoholic beverages are not served







# POLYDRUG

a deadly combination

## Polydrug Abuse

The abuse of more than one drug especially when illicit is called polydrug abuse. Abusers have historically tended to combine alcohol, narcotics, sedatives and/or stimulants.

## Amplifying the Effects of Drugs

When drugs are used in combination, some of the effects are amplified. In some cases, this is what the drug user is looking for - a specific kind of high. In other cases, the user is so careless that they will use anything available.

Amplification of a euphoric high is not the only thing that happens. Drug combinations also amplify the life-threatening aspects. When an abuser takes more than one drug that suppresses breathing, a person can fall asleep and never wake up. Multiple stimulant abuse can result in a terrible strain on the cardiovascular system. This can lead to strokes, heart attacks and even death.

If a person is a heavy drinker, he (or she) is far more likely to report the abuse of one or more other drugs such as cannabis or cocaine. Alcohol has the ability to worsen a person's reaction to other drugs. It can damage a person's health to the point that amounts of other drugs that would normally be tolerated become exponentially more hazardous or even fatal.

## Drug Combinations Frequently Land Abusers in the ER and Morgue

When drug users wind up in emergency rooms or morgues of hospitals, in the majority of cases, it is because of the abuse of multiple substances. A summary of findings from SAMHSA, who published the DAWN statistics, ought to be enough to convince anyone that mixing alcohol, illicit and prescription drugs is one of the most dangerous activities they can be involved in.

## Total Drug-Related Emergencies

- **ER Visits in 2011 - 2,462,948**
- **Illicit Drugs only - 656,025**
- **Alcohol only (age<21) - 117,653**
- **Pharmaceuticals only - 835,275**
- **Illicit drugs with alcohol - 261,125**
- **Illicit drugs with pharmaceuticals - 247,342**
- **Alcohol with pharmaceuticals - 257,520**
- **Illicit drugs, alcohol, and pharmaceuticals - 88,008**







# DRIVING Under the Influence

**Don't Drink and Drive**

# DOUI

**Three little letters  
that mean a lot!  
It's not just alcohol  
anymore!**

**A**lcohol and other drugs act on the brain and will alter perception, attention, cognition, coordination, balance and reaction time... the very things you **NEED** to make you a safe driver. Driving a car under the influence of alcohol and other drugs places the life of the driver, passengers and anyone else on the road at extreme risk. *When you choose who and what influences you, YOU choose your consequences.*

**It helps your decision making skills, when you think about  
what your choices might be ahead of time.**

- Alcohol-impaired motor vehicle crashes cost more than an estimated \$37 billion annually.
- 20 percent of drivers tested positive for at least one drug, up from 16 percent in 2007.
- About 8.3 percent of drivers had some measurable alcohol in their systems.
- About 1.5 percent of weekend drivers had .08 or higher blood alcohol concentrations.
- More than 10,000 people died in alcohol-impaired driving crashes — one every 51 minutes.
- 12.6 percent of drivers had evidence of marijuana use in their systems, up from 8.6 percent.
- In 2014, more than 15 percent of drivers tested positive for at least one illegal drug, up from 12 percent in 2007.



## You Choose... to drink or not to drink... that is the question.

Just think, if you are CONVICTED of a DWI/DUI you will be looking forward to a bad CHANGE in your LIFE... you lose!

**DUI** - Driving Under the Influence

**DWI** - Driving While Intoxicated

**DUID** - Driving Under the Influence of Drugs

**MIP** - Minor in Possession

## DWI/DUI shows up on the FBI's database.

- Major car rental companies will not rent a car to you.
- Your car, life and home insurance will skyrocket because you will be listed as a "risk."
- You will lose your scholarships for college with drug or alcohol related convictions.
- Your military career will be over.
- You will be denied admission to many professional schools, medical, law and nursing.
- DWI/DUI will not be removed from your record **EVER**.

The judge may require you to have an ignition interlock device on your car. An ignition interlock device prevents the car from starting until you blow into the device. Most employers require employees to have a clean crime/driving record.

If you receive a **DWI/DUI** you may lose your job or have trouble finding current employment. Companies are also doing more background checks and they will discover your conviction. Since court records are available on-line for the world to see, you can and will be "Googled." You can't escape the conviction.

## SMART FACTS

**FYI:** Even if you do not take a chemical test, your license can be taken away. This is due to implied consent laws. When you signed the form to get your license, you agreed to comply with the officer when you were pulled over at a traffic stop. If you decline a Breathalyzer or blood test, the officer may take your license at the scene. Higher BAC levels dramatically increase your chance of a one-vehicle car accident.

### BAC Levels Chance of Accident

<b>.02 - .04</b>	<b>1.4 times higher</b>
<b>.05 - .09</b>	<b>11 times higher</b>
<b>.10 - .14</b>	<b>48 times higher</b>
<b>.15+</b>	<b>380 times higher</b>

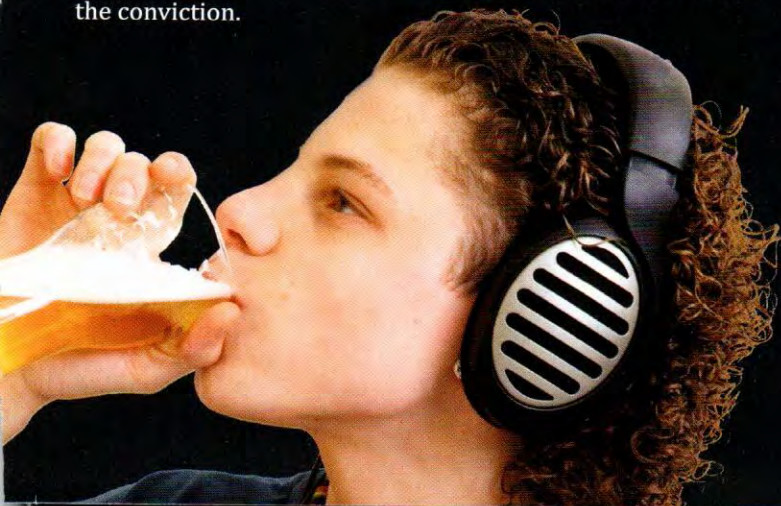
### Zero Tolerance = Zero Alcohol

All states have adopted zero tolerance laws. This means that it is illegal for anyone under 21 to purchase, attempt to purchase, possess or consume alcohol. If you get pulled over with even a very small amount of alcohol in your system, you can be treated just like an adult. While penalties vary based on location and other factors, the first time you are caught driving under the influence you could well face penalties such as:

- A fine of up to \$4,800
- Probation of up to ten years
- Ninety days to a year driver's license suspension
- Three to four months of mandated DUI education

First-time offenders can get serious jail time depending on their BAC, whether minors are present in the car or if they are involved in an accident. For repeat offenders, the penalties keep racking up especially with regards to jail time.

The penalties for possessing a controlled substance like marijuana or cocaine are even more severe, but no penalty is as severe as losing your life or causing the death of someone else. Drug levels in your system will be measured by a blood/urine test at the jail to determine if you are to be charged with a DUI.





# TOBACCO

## What Is Tobacco?

**T**obacco is a plant with large, broad leaves. Most varieties are native to America, and Native Americans began using the plant for medicinal and ceremonial purposes perhaps 2,000 years ago.

The most common way to use tobacco is by smoking the shredded leaves. This can be done with a cigarette, a cigar or through a pipe. The smoke is sucked into the mouth and usually inhaled down into the lungs.

Tobacco leaves can also be processed into "chewing" tobacco, which is held in the cheek. When the leaves are ground up very fine, the product is called snuff. It was originally snorted through the nose but now is usually "dipped," a practice where the user places a pinch behind their lower lip or between their cheek and gum. Whether chewed or dipped, the tobacco mixes with saliva to form a dark juice that is spit out periodically. Occasionally, a user will simply swallow the juice to avoid detection, for instance in a classroom.

## "Smokeless" Safe?

Many consider smokeless forms of tobacco dipping, chewing, etc. to be safer. It is true that the danger from lung cancer will be lessened since smoke is not entering the lungs. However, smokeless tobacco causes plenty of other problems. Raw, bleeding gums and decayed teeth are the best of them. Much worse are cancers of the mouth, tongue and throat. If advanced, surgery on the face and neck to remove the cancer may be necessary to cure the victim. Unfortunately they may also leave the victim badly disfigured.

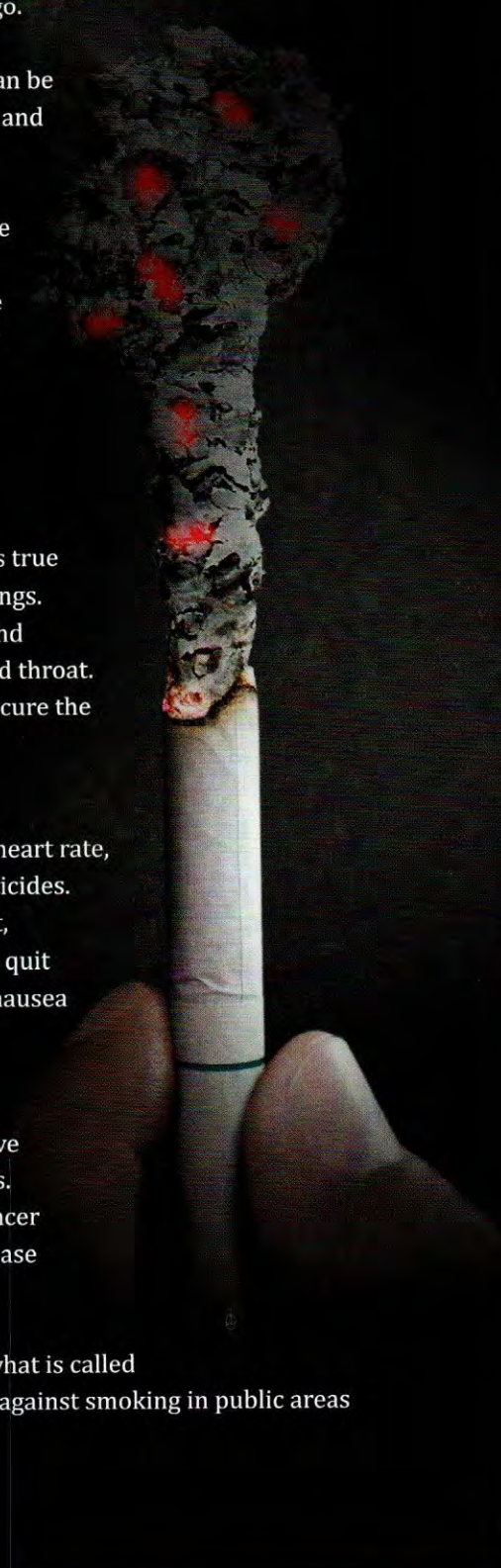
## Nicotine

Nicotine is the addictive substance in tobacco. It is a stimulant which increases heart rate, blood pressure and alertness. Nicotine is a potent poison that is used in many insecticides. It is not immediately lethal to tobacco users because they do not get a fatal dose of it, 30+ milligrams at any one time. Nicotine is a highly addictive drug. Addicts trying to quit can experience withdrawal symptoms such as nervousness, irritability, headaches, nausea and very strong cravings.

## Health Effects of Smoking

Tobacco smoke is filled with toxic substances. Decades of study by scientists have established solid links between smoking and a variety of illnesses especially cancers. For instance, smokers are 4 to 5 times more likely than non-smokers to develop cancer of the mouth, larynx, throat and esophagus. Smoking is a leading cause of heart disease not to mention emphysema and lung cancer.

Many of the dangers of smoking can be passed along to non-smokers through what is called second-hand smoke. As awareness of this problem has increased, more regulations against smoking in public areas have been adopted.







# VAPING

**Electronic cigarettes — a new way for teens to hide a drug habit out in public.**

Some teens and drug users are turning to e-cigarettes to smoke liquid THC, a chemical found in marijuana, along with other drugs such as hash oil, synthetic marijuana, Bath Salts, Flakka and even more alarming crack, cocaine and heroin.

## How Do E-cigarettes Work?

Electronic cigarettes are battery-operated devices designed to deliver nicotine with flavorings and other chemicals to users in a vapor form. A multi-billion dollar industry, e-cigarettes can be manufactured to resemble traditional tobacco cigarettes, cigars or pipes, or even everyday items like pens or USB memory sticks. The vapor created simulates the smoke of a burning cigarette. The vapor is inhaled and exhaled much like cigarette smoke hence the term "VAPING" as opposed to "SMOKING".

## Are e-cigarettes Safer?

Smoking e-cigarettes or "vaping" is intended for adult cigarette smokers that wish to continue enjoying a nicotine habit with a reduced health risk. E-cigarettes are designed to deliver nicotine in a flavored aerosol that looks and feels like tobacco smoke but with less of the toxic chemicals produced by burning tobacco leaves. Often promoted as a safer alternative, vaping has not been proven to be completely safe. E-cigarettes still contain nicotine and other potentially harmful chemicals. Testing of some e-cigarette products found that its vapor contained known carcinogens and toxic chemicals, as well as potentially toxic metal nanoparticles. Another worry is the refillable cartridges used by some e-cigarettes. Users may expose themselves to potentially toxic levels of nicotine when refilling them. Cartridges could also be filled with substances other than nicotine, thus possibly serving as a new and potentially dangerous way to deliver other drugs.

E-cigarettes are increasingly popular among adolescents. Some states have banned the sale of e-cigarettes to minors, but users can get around this by ordering online. Easy availability in addition to a wide array of cartridge flavors such as coffee, mint, candy, and fruit flavors, may make them particularly appealing to this age group. Early evidence suggests that e-cigarette use may serve as an introductory product for youth who then go on to use other tobacco products. A recent study showed that students who use e-cigarettes by the time they start 9th grade are more likely to start smoking cigarettes and other smokable tobacco products within the next year (*Rigotti, 2015*).



## Use of e-cigarettes among teens for first time in 2014.

According to this study, teen use of e-cigarettes in the past 30 days was reported by **8.7 percent of 8th graders, 16.2 percent of 10th graders, and 17.1 percent of 12th graders**. Only **14.2 percent of 12th graders** view regular e-cigarette use as harmful. Even more frightening, the survey showed that while most e-cigarette users have also smoked conventional tobacco products, approximately **2.9 percent of 8th graders, 4.5 percent of 10th graders, and 3.8 percent of 12th graders** who report past month use of e-cigarettes deny ever using tobacco cigarettes or smokeless tobacco.

**- The National Institute on Drug Abuse**



# MARIJUANA

## WHAT IS IT?

### What Is Marijuana?

After alcohol, marijuana has the highest rate of dependence or abuse among all drugs. In 2015, 2.6 million Americans met clinical criteria for dependence or abuse of marijuana in the past year.

Marijuana is a dried mixture of shredded leaves, stems and flowers of the hemp plant, *Cannabis Sativa*. The mixture is usually green, brown or gray in color. Marijuana contains a mind-altering drug known as THC. The wild hemp plant has a much lower concentration of this than the modern cultivated varieties. The hemp plant can grow up to twenty feet high.

Marijuana is usually smoked as a simple cigarette called a joint. It is sometimes smoked in a pipe or bong and can also be baked into foods for eating or brewed into a tea for drinking. Marijuana has been found rolled up in cigar paper, called a blunt and combined with other drugs such as crack cocaine.

### The Effects Of Marijuana

Everyone has a different reaction when smoking marijuana. Some people feel little effect. Most people feel a relaxed intoxication. After smoking marijuana, a user's heart rate decreases and his or her movements become slower and less coordinated. The person may act silly and think ordinary things are very funny. Marijuana also interferes with short-term memory. A user may forget what he or she is saying right in the middle of a sentence. Time seems to pass very slowly. The user may also feel very hungry. Heavy doses of marijuana can produce hallucinations and sometimes even feelings of panic. The effects of marijuana wear off in a few hours and may leave the user feeling sleepy. As you can imagine, driving a car or operating other machinery while under the influence is incredibly dangerous.

### In The News

In 2012, voters in Colorado and Washington State passed initiatives to legalize the use of marijuana for any reason for adults age 21 and older. Other states have passed similar laws or laws that allow the use of marijuana for medical reasons.

Legalization does not mean marijuana is safe. According to the Drug Awareness Warning Network (DAWN) from a report issued on February 22, 2013, there were 455,668 emergency room visits related to use of marijuana in the past year. Among people aged 12 to 24, marijuana was by far the top drug sending people to emergency rooms.

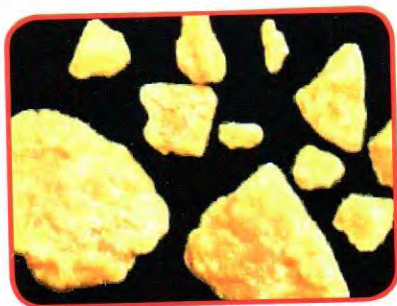






# DRUG IDENTIFICATION

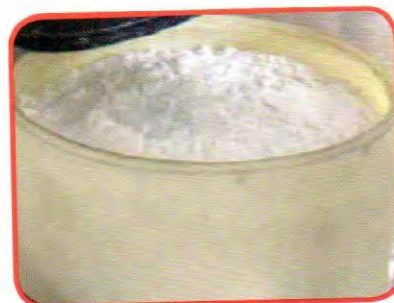
Synthetic Stimulants, Steroids and Inhalants



**METH "ROCK"**



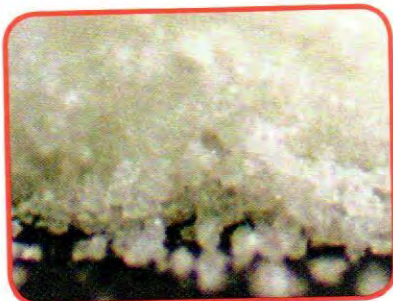
**METH POWDER**



**METHAMPHETAMINE**



**YABA**



**BATH SALTS**



**ECSTASY PILLS**



**MDMA CRYSTALS**



**RITALIN/ADDERALL**



**STEROIDS**



**INHALANTS**



**AMYL NITRITES**



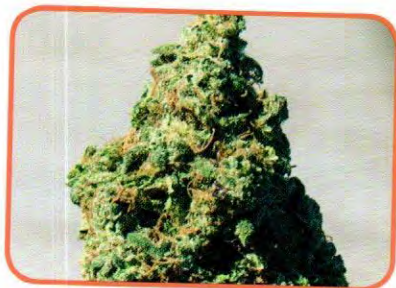
**DUSTER**





# DRUG IDENTIFICATION

Cannabinoids, Synthetic Cannabinoids and Depressants



**MARIJUANA**



**MARIJUANA "DAB"**



**MARIJUANA "WAX"**



**BIDI**



**K2, K3, K5**



**SPICE**



**PHENOBARBITAL**



**HASHISH**



**HASH OIL**



**CHEESE**



**GHB**



**ROHYPNOL**



# THE DANGERS OF MARIJUANA USE

## Forms of Marijuana and Their Potency

**Ordinary Joint** — Average THC: 3 percent

**Sinsemilla** — Average THC: 7.5 percent but can range as high as 24 percent. It is made from the buds and flowering tops of the female hemp plant.

**Hashish** — Average THC: 3.6 percent but can range as high as 28 percent. Hashish is the sticky resin from the flowers of the female hemp plant.

**Hash Oil** — Average THC: 16 percent but can range as high as 43 percent. Hash oil is a dark, sticky liquid produced from hashish. Drug dealers sometimes mix marijuana with other drugs, including PCP, Fentanyl nitrate and even embalming fluid, to increase the potency. This doctored marijuana can be deadly. It is difficult to know for sure what is in marijuana purchased on the street since it is produced illegally.

**Medicinal Marijuana** — Lab tests reveal medicinal marijuana is nearly twice as potent as illegal marijuana of past decades. In old-school marijuana, levels of THC — the psychoactive chemical that makes people high — were typically well below 10 percent, but in Colorado's legal marijuana, the average THC level is 18.7 percent, and some retail pot contains 30 percent THC or more. Research does not support the idea that marijuana use is harmless. This is particularly true in the case of young people.



## SMART FACTS

- Marijuana interferes with the ability to learn and retain information. A study of college students found that heavy users of marijuana had impaired attention, memory and learning skills for up to 24 hours after use.
- Another study showed that for up to a week after smoking, users had an impaired ability to recall words from a list.
- Studies have shown that, as a group, marijuana users do poorer in school and are less likely to graduate high school than non-users.

## Health Hazards

Like tobacco smoke, marijuana smoke contains a wide array of chemicals. One is benzopyrene, which is known to cause cancer. This substance is present in tobacco smoke as well but is more concentrated in marijuana smoke.

Scientists have determined that marijuana smoke causes pre-cancerous cellular changes in the lungs. The tars in marijuana smoke have been shown to produce tumors.

## Addiction

While marijuana is not as addictive as a drug such as heroin, the potential for addiction is real perhaps more so than most people realize. There is not a pronounced physical withdrawal from marijuana, but the high from THC can be psychologically addictive. Some users compulsively use the drug even though they wish to stop. Other aspects of a person's life (school, career, family) may suffer as a result. Treatment programs and support groups such as Marijuana Anonymous are available in these cases.



# STOP ADDICTION



# DESIGNER DRUGS ARE JUST BAD KNOCK-OFF'S

**W**hen you buy designer clothes, you expect to get an original not an imitation. With designer drugs, it's the opposite. In many cases, designer drugs are artificially made or altered to be similar to, yet different from, some illegal drugs. The idea is to create a new drug that gives a high like the original but can be cooked up on demand in an illegal lab. Another purpose is to skirt laws that were written against the original drug.

Though the term was not used until the 1980's, designer drugs have been around much longer. In the 1920's, for instance, chemically altered versions of opium were created to avoid running afoul of existing opium laws. The response of authorities was to expand the laws to cover the new substances. Thus began a legal game of cat and mouse that continues today. Rogue "chemists" now manufacture new varieties of not only opium-based drugs but also cocaine and various hallucinogens.

Illicit drug designers often "piggyback" on the work of legitimate researchers. For example, Fentanyl is a pain medicine similar to morphine but far more potent. Medical researchers created it in 1959. As its use in the field of medicine spread so did a variety of illegal copies.

Dealers have sold them under names like China White and AMF. Before medicines can be sold legally in the United States, they must go through extensive testing. Dangerous short and long-term side effects are assessed. Interactions with other drugs are checked.

Now think about how an illicit designer drug is cooked up in an underground "lab" by a "chemist", who may have no more than the barest understanding of what they are doing. Quality control may be non-existent. Dosages may be measured and cut by dealers with even less knowledge. Would you want to be a guinea pig? Many are often with tragic results.

## **Krokodil Designer Drug Spotlight:** *Horrifying Flesh-Eating Drug!*

Krokodil is the street name for Desomorphine, a dirty cousin of morphine. The drug's primary ingredient codeine is commonly mixed with iodine and red phosphorus in a process similar to the manufacture of methamphetamine. Other toxins like gasoline, paint thinner and hydrochloric acid may also be part of the mix. Heroin addicts sometimes switch to krokodil because it is cheaper and the effects are similar though not as long lasting. Krokodil gets its nickname from the "rotting" at the injection site. The skin becomes greenish and scaly, like a crocodile's, as blood vessels burst and the surrounding tissue dies. Gangrene and amputations are a common result, while porous bone tissue is disintegrated by the drug's acidity. The life expectancy of a krokodil addict is less than two to three years.





# ECSTASY AND THE TRUTH ABOUT CLUB DRUGS

**T**he so-called “club drug” MDMA continues to be used by millions of Americans across the country despite evidence of its potential harmful effects. MDMA, also called Ecstasy or “X”, has gained a deceptive reputation as a “safe” drug among its users. This illegal drug, which has both stimulant and psychedelic properties, is often taken for the feelings of well-being, stimulation and the distortions in time and sensory perceptions that it produces. When the drug wears off, the euphoric high and feelings of love and understanding quickly fade and often leave the user feeling dark and depressed. Many people refer to this phenomenon as “Suicide Tuesday” even though the symptoms usually last longer than a day and can endure for a week or longer in some people.

MDMA can produce a variety of adverse health effects, including nausea, chills, sweating, involuntary teeth clenching, muscle cramping and blurred vision. MDMA overdose symptoms can include high blood pressure, faintness, panic attacks and in severe cases, a loss of consciousness and seizures.

Because of MDMA’s stimulant properties, when used in club or dance settings, users can experience a marked rise in body temperature, hyperthermia. Treatment of hyperthermia requires immediate medical attention as it can rapidly lead to muscle breakdown, which can in turn result in kidney failure. Dehydration, hypertension and heart failure may occur in susceptible individuals.

Finally, because ecstasy is illegal throughout the world, none of it is produced under the regulated, controlled conditions in which legal pharmaceuticals are manufactured, and the purity and quantity of MDMA found in ecstasy tablets and powder can vary considerably. The slang term “Molly” (short for “molecule”) is used to refer to supposedly pure MDMA,

but the DEA has reported that only 13% of Molly it has tested actually contains any MDMA at all. Toxic contaminants and “fake” pills marketed as ecstasy may be far more dangerous to users’ health than genuine ecstasy.

## Date Rape Drugs

**GHB:** This sedative goes by names such as Georgia Home Boy and Grievous Bodily Harm. It is often a clear liquid but can appear in other forms. It slows a user’s breathing and heart rate. Alcohol magnifies the effect. Users may have difficulty remembering what happened while they were on it. Overdoses can be fatal.

**Rohypnol:** This sedative goes by names such as roofies, rope and roach. It is usually found in pill form though it can also be ground into a powder. It has effects similar to GHB. Together the two are sometimes called “date rape” drugs because they can be used as an aid in rendering someone vulnerable to criminal assault and possibly even causing them to forget what happened to them.

**Ketamine:** Sometimes called Special K or simply K, this animal tranquilizer is usually a clear liquid or white powder. In higher doses, it has hallucinogenic properties and can render the user unable to move, “going in the k-hole” until the effects wear off.



## SMART FACTS

Most deaths related to MDMA do not occur from an overdose on the drug itself but rather from a result of heatstroke after dancing all night with no water and becoming severely dehydrated.



# K2. K3. K5 & SPICE

ALL FROM THE SAME CHEMIST'S BOOK

**A**t first, it was a mystery. Why would packets of potpourri-like mixes being sold as incense produce a high like marijuana when inhaled? Appearing in Europe in the early 2000's, word of this new and legal high spread quickly. The secret of this new high was first thought to have been the precise blend of dried herbs, flowers and other plant matter.

The mystery deepened in 2008 when German lab testing revealed that many of the herbs listed on the package were missing.

Additional testing found a chemical known as JWH-018, a synthetic copy of THC, marijuana's active ingredient. The herb mixture might as well have been oregano; the high came from the chemical sprayed onto the mix.

From there the trail led back in time to 1993, when Clemson University chemist John W. Huffman developed the chemical while researching new pharmaceutical products. How his formula came to be copied and marketed as "incense" remains unknown. He believes someone came across his work in a scientific publication and took it from there.

Huffman notes the drug's unpredictable side-effects. "People who use it are idiots," he says. Yet, there appears to be no shortage of buyers. The drug has come to America, where it is usually sold under the brand name K2. There are different varieties such as "Spice" and "Blonde."

The drug is only legal in some states. Natalie McAnulla, owner of a medicinal herb store in Kansas, said her store sales went from \$1,000 a day to \$10,000 when she started selling the product. Later, Kansas became the first state to outlaw K2.

While the effects of K2 are similar to marijuana, they are more potent and can include dangerously elevated heart rate and blood pressure. The long-term effects are not known but increasing use has been accompanied by increasing cases of bad reactions, such as seizures and showing up in emergency rooms. Even some marijuana users are speaking out against the dangers of this lab-made alternative.

**Cathinone** is a stimulant found in khat, a plant grown in Yemen, Ethiopia, Somalia and other countries near the Horn of Africa. It is a mild and addictive stimulant that is released into the body when the leaves of this plant are chewed. The trafficking of this plant is very limited because the drug loses its stimulating qualities very quickly after harvesting.

Synthetic cathinones are a different matter. These are strong and dangerous stimulants invented in a laboratory. Chemically, they resemble the intoxicant in the khat plant but unlike the plant, they have had deadly effects for too many people.

IT'S HARD FOR LAWS  
BANNING NEW  
CHEMICAL DESIGNS  
TO KEEP UP WITH THE  
CHANGING DRUG  
COCKTAILS LIKE  
K2. K3. K5 & SPICE.



# BATH SALTS & FLAKKA

*A wave of bizarre news stories are related to the use of a variety of synthetic cathinones. Widespread incidents of users stripping their clothes off (the drugs can raise body temperature) biting people, cutting themselves with knives and having to be subdued by multiple policemen are common. One woman in Minnesota on Bath Salts thought she was a grizzly bear. A man in Florida on Flakka tried to break into a police station. A man in West Virginia was found wearing women's clothing and covered in the blood of a neighbor's pet goat he had slaughtered.*

Synthetic drugs like Bath Salts, Molly, Flakka and NBOMe, are all products of fast-evolving technology. The term synthetic means man-made. Underground chemists constantly tweak formulas, even just by a molecule or two, as they race to stay one step ahead of U.S. authorities and new drug laws. People abusing these drugs believe that they will have more energy, endurance and heightened sexual experiences and that the substances will be undetectable by drug tests. At one time, they were not detectable. Now, drug tests can detect more than a dozen of these chemicals.

## Bath Salts

Bath Salts are a synthetic stimulant usually sold as a powder in small foil packets. These packets are sold under a number of different "brand" names, and are sometimes disguised as different products, such as plant feeder or insect repellent.

**Brand names include: Bliss, Blue Silk, Cloud Nine, Drone, Energy-1, Ivory Wave, Lunar Wave, Meow Meow, Ocean Burst, Pure Ivory, Purple Wave, Red Dove, Snow Leopard, Stardust, Vanilla Sky, White Dove, White Knight and White Lightning.**

Bath Salts first appeared in the United States in 2010 and in Europe some years before that. Before authorities could pass laws prohibiting the sale of Bath Salts, the product was widely available in convenience stores and smoke shops. It can still be bought in some places. Users usually snort the powder, although it can be smoked, injected or swallowed.

## Flakka (Alpha-Pvp)

Flakka, also known as gravel, is a powerful synthetic stimulant that has been exploding on the drug scene all over the United States — particularly in South Florida and most recently in New York City. This synthetic cathinone is often sold to users in the form of white or pink crystals.

Flakka mimics the amphetamine-like stimulant cathinone that is found naturally in the khat plant.

Flakka is ingested by eating, snorting, injecting or vaporizing in an e-cigarette. Extremely cheap, Flakka produces a euphoria and high that users cannot get from smoking cocaine or meth. Flakka causes "excited delirium," which includes hyper-stimulation, paranoia and powerful hallucinations. It can dangerously raise body temperature and lead to kidney damage and failure. Flakka may also trigger violent aggression and self-injury and has been linked to suicides and heart attacks.

## The Dangerous Effects of Synthetic Cathinones

- Dizziness
- Confusion
- Aggression
- Agitation
- Overheating
- Vomiting and nausea
- High blood pressure
- Hallucinations
- Palpitations
- Delusions
- Increased energy
- Headache
- Insomnia
- Liver failure
- Kidney failure
- Paranoia
- Suicidal thoughts or action

**BY JULY 2015, POISON CONTROL CENTERS RECEIVED 4,377 REPORTS OF PEOPLE SUFFERING THE EFFECTS OF SYNTHETIC MARIJUANA, COMPARED TO 3,682 IN ALL OF THE PREVIOUS YEAR.**





# METHAMPHETAMINE

**K**nown most commonly as meth, speed or crank, Methamphetamine is a central nervous system stimulant created from amphetamine in Japan in 1919. It was used during World War II, mostly by Germany and Japan, in an attempt to push soldiers to fight longer and harder. Hitler himself received regular injections.

Meth causes a surge in the brain chemical dopamine that can last from 6-24 hours. The user feels a "rush" of energy and euphoria. Other short-term effects include alertness, increased stamina, decreased inhibitions, loss of appetite, rapid and irregular heartbeat and elevated blood pressure.

The Meth high is sometimes called the Devil's Hope because it makes the user feel energetic and invincible, like they could take on the world. In reality, Meth is taking them on.

Meth is addictive and long-term effects include mental impairment, extreme weight loss, anxiety, confusion, insomnia, mood swings and violent behavior.

Chronic meth abusers may sweat, shake, grind their teeth and experience cotton-mouth. They may become paranoid and have hallucinations and delusions such as the sensation of insects crawling under the skin.

## A Positive Trend, but is it Reversing?

According to the 2013 National Survey on Drug Use and Health, 133,000 Americans over the age of twelve or older used methamphetamine for the first time in the prior year — down from 318,000 in 2004. Growing awareness of the drug's effects and laws restricting the sale of ingredients contributed to the decline.

## A Deadly Combination!



**Meth:** It is commonly found as a white, yellow or pinkish powder. These occur because of the filler that was added to increase profit.



**Meth Rocks:** Solid chunks that come in a variety of colors. Can be smoked or crushed into powder for injecting or inhaling.



**Yaba:** These brightly colored tablets, look and taste like candy. Yaba contains some caffeine, and is often labeled with a WY or R. Often found in Asia, where yaba means "crazy medicine" in Thai.



**Ice:** Larger crystals or rocks are called crystal meth or ice. They are often smoked, but can be crushed for injecting or snorting.





# A DESTROYER OF LIVES

These photos show the effects of Meth use. **What Do You Think?** Meth is a popular party drug. Many take it to enhance their sexuality and social attractiveness. Meth use reduces saliva. This helps bacteria grow in the mouth. Teeth grinding (bruxism), drinking sugary soda for dry mouth and bad dental hygiene by addicts often lead to a rotting set of teeth and gums – **the infamous Meth mouth.**

## Liquid Meth on the Boil

Easier to smuggle and harder to detect, Methamphetamine in liquid form is now the No. 1 drug entering the southwestern border of the United States. Plummeting prices and high demand have added to the problem. According to the Drug Enforcement Administration, the price of Meth has dropped by 50 percent, from \$21,000 per kilo in 2010 to \$10,000 in 2014.

Using chemical ingredients from China, “Super Labs” churn out Meth by the ton to meet the demand in the United States. Liquid Meth is then smuggled into the country for further processing in conversion labs. The liquid Meth is mixed with gasoline or acetone. The highly flammable solvents are boiled off over an open fire leaving crystallized Meth that is then scraped out and packaged.

Authorities in the United States have discovered liquid Meth in tequila bottles, in a vehicle’s fuel tank and in another vehicle’s windshield washer tank. Another recent form of Meth is paper that has been soaked in liquid Meth. Even after drying the paper can be placed in the mouth to get high.

## A Meth Addict’s Success Story

Even with long-term abuse of Meth, there is hope for recovery. The December 12, 2011 Community College Week tells the story of Lynette Moreau. After 20 years as a Meth addict, she made it through a difficult withdrawal to get clean. She began taking classes at Tulsa Community College (TCC), eventually going on to earn a Bachelor’s and Master’s degree. Clean for eight years, she has returned to TCC, this time as a Professor.



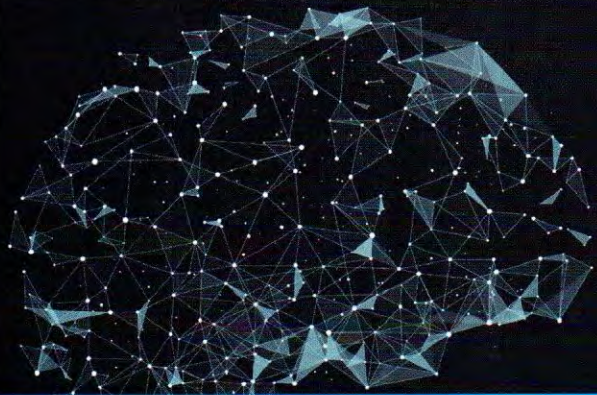
## Meth House Labs Still Exist! Possible Signs Include:

- Strong chemical odors.
- A large number of cold medicines and household chemicals such as drain opener, lye and paint thinner.
- An abundance of jars, bottles, rubber tubing and buckets.
- Windows that are always covered.
- Frequent late-night activity.
- Occupants who are secretive and behave strangely.

Big Supply the New York Times reports that in February of 2012, the largest Meth bust in Mexico’s history happened on a ranch near Guadalajara. Row upon row of powder-filled barrels held 15 tons of meth. It added up to 13 million doses with a street value of \$4 billion. This bust was an eye-opener for authorities on just how large and capable the Mexican super labs, which supply the United States, Europe and other parts of the world, have become.







# YOUR BRAIN

## on stimulants

**FACT:** Stimulants are substances that stimulate the central nervous system. They elevate mood, energy and alertness while also raising blood pressure and heart rate. Stimulants include many drugs covered elsewhere in this guide, such as methamphetamine, MDMA or ecstasy, nicotine and certain prescription drugs that are abused such as Ritalin and Adderall.

**A**mphetamine was first synthesized in 1887. However, amphetamine was not used widely until the 1930's when it was marketed in an over-the-counter medicine for nasal congestion called Benzedrine.

In high doses, drugs containing amphetamine give users a burst of energy as well as a euphoric feeling. When this effect wears off, users "crash" and experience tiredness and depression. Amphetamine is addictive and can have extremely negative long-term effects including cardiovascular disease, psychosis and an inability to experience pleasure.

### Today, Amphetamine is Contained in Drugs Commonly Prescribed to Treat:

- Narcolepsy — a rare disorder in which people fall asleep repeatedly if they stay in one position too long.
- Attention deficit / hyperactivity disorder (ADHD) — Two brand name drugs used to treat ADHD are Ritalin and Adderall. Both are extensively abused by teens and adults. Users crush the pills to speed up the time release and get more of the drug at one time. Users will trade Ritalin and Adderall for more dangerous prescription and illegal drugs.
- Short-term weight loss
- Traumatic brain injury
- Chronic Fatigue Syndrome

**KHAT** found in a plant grown only in a small part of the world. Khat (pronounced like "cot"), or Arabian tea, comes from the Catha Edulis plant. It grows in parts of Africa and the Arabian Peninsula. Chewing the leaves releases the active ingredient cathinone, which is similar to but less potent than meth. Energy and elation of mood follow and last a few hours. Like other stimulants, khat elevates heart

rate and blood pressure. It also turns saliva green. In the United States it is illegal and mostly used in migrant communities.

Heavy, long-term use can lead to gastrointestinal problems such as ulcers, tooth and gum decay and even mental disorders. A synthetic version of Khat, methcathinone, is sometimes sold under the name "cat." It is usually a powder for snorting, but can also come in pill form.

### Caffeine Safety advisory!

Caffeine is a popular legal stimulant. It occurs naturally in coffee beans, tea leaves, cola nuts and cocoa beans. It has a long history of use in many different cultures as an energy pick-me-up. Studies have reported potential health benefits from caffeine, including a lower risk of diabetes when used in recommended amounts.

Recently, the death of an Ohio high school senior caused by an overdose of powdered caffeine has prompted the FDA to issue a safety advisory about caffeine powders. Bulk bags of pure caffeine powder are readily available, and these products may be attractive to young people looking for added caffeine stimulation or for help losing weight, but they are extremely dangerous. Just a teaspoon of pure caffeine powder is equivalent to about 25 cups of coffee — a lethal amount. Besides death, severe caffeine overdose can cause fast and erratic heartbeat, seizures, vomiting, diarrhea and disorientation—symptoms much more extreme than those of drinking too much coffee or tea or consuming too many sodas or energy drinks.







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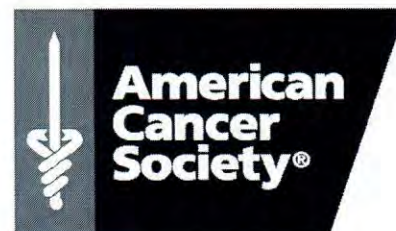
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# COCAINE

the lows of cocaine far outweigh the highs; don't use it.

**C**ocaine is one of the most addictive of all drugs. Addiction is a risk to all users but particularly teens. Their developing brains make them especially susceptible to the surge in the brain's reward chemical, and dopamine. As with meth, over time the dopamine surge damages the brain's pleasure receptors.

This leads to sadness for the addict and a desire to do more of the drug. Long-term effects of cocaine use can include depression, irritability, paranoia, hallucinations, seizures and an inability to concentrate. Many addicts will do things they wouldn't have dreamed of doing before taking the drug, such as stealing, in order to get high. This can lead to a loss of friends, employment, family and other things the addict once valued.

## Snorting

Cocaine absorbs into the bloodstream through the mucous membranes. Usage decreases the blood flow to the nasal passages. Irritation, congestion, crusting and nosebleeds often result. Users respond by taking over-the-counter decongestants which worsen the problem by shrinking blood vessels even further. The resulting high can last 1-3 hours. "Coke nose" occurs when a hole is worn through the septum, the cartilage between the nostrils. The nose may visibly collapse and need reconstructive surgery to look and function normally again.

## Smoking

Cocaine can be smoked by first converting the powder into "crack" or rocks of cocaine. Crack's low street price and fast, short-lived high introduced the devastating effects of cocaine into poor neighborhoods. The high comes on quickly because the lungs have so much surface area for pumping the drug into the bloodstream. The high only lasts 15-30 minutes.

Results for chronic users can include chest pain, phlegmatic coughing, shortness of breath and bronchitis. In some cases, particularly with deep inhalation and breath-holding designed to increase the rush, users will collapse a lung. This causes intense chest and neck pain and difficulty swallowing.

Freebasing is another method of smoking cocaine. It involves converting powder cocaine into a purer form with a strong solvent. The user risks being severely burned while inhaling the vapors.

## Injecting

Cocaine can be dissolved in water and injected. In addition to the usual risks of cocaine abuse, the user may expose themselves to needles contaminated with infections such as HIV/AIDS and hepatitis. While a user may intend to only use clean needles, cocaine addiction disrupts sound judgment. In the midst of cravings, an addict may do almost anything, including sharing needles with other addicts, in order to get high.



According to the 2015 National Survey on Drug Use and Health, it is estimated that there were 1.9 million people aged 12 or older who were current users of cocaine and/or crack cocaine.

Good News! That means 99.3% of the people aged 12 or older don't! Be one of the SMART ones.



# HALLUCINOGENS

**H**allucinogens are drugs that change the way a person perceives reality. Some are man-made, such as LSD and PCP. Others occur naturally in things like cacti and mushrooms. A number of drugs covered in other parts of this publication, such as ecstasy and Salvia Divinorum can produce hallucinogenic effects. True hallucinogens, however, produce intense hallucinations virtually every time taken.

**PCP** is an anesthetic. It often goes by the street name "angel dust." It can be found as a powder, liquid or tablet. Marijuana joints are sometimes sprinkled with or dipped in PCP. This is sometimes done without the marijuana user knowing about it.

The effects of PCP are more predictably negative than is the case with LSD. Instead of intense visual hallucinations, people on PCP often believe themselves to be especially powerful and capable of great feats such as flying or breaking through walls. This can lead users to attempt things that may get them hurt or killed. A PCP user may also feel paranoia about other people and become angry and violent toward them. The effects of the drug appear to induce a temporary state of mental illness. A variety of physical reactions to the drug, including seizures and death, are also possible.

**Peyote Cactus** This small cactus has long been used in the religious ceremonies of Native cultures of northern Mexico and the American southwest. The dried, fleshy "buttons" of the plant can be chewed or brewed into tea. The taste is very bitter and can cause nausea and vomiting. The intoxicating effect is similar to LSD though usually less intense. The active ingredient in peyote is called mescaline. It is not the same thing as mescal tequila. Mescaline can be produced synthetically and is often found as a powder or tablet, which is favored by many users due to the cactus' bitter taste.

**Psilocybin Mushrooms** These kinds of mushrooms are sometimes called "magic mushrooms" and can be eaten or brewed into a tea. The active ingredient is psilocybin. The effects are similar to LSD though usually less intense.

The effects can vary widely based on the particular mushroom, its age and how it was stored. Psilocybin can also be extracted in a pure form or synthesized in a lab and put into a capsule for swallowing.

**N-Bomb** refers to any of three closely related synthetic hallucinogens (25I-NBOMe, 25C-NBOMe, and 25B-NBOMe) that are being sold as legal substitutes for LSD or mescaline. Also called "legal acid," "smiles," or "25I," they are sold as powders, liquids, soaked into blotter paper (like LSD) or laced on something edible. These chemicals act on serotonin receptors in the brain, like other hallucinogens, but they are considerably more powerful than LSD. Extremely small amounts can cause seizures, heart attack or arrested breathing and death.

## Salvia Divinorum

The videos bring to mind the stereotype of a psych ward. People, usually college or high school age, giggle and shout uncontrollably, or fall down and claw the air, terrified. Their heads roll around. They drool and say things that make little if any sense. They are Salvia users being recorded on video and later posted to the Internet for the amusement of web-surfers everywhere.

Salvia is a hallucinogenic plant, a relative of mint. It produces short but intense hallucinations, similar to LSD but often lasting less than ten minutes though they can last up to an hour. It is usually smoked though it can also be taken in liquid form. In the 2011 NIDA Monitoring the Future Survey, 5.7 percent of high school seniors reported using Salvia in the previous year.

The drug's short-lasting effects may have helped to curb its popularity. Trips often end before the user is able to get into serious trouble. There are notable exceptions, such as Brett Chidester, a Delaware teen who committed suicide after taking the drug in 2006. His parents have advocated forcefully for laws against the drug. By July 2015, poison control centers received 4,377 reports of people suffering the effects of synthetic marijuana compared to 3,682 in all of last year.



# LSD

**LSD** is the most potent of the hallucinogens. Sometimes called "acid," it was created in 1938 by a chemist named Albert Hoffman. He was attempting to develop a new medicine for migraine headaches. He synthesized LSD from ergot, a fungus that grows on rye, and discovered its effects when he accidentally dosed himself.

Interest in the new drug grew rapidly. Its ability to make users undergo hallucinations intrigued scientists. Psychiatrists began using it in attempts to treat patients with mental illnesses. The scientific nature of this research was undermined as some researchers began using the drug along with their patients. As recreational use spread during the 1960's, the dangerous effects of LSD became apparent and it was outlawed.

**LSD is extremely powerful.** By itself, a single dose would appear as a tiny speck, if at all. LSD comes in many forms, but is usually taken orally. The forms include tiny tablets called microdots, regular tablets, sugar cubes, gel squares (windowpane) and blotter paper with colorful designs which can be used as eyedrops or chewed to release the drug.

A user's heart rate and blood pressure will increase. Users generally remain aware of their surroundings, but the appearance of those surroundings changes in unpredictable ways. Stationary objects may appear to move. Other people may take on completely different appearances. The perception of time is distorted. A minute may seem to take an hour or vice versa. The overall effect appears to be similar to dreaming.

Due to its intensity, an LSD experience is called a trip. Depending on the dosage, a trip may last a few hours or up to 12 hours. As with dreams, trips can be pleasant, terrifying, or a little of both. It is possible for users experiencing a bad trip to become psychotic and hurt themselves or others. In the 1960's this was called having a "freak out."

In particularly bad trips, some users have been left with severe mental illnesses that last long after the drug has worn off. It is not known whether the drug creates the mental illness or simply unmasks it in a susceptible person. Either way, it is a real danger of LSD use.



**"IT STARTED WITH 2 HITS OF RED STAR MICRODOTS. THE 16 HOURS OR MORE OF TRIPPING WAS ONLY THE BEGINNING. IT TOOK YEARS FOR ME TO STITCH MYSELF BACK TOGETHER."**

**-ONE USER'S DESCRIPTION OF HIS PROBLEM WITH LSD**

**"MY BODY WAS A GIANT MASS OF GREEN FLESH PUNCTURED ALL OVER BY CACTUS-LIKE THORNS THAT HAD GROWN FROM WITHIN AND BROKEN MY SKIN ON THE WAY OUT... IN RETROSPECT, IT WAS THE WORST DAY OF MY ENTIRE LIFE, IT WAS THE CLOSEST I CAN IMAGINE TO HAVING FULL BLOWN PSYCHOSIS."**

**-AN LSD USER'S DESCRIPTION OF HIS BAD TRIP**

**"SWIRLING COLORS DANCED AROUND HIM. THEY BEGAN TO TAKE ON WEIRD SHAPES... SUDDENLY THE FURNITURE IN THE ROOM SPROUTED FINGERS THAT STARTED SUCKING BLOOD FROM ALL OVER HIS BODY."**

**-A YOUNG LSD USER'S BAD TRIP**





# INHALANTS

A DEADLY GAME WITH NO HAPPY ENDING!

## What Are Inhalants?

Imagine a drug so dangerous it can kill even a first time user. It is addictive and causes a host of health problems from heart failure to seizures to permanent brain damage. It is a drug that is not only inexpensive but completely legal and freely available in multiple stores in your hometown. There are not even any age restrictions on purchasing them. Now imagine that this drug is in your home, right now, waiting to be abused.

Sounds like a horror story, right? For some families, it is. Inhalants are chemical products which are not generally intended to be used as drugs but have breathable vapors that produce mind-altering effects. The great danger comes from their easy availability and poisonous effects on the brain.

## 2014 Monitoring the Future Study

Percentage of students that report having abused inhalants in the past year **5.3%** 8th Grade, **3.3%** 10th Grade, **2%** 12th Grade.

## Who Abuses Inhalants?

Inhalant abusers tend to be young. Reported use declines at the tenth grade and above. Some inhalant abuse even occurs among elementary age kids. Younger children may not understand that they are getting high and are in danger.

They may just think the effect from sniffing a household product is funny. Some inhalant abusers are after a cheap thrill. Other abusers live in stressful, dysfunctional homes and inhale as a way of forgetting about their problems.



## Types of Inhalants

A variety of readily available products found in the home and in the workplace contain substances that can be inhaled. Inhalants fall into the following categories.

### Volatile Solvents

*These are liquids that vaporize at room temperature.*

*These various products contain a wide range of chemicals such as:*

- Toluene
- Benzene
- Chlorinated hydrocarbons
- Methylene chloride
- Hexane
- Butane

### Nitrites

This is a special class of inhalants that act primarily as sexual enhancers. Organic nitrites are volatiles that include cyclohexyl, butyl, and amyl nitrites, commonly known as "poppers." When marketed for illicit use, organic nitrites are often sold in small brown bottles.

### Aerosols

These are sprays that contain propellants and solvents. Household aerosol propellants in items such as paints, hair and deodorant products, vegetable oil, fabric protectors and cleaning products.

### Gases

These are products that contain gases. Household or commercial products that contain butane, propane and refrigerants. Medical anesthetic gases include ether, chloroform, halothane and nitrous oxide. Nitrous oxide is the most abused of these gases.

### True Story

The inhalation of nitrous oxide (laughing gas) has become increasingly popular recently. Illustrating the destructive effects of this inhalant is the case of a 33-year-old man who was hospitalized for delusional behavior. He had ridden his bicycle into a moving car and destroyed furniture in his home. He stated that he was doing these things on the orders of NASA as part of an experiment. He said he had also been told he would have to kill his wife. It was discovered that the man had been abusing nitrous oxide for four weeks. No other drugs were detected in his system. Diagnosed with nitrous-oxide-induced psychosis, and after two weeks of treatment, he was released with his delusions resolving.

## The Inhalant "High"

The high produced from inhalants is really the body's reaction to poisoning. Most inhalants produce an initial excitement, followed by an alcohol-like intoxication, with slow, uncoordinated movements and slurred speech. In some cases, the user may experience hallucinations. At high enough doses, most inhalants can produce amnesia and a loss of consciousness. An inhalant high tends to wear off quickly, from a few minutes to an hour after use stops. The user may be left with a headache and/or nausea. Inhalant abusers often move on to other drugs as they get older in order to find something with a longer lasting high.

### Health Effects

Inhalants are extremely dangerous. Most cause rapid, irregular heart rhythms. Heart failure and death sometimes result. This is called "sudden sniffing death" and has occurred to first time users. Death may also occur as a result of inhalant fumes crowding out oxygen in the lungs. Over time, the toxins in inhalants cause damage to the heart, kidneys, liver, blood and bone marrow.

For long term users, inhalants can cause severe, permanent brain damage. The chemicals in many inhalants dissolve protective coatings around nerve fibers in the brain. The damage is similar to that caused by neurological diseases like multiple sclerosis. This can lead to everything from mild learning disabilities to severe dementia depending on how much damage occurs.



## SMART FACTS

### Signs of Abuse

Red eyes	Disorientation
Runny nose	Stains on skin & clothes
Mouth / nose sores	Chemical odors on breath
Weight loss	Chemical soaked rags
Confusion	Bags with chemical residues

### Some Inhaling Terms

Air Blast	Moon Gas
Bagging	Pearls
Buzz Bomb	Quicksilver
Chroming	Texas Shoe Shine
Hippie Crack	Toilet Water
Huff	Laughing Gas



# ANABOLIC STEROIDS

Anabolic steroids are man-made substances similar to the human sex hormone testosterone. Testosterone is produced in greater quantity in males and is responsible for many characteristics of the male gender. Anabolic steroids can cause both male and female bodies to build muscle faster than is otherwise possible. For this reason, they are prescribed by doctors to people with muscle-wasting diseases, such as AIDS, as well as to males whose bodies do not produce enough testosterone naturally.

Anabolic steroids are illegal without a doctor's prescription. However, many people acquire them illegally in order to exploit the muscle building effect to gain an edge in sports or simply to look more muscular. Sports organizations around the world have barred the use of steroids by athletes since steroid use is unhealthy and it threatens to turn athletic competitions into science experiments. Nonetheless, steroid abuse continues.

## How are Steroids Abused?

Anabolic steroids can be taken orally as a tablet or capsule, injected or rubbed on the skin as a gel or cream. "Stacking" is taking more than one kind of steroid at a time. "Pyramiding" is increasing then decreasing the dosage in regular cycles. These techniques are intended to maximize results while giving the body some time to recover. Studies have shown that animals will self-administer steroids when given the opportunity just as they do with other addictive drugs. Even though anabolic steroids do not cause the same high as other drugs, individuals may persist in abusing steroids despite physical problems and negative effects on social relationships.

## Effects of Steroids

Anabolic steroid users are usually aware of the dangerous side effects of taking steroids. They ignore this knowledge because these side effects do not appear until after long-term use.

- Insomnia, depression and suicidal thoughts
- Acne and jaundice
- Euphoria or violent, angry rampages
- High blood pressure
- Liver damage and acute renal failure
- Pancreatitis and cancer
- Hypercalcemia — calcium buildup in the blood
- Swelling of feet or ankles and aching joints
- Injury to tendons, ligaments and muscles

Individuals who abuse steroids can experience withdrawal symptoms when they stop taking them including mood swings, fatigue, restlessness, loss of appetite, insomnia, reduced sex drive and steroid cravings, all of which may contribute to continued abuse. One of the most dangerous withdrawal symptoms is depression—when persistent, it can sometimes lead to suicide attempts. Research has shown that some steroid abusers turn to other drugs to counteract the negative effects of steroids.



## Users of Anabolic Steroids Develop Traits, Such As:

### Females:

- Growth of facial hair
- Changes in or the stopping of the menstrual cycle
- Enlargement of the clitoris
- Deepening of the voice
- Reduction of the size of the breasts

### Males:

- Shrinking of the testicles
- Reduced sperm count
- Impotence and baldness
- Difficulty or pain urinating
- Development of breasts
- Enlarged prostate



# STRAIGHT TALK

**W**hile one symptom may not conclusively indicate a problem, several of these signs together should be taken seriously.

## Is my child using drugs?

- Eyes are red-rimmed and/or nose is runny but has no cold
- Eating and sleeping patterns change
- Extreme weight loss or gain
- Withdrawn, tired and careless about personal grooming
- Hostile and uncooperative
- Frequently breaks curfew
- Verbally or physically abusive
- Relationships with friends and family deteriorate
- Grades and school attendance slip
- Memory and attention difficulties
- Rebels, lies, cheats and steals

Teenagers have a lot of time on their hands. For most, that time is not filled with activities that build their skills or character. They spend a considerable amount of time watching television, texting, playing video games and hanging out with friends. This abundance of free time can lead to a variety of risk-taking behaviors.

The National Longitudinal Study of Adolescent Health has found that substantial time spent “hanging out” and failing grades are better predictors of risky behaviors than better-known factors such as income, race and family structure.

This study also revealed that adolescents who reported a “connection” to their parents were least likely to engage in risky behaviors. Positive parent and family relationships, regardless of whether the family had one or two parents, was the single most consistent factor in reducing the risk of problem behaviors among teens. Being “connected” means you are more involved in the lives of your children.

## Ways to connect with your child:

- Listen and make eye contact
- Ask casual questions about school and their friends
- Encourage them
- Praise them
- Ask for their opinions
- Be consistent in your actions, words and discipline
- Spend time BEING with your child
- Have some ONE-ON-ONE time with your child
- Go to their events
- Work on home projects together
- Talk to them about the dangers of substance abuse
- State your position clearly. Discuss the consequences of breaking the rules
- Have a code word to use with your child. They can text you the word and you can call and ask them to come home.







# PICK YOUR POISON

## SUBSTANCES, STREET NAMES AND THEIR CONSEQUENCES

### Cannabinoids

**Hashish** commonly known as boom, chronic, gangster hash, hash oil, hemp.

**Marijuana** commonly known as blunt, dope, ganja, grass, herb, joints, Mary Jane, pot, reefer, skunk, weed.

#### Effects/Health Consequences

Euphoria, confusion, slowed thinking and reaction time, impaired balance and coordination, cough, frequent respiratory infections, impaired memory and learning, increased heart rate, anxiety, and panic.

### Opioids

**Heroin** commonly known as diacetyl-morphine, dope, brown sugar and smack.

**Morphine** commonly known as Roxanol, Duramorph, M, Miss Emma and monkey.

**Oxycodone** commonly known as Oxycontin, Oxy, O.C., killer.

#### Effects/Health Consequences

Pain relief, euphoria, drowsiness, nausea, constipation, confusion, sedation, respiratory depression and arrest, tolerance, addiction, unconsciousness, coma, and death.

### Hallucinogens

**LSD** commonly known as lysergic acid diethylamide, acid, blotter, microdot.

**Mescaline & Psilocybin** commonly known as Phencyclidine, angel dust, buttons, cactus mesc, peyote, magic mushroom, purple passion and shrooms.

#### Effects/Health Consequences

Altered states of perception and feeling, nausea, persisting perception disorder (flashbacks) increased body temperature and heart rate. **LSD** - mental disorders, **Psilocybin** - nervousness and paranoia.

### Depressants

**Barbiturates** commonly known as Amytal, Nembutal, Seconal, Phenobarbital, barbs, reds.

**Benzodiazepines** commonly known as Valium, Xanax, Ativan, Klonopin, benzos, rallies, zannies.

**GHB** commonly known as gamma-hydroxybutyric 4-hydroxybutanoic acid, G, Georgia home boy.

#### Effects/Health Consequences

Reduced anxiety, feeling of well being, lowered inhibitions, slowed pulse and breathing, fatigue, confusion, impaired coordination, impaired memory, impaired judgement, addiction, respiratory depression, arrest and death.

### Dissociatives

**Ketamine** commonly known as Ketalar SV, Cat, Valiums, K, Special K, Vitamin K

**PCP and Analogs** commonly known as Phencyclidine, angel dust, boat, hog, love boat and peace pill.

#### Effects/Health Consequences

Increased heart rate and blood pressure, impaired motor function, memory loss, numbness, nausea or vomiting, delirium, depression, respiratory depression and arrest, **PCP** - violence, aggression, and loss of appetite.

### Stimulants

**Cocaine** commonly known as Cocaine hydrochloride, blow, bump, C, candy, and coke.

**Methamphetamine** commonly known as Desoxyn, chalk, crank, ice, crystal, fire, glass, go, fast, meth and speed.

#### Effects/Health Consequences

Increased heart rate, elevated blood pressure, increased metabolism, feelings of exhilaration, energy, increased mental alertness, rapid or irregular heart beat, reduced appetite, heart failure, nervousness and insomnia.





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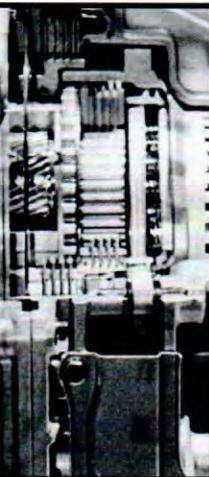
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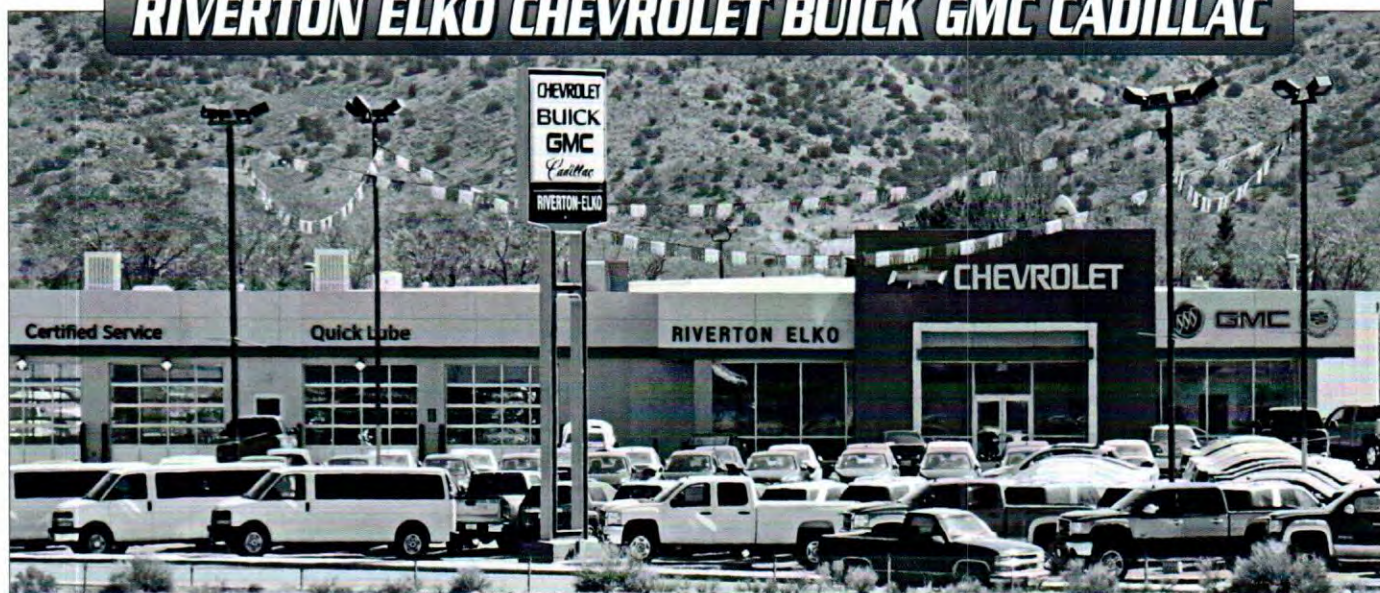


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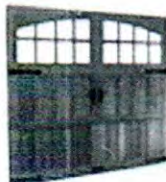


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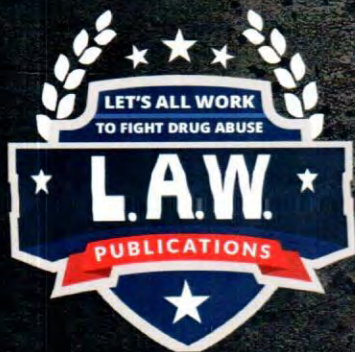
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It's time to  
**fight!** Don't  
hang your  
gloves on  
the wall  
and walk  
away!





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**RECEIVED**

AUG 22 2017

Initial: \_\_\_\_\_

8/18/17

City of Elko Planning Department  
1751 College Ave.  
Elko, NV 89801

RE: Residential Business District on 5<sup>th</sup> Street

City Planners:

While I think that the 5<sup>th</sup> St. corridor should become a residential business corridor (and partially is already) there should be restrictions to this. For example the empty lot across from my buildings on Ash should not become 3 story office buildings with parking issues that could affect my residents and impact the area. If the owner of those lots wants to build and make money that is fine with me but the buildings have to "look" like homes (2 story to "as best" match the area) with adequate "off street" parking to accommodate their customers. Likewise on the other side of 5<sup>th</sup> St the same should apply.

The tree streets since I have been an owner in Elko have always been a family oriented community that has K-12 Schools, small shops, dentists offices, churches, some government buildings, community college and insurance companies. Anything that would fall out of this trend would probably upset a lot of owners for tree street properties unless they follow this long time "trend". Especially those that are close to 5<sup>th</sup> St that do not reap the benefit of increased property values vs those that own on 5<sup>th</sup> St.

Other than buildings that do not "relatively match" the neighborhood I have no issue with it since all it would do is raise my property value! Let me know when I can put a lit sign in front of the 1062 unit!

That is my two cents worth of thoughts on this.

Sincerely,



Robert Fraguglia

Exhibit "G"



<b>CGS #</b>	<b>Name</b>	<b>Location</b>	<b>Type of Improvements Waived</b>	<b>Agreement or Bond</b>	<b>Detailed Description</b>	<b>Completed</b>	<b>Notes</b>
<b>CGS #3-00</b>	<u>Harshbarger, Robert</u>	4470 Pioneer Way	curb, gutter and sidewalk	Agrmt in File	Deferred until Manzanita Lane is constructed	New Owner	Letter sent to Harvy Hong on 8/8/17, met with Harvy Hong on 8/16/17
<b>CGS #3-02</b>	Ormaza Family Trust	4745 Manzanita	curb, gutter and sidewalk	Agrmt in File	Deferred until Manzanita Lane is constructed or 90 days notice	called	
<b>CGS #1-04</b>	Clint Gilliam	5345 Manzanita	curb, gutter and sidewalk	Agrmt in File	Deferred until Manzanita Lane is constructed or 90 days notice	New owner	Letter sent to Steve Dorsa, 8/8/17
<b>CGS #05-99</b>	Environmental Reclamation	5425 Manzanita			need to review application	New Owner	Agreement was with the lessee not the property owner, note from city planner indicates that plans were never submitted to begin the deferral. Replaced with CGS #1-04
<b>CGS #4-97</b>	<u>Caldwell, Greg/Bristlecone</u>	Between 30th & U.P. Way	curb, gutter and sidewalk	Agrmt and Letter from bank in file	Deferred until technically feasible/180 days notification	<b>Done</b>	3755 Manzanita Lane, High Mark
<b>CGS #1-05</b>	Latham Holding LLC	30th Street and Manzanita	curb, gutter and sidewalk	Agrmt in File	Deferred until Manzanita Lane is constructed or 90 days notice	<b>Done</b>	
<b>CGS #01-06</b>	Ironhorse RV Resort	Manzanita Improvments	curb, gutter and sidewalk			<b>done</b>	
<b>2</b>	IFA	Manzanita Improvments	curb, gutter and sidewalk	agreement in file	waiver for expansion, required new development to call improvements	Waived Improvements	If property expands the city can capture improvements on Manzanita per the waiver